

WOODIES DIY National Track & Field League 2011

Premier Men

		Round 1	Round 2	Total
1	Clonliffe Harriers A.C	117	128	245
2	Kerry County	120	106	226
3	Leevale A.C	108	111	219
4	North Down A.C	118	100	218
5	Raheny Shamrocks A.C	103	109	212
6	St Abbans A.C	98	111	209
7	Dundrum South Dublin A.C.	86.5	121	207.5
8	Ferrybank A.C	106	101	207
	Shercock A.C	99	92	191
	Tullamore Harriers A.C	85	88	173
	Limerick County	96.5	68	164.5
	Meath County	66	81	147
	City of Derry A.C	68	72	140

Division 1 Men

		Round 1	Round 2	Total
1	Clare County	119	115	234
2	Tipperary County	106	114	220
3	Tallaght A.C	107	104	211
4	An Ríocht A.C	106	104	210
5	Galway City Harriers A.C	95	98	193
6	Sligo A.C	102	90	192
7	Dunleer A.C	90	100	190
8	Olympian A.C	86	94	180
	Kildare County	87	88	175
	West Waterford A.C	89	80.5	169.5
	Waterford A.C.	78	75.5	153.5
	Mid Ulster A.C	78	55	133

Premier Women

		Round 1	Round 2	Total
1	Dundrum South Dublin A.C.	129	116	245
2	Leevale A.C	120	122	242
3	Bandon A.C	108	130	238
4	Ferrybank A.C	119	109	228
5	Kerry County	111	106.5	217.5
6	Tir Chonaill A.C	119	87	206
7	North Down A.C	98	99	197
8	Galway County	101	92	193
	Borrisokane A.C	93	90.5	183.5
	Kildare County	73	107	180
	Meath County	62	85	147

Division 1 Women

		Round 1	Round 2	Total
1	Raheny Shamrocks A.C	118	107	225
2	Wexford A.C	108	112	220
3	Clonliffe Harriers A.C	98	109	207
4	Tipperary County	107	99	206
5	St Abbans A.C	90	116	206
6	City of Derry A.C	98	99	197
7	Sligo A.C	97	97	194
8	West Waterford A.C	84	98	182
	Tullamore Harriers A.C	75	80	155
	Limerick County	90	38	128
	Olympian A.C	43	36	79
	Crusaders A.C	18	0	18

Morton Stadium Results

Premier Men

Premier Women

110m Hurdles (wind: +1.0m/s)

100m Hurdles (wind: +0.7m/s)

Place	Num	Athlete	Club	Time
1	16	Ian McDonald	Crusaders	14.29
2	15	Ciaran O'Cathain	Raheny Shamrocks	15.14
3	12	Luke Reynolds	North Down	15.18
4	14	Edmund O'Halloran	Leevale	15.72
5	18	Brian Flatley	Shercock	16.05
6	13	Conor McCrossan	Clonliffe Harriers	16.27
7	17	Michael Doherty	City of Derry	18.96

Place	Num	Athlete	Club	Time
		Fanni Juhazh (G)		14.05
1	5	Sandra Lawlor	Kildare County	14.42
2	1	Roisin Howard	Bandon	15.67
3	2	Katey Bird	Leevale	16.30
4	3	Louise Harvey	Tir Chonaill	16.37
5	4	Katie Hewitt	North Down	16.40

3000m Walk

1500m Walk

Place	Num	Athlete	Club	Time
1	18	James Treanor	Shercock	
2	15	James Mahon	Raheny Shamrocks	15.41.87
3	17	Peter Fryer	City of Derry	21.25.55
	13	Ryan Cleary	Clonliffe Harriers	DQ

Place	Num	Athlete	Club	Time
1	1	Collette Tuthill	Bandon	7.46.7
2	5	Sarah Bourke	Kildare County	
3	3	Marie Rooney	Tir Chonaill	9.08.7
	4	Roberta Dornan	North Down	DQ

400m Hurdles

400m Hurdles

Place	Num	Athlete	Club	Time
1	18	James Ruxton	Shercock	54.31
2	13	John Fagan	Clonliffe Harriers	54.85
3	12	Tom Reynolds	North Down	57.47
4	14	Dennis Finnegan	Leevale	58.62
5	15	Phelim Kelly	Raheny Shamrocks	60.69
6	17	Andrew Bolster	City of Derry	61.13

Place	Num	Athlete	Club	Time
1	1	Orla Finn	Bandon	65.49
2	2	Christine Neville	Leevale	66.17
3	4	Katie Hewitt	North Down	66.20
4	5	Cera Nolan	Kildare County	73.19
5	3	Louise Harvey	Tir Chonaill	74.58

4X100m Relay

4X100m Relay

Place	Num	Athlete	Club	Time
1	15		Raheny Shamrocks	43.21
2	14		Leevale	43.91
3	12		North Down	44.57
4	18		Shercock	44.61
5	17		City of Derry	46.86
6	13		Clonliffe Harriers	47.44

Place	Num	Athlete	Club	Time
1			Bandon	49.63
5			Kildare County	50.08
2			Leevale	50.31
4			North Down	53.16
3			Tir Chonaill	55.74

1500m

1500m

Place	Num	Athlete	Club	Time
1	14	Mark Hanrahan	Leevale	3.59.72
2	13	Mark McDonald	Clonliffe Harriers	4.02.68
3	15	Kevin Moriarty	Raheny Shamrocks	4.06.12

Place	Num	Athlete	Club	Time
1	2	Annette Quaid	Leevale	4.52.13
2	4	Jessica Craig	North Down	4.52.83
3	5	Rachel Smyth	Kildare County	5.02.76

4	12 James Budde	North Down	4.06.76
5	16 Jason Kehoe	Crusaders	4.13.67
6	17 JP Williamson	City of Derry	4.17.41

4	1 Carmel Crowley	Bandon	5.06.48
5	3 Philomena Gallagher	Tir Chonaill	

400m

Place	Num	Athlete	Club	Time
1	13	Ciaran Mackey	Clonliffe Harriers	49.04
2	15	Kieran Kelly	Raheny Shamrocks	49.23
3	18	Craig Lynch	Shercock	49.47
4	14	Cathal Owens	Leevale	51.03
5	12	Brendan McConville	North Down	53.44
6	16	Tope Oldeade	Crusaders	55.14
7	17	Liam O'Donnell	City of Derry	55.69

400m

Place	Num	Athlete	Club	Time
1	2	Louise McArdle	Leevale	57.08
2	5	Claire Mooney	Kildare County	57.86
3	4	Natalie Steele	North Down	72.69
4	3	Jackie Harvey	Tir Chonaill	82.89

3000m S/C

Place	Num	Athlete	Club	Time
1	15	Mark Kirwan	Raheny Shamrocks	9.13.89
2	13	Jaymie Rossiter	Clonliffe Harriers	9.39.39
3	17	Colin Roberts	City of Derry	10.26.53
4	14	Phillip Crowley	Leevale	10.32.51
5	16	Ivan Kinahan	Crusaders	10.34.52

3000m

Place	Num	Athlete	Club	Time
1	3	Teresa McGloin	Tir Chonaill	10.03.80
2	2	Michelle Finn	Leevale	10.03.94
3	1	Carmel McCarthy Crowley	Bandon	10.37.95
4	4	Roberta Dornan	North Down	10.54.47
5	5	Ciara Hewson	Kildare County	11.42.58

200m (wind: +0.2m/s)

Place	Num	Athlete	Club	Time
1	15	Jamie Davis	Raheny Shamrocks	22.52
2	13	Ciaran Mackey	Clonliffe Harriers	22.81
3	14	David Killeen	Leevale	23.25
4	12	Tom Reynolds	North Down	23.45
5	16	Tope Oldeade	Crusaders	24.03
6	17	Daniel Reid	City of Derry	24.83
7	18	David Donagh	Shercock	25.30

