

Woodie's DIY Junior & U23 Championships of Ireland, Tullamore 27th June 2010

100 m - Junior Men

Wind : +2.3

Place/Name/Club/Time

- 1, O Back Liverpool Harriers 10.73
- 2, D Killeen Leevale A.C. 10.98
- 3, M Kavanagh Dundrum South Dublin A.C. 11.07
- 4, C Foley Tralee Harriers A.C. 11.26
- 5, D Brennan Ferrybank A.C. 11.57
- 6, A Meyler Menapians A.C. 11.68
- 7, P Stack Leevale A.C. 11.95

200 m - Junior Men

Wind : -2.2

Place/Name/Club/Time

- 1, L O'Cathain Roscommon A.C. 21.86
- 2, T Crowe Dooneen A.C. 22.13
- 3, M Kavanagh Dundrum South Dublin A.C. 22.28
- 4, D Killeen Leevale A.C. 22.33
- 5, E O'Halloran Leevale A.C. 22.50
- 6, C Christie Metro/St. Brigid's A.C. 22.72
- 7, R Okoye agha North Laois A.C. 22.91
- 8, S Roche Clonliffe Harriers A.C. 23.17

400 m - Junior Men

Place/Name/Club/Time

- 1, D Kervick Carrick-On-Suir A.C. 48.55
- 2, P Scanlon Leevale A.C. 48.77
- 3, P Maher Leevale A.C. 48.81
- 4, J Dowling Dundrum South Dublin A.C. 49.42
- 5, C Foley Tralee Harriers A.C. 51.06
- B Maze Lagan Valley DNS
- F Hannon Tullamore Harriers A.C. DNF
- J Harvey Lagan Valley A.C. DNS

800 m - Junior Men

Place/Name/Club/Time

- 1, M English Letterkenny A.C. 1.55.16
- 2, P Robinson St. Coca'S A.C. 1.55.38
- 3, D Mc Brearty Letterkenny A.C. 1.55.46
- 4, M Patterson North Down 1.56.44
- 5, D Cronin Blarney/Inniscara A.C. 1.58.77
- 6, B Kelly St. Abbans A.C. 1.58.85
- 7, M Hoy St. Michael's Enniskillen 2.01.01
- 8, R Yorke Mullingar Harriers A.C. 2.01.50

1500 m - Junior Men

Place/Name/Club/Time

- 1, L Tremble Metro/St. Brigid's A.C. 3.51.82
- 2, J Travers Donore Harriers A.C. 3.51.97
- 3, M Dowling Sli Cualann A.C. 3.58.16
- 4, T Moriarty Raheny Shamrock A.C. 4.08.74
- 5, D Rennicks Bohermeen A.C. 4.10.55
- 6, C Mc Guinness Clonliffe Harriers A.C. 4.13.38
- 7, S Lawlor St. Abbans A.C. 4.19.01
- 8, D Foley Raheny Shamrock A.C. 4.29.68
- 9, D Power West Waterford A.C. 4.41.28

S Mc Cormack Gowran A.C. DNS

5000 m - Junior Men

Place/Name/Club/Time

- 1, J Byrne Mullingar Harriers A.C. 15.35.10
- 2, V Connolly Mullingar Harriers A.C. 15.54.64

110 m Hurdles - Junior Men

Wind : +2.7

Place/Name/Club/Time

- 1, E O'Halloran Leevale A.C. 14.76
- 2, C Donnelly Ferrybank A.C. 15.13
- 3, E Sabayo Dooneen A.C. 15.84
- 4, C Mc Crossan Clonliffe Harriers A.C. 15.93

400 m Hurdles - Junior Men

Place/Name/Club/Time

- 1, T Crowe Dooneen A.C. 57.47
- 2, T Barr Ferrybank A.C. 57.88
- 3, B Kiely Ferrybank A.C. 58.63

3000 m Steeplechase - Junior Men

Place/Name/Club/Time

- 1, E Jennings Dundrum South Dublin A.C. 9.28.46
- 2, P Mc Laughlin Finn Valley A.C. 9.46.24
- 3, J Rossiter Clonliffe Harriers A.C. 10.04.80
- 4, B Connolly Tallaght A.C. 10.33.82

