



Cork County Athletics Board



2011 John Buckley Sports Graded Track & Field League Round 1

A very windy Cork Institute of Technology was the venue for the first round of the John Buckley Sports sponsored graded track and field leagues on Monday night May 23rd 2011. In its second year in the current format all athletes performances are awarded points based on the IAAF scoring tables and performances are graded as per the tables on page 2.

This year there will be overall awards for individual competitors as judged by the meet organisers. These awards will be based on criteria such as points scored, meets attended, event type, improvement shown etc.

The top 10 performances from Round 1 are tabulated below and a full set of results can be seen in the following pages

Position	No	Name	Club	Category	Event	Time/Dist	Points	Grade
1	19	Christine Neville	Leevale	F	200m	26.77	8.81	Platinum
2	30	Niamh Roe	Eagle	F	3000m	10:11.23	8.80	Platinum
3	9	David O' Shea	Dooneen	M	200m	22.56	8.66	Platinum
4	18	Jessica Neville	Leevale	F	200m	27.00	8.66	Platinum
5	12	David Quilligan	Leevale	M	LJ	6.69	8.49	Platinum
6	16	David Kileen	Leevale	M	200m	22.74	8.43	Platinum
7	36	Martina Kiely	St Finbarrs	F	3000m	10:33.70	8.15	Platinum
8	29	Roisin Howard	Bandon	F	200m	27.85	8.10	Platinum
9	26	Conan O' Callaghan	Spa Muckcross	M	200m	23.02	8.08	Platinum
10	7	Kevin Walsh	Togher	M	200m	23.17	7.90	Platinum



Cork County Athletics Board



Grading Criteria

Points	Grade
9.0 +	Diamond
7.5 – 8.99	Platinum
6.0 – 7.49	Gold
4.5 – 5.99	Silver
3.0 – 4.49	Bronze

Point scores based on IAAF Tables 2008. Click [here](#) for further details of IAAF Tables.

Men's points table

Points	100m Time	110mH Time	200m Time	400m Time	800m Time	1500m Time	Mile Time	3000m Time	DT Distance	JT Distance	TJ Distance	SP Distance	PV Height	LJ Distance	HJ Height	
10.0	10.61	14.38	21.56	47.95	1:51.02	3:48.17	4:06.21	8:09.71	57.34	74.7	15.56	18.00	5.12	7.40	2.13	D
9.5	10.76	14.68	21.93	48.82	1:52.87	3:52.14	4:10.48	8:18.58	54.69	71.25	15.10	17.17	4.95	7.16	2.08	
9.0	10.92	14.98	22.30	49.7	1:54.76	3:56.22	4:14.87	8:27.69	52.03	67.79	14.63	16.34	4.77	6.92	2.03	
8.5	11.08	15.29	22.69	50.61	1:56.72	4:00.41	4:19.38	8:37.05	49.37	64.33	14.16	15.50	4.60	6.68	1.98	P
8.0	11.25	15.61	23.10	51.55	1:58.72	4:04.73	4:24.02	8:46.69	46.71	60.87	13.68	14.67	4.42	6.44	1.93	
7.5	11.42	15.94	23.51	52.52	2:00.80	4:09.18	4:28.82	8:56.64	44.04	57.4	13.21	13.83	4.24	6.20	1.87	
7.0	11.59	16.28	23.92	53.51	2:02.94	4:13.79	4:33.78	9:06.93	41.37	53.93	12.73	12.99	4.06	5.95	1.82	G
6.5	11.77	16.63	24.36	54.55	2:05.16	4:18.56	4:38.91	9:17.59	38.70	50.46	12.25	12.15	3.88	5.70	1.77	
6.0	11.97	17.00	24.81	55.63	2:07.47	4:23.52	4:44.25	9:28.67	36.03	46.98	11.77	11.31	3.70	5.46	1.72	
5.5	12.16	17.38	25.29	56.75	2:09.88	4:28.69	4:49.82	9:40.22	33.35	43.5	11.22	10.47	3.52	5.21	1.66	S
5.0	12.38	17.78	25.79	57.92	2:12.39	4:34.10	4:55.64	9:52.31	30.66	40.01	10.80	9.63	3.34	4.96	1.61	
4.5	12.59	18.21	26.31	59.16	2:15.04	4:39.79	5:01.77	10:05.02	27.98	36.52	10.32	8.79	3.16	4.71	1.56	
4.0	12.81	18.65	26.87	60.47	2:17.84	4:45.81	5:08.24	10:18.46	25.29	33.02	9.83	7.95	2.97	4.46	1.50	B
3.5	13.07	19.12	27.45	61.86	2:20.82	4:52.22	5:15.14	10:32.76	22.60	29.52	9.34	7.10	2.79	4.21	1.45	
3.0	13.32	19.63	28.09	63.35	2:24.02	4:59.10	5:22.54	10:48.14	19.90	26.02	8.84	6.26	2.61	3.95	1.39	
2.5	13.62	20.19	28.78	64.97	2:27.51	5:06.58	5:30.60	11:04.85	17.20	22.51	8.34	5.41	2.42	3.70	1.34	
2.0	13.92	20.80	29.54	66.77	2:31.36	5:14.86	5:39.51	11:23.34	14.50	18.99	7.85	4.56	2.24	3.44	1.28	
1.5	14.28	21.50	30.40	68.81	2:35.73	5:24.46	5:49.62	11:44.33	11.80	15.48	7.34	3.71	2.05	3.18	1.23	
1.0	14.70	22.32	31.43	71.23	2:40.92	5:35.40	6:01.62	12:09.23	9.09	11.96	6.84	2.86	1.86	2.92	1.17	

