

Senior Men 3000m		(Note: Hand times only)				
Name	Club	Lane Draw	Heat no.	Placing	Time	
Sean McGrath	East Cork AC			1	08:40.0	
Niall McCormack	Ferrybank AC			2	08:56.8	
Cian Murphy	Iveragh AC			3	09:04.1	
William Hughes	Thurles Crokes AC			4		
Arthur Fitzgerald	UL AC			5		
Tony Kelleher	Togher AC			6	09:16.2	
Donal O'Callaghan	Riocht AC			7	09:18.1	
Joe O'Connor	Riocht AC			8	09:23.0	
Brian Murphy	Iveragh AC			9	(?) 09:25.5	
Rory Maloney	UL AC			10		
Cormac Fitzpatrick	North Laois AC			11	09:33.0	
Seamus Gilhooley	UL AC			12		
Tony Fogarty	Thurles Crokes AC			13		
James Maher	Templemore			14		
Eric Meade	East Cork AC			15	09:54.3	
Robert O'Shea	Togher AC			16		
Fergal Smithwick	UL AC			17		
Chris Harrington	Leevale AC			18		
Denis McCarthy	East Cork AC			19	10:31.0	
Ronan O'Donoghue	CIT AC			20		
Kevin Maybury	CIT AC			21		
Liam Hurley	Ballymore-Cobh			22		
Jake Byrne	Mullingar Harriers					DNF
Team result						
	Club	Points				
	UL AC	27				
	East Cork AC	35				