

## Results Castleisland 12th June 2011

### 100m

#### Prem Women

1	Eilis Fitzpatrick	Kerry County	11.6 (H)
2	Phil Healy	Bandon	11.90
3	Ciara Giles Doran	Ferrybank	12.00
4	Louise McArdle	Leevale	12.10
5	Ciara Grant	Meath County	12.90
6	Sinead Lawler	Kildare Countydare	13.50

#### Div 1 Women

1	Shauna Canon	Crusadersaders	11.8 (H)
2	M. Heelan	Limerick County	11.90
3	Eimear Lynch	Tipperary County	12.50
4	Denise Wickham	Wexford	12.80
5	Katie Brennan	St Abbans	13.10
6	Ciara Scanlon	West Waterford	14.90

#### Premier Men

1	Chris Russell	Ferrybank	10.2 (H)
2	Stephen Colvert	Crusaders	10.50
3	Greg O'Shea	Limerick County	10.80
4	David Kildare Countyleen	Leevale	10.80
5	Joey Monaghan	Meath County	11.40
6	Denis Brophy	St Abbans	12.00

#### Div 1 Men

1	Cormac Lynch	Clare County	10.7(H)
2	Shane O'Dwyer	Tipperary County	11.00
3	Brendan Leahy	Waterford A.C.	11.20
4	Ciaran McCabe	Riocht	11.20
5	Basil Enafit	Kildare County	12.10
	MI Downey	West Waterford	DQ

### 1500m Walk

#### Div 1 Women

1	Kate Veale	West Waterford	6.09.52
2	Marie Mooney	Wexford County	7.34.21
3	Ruth Farrell	St Abbans	8.06 (H)
4	Siobhan Hennessey	Tipperary County	11.2 (H)

#### Premier Women

1	Caoimhe Casey	Kerry County	7.22.04
2	Collette Tuthill	Bandon	8.19 (H)
3	Sarah Bourke	Kildare Countydare	8.34.2 (H)
4	Niamh Ryan	Ferrybank	11.55.0 (H)

### 3000M Walk

#### Premier Men

1	Rob Heffernan	Leevale	11.38.80
2	Niall Prenderville	Kerry County	13.25.53
3	Niall Tuohy	Ferrybank	NT

#### Div 1 Men

1	Jamie Costin	West Waterford	12.52.92
2	Evan Lynch	Tipperary County	13.05.80
3	Bobby King	Kildare County	14.28.37
4	Conor Crowley	Riocht	17.7 (H)
5	James Maguire	Waterford A.C.	NT

### 100m Hurdles

#### Premier Women

			-1.20
1	Megan Kiely	Ferrybank	15.57
2	Ailbhe Courtney	Kerry County	15.97
3	Katie Byrd	Leevale	16.20
4	Sinead Lawler	Kildare County	16.66
5	Roisin Howard	Bandon	16.78

## 200m

Div 1 Women		-0.30
1 Shauna Canon	Crusaders	25.30
2 Eimear Lynch	Tipperary County	27.02
3 Katie Brennan	St Abbans	28.21
4 Denise Wickham	Wexford	29.61
5 Ciara Scanlon	West Waterford	32.62

Prem Women		-0.30
1 Kelly Proper	Ferrybank	23.91
2 Eilis Fitzpatrick	Kerry County	25.51
3 Phil Healy	Bandon	25.30
4 Jessica Sheehan	Leevale	26.94
5 Niamh Field	Kildare Countyd	27.85
6 Sophie Kennedy	Meath County	29.20
7		

## 200m

Prem Men		0.70
1 Stephen Colvert	Crusaders	21.34
2 Chris Russell	Ferrybank	21.68
3 Dave O'Shea	Limerick County	22.34
4 David Kildare Countyleen	Leevale	22.45
5 Conal O'Callaghan	Kerry County	22.52
6 Joey Monaghan	Meath County	23.16
7 Richard Aghao	St Abbans	23.18

Div 1 Men		-0.60
1 Mark Burane	Clare County	23.39
2 Pat Lynch	Tipperary County	23.42
3 Paul Brady	Kildare County	24.50
4 MI Downey	West Waterford	24.54
5 Mike Lynch	Riocht	25.29
6 Ciaran Leahy	Waterford A.C.	25.89

## Div 1 Women

1 Aoife Bartley	Tipperary County	18.01
2 Sinead Moloney	Wex	18.11
3 Eimear Scanlon	West Waterford	26.61

## 110m Hurdles

Premier Men		-2.20
1 Ed O'Haloran	Leevale	16.52
2 Eoin Kelly	St Abbans	17.40
3 Eoin Synnott	Limerick County	17.89
4 PJ Galvin	Kerry County	18.10
5 John Power	Ferrybank	18.67

