



# **LEEVALE OPEN SPORTS** 18th April 2010 :: CIT Track

Electronic Timing, Cash Prizes and  
Online Entry for all Senior Events

# **LEEVALE AC**

*'believe and you can achieve'*

Event programme available at  
[www.leevale.org](http://www.leevale.org)

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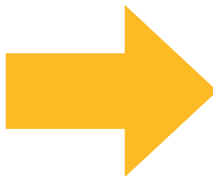
## Programme of Events

- ▶ Juvenile programme commences at 11:00am sharp
- ▶ Senior programme commences at 2:30pm
- ▶ Electronic timing and cash prizes for all senior events
- ▶ All hurdle races will be based on times
- ▶ International standard times achieved at Leevale open sports will be acknowledged by Athletics Ireland
- ▶ Online entries for junior & senior events [www.leevale.org](http://www.leevale.org)

	Boys/Men				Girls/Women			
<b>11:00am</b>								
<i>Tiny Tots</i>	50m				50m			
U 8 (04/03)	60m				60m			
Under 9 (02)	60m		Ball Throw	Relay	60m		Ball Throw	Relay
Under 10 (01)	80m	300m	Ball Throw		80m	300m	Ball Throw	
Under 11 (00)	80m	300m	Long Jump	Relay	80m	300m	Long Jump	Relay
Under 12 (99)	80m	600m	High Jump		80m	600m	High Jump	
			60mH 2'3"				60mH 2'3"	
Under 13 (98)	80m	600m	Long Jump	Relay	80m	600m	Long Jump	Relay
			60mH 2'3"				60mH 2'3"	
Under 14 (97)	100m	800m	High Jump		100m	800m	High Jump	
			75mH 2'6"				75mH 2'6"	
Under 15 (96)	100m	800m	Long Jump	Relay	100m	800m	Long Jump	Relay
			80mH 2'9"				80mH 2'6"	
Under 16 (95)	100m	800m	High Jump		100m	800m	High Jump	
Under 17 (94)	100m	1500m	Long Jump	Relay	100m	1500m	Long Jump	Relay
<b>2.30pm</b>								
Junior	110mH							
Senior	400mH							
	100m		High Jump	Relay	100m		High Jump	Relay
	200m		Long Jump		200m		Long Jump	
	400m		Shot		400m		Shot	
	1500m				800m			
	3000m		Incorporating team event		3000m		Incorporating team event	

**NOTES:**

Juvenile programme will be completed by 2:30pm  
 There is a charge of €5 per relay team  
 Athletes must compete in their own age group, but may move up one age group where they are not catered for in an event in their own group  
 The Juvenile and Senior programmes will commence on time  
 Leevale reserve the right to modify the programme on the day.



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