5000 m Walk - Junior Men

Place/Name/Club/Time

- 1, C Mc Manamon Westport A.C. 23.01.66
- 2, J Treanor Shercock A.C. 23.03.21
- 3, M Moran Claremorris A.C. 25.47.92
- 4, R O'Neill Togher A.C. 28.11.98

High Jump - Junior Men

Place/Name/Club/Hgt(m)

- 1, C Daly St. Abbans A.C. 1.75
- 2, L Fitzpatrick Donore Harriers A.C. 1.75
- 3, E Sabayo Dooneen A.C. 1.75
- 4, T Barr Ferrybank A.C. 1.70
- 5, L Houlihan West Waterford A.C. 1.60

Long Jump - Junior Men

Place/Name/Club/Dist(m)

- 1, E Fahy Donore Harriers A.C. 7.09
- 2, C Dolan St. Michael's Enniskillen 6.83
- 3, S Doyle St. L. O'Toole A.C. 6.57
- 4, N Jege Dooneen A.C. 6.48
- 5, R Whelan Navan A.C. 6.18
- 6, A Anyaegbunan Clonliffe Harriers A.C. 6.04
- 7, M Godley Tralee Harriers A.C. 5.80
- 8, D Brophy St. Abbans A.C. 5.56
- 9, R Jennings Dundrum South Dublin A.C. 5.15

Triple Jump - Junior Men

Place/Name/Club/Dist(m)

- 1, A Anyaegbunan Clonliffe Harriers A.C. 13.03

- 2, M Godley Tralee Harriers A.C. 11.44
- 3, R Jennings Dundrum South Dublin A.C. 10.63

Pole Vault - Junior Men

Place/Name/Club/Hgt (m)

- 1, T Houlihan West Waterford A.C. 4.40
- 2, L Houlihan West Waterford A.C. 3.60
- 2, C Doherty Tir Chonail A.C. 3.60
- 4, M Houlihan West Waterford A.C. 3.60

Shot Putt - Junior Men

Place/Name/Club/Dist (m)

Discus - Junior Men

Place/Name/Club/Dist (m)

- 1, M Pons D.M.P. A.C. 44.50
- 2, D Hanlon Tullamore Harriers A.C. 42.83
- 3, G Irvine North Down A.C. 41.12
- 4, C Champion St. Andrews A.C. 39.35
- 5, E O'Cathain Galway City Harriers A.C. 39.30
- 6, D Hickey Riverstick/Kinsale A.C. 32.89
- 7, M Kenny Kildare A.C. 32.85

Javelin - Junior Men

Place/Name/Club/Dist (m)

- 1, J Oosthuysen Clonmel A.C. 59.38
- 2, S Ryder Sli Cualann A.C. 48.44
- 3, R Kirwan Dunleer A.C. 47.45
- 4, D Reynolds Bandon A.C. 46.92
- 5, B Kirwan Navan A.C. 45.79
- 6, C Champion St. Andrews A.C. 45.73
- 7, D Hickey Riverstick/Kinsale A.C. 41.17
- 8, D Ryan Newport A.C. 36.20

Hammer - Junior Men

Place/Name/Club/Dist (m)

- 1, K Barry Crusaders A.C. 64.45
- 2, A Doyle Mid-Ulster A.C. 59.47
- 3, T Furlong D.M.P. A.C. 57.41
- 4, J Mc Cabe Dunboyne A.C. 56.04
- 5, C Champion St. Andrews A.C. 55.96
- 6, C Donnelly Crusaders A.C. 52.46
- 7, S Hand Farranfore Maine Valley A.C. 44.76

35lb Distance - Junior Men

Place/Name/Club/Dist (m)

- 1, E O'Cathain Galway City Harriers A.C. 7.52
- 2, M Kenny Kildare A.C. 6.80

100 m - Junior Women

Wind : -4.4

Place/Name/Club/Time

- 1, S Lavin Emerald A.C. 12.44
- 2, S Murray Fingallians A.C. 12.50
- 3, C Mc Manus Celtic DCH A.C. 12.56
- 4, L Holmes Kilkenny City Harriers A.C. 12.64
- 5, C Boomer Liffey Valley A.C. 12.67
- G Moynihan West Muskerry A.C. DNS