Div 1 Men		-1.50
1 Ger Cremin	Riocht	17.10
2 Alex Lai	West Waterford	20.68
3 Daire Courtney	Clare County	21.63

## 400m Hurdles

Premier Women		
1 Megan Kiely	Ferrybank	62.79
2 Grainne Moynihan	Bandon	63.03
3 Ailbhe Courtney	Kerry County	63.15
4 Katie Byrd	Leevale	71.29
5 Cera Nolan	Kildare County	77.21

Div 1 Women		
1 Orla Furney	Wex	68.54
2 Collenn Kennedy	Tipperary County	75.75
3 Sinead O'Gorman	St Abbans	77.54
4 Triona Wall	West Waterford	85.03

Premier Men		
1 Thos Barr	Ferrybank	54.63
2 Ed O'Halloran	Leevale	59.42

**400m**

## Premier Women

1	Graine Moynihan	Bandon	55.45
2	Ciara Giles Doran	Ferrybank	56.28
3	Louise McArdle	Leevale	57.50
4	Emily Milner	Kildare County	63.05
5	Moira Peppard	Meath County	72.59
6	Caoimhe Casey	Kerry County	75.60

## Div 1 Women

1	Amy O'Donoghue	Limerick County	58.87
2	Orla Furney	Wex	61.00
3	Margaret Mary Grace	Tipperary County	64.59
4	Sinead O'Gorman	St Abbans	65.40

## Premier Men

1	Tim Crowe	Limerick County	47.53
2	James Greene	Ferrybank	49.39
3	Thos O'Sullivan	Leevale	49.40
4	Niall Mathews	Meath County	51.11
5	Colm Lynch	Kerry County	51.15
6	Richard Aghao	St Abbans	54.46
7	Gareth Dunne	Crusaders	52.84

## Div 1 Men

1	Ciaran McCabe	Riocht	51.58
2	Martin Birane	Clare County	51.88
3	Brendan Leahy	Waterford A.C.	52.48
4	Eoin Murphy	Kildare County	53.24
5	William Hughes	Tipperary County	54.25

**800m**

## Prem Women

3	Eoghan Courtney	Kerry County	61.65
4	Gary Park	Crusaders	72.26

## Div 1 Men

1	Ger Cremin	Riocht	60.50
2	William Flynn	Clare County	61.80
3	Tom O'Brien	Waterford A.C.	62.36
4	Paul Brady	Kildare County	66.74
5	Martin Houlihan	West Waterford	75.00

**1500m**

## Premier Women

1	Annette Quaide	Leevale	4.46.65
2	Laura Behan	Ferrybank	4.48.86
3	Carmel Crowley	Bandon	4.56.28
4	Rachel Hawker	Kerry County	5.06.64
5	Liz Foy	Kildare County	5.22.84
6	Ciara Rooney	Meath County	5.29.40

## Div 1 Women

1	Martina O'Dwyer	Tipperary County	4.59.26
2	Shannon Ryan	Lmrk	5.05.18
3	Triona Wall	West Waterford	5.55.80
4	Jennifer Higgins	Wexford	6.28.80
5	Ruth Farrell	St Abbans	NT

## Premier Men

1	Brian Kelly	St Abbans	3.55.46
2	Pat McCartan	Limerick County	3.55.82
3	Andrew Connick	Ferrybank	4.03.39
4	Arthur Fitzgerald	Kerry County	4.17.19
5	Karl Fitzmaurice	Crusaders	4.17.84
6	Turlough Grant	Meath County	4.22.90
7	Thos Maunsell	Leevale	4.39.01

1	Carol Finn	Leevale	2.17.78
2	Emily Milner	Kildare County	2.25.25
3	Katie Rogers	Kerry County	2.27.42
4	Autumn Coady	Ferrybank	2.53.82
5	Liz Prout	Bandon	3.07.28

#### Div 1 Women

1	Marie O'Dea	Limerick County	2.29.74
2	Shauna Nic Aogain	Wex	2.31.96
3	Martina O'Dwyer	Tipperary County	2.39.46
4	Siobhan Nash	St Abbans	3.00.13
5	Brigid Coffey	West Waterford	3.12.00

#### Premier Men

1	Brian Kelly	St Abbans	1.55.7 (H)
2	Andrew Connick	Ferrybank	
3	Pat McCartan	Limerick County	
4	David Kavanagh	Kerry County	
5	Philip Crawley	Leevale	
6	Rob Cross	Crusaders	2.06.5

