

Woodie's DIY AAI Games
Nenagh - 22nd January, 2011

Men's 60 m

Place	Name	Club	Time
1	David Quilligan	Leevale A.C.	7.17
2	Michael Hynes	Raheny Shamrock A.C.	7.35
3	Stephen Kelly	Tullamore Harriers A.C.	7.38
4	Olawale Egbeyemi	St. L. O'Toole A.C.	7.52
5	Aaron Meyler	Menapians A.C.	7.63
6	Thomas Griffin	Riocht A.C.	7.78
7	Ronan Coyle	Galway City Harriers A.C.	7.81
8	Ronan Foley	Togher A.C.	8.11
1	Paul Whelan	Dublin Striders A.C.	7.15
2	Cian Aherne	Dooneen A.C.	7.31
3	David Killeen	Leevale A.C.	7.31
4	Eoin Muldowney	Castlecomer A.C.	7.32
5	Adrian Jackman	Menapians A.C.	7.69
6	Jason Lynch	Riocht A.C.	7.69
7	Diarmuid Aherne	Individual	8.48

Men's 60 m Hurdles

Place	Name	Club	Time
1	Gerard O'Donnell	Carrick-On-Shannon A.C.	8.97
2	Conor Mc Crossan	Clonliffe Harriers A.C.	9.09
3	Adrian Jackman	Menapians A.C.	9.63

Men's 200 m

Place	Name	Club	Time
1	Gerard O'Donnell	Carrick-On-Shannon A.C.	24.19
2	Adrian Jackman	Menapians A.C.	24.66
3	Brian Boyce	Letterkenny A.C.	25.43
1	Stephen Kelly	Tullamore Harriers A.C.	23.36
2	Zoltan Gyomber	Dooneen A.C.	23.71
3	Aaron Meyler	Menapians A.C.	25.14

Men's 400 m

Place	Name	Club	Time
1	Ciaran Mackey	Clonliffe Harriers A.C.	51.18
2	Cathal Owens	Leevale A.C.	51.47
3	Eoin Murphy	Newbridge A.C.	55.58
4	James Kelly	Fr. Murphy A.C.	58.92

Men's 1000 m

Place	Name	Club	Time
1	David Mc Carthy	Le Cheile A.C.	2.29.31
2	Mark Hanrahan	Leevale A.C.	2.31.59
3	Dean Cronin	Blarney/Inniscara A.C.	2.34.55
4	Ronan Duggan	Bandon A.C.	2.36.49
5	Richard Owens	Sli Cualann A.C.	2.37.07
6	Stephen Dineen	University of Ulster	2.43.02
7	David Somerville	Tallaght A.C.	2.47.17
8	Alan Kelly	Galway City Harriers A.C.	2.49.43
1	Cathal Daly	Sli Cualann A.C.	2.40.23
2	Ronan Kearns	Crusaders A.C.	2.41.92
3	Aidan Mullins	Bantry A.C.	2.42.55
4	Ciara Everard	U.C.D. A.C.	2.51.45
5	Laura Crowe	Riocht A.C.	2.54.43

6	James Maher	Templemore A.C.	2.57.20
7	James Kelly	Fr. Murphy A.C.	3.06.89
1	John Coghlan	Metro/St. Brigid's A.C.	2.35.64
2	Liam Tremble	Metro/St. Brigid's A.C.	2.40.58
3	Peter Gaffney	Metro/St. Brigid's A.C.	2.46.01

Men's 3km Walk

Place	Name	Club	Time
1	David Kidd	St. L. O'Toole A.C.	12.39.53
2	Cian Mc Menamon	Westport A.C.	13.01.95
3	Timothy Healy	Togher A.C.	13.36.50

Men's Long Jump

Place	Name	Club	Dist (m)
1	David Quilligan	Leevale A.C.	7.11
2	Lee Austin	St. Joseph's A.C.	4.80

Men's High Jump

Place	Name	Club	Hgt (m)
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Men's Shot Putt

Place	Name	Club	Dist (m)
1	Sean Breathnach	Galway City Harriers A.C.	14.83
2	Patsy O'Connor	Tralee Harriers A.C.	12.08
3	Lee Austin	St. Joseph's A.C.	9.12

Men's Triple Jump

Place	Name	Club	Dist (m)
1	Shane Prout	Carrick-on-Suir A.C.	12.50
2	Michael Godley	Tralee Harriers A.C.	12.08

Women's Triple Jump

Place	Name	Club	Dist (m)
1	Mary Mc Loone	Tír Chonaill A.C.	11.78
2	Sinead O'Connor	Tralee Harriers A.C.	10.89
3	Aoife Bartley	Carrick-on-Suir A.C.	10.64

Women's 60 m

Place	Name	Club	Time
1	Joan Healy	Bandon A.C.	7.71
2	Niamh Whelan	Ferrybank A.C.	7.73
3	Eilish Fitzpatrick	Gneeveguilla A.C.	7.79
4	Steffi Creaner	Celtic DCH A.C.	7.80
5	Catherine Mc Manus	Celtic DCH A.C.	7.89
6	Mary Mc Loone	Tír Chonaill A.C.	7.99
7	Stephanie Carroll	Dooneen A.C.	8.27
8	Snezana Bechtina	Clonliffe Harriers A.C.	8.29

Women's 60 m Hurdles

Place	Name	Club	Time
1	Catherine Mc Manus	Celtic DCH A.C.	9.29
2	Laura Boylan	Sli Cualann A.C.	10.02

Women's 200 m

Place	Name	Club	Time
1	Marian Heffernan	Togher A.C.	25.29
2	Steffi Creaner	Celtic DCH A.C.	25.49

1	Stephanie Carroll	Dooneen A.C.	26.80
2	Christine Neville	Leevale A.C.	27.09
3	Susan Giblin	Raheny Shamrock A.C.	29.97
1	Snezana Bechtina	Clonliffe Harriers A.C.	26.77
2	Phil Healy	Bandon A.C.	26.83
3	Jessica Neville	Leevale A.C.	27.24

Women's 400 m

Place	Name	Club	Time
1	Marian Heffernan	Togher A.C.	56.51
2	Stephanie Carroll	Dooneen A.C.	63.05
3	Susan Giblin	Raheny Shamrock A.C.	66.50

Women's 1000 m

Place	Name	Club	Time
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Women's 3km Walk

Place	Name	Club	Time
1	Kate Veale	West Waterford A.C.	13.11.86
3	Fiona Dennehy	St. Senans A.C.	16.16.71
4	Clíodhna Mulroy	Swinford A.C.	16.52.48
	Maeve Curley	Craughwell A.C.	DQ

Women's Long Jump

Place	Name	Club	Dist (m)
1	Mary Mc Loone	Tír Chonaill A.C.	5.47
2	Sinead O'Connor	Tralee Harriers A.C.	5.28
3	Nicola Power	Ferrybank A.C.	5.08
4	Mairead Mc Cann	Craughwell A.C.	4.91
5	Roisin Howard	Bandon A.C.	4.67

Women's High Jump

Place	Name	Club	Hgt (m)
1	Sarah Finnegan	Craughwell A.C.	1.46

Women's Shot Putt

Place	Name	Club	Dist (m)
1	Niamh Murphy	Blarney/Inniscara A.C.	11.07
2	Roisin Howard	Bandon A.C.	9.30