Women's points table

Points	100m Time	110mH Time	200m Time	400m Time	800m Time	1500m Time	Mile Time	3000m Time	DT Distance	JT Distance	TJ Distance	SP Distance	PV Height	LJ Distance	HJ Height	
10.0	10.61	14.38	21.56	47.95	1:51.02	3:48.17	4:06.21	8:09.71	57.34	74.7	15.56	18.00	5.12	7.40	2.13	D
9.5	10.76	14.68	21.93	48.82	1:52.87	3:52.14	4:10.48	8:18.58	54.69	71.25	15.10	17.17	4.95	7.16	2.08	
9.0	10.92	14.98	22.30	49.7	1:54.76	3:56.22	4:14.87	8:27.69	52.03	67.79	14.63	16.34	4.77	6.92	2.03	
8.5	11.08	15.29	22.69	50.61	1:56.72	4:00.41	4:19.38	8:37.05	49.37	64.33	14.16	15.50	4.60	6.68	1.98	P
8.0	11.25	15.61	23.10	51.55	1:58.72	4:04.73	4:24.02	8:46.69	46.71	60.87	13.68	14.67	4.42	6.44	1.93	
7.5	11.42	15.94	23.51	52.52	2:00.80	4:09.18	4:28.82	8:56.64	44.04	57.4	13.21	13.83	4.24	6.20	1.87	
7.0	11.59	16.28	23.92	53.51	2:02.94	4:13.79	4:33.78	9:06.93	41.37	53.93	12.73	12.99	4.06	5.95	1.82	G
6.5	11.77	16.63	24.36	54.55	2:05.16	4:18.56	4:38.91	9:17.59	38.70	50.46	12.25	12.15	3.88	5.70	1.77	
6.0	11.97	17.00	24.81	55.63	2:07.47	4:23.52	4:44.25	9:28.67	36.03	46.98	11.77	11.31	3.70	5.46	1.72	
5.5	12.16	17.38	25.29	56.75	2:09.88	4:28.69	4:49.82	9:40.22	33.35	43.5	11.22	10.47	3.52	5.21	1.66	S
5.0	12.38	17.78	25.79	57.92	2:12.39	4:34.10	4:55.64	9:52.31	30.66	40.01	10.80	9.63	3.34	4.96	1.61	
4.5	12.59	18.21	26.31	59.16	2:15.04	4:39.79	5:01.77	10:05.02	27.98	36.52	10.32	8.79	3.16	4.71	1.56	
4.0	12.81	18.65	26.87	60.47	2:17.84	4:45.81	5:08.24	10:18.46	25.29	33.02	9.83	7.95	2.97	4.46	1.50	B
3.5	13.07	19.12	27.45	61.86	2:20.82	4:52.22	5:15.14	10:32.76	22.60	29.52	9.34	7.10	2.79	4.21	1.45	
3.0	13.32	19.63	28.09	63.35	2:24.02	4:59.10	5:22.54	10:48.14	19.90	26.02	8.84	6.26	2.61	3.95	1.39	
2.5	13.62	20.19	28.78	64.97	2:27.51	5:06.58	5:30.60	11:04.85	17.20	22.51	8.34	5.41	2.42	3.70	1.34	
2.0	13.92	20.80	29.54	66.77	2:31.36	5:14.86	5:39.51	11:23.34	14.50	18.99	7.85	4.56	2.24	3.44	1.28	
1.5	14.28	21.50	30.40	68.81	2:35.73	5:24.46	5:49.62	11:44.33	11.80	15.48	7.34	3.71	2.05	3.18	1.23	
1.0	14.70	22.32	31.43	71.23	2:40.92	5:35.40	6:01.62	12:09.23	9.09	11.96	6.84	2.86	1.86	2.92	1.17	



