



LEEVALE 2012

Track & Field Meet



2 DAY EVENT

Day 1

Senior Programme

- ▶ Saturday
- ▶ 14th April
- ▶ CIT Track
- ▶ 11.45am

*Electronic Timing & Cash
Prizes for all Senior Events*

Programme &
Online Entries
www.leevale.org

Day 2

Juvenile Programme

- ▶ Sunday
- ▶ 15th April
- ▶ CIT Track
- ▶ 12pm

Programme available on
www.leevale.org



LEEVALE 2012

Track & Field Meet

Saturday | 14th April | CIT Track | 11.45am
Electronic timing and cash prizes for all senior events

JUNIOR & SENIOR PROGRAMME - *updated March 15th*

Time		Event	Long Jump	High Jump	Javelin	Shot Putt	Pole Vault
11.45	Senior Women	100mH					
12:00	Senior Men	110mH					
12:15	Senior Women Senior Men	100m 100m				Sen Women	
13:00	Senior Women Senior Men	400m 400m					All Seniors Juveniles
13:30	Final Senior Women Final Senior Men	100m 100m				Sen Men	
14:00	Senior Women Senior Men	800m 800m	Sen Men	Sen Women			
14:30	Junior Men	1500m					
14:45	Senior Men Senior Women	3000m 3000m			Sen Women		
15:30	Senior Men Senior Women	400mH 400mH	Sen Women	Sen Men			
15:55	Senior Women Senior Men	200m 200m			Sen Men		
16:25	Senior Men Senior Women	Mile 1500m					
16:45	Senior Men & Women	4x100m Relays					

NOTES:

The programme will commence on time at 11.45am

Online Entries @ www.leevale.org

Electronic timing and cash prizes for all senior events

International standard times achieved at Leevalle 2012 will be acknowledged by Athletics Ireland

€5 per relay team



Contact :
Donal Murnane
087 2508100



LEEVALE 2012

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Sunday | 15th April | CIT Track | 12pm

JUVENILE PROGRAMME - updated March 15th

	Boys						Girls					
<i>Tiny Tots</i>	50m						50m					
<i>Under 8 (05/06)</i>	60m						60m					
<i>Under 9 (04)</i>	60m			Ball Throw			60m			Ball Throw		
<i>Under 10 (03)</i>	80m	300m		Ball Throw	Relay		80m	300m		Ball Throw	Relay	
<i>Under 11 (02)</i>	80m	300m	Long Jump				80m	300m	Long Jump			
<i>Under 12 (01)</i>	80m	600m	High Jump	Shot Putt	Hurdles	Relay	80m	600m	High Jump	Shot Putt	Hurdles	Relay
<i>Under 13 (00)</i>	80m	600m	Long Jump		Hurdles		80m	600m	Long Jump		Hurdles	
<i>Under 14 (99)</i>	100m	800m	High Jump	Shot Putt	Hurdles	Relay	100m	800m	High Jump	Shot Putt	Hurdles	Relay
<i>Under 15 (98)</i>	100m	800m	Long Jump		Hurdles		100m	800m	Long Jump		Hurdles	
<i>Under 16 (97)</i>	100m	800m	High Jump		Hurdles	Relay	100m	800m	High Jump		Hurdles	Relay
<i>Under 17 (96)</i>	100m	1500m	Long Jump			Relay	100m	1500m	Long Jump			Relay

NOTES:

Athletes must compete in their own age group, but may move up one age group where they are not catered for in an event in their own group
 Leevalle reserve the right to modify the programme on the day.
 There is a charge of €5 per relay team

Contact :
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087 2508100



LEEVALE 2012

Track & Field Meet

A Message from the Club Chairman

It is a great honour and pleasure to welcome all, athletes, officials and spectators to our Annual Track & Field Sports Meeting. This is our 11th consecutive year holding the event. Since we revived it in 2002, it has grown beyond our expectations and is now one of the most popular events for athletes on the Irish Calendar. As a consequence, this year we have decided to hold the event over 2 days, devoting a day each to senior and underage competitors. In doing this, we have been able to put together a comprehensive Senior Programme of events on Saturday, with the juveniles taking pride of place on Sunday.

This year, we are very proud to be presenting 2 new Perpetual Trophies for the best Male and Female performances. These trophies are named in honour of and to pay tribute to, two great Leevale stalwarts, namely John Smyth and Joe O'Flynn, who passed away in 2011. The Kevin Barry Perpetual Trophy will be presented to the best Juvenile performance on Sunday.

We offer our thanks to the officials Cork County Board of the AAI for their support. We offer a special word of thanks Cork Institute of Technology and their most co-operative staff for their excellent facilities. Indeed Leevale and the entire athletic community in Cork are deeply indebted to the CIT for their support of athletics in Cork.

The Club is most grateful for our generous sponsors and benefactors, without whom it would not be possible to run this meeting. Their continued support, in the present harsh economic climate, is an endorsement of the efforts of our club and indeed all clubs promoting our sport.

The club is committed to making this an annual event. We are deeply indebted to athletic clubs from all over Ireland who have supported this promotion over the last 10 years. We extend a special welcome to all athletes who travelled long distances to compete.

I trust all spectators will have an entertaining and exciting weekend of athletics and that the athletes will enjoy the competition in both victory and defeat.

I hope that this meeting will continue to contribute to the promotion of our sport among the athletic enthusiasts and the general sporting public in Cork.

ENJOY THE WEEKEND

Yours in Athletics.

Liam Horgan
Chairman Leevale Athletic Club.

Thank you to our sponsors



Donal O'Callaghan
Crash Repairs



The River Lee Hotel
CORK