#### Div 1 Men

1	Michael Keane	Clare County	
2	Conor Murphy	Kildare County	2.06.5 (H)
3	Tim O'Connor	Riocht	2.08.0
4	Harry O'Brien	West Waterford	2.09.8
5	John Behan	Waterford A.C.	2.12.5

#### 5000m

#### Premier Men

1	Mark Hoey	Meath County	15.09 .6 (H)
2	Ed Murphy	Kerry County	15.25.5
3	Sam Mealy	Crusaders	15.26.6
4	Graham Power	Ferrybank	15.39.6
5	Kieran Lane	Leevale	17.08.8

#### Division 1 Men

1	Ian Sloboly	Clare County	4.15.94
2	James Doran	Riocht	4.19.52
3	Andrew Smyth	Kildare County	4.20.00
4	Thos Fogarty	Tipperary County	4.26.70
5	Andy Linares	Waterford A.C.	4.32.20
6	Yeivgenei Chizhikov	West Waterford	NT

#### 3000m

#### Div 1 Women

1	Ciara Wilson	Wexford County	10.18.16
2	Alva Gallagher	Tipperary County	10.37.55
3	Amy O'Donohue	Limerick County	10.42.74
4	Kayleigh Norris	West Waterford	12.53.77

#### Premier Women

1	Lizzie Lee	Leevale	10.02.66
2	Pat Barry	Ferrybank	10.11.72
3	Carmel Crowley	Bandon	10.28.14
4	Brigid Clarke	Meath County	10.44.54
5	AM Costelloe	Kerry County	11.19.84

#### 3000m S/C

#### Premier Men

1	MI Carmody	Lmrk	9.50.26
2	Rory McConnell	Meath County	10.28.32
3	Gary Park	Crusaders	11.06.82
4	Stephen Walshe	Kerry County	11.44.93
5	Luke Hickey	Leevale	12.51.20

#### Div 1 Men

1	Brian McGinley	Clare County	9.52.23
2	MI Carey	Tipperary County	10.21.23
3	Conor Burke	Kildare County	10.25.10
4	Gary Cantwell	Waterford A.C.	10.28.05

			5 Alex Lai	West Waterford	13.58.9 (H)
Div 1 Men					
1 Brian Murphy	Clare County	16.10.4 (H)	<b>4 X 100M Relay</b>		
2 Donal O'Callaghan	Riocht	16.31.6	Premier Women		
3 Patrick Roche	Kildare County	16.50.6	1 Ferrybank		48.53
4 Shane Mullaney	Tipperary County	19.35.0	2 Bandon		49.74
5 Andy Linares	Waterford A.C.	NT	3 Leevale		50.52
			4 Kerry County		53.11
			5 Meath County		54.08
			6 Kildare County		54.32
<b>Pole Vault</b>					
Premier Women					
1 Sarah Ryan	Leevale	2.80			
2 Amy Phelan	Kerry County	2.80			
3 Ciara Giles Doran	Ferrybank	2.20			
Division 1 Women			Div 1 Women		
1 Sinead Moloney	Wexford	1.55	1 Limerick County		50.23
			2 Wexford		52.35
			3 Tipperary County		53.19
Premier Men			4 St Abbans		53.64
1 Jonathan Foley	Kerry County	4.10	5 West Waterford		58.70
2 James Delaney	St Abbans	2.80			
3 David Kildare Countylen	Leevale	2.20	Premier Men		
4 Niall Tuohy	Ferrybank	2.00	1 Kerry County		43.10
			2 Limerick County		43.19
Division 1 Men			3 Ferrybank		44.05
1 Thos Houlihan	West Waterford	4.40	4 St Abbans		44.24
2 Paul Culloty	Riocht	2.20	5 Leevale		44.82
3 Dave Courtney	Clare County	2.00	6 Meath County		45.49
			7 Crusadersaders		47.49
<b>Long Jump</b>	Premier Women				
1 Nicola Power	Ferrybank	5.31	Division 1 Men		
2 Jessica Sheehan	Leevale	5.15	1 Tipperary County		45.27
3 Roisin Howard	Bandon	4.86	2 Clare County		46.15
4 Carol Blaney	Meath County	4.83	3 Waterford A.C.		46.86
5 Dara McDonnell	Kerry County	4.69	4 West Waterford		47.16
6 Niamh Field	Kildare County	4.63	5 Kildare County		47.97

