

Individual Results Round 2 Santry 18th July 2010

Division 1 Men

110m Hurdles

Place	No.	Athlete	Club	Time
1	976	Jamie Quane	Kilkenny City Harriers	18.17
2	973	Liam Houlihan	Ferrybank	18.38
3	974	Patrick Curran	Tallaght	19.45
4	978	Patrick O'Donnell	Olympian	19.72
5	977	Pat Breen	Waterford A.C	33.89

3000m Walk

Place	No.	Athlete	Club	Time
1	978	Eoin Mc Dermott	Olympian	20.49.14
2	974	Eddie Healy	Tallaght	22.10.14
3	977	Derek Grant	Waterford A.C	24.11.97

400m Hurdles

Place	No.	Athlete	Club	Time
1	973	Thomas Barr	Ferrybank	57.77
2	974	Patrick Curran	Tallaght	62.31
3	978	Patrick O'Donnell	Olympian	63.24
4	975	Cian Ward	Sli Cualann	66.96
5	976	Austin Lee	Kilkenny City Harriers	67.64
6	977	Isaac Lineen	Waterford A.C	77.49

4*100m Relay

Place	No.	Athlete	Club	Mark
1	976		Kilkenny City Harriers	44.36
2	973		Ferrybank	44.62
3	974		Tallaght	44.86
4	975		Sli Cualann	45.02
5	978		Olympian	47.43
6	977		Waterford A.C	49.61

1500m

Place	No.	Athlete	Club	Time
1	976	Eoin Everard	Kilkenny City Harriers	4.04.17
2	974	Thomas Fitzpatrick	Tallaght	4.06.46
3	973	Patrick Hogan	Ferrybank	4.13.85
4	975	Jonathon Phillips	Sli Cualann	4.24.32
5	978	Martin Dunlop	Olympian	4.38.96
6	977	Jim Baiwin	Waterford A.C	4.40.87

400m

Place	No.	Athlete	Club	Time
1	973	Niall Tuohy	Ferrybank	48.62
2	976	Eoin Everard	Kilkenny City Harriers	No Time
3	974	Eddie Healy	Tallaght	52.49
4	975	Cormac Hanlon	Sli Cualann	54.17
5	978	Ciaran Mc Keever	Olympian	No Time
6	977	Pat Breen	Waterford A.C	58.45

3000m Steeplechase

Place	No.	Athlete	Club	Time
1	973	Alex Flynn	Ferrybank	10.10.33
2	975	Ryan Montgomery	Sli Cualann	10.45.81
3	974	Luke Coleman	Tallaght	11.30.93
4	977	Malachy Mc Glynn	Waterford A.C	13.24.84

200m

Place	No.	Athlete	Club	Time
1	973	Chris Russell	Ferrybank	21.84
2	975	Darragh Graham	Sli Cualann	22.05
3	976	Eoin Muldowney	Kilkenny City Harriers	23.09
4	977	Brendan Leahy	Waterford A.C	23.70
5	974	Chris Bolger	Tallaght	24.23
6	978	John Coyle	Olympian	24.42

1911

Kenny Elliott	Guest NDAC	26.17
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800m

Place	No.	Athlete	Club	Time
1	974	Anthony Leighio	Tallaght	1.54.56
2	973	Patrick Flynn	Ferrybank	2.00.75
3	975	Richard Owens	Sli Cualann	2.06.05
4	976	Ian Boland	Kilkenny City Harriers	2.13.12
5	977	Keith Egan	Waterford A.C	2.22.62
6	978	Eoin Mc Dermot	Olympian	2.24.21
		Ian Conroy	Guest Raheny	2.03.34
		James Kelly	Guest	2.11.52
		Sean Fitzpatrick	Guest Fr Murphys	2.13.34
			GuestTallaght	2.19.47

5000m

Place	No.	Athlete	Club	Time
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Division 1 Women

100m Hurdles

Place	No.	Athlete	Club	Time
1	988	Sandra Lawler	Kildare County	14.96
2	985	Shauna Furman	Clonliffe Harriers	16.13
3	990	Laura Boylan	Sli Cualann	17.39
4	986	Zoe Brown	Raheny Shamrocks	17.55
5	987	Sinead Moloney	Wexford County	18.45
6	989	Jacinta Power	Waterford A.C	22.01

1906

Mairead Murphy	Guest UCD	14.05
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1500m Walk

Place	No.	Athlete	Club	Time
1	987	Emma Farrell	Wexford County	7.57.33
2	990	Amy Mooney	Sli Cualann	8.52.80
3	988	Aoife Sheehy	Kildare County	9.12.67
4	989	Cait Caulfield	Waterford A.C	9.23.12
5	991	Jenny O'Connor	Tallaght	10.10.32
6	986	Kayla Flynn	Raheny Shamrocks	10.38.41
7	985	Kate Purcell	Clonliffe Harriers	10.55.22

400m Hurdles

Place	No.	Athlete	Club	Distance
1	985	Sarah Woods	Clonliffe Harriers	70.10
2	990	Laura Boylan	Sli Cualann	72.73
3	988	Cera Nolan	Kildare County	75.46
4	987	Catriona Corcoran	Wexford County	78.64
5	989	Jacinta Power	Waterford A.C	88.72

4*100m Relay

Place	No.	Athlete	Club	Time
1	988		Kildare County	49.36
2	985		Clonliffe Harriers	49.59
3	986		Raheny Shamrocks	51.03
4	987		Wexford County	51.27
5	990		Sli Cualann	52.50
6	991		Tallaght	56.35
7	989		Waterford A.C	61.98

1500m

Place	No.	Athlete	Club	Time
1	985	Louise Reilly	Clonliffe Harriers	4.49.65
2	990	Niamh Kearney	Sli Cualann	4.59.72
3	986	Sheila Coyle	Raheny Shamrocks	5.03.78
4	988	Emily Milner	Kildare County	5.16.00
5	989	Cait Caulfield	Waterford A.C	5.27.73
6	987	Mary Sinnott	Wexford County	5.58.30
7	991	Bronagh O'Hanlon	Tallaght	6.14.43

400m

Place	No.	Athlete	Club	Time
1	988	Claire Mooney	Kildare County	56.36
2	986	Siobhan Eviston	Raheny Shamrocks	56.73
3	985	Ciara Mc Callian	Clonliffe Harriers	57.91
4	990	Aisling Mc Gee	Sli Cualann	64.10
5	987	Antoinette Stafford	Wexford County	65.03
6	989	Titilope Oladifi	Waterford A.C	72.60
7	991	Bronagh O'Hanlon	Tallaght	75.79

Michelle Rogers

Michelle Rogers	Guest Windsor	58.13
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200m

Place	No.	Athlete	Club	Time
1	985	Leah Moore	Clonliffe Harriers	25.64
2	987	Antoinette Stafford	Wexford County	26.49
3	988	Sophie Ellis	Kildare County	27.35
4	986	Aisling Drumgoole	Raheny Shamrocks	28.14
5	990	Clara Byrne	Sli Cualann	28.77
6	991	Katie Fitzpatrick	Tallaght	29.64

