

Woodie's /AAI Track & Field League Final, Tullamore, 14th August 2010

Provisional results subject to change

100 m - Men Division One

Wind : -1.5

| Place | Name | Club | Time |
|-------|-----------------|---------------------------|-------|
| 1 | Jonathan Holmes | Kilkenny City Hrs A.C. | 10.94 |
| 2 | Billy Ryan | Ferrybank A.C. | 11.64 |
| 3 | David O'Shea | Limerick County | 11.77 |
| 4 | Mark Boland | Clare County | 11.87 |
| 5 | Sean Bolger | Tallaght A.C. | 11.92 |
| 6 | Ronan Coyle | Galway City Harriers A.C. | 12.24 |
| 7 | Kevin Mc Glynn | Sligo County | 12.25 |
| | Darragh Graham | Sli Cualann A.C. | DNS |

200 m - Men Division One

Wind : -1.4

| Place | Name | Club | Time |
|-------|---------------------|---------------------------|-------|
| 1 | Darragh Graham | Sli Cualann A.C. | 22.09 |
| 2 | Eoin Muldowney | Kilkenny City Hrs A.C. | 22.75 |
| 3 | Sean Morris | Tallaght A.C. | 23.59 |
| 4 | Mark Boland | Clare County | 23.96 |
| 5 | Ben Cooney | Galway City Harriers A.C. | 24.31 |
| 6 | David Burke | Sligo County | 25.46 |
| | Christopher Russell | Ferrybank A.C. | DNF |
| | Greg O'Shea | Limerick County | DQ |

400 m - Men Division One

| Place | Name | Club | Time |
|-------|-------------------|---------------------------|-------|
| 1 | Billy Ryan | Ferrybank A.C. | 49.21 |
| 2 | Tim Crowe | Limerick County | 49.81 |
| 3 | Eoin Everard | Kilkenny City Hrs A.C. | 49.94 |
| 4 | Ciaran Collins | Sligo County | 51.14 |
| 5 | Darragh Lynch | Clare County | 52.16 |
| 6 | Cormac Mc Donnell | Galway City Harriers A.C. | 54.63 |
| 7 | Cian Ward | Sli Cualann A.C. | 56.57 |
| 8 | Uwechue Uchenna | Tallaght A.C. | 57.57 |

800 m - Men Division One

| Place | Name | Club | Time |
|-------|---------------|---------------------------|---------|
| 1 | Rory Chesser | Clare County | 1.53.30 |
| 2 | Niall Tuohy | Ferrybank A.C. | 1.53.51 |
| 3 | Pat Mc Corlan | Limerick County | 1.53.69 |
| 4 | Sean Connolly | Tallaght A.C. | 1.54.14 |
| 5 | Eoin Everard | Kilkenny City Hrs A.C. | 1.54.95 |
| 6 | Keith Fallon | Galway City Harriers A.C. | 1.57.40 |
| 7 | Tony Collins | Sli Cualann A.C. | 2.15.69 |
| | Tommy Carroll | Sligo County | DNS |

1500 m - Men Division One

| Place | Name | Club | Time |
|-------|------------------|---------------------------|---------|
| 1 | Rory Chesser | Clare County | 3.55.08 |
| 2 | Sean Connolly | Tallaght A.C. | 3.55.63 |
| 3 | Liam Reale | Limerick County | 3.57.81 |
| 4 | Patrick Hagan | Ferrybank A.C. | 4.12.76 |
| 5 | Eddie Costello | Galway City Harriers A.C. | 4.13.68 |
| 6 | Jonathon Philips | Sli Cualann A.C. | 4.23.68 |
| | Tristan Druet | Sligo County | DNS |
| | Ian Boland | Kilkenny City Hrs A.C. | DNS |

5000 m - Men Division One

| Place | Name | Club | Time |
|-------|-------------------|---------------|----------|
| 1 | Tomas Fitzpatrick | Tallaght A.C. | 14.52.62 |

| | | | |
|---|--------------------|---------------------------|----------|
| 2 | Matt Bidwell | Galway City Harriers A.C. | 15.14.00 |
| 3 | Tristan Druet | Sligo County | 15.39.28 |
| 4 | Graham Power | Ferrybank A.C. | 15.57.92 |
| 5 | Brian Murphy | Clare County | 16.00.27 |
| 6 | Toss Hayes | Kilkenny City Hrs A.C. | 16.07.68 |
| 7 | Aogan MacDomhnaill | Limerick County | 16.39.89 |
| | Noelie Kavanagh | Sli Cualann A.C. | DNS |

110 m Hurdles - Men Division One

| Place | Name | Club | Time |
|-------|-----------------|---------------------------|-------|
| 1 | Emmanuel Sabayo | Limerick County | 16.58 |
| 2 | Ciaran Donnelly | Ferrybank A.C. | 17.04 |
| 3 | Jamie Quane | Kilkenny City Hrs A.C. | 18.16 |
| 4 | T Curran | Tallaght A.C. | 18.84 |
| 5 | Kevin Mc Glynn | Sligo County | 21.39 |
| | AN Other | Sli Cualann A.C. | DNS |
| | Tommy Greene | Clare County | DNS |
| | AN Other | Galway City Harriers A.C. | DNS |

400 m Hurdles - Men Division One

| Place | Name | Club | Time |
|-------|-------------------|---------------------------|-------|
| 1 | Tim Crowe | Limerick County | 57.80 |
| 2 | Thomas Barr | Ferrybank A.C. | 58.62 |
| 3 | Dermot Mc Dermott | Sligo County | 60.02 |
| 4 | T Curran | Tallaght A.C. | 62.61 |
| 5 | Cian Ward | Sli Cualann A.C. | 65.85 |
| 6 | Ryan Herrington | Galway City Harriers A.C. | 66.66 |
| 7 | Richard Mc Arthur | Clare County | 66.25 |
| 8 | Austin Lee | Kilkenny City Hrs A.C. | 73.72 |

3000 m Steeplechase - Men Division One

| Place | Name | Club | Time |
|-------|----------------------|---------------------------|----------|
| 1 | Martin Conroy | Sligo County | 9.46.02 |
| 2 | Brian Connolly | Tallaght A.C. | 9.50.10 |
| 3 | Alex Flynn | Ferrybank A.C. | 9.59.80 |
| 4 | Tommy Scanlon | Clare County | 10.26.12 |
| | AN Other | Limerick County | DNS |
| | Ryan Montgomery | Sli Cualann A.C. | DNS |
| | AN Other | Galway City Harriers A.C. | DNS |
| | Jonathan Fitzpatrick | Kilkenny City Hrs A.C. | DNS |