E Fitzpatrick Gneeveguilla A.C. DNS  
J Healy Bandon A.C. DNS

200 m - Junior Women

Wind : +2.1

Place/Name/Club/Time

- 1, S Creaner Celtic DCH A.C. 24.18
- 2, J Mills Ballymena & Antrim A.C. 24.26
- 3, K Kirk Lagan Valley 24.50
- 4, L Mc Guire Galway City Harriers A.C. 26.17
- 5, J Mc Gurk Mid-Ulster A.C. 27.00
- 6, M Van Der Valk Ferrybank A.C. 27.60
- 7, B Brosnan Ferrybank A.C. 27.87
- J Healy Bandon A.C. DNS

400 m - Junior Women

Place/Name/Club/Time

- 1, C Mooney Naas A.C. 55.90
- 2, S Denny Dundrum South Dublin A.C. 58.42
- 3, G Moynihan West Muskerry A.C. 59.08
- 4, A Flynn Ferrybank A.C. 60.22
- 5, C Ryan Borrisokane A.C. 60.62
- 6, M Van Der Valk Ferrybank A.C. 62.82
- 7, M Giblin Raheny Shamrock A.C. 63.97

800 m - Junior Women

Place/Name/Club/Time

- 1, C Mageean Lisburn A.C. 2.12.29
- 2, S Denny Dundrum South Dublin A.C. 2.15.06
- 3, C Earls Sli Cualann A.C. 2.17.62
- 4, R Gibson City of Lisburn 2.21.64
- 5, A Mc Gee Sli Cualann A.C. 2.30.48
- 6, N Griffin Ballinamore A.C. 2.36.05

1500 m - Junior Women

Place/Name/Club/Time

- 1, E Mitchell Banbridge A.C. 4.34.20
- 2, N Kearney Sli Cualann A.C. 4.51.17
- 3, E Hartnett Sli Cualann A.C. 4.51.61
- 4, A Brennan St. Abbans A.C. 4.59.04
- 6, T Jameson Sli Cualann A.C. 5.03.39
- 7, J Higgins St. Pauls A.C. 4.59.76
- 7, S Cronin Celtic DCH A.C. 5.04.33

5000 m - Junior Women

Place/Name/Club/Time

100 m Hurdles - Junior Women

Wind : +1.5

Place/Name/Club/Time

- 1, R Mc Allister Ballymena & Antrim A.C. 15.24
- 2, L Harvey Tir Chonaill A.C. 15.43
- 3, L Houlihan West Waterford A.C. 15.45
- 4, M Kiely Ferrybank A.C. 15.62
- 5, C Basquille Sli Cualann A.C. 15.75
- 6, B Brosnan Ferrybank A.C. 18.11

400 m Hurdles - Junior Women

Place/Name/Club/Time

- 1, C Mc Mahon Ballymena & Antrim A.C. 60.68
- 2, G Coveney E.S.M A.C. 60.80
- 3, M Kiely Ferrybank A.C. 62.98
- 4, L Harvey Tir Chonail A.C. 66.68
- 5, L Boylan Sli Cualann A.C. 74.19

3000 m Steeplechase - Junior Women

Place/Name/Club/Time

High Jump - Junior Women

Place/Name/Club/Hgt (m)

- 1, C Farrell Craughwell A.C. 1.70
- 2, M Lanigan Kilkenny City Harriers A.C. 1.70
- 3, S Murphy Ferrybank A.C. 1.60
- 4, C Basquille Sli Cualann A.C. 1.55
- 4, C Collins West Waterford A.C. 1.55
- 6, L Herlihy West Waterford A.C. 1.50
- 6, J Mc Gurk Mid-Ulster A.C. 1.50
- 8, E Foley Trim A.C. 1.40

Long Jump - Junior Women

Place/Name/Club/Dist (m)