800m

Place	No.	Athlete	Club	Time
1	986	Iseult O'Donnell	Raheny Shamrocks	2.19.83
2	985	Becky Woods	Clonliffe Harriers	2.20.88
3	990	Ellie Hartnett	Sli Cualann	2.22.90
4	988	Aislinn Hurlley	Kildare County	2.35.96
5	991	Paula Murray	Tallaght	2.40.35
6	987	Mary Sinnott	Wexford County	2.57.56
7	989	Suzanna Dullaghan	Waterford A.C	3.00.19
		Clare Earls	Guest Sli Cualann	2.23.48

3000m

Place	No.	Athlete	Club	Time
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1	976	Brian Maher	Kilkenny City Harriers	15.23.9	1	986	Lorraine Manning	Raheny Shamrocks	10.14.83
2	974	Brian Connolly	Tallaght	16.24.2	2	985	Emma Cooper	Clonliffe Harriers	10.52.51
3	973	Graham Power	Ferrybank	16.28.2	3	990	Tara Jameson	Sli Cualann	11.03.98
4	977	Jim Baldwin	Waterford A.C	17.43.2	4	991	Jackie Boyle	Tallaght	11.29.57
5	978	Shaun Deery	Olympian	20.34.5	5	988	Chloe Abbott	Kildare County	12.29.26
					6	989	Suzanna Dullaghan	Waterford A.C	12.50.54
					7	987	Jennifer Higgins	Wexford County	12.59.26

100m					100m				
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
1	976	Jonathon Holmes	Kilkenny City Harriers		1	985	Leah Moore	Clonliffe Harriers	12.0H
2	973	Chris Russell	Ferrybank		2	988	Sophie Ellis	Kildare County	12.8H
3	975	Darragh Graham	Sli Cualann		3	987	Denise Wickham	Wexford County	13.2H
4	977	Brendan Leahy	Waterford A.C		4	990	Caoimhe Basquille	Sli Cualann	13.6H
5	974	Sean Morris	Tallaght		5	991	Katie Fitzpatrick	Tallaght	13.9H
					6	986	Siobhan Kenny	Raheny Shamrocks	14.8H
					7	989	Emma Brent	Waterford A.C	16.2H

4*400m					4*400m				
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
1			Ferrybank	3.27.1H	1	990		Sli Cualann	4.11.1 H
2			Tallaght	3.31.9H	2	988		Kildare County	4.11.9 H
3			Sli Cualann	3.34.7H	3	986		Raheny Shamrocks	4.14.2 H
4			Kilkenny City Harriers	3.45.5H	4	991		Tallaght	4.48.7 H
5			Olympian	3.47.4H					
6			Waterford A.C	3.54.7H					

Hammer					Hammer					
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance	
			Guest Ferrybank B	3.35.7H				Catherine Mc Manus	Guest Celtic DCH	12.3H
1	974	Killian O Donoghue	Tallaght	24.38	1	987	Mary Sutherland	Wexford County	49.62	
2	973	Shane Kenesey	Ferrybank	21.23	2	988	Pauline Kenny	Kildare County	21.91	
3	978	Brendan Quinn	Olympian	19.50	3	986	Anne Buckley	Raheny Shamrocks	14.09	
4	977	Derek Grant	Waterford A.C	12.12	4	989	Deirdre Chapman	Waterford A.C	13.31	
	975	Jack Commons	Sli Cualann Disq		5	990	Aimee Mooney	Sli Cualann	11.89	
		Tomas O Hara	Guest Donore	33.44			Becky Wall	Guest Raheny	32.16	
		Alan Casey	Guest Tallaght	19.89			Aisling Barnwell	Guest Raheny	26.43	

Pole Vault					Pole Vault				
Place	No.	Athlete	Club	Height	Place	No.	Athlete	Club	Height
1	973	Thomas Houlihan	Ferrybank	4.40					
2	976	Cormac Everard	Kilkenny City Harriers	2.60	1	990	Caoimhe Basquille	Sli Cualann	2.30
3	975	Michael Niemczak	Sli Cualann	2.40	2	987	Sinead Moloney	Wexford County	1.90
4	974	Patrick Curran	Tallaght	2.20					
		Anthony Mc Greary	Guest Clonliffe	4.20			Giulia Cazzamani	Guest Sisport	3.50
		Liam Houlihan	Guest West Waterford	3.80					
		Mihai Panthea	Guest Raheny Shamrocks	3.60					

Long Jump					Long Jump				
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1	974	Eddie Healy	Tallaght	6.12	1	987	Antoinette Stafford	Wexford County	5.67
2	978	John Coyle	Olympian	5.91	2	988	Sandra Lawler	Kildare County	5.43
3	973	Stephen Murphy	Ferrybank	5.84	3	985	Snezana Bechtina	Clonliffe Harriers	5.04
4	977	Samuel Simon	Waterford A.C	5.71	4	986	Siobhan Mc Kenny	Raheny Shamrocks	4.12
5	976	David Mc Geary	Kilkenny City Harriers	5.67	5	990	Ellie Hartnett	Sli Cualann	3.99
6	975	Eamon Whelan	Sli Cualann	4.68	6	991	Emma Moran	Tallaght	3.86
					7	989	Emma Brent	Waterford A.C	3.59

Discus					Discus				
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1	975	Ronan Kearney	Sli Cualann	34.23	1	987	Emma Owens	Wexford County	27.05
2	973	Shane Kennedy	Ferrybank	29.16	2	988	Pauline Kenny	Kildare County	22.31
3	976	Austin Lee	Kilkenny City Harriers	28.79	3	991	Yvonne Healy	Tallaght	21.26
4	978	Brendan Quinn	Olympian	27.53	4	985	Denise Byrne	Clonliffe Harriers	17.55
5	977	Pat Breen	Waterford A.C	23.99	5	989	Titilope Oladifi	Waterford A.C	14.67
6	974	Alan Casey	Tallaght	22.83	6	986	Molly Giblin	Raheny Shamrocks	14.26
					7	990	Aisling Mc Gee	Sli Cualann	10.79
		Dave Sweeney	Guest	38.54			Aisling Barnwell	Guest Raheny Shamrocks	22.54
		Michael Glassowsky	Guest Tallaght	28.36			Gemma Mc Anirn	Guest North Down	26.97

High Jump					High Jump				
Place	No.	Athlete	Club	Height	Place	No.	Athlete	Club	Height
1	973	Andrew Heffernan	Ferrybank	1.75	1	985	Ange Lidaova	Clonliffe Harriers	1.60
2	974	Alan Casey	Tallaght	1.70	2	986	Helen Buckley	Raheny Shamrocks	1.55
3	977	Laurence Houlihan	Waterford A.C	1.70	3	990	Caoimhe Basquille	Sli Cualann	1.55
4	975	Eamon Whelan	Sli Cualann	1.55	4	987	Catriona Corcoran	Wexford County	1.50
5	976	Michael Lanigan	Kilkenny City Harriers	1.50	5	989	Jacinta Power	Waterford A.C	1.15
6	978	Ciaran Mc Keever	Olympian	1.40					