			Riocht	DQ
<b>Division 1 Women</b>				
1 Marie Heelan	Limerick County	5.32	4 x 400m	
2 Aoife Bartley	Tipperary County	5.07	Premier Women	
3 Shauna Nic Augain	Wexford	4.17	1 Leevale	4.03.5 (H)
4 Sinead O'Gorman	St Abbans	3.94	2 Bandon	4.08.0
5 Ciara Scanlon	West Waterford	3.72	3 Ferrybank	4.17.1
			4 Kerry County	4.24.5
			5 Meath County	4.28.5
			6 Kildare County	4.35.7
<b>Premier Men</b>				
1 David Quilligan	Leevale	6.95		
2 Eoin O'Carroll	Kerry County	6.39		
3 Eoin Kelly	St Abbans	6.36	<b>Div 1 Women</b>	
4 Roland Pika	Limerick County	6.07	1 Tipperary County	4.21.9 (H)
5 John Hally	Ferrybank	5.51	2 Wexford	4.23.1
6 Chris Higgins	Meath County	5.13	3 Limerick County	4.27.2
7 Gary Park	Crusaders	4.73	4 St Abbans	4.48.6
			5 West Waterford	5.01.0
<b>Division 1 Men</b>				
1 Keith Smith	Tipperary County	6.60	<b>Premier Men</b>	
2 Lunga Balman	Clare County	6.28	1 Limerick County	3.41.2 (H)
3 Basil Enafit	Kildare County	5.91	2 Leevale	NT
4 Tom O'Brien	Waterford	5.73	3 Ferrybank	NT
5 Alex Lai	West Waterford	5.73	4 Kerry County	NT
6 Tomas Griffin	Riocht	5.61	5 Crusaders	NT
			6 St Abbans	NT
<b>High Jump</b>				
<b>Premier Women</b>				
1 RoseMary Daniels	Meath County	1.65	<b>Division 1 Men</b>	
2 Sorcha Murphy	Ferrybank	1.65	1 Clare County	3.37.8 (H)
3 Roisin Howard	Bandon	1.50	2 Riocht	3.45.8
4 Amy Phelan	Tralee	1.40	3 Kildare	3.46.9
5 Mairead Drewitt	Kildare County	1.10	4 Waterford	3.47.4
			5 Tipperary County	3.54.3
			6 West Waterford	4.04.0

**Div 1 Women**

1 Aoife Bartley	Tipperary County	1.55
2 Sarah Buggy	St Abbans	1.50
3 Sinead Moloney	Wexford	1.40
4 Aine Power	West Waterford	1.35

**Premier Men**

1 Barry Pender	St Abbans	2.10
2 PJ Galvin	Kerry County	1.90
3 Thos Barr	Ferrybank	1.80
4 Shane Aston	Meath County	1.75
5 Roland Pika	Limerick County	1.75
5 David Quilligan	Leevale	1.75
7 Patrick Saunders	Crusaders	1.60

**Div 1 Men**

1 Shane O'Dwyer	Tipperary County	1.90
2 Tom O'Brien	Waterford A.C.	1.70
3 Kevin Keane	An Riocht	1.65
4 William Flynn	Clare County	1.60
5 Laurance Houlihan	West Waterford	1.60
6 Eoin Moore	Kildare County	1.50

**Shot****Women Premier**

1 Laura McSweeney	Bandon	11.30
2 Sheila O'Donohue	Kerry County	10.65
3 Kelly Proper	Ferrybank	10.28
4 Megan Moynihan	Leevale	9.61
5 Elaine Corrigan	Kildare County	8.22

**Div 1 Women**

1 Fiona Moloney	Limerick County	12.16
2 Shauna Daly	St Abbans	10.50

**Triple Jump****Womens Premier**

1 Jessica Sheehan	Leevale	10.82
2 Nicola Power	Ferrybank	10.58
3 RoseMary Daniels	Limerick County	10.27
4 Sinead Kelly	Kildare County	9.83
5 Elaine Courtney	Kerry County	9.52
6 Liz Prout	Bandon	8.64

**Div 1 Women**

1 Sarah Buggy	St Abbans	11.27
2 Carol Berkery	Tipperary County	9.75
3 Aine Power	West Waterford	9.37
4 Denise Wickham	Wexford	9.22
5 Aoife O'Malley	Limerick County	8.93

**Mens Premier**

1 Eoin Kelly	St Abbans	14.24
2 Denis Favey	Leevale	13.29
3 Sean Archer	Ferrybank	13.01
4 Niall Cowhie	Limerick County	12.74
5 Michael Godley	Kerry County	12.72
6 Shane Austin	Meath County	11.49
7 Patrick Saunder	Crusaders	11.39