- 1, J Mills Ballymena & Antrim A.C. 6.26
- 2, S Maughan Castlebar A.C. 5.89
- 3, N Power Ferrybank A.C. 5.66
- 4, S O'Connor Tralee Harriers A.C. 5.17
- 5, N Brien Brothers Pearse A.C. 4.89
- 6, E Foley Trim A.C. 4.56
- 7, C Mullahy Claremorris A.C. 4.52

Triple Jump - Junior Women

Place/Name/Club/Dist (m)

- 1, C King Westport A.C. 11.86
- 2, S Buggy St. Abbans A.C. 11.18
- 3, F Hill Newbridge A.C. 10.93
- 4, R Healy Ballymena & Antrim A.C. 10.78
- 5, S O'Connor Tralee Harriers A.C. 10.48

Shot Putt - Junior Women

Place/Name/Club/Dist (m)

- 1, F Moloney Dooneen A.C. 11.88
- 2, Z Scanlon West Waterford A.C. 11.04
- 3, C Fogarty Mullingar Harriers A.C. 10.67
- 4, A Frattaroli Limerick A.C. 10.56
- 5, S Parkinson Gowran A.C. 10.11
- 6, S Daly St. Abbans A.C. 9.93

Discus - Junior Women

Place/Name/Club/Dist (m)

- 1, C Fitzgerald Tralee Harriers A.C. 43.19
- 2, Z Scanlon West Waterford A.C. 35.67
- 3, S Parkinson Gowran A.C. 33.35
- 4, E Owens St. Pauls A.C. 32.45
- 5, J Power Ferrybank A.C. 30.43
- 6, K Cunningham Tullamore Harriers A.C. 28.95
- 7, T Bradfield Bandon A.C. 28.87
- 8, S Daly St. Abbans A.C. 27.55

Javelin - Junior Women

Place/Name/Club/Dist (m)

- 1, C Fitzgerald Tralee Harriers A.C. 38.82
- 2, J Murphy Abbey Striders A.C. 32.41
- 3, R Bolger Sli Cualann A.C. 31.56
- 4, E Daly St. Abbans A.C. 30.91
- 5, A Frattaroli Limerick A.C. 27.72

Hammer - Junior Women

Place/Name/Club/Dist (m)

100 m - U.23 Men

Wind : -1.8

Place/Name/Club/Time

- 1, C Russell Ferrybank A.C. 10.84
- 2, S Colvert U.C.D. A.C. 10.84
- 3, J Holmes Kilkenny City Harriers A.C. 10.85
- 4, D Adams Ballymena & Antrim A.C. 10.98
- 5, P Phelan Dundrum South Dublin A.C. 11.05
- 6, A Graham Lagan Valley 11.28
- 7, E Muldowney Castlecomer A.C. 11.32
- 8, D Quilligan Leevale A.C. 11.38

200 m - U.23 Men

Wind : 0.3

Place/Name/Club/Time

- 1, S Colvert U.C.D. A.C. 21.31
- 2, C Russell Ferrybank A.C. 21.52
- 3, P Phelan Dundrum South Dublin A.C. 21.57
- 4, E Muldowney Castlecomer A.C. 22.45
- 5, M Hynes Raheny Shamrock A.C. 22.76
- 6, D Tobin Trim A.C. 23.25
- 7, S Gore Fingallians A.C. 23.50
- 8, C Ownes Leevale A.C. 27.64

400 m - U.23 Men

Place/Name/Club/Time

- 1, B Ryan Ferrybank A.C. 48.09
- 2, K Kiernan Raheny Shamrock A.C. 48.19
- 3, J Davis Raheny Shamrock A.C. 49.59
- 4, A Whelan Tullamore Harriers A.C. 49.82
- 5, C Collins Sligo A.C. 50.09
- 6, E Mulhall UCD 50.55
- 7, P Breslin Crusaders A.C. 51.84
- C Mc Laughlin Strabane Track Club DNS