Shot Putt					Shot Putt				
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1	974	Michael Glassowsky	Tallaght	12.39	1	987	Clara Mc Guinness	Wexford County	10.17
2	975	Dave Sweeney	Sli Cualann	10.93	2	988	Evelyn Morris	Kildare County	8.46
3	976	Peter Walsh	Kilkenny City Harriers	10.57	3	985	Ange Lidaova	Clonliffe Harriers	8.45
4	978	Lee Barlow	Olympian	9.98	4	991	Yvonne Healy	Tallaght	7.19
5	973	Chris Russell	Ferrybank	7.73	5	989	Deirdre Chapman	Waterford A.C	7.16
6	977	Paul Connolly	Waterford A.C	5.72	6	990	Laura Boylan	Sli Cualann	5.96
		Joe Nagle	Guest Leevale	10.50	7	986	Adrienne Moore	Raheny Shamrocks	5.93
							Louise Brent	Guest Waterford A.C	9.04

Javelin					Javelin				
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1	978	Lee Barlow	Olympian	40.80	1	985	Denise Byrne	Clonliffe Harriers	35.05
2	973	Sean Whelan	Ferrybank	38.44	2	986	Helen Buckley	Raheny Shamrocks	30.68
3	975	Dave Sweeney	Sli Cualann	37.68	3	990	Niamh Kearney	Sli Cualann	25.23
4	974	Sean Morris	Tallaght	34.28	4	987	Clara Mc Guinness	Wexford County	23.93
5	976	David Mc Geary	Kilkenny City Harriers	28.37	5	991	Paula Murray	Tallaght	20.17

6	977	Paul Connolly	Waterford A.C	21.39	6	989	Louise Brent	Waterford A.C	17.76
					7	988	Evelyn Morris	Kildare County	12.55

Triple Jump				Triple Jump					
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1	973	Sean Archer	Ferrybank	12.58					
2	976	Cormac Everard	Kilkenny City Harriers	11.79	1	988	Fiona Hill	Kildare County	10.67
3	978	John Coyle	Olympian	11.33	2	987	Denise Wickham	Wexford County	9.08
4	975	Cormac Hanlon	Sli Cualann	10.75	3	990	Clara Byrne	Sli Cualann	8.28
					4	989	Louise Brent	Waterford A.C	7.68

56lb Weight for Distance				
Place	No.	Athlete	Club	Distance
1	975	Darragh Graham	Sli Cualann	5.18
2	974	Michael Glassowsky	Tallaght	5.16
3	976	Peter Walsh	Kilkenny City Harriers	5.13
4	973	Pat Kennedy	Ferrybank	4.21
5	978	Martin O'Donnell	Olympian	4.19
6	977	Derek Grant	Waterford A.C	2.96
		Ger Nagle	Guest Leevale	4.95

Individual Results Round 2 Athlone 18th July 2010

Division 1 Men

110m Hurdles			
Place	Athlete	Club	Time
1	Emanuel Sabayo	Limerick County	16.93
2	Ger Cremin	An Ríocht	17.07
3	William Finnegan	Craughwell	18.70
4	Ashley Henry	Sligo County	19.20

3000m Walk			
Place	Athlete	Club	Time
1	Martin Conroy	Sligo County	17.59.25

400m Hurdles			
Place	Athlete	Club	Time
1	Anthony Hebron	Galway City Harriers	1.00.90
2	Emmett Dunleavy	Sligo County	1.02.47
3	Ger Cremin	An Ríocht	1.03.59
4	William Finnegan	Craughwell	1.07.64
5	Michael Keane	Clare County	1.17.12

4*100m Relay			
Place	Athlete	Club	Time
1		Limerick County	45.35
2		Sligo County	46.54
3		Clare County	47.01
4		Craughwell	48.32

1500m			
Place	Athlete	Club	Time
1	Pat McCartan	Limerick County	3.56.81
2	Tommy Carroll	Sligo County	4.09.19
3	Brian McGinley	Clare County	4.11.38
4	Joe O'Donnell	Galway City Harriers	4.17.99
5	Peter O'Sullivan	Craughwell	4.21.02
6	Tim O'Connor	An Ríocht	4.29.41

400m			
Place	Athlete	Club	Time
1	Ciaran Collins	Sligo County	49.76
2	Zulton Gyomber	Limerick County	49.93
3	Michael Keane	Clare County	52.90
4	Cormac McDonnell	Galway City Harriers	54.35
5	Ger Crossan	Craughwell	54.90
6	Thomas Bradley	An Ríocht	56.64

3000m Steeplechase			
Place	Athlete	Club	Time
	Andy Kidd	DSD Guest	51.89
1	Emmett Dunleavy	Sligo County	9.27.34
2	Brian McGinley	Clare County	9.56.53
3	Joe O'Connor	An Ríocht	10.27.83
4	Peter O'Sullivan	Craughwell	10.35.66

200m			
Place	Athlete	Club	Time
1	Mark Boland	Clare County	23.63
2	Ronan Kelly	Galway City Harriers	23.89
3	Gary Hynes	Sligo County	24.24
4	Shane Fitzgerald	Limerick County	24.81

800m			
Place	Athlete	Club	Time
1	Pat McCartan	Limerick County	1.57.12
2	Keith Farrell	Galway City Harriers	1.57.40
3	Tommy Casey	Sligo County	1.57.92
4	Darragh Lynch	Clare County	2.05.62
5	Tim O'Connor	An Ríocht	2.10.27

Division 1 Women

100m Hurdles			
Place	Athlete	Club	Time
1	Lisa Houlahan	West Waterford	15.82
2	Sarah Finnegan	Galway County	17.50
3	Emma Gee	City of Derry	18.37
4	Ciara Barrett	Limerick County	19.10

1500m Walk			
Place	Athlete	Club	Time
1	Maeve Curley	Galway County	6.51.43
2	Georgina Toughey	Tullamore	7.46.70
3	Triona Wall	West Waterford	9.13.98
4	Tracey Roche	Limerick County	10.15.22
5	Grainne Kearns	City of Derry	11.36.84

400m Hurdles			
Place	Athlete	Club	Distance
1	Rachel Finnegan	Galway County	1.12.31
2	Nicola Hayes	Menapians	1.14.10
3	Ciara Barrett	Limerick County	1.15.21
4	Emma Gee	City of Derry	1.19.02
5	Claire Collins	West Waterford	1.23.08

4*100m Relay			
Place	Athlete	Club	Time
1		Menapians	52.66
2		Limerick County	52.75
3		City Of Derry	52.76
4		Galway County	53.91
5		Tullamore	54.16
6		West Waterford	56.75

1500m			
Place	Athlete	Club	Time
1	Orla Drumm	Limerick County	4.51.86
2	Pauline Curley	Tullamore	4.54.61
3	Amy McDaid	City of Derry	5.08.08
4	rma Wall	West Waterford	5.09.71
5	Claire Burke	Galway County	5.52.99

400m			
Place	Athlete	Club	Time
1	Tara Hession	Galway County	61.05
2	Niamh McNamara	Tullamore	63.61
3	Cheryl Stanley	Menapians	65.24
4	Rebecca McLaughlin	City of Derry	65.92

200m			
Place	Athlete	Club	Time
1	Anna Barr	City of Derry	26.49
2	Francesca Reville	Menapians	27.15
3	Lauren Dunne	Tullamore	27.82
4	Claire Morrissey	West Waterford	28.76
5	Marie Sheean	Limerick County	29.19
6	Amy Roughan	Galway County	29.44

800m			
Place	Athlete	Club	Time
1	Orla Drumm	Limerick County	2.17.77
2	Juliann Harrington	Galway County	2.24.91
3	Pauline Curley	Tullamore	2.25.96
4	Hannah McGowan	City of Derry	2.32.95
5	Cheryl Stanley	Menapians	2.53.10

