

100m

100m Women - Race 1 Wind - 0.6 m/s

			Time	Junior	Senior	Master
1	Joan Healy	Bandon	12.73	1	-	-
2	Grainne Moynihan	West Muskerry	13.09	2	-	-
3	Susan Lynch	Leevale	14.75	-	-	035-1
4	Liz Coomey	Bandon	14.83	-	-	040-1
5	Yvonne O'Driscoll	Midleton	16.03	-	-	040-2

100m Women - Race 2 Wind + 0.7 m/s

			Time	Junior	Senior	Master
1	Eilis Ní Fhaolain	Leevale	15.40	-	-	045-1
2	Mary Barry	Carrignavar	20.71	-	-	065-1
3	Pam Buckley	St. Finbarrs	25.20	-	-	070-1

100m Men - Race 1 Wind - 0.9 m/s

			Time	Junior	Senior	Master
1	John Corr	Leevale	11.81	-	1	-
2	Liam O'Brien	Togher	11.87	-	2	-
3	Breandán Dennehy	Rising Sun	11.95	-	3	-
4	Dan Lawson	Leevale	12.42	-	4	-
5	Ross Kelly	Belgooly	12.44	-	5	-
6	Ronan Foley	Togher	12.93	-	6	-

100m Men - Race 2 Wind - 2.4 m/s

			Time	Junior	Senior	Master
1	Tony Walsh	Liscarroll	12.87	-	-	1-035
2	Pat Mulcahy	Bandon	13.06	-	-	1-040
3	Donnacha Dennehy	Rising Sun	13.16	-	-	2-035
4	Frank Sheerin	St. Finbarrs	13.50	-	-	2-040
5	John McCarthy	Skibbereen	14.21	-	-	3-040

100m Men - Race 3 Wind - 0.4 m/s

			Time	Junior	Senior	Master
1	Con Sheehan	Carrignavar	12.74	-	-	1-045
2	Gerard Moynihan	West Muskerry	13.48	-	-	2-045
3	Donal Vaughan	Rising Sun	13.53	-	-	3-045
4	John Murphy	Liscarroll	13.66	-	-	1-050
5	D. O'Murchu	Liscarroll	14.64	-	-	2-050
6	James O'Keefe	Liscarroll	16.27	-	-	3-050

100m Men - Race 4

			Time	Junior	Senior	Master
1	Brendan Dennehy	Rising Sun	14.24	-	-	1-060
2	Harry Gijbels	West Muskerry	14.69	-	-	1-055
3	Con O'Donovan	Rising Sun	15.17	-	-	1-065
4	Seamus Fox	Fanahan McSweeney	15.42	-	-	2-055
5	Jim Murray	Rising Sun	16.24	-	-	2-060
6	Sean O'Sullivan	Rising Sun	20.41	-	-	1-075

200m

200m Women

Wind - 4.0 m/s

			Time	Junior	Senior	Master
1	Grainne Moynihan	West Muskerry	26.31	1	-	-
2	Susan Lynch	Leevale	30.95	-	-	1-035
3	Eilis Ní Fhaolain	Leevale	32.53	-	-	1-045
4	Regina Burton	St. Finbarrs	36.78	-	-	2-045
5	Marian Lyons	St. Finbarrs	44.01	-	-	1-055
6	Mary Barry	Carrignavar	55.89	-	-	1-065

200m Men - Race 1

Wind - 1.9 m/s

			Time	Junior	Senior	Master
1	Liam O'Brien	Togher	24.14	-	1	-
2	John Corr	Leevale	24.92	-	2	-
3	Dan Lawson	Leevale	25.42	-	3	-
4	Dara Kenny	BIAC	25.45	1	-	-
5	Ronan Foley	Togher	26.67	-	4	-
6	James Kelly	Liscarroll	27.32	2	-	-

200m Men - Race 2

Wind - 0.5 m/s

			Time	Junior	Senior	Master
1	Tony Walsh	Liscarroll	25.74	-	-	1-035
2	Declan Murphy	St. Finbarrs	26.55	-	-	2-035
3	Frank Sheerin	St. Finbarrs	26.84	-	-	1-040
4	Gerard Moynihan	West Muskerry	27.57	-	-	1-045
5	Donal Vaughan	Rising Sun	27.74	-	-	2-045
6	John McCarthy	Skibbereen	29.10	-	-	2-040

200m Men - Race 3

			Time	Junior	Senior	Master
1	Daithí O'Murchú	Liscarroll	28.34	-	-	1-050
2	John Murphy	Liscarroll	28.81	-	-	2-050
3	Brendan Dennehy	Rising Sun	29.80	-	-	1-060
4	Harry Gijbels	West Muskerry	31.35	-	-	1-055
5	Con Donovan	Rising Sun	32.87	-	-	1-065
6	Stephen Murphy	Rising Sun	33.45	-	-	3-050
7	Sean O'Sullivan	Rising Sun	45.05	-	-	1-075

