

Senior Men 400m	(3 heats, placings based on times)					
Name	Club	Lane Draw	Heat no.	Placing	Time	
John Laffey	Clonliffe Harriers	5	2	1	48.09	
Kieran Kelly	Raheny Shamrock AC	2	1	2	49.72	
Fergus Hannon	Tullamore AC	3	3	3	49.79	
Ciaran McCabe	An Ríocht AC	5	1	4	50.20	
Zoltan Gyomber	Dooneen AC	5	3	5	50.36	
Alan Whelan	North Laois AC	6	1	6	50.44	
Jeremy Lyons	Clonliffe Harriers	6	2	7	51.12	
Colm Lynch	Iveragh AC	1	3	8	51.24	
Liam O'Brien	Togher AC	1	2	9	51.70	
Cathal Owens	Leevale AC	4	3	10	51.73	
Tomás Burke	Crusaders AC	3	1	11	53.43	
Christopher Kelly	Donore Harriers	1	1	12	53.84	
Dara O' Carroll	Tralee Harriers	4	1	13	54.59	
Gregory FitzGerald	Menapians AC	3	2	14	55.71	
Damian Walsh	Menapians AC	4	2	15	56.04	
Alan Corcoran	Ferrybank AC	2	2			
Patrick Maher	Leevale AC	2	3			