

Senior Men

100m Heat 1			100m Final		
Lane	Time	Place	Lane	Time	Place
	11.61	1	4	11.19	1
	11.63	2	5	11.33	2
	11.66	3	6	11.33	3
	11.98	4	3	11.5	4
	11.12	5	2	11.52	5
	12.36	6	7	11.92	6
	12.65	7	1	11.96	7
			8	12.34	8

100m Heat 2			Heat 3		
Lane	Time	Place	NT		
1	11.45	1			
6	11.95	2			
8	11.97	3			
5	12.35	4			
3	12.47	5			
4	12.51	6			
2	13.76	7			

200m Heat 1			200m Heat 2		
Lane	Time	Place	Lane	Time	Place
7	22.42	1		22.75	8
2	22.87	2		24.03	2
8	23.26	3		24.15	7
4	23.68	4		24.29	6
3	24.95	5		24.99	5
1	25.89	6		25.13	4
6	26.21	7		25.25	1
5	26.33	8		23.35	3

400m Heat 1			400m Heat 2		
Lane	Time	Place	Lane	Time	Place
5	49.64	1	3	50.93	1
7	50.6	2	5	53.18	2
3	51.06	3	6	53.73	3
2	51.42	4	4	54.29	4
6	51.88	5	7	58.45	5

1,500m			3,000m		
Place	Time	Place	Time	Place	Time
1	4.16.81		8.49.88		
2	4.17.51		8.55.14		
3	4.22.93		8.59.40		
4	4.25.50		9.10.63		
5	4.27.31		9.34.68		
6	4.30.31				

Women

100m			200m			1,500m			3,000m		
Lane	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	
	12.36		1	24.68			1	5.10.96		10.41.74	
	12.51		2	25.41			2	5.13.16		10.46.27	
	12.67		3	25.54			3	5.19.31		11.13.67	
	13.38		4	26.36			4	6.12.65		11.21.60	
	13.45		5	26.47							
	14.12		6	28.76							
	14.15		7								