3000 m Walk - Men Division One

| Place | Name | Club | Time |
|-------|---------------|----------------|----------|
| 1 | Martin Conroy | Sligo County | 16.16.99 |
| 2 | Michael Cox | Ferrybank A.C. | 16.40.75 |

High Jump - Men Division One

| Place | Name | Club | Hgt (m) |
|-------|-----------------|-----------------|---------|
| 1 | Thomas Barr | Ferrybank A.C. | 1.85 |
| 2 | Keith King | Clare County | 1.85 |
| 3 | Emmanuel Sabayo | Limerick County | 1.70 |
| 4 | Sean Morris | Tallaght A.C. | 1.60 |
| 5 | Kenneth Lipsett | Sligo County | 1.60 |

Long Jump - Men Division One

| Place | Name | Club | Dist (m) |
|-------|-----------------|---------------------------|----------|
| 1 | Lunga Bulman | Clare County | 6.22 |
| 2 | Ronan Pika | Limerick County | 5.90 |
| 3 | Stephen Murphy | Ferrybank A.C. | 5.90 |
| 4 | Simon Callaghan | Galway City Harriers A.C. | 5.88 |
| 5 | Dean Brennan | Kilkenny City Hrs A.C. | 5.86 |
| 6 | Aaron Murtagh | Sligo County | 5.71 |
| 7 | Sean Bolger | Tallaght A.C. | 4.83 |
| 8 | Cian Ward | Sli Cualann A.C. | 4.55 |

Triple Jump - Men Division One

| Place | Name | Club | Dist (m) |
|-------|-----------------|---------------------------|----------|
| 1 | Niall Counihan | Limerick County | 12.75 |
| 2 | Sean Archer | Ferrybank A.C. | 12.51 |
| 3 | Simon Callaghan | Galway City Harriers A.C. | 12.24 |
| 4 | Aaron Murtagh | Sligo County | 12.15 |
| 5 | Cormac Everard | Kilkenny City Hrs A.C. | 10.61 |

Pole Vault - Men Division One

| Place | Name | Club | Hgt (m) |
|-------|-----------------|------------------------|---------|
| 1 | Thomas Houlihan | Ferrybank A.C. | 4.60 |
| 2 | Patrick Curran | Tallaght A.C. | 2.80 |
| 3 | Cormac Everard | Kilkenny City Hrs A.C. | 2.80 |
| 4 | Kenneth Lipsett | Sligo County | 2.60 |

Shot Putt - Men Division One

| Place | Name | Club | Dist (m) |
|-------|-------------------|---------------------------|----------|
| 1 | Sean Breathnach | Galway City Harriers A.C. | 15.97 |
| 2 | Michael Gassowsky | Tallaght A.C. | 12.42 |
| 3 | Shane Kennedy | Ferrybank A.C. | 10.92 |
| 4 | Dave Frattorelli | Limerick County | 10.61 |
| 5 | John Molloy | Sligo County | 9.12 |
| 6 | Austin Lee | Kilkenny City Hrs A.C. | 9.07 |

Discus - Men Division One

| Place | Name | Club | Dist (m) |
|-------|---------------------|---------------------------|----------|
| 1 | Eanna O'Cathain | Galway City Harriers A.C. | 36.28 |
| 2 | Ronan Kearney | Sli Cualann A.C. | 31.66 |
| 3 | John Sheehan | Limerick County | 30.43 |
| 4 | Austin Lee | Kilkenny City Hrs A.C. | 29.48 |
| 5 | Michael Gassowski | Tallaght A.C. | 26.94 |
| 6 | Keith King | Clare County | 24.39 |
| 7 | Stephen Reynolds | Sligo County | 23.32 |
| 8 | Christopher Russell | Ferrybank A.C. | 15.78 |

Javelin - Men Division One

| Place | Name | Club | Dist (m) |
|-------|-----------------|---------------------------|----------|
| 1 | Anton Katayen | Limerick County | 50.51 |
| 2 | Sean Ryder | Sli Cualann A.C. | 47.96 |
| 3 | Sean Breathnach | Galway City Harriers A.C. | 47.94 |
| 4 | Lunga Bulman | Clare County | 47.90 |
| 5 | Shane Kennedy | Ferrybank A.C. | 44.08 |
| 6 | Dean Brennan | Kilkenny City Hrs A.C. | 39.75 |
| 7 | Sean Morris | Tallaght A.C. | 35.53 |
| 8 | Tommy Casey | Sligo County | 23.46 |

Hammer - Men Division One

| Place | Name | Club | Dist (m) |
|-------|--------------------|------------------|----------|
| 1 | Stephen Reynolds | Sligo County | 37.36 |
| 2 | Killian O'Donoghue | Tallaght A.C. | 35.20 |
| 3 | Tom Boucher | Ferrybank A.C. | 28.43 |
| 4 | Dave Frattorelli | Limerick County | 23.16 |
| 5 | Ronan Kavanagh | Sli Cualann A.C. | 19.85 |

56lb Distance - Men Division One

| Place | Name | Club | Dist (m) |
|-------|--------------------|---------------------------|----------|
| 1 | Anton Katayen | Limerick County | 5.99 |
| 2 | Tom Boucher | Ferrybank A.C. | 5.85 |
| 3 | Eanna O'Cathain | Galway City Harriers A.C. | 5.82 |
| 4 | Darragh Graham | Sli Cualann A.C. | 5.35 |
| 5 | Byron Butler | Kilkenny City Hrs A.C. | 4.25 |
| 6 | Killian O'Donoghue | Tallaght A.C. | 3.72 |
| 7 | Donal Rooney | Sligo County | 3.66 |
| 8 | Tommy Scanlon | Clare County | 1.71 |

4 x 100 m - Men Division One

| Place | Club | Time |
|-------|------|------|
|-------|------|------|

| | | |
|---|---------------------------|-------|
| 1 | Kilkenny City Hrs A.C. | 43.76 |
| 2 | Ferrybank A.C. | 44.39 |
| 3 | Galway City Harriers A.C. | 46.45 |
| 4 | Sligo County | 46.64 |
| 5 | Tallaght A.C. | 46.68 |
| 6 | Clare County | 47.08 |
| | Limerick County | DQ |
| | Sli Cualann A.C. | DNS |