200m (wind: +1.7m/s)

Place	Num	Athlete	Club	Time
1	1	Joan Healy	Bandon	25.15
2	4	Hannah Lewis	North Down	25.68
3	5	Claire Brady	Kildare County	26.73
4	2	Jessica Sheehan	Leevale	27.00
5	3	Lisa Shiels	Tir Chonaill	29.74

800m

Place	Num	Athlete	Club	Time
1	15	Phelim Kelly	Raheny Shamrocks	1.54.61
2	16	Kieran Lee	Crusaders	1.54.67
3	12	Mike Dyer	North Down	1.54.81
4	17	Pajo Hamilton	City of Derry	1.54.96
5	13	Andrew Jenkinson	Clonliffe Harriers	1.57.41
6	18	James Ruxton	Shercock	2.02.28
7	14	Kieran James	Leevale	2.11.26

800m

Place	Num	Athlete	Club	Time
1	2	Carol Finn	Leevale	2.22.24
2	4	Jessica Craig	North Down	2.23.58
3	5	Rachel Smyth	Kildare County	2.26.79
4	3	Teresa McGloin	Tir Chonaill	2.31.81

5000m

Place	Num	Athlete	Club	Time
1	13	David Fitzmaurice	Clonliffe Harriers	15.04.67
2	17	Declan Reed	City of Derry	15.12.40
3	15	Simon Ryan	Raheny Shamrocks	15.15.23
4	14	Thomas Maunsell	Leevale	15.43.96
5	12	Francis Marsh	North Down	16.34.71
6	16	Jason Kehoe	Crusaders	17.04.35
7	18	James Treanor	Shercock	17.24.02

100m (wind: +3.3m/s)

Place	Num	Athlete	Club	Time
1	13	Daniel Kavanagh	Clonliffe Harriers	10.94
2	18	Craig Lynch	Shercock	10.95
3	14	David Killeen	Leevale	11.17
4	15	Rob Rath	Raheny Shamrocks	11.21
5	12	Peter Glass	North Down	11.35
6	16	Tope Odelade	Crusaders	11.94
7	17	Daniel Reid	City of Derry	12.15

100m (wind: +0.1m/s)

Place	Num	Athlete	Club	Time
1	1	Joan Healy	Bandon	11.96
2	4	Hannah Lewis	North Down	12.39
3	5	Claire Brady	Kildare County	12.41
4	2	Louise McArdle	Leevale	12.80
5	3	Lisa Shiels	Tir Chonail	14.01

4X400m

Place	Num	Athlete	Club	Time
1	14		Leevale	3.25.29
2	13		Clonliffe Harriers	3.25.40
3	15		Raheny Shamrocks	3.29.06
4	12		North Down	3.31.12
5	17		City of Derry	3.42.95
6	16		Crusaders	3.43.12

4X400m

Place	Num	Athlete	Club	Time
1	2		Leevale	4.08.05
2	1		Bandon	4.01.18
3	3		Kildare County	4.18.68
4	4		North Down	4.19.69
5	5		Tir Chonail	4.51.25

Hammer

Place	Num	Athlete	Club	Distance
1	16	Conor McCullough	Crusaders	68.86
2	13	Martin Hunt	Clonliffe Harriers	49.42
3	14	Paul Hazler	Leevale	39.09
4	18	Hugh Fitzpatrick	Shercock	35.80
5	12	Steven Glass	North Down	24.00

Hammer

Place	Num	Athlete	Club	Distance
1	2	Megan Moynihan	Leevale	42.41
2	1	Priscilla O'Sullivan	Bandon	35.93
3	4	Rachel Keyes	North Down	32.41
4	5	Pauline Kenny	Kildare County	20.83
5	3	Brenda Morris	Tir Chonaill	15.82

Pole Vault

Place	Num	Athlete	Club	Height
1	13	Ian Rogers	Clonliffe Harriers	4.50
2	12	Brendan McConville	North Down	4.30
3	15	Stuart Greene	Raheny Shamrocks	4.30
4	18	Brian Flatley	Shercock	3.90
5	14	David Killeen	Leevale	2.70
6	16	Sam Hughes	Crusaders	2.10
		Callum Graham (G)	North Down	2.10

Pole Vault

Place	Num	Athlete	Club	Height
1	2	Sarah Ryan	Leevale	2.10
2	1	Helena Murphy	Bandon	1.75

Long Jump

Place	Num	Athlete	Club	Distance
1	14	David Quilligan	Leevale	6.81
2	12	Tom Reynolds	North Down	6.60
3	18	Richard Tsang	Shercock	6.01
4	15	B O'Donoghue	Raheny Shamrocks	5.29
5	13	Conor McCrossan	Clonliffe Harriers	5.12
6	17	Michael Doherty	City of Derry	5.03
		Eamon Fahy (G)	Donore Harriers	6.72
		Tony Stafford (G)	Menapians	6.51

Long Jump

Place	Num	Athlete	Club	Distance
1	4	Hannah Lewis	North Down	5.53
2	1	Roisin Howard	Bandon	5.02
3	2	Jessica Sheehan	Leevale	4.99
4	5	Eileen Woods	Kildare County	4.82
5	3	Jackie Harvey	Tir Chonaill	2.32

Shot Putt

Place	Num	Athlete	Club	Distance
1	13	Tomas Raultys	Clonliffe Harriers	14.81
2	12	Mike McConkey	North Down	14.44
3	16	Eoin Moylan	Crusaders	13.88
4	14	David Tierney	Leevale	13.41
5	18	Matthew O'Reilly	Shercock	12.48
6	17	Rudi Moore	City of Derry	11.39

Shot Putt

Place	Num	Athlete	Club	Distance
1	3	Geraldine Stewart	Tir Chonaill	11.96
2	5	Kathryn Weir	Kildare County	9.74
3	2	Megan Moynihan	Leevale	9.51
4	1	Lynn Bradfield	Bandon	9.40
5	4	Natalie Steel	North Down	5.22
		Priscilla O'Sullivan (G)	Bandon	9.11
		Helen Buckley	Raheny Shamrocks	8.80

Elaine Corrigan (G)	7.31
Cathrine Wallace (G)	7.22
Lisa Dobbins (G)	6.79

High Jump

Place	Num	Athlete	Club	Height
1	18	Brian Flatley	Shercock	1.90
2	13	Marcin Klinizow	Clonliffe Harriers	1.90
3	12	Peter Glass	North Down	1.80
4	15	James Buckley	Raheny Shamrocks	1.75
5	17	Daniel Reid	City of Derry	1.70
6	16	Kieran Lee	Crusaders	1.40
	14	David Quilligan	Leevale	NJ

High Jump

Place	Num	Athlete	Club	Height
1	1	Roisin Howard	Bandon	1.60
2	5	Vivian Fleischer	Kildare County	1.40
3	3	Louise Harvey	Tir Chonaill	1.40
4	4	Jessica Craig	North Down	1.00

Discus

Place	Num	Athlete	Club	Distance
1	13	Tomas Ravktys	Clonliffe Harriers	50.26
2	12	Peter Glass	North Down	40.72
3	14	Paul Hazler	Leevale	37.41
4	18	Matthew O'Reilly	Shercock	34.76
5	16	Eoin Moylan	Crusaders	29.77
6	15	James Buckley	Raheny Shamrocks	22.96

Discus

Place	Num	Athlete	Club	Distance
1	1	Priscilla O'Sullivan	Bandon	26.79
2	4	Rachel Keyes	North Down	23.69
3	5	Pauline Kenny	Kildare County	23.34
4	2	Sarah Ryan	Leevale	17.12
5	3	Marie Rooney	Tir Chonaill	15.81

