

6. PERFORMANCE GUIDELINE STANDARDS:

Boys	Event	Girls
11.00	100m	12.05
22.20	200m	24.70
50.00	300m ¹ /400m	40.00 ¹ /56.40
1.56.0	800m	2.11.50
4.02.00	1500m	4.40.00
8.40.00	3000m	10.10.00
6.13.00	(91.4cm) 2000mSC (76.2cm)	7.15.00
14.30	110H (91.4cm) /100H (76.2cm)	14.15
54.70	400H (83.8cm/76.2cm)/300mH ²	43.50 ² /62.00
2.03m	High Jump	1.75m
4.45m	Pole Vault	3.70m
6.80m	Long Jump	5.80m
14.30m	Triple Jump	12.20m
17.00m	Shot Putt 5kg/3kg	13.75m
52.00m	Discus 1.5kg/1kg	40.00m
65.00m	Hammer 5kg/3kg	56.00m
62.50m	Javelin 700g/500g	48.00m

¹ Performances in 300m will be considered for qualification for girls 400m

² Performances for 300mH will be considered for qualification for girls 400mH

6. ATHLETICS IRELAND - PERFORMANCE STANDARDS:

Performance Standards Rationale

6.1 The rationale for setting the standards for this Selection Policy is based on our High Performance vision and our selection philosophy. Athletics Ireland Performance Standards were created by:

- A. The statistics and results from the previous IAAF World Youth Championships targeting athletes who can obtain a podium or a top 8 finish.

MALE	EVENTS	FEMALE
10.75	100m	11.85
21.55	200m	23.90
47.30	400m	54.30
1:49.00	800m	2:06.00
3:50.00	1500m	4:25.00
8:20.00	3000m	9:35.00
5:53.00	2000mSC	6:45.00
13.80	110mH ^{91cm} /100mH76 ^{76cm}	13.75
52.30	400mH	61.00
2.10m	High Jump	1.80m
4.75m	Pole Vault	4.00m
7.30m	Long Jump	5.95m
15.10m	Triple Jump	12.80m
18.75m	Shot ^{5kg/3kg}	14.00m
57.00m	Discus ^{1.5kg/1kg}	46.50m
69.00m	Hammer ^{5kg/3kg}	56.00m
69.00m	Javelin ^{700g/500g}	48.00m
6700	Combined Events ^{DEC/HEPT}	5150
44:00:00	10km/5km Walk	24:00:00
-	Mixed 4x400 Relay	-

6. ATHLETICS IRELAND - PERFORMANCE STANDARDS:

Performance Standards Rationale

6.1 Based on the selection philosophy and to achieve our High Performance vision of “more athletes winning on the world stage” the Athletics Ireland Performance Standards were set by using:

A. European Athletics published the 2015 “**Entry Standards**” to create a set number of specific rounds/groups for each event discipline. Athletics Ireland will adopt these **Entry Standards** as our “B Standards” (except for a few selected events where AAI have set the entry standard).

B. The “A” standards are viewed as “**Performance Standards**” and were set by looking at the previous performances from the European Athletics Championships where athletes finished between top 8 through top 16

6.2 Events with only one standard will be considered the “A” standard.

6.3 European Athletics will only accept the junior implements performances for the 2015 championship.

A STANDARDS	B STANDARDS	EVENTS	A STANDARDS	B STANDARDS
10.65	10.70	100m	11.80	12.00
21.40	21.60	200m	24.25	24.45
47.30	48.20	400m	54.50	55.50
1:49.30	1:51.50	800m	2:07.00	2:09.50
3:47.30	3:49.00	1500m	4:23.00	4:28.00
-		3000m	9:40.00 ¹	
14:35.00 ¹		5000m	16:45.00 ¹	
31:30.00		10,000m	-	
14.25	14.45	110mH/100mH	13.90	14.15
51.95	53.75	400mH	59.30	61.25
9:08.00 ¹		3000m SC	10:42.00 ¹	
2.15m	2.12m	High Jump	1.85m	1.80m
5.10m	4.95m	Pole Vault	4.10m	3.95m
7.60m	7.40m	Long Jump	6.15m	6.10m
15.80m	15.20m	Triple Jump	13.00m	12.70m
18.90m	17.95m	Shot	15.00m	13.80m
58.00m	53.80m	Discus	49.00m	46.00m
71.00m	66.00m	Hammer	59.50m	56.50m
71.00m	68.00m	Javelin	52.00m	49.50m
6950		Combined Events	5100	
44:30:00 ¹		10km Walk	51:00.00 ¹	
41.20 ¹		4x100m Relay	46.20 ¹	
3:14.00 ¹		4x400m Relay	3:38.00 ¹	

1: Is the AAI set Performance Standard

6. ATHLETICS IRELAND - PERFORMANCE STANDARDS:

Performance Standards Rationale

6.1 Based on the selection philosophy and to achieve our High Performance vision of “more athletes winning on the world stage” the Athletics Ireland Performance Standards were set by looking at the previous performances from the European Athletics Championships where athletes finished between top 8 through top 16.

MALE	EVENTS	FEMALE
10.55	100m	11.75
21.20	200m	23.90
47.30	400m	54.00
1:47.80	800m	2:04.80
3:42.50	1500m	4:17.00
14:10.00	5000m	16:15.00
29:45.00	10,000m	35:00.00
14.10	110mH/100mH	13.80
51.40	400mH	59.35
8:45.00	3000m SC	10:05.00
2.18m	High Jump	1.85m
5.25m	Pole Vault	4.10m
7.70m	Long Jump	6.20m
16.00m	Triple Jump	13.35m
17.50m	Shot	15.90m
54.50m	Discus	52.00m
66.00m	Hammer	61.00m
72.00m	Javelin	52.00m
7400	Combined Events	5400
1:27:00	20km Walk	1:40:00
40.30	4x100m Relay	45.00
3:10.00	4x400m Relay	3:36.00

6. ATHLETICS IRELAND - PERFORMANCE STANDARDS:

Performance Standards Rationale

6.1 Based on the selection philosophy and to achieve our High Performance vision of “more athletes winning on the world stage” the Athletics Ireland Performance Standards were set by using:

- A. IAAF published 2015 “**Entry Standards**” to create a set number of specific rounds/groups for each event discipline.
- B. Some standards are viewed as “**Performance Standards**” and were set by looking at the previous performances from the IAAF Athletics Championships.

Men	EVENTS	Women
10.16	100m	11.33
20.50	200m	23.20
45.50	400m	52.00
1:46.00	800m	2:01.00
3:36.20/3:53.30	1500m/Mile	4:06.50/4:25.20
13:23.00	5000m	15:20.00
27:45.00	10,000m¹	32:00.00
2:15:30 ²	Marathon²	2:33:30 ²
8:28.00	3000m SC	9:44.00
13.47	110mH/100mH	13.00
49.50	400mH	56.20
2.28m	High Jump	1.94m
5.65m	Pole Vault	4.50m
8.10m	Long Jump	6.70m
16.90m	Triple Jump	14.20m
20.45m	Shot	17.75m
65.00m	Discus	61.00m
76.00m	Hammer	70.00m
82.00m	Javelin	61.00m
8075	Combined Events	6075
1:23:30 ²	20km Race Walk²	1:33:00 ²
3:55:00 ²	50km Race Walk²	
Top 16	4x1 Relay	Top 16
	4x4 Relay	

1. For the 10,000m, the top 15 athletes finishing in the senior Men's and Women's races at the IAAF World Cross Country Championships Guiyang 2015 shall be considered as having achieved the Entry Standard.

2. A Performance Standard set by Athletics Ireland.