100 m - Women Division One

Wind : -0.8

| Place | Name | Club | Time |
|-------|---------------------|-------------------------|-------|
| 1 | Claire Brady | Kildare County | 12.20 |
| 2 | Leah Moore | Clonliffe Harriers A.C. | 12.56 |
| 3 | Amy Rohan | Galway County | 13.30 |
| 4 | Lauren Dunne | Tullamore Harriers A.C. | 13.61 |
| 5 | Denise Wickham | Wexford County | 13.81 |
| 6 | Claire Morrissey | West Waterford A.C. | 14.00 |
| 7 | Siobhan Mc Kenny | Raheny Shamrock A.C. | 14.14 |
| 8 | Rebecca Mc Laughlin | City of Derry | 14.16 |

200 m - Women Division One

Wind : -2.2

| Place | Name | Club | Time |
|-------|---------------------|-------------------------|-------|
| 1 | Claire Brady | Kildare County | 24.65 |
| 2 | Leah Moore | Clonliffe Harriers A.C. | 25.62 |
| 3 | Antoinette Stafford | Wexford County | 26.13 |
| 4 | Anna Barr | City of Derry | 26.88 |
| 5 | Susan Scallan | Raheny Shamrock A.C. | 27.77 |
| 6 | Lauren Dunne | Tullamore Harriers A.C. | 28.23 |
| 7 | Amy Rohan | Galway County | 28.71 |
| 8 | Claire Morrissey | West Waterford A.C. | 28.80 |

400 m - Women Division One

| Place | Name | Club | Time |
|-------|---------------------|-------------------------|-------|
| 1 | Roseanne Galligan | Kildare County | 56.36 |
| 2 | Ciara Mc Callion | Clonliffe Harriers A.C. | 58.34 |
| 3 | Susan Scallan | Raheny Shamrock A.C. | 60.72 |
| 4 | Tara Hession | Galway County | 62.20 |
| 5 | Rebecca Mc Laughlin | City of Derry | 64.70 |
| 6 | Sinead Moloney | Wexford County | 68.83 |
| 7 | Liz Cuskelly | Tullamore Harriers A.C. | 71.19 |
| | Leeanne Herlihy | West Waterford A.C. | DNS |

800 m - Women Division One

| Place | Name | Club | Time |
|-------|---------------------|-------------------------|---------|
| 1 | Roseanne Galligan | Kildare County | 2.16.41 |
| 2 | Chloe Doran | Raheny Shamrock A.C. | 2.18.97 |
| 3 | Becky Woods | Clonliffe Harriers A.C. | 2.19.11 |
| 4 | Julianne Harrington | Galway County | 2.27.47 |
| 5 | Pauline Curley | Tullamore Harriers A.C. | 2.27.63 |
| 6 | Hannah Mc Gowan | City of Derry | 2.32.82 |
| 7 | Shauna Nic Aogain | Wexford County | 2.40.19 |
| | AN Other | West Waterford A.C. | DNS |

1500 m - Women Division One

| Place | Name | Club | Time |
|-------|--------------------|-------------------------|---------|
| 1 | Laura Suur | Galway County | 4.34.85 |
| 2 | Lorraine Manning | Raheny Shamrock A.C. | 4.35.62 |
| 3 | Louise Reilly | Clonliffe Harriers A.C. | 4.41.02 |
| 4 | Maura Triona Keane | Tullamore Harriers A.C. | 4.54.66 |
| 5 | Amy Mc Daid | City of Derry | 5.11.87 |
| 6 | Rachael Smyth | Kildare County | 5.16.74 |
| 7 | Norma Wall | West Waterford A.C. | 5.22.74 |
| 8 | Jennifer Higgins | Wexford County | 6.23.0H |

3000 m - Women Division One

| Place | Name | Club | Time |
|-------|-------------------|-------------------------|----------|
| 1 | Laura Suur | Galway County | 10.04.47 |
| 2 | Ailish Mc Dermott | Clonliffe Harriers A.C. | 10.13.44 |
| 3 | Pauline Curley | Tullamore Harriers A.C. | 10.15.13 |
| 4 | Norma Wall | West Waterford A.C. | 11.31.48 |
| 5 | Jackie Mc Ginley | City of Derry | 11.43.87 |
| 6 | Chloe Abbott | Kildare County | 12.38.18 |
| | Mary Sinnott | Wexford County | DNS |
| | Lorraine Manning | Raheny Shamrock A.C. | DNS |

100 m Hurdles - Women Division One

Wind : -1.4

| Place | Name | Club | Time |
|-------|----------------|-------------------------|-------|
| 1 | Lisa Houlihan | West Waterford A.C. | 15.58 |
| 2 | Sinead Lawlor | Kildare County | 16.03 |
| 3 | Shauna Furman | Clonliffe Harriers A.C. | 13.65 |
| 4 | Sarah Finnegan | Galway County | 17.14 |
| 5 | Sinead Moloney | Wexford County | 18.35 |
| | AN Other | City of Derry | DNS |
| | Zoe Brown | Raheny Shamrock A.C. | DNS |
| | AN Other | Tullamore Harriers A.C. | DNS |

400 m Hurdles - Women Division One

| Place | Name | Club | Time |
|-------|--------------------|-------------------------|-------|
| 1 | Rachel Finnegan | Galway County | 68.21 |
| 2 | Sarah Woods | Clonliffe Harriers A.C. | 69.59 |
| 3 | Catherina Corcoran | Wexford County | 73.28 |
| 4 | Cera Nolan | Kildare County | 75.19 |
| 5 | Claire Collins | West Waterford A.C. | 76.70 |
| 6 | Molly Giblin | Raheny Shamrock A.C. | 81.95 |
| | AN Other | City of Derry | DNS |
| | AN Other | Tullamore Harriers A.C. | DNS |

1500 m Walk - Women Division One

| Place | Name | Club | Time |
|-------|-----------------|-------------------------|----------|
| 1 | Maeve Curley | Galway County | 6.59.58 |
| 2 | Georgina Touhy | Tullamore Harriers A.C. | 7.33.59 |
| 3 | Emma Farrell | Wexford County | 7.45.22 |
| 4 | Sarah Bourke | Kildare County | 8.17.34 |
| 5 | Triona Wall | West Waterford A.C. | 8.48.71 |
| 6 | Sezanna Betina | Clonliffe Harriers A.C. | 9.56.80 |
| 7 | Chloe Doran | Raheny Shamrock A.C. | 10.26.99 |
| 8 | Grainne Kearnes | City of Derry | 10.44.69 |