6		Craughwell	2.17.73	6	Triona Wall	West Waterford	3.01.79
		Teviceehize Nemero Donore Guest	2.07.96				

5000m				3000m			
Place	Athlete	Club	Time	Place	Athlete	Club	Time
1	Matthew Bidwell	Galway City Harriers	15.27.90	1	Liz Cuskilly	Tullamore	10.41.84
2	Martin Conroy	Sligo County	15.37.02	2	rma Wall	West Waterford	11.03.46
3	Brian Murphy	Clare County	15.50.26	3	Jackie McGinley	City of Derry	11.21.69
4	James Doran	An Ríocht	16.12.04	4	Shannen Ryan	Limerick County	11.27.22
5	Jason Broderick	Craughwell	16.22.56				

100m				100m			
Place	Athlete	Club	Time	Place	Athlete	Club	Time
1	Niall Counihan	Limerick County	11.78	1	Jane Dickenson	Limerick County	12.65
2	Mark Boland	Clare County	11.85	2	Anna Barr	City of Derry	12.89
3	Ben Cooney	Galway City Harriers	12.00	3	Francesa Reville	Menapians	13.03
4	Kevin McGlynn	Sligo County	12.08	4	Lauren Dunne	Tullamore	13.26
5	Thomas Keehan	Craughwell	12.47	5	Claire Morrissey	West Waterford	13.74
	John Crowley	Guest - DSD	11.26	6	Amy Roughan	Galway County	14.15
	Clive Kennington	Guest - Menapians	11.45				

4*400m				4*400m			
Place	Athlete	Club	Time	Place	Athlete	Club	Time
1		Sligo County	3.26.52	1		City of Derry	4.20.39
2		Limerick County	3.30.73	2		Galway County	4.26.90
3		Galway City Harriers	3.34.54	3		Limerick County	4.30.51
4		Clare County	3.37.75	4		Tullamore	4.34.72
				5		West Waterford	5.00.70
				6		Menapians	5.04.04

Hammer				Hammer			
Place	Athlete	Club	Distance	Place	Athlete	Club	Distance
1	Shane Hand	An Ríocht	40.02	1	Maggie Donnelly	City of Derry	43.12
2	Stephen Reynolds	Sligo County	32.90	2	Michelle Kenneally	West Waterford	39.48
3	Dave Fratterolie	Limerick County	22.54	3	Lisa Dolan	Tullamore	27.96
4	Brian McGee	Craughwell	18.13	4	Nicola Monaghan	Galway County	18.72
	Eamon Watters	Guest Craughwell	22.10				
	John Molloy	Guest Sligo	31.94				

Pole Vault				Pole Vault			
Place	Athlete	Club	Height	Place	Athlete	Club	Height
				1	Lisa Houlahan	West Waterford	3.05

Long Jump				Long Jump			
Place	Athlete	Club	Distance	Place	Athlete	Club	Distance
1	Lurga Bulman	Clare County	6.00	1	Janelle McGurk	City of Derry	4.86
2	Simon Callaghan	Galway City Harriers	5.91	2	Claire McNamara	Galway County	4.76
3	William Finnegan	Craughwell	5.85	3	Francesa Reville	Menapians	4.67
4	Nathan Jage	Limerick County	5.79	4	Claire Morrissey	West Waterford	4.49
5	David Burke	Sligo County	5.44	5	Ciara Barrett	Limerick County	4.20
6	Ger Cremin	An Ríocht	5.18	6	Eimear Brennan	Tullamore	3.94
					T Mullaney	Guest	4.45

Discus				Discus			
Place	Athlete	Club	Distance	Place	Athlete	Club	Distance
1	Eanna O'Cathain	Galway City Harriers	37.73	1	Eadaoin Ashe	West Waterford	30.47
2	Eamonn Waters	Craughwell	25.70	2	Kelly Cunningham	Tullamore	27.81
3	Keith King	Clare County	25.06	3	Aoife O'Malley	Limerick County	25.55
4	Stephen Reynolds	Sligo County	24.06	4	Melissa Barrett	Galway County	22.41
5	Shane Hand	An Ríocht	20.19	5	Maggie Donnelly	City of Derry	21.80
6	Simon Hogan	Limerick County	12.85	6	Nicola Hayes	Menapians	20.39
	John Molloy	Guest Sligo	27.12		Nicola Monaghan	Guest	22.19
					Zoe Scanlon	Guest West Waterford	35.59

High Jump				High Jump			
Place	Athlete	Club	Height	Place	Athlete	Club	Height
1	Igor Muntean	Galway City Harriers	1.95	1	Claire Collins	West Waterford	1.60
2	Keith King	Clare County	1.75	2	Claire McNamara	Galway County	1.55
3	Thomas Keenan	Craughwell	1.70	3	Janelle McGurk	City of Derry	1.45
4	Emanuel Zabayo	Limerick County	1.60	4	Maria Sheehan	Limerick County	0.90
	Neil Ronan	Guest - Craughwell	1.65		Sorcha Murphy	Guest Galway County	1.45
					Sinead Twohig	Guest Galway County	1.50
					Cheryl Stanley	Guest City of Derry	1.20

Shot Putt				Shot Putt			
Place	Athlete	Club	Distance	Place	Athlete	Club	Distance
1	Sean Breathnach	Galway City Harriers	15.42	1	Zoe Scanlon	West Waterford	10.61
2	Eamonn Waters	Craughwell	10.67	2	Alanna Fratarollie	Limerick County	9.91
3	Dave Fratterolie	Limerick County	10.55	3	Nicola Monaghan	Galway County	7.90
4	Anthony Greaney	An Ríocht	10.38	4	Kelly Cunningham	Tullamore	7.65
5	John Molloy	Sligo County	10.24	5	Danea Herron	City of Derry	7.54
	Stephen Reynolds	Guest Sligo County	8.82	6	Cate Wilson	Menapians	6.01
	Eanna O' Cathain	Galway	10.46				

Javelin				Javelin			
Place	Athlete	Club	Distance	Place	Athlete	Club	Distance
1	Sean Breathnach	Galway City Harriers	45.96	1	Zoe Scanlon	West Waterford	29.77
2	Lurga Bulman	Clare County	42.07	2	Alanna Fratarollie	Limerick County	27.96
3	Tony Nevin	Craughwell	31.31	3	Danea Herron	City of Derry	24.46
4	Zoltan Gyomber	Limerick County	30.30	4	Melissa Barrett	Galway County	23.79
	Kourosh Foroughi	Guest Meath	45.65	5	Lisa Dolan	Tullamore	18.96
	Dara Ryan	Guest Newport	39.38	6	Cate Wilson	Menapians	11.24
	Andrew Doyle	Guest City of Derry	38.00				
	Andrew Connick	Guest Menapians	31.76				