Triple Jump

Place	Num	Athlete	Club	Distance
1	14	Dennis Finnegan	Leevale	13.63
2	13	Marcin Klinizow	Clonliffe Harriers	13.02
3	12	Callum Graham	North Down	12.34
4	18	Richard Tsang	Shercock	12.32
5	17	Michael Doherty	City of Derry	11.13
6	15	Barry O'Donoghue	Raheny Shamrocks	11.03
7	16	Tope Odelade	Crusaders	9.89

Triple Jump

Place	Num	Athlete	Club	Distance
1	1	Orla Finn	Bandon	9.68
2	5	Sinead Kelly	Kildare County	9.48
3	2	April Philpott	Leevale	7.79
4	4	Nathalie Steel	North Down	7.19

Javelin

Place	Num	Athlete	Club	Distance
1	12	Mike McConkey	North Down	57.19
2	13	Paul Marry	Clonliffe Harriers	52.71
3	15	Tony O'Sullivan	Raheny Shamrocks	38.58
4	14	Brian Hayes	Leevale	38.45
5	17	Peter Fryer	City of Derry	24.79
6	18	David Donagh	Shercock	20.45
7	16	Ruairi O'Briain	Crusaders	2.80

Javelin

Place	Num	Athlete	Club	Distance
1	2	Jenny Murphy	Leevale	35.99
2	1	Rachel Roche	Bandon	29.79
3	3	Geraldine Stewart	Tir Chonaill	27.78
4	5	Erica Dixon	Kildare County	25.46
5	4	Katie Hewitt	North Down	25.40

56 lb Weight

Place	Num	Athlete	Club	Distance
1	14	David Tierney	Leevale	6.82
2	13	Martin Hunt	Clonliffe Harriers	5.95
3	17	Rudi Moore	City of Derry	5.77
4	18	Hugh Fitzpatrick	Shercock	5.17
5	12	Steven Glass	North Down	4.96
6	16	Phil Conway	Crusaders	4.17

Individual Results Round 2 117th July 2011 Athlone

Premier Men

Place	110m Hurdles Athlete	Wind 4.7 m/s Club	Distance
1	Jonathon Miller	DSD	16.21
2	Eoin Kelly	St Abbans A.C.	17.33
3	P.J. Galvin	Kerry County	20.22
4	Alex Flynn	Ferrybank A.C.	21.39

Place	3000m Walk Athlete	Club	Distance
1	Jerome Caprice	DSD	13.16.40
2	Niall Prenderville	Kerry County	13.51.04
3	James Delaney	St Abbans A.C.	18.42.37
4	Larry Rigney	Tullamore	19.01.31
5	Paddy Flynn	Ferrybank A.C.	22.18.49

Place	400m Hurdles Athlete	Club	Distance
1	Thomas Barr	Ferrybank A.C.	55.74
2	Jonathon Miller	DSD	56.17
3	Conor Daly	St Abbans A.C.	63.42
4	Ben Dennesen	Kerry County	68.02
5	Simon Hogan	Limerick County	68.45

Place	4*100m Relay Athlete	Club	Distance
1		DSD	42.89
2		Tullamore	43.97
3		Kerry County	45.11
4		St Abbans A.C.	45.37
5		Meath County	45.95
6		Ferrybank A.C.	46.14
7		Limerick County	46.87

Place	1500m Athlete	Club	Distance
1	Colin Costello	Meath County	3.55.84
2	Brian Kelly	St Abbans A.C.	3.55.86

Premier Women

Place	100m Hurdles Athlete	Wind 3.2 m/s Club	Distance
1	Megan Kiely	Ferrybank A.C.	15.65
2	Grainne Moggan	DSD	16.43
3	Sarah Finnegan	Galway County	16.56
4	Vivienne Hegadus	Borrisokane	22.33

Place	1500m Walk Athlete	Club	Distance
1	Maeve Curley	Galway County	6.45.42
2	Marie Costello	Borrisokane A.C.	7.40.01
3	Niamh Denny	DSD	11.20.43
4	Rachel Dennessy	Kerry County	11.36.78
5	Autumn Cody	Ferrybank A.C.	12.01.92

Place	400m Hurdles Athlete	Club	Distance
1	Emma Peters	DSD	62.29
2	Megan iely	Ferrybank A.C.	65.93
3	Rachel Finnegan	Galway County	71.09
4	Karen Dunne	Meath	74.20
5	Katie Rogers	Kerry County	79.05
6	Lisa Kelly	Borrisokane A.C.	81.47

Place	4*100m Relay Athlete	Club	Distance
1		DSD	47.63
2		Ferrybank A.C.	49.48
3		Kerry County	52.66
4		Meath County	53.53
5		Galway County	53.65
6		Borrisokane A.C.	56.60

Place	1500m Athlete	Club	Distance
1	Siobhan O Doherty	Borrisokane A.C.	4.50.03
3	Laura Behan	Ferrybank A.C.	4.57.03

	3 Pat Mc Cartan	Limerick County	4.00.40		2 Brigid Clarke	Meath County	4.58.97
	4 Brendan O Neill	DSD	4.01.55		4 Fiona Mc Kenna	DSD	5.04.51
	5 Michael Dowling	Ferrybank A.C.	4.06.15		5 CarolClancyine	Galway County	5.11.89
	6 Ed Murphy	Kerry County	4.17.49		6 Niamh de Hora	Kerry County	5.22.35
	7 Richie Galvin	Tullamore Harriers	4.37.29	Guest	Caoimhe Daniels	Galway City Harriers	5.11.54
Guest	Andrew Connick	Ferrybank A.C.	4.08.99				

	400m				400m		
Place	Athlete	Club	Distance	Place	Athlete	Club	Distance
	1 Nick Hogan	DSD	50.72		1 Claire Bergin	DSD	55.18
	2 Billy Ryan	Ferrybank A.C.	51.55		2 Ciara Giles Doran	Ferrybank A.C.	60.70
	3 Stephen Kelly	Tullamore Harriers	52.22		3 Angela Hogan	Borrisokane A.C.	63.59
	4 Luke O Keeffe	Kerry County	52.28		4 Alison Daly	Meath County	64.00
	5 Ger O Shea	Limerick County	53.67		5 Emma Carter	Galway County	74.21
	6 Turlough Grant	Meath County	57.44				
	7 Denis Brophy	St Abbans A.C.	60.38				

	5000m				3000m		
Place	Athlete	Club	Distance	Place	Athlete	Club	Distance
	1 Joe Sweeney	DSD	14.26.94		1 Siobhan O Doherty	Borrisokane A.C.	10.03.80
	2 Andrew Ledwith	Meath County	14.37.79		2 Fiona Clinton	DSD	10.31.60
	3 Colm Burke	St Abbans A.C.	15.34.82		3 Anna M Costello	Kerry County	10.59.74
	4 Graham Power	Ferrybank A.C.	15.41.81		4 Shauna Moore	Meath County	11.08.10
	5 Noel Kelly	Tullamore Harriers	15.48.41		5 Kate Burke	Galway County	12.03.34
	6 Cian Murphy	Kerry County	16.17.82		6 Autumn Cody	Ferrybank A.C.	12.45.81
	7 Ger Guinea	Limerick County	17.01.70				