High Jump - Women Division One

| Place | Name | Club | Hgt (m) |
|-------|--------------------|-------------------------|---------|
| 1 | Claire Collins | West Waterford A.C. | 1.60 |
| 2 | Claire Mc Namara | Galway County | 1.60 |
| 3 | Ange Lidova | Clonliffe Harriers A.C. | 1.55 |
| 3 | Helen Buckley | Raheny Shamrock A.C. | 1.55 |
| 5 | Catherina Corcoran | Wexford County | 1.45 |

Long Jump - Women Division One

| Place | Name | Club | Dist (m) |
|-------|---------------------|-------------------------|----------|
| 1 | Antoinette Stafford | Wexford County | 5.59 |
| 2 | Claire Mc Namara | Galway County | 4.78 |
| 3 | Anna Barr | City of Derry | 4.77 |
| 4 | Fiona Hill | Kildare County | 4.77 |
| 5 | Claire Morrissey | West Waterford A.C. | 4.71 |
| 6 | Sezanna Betina | Clonliffe Harriers A.C. | 4.69 |
| 7 | Niamh Mullen | Tullamore Harriers A.C. | 4.27 |
| 8 | Siobhan Mc Kenna | Raheny Shamrock A.C. | 4.12 |

Triple Jump - Women Division One

| Place | Name | Club | Dist (m) |
|-------|------|------|----------|
|-------|------|------|----------|

| | | | |
|---|----------------|-------------------------|-------|
| 1 | Fiona Hill | Kildare County | 10.77 |
| 2 | Sarah Finnegan | Galway County | 10.44 |
| 3 | Lisa Houlihan | West Waterford A.C. | 10.44 |
| 4 | Orna Mc Ginley | Clonliffe Harriers A.C. | 10.14 |
| 5 | Stephanie Keys | City of Derry | 9.61 |
| 6 | Denise Wickham | Wexford County | 9.26 |
| 7 | Chloe Doran | Raheny Shamrock A.C. | 8.90 |

Shot Putt - Women Division One

| Place | Name | Club | Dist (m) |
|-------|------------------|-------------------------|----------|
| 1 | Zoe Scanlon | West Waterford A.C. | 10.08 |
| 2 | Mary Barrett | Galway County | 8.98 |
| 3 | Evelyn Morris | Kildare County | 8.69 |
| 4 | Mary Sutherland | Wexford County | 8.46 |
| 5 | Stephanie Keys | City of Derry | 8.08 |
| 6 | Ange Lidova | Clonliffe Harriers A.C. | 7.89 |
| 7 | Kelly Cunningham | Tullamore Harriers A.C. | 7.66 |
| 8 | Adrienne Moore | Raheny Shamrock A.C. | 5.80 |

Discus - Women Division One

| Place | Name | Club | Dist (m) |
|-------|------------------|-------------------------|----------|
| 1 | Emma Owens | Wexford County | 32.43 |
| 2 | Kelly Cunningham | Tullamore Harriers A.C. | 28.28 |
| 3 | Eadaoin Ashe | West Waterford A.C. | 26.51 |
| 4 | Maggie Donnelly | City of Derry | 24.58 |
| 5 | Nicola Monaghan | Galway County | 22.38 |
| 6 | Pauline Kenny | Kildare County | 21.83 |
| 7 | Denise Byrne | Clonliffe Harriers A.C. | 19.18 |
| 8 | Molly Giblin | Raheny Shamrock A.C. | 16.46 |

Javelin - Women Division One

| Place | Name | Club | Dist (m) |
|-------|---------------|-------------------------|----------|
| 1 | Denise Byrne | Clonliffe Harriers A.C. | 37.28 |
| 2 | Zoe Scanlon | West Waterford A.C. | 30.48 |
| 3 | Erica Dixon | Kildare County | 27.32 |
| 4 | Helen Buckley | Raheny Shamrock A.C. | 26.93 |
| 5 | Danea Herron | City of Derry | 24.22 |
| 6 | Mary Barrett | Galway County | 20.19 |
| 7 | Lisa Dolan | Tullamore Harriers A.C. | 17.64 |
| 8 | Emma Owens | Wexford County | 15.02 |

Hammer - Women Division One

| Place | Name | Club | Dist (m) |
|-------|--------------------|-------------------------|----------|
| 1 | Maggie Donnelly | City of Derry | 47.01 |
| 2 | Mary Sutherland | Wexford County | 44.67 |
| 3 | Michelle Kenneally | West Waterford A.C. | 36.76 |
| 4 | Lisa Dolan | Tullamore Harriers A.C. | 28.76 |
| 5 | Pauline Kenny | Kildare County | 21.19 |
| 6 | Nicola Monaghan | Galway County | 19.88 |
| 7 | Anne Buckley | Raheny Shamrock A.C. | 16.02 |
| 8 | Frances Mansfield | Clonliffe Harriers A.C. | 13.42 |

100 m - Men Premier Div.

Wind : -0.8

| Place | Name | Club | Time |
|-------|-------------------|---------------------------|-------|
| 1 | David Hynes | Menapians A.C. | 10.83 |
| 2 | Gordon Kennedy | Tullamore Harriers A.C. | 11.00 |
| 3 | Patrick O'Connor | Clonliffe Harriers A.C. | 11.07 |
| 4 | Mark Kavanagh | Dundrum South Dublin A.C. | 11.14 |
| 5 | Jamie Davis | Raheny Shamrock A.C. | 11.35 |
| 6 | Conal O'Callaghan | Kerry Athletics | 11.50 |
| 7 | Rudi Moore | City of Derry | 11.58 |
| 8 | Francis Egan | St. Abbans A.C. | 12.36 |

200 m - Men Premier Div.