Triple Jump Triple Jump

Place	Athlete	Club	Distance	Place	Athlete	Club	Distance
1	Niall Counihan	Limerick County	12.67		Jamie Herron	City of Derry	10.99
2	Niall Rooney	Craughwell	11.77		Lisa Houlahan	West Waterford	10.53
3	Kevin Dooley	Galway City Harriers	11.62		Sarah Finnegan	Galway County	10.19
4	Colm Bourke	Sligo County	9.52		Nicola Hayes	Menapians	9.23
					Eimear Brennan	Tullamore	8.99
					Aoife O'Malley	Limerick County	8.94
					Rachel Finnegan	Guest Graughwell	9.20
56lb Weight for Distance							
Place	Athlete	Club	Distance				
1	Anthony Greaney	An Riocht	6.58				
2	Eanna O'Cathain	Galway City Harriers	5.60				
3	John Molloy	Sligo County	5.40				
4	Brian McGee	Craughwell	3.37				
5	Simon Hogan	Limerick County	2.78				
6	Michael Keane	Clare County	2.41				
	Eamon Watters	Guest	5.45				
	Stephen Reynolds	Guest	4.58				
	Shane Hand	Guest	4.82				
	Kourosh Foroughi	Guest Meath	4.15				

Individual Results Round 2 Santry 18th July 2010

Premier Men

110m Hurdles			
Place	No.	Athlete	Time
1	965	Daniel Kavanagh	15.34
2	968	Peter Shallow	16.06
3	969	Brian Flatley	16.26
4	966	Eoin Kelly	16.36
5	971	Edmund O Halloran	17.01
6	970	Darren Hardy	17.06
	1902	Conor Mc Crossan	16.64

Premier Women

100m Hurdles			
Place	No.	Athlete	Time
1	980	Jessie Barr	14.90
2	982	Sophie Heinsch	15.54
3	981	Katie Hewitt	16.79
4	983	Laura Langton	17.37
5	979	Claire Wilkinson	21.00

3000m Walk			
Place	No.	Athlete	Time
1		James Treanor	13.52.01
2		Fintan Kieran	17.27.84
3		James Mahon	17.58.53
4		D. Moran	19.18.65

1500m Walk			
Place	No.	Athlete	Time
1	983	Sinead Foley	9.59.74
2	980	Sally Murphy	10.58.72
3	982	April Philpott	11.01.46

400m Hurdles			
Place	No.	Athlete	Time
1	965	John Fagan	53.95
2	969	James Ruxton	54.25
3	966	Paul Byrne	56.00
4	968	Phelim Kelly	57.52
5	970	Darren Hardy	57.65
6	971	Denis Finnegan	58.44
7	967	Kenny Elliott	63.53
8	972	Tom Mc Gimsey	68.13

400m Hurdles			
Place	No.	Athlete	Time
1		Jessie Barr	62.02
2		Catrina Cuddihy	64.74
3		Niamh Cremin	67.66
4		Katie Hewitt	68.93
5		Maeve Keenan	76.98
		Nessa Millet	68.85

4*100m Relay			
Place	No.	Athlete	Time
1	971		42.83
2	968		43.07
3	965		43.61
4	967		43.76
5	970		43.96
6	969		44.51
7	966		45.74
8	972		51.35

4*100m Relay			
Place	No.	Athlete	Time
1			48.23
2			48.41
3			49.05
4			50.70
			DQ

1500m			
Place	No.	Athlete	Time
1	968	Dara Birmingham	4.05.19
2	965	D. Fitzmaurice	4.06.20
3	967	Jordan Stokes	4.15.28
4	972	Ronan Kearns	4.15.34
5	971	Graham O Riordan	4.15.46
6	970	Jarleigh Falls	4.20.78
7	966	Brian Kelly	4.37.54
8	969	Michael Muldoon	5.19.51
	1920	James Budde	4.11.59
	1925	Fergal Ellis	4.16.48
	1921	Thomas Hayes	4.18.80
	1917	Frances March	4.19.07
	1932	Cormac Fitzpatrick	4.30.84

1500m			
Place	No.	Athlete	Time
1		Kitty Walsh	5.08.65
2		Caoilte Malone	5.19.29
		Sinead Cronin	5.13.47
		Adelle Walsh	5.14.70

400m			
Place	No.	Athlete	Time
1	968	Ciaran Kelly	48.35
2	969	Craig Lynch	49.30
3	971	Cathal Owens	49.78
4	966	Richard Agheokye	50.94
5	970	Gareth Hill	51.65
6	967	Adam Mc Comb	52.44
7	972	Tom Mc Gimsey	59.04

400m			
Place	No.	Athlete	Time
1		Jessica Zebo	58.85
2		Megan Kiely	59.53
3		Mary Kate Lannigan	62.13
4		C. J. Mc Donald	66.82
5		Natalie Steele	78.81

3000m Steeplechase			
Place	No.	Athlete	Time
1	968	Mark Kirwin	9.25.46

		Marian Heffernan	Guest Togher	54.41
		Ciara Everard	Guest UCD	57.87
		Roisin Anglim	Guest Fingallians	58.42

2	965 D. Flynn	Clonliffe Harriers	9.45.07
3	966 Stephen Lawlor	St Abbans	10.25.03
4	967 Brian Barron	North Down	10.59.64
5	970 Ian Barrett	Ballymena & Antrim	11.10.48
6	972 Gary Park	Crusaders	11.57.01
7	971 Stephen Walter	Leevale	12.13.68

200m			
Place	No.	Athlete	Time
1	971	David Quilligan	22.63
2	970	Dean Adams	22.94
3	965	John Laffey	23.21
4	966	Richard Agheokye	23.43
5	967	Kenny Elliott	23.54
5	968	Mick Hynes	23.54
7	969	James Ruxton	23.76
8	972	Pat Saunders	25.02

200m			
Place	No.	Athlete	Time
1	Jo Patterson	Ballymena & Antrim	25.08
2	Catriona Cuddihy	Kilkenny City Harriers	25.70
3	Louise Mc Ardle	Leevale	27.03
4	April Flynn	Ferrybank	28.12
5	Cyndie Mc Cullough	North Down	DQ

800m			
Place	No.	Athlete	Time
1	972	Alan O Brian	1.54.94
2	968	Gavin O Sullivan	1.55.70
3	966	Brian Kelly	1.57.26
4	967	Naill Robinson	1.58.42
5	965	B. Paine	2.00.29
6	971	Shane Murray	2.04.26
7	970	Patrick Mc Cann	2.12.27
8	969	James Treanor	2.25.91
		Sean Fitzpatrick	2.03.72
		Glen Willis	2.07.38

800m			
Place	No.	Athlete	Time
1	Kitty Walsh	Ferrybank	2.27.44
2	Caolte Malone	Kilkenny City Harriers	2.40.38
3	Christine Murray	Ballymena & Antrim	2.44.22
4	Roisin Howard	Leevale	2.50.91
5	Gemma Mc Anrim	North Down	3.03.14
		Niamh Roe	2.26.44
		Guest Eagle	

5000m			
Place	No.	Athlete	Time
1	968	Richard Corcoran	15.17.0
2	970	Jarleth Falls	15.24.4
3	971	Thomas Maunsell	15.36.6
4	967	Robin Brown	15.59.1
5	965	E Mc Cann	16.49.7
6	969	Paul Fitzpatrick	16.55.8

3000m			
Place	No.	Athlete	Time
1	Patricia Barry	Ferrybank	11.03.98
2	Roberta Dornan	North Down	11.13.70
3	Christine Murray	Ballymena & Antrim	12.19.55
		Una Britton	10.54.02
		Guest Sli Cualann	