**Div 1 Men**

1 Shane Prout	Tipperary County	13.37
2 Martin Houlihan	West Waterford	11.14
3 John Behan	Waterford A.C.	9.57

**56 lb for Distance****Premier Men**

1 Dave Tierney	Leevale	7.72
2 James Nagle	Kerry County	7.11
3 Tom Boucher	Ferrybank	6.18

3	Catriona Ryan	Tipperary County	10.26
4	Clara McGuinness	Wexford County	9.85
5	Kate Hickey	West Waterford	8.73

4	Pious McGrath	Limerick County	5.38
5	Barry Pender	St Abbans	4.35
6	Brendan Meade	Meath County	3.79

#### Div 1 Men

1	Anthony Greavy	Riocht	6.29
2	Mick Kenny	Kildare County	4.38
3	James Maguire	Waterford A.C.	2.60

#### Shot Mens Premier

1	Daniel Clifford	Kerry County	13.59
2	Gerard Nagle	Meath County	13.34
3	Dave Tierney	Leevale	12.71
4	Shane Kennedy	Ferrybank	10.75
5	Francis Egan	St Abbans	10.69
6	Dave Frattardi	Limerick County	10.02
7	Gareth Dunne	Crusadersaders	7.86

#### Hammer

##### Premier Women

1	Megan Moynihan	Leevale	41.48
2	Mairead O'Neill	Kerry County	40.50
3	Laura McSweeney	Bandon	39.96
4	Grainne Higgins	Meath County	37.79
5	Pauline Kenny	Kildare County	20.32
6	Niamh Ryan	Ferrybank	13.51

#### Div 1 Men

1	Eamon Cleary	Clare County	10.57
2	Anthony Grainey	Riocht	9.68
3	Michael Kenny	Kildare County	9.00
4	Martin Houlihan	West Waterford	8.58
5	Gary Cantwell	Watfrd	6.24

#### Div 1 Women

1	Emma Owens	Wexford	36.15
2	Michelle Kennedy	West Waterford	35.52
3	Emma Daly	St Abbans	33.20
4	Catriona Ryan	Tipperary County	28.45
5	Allanah Fratteroli	Limerick County	18.77

#### Discus

##### Womens Premier

1	Claire Fitzgerald	Kerry County	47.30
2	Lynn Bradfield	Bandon	27.46
3	Pauline Kenny	Kildare County	23.00
4	Sarah Ryan	Leevale	19.53
5	Grainne Higgins	Meath County	18.98
6	Brid Brosnan	Ferrybank	12.88

#### Div 1 Men

1	Shane Scanlon	West Waterford	43.51
2	Shane Hand	Riocht	37.45
3	Jim Healy	Tipperary County	34.25
4	Mick Kenny	Kildare County	16.86
5	James Maguire	Waterford A.C.	11.77

##### Premier Men

1	James Nagle	Kerry County	53.47
2	Ciaran Donnolly	Crusaders	42.10
3	Aidan Kelly	St Abbans	34.59

#### Div 1 Women

1	Kate Hickey	West Waterford	34.05
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2 Emma Owens	Wexford	33.57
3 Sarah Healy	Tipperary County	31.06
4 Shauna Daly	St Abbans	29.19
5 Aoife O'Malley	Limerick County	22.16

4 Tom Boucher	Ferrybank	34.11
5 Brian Hayes	Leevale	31.02
6 Dave Fratteroli	Limerick County	21.49

#### Premier Men

1 Daniel Clifford	Kerry County	43.87
2 Ger Nagle	Meath County	38.85
3 Aidan Kelly	St Abbans	32.94
4 Shane Kennedy	Ferrybank	31.90
5 Brian Hayes	Leevale	29.64
6 Ciaran Donnolly	Crusaders	29.62
7 Cian Ahearne	Limerick County	19.36

#### Div 1 Men

1 Jim Healy	Tipperary County	36.82
2 Shane Scanlon	West Waterford	34.71
3 Michael Kenny	Kildare County	32.94
4 Eamon Cleary	Clare County	29.90
5 Shane Hand	Riocht	24.89
6 Ciaran Leahy	Waterford A.C.	17.19

#### Mens Javelin

1 Keith Smith	Tipperary County	43.26
2 Lunga Balman	Clare County	42.59
3 Stephen Cahill	Riocht	30.66
4 Michael Tutty	West Waterford	29.95
5 Eoin Moore	Kildare County	29.16
6 Brendan Leahy	Waterford A.C.	16.55

#### Div 1

#### Javelin

#### Premier Women

1 Claire Fitzgerald	Kerry County	37.64
2 Jenny Murphy	Leevale	36.95
3 Grace O'Sullivan	Meath County	34.04
4 Kelly Proper	Ferrybank	32.94
5 Rachel Roche	Bandon	31.82
6 Mairead Drewitt	Kildare County	23.82