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There will also be a team competition with a clubs best six performances on the night going towards their team score. After Round 1 Leevale AC are setting the pace and the top three team results from Round 1 are tabulated below

No	Name	Club	Category	Event	Time/Dist	Points
	Relay	Leevale	M	400m	3:35.8	11.65
19	Christine Neville	Leevale	F	200m	26.77	8.81
18	Jessica Neville	Leevale	F	200m	27.00	8.66
12	David Quilligan	Leevale	M	LJ	6.69	8.49
16	David Kileen	Leevale	M	200m	22.74	8.43
17	Thomas O' Sullivan	Leevale	M	200m	23.22	7.83
Points						53.88

1

No	Name	Club	Category	Event	Time/Dist	Points
	Relay	St Finbarrs	F	400m	4:48.4	8.48
36	Martina Kiely	St Finbarrs	F	3000m	10:33.70	8.15
38	Michelle Nolan	St Finbarrs	F	3000m	11:11.99	7.09
	Relay	St Finbarrs	M	400m	4:13.5	7.03
35	Colin Condon	St Finbarrs	M	3000m	9:11.86	6.77
23	Barbara Curran	St Finbarrs	F	200m	31.51	5.91
Points						43.43

2

No	Name	Club	Category	Event	Time/Dist	Points
7	Kevin Walsh	Togher	M	200m	23.17	7.90
58	Tony Kelleher	Togher	M	3000m	9:09.55	6.88
34	Eoin O Sullivan	Togher	M	3000m	9:16.42	6.56
49	Jeremy Walsh	Togher	M	3000m	9:45.46	5.27
47	Rob Long	Togher	M	3000m	9:52.90	4.97
46	Cilian Fleming	Togher	M	3000m	9:53.42	4.95
Points						36.52

3

The next meet in the series takes place at CIT on Friday night June 10th at 7pm. The events for round 2 are 100m, 800m, HJ, Discus and 4 x 200m Relay, (electronic timing provided).