100m			
Place	No.	Athlete	Time
1	Dean Adams	Ballymena & Antrim	10.8H
2	Daniel Kavanagh	Clonliffe Harriers	11.1H
3	David Killeen	Leevale	11.3H
4	Jamie Davis	Raheny Shamrocks	11.6H
5	Craig Lynch	Shercock	12.0H
6	Robin Brown	North Down	12.5H
7	Pat Saunders	Crusaders	
		-7 Conor Coleman	12.6H
		-8 Kenny Elliott	12.8H

100m			
Place	No.	Athlete	Time
1	Jo Patterson	Ballymena & Antrim	12.2H
2	Louise Holmes	Kilkenny City Harriers	12.5H
4	Sophie Heinsch	Leevale	13.2H
5	Nicola Power	Ferrybank	13.6H
6	Sara Semeraro	North Down	14.1H
3	Louise Kiernan	Guest Fingallians	12.8H

4*400m			
Place	No.	Athlete	Time
1	968	Raheny Shamrocks	3.21.0 H
2	971	Leevale	3.24.8 H
3	965	Clonliffe Harriers	3.26.7 H
4	967	North Down	3.27.5 H
5	966	St Abbans	3.30.9 H
6	970	Ballymena & Antrim	3.31.6 H

4*400m			
Place	No.	Athlete	Time
1	Leevale		4.00.4 H
2	Ferrybank		4.02.9 H
3	Kilkenny City Harriers		4.08.1 H
4	Ballymena & Antrim		4.22.9 H
5	North Down		4.36.5 H

Hammer			
Place	No.	Athlete	Distance
1	965	Martin Hunt	54.83
2	972	Ciaran Dunnyell	50.58
3	969	Hugh Fitzpatrick	39.77
4	971	Paul Hazler	39.10
5	966	Aidan Kelly	36.57
6	967	Kenny Elliott	15.62
7	970	Dougie Thom	15.38

Hammer			
Place	No.	Athlete	Distance
1	Aoife Hickey	Kilkenny City Harriers	55.07
2	Cara Kennedy	Ferrybank	53.57
3	Melissa Free	North Down	31.69
4	Maeve Keenan	Ballymena & Antrim	12.18

Pole Vault			
Place	No.	Athlete	Height
1	965	David Donegan	4.75
2	968	Stuart Greene	4.00
3	969	Brian Flatley	3.80
4	966	Paul Byrne	2.60
5	970	David Killeen	2.40

Pole Vault			
Place	No.	Athlete	Height
1	Claire Wilkinson	Ballymena & Antrim	3.30
2	Sarah Ryan	Leevale	2.70

Long Jump			
Place	No.	Athlete	Distance
		971 David Quilligan	7.18
		966 Eoin Kelly	6.49
		967 Tom Reynolds	6.44
		970 Matthew Taggart	6.28
		969 Richard Tsang	6.08
		968 Jack Connolly	6.05
		965 Conor Coleman	5.52
		972 Gary Park	3.68

Long Jump			
Place	No.	Athlete	Distance
1	Kelly Proper	Ferrybank	6.29
2	Katey Byrd	Leevale	5.02
3	Rachel Healy	Ballymena & Antrim	4.84
4	Laura Loughlin	North Down	4.52
5	Aoife Corcoran	Kilkenny City Harriers	4.29

		Ciaran Mc Keever	Guest Olympian	5.61
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Discus

Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1	965	Thomas Rauktys	Clonliffe Harriers	50.35	1	Deirdre Murphy	Leevale	43.22	
2	971	Paul Hazler	Leevale	41.22	2	Jade Power	Ferrybank	30.90	
3	967	Peter Glass	North Down	36.51	3	Teresa Conlon	Kilkenny City Harriers	29.05	
4	969	Matthew O Reilly	Shercock	35.72	4	Melissa Free	North Down	24.65	
5	966	Aidan Kelly	St Abbans	32.14	5	C.J. Mc Donald	Ballymena & Antrim	16.08	
6	972	Phil Conway	Crusaders	30.61					
7	970	Darren Hardy	Ballymena & Antrim	23.38					
8	968	Jack Connolly	Raheny Shamrocks	19.30					

High Jump

Place	No.	Athlete	Club	Height	Place	No.	Athlete	Club	Height
1	966	Barry Pender	St Abbans	2.00	1	Mary Kate Lanigan	Kilkenny City Harriers	1.65	
2	967	Ben Reynolds	North Down	2.00	2	Sorcha Murphy	Ferrybank	1.65	
3	965	Marcin Klincosz	Clonliffe Harriers	1.95	3	Claire Wilkinson	Ballymena & Antrim	1.60	
3	969	Brian Flately	Shercock	1.95	4	Roisin Howard	Leevale	1.50	
5	968	James Buckley	Raheny Shamrocks	1.65	5	Katie Hewitt	North Down	1.45	
6	970	John Houston	Ballymena & Antrim	1.60					
7	972	Ronan Kerins	Crusaders	1.45		Maeve Keenan	Guest Ballymena & Antrim	1.50	

Shot Putt

Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1	965	Luke Mangan	Clonliffe Harriers	14.06	1	Deirdre Murphy	Leevale	11.58	
2	972	Shane Lynch	Crusaders	12.62	2	Laura Kerr	Ballymena & Antrim	11.02	
3	967	Peter Glass	North Down	12.20	3	Cara Kennedy	Ferrybank	10.87	
4	971	Dave Tierney	Leevale	11.81	4	Teresa Conlon	Kilkenny City Harriers	8.93	
5	969	Matthew Reilly	Shercock	11.12	5	Gemma Mc Antrim	North Down	7.73	
6	966	Willie Kelly	St Abbans	10.35					
7	970	John Houston	Ballymena & Antrim	8.92					

Javelin

Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1	965	Paul Marry	Clonliffe Harriers	50.63	1	Laura Kerr	Ballymena & Antrim	39.19	
2	967	Tom Reynolds	North Down	46.43	2	Sarah Ryan	Leevale	25.53	
3	969	Albinas Kiltinavicius	Shercock	42.05	3	Jade Power	Ferrybank	22.53	
4	966	Barry Pender	St Abbans	37.22	4	Louise Holmes	Kilkenny City Harriers	12.01	
5	971	Brian Hayes	Leevale	34.64					
6	968	James Buckley	Raheny Shamrocks	34.34		Cyndie Mc Culough	North Down	DQ	
7	970	Dougie Thom	Ballymena & Antrim	33.59					
8	972	Gary Park	Crusaders	21.29					

Triple Jump

Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1	966	Eoin Kelly	St Abbans	14.71	1	Nicola Power	Ferrybank	10.81	
2	971	Denis Finnegan	Leevale	14.51	2	Hannah Todd	Ballymena & Antrim	10.57	
3	965	Thomas Dorina	Clonliffe Harriers	13.21	3	Laura Loughlin	North Down	10.52	
4	970	Matthew Taggart	Ballymena & Antrim	12.83	4	Katey Byrd	Leevale	10.11	
5	972	Pat Saunders	Crusaders	12.42	5	Aoife Corcoran	Kilkenny City Harriers	8.96	
6	969	Richard Tsang	Shercock	12.29					
7	968	Nick Davis	Raheny Shamrocks	11.72					
8	967	Adam Mc Comb	North Down	10.67					