	200m				200m		
Place	Athlete	Wind 3.2 m/s Club	Time	Place	Athlete	Wind 3.3 m/s Club	Time
	1 Patrick Phelan	DSD	22.38		1 Kelly Proper	Ferrybank A.C.	24.24
	2 Gordon Kennedy	Tullamore Harriers	22.53		2 Jade Leahy	DSD	25.77
	3 Dave O Shea	Limerick County	22.55		3 Elaine Courtney	Kerry County	27.14
	4 Billy Ryan	Ferrybank A.C.	23.08		4 Angela Hogan	Borrisokane A.C.	27.28
	5 Conal O Callaghan	Kerry County	23.12		5 Rachel Smyth	Meath County	27.98
	6 Peter Doherty	Meath County	25.04		6 Sarah Finnegan	Galway County	28.68
Guest	Ger O Shea	Dooneen A.C	23.79				

800m			
Place	Athlete	Club	Time
	1 Niall Touhy	Ferrybank A.C.	1.56.17
	2 Brian Kelly	St Abbans A.C.	1.56.78
	3 Jack O Sullivan	Kerry County	1.59.88
	4 Dar Rennicks	Meath County	2.01.64
	5 Wishu Gebresellessie	DSD	2.02.31
	6 Pat Mc Cartan	Limerick County	2.07.30
	7 Sean Donegan	Tullamore Harriers	2.10.25
Guest	Johnny Doran	Templemore	2.16.50
Guest	Eoin Healy	DSD	1.58.61
Guest	Colm Healy	DSD	2.04.71

S/Chase			
Place	Athlete	Club	Time
	1 Emmet Jennings	DSD	9.34.16
	2 Alex Flynn	Ferrybank A.C.	9.51.62
	3 Michael Carmody	Limerick County	9.58.34
	4 Stephen Lawlor	St Abbans A.C.	10.18.26
	5 Rory Mc Donnell	Meath County	10.20.43
	6 Stephen Walsh	Kerry County	11.28.14
	7 Darren Butler	Tullamore Harriers	11.33.56

100m			
Place	Athlete	Wind 2.9 m/s Club	Time
	1 Barry Regan	St Abbans A.C.	10.96
	2 Mark Kavanagh	DSD	10.98
	3 Dave O Shea	Limerick County	11.14
	4 Gordon Kennedy	Tullamore Harriers	11.14
	5 Conal O Callaghan	Kerry County	11.14
	6 John Halley	Ferrybank A.C.	11.66
	7 Peter Doherty	Meath County	12.12

4*400m			
Place	Athlete	Club	Time
	1	DSD	3.20.00
	2	Ferrybank A.C.	3.45.44
	3	Tullamore Harriers	3.31.26
	4	Kerry County	3.35.38

800m			
Place	Athlete	Club	Time
	1 Sinead Denny	DSD	2.19.23
	2 Katie Rogers	Kerry County	2.32.28
	3 Linda Porter	Galway County	2.35.68
	4 Sharon Monaghan	Meath County	2.38.82
	5 Melina Van Der Valle	Ferrybank A.C.	2.56.56
Guest	Sinead Cafferty	Galway	2.31.70

100m			
Place	Athlete	Wind 2.8 m/s Club	Time
	1 Kelly Proper	Ferrybank A.C.	11.90
	2 Aoife Mac Neill	DSD	12.00
	3 Darragh Mc Donnell	Kerry County	13.12
	4 Jane Lydon	Galway County	13.13
	5 Ciara Grant	Meath County	13.20
	6 Amanda Nevin	Borrisokane A.C.	13.32
Guest	Louise Holmes	Kilkenny City Harriers	12.22

4*400m			
Place	Athlete	Club	Time
	1	DSD	3.53.99
	2	Ferrybank A.C.	4.20.14
	3	Galway County	4.24.89
	4	Meath County	4.27.35

5	St Abbans	3.40.00
6	Limerick County	3.43.18
7	Meath County	3.45.44

5	Kerry County	4.43.85
6	Borrisokane A.C.	4.58.12

Place	Hammer Athlete	Club	Distance
1	Podge White	Meath County	59.55
2	Aidan Kelly	St Abbans A.C.	35.42
3	Tom Boucher	Ferrybank A.C.	32.18
4	Andrew Kidd	DSD	22.43
5	Daniel Clifford	Kerry County	22.25

Place	Hammer Athlete	Club	Distance
1	Ciara Kennedy	Ferrybank A.C.	54.29
2	Mairead O Neill	Kerry County	38.72
3	Grainne Moggan	Meath County	37.84
4	Amanda O Farrell	Borrisokane A.C.	28.98
5	Emma Lambert	DSD	26.74
6	Nicola Monaghan	Galway County	16.83
Guest	Michelle Pilkington		25.98

Place	Pole Vault Athlete	Club	Height
1	Stephen Kelly	Tullamore Harriers	3.40
2	David Hogan	Kerry County	3.20
3	Kevin Byrne	DSD	2.60
Guest	Laurence Houlihan	West Waterford A.C	3.20
Guest	Martin Houlihan	West Waterford A.C	3.40

Place	Pole Vault Athlete	Club	Height
1	Una Marley	Kerry County	2.60
2	Alisa Kelly	Borrisokane A.C.	1.80

Place	Long Jump Athlete	Club	Distance
1	Frances Egan	St Abbans A.C.	6.24
2	Stephen Murphy	Ferrybank A.C.	6.10
3	Michael Godley	Kerry County	6.01
4	Killian White	DSD	5.53
5	Fearghus Hannon	Tullamore Harriers	5.12
6	Michael Carmody	Limerick County	3.54

Place	Long Jump Athlete	Club	Distance
	Amanda Nevin	Borrisokane A.C.	5.06
	Sinead O Connor	Kerry County	5.03
	Grainne Moggan	DSD	4.94
	Mairead Mc Cann	Galway County	4.87
	Karen Blaney	Meath County	4.86
	Nicola Power	Ferrybank A.C.	4.83

Place	Discus Athlete	Club	Distance
1	Danile Clifford	Kerry County	48.53
2	Gerard Nagle	Meath County	41.20
3	Darragh Hanlon	Tullamore Harriers	34.90
4	Aiden Kelly	St Abbans A.C.	31.40
5	David Fraterolli	Limerick County	28.19
6	Michael Deady	Ferrybank A.C.	14.53
7	John Eves	DSD	14.13

Place	Discus Athlete	Club	Distance
1	Clare Fitzgerald	Kerry County	44.02
2	Sonia Kennedy	Ferrybank A.C.	29.96
3	Amanda O Farrell	Borrisokane A.C.	28.38
4	Melissa Barrett	Galway County	25.20
5	Niamh Reilly	DSD	19.26
6	Michael Pilkington	Meath County	19.13

High Jump

High Jump

Place	Athlete	Club	Height
	1 Barry Pender	St Abbans A.C.	1.95
	2 P.J. Galvin	Kerry County	1.90
	3 Tomas Barr	Ferrybank A.C.	1.75
	4 Jamie Murtagh	Meath County	1.70
	5 Neil Gorey	DSD	1.70
	6 Gordon Kennedy	Tullamore Harriers	1.60
	7 Simon Hogan	Limerick County	1.50
Guest	Conor Daly	St Abbans A.C.	1.80

Place	Athlete	Club	Height
	1 Catrona Farrell	Galway County	1.65
	2 Rosemary Daniels	Meath County	1.65
	3 SORCHA MURPHY	Ferrybank A.C.	1.60
	4 Grainne Moggan	DSD	1.50
	5 Amanda Nevin	Borrisokane A.C.	1.45
	5 Laura Lynch	Kerry County	1.45
Guest	Sinead Tuohy	Galway County	1.40

Place	Athlete	Club	Distance
	1 Alan O Connor	Kerry County	12.83
	2 Gerard Nagle	Meath County	12.41
	3 Frances Egan	St Abbans A.C.	11.16
	4 Darragh Hanlon	Tullamore Harriers	10.53
	5 David Fraterolli	Limerick County	9.83
	6 Kevin Byrne	DSD	7.53
	7 Patrick Flynn	Ferrybank A.C.	6.82