Wind : -1.8

| Place | Name | Club | Time |
|-------|-------------------|---------------------------|-------|
| 1 | Patrick Phelan | Dundrum South Dublin A.C. | 22.09 |
| 2 | Patrick O'Connor | Clonliffe Harriers A.C. | 22.25 |
| 3 | David Hynes | Menapians A.C. | 22.26 |
| 4 | Fearghus Hannon | Tullamore Harriers A.C. | 22.61 |
| 5 | Jamie Davis | Raheny Shamrock A.C. | 22.86 |
| 6 | Adam Mc Mullan | City of Derry | 22.92 |
| 7 | Richard Oghe Aghe | St. Abbans A.C. | 23.25 |
| 8 | Colm Lynch | Kerry Athletics | 23.56 |

400 m - Men Premier Div.

| Place | Name | Club | Time |
|-------|-------------------|---------------------------|-------|
| 1 | Gordon Kennedy | Tullamore Harriers A.C. | 47.97 |
| 2 | Tom Miller | Menapians A.C. | 48.17 |
| 3 | Nick Hogan | Dundrum South Dublin A.C. | 48.38 |
| 4 | Ciaran Kelly | Raheny Shamrock A.C. | 48.53 |
| 5 | Richard Oghe Aghe | St. Abbans A.C. | 51.32 |
| 6 | Cian Foley | Kerry Athletics | 51.59 |
| 7 | Daniel Reid | City of Derry | 53.83 |
| | Ciaran Mackey | Clonliffe Harriers A.C. | DNF |

800 m - Men Premier Div.

| Place | Name | Club | Time |
|-------|------------------|---------------------------|---------|
| 1 | Brian Kelly | St. Abbans A.C. | 1.53.3H |
| 2 | Gavin O'Sullivan | Raheny Shamrock A.C. | 1.54.0H |
| 3 | Conor Healy | Clonliffe Harriers A.C. | 1.55.0H |
| 4 | Eoin Healy | Dundrum South Dublin A.C. | 1.55.3H |
| 5 | Conor Bradley | City of Derry | 1.55.5H |
| 6 | Andrew Connick | Menapians A.C. | 1.56.0H |
| 7 | Catch Grennan | Tullamore Harriers A.C. | 2.01.5H |
| 8 | David Hogan | Kerry Athletics | 2.12.2H |

1500 m - Men Premier Div.

| Place | Name | Club | Time |
|-------|-----------------|---------------------------|---------|
| 1 | Kevin Moriarty | Raheny Shamrock A.C. | 3.57.55 |
| 2 | Aidan Bailey | Clonliffe Harriers A.C. | 4.01.08 |
| 3 | Andrew Connick | Menapians A.C. | 4.06.91 |
| 4 | Neil Cowzer | Dundrum South Dublin A.C. | 4.09.06 |
| 5 | Stephen Attride | St. Abbans A.C. | 4.14.62 |
| 6 | J P Williamson | City of Derry | 4.15.68 |
| 7 | Cormac Troy | Tullamore Harriers A.C. | 4.25.96 |
| 8 | Ed Murphy | Kerry Athletics | 4.38.44 |

5000 m - Men Premier Div.

| Place | Name | Club | Time |
|-------|------------------|---------------------------|----------|
| 1 | Richard Corcoran | Raheny Shamrock A.C. | 14.52.58 |
| 2 | Mark Kenneally | Clonliffe Harriers A.C. | 15.02.28 |
| 3 | Joe Sweeney | Dundrum South Dublin A.C. | 15.13.60 |
| 4 | Cian Murphy | Kerry Athletics | 15.37.98 |
| 5 | Aaron Doherty | City of Derry | 15.45.45 |
| 6 | John Harkan | Tullamore Harriers A.C. | 16.35.27 |
| | Colm Burke | St. Abbans A.C. | DNS |
| | Damian Walsh | Menapians A.C. | DNS |

110 m Hurdles - Men Premier Div.

Wind : -1.2

| Place | Name | Club | Time |
|-------|-----------------|---------------------------|-------|
| 1 | Tom Carey | City of Derry | 14.61 |
| 2 | M Field | Clonliffe Harriers A.C. | 15.15 |
| 3 | Peter Shallow | Raheny Shamrock A.C. | 15.66 |
| 4 | Eoin Kelly | St. Abbans A.C. | 15.82 |
| 5 | Jonathan Miller | Dundrum South Dublin A.C. | 16.39 |
| 6 | Steven Kelly | Tullamore Harriers A.C. | 17.28 |
| 7 | Adrian Jackman | Menapians A.C. | 18.14 |
| 8 | Ben Dennessen | Kerry Athletics | 20.19 |

400 m Hurdles - Men Premier Div.

| Place | Name | Club | Time |
|-------|-------------------|---------------------------|-------|
| 1 | Tom Carey | City of Derry | 52.91 |
| 2 | John Fagan | Clonliffe Harriers A.C. | 54.00 |
| 3 | Barry Upton | Menapians A.C. | 54.13 |
| 4 | Jonathan Miller | Dundrum South Dublin A.C. | 57.23 |
| 5 | Stewart Nolan | Kerry Athletics | 65.23 |
| 6 | Christopher Buggy | St. Abbans A.C. | 67.04 |
| 7 | Paul Kilmartin | Tullamore Harriers A.C. | 69.93 |
| | Feidhlim Kelly | Raheny Shamrock A.C. | DNS |

3000 m Steeplechase - Men Premier Div.

| Place | Name | Club | Time |
|-------|------------------|---------------------------|----------|
| 1 | Mark Kirwan | Raheny Shamrock A.C. | 9.30.52 |
| 2 | Robert Corbally | Dundrum South Dublin A.C. | 9.34.45 |
| 3 | Jayme Rossiter | Clonliffe Harriers A.C. | 9.48.81 |
| 4 | Dara Furey | City of Derry | 10.59.72 |
| 5 | Jack O'Sullivan | Kerry Athletics | 11.25.39 |
| 6 | Richard Faulkner | Tullamore Harriers A.C. | 11.58.98 |
| 7 | Damian Walsh | Menapians A.C. | 13.12.99 |
| | Stephen Lawlor | St. Abbans A.C. | DNS |

3000 m Walk - Men Premier Div.

| Place | Name | Club | Time |
|-------|-------------------|---------------------------|----------|
| 1 | Jimmy Mc Donald | Menapians A.C. | 13.29.61 |
| 2 | Jerome Caprice | Dundrum South Dublin A.C. | 13.43.04 |
| 3 | Niall Prendiville | Kerry Athletics | 13.55.06 |
| 4 | James Mahon | Raheny Shamrock A.C. | 16.41.43 |
| 5 | Declan Moran | Clonliffe Harriers A.C. | 17.13.83 |
| 6 | Dara Furey | City of Derry | 19.16.72 |
| | Larry Rigney | Tullamore Harriers A.C. | DQ |

High Jump - Men Premier Div.