SENIOR MEN

100m

1. Derek Duff, Leevale 11.19
2. Paddy O’Gorman, Menapians 11.33
3. Carl McNamara, Leevale 11.33.

200m

1. Derek Duff, Leevale 22.42
2. Carl McNamara, Leevale 22.75
3. Billy Ryan, Ferrybank 22.87.

400m

1. Billy Ryan, Ferrybank 49.64
2. Paddy O’Gorman, Menapians 50.60
3. Kieran McCabe, An Riocht 50.93.

1,500m

1. Ronan Duggan, Bandon 4.16.81
2. Michael O’Sullivan, West Muskerry 4.17.1
3. Ryan Creech, Leevale 4.22.93

3,000m

1. Seannie McGrath, East Cork 8:49.88
2. Thomas Maunsell, Leevale 8:55.14
3. Niall O’Gorman, Clonmel 8:59.14.

High Jump

1. Brendan Dennehy Jnr, Rising Sun 1.65 2
- Carl McNamara, Leevale 1.60
3. Brendan Dennehy Snr, Rising Sun 1.45

Long Jump

1. Tim Harrington, Bandon 6.76
2. David Quilligan, Leevale 6.64
3. Brendan Dennehy, Rising Sun 5.94

Shot

1. Joe Nagle, Leevale 10.33
2. Frank Stam Leevale, 9.00
3. Gary Collins, Leevale 7.78

Relay

1. Leevale A 44.21
2. Leevale B 44.71
3. Menapians 46.61

SENIOR WOMEN

100m

1. Kelly Proper, Ferrybank, 12.36
2. Joan Healy, Bandon, 12.51
3. Marion Andrews, Togher, 12.67

200m

1. Kelly Proper, Ferrybank 24.68
2. Joan Healy, Bandon 25.41
3. Marion Andrews, Togher 25.54.

400m

1. Erin Murphy Dooneen
2. Linda O’Donovan Bandon AC
3. Alana Quinn Leevale

1500m

1. Anna Marie Healy, Eagle AC, 5.10.96
2. Niamh Roe, Eagle AC, 5.13.16
3. Fiona O'Shea, Limerick AC, 5.19.31

3,000m

1. Niamh Roe, Eagle AC 10:41.74
2. Carmel Parnell, Leevale 10:46.27
3. Ann Marie Healy, Eagle AC 11:13.67.

High Jump

1. Kelly Proper Ferrybank 1.50
2. Claire Collins West Waterford 1.45
3. Katey Byrd Leevale 1.40.

Long Jump

1. Kelly Proper, Ferrybank, 5.72
2. A. Furlong, DMP, 5.25
3. Katie Bird, Leevale, 5.05

Shot

1. Kelly Proper, Ferrybank, 9.59
2. Claire Hayes, Carbery, 9.57
3. Liz Coomey, Bandon, 8.96

Relay

- 1 Leevale
2. Limerick AC

GIRLS

Under 8.

60m

1. Aisling Cassidy, Courcsey's
2. Derval Ni Dheasmhuinigh, Leevale
3. Blaithnid Daly, Liscarroll

Under 9.

60m

1. Maeve Daly, Liscarroll
2. Rachel Atkinson, Carraig na Bhfear
3. Arianne O'Flynn, Carraig na Bhfear

Ball Throw

1. Carrie McEvoy, Midleton. 20.68
2. Arianne O'Flynn, Carraig na Bhfear, 18.60
3. Maeve Daly, Liscarroll, 12.80

Under 10.

80m; 1. Maeve Power, St. Mary's

2. Avril Braham, Carraig na Bhfear
3. Caoimhe Dwyer, West Waterford

300m; 1. Maeve Power, St. Mary's

2. Avril Braham, Carraig na Bhfear
3. Stephanie Cotter, West Muskerry

Ball Throw

1. Cleeva Motherway, Midleton AC, 24.68
2. Hannah Humphries, Leevale 17.62

3. Chloe Beecher, West Waterford, 17.44

Under 11.

80m

1. Kathleen Long, Carraig na Bhfear
2. Rachel Smith, Leevale
3. Kate McGrath, West Waterford

300m

1. Kaitlyn Long, Carraig na Bhfear
2. Grainne Lucey, Bandon AC
3. Kate McGrath, West Muskerry

Long Jump

1. Laura Cussen, Old Abbey, 3.21
2. Rachel Smyth, Leevale, 2.86
3. Hannah Humphries, Leevale, 2.80

Relay

1. Leevale A
2. West Waterford A
3. Leevale B

Under 12.

80m

1. Fiona O'Shea, Dooneen
2. Marie O'Halloran, Leevale
3. Ciara Nalty, Leevale

600m

1. Maeve Aherne, Carraig na Bhfear
2. Sinead Caulfield, Bandon
3. Louise Shanahan, Leevale

High Jump

1. Ciara Nalty, Leevale, 1.15
2. Marie O'Halloran, Leevale, 1.15
3. Eirne Ni Dheasmhuinigh, Leevale, 1.05

Under 13.

80m

1. Fiona Brown, Dooneen
2. Cliona Hegarty, Leevale
3. Emma O'Donnell, Dooneen

600m

1. Cliona Hegarty, Leevale
2. Kate Fitzgerald, Limerick AC
3. Gemma Wyley, West Waterford

Long Jump

1. Fiona O'Shea, Dooneen, 3.66
2. Ciara Nalty, Leevale, 3.62
3. Eirne Ni Dheasmhuinigh, Leevale, 3.56

Relay

1. Leevale A
2. Dooneen A
3. Dooneen B

Under 14.

100m

1. Laura Nevin, Dooneen, 14.03
2. Aisling Croke, Dooneen, 14.22
3. Briona Croke, Dooneen, 14.84

800m

1. Brona Croke Dooneen 2:46.1
2. Lucy O'Brien West Waterford 2:46.8
3. Rebecca Howard Grange Fermoy 2:47.4
4. 2:48.2
- 5.3:08.0

Shot

1. Laura McSweeney, Bandon, 10.40
2. Aideen Hallahan, Midleton, 7.47
3. Ciara O'Mullaney, West Waterford, 6.94

High Jump

1. Aisling Croke, Dooneen, 1.35
2. Brona Croke, Dooneen, 1.30
3. Laura Nevin, Dooneen, 1.15

Under 15.