Place	Athlete	Club	Distance
	1 Claire Fitzgerald	Kerry County	12.76
	2 Sonia Kennedy	Ferrybank A.C.	10.18
	3 Niamh Lister	Meath County	8.30
	4 Nicola Monaghan	Galway County	7.61
	5 Emma Lambert	DSD	7.34
	6 Marie Costello	Borrisokane A.C.	5.56
Guest	Michelle Pilkinton	Meath	7.05
Guest	Aisling Mc Donnell	Galway	5.44

Place	Athlete	Club	Distance
	Pius Mc Grath	Limerick County	28.74
	Philippe Barrett	Kerry County	36.87
	Sean Archer	Ferrybank A.C. A.C	27.17
	Rory Gunning	Meath County	49.50
	Liam Kelly	St Abbans A.C.	33.01
	Tom Raftery	Tullamore Harriers	41.45
	Brian Mc Dermott	DSD	44.68

Place	Athlete	Club	Distance
	1 Anita Fitzgibbon	DSD	43.10
	2 Niamh Lister	Meath County	25.39
	3 Kate Boyd	Kerry County	23.73
	4 Melissa Barrett	Galway County	23.36
	5 Frankie Nesirky	Borrisokane A.C.	19.84
	6 Anna Rogers	Ferrybank A.C.	8.92

Place	Athlete	Club	Distance
	1 Eoin Kelly	St Abbans A.C.	14.38
	2 Sean Archer	Ferrybank A.C.	13.01

Place	Athlete	Club	Distance
	1 Sinead O Connor	Kerry County	10.62
	2 Rosemary Daniel	Meath County	10.57

3	Michael Godley	Kerry County	12.39
4	Darragh Mc Namara	Tullamore Harriers	11.30
5	Killian White	DSD	11.03
6	Simon Hogan	Limerick County	10.02

3	Sarah Finnegan	Galway County	10.07
4	Nicola Power	Ferrybank A.C.	9.42
5	Lucy Moore	DSD	8.30
Guest	Melissa Mullins	Galway County	10.30

56lb Weight for Distance

Place	Athlete	Club	Distance
1	Alan O Connor	Kerry County	6.57
2	Tom Boachier	Ferrybank A.C	6.11
3	Tom Rafferty	Tullamore Harriers	5.67
4	Larry Murtagh	Meath County	5.50
5	Pius Mc Grath	Limerick County	4.73
6	Owen Kelly	St Abbans A.C.	4.44
7	Andrew Kidd	DSD	3.78

Division 1 Results Morton Stadium

Division 1 Men

Division 1 Women

110m Hurdles (wind:n/a)

Place	Num	Athlete	Club	Time
	134	Simon Taggart	Donore Harriers	14.73
1	20	Ger Cremin	An Ríocht	17.05
	169		Guest	17.67
2	23	Ian Sheridan	Olympian	18.92
3	19	David Courtney	Clare County	21.22

100m Hurdles (wind: +1.2m/s)

Place	Num	Athlete	Club	Time
1	8	Elaine Begley	Clonliffe Harriers	16.00
2	6	Sinead Moloney	Wexford County	16.00
3	7	Emma Gee	City of Derry	19.56

3000m Walk

Place	Num	Athlete	Club	Time
1	22	Nathan Murphy	Kildare County	16.44.24
2	19	Fergal Smithwick	Clare County	18.10.79
3	21	Kevin Matthews	Dunleer	21.23.37

1500m Walk

Place	Num	Athlete	Club	Time
1	6	Marie Mooney	Wexford County	7.41.5
2	8	Snezana Betina	Clonliffe Harriers	9.51.6
3	7	Paula McGilloway	City of Derry	10.35.7
4	9	Keyla Flynn	Raheny Shamrocks	10.43.1

400m Hurdles

Place	Num	Athlete	Club	Time
	71	Brendan Murphy (G)		54.75
1	19	William Flynn	Clare County	58.66
2	20	Ger Cremin	An Ríocht	62.62
3	21	Shariffe Adegoke	Dunleer	63.65
4	23	Ciaran Bradley	Olympian	65.77
5	22	Jamie Griffen	Kildare County	68.33

400m Hurdles

Place	Num	Athlete	Club	Time
1	6	Orla Furney	Wexford County	64.87
2	8	Sarah Woods	Clonliffe Harriers	66.56
3	7	Emma McCay	City of Derry	70.84
4	9	Louise Bernard	Raheny Shamrocks	73.72
5	10	Olivia Webb	Olympian	79.69

4X100m Relay

Place	Num	Athlete	Club	Time
1	20		An Ríocht	45.80
2	19		Clare County	45.81
3	23		Olympian	46.28
4	21		Dunleer	47.29
5	22		Kildare County	50.68
6	24		Mid-Ulster	50.74

4X100m Relay

Place	Num	Athlete	Club	Time
1	9		Raheny Shamrocks	50.60
2	6		Wexford County	52.43
3	7		City of Derry	52.94
4	10		Olympian	58.68
5	8		Clonliffe Harriers	58.83

1500m

Place	Num	Athlete	Club	Time
1	19	Jason Fahy	Clare County	4.08.31
2	21	Darragh Greene	Dunleer	4.23.98
3	20	James Doran	An Ríocht	4.27.15
4	22	Andrew Smith	Kildare County	4.31.49

1500m

Place	Num	Athlete	Club	Time
1	9	Siobhan Eviston	Raheny Shamrocks	4.41.41
2	8	Becky Woods	Clonliffe Harriers	4.46.33
3	7	Catherine Lisburn	City of Derry	5.21.22

5 23 Martin Dunlop Olympian 4.47.52

400m

Place	Num	Athlete	Club	Time
1	21	Fintan Reilly	Dunleer	50.86
2	19	Mark Boland	Clare County	52.38
3	22	Eoin Murphy	Kildare County	53.15
4	23	Ciaran Bradley	Olympian	55.21
5	20	William O'Connor	An Ríocht	55.85

400m

Place	Num	Athlete	Club	Time
1	8	Ciara McCallion	Clonliffe Harriers	56.82
2	6	Orla Furney	Wexford County	60.58
3	7	Tamara Boyle	City of Derry	63.02
4	9	Susan Giblin	Raheny Shamrocks	63.99
5	10	Olivia Webb	Olympian	72.44

3000m S/C

Place	Num	Athlete	Club	Time
1	21	Tomas Cotter	Dunleer	9.22.99
2	19	Brian McGinley	Clare County	9.48.21
3	22	Conor Burke	Kildare County	10.17.01
4	20	Joe O'Connor	An Ríocht	10.39.80

200m (wind: +2.0)

Place	Num	Athlete	Club	Time
1	23	John Coyle	Olympian	23.50
2	19	Mark Boland	Clare County	23.81
3	21	Paul Adeniyi	Dunleer	24.31
4	20	Tomas Griffen	An Ríocht	24.55
5	22	Paul Brady	Kildare County	24.87
6	24	Donovan McKillan	Mid-Ulster	25.54

200m (wind: +3.9m/s)

Place	Num	Athlete	Club	Time
1	8	Leah Moore	Clonliffe Harriers	26.04
2	6	Antoinette Stafford	Wexford County	26.34
3	9	Aisling Drumgoole	Raheny Shamrocks	26.72
4	7	Jenni O'Brien	City of Derry	28.11

800m

Place	Num	Athlete	Club	Time
1	21	Fintan Reilly	Dunleer	2.02.49
2	19	Jason Fahy	Clare County	2.03.41
3	22	Eoin Murphy	Kildare County	2.09.45
4	20	Seamus Brosnan	An Ríocht	2.22.26
5	23	Shaun Deery	Olympian	2.23.52