| Place | Name | Club | Hgt (m) |
|-------|---------------|---------------------------|---------|
| 1 | Barry Pender | St. Abbans A.C. | 2.00 |
| 2 | M Klinzow | Clonliffe Harriers A.C. | 1.90 |
| 3 | Simon Herron | City of Derry | 1.80 |
| 4 | PJ Galvin | Kerry Athletics | 1.75 |
| 5 | Niall Gorey | Dundrum South Dublin A.C. | 1.70 |
| 5 | Steven Kelly | Tullamore Harriers A.C. | 1.70 |
| 7 | James Buckley | Raheny Shamrock A.C. | 1.70 |

Long Jump - Men Premier Div.

| Place | Name | Club | Dist (m) |
|-------|-------------------|---------------------------|----------|
| 1 | Adam Mc Mullan | City of Derry | 7.32 |
| 2 | Eoin Hannon | Tullamore Harriers A.C. | 6.74 |
| 3 | Eoin Kelly | St. Abbans A.C. | 6.70 |
| 4 | Conal O'Callaghan | Kerry Athletics | 6.28 |
| 5 | Tony Stafford | Menapians A.C. | 6.19 |
| 6 | Jack Connolly | Raheny Shamrock A.C. | 6.15 |
| 7 | M Field | Clonliffe Harriers A.C. | 6.01 |
| 8 | Conor Sexton | Dundrum South Dublin A.C. | 5.92 |

Triple Jump - Men Premier Div.

| Place | Name | Club | Dist (m) |
|-------|------------------|---------------------------|----------|
| 1 | Eoin Kelly | St. Abbans A.C. | 14.20 |
| 2 | Pat Shannon | Menapians A.C. | 13.70 |
| 3 | Thomas Dorina | Clonliffe Harriers A.C. | 13.41 |
| 4 | Simon Herron | City of Derry | 13.35 |
| 5 | Eoin Hannon | Tullamore Harriers A.C. | 13.12 |
| 6 | Ciaran Cronin | Dundrum South Dublin A.C. | 12.89 |
| 7 | Clarence Kennedy | Kerry Athletics | 12.35 |
| 8 | Mick Davis | Raheny Shamrock A.C. | 11.84 |

Pole Vault - Men Premier Div.

| Place | Name | Club | Hgt (m) |
|-------|------|------|---------|
|-------|------|------|---------|

| | | | |
|---|----------------|---------------------------|------|
| 1 | David Donegan | Clonliffe Harriers A.C. | 4.70 |
| 2 | Stuart Greene | Raheny Shamrock A.C. | 4.40 |
| 3 | Jonathan Foley | Kerry Athletics | 4.00 |
| 4 | Steven Kelly | Tullamore Harriers A.C. | 3.40 |
| 5 | Ciaran Craigh | City of Derry | 3.00 |
| 6 | Conor Daly | St. Abbans A.C. | 2.60 |
| 7 | Kevin Byrne | Dundrum South Dublin A.C. | 2.20 |

Shot Putt - Men Premier Div.

| Place | Name | Club | Dist (m) |
|-------|-----------------|---------------------------|----------|
| 1 | Luke Mangan | Clonliffe Harriers A.C. | 13.24 |
| 2 | Daniel Clifford | Kerry Athletics | 13.23 |
| 3 | Andrew Doyle | City of Derry | 12.69 |
| 4 | Dave Coleman | Menapians A.C. | 12.56 |
| 5 | Babu Matthew | Tullamore Harriers A.C. | 11.73 |
| 6 | William Kelly | St. Abbans A.C. | 9.89 |
| 7 | Mick Davis | Raheny Shamrock A.C. | 7.23 |
| 8 | Kevin Byrne | Dundrum South Dublin A.C. | 7.05 |

Discus - Men Premier Div.

| Place | Name | Club | Dist (m) |
|-------|------------------|---------------------------|----------|
| 1 | Thomas Rauptys | Clonliffe Harriers A.C. | 50.99 |
| 2 | Dave Coleman | Menapians A.C. | 50.50 |
| 3 | Daniel Clifford | Kerry Athletics | 42.12 |
| 4 | Darragh Hanlon | Tullamore Harriers A.C. | 40.20 |
| 5 | Ciaran Craigh | City of Derry | 33.10 |
| 6 | William Kelly | St. Abbans A.C. | 32.79 |
| 7 | Brian Mc Dermott | Dundrum South Dublin A.C. | 28.46 |
| 8 | Jack Connolly | Raheny Shamrock A.C. | 14.58 |

Javelin - Men Premier Div.

| Place | Name | Club | Dist (m) |
|-------|------------------|---------------------------|----------|
| 1 | Paul Marry | Clonliffe Harriers A.C. | 51.07 |
| 2 | Brian Mc Dermott | Dundrum South Dublin A.C. | 48.97 |
| 3 | Tom Rafferty | Tullamore Harriers A.C. | 44.69 |
| 4 | Alan Mahoney | Menapians A.C. | 44.57 |
| 5 | Philippe Barnett | Kerry Athletics | 43.60 |
| 6 | Rudi Moore | City of Derry | 38.31 |
| 7 | James Buckley | Raheny Shamrock A.C. | 36.90 |
| 8 | Barry Pender | St. Abbans A.C. | 34.32 |

Hammer - Men Premier Div.

| Place | Name | Club | Dist (m) |
|-------|----------------|---------------------------|----------|
| 1 | Martin Hunt | Clonliffe Harriers A.C. | 53.69 |
| 2 | Andrew Doyle | City of Derry | 49.81 |
| 3 | Aidan Kelly | St. Abbans A.C. | 37.19 |
| 4 | Darragh Hanlon | Tullamore Harriers A.C. | 36.86 |
| 5 | Ger Donovan | Menapians A.C. | 29.65 |
| 6 | Shane Delaney | Kerry Athletics | 20.05 |
| 7 | Deana O'Byrne | Dundrum South Dublin A.C. | 15.35 |

56lb Distance - Men Premier Div.

| Place | Name | Club | Dist (m) |
|-------|--------------------|---------------------------|----------|
| 1 | Thomas Rauptys | Clonliffe Harriers A.C. | 8.45 |
| 2 | Seamus Fitzpatrick | St. Abbans A.C. | 7.47 |
| 3 | Rudi Moore | City of Derry | 6.05 |
| 4 | Derek Mc Carthy | Raheny Shamrock A.C. | 5.72 |
| 5 | Ger Donovan | Menapians A.C. | 5.51 |
| 6 | Tom Rafferty | Tullamore Harriers A.C. | 5.35 |
| 7 | Shane Delaney | Kerry Athletics | 4.54 |
| 8 | Andrew Kidd | Dundrum South Dublin A.C. | 3.97 |

4 x 100m - Men Premier Div.

| Place | Club | Time |
|-------|---------------------------|-------|
| 1 | Dundrum South Dublin A.C. | 41.58 |
| 2 | Tullamore Harriers A.C. | 41.60 |

| | | |
|---|-------------------------|-------|
| 3 | Clonliffe Harriers A.C. | 42.40 |
| 4 | Menapians A.C. | 42.87 |
| 5 | Raheny Shamrock A.C. | 43.31 |
| 6 | Kerry Athletics | 44.04 |
| 7 | City of Derry | 44.15 |
| 8 | St. Abbans A.C. | 45.00 |

100 m - Women Premier Div.