200m Race 1 Wind +0.1 m/s

No		Name	Club	Cat	Event	Time	Points	Grade
10	1	Darren O' Donovan	Leevale	M	200m	23.85	7.08	Gold
2	2	Ronan Foley	Leevale	M	200m	26.44	4.38	Bronze
19	3	Christine Neville	Leevale	F	200m	26.77	8.81	Platinum
18	4	Jessica Neville	Leevale	F	200m	27.00	8.66	Platinum
29	5	Roisin Howard	Bandon	F	200m	27.85	8.10	Platinum
24	5	Brendan Dennehy	Rising Sun	M	200m	28.42	2.75	-
4	5	Con O' Donovan	Rising Sun	M	200m	31.99	0.77	-

200m Race 2 Wind +2.0 m/s

No		Name	Club	Cat	Event	Time	Points	Grade
9	1	David O' Shea	Dooneen	M	200m	22.56	8.66	Platinum
16	2	David Kileen	Leevale	M	200m	22.74	8.43	Platinum
26	3	Conan O' Callaghan	Spa Muckross	M	200m	23.02	8.08	Platinum
7	4	Kevin Walsh	Togher	M	200m	23.17	7.90	Platinum
17	5	Thomas O' Sullivan	Leevale	M	200m	23.22	7.83	Platinum
11	6	Paul Stack	Leevale	M	200m	23.48	7.52	Platinum
8	6	Ger O' Shea	Dooneen	M	200m	23.91	7.01	Gold
22	6	Cathal Owens	Leevale	M	200m	24.22	6.65	Gold

200m Race 3 Wind +1.8 m/s

No		Name	Club	Cat	Event	Time	Points	Grade
33	1	Daniel Ahern	Leevale	M	200m	23.91	7.01	Gold
14	2	Pat Breen	Waterford	M	200m	25.45	5.34	Silver
13	3	Tom O' Brien	Waterford	M	200m	25.45	5.34	Silver
35	4	Colin Condon	St Finbarrs	M	200m	27.21	3.70	Bronze
23	5	Barbara Curran	St Finbarrs	F	200m	31.51	5.91	Silver
15	6	Emma Brent	Waterford	F	200m	31.80	5.76	Silver

4 x 400m Relay

	Club	Cat	Event	Time	Points	Grade
1	Leevale	M	4 x 400m	3:35.8	11.65	Diamond
2	Blarney-Inniscarra	M	4 x 400m	3:37.1	11.47	Diamond
3	Waterford (Mixed)	M	4 x 400m	4:02.6	8.25	Platinum
4	St Finbarrs	M	4 x 400m	4:13.5	7.03	Gold
5	St Finbarrs	F	4 x 400m	4:48.4	8.48	Platinum

3000m Race 1

No		Name	Club	Cat	Event	Time	Points	Grade
21	1	James McCarthy	East Cork	M	3000m	8:54.06	7.64	Platinum
25	2	Ed Murphy	Gneevguilla	M	3000m	8:55.77	7.55	Platinum
58	3	Tony Kelleher	Togher	M	3000m	9:09.55	6.88	Gold
35	4	Colin Condon	St Finbarrs	M	3000m	9:11.86	6.77	Gold
34	5	Eoin O Sullivan	Togher	M	3000m	9:16.42	6.56	Gold
52	6	Shane Maher	Ferrybank	M	3000m	9:21.03	6.34	Gold
49	7	Jeremy Walsh	Togher	M	3000m	9:45.46	5.27	Silver
41	8	John Hennessy	Midleton	M	3000m	9:48.47	5.15	Silver
47	9	Rob Long	Togher	M	3000m	9:52.90	4.97	Silver
46	10	Cilian Fleming	Togher	M	3000m	9:53.42	4.95	Silver
50	11	Steven Macklin	Togher	M	3000m	9:54.10	4.92	Silver
27	12	John Collins	Skibbereen	M	3000m	9:54.95	4.88	Silver
5	13	Declan Murphy	St Finbarrs	M	3000m	9:57.47	4.78	Silver
30	14	Niamh Roe	Eagle	F	3000m	10:11.23	8.80	Platinum
43	15	Carmel Crowley	Bandon	F	3000m	10:43.13	7.88	Platinum