800m

Place	Num	Athlete	Club	Time
1	9	Iseult O'Donnell	Raheny Shamrocks	2.16.81
2	8	Eleanor Alexander	Clonliffe Harriers	2.16.90
3	7	Amy Jackson	City of Derry	2.22.43
4	6	Shauna NicAogain	Wexford County	2.30.81

5000m

Place	Num	Athlete	Club	Time
1	19	Brian Murphy	Clare County	15.46.87
2	20	Donal O'Callaghan	An Ríocht	16.04.85
3	21	David Carrie	Dunleer	16.22.02
4	22	Patrick Roche	Kildare County	16.47.51

3000m

Place	Num	Athlete	Club	Time
1	8	Ailish McDermott	Clonliffe Harriers	10.20.00
2	6	Ciara Wilson	Wexford County	10.25.57
3	7	Marina Campbell	City of Derry	10.57.99
4	9	Alice Fennell	Raheny Shamrocks	11.05.99

100m (wind: +0.9m/s)

100m (wind: +2.0m/s)

Place	Num	Athlete	Club	Time
1	20	Jer O'Donoghue	An Ríocht	10.98
2	19	Cormac Lynch	Clare County	11.33
3	21	Paul Adeniyi	Dunleer	11.73
4	22	Basit Enfit	Kildare County	12.16
5	23	Martin O'Donnell	Olympian	12.25

Place	Num	Athlete	Club	Time
1	8	Sharon Kilduff	Clonliffe Harriers	12.64
2	7	Mary Devlin	City of Derry	12.83
3	9	Victoria Dwyer	Raheny Shamrocks	12.91
4	6	Denise Wickham	Wexford County	13.64

4X400m

Place	Num	Athlete	Club	Time
1	21		Dunleer	3.37.10
2	19		Clare County	3.37.81
3	23		Olympian	3.45.52
4	22		Kildare County	3.51.49

4X400m

Place	Num	Athlete	Club	Time
1	9		Raheny Shamrocks	4.03.54
2	8		Clonliffe Harriers	4.09.05
3	7		City of Derry	4.16.87
4	6		Wexford County	4.22.85

Hammer

Place	Num	Athlete	Club	Distance
1	24	Andrew Doyle	Mid-Ulster	56.35
2	20	Shane Hand	An Ríocht	36.02
3	23	Brendan Quinn	Olympian	21.94
4	22	Michael Kenny	Kildare County	14.68

Hammer

Place	Num	Athlete	Club	Distance
1	7	Maggie Donnelly	City of Derry	47.42
2	6	Charlotte O'Farrell	Wexford County	44.68
3	9	Aisling Barnwell	Raheny Shamrocks	29.93
4	10	Bronagh Doherty	Olympian	25.40
5	8	Frances Mansfield	Clonliffe Harriers	14.76

Pole Vault

Place	Num	Athlete	Club	Height
1	19	David Courtney	Clare County	2.50
2	23	John Coyle	Olympian	2.10

Pole Vault

Place	Num	Athlete	Club	Height
1	9	Zoe Brown	Raheny Shamrocks	3.80
2	6	Sinead Moloney	Wexford County	1.55

Long Jump

Place	Num	Athlete	Club	Distance
1	20	Tomas Griffen	An Ríocht	6.04
2	23	John Coyle	Olympian	6.03
3	22	Basit Enfit	Kildare County	5.66
4	19	Lunga Bulman	Clare County	5.57
5	24	Donovan McKillan	Mid-Ulster	5.33
6	21	Mark Garland	Dunleer	4.93

Long Jump

Place	Num	Athlete	Club	Distance
1	6	Antoinette Stafford	Wexford County	5.34
2	7	Roisin Lavery	City of Derry	4.88
3	8	Snezana Betina	Clonliffe Harriers	4.61
4	9	Louise Bernard	Raheny Shamrocks	3.67

Shot Putt

Place	Num	Athlete	Club	Distance
1	24	Andrew Doyle	Mid-Ulster	16.02
2	22	Kieran Stout	Kildare County	12.68
3	20	Anthony Greaney	An Ríocht	10.44
4	19	Eamon Cleary	Clare County	10.11

Shot Putt

Place	Num	Athlete	Club	Distance
1	6	Clara McGuinness	Wexford County	9.63
2	10	Pearl Doherty	Olympian	9.63
3	9	Becky Wall	Raheny Shamrocks	8.75
4	8	Ange Lidova	Clonliffe Harriers	7.83

5	21 Rory Kirwan	Dunleer	10.02
6	23 Brendan Quinn	Olympian	9.00

5	7 Danae Herron	City of Derry	7.27
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High Jump

Place	Num	Athlete	Club	Height
1	19	Cormac Lynch	Clare County	1.60
2	23	Ciaran Bradley	Olympian	1.55
3	21	Conor Faulkner	Dunleer	1.55
4	20	Kevin Keane	An Ríocht	1.55
5	22	Eoin Moore	Kildare County	1.45

High Jump

Place	Num	Athlete	Club	Height
1	9	Victoria Dwyer	Raheny Shamrocks	1.55
2	7	Claire Dougherty	City of Derry	1.55
3	6	Sinead Moloney	Wexford County	1.40
4	8	Orna McGinley	Clonliffe Harriers	1.30

Discus

Place	Num	Athlete	Club	Distance
1	24	Matthew Doyle	Mid-Ulster	32.69
2	22	Michael Kenny	Kildare County	29.85
3	20	Shane Hand	An Ríocht	29.47
4	19	Eamon Cleary	Clare County	27.78
5	23	Lee Barlow	Olympian	24.47
6	21	Rory Kirwan	Dunleer	24.05

Discus

Place	Num	Athlete	Club	Distance
1	6	Emma Owens	Wexford County	32.04
2	9	Aisling Barnwall	Raheny Shamrocks	25.75
3	10	Bronagh Doherty	Olympian	21.15
4	7	Lisa Dobbins	City of Derry	20.58
5	8	Denise Byrne	Clonliffe Harriers	20.13

Triple Jump

Place	Num	Athlete	Club	Distance
1	23	Ian Sheridan	Olympian	12.01
2	21	Sheriff Adegoke	Dunleer	11.41
3	24	James Lagan	Mid-Ulster	11.14
4	22	Jamie Griffen	Kildare County	10.06
5	20	Tomas Reidy	An Ríocht	9.90
6	19	David Courtney	Clare County	9.86

Triple Jump

Place	Num	Athlete	Club	Distance
1	7	Mary Devlin	City of Derry	11.03
2	6	Antoinette Stafford	Wexford County	10.41

Javelin

Place	Num	Athlete	Club	Distance
1	19	Lunga Bulman	Clare County	43.93
2	23	Lee Barlow	Olympian	39.68
3	24	Matthew Doyle	Mid-Ulster	33.61
4	21	Conor Faulkner	Dunleer	33.38
5	22	Eoin Moore	Kildare County	33.28
6	20	Stephen Cahill	An Ríocht	29.14

Javelin

Place	Num	Athlete	Club	Distance
1	8	Denise Byrne	Clonliffe Harriers	35.48
2	9	Helen Buckley	Raheny Shamrocks	27.38
3	7	Caitlin Ketelaar	City of Derry	26.38
4	10	Michelle O'Donnell	Olympian	24.27
5	6	Clara McGuinness	Wexford County	24.02

56 lb Weight

Place	Num	Athlete	Club	Distance
1	20	Anthony Greaney	An Ríocht	6.30
2	22	Kieran Stout	Kildare County	5.55