#### Div 1 Women

1 Emma Daly	St Abbans	29.65
2 Alla Frattaroli	Limerick County	25.90
3 Clara McGuinness	Wexford	25.24
4 Caroline Morgan	Tipperary County	23.02
5 Jacinta Sheil	West Waterford	18.47

#### Mens Javelin

1 Patsy O'Connor	Kerry County	42.15
2 Pat Moore	Leevale	40.90
3 Liam Kelly	St Abbans	32.72
4 Pious McGrath	Limerick County	33.40
5 Chris Higgins	Meath County	33.25
6 Sean Archer	Ferrybank	32.08
7 John Keegan	Crusaders	10.21

#### Premier

## Individual Results Round 1 12 JUNE 2011 SLIGO

### Division 1 Men

#### 110m Hurdles

Place	No.	Athlete	Club	Time
1	61	Ian Sheridan	Olympian YAC	19.42
2	65	Kieran White	Sligo	38.41

#### 3000m Walk

Place	No.	Athlete	Club	Time
1	65	Dylan Carty	Sligo	17.45.20
2	66	Kevin Matthews	Dunleer	19.57.67

#### 400m Hurdles

Place	No.	Athlete	Club	Time
1	65	Dermot Mc Dermott	Sligo	60.41
2	62	Patrick Cuuran	Tallaght	62.06
3	64	Anthony Hebron	G.C.H	63.67
4	61	Ciaran Bradley	Olympian YAC	65.80
5	66	Sheriffe Adegoke	Dunleer	67.20
6	63	James Lagan	Mid -Ulster	71.45

#### 4\*100m Relay

Place	No.	Athlete	Club	Time
1	64		GCH	46.63
2	62		Tallaght	46.80
3	65		Sligo	47.62
4	63		Mid - Ulster	48.35
5	66		Dunleer	48.42
	61		Olympian YAC	D'Qed

#### 1500m

Place	No.	Athlete	Club	Time
1	62	Anthony Leighio	Tallaght	4.02.54
2	64	Adrian Hardiman	G.C.H	4.30.41
3	66	David Carrie	Dunleer	4.35.65
4	61	Martin Dunlop	Olympian YAC	4.47.86

### Division 1 Women

#### 100m Hurdles

Place	No.	Athlete	Club	Time
1	71	Zoe Brown	Raheny Shamrock	17.45
2	69	Emma Gee	City of Derry	18.64
3	72	Louise Mulvanney	Sligo	20.07

#### 1500m Walk

Place	No.	Athlete	Club	Time
1	67	Georgina Touhey	Tullamore Hrs	8.14.80
2	69	Grainne Kearns	City of Derry	11.12.63
3	70	Kate Purcell	Clonliffe Hrs	11.28.67

#### 400m Hurdles

Place	No.	Athlete	Club	Time
1	70	Sarah Woods	Clonliffe Hrs	70.30
2	72	Louise Mulvanney	Sligo	72.30
3	71	Louise Bernard	Raheny Shamrock	75.96
4	68	Olivia Webb	Olympian	82.49
5	69	Janelle Mc Gurk	City of Derry	99.34

#### 4\*100m Relay

Place	No.	Athlete	Club	Time1
1	71		Raheny Shamrock	52.07
2	69		City of Derry	53.22
3	72		Sligo	53.41
4	70		Clonliffe Hrs	54.43
5	68		Olympian	59.20
6	67		Tullamore Hrs	63.01

#### 1500m

Place	No.	Athlete	Club	Time
1	70	eleanor Alexander	Clonliffe Hrs	4.44.13
2	71	Siobhan Eviston	Raheny Shamrock	4.44.36
3	72	Eimear O Brien	Sligo	4.56.12
4	67	Michelle Mullaney	Tullamore Hrs	5.19.29

5	69 Catherine Lilburn	City of Derry	5.20.48
6	68 Olivia Webb	Olympian	6.25.31

400m				400m					
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
1	66	Fintan Reilly	Dunleer	51.66	1	70	Ciara Mc Callion	Clonliffe Hrs	59.27
2	65	Tommy Casey	Sligo	52.30	2	71	Aisling Drumgoole	Raheny Shamrock	63.12
3	64	Ronan Kelly	G.C.H	52.69	3	72	Rianne Mc Hugh	Sligo	65.18
4	62	Eddie Healey	Tallaght	54.20	4	69	Rebecca Mc Laughlin	City of Derry	65.19
5	63	Darryl Mc Killen	Mid - Ulster	57.66	5	67	Niamh Mc Namara	Tullamore Hrs	74.62
6	61	Ciaran Bradley	Olympian YAC	59.29					