3000m Race 2

No		Name	Club	Cat	Event	Time	Points	Grade
54	1	Cathal O' Donovan	St Finbarrs	M	3000m	9:52.28	4.99	Silver
31	2	Kevin Coleman	St Finbarrs	M	3000m	9:54.75	4.89	Silver
6	1	Michael Murphy	St Finbarrs	M	3000m	10:24.17	3.78	Bronze
32	2	Stephen Geoghegan	St Finbarrs	M	3000m	10:32.82	3.47	Bronze
36	3	Martina Kiely	St Finbarrs	F	3000m	10:33.70	8.15	Platinum
3	4	David O' Dwyer	East Cork	M	3000m	10:38.64	3.28	Bronze
48	5	Pat Murphy	Eagle	M	3000m	10:53.79	2.79	-
38	6	Michelle Nolan	St Finbarrs	F	3000m	11:11.99	7.09	Gold
20	7	Eddie Barry	St Finbarrs	M	3000m	12:05.13	1.01	-
55	8	Orla Crosbie	St Finbarrs	F	3000m	12:31.04	5.14	Silver
1	9	Tony O' Brien	St Finbarrs	M	3000m	12:42.29	0.41	-
37	10	Elaine O' Donoghue	Riverstick Kinsale	F	3000m	12:46.62	4.79	Silver

Long Jump (Men)

No	Name	Club	Cat	Event	R1	Wind (m/s)	R2	Wind (m/s)	R3	Wind (m/s)	Distance	Points	Grade
12	1 David Quilligan	Leevale	M	LJ	6.50	-1.00	6.69	0.00	X		6.69	8.49	Platinum
13	2 Tom O' Brien	Waterford	M	LJ	5.31	-0.70	5.70	1.70	X		5.70	6.51	Gold
24	3 Brendan Dennehy	Rising Sun	M	LJ	4.27	0.00	X	0.00	4.29	0.10	4.29	3.68	Bronze
4	4 Con O' Donovan	Rising Sun	M	LJ	3.69	0.79	3.57	0.00	3.82	-0.30	3.82	2.74	-

Long Jump (Women)

29	5 Roisin Howard	Bandon	F	LJ	4.92	1.60	4.86	0.10	4.63		4.92	7.29	Gold
15	6 Emma Brent	Waterford	F	LJ	3.43	0.50	3.45	0.10	3.32		3.45	4.35	Bronze

Shot (Men)

No	Name	Club	Cat	Event	R1	R2	R3	Distance	Points	Grade
42	1 Brian Hayes	Leevale	M	SP	8.51	9.01	9.96	9.96	5.20	Silver
62	2 Gearoid Kelly	Ballincollig	M	SP	X	9.17	9.39	9.39	4.86	Silver
53	3 Daithi Merrick	St Finbarrs	M	SP	6.78	6.91	6.92	6.92	3.39	Bronze
1	4 Tony O' Brien	St Finbarrs	M	SP	6.78	6.63	6.67	6.78	3.31	Bronze

Shot (Women)

No	Name	Club	Cat	Event	R1	R2	R3	Distance	Points	Grade
44	1 Clare Fitzgerald	Tralee Harriers	F	SP	13.52	13.66	13.67	13.67	7.82	Platinum
51	2 Niamh Murphy	Blarney Inniscarra	F	SP	X	11.56	11.76	11.76	6.62	Gold
29	3 Roisin Howard	Bandon	F	SP	8.88	9.54	9.23	9.54	5.22	Silver

56 WFD (Men)

No	Name	Club	Cat	Event	R1	R2	R3	Distance	Points	Grade
62	1 Gearoid Kelly	Ballincollig	M	SP	8.51	9.01	9.96	9.96	10.39	Diamond
53	2 Daithi Merrick	St Finbarrs	M	SP	X	9.17	9.39	9.39	9.71	Diamond
42	3 Brian Hayes	Leevale	M	SP	6.78	6.91	6.92	6.92	6.78	Gold
1	4 Tony O' Brien	St Finbarrs	M	SP	6.78	6.63	6.67	6.78	6.61	Gold