800 m - U.23 Men

Place/Name/Club/Time

- 1, A Leighio Tallaght A.C. 1.50.30
- 2, F Ellis Ballinamore A.C. 1.53.36
- 3, R Duggan Bandon A.C. 1.53.98
- 4, T Cotter Dunleer A.C. 1.54.44
- 5, M Mc Killop St. Malachy's A.C. 1.54.88
- 6, D Mooney Letterkenny A.C. 1.56.26
- 7, M Mc Donald Clonliffe Harriers A.C. 1.57.38
- 8, R Owens Sli Cualann A.C. 1.57.84
- 9, C Kelly Donore Harriers A.C. 1.59.16

10, D Somerville Tallaght A.C. 2.10.10  
F Horgan Clonmel A.C. DNS

1500 m - U.23 Men

Place/Name/Club/Time

1, T Carroll North Sligo A.C. 3.50.11  
2, B O'Neill Dundrum South Dublin A.C. 3.50.77  
3, M Mulhare North Laois A.C. 3.53.65  
4, D Flynn Clonliffe Harriers A.C. 3.55.33  
5, D Fitzmaurice Clonliffe Harriers A.C. 3.56.97  
6, J O'Hare Annadale Striders A.C. 3.57.57  
7, P Flynn Ferrybank A.C. 4.00.12  
8, F O'Reilly Annalee A.C. 4.05.16  
9, S Rooney St. Malachy's A.C. 4.05.48  
10, E Hamilton St. Malachy's A.C. 4.06.43  
11, C O'Sullivan Raheny Shamrock A.C. 4.06.64  
12, A Flynn Ferrybank A.C. 4.10.49  
13, T Hayes Kilkenny City Harriers A.C. 4.12.36

5000 m - U.23 Men

Place/Name/Club/Time

1, S Ryan Raheny Shamrock A.C. 15.21.21  
2, L Van Haeftan Donore Harriers A.C. 15.22.33  
3, M Dooley Donore Harriers A.C. 15.29.36  
4, B Mc Ginley Ennis Track A.C. 15.42.79  
5, G Power Ferrybank A.C. 16.08.86  
6, R Moloney West Waterford A.C. 16.40.89

400 m Hurdles - U.23 Men

Place/Name/Club/Time

1, P Byrne St. Abbans A.C. 53.47

3000 m Steeplechase - U.23 Men

Place/Name/Club/Time

1, R Corbally Dundrum South Dublin A.C. 9.35.66  
2, A Flynn Ferrybank A.C. 9.42.53  
3, S Walter Leevale A.C. 12.04.11

5000 m Walk - U.23 Men

Place/Name/Club/Time

High Jump - U.23 Men

Place/Name/Club/Hgt (m)

1, K Foroughi Star of the Sea A.C. 2.05  
2, B Pender St. Abbans A.C. 2.05

Long Jump - U.23 Men

Place/Name/Club/Dist (m)

1, A Mc Mullan Mid-Ulster A.C. 7.37  
2, D Quilligan Leevale A.C. 7.04  
3, D Tobin Trim A.C. 6.88  
4, L O'Reilly Tullamore Harriers A.C. 6.27  
5, N Counihan Dooneen A.C. 6.25  
6, C Coleman Clonliffe Harriers A.C. 5.42

Triple Jump - U.23 Men

Place/Name/Club/Dist (m)

1, E Kelly St. Abbans A.C. 14.56

- 2, K Foroughi Star of the Sea A.C. 13.70
- 3, C Cronin Dundrum South Dublin A.C. 12.74

Pole Vault - U.23 Men  
Place/Name/Club/Hgt (m)

Shot Putt - U.23 Men  
Place/Name/Club/Dist (m)

- Discus - U.23 Men  
Place/Name/Club/Dist (m)
- 1, D Clifford Farranfore Maine Valley A.C. 44.30
  - 2, L Mangan Clonliffe Harriers A.C. 40.19
  - 3, M O'Reilly Shercock A.C. 32.55

- Javelin - U.23 Men  
Place/Name/Club/Dist (m)
- 1, A Crawford Strabane Track Club 60.61
  - 2, D Mullen Strabane Track Club 54.50
  - 3, S Mc Bride Strabane Track Club 51.67
  - 4, S Kennedy Ferrybank A.C. 47.77
  - 5, K Foroughi Star of the Sea A.C. 43.87