3000m Steeplechase				
Place	No.	Athlete	Club	Time
1	66	Tomas Cotter	Dunleer	9.42.88
2	65	Kevin O Connor	Sligo	10.16.72
3	62	Luke Coleman	Tallaght	11.16.18

200m				200m					
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
1	64	Ronan Dooley	G.C.H	23.68	1	70	Sharon Kilduff	Clonliffe Hrs	25.94
2	61	John Coyle	Olympian	23.75	2	69	Anna Barr	City of Derry	26.03
3	62	Sean Morris	Tallaght	24.16	3	71	Kiera Lynch	Raheny Shamrock	26.63
4	63	Adam Mc Mullan	Mid - Ulster	25.01	4	72	Ania Bednorz	Sligo	28.75
5	66	Mark Garland	Dunleer	25.19	5	68	Jennifer O Doherty	Olympian	30.77
	65	Kieran Elliott	Sligo	D'Qed	6	67	Marlena Sznicer	Tullamore	33.42

800m				800m					
Place	No.	Athlete	Club	Time	Place	No.	Athlete	Club	Time
1	66	Darragh Greene	Dunleer	1.59.21	1	71	Iseult O Donnell	Raheny Shamrock	2.21.41
2	62	Archam	Tallaght	2.02.3	2	70	Becky Woods	Clonliffe Hrs	2.23.32
3	65	Joseph Gallagher	Sligo	2.03.51	3	72	Rachel Kilgallen	Sligo	2.28.32
4	64	Derek Murray	G.C.H	2.11.47	4	69	Amy Mc Daid	City of Derry	2.31.19
5	63	Shane Mc Cloy	Mid - Ulster	2.23.83	5	67	Liz Cuskelly	Tullamore	2.45.87
6	61	Shaun Paul Deery	Olympian	2.24.48					

5000m

3000m

Place No.	Athlete	Club	Time	Place No.	Athlete	Club	Time
1	62 Thomas Fitzpatrick	Tallaght	15.36.57	1	71 Aoife Talty	Raheny Shamrock	10.21.1
2	65 Martin Conroy	Sligo	16.19.11	2	67 Liz Cuskelly	Tullamore Hrs	10.50.5
3	64 Matt Lockett	G.C.H	16.32.88	3	69 Marina Campbell	City of Derry	10.58.4
4	66 David Carrie	Dunleer	16.47.45	4	72 Eimear O Brien	Sligo	11.20.2
5	63 Jonathon Mc Cloy	Mid - Ulster	18.02.99	5	70 Orna Mc Ginley	Clonliffe Hrs	11.21.7

### 100m

Place No.	Athlete	Club	Time	Place No.	Athlete	Club	Time
1	64 Darragh Whyte	G.C.H	11.81	1	70 Sharon Kilduff	Clonliffe Hrs	13.39
2	66 Paul Adenihi	Dunleer	11.87	2	72 Emily Burns	Sligo	13.55
3	61 Ian Sheridan	Olympian	11.96	3	69 Gemma Thompson	City of Derry	13.91
4	65 Kevin Mc Glynn	Sligo	11.97	4	71 Susan Giblin	Raheny Shamrock	14.34
5	63 Donovan Mc Killen	Mid - Ulster	12.37	5	68 Jennifer O Doherty	Olympian	15.26
6	62 Daniel Kilgannon	Tallaght	12.76	6	67 Niamh Mc Namara	Tullamore Hrs	16.10

### 4\*400m

Place No.	Athlete	Club	Time	Place No.	Athlete	Club	Time
1	62	Tallaght	3.32.24	1	71	Raheny Shamrock	4.04.36
2	66	Dunleer	3.34.17	2	70	Clonliffe Hrs	4.15.67
3	65	Sligo	3.38.17	3	69	City of Derry	4.20.11
4	64	G.C.H	3.41.46	4	72	Sligo	4.28.28
5	61	Olympian	3.58.34	5	67	Tullamore Hrs	5.10.46
6	63	Mid - Ulster	4.00.19				

### Hammer

Place No.	Athlete	Club	Distance	Place No.	Athlete	Club	Distance
1	63 Andrew Doyle	Mid - Ulster	51.55m	1	69 Maggie Donnelly	City of Derry	48.04
2	65 Stephen Reynolds	Sligo	40.35m	2	71 Aisling Barnwall	Raheny Shamrock	32.76
3	61 Brendan Quinn	Olympian	21.40m	3	67 Laura Dolan	Tullamore Hrs	29.31
				4	68 Bronagh Doherty	Olympian	22.46