Wind : -1.6

| Place | Name | Club | Time |
|-------|-------------------|---------------------------|-------|
| 1 | Ailis Mc Sweeney | Leevale A.C. | 11.75 |
| 2 | Niamh Whelan | Ferrybank A.C. | 12.06 |
| 3 | Claire Bergin | Dundrum South Dublin A.C. | 12.26 |
| 4 | Jo Patterson | Ballymena & Antrim A.C. | 12.66 |
| 5 | Linzi Herron | City of Lisburn | 13.00 |
| 6 | Lorraine O'Shea | Kilkenny City Hrs A.C. | 13.08 |
| 7 | Sinead O'Connor | Kerry Athletics | 13.77 |
| | Geraldine Stewart | Tir Chonaill A.C. | DNS |

200 m - Women Premier Div.

Wind : -1.7

| Place | Name | Club | Time |
|-------|---------------------|---------------------------|-------|
| 1 | Ailis Mc Sweeney | Leevale A.C. | 24.28 |
| 2 | Niamh Whelan | Ferrybank A.C. | 24.31 |
| 3 | Leigh Whiteside | City of Lisburn | 25.93 |
| 4 | Catriona Cuddihy | Kilkenny City Hrs A.C. | 26.67 |
| 5 | Rebecca Mc Allister | Ballymena & Antrim A.C. | 27.53 |
| | Mary Mc Loone | Tir Chonaill A.C. | DNS |
| | AN Other | Kerry Athletics | DNS |
| | Zita Murphy | Dundrum South Dublin A.C. | DNS |

400 m - Women Premier Div.

| Place | Name | Club | Time |
|-------|-----------------|---------------------------|-------|
| 1 | Joanne Cuddihy | Kilkenny City Hrs A.C. | 54.08 |
| 2 | Claire Bergin | Dundrum South Dublin A.C. | 54.86 |
| 3 | Jo Patterson | Ballymena & Antrim A.C. | 55.61 |
| 4 | Megan Kiely | Ferrybank A.C. | 57.17 |
| 5 | Leigh Whiteside | City of Lisburn | 57.63 |
| 6 | Louise Mc Ardle | Leevale A.C. | 57.84 |
| 7 | Laura Crowe | Kerry Athletics | 58.98 |
| | Mary Mc Loone | Tir Chonaill A.C. | DNS |

800 m - Women Premier Div.

| Place | Name | Club | Time |
|-------|-------------------|---------------------------|---------|
| 1 | Laura Crowe | Kerry Athletics | 2.13.42 |
| 2 | Claire Mc Sweeney | Leevale A.C. | 2.13.55 |
| 3 | Sinead Denny | Dundrum South Dublin A.C. | 2.15.15 |
| 4 | Kitty Walsh | Ferrybank A.C. | 2.21.50 |
| 5 | Rachel Gibson | City of Lisburn | 2.21.96 |
| 6 | Orla Mc Phillips | Kilkenny City Hrs A.C. | 2.35.71 |
| 7 | Rachel Healy | Ballymena & Antrim A.C. | 3.00.70 |
| | Teresa Mc Gloin | Tir Chonaill A.C. | DNS |

1500 m - Women Premier Div.

| Place | Name | Club | Time |
|-------|------------------|---------------------------|---------|
| 1 | Hazel Murphy | Dundrum South Dublin A.C. | 4.19.22 |
| 2 | Lizzie Lee | Leevale A.C. | 4.48.10 |
| 3 | Kitty Walsh | Ferrybank A.C. | 4.55.04 |
| 4 | Mary Fitzgerald | Kerry Athletics | 5.02.22 |
| 5 | Lindsey Monteith | City of Lisburn | 5.14.88 |
| 6 | Caoilte Malone | Kilkenny City Hrs A.C. | 5.16.14 |
| 7 | Ros Bookless | Ballymena & Antrim A.C. | 5.47.91 |
| | Teresa Mc Gloin | Tir Chonaill A.C. | DNF |

3000 m - Women Premier Div.

| Place | Name | Club | Time |
|-------|------|------|------|
|-------|------|------|------|

| | | | |
|---|-----------------------|---------------------------|----------|
| 1 | c Gloin, Teresa Mc Gl | Tir Chonaill A.C. | 9.42.44 |
| 2 | Lizzie Lee | Leevale A.C. | 9.53.80 |
| 3 | Dani Minnock | Ferrybank A.C. | 9.57.58 |
| 4 | Linda Byrne | Dundrum South Dublin A.C. | 10.07.65 |
| 5 | Anna Meria Costello | Kerry Athletics | 11.04.64 |
| 6 | Meghan O'Keefe | Kilkenny City Hrs A.C. | 12.15.14 |
| 7 | Ros Brooklands | Ballymena & Antrim A.C. | 12.48.40 |

100 m Hurdles - Women Premier Div.

Wind : -1.3

| Place | Name | Club | Time |
|-------|---------------------|---------------------------|-------|
| 1 | Jessie Barr | Ferrybank A.C. | 14.93 |
| 2 | Rebecca Mc Allister | Ballymena & Antrim A.C. | 15.70 |
| 3 | Sophie Hensch | Leevale A.C. | 15.73 |
| 4 | Louise Harvey | Tir Chonaill A.C. | 16.21 |
| 5 | Laura Langton | Kilkenny City Hrs A.C. | 17.21 |
| 6 | Avril Dillon | Dundrum South Dublin A.C. | 17.25 |
| 7 | Sam Miskelly | City of Lisburn | 17.67 |
| 8 | Amy Phelan | Kerry Athletics | 20.81 |

400 m Hurdles - Women Premier Div.