Position	No	Name	Club	Category	Event	Time/Dist	Points	Grade
1	19	Christine Neville	Leevale	F	200m	26.77	8.81	Platinum
2	30	Niamh Roe	Eagle	F	3000m	10:11.23	8.80	Platinum
3	9	David O' Shea	Dooneen	M	200m	22.56	8.66	Platinum
4	18	Jessica Neville	Leevale	F	200m	27.00	8.66	Platinum
5	12	David Quilligan	Leevale	M	LJ	6.69	8.49	Platinum
6	16	David Kileen	Leevale	M	200m	22.74	8.43	Platinum
7	36	Martina Kiely	St Finbarrs	F	3000m	10:33.70	8.15	Platinum
8	29	Roisin Howard	Bandon	F	200m	27.85	8.10	Platinum
9	26	Conan O' Callaghan	Spa Muckcross	M	200m	23.02	8.08	Platinum
10	7	Kevin Walsh	Togher	M	200m	23.17	7.90	Platinum
11	43	Carmel Crowley	Bandon	F	3000m	10:43.13	7.88	Platinum
12	17	Thomas O' Sullivan	Leevale	M	200m	23.22	7.83	Platinum
13	44	Clare Fitzgerald	Tralee Harriers	F	SP	13.67	7.82	Platinum
14	21	James McCarthy	East Cork	M	3000m	8:54.06	7.64	Platinum
15	25	Ed Murphy	Gneevquilla	M	3000m	8:55.77	7.55	Platinum
16	11	Paul Stack	Leevale	M	200m	23.48	7.52	Platinum
17	29	Roisin Howard	Bandon	F	LJ	4.92	7.29	Gold
18	38	Michelle Nolan	St Finbarrs	F	3000m	11:11.99	7.09	Gold
19	10	Darren O' Donovan	Leevale	M	200m	23.85	7.08	Gold
20	8	Ger O' Shea	Dooneen	M	200m	23.91	7.01	Gold
21	33	Daniel Ahern	Leevale	M	200m	23.91	7.01	Gold
22	58	Tony Kelleher	Togher	M	3000m	9:09.55	6.88	Gold
23	35	Colin Condon	St Finbarrs	M	3000m	9:11.86	6.77	Gold
24	22	Cathal Owens	Leevale	M	200m	24.22	6.65	Gold
25	51	Niamh Murphy	Blarney Inniscarra	F	SP	11.76	6.62	Gold
26	34	Eoin O Sullivan	Togher	M	3000m	9:16.42	6.56	Gold
27	13	Tom O' Brien	Waterford	M	LJ	5.70	6.51	Gold
28	52	Shane Maher	Ferrybank	M	3000m	9:21.03	6.34	Gold
29	23	Barbara Curran	St Finbarrs	F	200m	31.51	5.91	Silver
30	15	Emma Brent	Waterford	F	200m	31.80	5.76	Silver
31	62	Gearoid Kelly	Ballincollig	M	WFD	5.97	5.65	Silver
32	14	Pat Breen	Waterford	M	200m	25.45	5.34	Silver
33	13	Tom O' Brien	Waterford	M	200m	25.45	5.34	Silver
34	49	Jeremy Walsh	Togher	M	3000m	9:45.46	5.27	Silver
35	29	Roisin Howard	Bandon	F	SP	9.54	5.22	Silver
36	42	Brian Hayes	Leevale	M	SP	9.96	5.20	Silver
37	41	John Hennessy	Midleton	M	3000m	9:48.47	5.15	Silver
38	55	Orla Crosbie	St Finbarrs	F	3000m	12:31.04	5.14	Silver
39	54	Cathal O' Donovan	St Finbarrs	M	3000m	9:52.28	4.99	Silver
40	47	Rob Long	Togher	M	3000m	9:52.90	4.97	Silver
41	46	Cilian Fleming	Togher	M	3000m	9:53.42	4.95	Silver
42	50	Steven Macklin	Togher	M	3000m	9:54.10	4.92	Silver
43	31	Kevin Coleman	St Finbarrs	M	3000m	9:54.75	4.89	Silver
44	27	John Collins	Skibbereen	M	3000m	9:54.95	4.88	Silver
45	62	Gearoid Kelly	Ballincollig	M	SP	9.39	4.86	Silver
46	37	Elaine O' Donoghue	Riverstick Kinsale	F	3000m	12:46.62	4.79	Silver
47	5	Declan Murphy	St Finbarrs	M	3000m	9:57.47	4.78	Silver
48	53	Daithi Merrick	St Finbarrs	M	WFD	5.07	4.58	Silver
49	42	Brian Hayes	Leevale	M	WFD	5.00	4.50	Bronze
50	2	Ronan Foley	Leevale	M	200m	26.44	4.38	Bronze
51	15	Emma Brent	Waterford	F	LJ	3.45	4.35	Bronze
52	6	Michael Murphy	St Finbarrs	M	3000m	10:24.17	3.78	Bronze
53	35	Colin Condon	St Finbarrs	M	200m	27.21	3.70	Bronze
54	24	Brendan Dennehy	Rising Sun	M	LJ	4.29	3.68	Bronze
55	32	Stephen Geoghegan	St Finbarrs	M	3000m	10:32.82	3.47	Bronze
56	53	Daithi Merrick	St Finbarrs	M	SP	6.92	3.39	Bronze
57	1	Tony O' Brien	St Finbarrs	M	SP	6.78	3.31	Bronze
58	3	David O' Dwyer	East Cork	M	3000m	10:38.64	3.28	Bronze
59	1	Tony O' Brien	St Finbarrs	M	WFD	3.57	2.80	-
60	48	Pat Murphy	Eagle	M	3000m	10:53.79	2.79	-
61	24	Brendan Dennehy	Rising Sun	M	200m	28.42	2.75	-
62	4	Con O' Donovan	Rising Sun	M	LJ	3.82	2.74	-
63	20	Eddie Barry	St Finbarrs	M	3000m	12:05.13	1.01	-
64	4	Con O' Donovan	Rising Sun	M	200m	31.99	0.77	-
65	1	Tony O' Brien	St Finbarrs	M	3000m	12:42.29	0.41	-