- 35lb Distance - U.23 Men  
Place/Name/Club/Dist (m)
- 1, D Tierney Leevale A.C. 11.03
  - 2, L Mangan Clonliffe Harriers A.C. 9.80
  - 3, J Mulligan Tullamore Harriers A.C. 7.49

- 100 m - U.23 Women  
Wind : +1.7  
Place/Name/Club/Time
- 1, S Kilduff Claremorris A.C. 12.18
  - 2, F Reville Menapians A.C. 12.65
  - 3, S Hiensch Leevale A.C. 12.93
  - 4, S Kennedy Navan A.C. 13.49

- 200 m - U.23 Women  
Wind : +0.1  
Place/Name/Club/Time
- 1, H Lewis North Down 24.94
  - 2, S Kilduff Claremorris A.C. 25.15
  - 3, R Anglim Fingallians A.C. 25.25
  - 4, F Reville Menapians A.C. 26.35
  - 5, S Giblin Raheny Shamrock A.C. 27.90
  - 6, S Kennedy Navan A.C. 27.68

- 400 m - U.23 Women  
Place/Name/Club/Time
- 1, S Scallan Raheny Shamrock A.C. 57.20
  - 2, L Mc Ardle Leevale A.C. 57.90
  - 3, C Mc Callion Clonliffe Harriers A.C. 58.10
  - 4, O Mc Ginley Clonliffe Harriers A.C. 61.75
  - 5, S Giblin Raheny Shamrock A.C. 62.00

- 800 m - U.23 Women  
Place/Name/Club/Time
- 1, C Everard U.C.D. A.C. 2.11.53



- 2, S Treacy Moynalvey A.C. 2.12.49
- 3, L Scott North Down 2.13.51
- 4, C Finn Duhallow A.C. 2.24.81
- 5, A Gould Leevale A.C. 2.37.48

1500 m - U.23 Women

Place/Name/Club/Time

- 1, S Treacy Moynalvey A.C. 4.34.27
- 2, B Woods Clonliffe Harriers A.C. 4.36.17
- 3, B Treston Dundrum South Dublin A.C. 4.37.16
- 4, L Sour Galway City Harriers A.C. 4.38.68
- 5, M Finn Duhallow A.C. 4.48.81
- 6, J Craig North Down 4.54.68

100 m Hurdles - U.23 Women

Wind : +2.1

Place/Name/Club/Time

- 1, M Murphy U.C.D. A.C. 14.81
- 2, S Hiensch Leevale A.C. 15.39
- 3, S Finnegan Craughwell A.C. 16.89

400 m Hurdles - U.23 Women

Place/Name/Club/Time

- 1, J Barr Ferrybank A.C. 59.75
- 2, S Woods Clonliffe Harriers A.C. 67.21

3000 m Walk - U.23 Women

Place/Name/Club/Time

- 1, E Prendiville Farranfore Maine Valley A.C. 14.12.76
- 2, E Doherty North Belfast Harriers 14.17.16
- 3, M Curley Craughwell A.C. 14.19.55
- 1, L Reynolds Mohill A.C. 13.33.77

High Jump - U.23 Women

Place/Name/Club/Hgt (m)

- 1, P Hughes Westport A.C. 1.75

Long Jump - U.23 Women

Place/Name/Club/Dist (m)

- 1, L Herron City of Lisburn 5.76
- 2, H Lewis North Down 5.68

Triple Jump - U.23 Women

Place/Name/Club/Dist (m)

- 1, L Loughlin North Down 10.51
- 2, S Finnegan Craughwell A.C. 10.10

Shot Putt - U.23 Women

Place/Name/Club/Dist (m)

Discus - U.23 Women

Place/Name/Club/Dist (m)

- 1, P Conway Crusaders A.C. 32.47
- 2, K O'Connor Tralee Harriers A.C. 29.62
- 3, E Ashe West Waterford A.C. 29.20

Javelin - U.23 Women

Place/Name/Club/Dist (m)

1, O Mc Donald St. Peter'S A.C. 38.37

Hammer - U.23 Women  
Place/Name/Club/Dist (m)