100m

1. Grainne Moynihan, West Muskerry, 13.28
2. Jessica Sheehan, Riverstick Kinsale, 13.42
3. Lillyann O'Hora, Dooneen, 13.59
4. 13.70

Hurdles

1. Lillyann O'Hora, Dooneen
2. Gráinne Moynihan, West Muskerry
3. Renska Hodnett, Leevale

Long Jump

1. Jessica Sheehan, Riverstick Kinsale, 4.77
 2. Caroline Murnane, Leevale, 4.36
 3. Renske Hodnett, Leevale, 4.23
- Shot:** 1. Niamh Murphy, Blarney Inniscarra 10.50
2. Lynn Bradfield, Bandon, 9.92
 3. Katie O'Riordan, Carraig na Bhfear, 5.92

Relay

1. Dooneen A
2. Leevale A
3. Dooneen B

Under 16.

100m WS – 2.0

1. Jane Dickenson, Dooneen, 12.93
2. Rebecca Corbett, Leevale, 13.34
3. Lisa Houlihan, West Waterford, 13.92
4. 14.46
5. 14.98

800m

1. Karen Curran Iveragh AC 2:35.6
2. Jessica Coyne Dooneen 2:37.5

3. Emma Hennessy Youghal AC 2:39.3
3. Ann Kennedy Emerald AC 2:39.3
5. 2:48.0
6. 2:51.7
7. 2:54.0
8. 2:59.4
9. 3:01.7

High Jump

1. Lisa Houlihan West Waterford
2. Fiona Broderick Youghal
3. Niamh Daly Youghal

Hurdles

1. Lisa Houlihan, West Waterford
2. Jennifer Murphy, Leevale
3. April Philpott, Leevale

Under 17.

100m WS -3.2

1. Kate Humphries, Leevale, 13.33
2. Grainne Power, Clonmel, 14.44
3. Jennifer Mullens, Bantry, 15.12

800m;

1. Claire Collins West Waterford
2. Rebecca Maher West Waterford

1500m

1. Mary Fitzgerald, An Riocht
2. Jacqueline Hughes, Thurles Crokes
3. Jennifer Mullins, Bantry

Hurdles

1. Kate Humphries, Leevale
2. Gráinne Power, Clonmel

Long Jump

1. Lisa Houlihan, West Waterford, 4.42
2. Grainne Power, Clonmel, 4.33
3. Aoife Broderick, Limerick AC, 4.30

Relay

1. Leevale
2. West Waterford

BOYS

Under 8.

60m

1. Jake O'Brien, Youghal
2. Dean Beecher, West Waterford
3. Brian Lynch, Old Abbey

Under 9.

60m

1. Kieran Walsh, Carraigtwohill
2. Gary Cronin, Gneeveguilla AC
3. Sean O'Donovan, Carraig na Bhfear

Ball Throw

1. Jake O'Brien, Youghal AC, 24.78
2. Killian Coughlan, Courcey's, 23.78
3. Dean Beecher, West Waterford, 23.46

Under 10.**80m**

1. Greg Barrett, Abbey Striders
2. Sean Broderick, Youghal AC
3. Diarmuid Clancy, Youghal AC

300m; 1. Diarmuid Clancy, Youghal

2. Thomas O'Donovan, Carraig na Bhfear
3. Padraic Galvin, West Muskerry

Ball throw

1. Thomas O'Donovan, Carraig na Bhfear, 31.33
2. Jonathon McGrath, Leevale, 27.77
3. William Cronin, Abbey Striders, 27.73