### Pole Vault

Place No.	Athlete	Club	Height	Place No.	Athlete	Club	Height
1	62 Patrick Curran	Tallaght	2.40m	1	71 Zoe Brown	Raheny Shamrock	2.40
				2	72 Ana Bednorz	Sligo	1.75

### Long Jump

Place No.	Athlete	Club	Distance	Place No.	Athlete	Club	Distance
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1	63 Adam Mc Mullen	Mid - Ulster	7.23	1	72 Emily Burns	Sligo	4.99
2	61 JohnCoyle	Olympian	5.95	2	69 Stephanie Keys	City of Derry	4.25
3	62 Edward Healy	Tallaght	5.86	3	67 Marlenc Sznicer	Tullamore Hrs	3.75
4	65 Colm Bourne	Sligo	5.51	4	71 Louise Bernard	Raheny Shamrock	3.74
5	66 Mark Garland	Dunleer	5.06	5	68 Jennifer O Doherty	Olympian	3.34
				6	70 Kate Purcell	Clonliffe	2.65

### Discus

Place	No.	Athlete	Club	Distance
1	64	Eanna O Cathain	G.C.H	32.40
2	65	Stephen Reynolds	Sligo	31.15
3	63	Matthew Doyle	Mid - Ulster	27.61
4	62	Afram Hoxha	Tallaght	24.70
5	66	Rory Kirwan	Dunleer	22.39
6	61	Martin o Donnell	Olympian	20.96

### Discus

Place	No.	Athlete	Club	Distance
1	67	Kelly Cunningham	Tullamore Hrs	25.22
2	71	Aisling Barnwall	Raheny Shamrock	23.02
3	68	Michelle O Donnell	Olympian	20.41
4	69	Maggie Donnelly	City of Derry	18.25
5	70	Orna Mc Ginley	Clonliffe Hrs	14.55

### High Jump

Place	No.	Athlete	Club	Height
1	63	Adam Mc Mullan	Mid - Ulster	1.65
2	62	Edward Healy	Tallaght	1.55
3	66	Sherieffe Adegoke	Dunleer	1.55
4	61	Ciaran Bradley	Olympian	1.45

### High Jump

Place	No.	Athlete	Club	Height
1	72	Aileen Ruane	Sligo	1.50
2	69	Janelle Mc Gurk	City of Derry	1.40
3	70	Sarah Finnegan	Clonliffe Hrs	1.30

### Shot Putt

Place	No.	Athlete	Club	Distance
1	64	Sean Breathnach	G.C.H	15.38
2	63	Andrew Doyle	Mid Ulster	13.63
3	62	Michael Glassomsley	Tallaght	12.64
4	66	Rory Kirwan	Dunleer	9.69
5	61	Brendan Quinn	Olympian	9.21

### Shot Putt

Place	No.	Athlete	Club	Distance
1	71	Helen Buckley	Raheny Shamrock	9.39
2	70	Agne Lidova	Clonliffe Hrs	8.14
3	67	Kelly Cunningham	Tullamore Hrs	8.08
4	69	Caitlin Keteelar	City of Derry	6.87
5	72	Aileen Ruane	Sligo	5.91
6	68	Bronagh Doherty	Olympian	5.56

### Javelin

Place	No.	Athlete	Club	Distance
1	62	Sean Morris	Tallaght	35.25
2	61	John Coyle	Olympian	30.03
3	64	Eanna O Cathain	G.C.H	27.28

### Javelin

Place	No.	Athlete	Club	Distance
1	71	Helen Buckley	Raheny Shamrock	27.50
2	69	Caitlin Keteelar	City of Derry	26.05
3	67	Laura Dolan	Tullamore Hrs	24.84

4	65 Tommy Casey	Sligo	24.24	4	68 Michell O Donnell	Olympian	24.07
				5	70 Agne Lidova	Clonliffe Hrs	22.25
				6	72 Rianne Mc Hugh	Sligo	14.51

### Triple Jump

Place	No.	Athlete	Club	Distance	Place	No.	Athlete	Club	Distance
1	65	Aaron Murtagh	Sligo	12.61	1	72	Ania Bednorz	Sligo	10.61
2	61	Ian Sheridan	Olympian	11.65	2	69	Jamie Herron	City of Derry	10.29
					3	71	Chloe Doran	Raheny Shamrock	9.12

### Triple Jump

### 56lb Weight for Distance

Place	No.	Athlete	Club	Distance
1	64	Sean Breathnach	G.C.H	7.23
2	61	Martin O Donnell	Olympian	4.54
3	63	Matthew Doyle	Mid - Ulster	4.17