400m

400m Women - Race 1

			Time	Junior	Senior	Master
1	Jessica Neville	BIAC	59.07	1	-	-
2	Christine Neville	BIAC	59.30	2	-	-
3	Grainne Moynihan	West Muskerry	59.79	3	-	-
4	Carol Finn	Duhallow	61.59	-	1	-
5	Davina Fenton	St. Finbarrs	64.49	-	2	-

400m Women - Race 2

			Time	Junior	Senior	Master
1	Gráinne O'Callaghan	St. Finbarrs	01:19.19	-	-	1-035
2	Regina Burton	St. Finbarrs	01:20.56	-	-	1-045
3	Marian Lyons	St. Finbarrs	01:35.23	-	-	1-055
4	Mary Barry	Carrignavar	02:17.28	-	-	1-065

400m Men - Race 1

			Time	Junior	Senior	Master
1	Denis Coughlan	St. Finbarrs	52.97	-	1	-
2	Dean Cronin	BIAC	53.67	1	-	-
3	Michael O'Regan	CIT	56.40	-	2	-
4	Dara Kenny	BIAC	57.67	2	-	-
5	Ross Kelly	Belgooly	57.93	-	3	-

400m Men - Race 2

			Time	Junior	Senior	Master
1	Daithí O'Murchú	Liscarroll	01:01.30	-	-	1-050
2	Donal Vaughan	Rising Sun	01:01.91	-	-	1-045
3	Gerard Moynihan	West Muskerry	01:03.76	-	-	2-045
4	John McCarthy	Skibbereen	01:05.40	-	-	1-040
5	Stephen Murphy	Rising Sun	01:12.87	-	-	2-050

400m Men - Race 3

			Time	Junior	Senior	Master
1	John O'Riordan	Rising Sun	01:06.78	-	-	1-055
2	Michael Kelly	Rising Sun	01:10.36	-	-	1-065
3	Dan Kennedy	St. Finbarrs	01:12.77	-	-	2-055
4	Jimmy Murray	Rising Sun	01:14.53	-	-	1-060

800m

800m Women

			Time	Junior	Senior	Master
1	Sinead O'Connor	Leevale	02:25.83	-	1	-
2	Davina Fenton	St. Finbarrs	02:31.00	-	2	-
3	Margo Dinan	St. Finbarrs	02:34.07	-	-	1-040
4	Margaret Casey	BIAC	02:45.64	1	-	-
5	Amanda Crotty	Youghal	02:53.24	-	3	-
6	Regina Burton	St. Finbarrs	03:05.28	-	-	1-045
7	Marian Lyons	St. Finbarrs	03:30.31	-	-	1-055

800m Men - Race 1

			Time	Junior	Senior	Master
1	James McCarthy	East Cork	01:58.15	-	1	-
2	Michael O'Sullivan	West Muskerry	02:00.70	-	2	-
3	Eoin Casey	Midleton	02:02.05	1	-	-
4	Michael O'Regan	CIT	02:02.48	-	3	-
5	Ian Tivy	Togher	02:02.54	-	4	-
6	Graham O'Riordan	Leevale	02:03.08	-	5	-
7	Kyle Petersen	UCC	02:03.71	-	6	-
8	James Grufferty	Leevale	02:08.28	-	7	-
9	David Hickey	St. Finbarrs	02:14.31	-	8	-
10	James Kelly	Liscarroll	02:18.15	2	-	-
11	Francis Kelleher	CIT	02:19.82	-	9	-
12	Julien Pastel	CIT	02:23.71	-	10	-

800m Men - Race 2

			Time	Junior	Senior	Master
1	Donal Vaughan	Rising Sun	02:21.64	-	-	1-045
2	Michael Murphy	St. Finbarrs	02:22.51	-	-	1-050
3	Michael Dooley	Eagle	02:32.36	-	-	1-040
4	John O'Riordan	Rising Sun	02:36.51	-	-	1-055
5	John Leahy	Rising Sun	02:37.22	-	-	2-050
6	Dan Kennedy	St. Finbarrs	02:40.99	-	-	2-055
7	Stephen Murphy	Rising Sun	02:42.19	-	-	3-050
8	Michael Kiely	Rising Sun	02:42.62	-	-	1-065
9	Jim Murray	Rising Sun	02:48.00	-	-	1-060
10	Patrick O'Brien	Skibbereen	02:48.84	-	-	2-045
11	John Quigley	Eagle	03:02.09	-	-	3-055
12	Flor O'Leary	St. Finbarrs	03:02.81	-	-	1-075
13	Willie O'Mahony	Youghal	03:03.07	-	-	2-060
14	Declan Coakley	Skibbereen	03:08.51	-	-	3-045