Under 11.**80m**

1. Conor Sexton, Abbey Striders
2. Sean O'Callaghan, Leevale
3. Luke Ring, Leevale

300m

1. Adam Buckley, West Muskerry
2. Luke Ring, Leevale
3. Brian Flahive, Leevale

Long Jump

1. Adam Buckley, West Muskerry, 3.70
2. Brian Flahive, Leevale, 3.62
3. Kevin Lynch, Old Abbey, 3.34

Relay

1. Abbey Striders 60.79
2. Leevale A 64.02
3. Leevale B 66.20

Under 12.**80m**

1. Eli Kadi, Leevale
2. David Atkinson, Carraig na Bhfear
3. Kevin O'Dwyer, West Muskerry

600m

1. David Atkinson, Carraig na Bhfear
2. Fergal Curtin, Youghal
3. Gerry O'Sullivan, West Muskerry

High Jump

1. Alan Corby, Dooneen, 1.15
2. Damon Gregory, Clonmel, 1.15
3. David O'Flynn, Carraig na Bhfear, 1.10

Under 13.**80m**

1. Darren Lee, Leevale
2. David Cussen, Old Abbey
3. Daniel Fox, Leevale

600m

1. Paul Murphy, Ferrybank
2. Kevin Flahive, Leevale
3. Mark McGirr, Grange Fermoy

Long Jump

1. David Cussen, Old Abbey, 4.70
2. Darren Lee, Leevale, 4.21
3. Paul Murphy, Ferrybank, 4.13

Relay

1. Leevale
2. West Waterford

Under 14.

100m

1. Robert O'Halloran, Leevale
2. Matthew Aherne Forde, Abbey Striders
3. Patrick Cunningham, Limerick AC

800m

1. Corey Long Carraig na Bhfear
2. Patrick Cunningham Limerick AC
3. Owen Burke Togher

High Jump

1. Robert O'Halloran, Leevale, 1.40
2. David Cussen, Old Abbey, 1.40
3. Corey Long, Carraig na Bhfear, 1.35

Shot

1. Corey Long, Carraig na Bhfear, 9.24
2. Robert O'Halloran, Leevale, 9.20
3. Shane O'Neill, Carbery Harriers, 8.90

Under 15.

100m

1. Eric Stam, Leevale, 13.30
2. Daire Walsh, Leevale, 13.69
3. Sean Fogarty, Leevale, 14.55

Hurdles

1. Eric Stam, Leevale
2. Daire Walsh, Leevale
3. Sean Fogarty, Leevale

Long Jump

1. Eric Stam, Leevale, 5.31
2. Daire Walsh, Leevale, 5.01
3. Sean Fogarty, Leevale, 4.64

Shot; 1. Eric Stam, Leevale, 10.53

2. Daire Walsh, Leevale, 9.93
3. Roland Pika, Limerick AC, 8.70

Relay

1. West Waterford

Under 16.

100m WS -3.2

1. Aaron O'Regan, Abbey Striders, 12.90
2. Fionn Carew, Limerick AC, 13.11
3. Shane Fitzgerald, Emerald AC, 13.44
4. 13.49
5. 13.92
6. 14.62
7. 15.41

800m

1. Shane Fitzgerald Emerald 2:09.9
2. Patrick Hughes Thurles Crokes 2:10.4
3. Cullen Lynch Togher 2:22.0
4. 2:24.8
5. 2:27.1
6. 2:28.7
7. 2:29.8
8. 2:31.1
9. 2:32.6
10. 2:33.7

High Jump

1. Eric Stam, Leevale, 1.55
2. Daire Walsh, Leevale, 1.50
3. Patrick Sweeney, Bandon, 1.45

Hurdles

1. Roland Pika, Limerick Athletic Club

Under 17.

100m WS -2.4

1. Patrick Maher, Leevale, 12.13
2. Edmund O'Halloran, Leevale, 12.30
3. David Killeen, Leevale, 12.62
4. 13.06
5. 13.74

800m

1. John Harrington Bantry 2:09.46
2. Michael Kennedy Emerald 2:34.71

1,500m

1. Cathal O'Connor, Dooneen
2. John Harrington, Bantry AC
3. Peter Hanrahan, Togher AC

Hurdles

1. Patrick Maher, Leevale
2. Edmund O'Halloran, Leevale

Long Jump

1. Edmund O'Halloran, Leevale 5.69

Relay

1. Limerick AC