56lb Weight for Distance

Place	No.	Athlete	Club	Distance
1	965	T. Ranktys	Clonliffe Harriers	7.86
2	971	Dave Tierney	Leevale	7.58
3	966	Willie Kelly	St Abbans	6.21
4	969	Hugh Fitzpatrick	Shercock	5.69
5	968	Derek Mc Carthy	Raheny Shamrocks	5.35
6	967	Steven Glass	North Down	5.21
7	972	Austin Kennedy	Crusaders	5.06

Individual Results Round 2 Athlone 18th July 2010

Premier Men

110m Hurdles		Wind +0.4		
Place	No.	Athlete	Club	Time
1		Adrian Jackman	Menapians	16.90
2		Ben Dennesson	Kerry Athletics	18.12
3		Daniel Reid	City of Derry	21.46

Premier Women

100m Hurdles		Wind 0.0		
Place	No.	Athlete	Club	Time
1	1855	Ailbhe Courtney	Kerry Athletics	16.27
2	953	Avril Dillon	DSD	16.75
3	952	Libby Rose	City of Lisburn	18.21
4	955	Geraldine Stewart	Tir Chonaill	19.71

3000m Walk

Place	No.	Athlete	Club	Time
1		Jimmy McDonald	Menapians	13.12.06
2		Niall Prenderville	Kerry Athletics	13.27.81
3		Dara Furey	City of Derry	20.06.69
4		Larry Rigney	Tullamore	20.06.76

1500m Walk

Place	No.	Athlete	Club	Time
1		Emma Prenderville	Kerry Athletics	6.51.52
2		Emma Doherty	City of Lisburn	6.58.88
3		Maria Costello	Borrisokane	8.42.46
4		Marie Rooney	Tir Chonaill	9.03.81
5		Claire McGlynn	DSD	9.24.67
		Rachel Conlon	Guest - Tuam	8.01.78

400m Hurdles

Place	No.	Athlete	Club	Time
1		Barry Upton	Menapians	53.75
2		Brendan Murphy	City of Lisburn	54.08
3		Jonathan Miller	DSD	54.91
4		Stewart Nolan	Kerry Athletics	60.86
5		Ruairi Heaney	City of Derry	63.57

400m Hurdles

Place	No.	Athlete	Club	Time
1		Ailbhe Courtney	Kerry Athletics	1.07.79
2		Louise Harvey	Tir Chonaill	1.08.11
3		Libby Rose	City of Lisburn	1.09.12
4		Karen Dunne	Meath Athletics	1.11.98
5		Avril Dillon	DSD	1.22.71

4*100m Relay

Place	No.	Athlete	Club	Time
1			DSD	42.06
2			Tullamore	42.30
3			Menapians	43.05
4			Kerry Athletics	44.32
5			City of Derry	46.35

4*100m Relay

Place	No.	Athlete	Club	Time
1			DSD	48.83
2			City of Lisburn	50.36
3			Kerry Athletics	50.98
4			Borrisokane	51.68
5			Tir Chonaill	53.79
6			Meath Athletics	54.12

1500m				1500m					
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
	1	Joseph Sweeney	DSD	3.56.57		1	Michelle Harvey	Tir Chonaill	4.46.62
	2	Andrew Connick	Menapians	4.04.32		2	Siobhan O'Doherty	Borrisokane	4.48.11
	3	Lee Van Haeffen	Donore	4.05.13		3	Bryony Treston	DSD	4.50.52
	4	J. P. Williamson	City of Derry	4.13.38		4	Rachel Gibson	City of Lisburn	5.00.74
	5	Liam Brady	Tullamore	4.18.81		5	Sharon Monaghan	Meath Athletics	5.02.08
	6	Morgan McDonagh	Meath Athletics	4.22.17		6	Mary Fitzgerald	Kerry Athletics	5.05.06
		Mark Dooley	Guest - Donore	4.07.70					
400m				400m					
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
	1	Nicholas Hogan	DSD	49.58		1	Claire Bergin	DSD	55.95
	2	Alan Whelan	Tullamore	50.03		2	Leigh Whiteside	City of Lisburn	57.64
	3	Barry Upton	Menapians	50.69		3	Louise Harvey	Tir Chonaill	61.78
	4	Colm Lynch	Kerry Athletics	50.92		4	Cliona Ryan	Borrisokane	62.44
	5	Robert Whelan	Meath Athletics	52.93		5	Niamh de Hara	Kerry Athletics	63.87
	6	Chris Kelly	Donore	53.31		6	Karen Krean	Meath Athletics	64.46
	7	Ruairi Heaney	City of Derry	58.41					
3000m Steeplechase									
Place	No.	Athlete	Club	Time					
	1	Robert Corbally	DSD	9.34.48					
	2	Dara Furey	City of Derry	11.18.50					
	3	Stephen Walsh	Kerry Athletics	11.38.05					
	4	Richie Faulkner	Tullamore	11.44.94					
	5	Damian Walsh	Menapians	13.05.10					
200m				200m					
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
	1	Gordon Kennedy	Tullamore	22.15		1	Leigh Whiteside	City of Lisburn	25.89
	2	David Hynes	Menapians	22.31		2	Zita Murphy	DSD	26.11
	3	Niall Dunne	Meath Athletics	22.77		3	Eilish Fitzpatrick	Kerry Athletics	26.74
	4	Mark Kavanagh	DSD	22.78		4	Angela Hogan	Borrisokane	27.51
	5	Brendan Murphy	City of Lisburn	22.78		5	Sophie Kennedy	Meath Athletics	29.01
	6	Cian Foley	Kerry Athletics	23.44					
	7	Mark McGarvey	City of Derry	23.87					
	8	Sean O'Broin	Donore	25.50					
800m				800m					
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
	1	Andrew Connick	Menapians	1.57.93		1	Laura Crowe	Kerry Athletics	2.13.0 H
	2	Darragh Rennicks	Meath Athletics	1.58.31		2	Sinead Denny	DSD	2.16.7 H
	3	Pajo Hamilton	City of Derry	1.58.35		3	Michelle Harvey	Tir Chonaill	2.23.4 H
	4	Mark Conway	DSD	1.59.57		4	Rachel Gibson	City of Lisburn	2.25.6 H
	5	Eoin Durkan	Donore	2.01.52		5	Elaine Plunkett	Meath Athletics	2.34.0 H
	6	David Hogan	Kerry Athletics	2.10.34					
	7	Maurice Fitzgerald	Tullamore	2.12.42					
5000m				3000m					
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
	1	Alan McCormick	DSD	15.21.05		1	Hazel Murphy	DSD	9.18.97
	2	Noel Kelly	Tullamore	15.30.22		2	Teresa McGloin	Tir Chonaill	9.55.70
	3	Aaron Doherty	City of Derry	15.34.30		3	Siobhan O'Doherty	Borrisokane	10.08.74
	4	Cian Murphy	Kerry Athletics	15.36.22		4	Orla Timmons	Meath Athletics	10.53.07
	5	Derek Croal	Meath Athletics	16.34.23		5	Anna Maria Costello	Kerry Athletics	10.59.17
	6		Donore	17.33.13		6	Heather McCarnon	City of Lisburn	11.06.49
	7	Fred Bourdin	Menapians	18.01.15					
		Seamus Gilhooley	Guest - Athenry	17.02.59					
100m				100m					
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
	1	David Hynes	Menapians	10.88		1	Aoife MacNeill	DSD	12.47
	2	Patrick Phelan	DSD	10.94		2	Eilish Fitzpatrick	Kerry Athletics	12.85
	3	Eoin Hannon	Tullamore	11.24		3	Eimear Lynch	Borrisokane	13.37
	4	Adam McMullan	City of Derry	11.37		4	Lisa Sheils	Tir Chonaill	13.88
	5	Eamonn Fahey	Donore	11.48					
	6	Conall O'Callaghan	Kerry Athletics	11.50					
	7	Joey Monaghan	Meath Athletics	11.57					
4*400m				4*400m					
Place	No.		Club	Time	Place	No.		Club	Time
	1		Tullamore	3.17.99					
	2		DSD	3.18.98		1		DSD	4.00.83
	3		Kerry Athletics	3.28.78		2		Kerry Athletics	4.06.55
	4		Menapians	3.33.49		3		Borrisokane	4.22.08
	5		Donore	3.37.21		4		Tir Chonaill	4.26.59
	6		City of Derry	3.38.31		5		Meath Athletics	4.31.45
	7		Meath Athletics	3.44.70					
Hammer				Hammer					
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
	1	Mark Hanily	Meath Athletics	53.59		1	Katie O'Shea	Kerry Athletics	41.80
	2	James Nagle	Kerry Athletics	48.03		2	Grainne Miggin	Meath Athletics	35.96
	3	Andrew Doyle	City of Derry	46.34		3	Kathryn Wallace	City of Lisburn	24.87
	4	Darragh Hanlon	Tullamore	39.21		4	Claire McGlynn	DSD	16.35
	5	Ger Donovan	Menapians	30.32		5	Brenda Morris	Tir Chonaill	15.40
	6	Johnny Mc Whinney	City of Lisburn	25.84			Sheila O Donoghue	Guest	31.24
Pole Vault				Pole Vault					
Place	No.	Athlete	Club	Height	Place	No.	Athlete	Club	Height
	1	David Hogan	Kerry Athletics	3.00		1	Amy Phelan	Kerry Athletics	2.40
	2	Daniel Reid	City of Derry	2.40		2	Claire McGlynn	DSD	1.80
		Christopher Doherty	Guest Tir Chonaill	3.2					
Long Jump				Long Jump					
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance

1	Adam McMullan	City of Derry	6.80	1	Linzi Herron	City of Lisburn	5.21
2	Eamonn Fahey	Donore	6.66	2	Darragh McDonnell	Kerry Athletics	4.73
3	Eoin Hannon	Tullamore	6.55	3	Lorraine Healy	Borrisokane	4.70
4	David Tobin	Meath Athletics	6.49	4	Zita Murphy	DSD	4.59
5	Conall O'Callaghan	Kerry Athletics	6.09	5	Cheryl Dolan	Meath Athletics	4.46
6	Tony Stafford	Menapians	5.71	6	Lisa Sheils	Tir Chonail	3.34
7	Michael Gorey	DSD	5.13				

Emmet Craven	Guest Craughwell	5.34
Larry Reilly	Guest Tullamore	5.76

Discus				Discus					
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1		Daniel Clifford	Kerry Athletics	44.66	1		Amanda O'Farrell	Borrisokane	29.12
2		Darragh Hanlon	Tullamore	41.63	2		Katie O'Shea	Kerry Athletics	27.24
3		Nigel Travers	Donore	35.16	3		Karen Monaghan	Meath Athletics	22.44
4		Larry Murtagh	Meath Athletics	34.79	4		Niamh Reilly	DSD	21.86
5		Johnny Mawhinney	City of Lisburn	31.34	5		Michele Harvey	Tir Chonail	16.40
6		Conall Doherty	City of Derry	25.24	6		Annie Rose	City of Lisburn	15.25
7		Adrian Jackman	Menapians	17.88					
8		Andrew Kidd	DSD	15.20					
		Barry Delaney	Guest - Meath	31.91					

High Jump				High Jump					
Place	No.	Athlete	Club	Height	Place	No.	Athlete	Club	Height
1		Kouros Foroughi	Meath Athletics	2.15	1		Linzi Herron	City of Lisburn	1.60
2		Adam McMullan	City of Derry	1.85	2		Emma Prenderville	Kerry Athletics	1.50
3		Eoin Hannon	Tullamore	1.80	3		Louise Harvey	Tir Chonail	1.40
4		Michael Gorey	DSD	1.70					
5		Padraig Whelan	Kerry Athletics	1.60					
6		Aaron Meyler	Menapians	1.55					

Shot Putt				Shot Putt						
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance	
		Daniel Clifford	Kerry Athletics	13.29			1	Geraldine Stewart	Tir Chonail	11.11
		Andrew Doyle	City of Derry	12.05			2	Sheila O'Donoghue	Kerry Athletics	10.08
		Barry Delaney	Meath Athletics	10.94			3	Cheryl Dolan	Meath Athletics	8.76
		Johnny Mc Whinney	City of Lisburn	9.77			4	Niamh Reilly	DSD	8.58
		Jim Dolan	Tullamore	7.77			5	Kathryn Wallace	City of Lisburn	6.96
		Larry Murtagh	Guest Meath	10.26						

Javelin				Javelin					
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1		Barry Kirwin	Meath Athletics	45.93	1		Anita White	DSD	41.31
2		Tom Rafferty	Tullamore	42.90	2		Geraldine Stewart	Tir Chonail	27.22
3		Conall Doherty	City of Derry	42.22	3		Libby Rose	City of Lisburn	26.86
4		Philip Barnett	Kerry Athletics	39.19	4		Amanda O'Farrell	Borrisokane	23.78
5		Andrew Connick	Menapians	31.76	5		Sheila O'Donoghue	Kerry Athletics	19.75
5		Mark Conway	DSD	30.54	6		Grainne Miggin	Meath Athletics	8.82

Triple Jump				Triple Jump					
Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1		Pat Shannon	Menapians	13.68			Niamh Reilly	Guest DSD	31.68
2		Kouros Foroughi	Meath Athletics	12.94	1		Karyn Dumigan	City of Lisburn	10.63
3		Ciaran Cronin	DSD	12.68	2		Ailbhe Courtney	Kerry Athletics	10.37
4		Eamonn Fahey	Donore	12.33	3		Lorraine Healy	Borrisokane	10.25
5		Mark McGarvey	City of Derry	11.16	4		K Dunne	Meath Athletics	8.91
6		Daragh McNamara	Tullamore	10.53					
7		Dylan Roche	Kerry Athletics	10.42					

56lb Weight for Distance				
Place	No.	Athlete	Club	Distance
1		Barry Delaney	Meath Athletics	6.55
2		James Nagle	Kerry Athletics	6.25
3		Ger Donovan	Menapians	5.61
4		Tom Rafferty	Tullamore	5.37
5		Peter Fryer	City of Derry	3.95
6		Mark Conway	DSD	3.84

200m Men Guest Wind -1.3

1	Deanna O'Byrne	DSD	22.75
2	Zoltan Gyomber	Limerick	23.00
3	Dylan Roche	Kerry	24.04
4	Emmett Craven	Loughrea	25.88