| Place | Name | Club | Time |
|-------|--------------------|---------------------------|-------|
| 1 | Jessie Barr | Ferrybank A.C. | 61.33 |
| 2 | Christine Mc Mahon | Ballymena & Antrim A.C. | 62.87 |
| 3 | Catriona Cuddihy | Kilkenny City Hrs A.C. | 65.06 |
| 4 | Erin McIlveen | City of Lisburn | 65.38 |
| 5 | Louise Harvey | Tir Chonaill A.C. | 65.57 |
| 6 | Niamh Cremin | Leevale A.C. | 67.91 |
| 7 | Danielle Erskine | Dundrum South Dublin A.C. | 73.98 |
| 8 | Katie Rogers | Kerry Athletics | 75.26 |

1500 m Walk - Women Premier Div.

| Place | Name | Club | Time |
|-------|------------------|---------------------------|----------|
| 1 | Emma Prendiville | Kerry Athletics | 6.57.27 |
| 2 | Bryony Treston | Dundrum South Dublin A.C. | 8.43.42 |
| 3 | Marie Rooney | Tir Chonaill A.C. | 9.01.93 |
| 4 | Sally Murphy | Ferrybank A.C. | 10.23.85 |
| 5 | Buckley Una | Leevale A.C. | 11.07.17 |
| | Sylvia Rose | City of Lisburn | DQ |
| | Sinead Foley | Kilkenny City Hrs A.C. | DNS |
| | Caroline Mc Cann | Ballymena & Antrim A.C. | DNF |

High Jump - Women Premier Div.

| Place | Name | Club | Hgt (m) |
|-------|------------------|---------------------------|---------|
| 1 | Deirdre Ryan | Dundrum South Dublin A.C. | 1.80 |
| 2 | Sorcha Murphy | Ferrybank A.C. | 1.65 |
| 3 | Claire Wilkinson | Ballymena & Antrim A.C. | 1.55 |
| 3 | Linzi Herron | City of Lisburn | 1.55 |
| 3 | Roisin Howard | Leevale A.C. | 1.55 |
| 6 | Emma Prendiville | Kerry Athletics | 1.55 |
| 7 | Emily Maher | Kilkenny City Hrs A.C. | 1.50 |
| 8 | Louise Harvey | Tir Chonaill A.C. | 1.45 |

Long Jump - Women Premier Div.

| Place | Name | Club | Dist (m) |
|-------|------------------|---------------------------|----------|
| 1 | Kelly Proper | Ferrybank A.C. | 6.25 |
| 2 | Linzi Herron | City of Lisburn | 5.61 |
| 3 | Joanna Mills | Ballymena & Antrim A.C. | 5.54 |
| 4 | Lorraine O'Shea | Kilkenny City Hrs A.C. | 5.29 |
| 5 | Sophie Hensch | Leevale A.C. | 5.02 |
| 6 | Sinead O'Connor | Kerry Athletics | 5.01 |
| 7 | Danielle Erskine | Dundrum South Dublin A.C. | 4.91 |

Triple Jump - Women Premier Div.

| Place | Name | Club | Dist (m) |
|-------|--------------|-------------------------|----------|
| 1 | Rachel Healy | Ballymena & Antrim A.C. | 10.89 |

| | | | |
|---|-----------------|---------------------------|-------|
| 2 | Nicola Power | Ferrybank A.C. | 10.88 |
| 3 | Deirdre Ryan | Dundrum South Dublin A.C. | 10.82 |
| 4 | Sinead O'Connor | Kerry Athletics | 10.22 |
| 5 | Sylvia Rose | City of Lisburn | 9.91 |
| 6 | Aoife Corcoran | Kilkenny City Hrs A.C. | 9.35 |

Shot Putt - Women Premier Div.

| Place | Name | Club | Dist (m) |
|-------|-------------------|---------------------------|----------|
| 1 | Geraldine Stewart | Tir Chonaill A.C. | 11.09 |
| 2 | Cara Kennedy | Ferrybank A.C. | 10.47 |
| 3 | Laura Kerr | Ballymena & Antrim A.C. | 10.09 |
| 4 | Katie O'Shea | Kerry Athletics | 9.97 |
| 5 | Sarah Ryan | Leevale A.C. | 9.90 |
| 6 | Sarah Boyd | Kilkenny City Hrs A.C. | 9.27 |
| 7 | Niamh Reilly | Dundrum South Dublin A.C. | 8.26 |
| 8 | Caris Greenwood | City of Lisburn | 7.41 |

Discus - Women Premier Div.

| Place | Name | Club | Dist (m) |
|-------|--------------------|---------------------------|----------|
| 1 | Caris Greenwood | City of Lisburn | 30.67 |
| 2 | Jade Power | Ferrybank A.C. | 29.68 |
| 3 | Theresa Conlon | Kilkenny City Hrs A.C. | 24.58 |
| 4 | Una Marley | Kerry Athletics | 20.27 |
| 5 | Katey Byrd | Leevale A.C. | 17.41 |
| 6 | Marie Rooney | Tir Chonaill A.C. | 15.78 |
| 7 | Lucy Moore | Dundrum South Dublin A.C. | 14.77 |
| 8 | Chloe-Ja Mc Donald | Ballymena & Antrim A.C. | 14.05 |

Javelin - Women Premier Div.

| Place | Name | Club | Dist (m) |
|-------|-------------------|---------------------------|----------|
| 1 | Laura Kerr | Ballymena & Antrim A.C. | 42.01 |
| 2 | Kelly Proper | Ferrybank A.C. | 34.39 |
| 3 | Niamh Reilly | Dundrum South Dublin A.C. | 32.86 |
| 4 | Geraldine Stewart | Tir Chonaill A.C. | 29.45 |
| 5 | Sarah Ryan | Leevale A.C. | 25.67 |
| 6 | Amy Phelan | Kerry Athletics | 25.07 |
| 7 | Sylvia Rose | City of Lisburn | 14.49 |
| 8 | Emily Maher | Kilkenny City Hrs A.C. | 12.93 |

Hammer - Women Premier Div.

| Place | Name | Club | Dist (m) |
|-------|---------------------|---------------------------|----------|
| 1 | Cara Kennedy | Ferrybank A.C. | 50.85 |
| 2 | Theresa Conlon | Kilkenny City Hrs A.C. | 40.21 |
| 3 | Katie O'Shea | Kerry Athletics | 39.42 |
| 4 | Lucy Moore | Dundrum South Dublin A.C. | 22.15 |
| 5 | Amanda Mitchell | City of Lisburn | 20.22 |
| 6 | Brenda Morris | Tir Chonaill A.C. | 17.09 |
| 7 | Rebecca Mc Allister | Ballymena & Antrim A.C. | 16.89 |