3	24 Darryl McKillan	Mid-Ulster	4.48
4	23 Martin O'Donnell	Olympian	4.27

Individual Results Round 2 17th July 2011 Athlone

Division 1 Men

110m Hurdles			Wind 3.1 m/s
Place	Athlete	Club	Time
1	Patrick Curran	Tallaght	17.08
2	Seamus Somers	Sligo A.C.	19.66
3	Alex Lei	West Waterford A.C..	21.01

3000m Walk			Time
Place	Athlete	Club	Time
1	Ross Alexander	Tipperary County	14.37.85
2	Andy Linaris	Waterford A.C	21.42.99
3	David Somerville	Tallaght	33.05.80

400m Hurdles			Distance
Place	Athlete	Club	Distance
1	Dermot Mc Dermott	Sligo A.C.	59.43
2	Anthony Hebron	Galway City Harriers	59.45
3	Patrick Curran	Tallaght A.C.	61.92
4	Tom O Brien	Waterford A.C.	63.21
5	Lughaidh O Mahoney	West Waterford A.C..	63.35

Guest No 382 72.24

4*100m Relay			
Place	Athlete	Club	Mark
1		Tipperary County	44.93
2		Galway City Harriers	46.07
3		Tallaght A.C.	47.10
4		Sligo A.C.	49.10

Division 1 Women

100m Hurdles			Wind 3.9 m/s
Place	Athlete	Club	Time
1	Lisa Houlihan	West Waterford A.C.	15.82
2	Coleen Kennedy	County Tipperary	17.14
3	Louise Mulvaney	Sligo A.C.	17.63
4	Marlena Sznicer	Tullamore Harriers	23.36

1500m Walk			Time
Place	Athlete	Club	Time
1	Kate Veale	West Waterford A.C.	6.39.09
2	Siobhan Nash	St Abbans A.C.	7.46.69
3	Liz Cuskelly	Tullamore	9.38.26
4	Marie Mullen	Sligo A.C.	10.21.10

400m Hurdles			Distance
Place	Athlete	Club	Distance
1	Louise Mulvanney	Sligo A.C.	72.22
2	Hannah Trehly	Tipperary County	73.71
3	Sinead O Gorman	St Abbans A.C.	75.33
4	Emer Scanlon	West Waterford A.C.	89.20
5	Marlena Sznicer	Tullamore Harriers	90.53

4*100m Relay			
Place	Athlete	Club	Mark
1		St Abbans A.C.	53.23
2		Tipperary County	54.22
3		Sligo A.C. A.C	55.57
4		Tullamore Harriers	57.18
5		West Waterford A.C.	59.16

1500m			
Place	Athlete	Club	Time
	1 Dermor Mc Dermott	Sligo A.C.	4.10.30
	2 William Hughes	Tipperary County	4.22.49
	3 Brian Swaby	Waterford A.C.	4.26.08
	4 Derek Murray	Galway City Harriers	4.32.83
	5 Philly Murray	Tallaght A.C.	4.37.91
	6 David Hally	West Waterford A.C..	4.51.46
Guest	Colin Maher	North Laois	4.17.63
Guest	Conor O Rourke	Galway City Harriers	4.39.77

1500m			
Place	Athlete	Club	Time
	1 Mary Mulhare	St Abbans A.C.	4.56.77
	2 Anna Reddin	Sligo A.C.	4.57.04
	3 Martina O Dwyer	Tipperary County	4.59.20
	4 Shannon Ryan	Limerick County	5.16.51
	5 Michelle Mullaney	Tullamore Harriers	5.19.37

400m			
Place	Athlete	Club	Time
	1 Ronan Kelly	Galway City Harriers	52.64
	2 Eddie Healy	Tallaght A.C.	54.77
	3 Nicky O Brien	Waterford A.C.	57.25
	4 Shane Kilcawley	Sligo A.C.	57.74
	5 Alex Lei	West Waterford A.C..	63.79

400m			
Place	Athlete	Club	Time
	1 Alison Miller	St Abbans A.C.	63.44
	2 Eimear Lynch	Tipperary County	64.32
	3 Rianne Mc Hugh	Sligo A.C.	65.33
	4 Maura O Dea	Limerick County	67.63
	5 Niamh Mc Namara	Tullamore Harriers	71.90
	6 Claire Collins	West Waterford A.C.	72.91

3000m Steeplechase			
Place	Athlete	Club	Time
	1 Killian O Connor	Sligo A.C.	10.21.73
	2 Sean Stillwell	West Waterford A.C..	10.41.34
	3 Luke Coleman	Tallaght A.C.	10.46.23
	4 Brian Swaby	Waterford A.C.	10.54.74
	5 Shane Mullaney	Tipperary County	11.23.19

200m			
Place	Athlete	Wind 3.1 m/s Club	Time
	1 Dara Kerwick	Tipperary County	22.50
	2 Ronan Daley	Galway City Harriers	23.65
	3 Sean Morris	Tallaght A.C.	24.03
	4 Kevin Mc Glynn	Sligo A.C.	24.28
	5 Nicky O Brien	Waterford A.C.	25.89
Guest	Darragh Mc Namara	Tullamore	23.74
Guest	Donal Brennan	Ferrybank	24.18

200m			
Place	Athlete	Wind 3.3 m/s Club	Time
	1 Lauren Dunne	Tullamore Harriers	28.30
	2 Katie Brennan	St Abbans A.C.	28.47
	3 Margaret Mary Grace	Tipperary County	29.20
	4 Rianne Mc Hugh	Sligo A.C.	29.79
	5 Leann Herlihy	West Waterford A.C.	30.68
	6 Aoife O Malley	Limerick County	28.30

800m			
Place	Athlete	Club	Time
	1 Archam	Tallaght A.C.	1.58.26
	2 Keith Fallon	Galway City Harriers	1.58.96
	3 Joseph Gallagher	Sligo A.C.	2.03.37
	4 John Behan	Waterford A.C.	2.13.47
	5 Tony Fogarty	Tipperary County	2.17.65
	6 Sean Stillwell	West Waterford A.C..	2.20.20
Guest	Richard Lucas	Waterford A.C.	2.23.14
Guest	Billy Crosbie	DSD	2.02.40

800m			
Place	Athlete	Club	Time
	1 Eimear O Brien	Sligo A.C.	2.30.42
	2 Cheryl Stanley	Tipperary County	2.32.97
	3 Maura O Dea	Limerick County	2.37.39
	4 Michelle Mullaney	Tullamore Harriers	2.42.38

5000m			
Place	Athlete	Club	Time
	1 Thomas Fitzpatrick	Tallaght A.C.	14.41.91
	2 David Kelly	Sligo A.C.	14.48.78
	3 Raimis Zakis	West Waterford A.C..	15.50.00
	4 Frank Quinlan	Waterford A.C.	15.59.85
	5 Owen Byrne	Galway City Harriers	16.46.51
	6 Denis Shanahan	Tipperary County	16.53.30
Guest	Robert Corbally	DSD	15.23.02
	Alex Flynn	Ferrybank	15.53.67
	Michael Dowling	Ferrybank	16.08.67
	Jonathon Harbrett	DSD	16.11.70
	Neal Higgins	Sligo A.C.	17.57.99

3000m			
Place	Athlete	Club	Time
	1 Eimear O Brien	Sligo A.C.	10.23.22
	2 Kate Veale	West Waterford A.C.	10.24.75
	3 Liz Cuskelly	Tullamore Harriers	11.15.24
	4 Cliona Doyle	Tipperary County	12.49.09
	5 Ruth Farrell	St Abbans A.C.	14.20.85