NMR

1500m

1500m Women

			Time	Junior	Senior	Master
1	Emma Murphy	St. Finbarrs	05:04.72		1	
2	Maura Heffernan	Liscarroll	05:23.08		2	
3	Davina Fenton	St. Finbarrs	05:28.68		3	
4	Niamh Carney	BIAC	05:52.09	1		
5	Amanda Crotty	Youghal	06:02.12		4	
6	Marian Lyons	St. Finbarrs	06:57.01			1-055

1500m Men

			Time	Junior	Senior	Master
1	Tony Kelleher	Togher	04:25.31	-	1	1-040
2	Barry Donovan	Leevale	04:27.72	-	2	-
3	Guest	West Waterford	04:28.46	-	-	-
4	Dave Muldowney	Eagle	04:34.26	-	3	1-035
5	Conor Tierney	East Cork	04:38.66	-	4	-
6	Alex Kelly	Togher	04:51.73	-	5	-
7	Michael Murphy	St. Finbarrs	04:54.70	-	-	1-050
8	Jerry Cronin	St. Finbarrs	05:12.06	-	-	2-035
9	Michael Dooley	Eagle	05:15.47	-	-	2-040
10	Pat Murphy	Eagle	05:18.69	-	-	2-050
11	John Leahy	Rising Sun	05:28.28	-	-	3-050
12	Aidan Henry	St. Finbarrs	05:37.47	-	-	3-040
13	Stephen Murphy	Rising Sun	05:44.04	-	-	4-050
14	Dan Kennedy	St. Finbarrs	05:50.87	-	-	1-055
15	Tony O'Brien	St. Finbarrs	05:57.19	-	-	1-045
16	John Quigley	Eagle	06:02.44	-	-	2-055
17	Michael Kiely	Rising Sun	06:09.46	-	-	1-065

Guest

3000m

3000m Women

			Time	Junior	Senior	Master	
1	Niamh Roe	Eagle	10:24.96	-	1	-	
2	Jessica Vonhatten	Leevale	11:10.06	-	2	-	
3	M O'Mahoney	Kilmurray-Ibrickane	11:29.53	-	-	-	Guest
4	Ann Marie Power	Eagle	11:59.02	-	-	1-035	
5	Claire O'Brien	BIAC	12:20.31	1	-	-	
6	Joan Haugh	Midleton	12:26.43	-	-	1-050	

3000m Masters Men

			Time	Junior	Senior	Master	
1	Donnacha O'Mahoney	East Cork	09:40.44	-	-	1-040	
2	Frank Hayes	East Cork	09:44.90	-	-	2-040	
3	Eric Meade	East Cork	09:47.55	-	-	3-040	
4	Denis McCarthy	East Cork	09:53.27	-	-	1-045	
5	David O'Dwyer	East Cork	10:25.88	-	-	1-035	
6	Eamonn McEvoy	St. Finbarrs	10:29.90	-	-	1-055	
7	Jer Cronin	St. Finbarrs	10:41.87	-	-	2-035	
8	Tim Goulding	Leevale	11:06.04	-	-	2-055	
9	Pat Murphy	Eagle	11:10.98	-	-	1-050	
10	Trevor O'Neill	St. Finbarrs	11:40.92	-	-	3-035	
11	Dan Kennedy	St. Finbarrs	11:52.94	-	-	3-055	
12	John Quigley	Eagle	12:07.23	-	-	4-055	
13	Eddie Barry	St. Finbarrs	12:14.85	-	-	5-055	
14	Willie O'Mahony	Youghal	13:54.02	-	-	1-060	

5000m

5000m Senior Men

			Time	Junior	Senior	Master	
1	Sean McGrath	East Cork	15:23.90	-	1	-	
2	Des Casey	Millstreet	15:24.20	-	2	-	
3	James O'Driscoll	Skibbereen	16:04.40	-	3	-	
4	Frank O'Carroll	East Cork	16:09.20	-	4	-	
5	Ed Murphy	Gneeveguilla	16:12.90	-	-	-	Guest
6	Donal Coakley	Togher	16:13.40	-	5	-	
7	Andrew Ross	CIT	17:40.60	-	6	-	
8	Manuel Barroso	CIT	17:43.60	-	7	-	
9	David McEvoy	Leevale	19:18.60	-	8	-	

4x100m Relay

Junior Women

		Time
1	BIAC	55.69

Senior Men

		Time
1	Skibbereen	55.85
2	Liscarroll	56.19
3	Rising Sun	59.14

Masters Men

		Time
1	Liscarroll	53.88
2	Rising Sun	54.03

4x400m Relay

Junior Women

		Time
1	BIAC	04:39.60

Senior Men

		Time
1	Togher	03:42.52
2	Skibbereen	04:41.08

Masters Men

		Time
1	Rising Sun	04:59.73