No	Name	Club	Category	Event	Time/Dist	Points
	Relay	Leevale	M	4 × 400m	3:35.8	11.65
19	Christine Neville	Leevale	F	200m	26.77	8.81
18	Jessica Neville	Leevale	F	200m	27.00	8.66
12	David Quilligan	Leevale	M	LJ	6.69	8.49
16	David Kileen	Leevale	M	200m	22.74	8.43
17	Thomas O' Sullivan	Leevale	M	200m	23.22	7.83

Points	53.88
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No	Name	Club	Category	Event	Time/Dist	Points
	Relay	St Finbarrs	F	4 × 400m	4:48.4	8.48
36	Martina Kiely	St Finbarrs	F	3000m	10:33.70	8.15
38	Michelle Nolan	St Finbarrs	F	3000m	11:11.99	7.09
	Relay	St Finbarrs	M	4 × 400m	4:13.5	7.03
35	Colin Condon	St Finbarrs	M	3000m	9:11.86	6.77
23	Barbara Curran	St Finbarrs	F	200m	31.51	5.91

Points	43.43
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No	Name	Club	Category	Event	Time/Dist	Points
7	Kevin Walsh	Togher	M	200m	23.17	7.90
58	Tony Kelleher	Togher	M	3000m	9:09.55	6.88
34	Eoin O Sullivan	Togher	M	3000m	9:16.42	6.56
49	Jeremy Walsh	Togher	M	3000m	9:45.46	5.27
47	Rob Long	Togher	M	3000m	9:52.90	4.97
46	Cilian Fleming	Togher	M	3000m	9:53.42	4.95

Points	36.52
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No	Name	Club	Category	Event	Time/Dist	Points
51	Niamh Murphy	Blarney Inniscarra	F	SP	11.76	6.62
	Relay	Blarney-Inniscarra	M	4 × 400m	3:37.1	11.47

Points	18.09
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