100m			
Place	Athlete	Club	Time
	1 Darragh Whyte	Galway City Harriers	11.44
	2 Patrick Lynch	Tipperary County	11.56
	3 Kevin Mc Glynn	Sligo A.C.	11.75
	4 John Behan	Waterford A.C.	12.36
	5 Michael Downey	West Waterford A.C..	12.45
	6 Danile Kilgallon	Tallaght A.C.	12.51

100m			
Place	Athlete	Club	Time
	1 Emily Burns	Sligo A.C.	13.16
	2 Katie Brennan	St Abbans A.C.	13.24
	3 Lauren Dunne	Tullamore Harriers	13.36
	4 Carol Berkery	Tipperary County	13.93
	5 Leann Herlihy	West Waterford A.C.	15.99

100m			
Place	Athlete	Club	Time
	David O Shea	Limerick	10.96
	Cian Aherne	Limerick	10.98
	Dylan Roche	St Brendans	11.32
	Michael Deady	Ferrybank	11.68
	Another		11.88

Place	4*400m Athlete	Club	Time
1		Galway City Harriers	3.36.30
2		Tallaght A.C. A.C.	3.41.55
3		Sligo A.C.	3.44.81
4		Tipperary County	3.54.93
5		Waterford A.C.	3.56.33
6		West Waterford A.C..	4.04.42

Place	4*400m Athlete	Club	Time
1		St Abbans A.C.	4.18.92
2		Sligo A.C.	4.26.27
3		Tipperary County	4.34.88
4		Tullamore Harriers	4.50.98

Place	Hammer Athlete	Club	Distance
1	Shane Scanlon	West Waterford A.C..	43.14
2	Stephen Reynolds	Sligo A.C. A.C	30.87
3	Jim Healy	Tipperary County	29.78
4	Killian O Donoghue	Tallaght A.C. A.C.A.C	25.02
5	Brian Swaby	Waterford A.C. A.C.A.C	13.75

Place	Hammer Athlete	Club	Distance
1	Emma Daly	St Abbans A.C.	34.22
2	Michelle Kinneally	West Waterford A.C.	34.05
3	Laura Dolan	Tullamore Harriers	31.27
4	Aoife Naughton	Tipperary County	30.55

Guest	John Mollo	Sligo A.C. A.C.	37.17
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Guest	Caitriona Ryan	Templemore	27.78
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Place	Pole Vault Athlete	Club	Height
1	Thomas Houlihan	West Waterford A.C..A.C	3.20
2	Patrick Curran	Tallaght A.C. A.C.A.C.	3.00

Place	Pole Vault Athlete	Club	Height
1	Lisa Houlihan	West Waterford A.C..A.C	2.40

Place	Long Jump Athlete	Club	Distance
1	Shane O Dwyer	Tipperary County	6.24
2	Kevin Dooley	Galway City Harriers	5.99
3	Tom O Brien	Waterford A.C. A.C.a.c.	5.85
4	Colm Burke	Sligo A.C. A.C	5.55
5	Alex Lai	West Waterford A.C..A.C	4.99
6	Killian Morris	Tallaght A.C. A.C. A.C.	4.98

Place	Long Jump Athlete	Club	Distance
1	Aoife Bartley	Tipperary County	5.21
2	Emily Burns	Sligo A.C.	4.94
3	Alison Miller	St Abbans A.C.	4.66
4	Ciara Scanlon	West Waterford A.C.	3.86
5	Marlena Sznicer	Tullamore Harriers	3.76

Guests	Samuel Simon	Ferrybank	5.70
	Denis Brophy	St Abbans A.C.	5.67

Guest	Ashley Mc Donnell	Galway	4.91
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Place	Discus Athlete	Club	Distance
1	Jim Healy	Tipperary County	34.74
2	Eanna O Cathain	Galway City Harriers	34.55

Place	Discus Athlete	Club	Distance
1	Zoe Scanlon	West Waterford A.C..A.C	39.12
2	Sarah Healy	Tipperary County	27.84

3	Shane Scanlon	West Waterford A.C..A.C.	28.72
4	Edward Helay	Tallaght A.C. A.C.A.C	24.34
5	Stephen Reynolds	Sligo A.C. A.C	23.28
6	Andy Power	Waterford A.C. A.C.A.C	16.15

3	Shauna Daly	St Abbans A.C. A.C.A.C.	26.50
4	Kelly Cunningham	Tullamore Harriers	25.86
5	Aoife O Malley	Limerick County	22.35

Guest John Malley 31.29

Place	Athlete	Club	Distance
	High Jump		
1	Shane O Dwyer	Tipperary County	1.75
2	Killian Morris	Tallaght A.C. A.C.	1.60
3	Laurence Houlihan	West Waterford A.C..	1.60
3	Tom O Brien	Waterford A.C. A.C.A.C	1.60

Place	Athlete	Club	Distance
	High Jump		
1	Clare Collins	West Waterford A.C.	1.55
2	Aoife Bartley	Tipperary County	1.50
3	Sarah Buggy	St Abbans A.C.	1.45

Place	Athlete	Club	Distance
	Shot Putt		
1	Michael Gassowski	Tallaght A.C. A.C.	13.82
2	Tadgh Dwyer	Tipperary County	10.31
3	John Molloy	Sligo A.C.	10.03
4	Sean Breathnach	Galway City Harriers	16.43
5	Martin Holohan	West Waterford A.C..	8.55
6	Nicholas O Brien	Waterford A.C.	3.17

Place	Athlete	Club	Distance
	Shot Putt		
1	Shauna Daly	St Abbans A.C. A.C.A.C.	10.60
2	Zoe Scanlon	West Waterford A.C..A.C	10.18
3	Catriona Ryan	Tipperary County	10.18
4	Alanna Frattarli	Limerick County	9.88
5	Kelly Cunningham	Tullamore Harriers	7.94
6	Louise Mulvaney	Sligo A.C. A.C	5.50

Place	Athlete	Club	Distance
	Javelin		
1	Keith Smith	Tipperary County	38.07
2	Sean Morris	Tallaght A.C. A.C.	36.62
3	John Molloy	Sligo A.C.	35.30
4	Eanna O Cathain	Galway City Harriers	35.29
5	Laurence Houlihan	West Waterford A.C..	22.95
6	Frank Roche	Waterford A.C.	16.26

Place	Athlete	Club	Distance
	Javelin		
1	Emma Daly	St Abbans A.C.	29.88
2	Laura Dolan	Tullamore Harriers	28.60
3	Alanna Frattaroli	Limerick County	24.00
4	Caroline Morgan	Tipperary County	19.89
5	Ciara Scanlon	West Waterford A.C.	11.82
6	Eimear O Brien	Sligo A.C.	4.80

Place	Athlete	Club	Distance
	Triple Jump		
1	Shane Prout	Tipperary County	13.23
2	Aaron Murtagh	Sligo A.C.	13.22
3	Kevin Dooley	Galway City Harriers	12.22
4	Martin Holohan	West Waterford A.C..	10.59
5	John Behan	Waterford A.C.	9.36

Place	Athlete	Club	Distance
	Triple Jump		
1	Sarah Buggy	St Abbans A.C. A.C.A.C	11.62
2	Lisa Houlihan	West Waterford A.C..A.C	10.67
3	Lorraine Helay	Tipperary County	9.70
4	Emily Burns	Sligo A.C. A.C	9.02
5	Aoife O Malley	Limerick County	8.69

56lb Weight for Distance

Place	Athlete	Club	Distance	Place	Athlete	Club	Distance
1	Sean Breathnach	Galway City Harriers	7.69				
2	Tadgh Dwyer	Tipperary County	6.66				
3	Joe Gallagher	Sligo A.C.	5.97				
4	Eddie Healy	Tallaght A.C. A.C.	4.00				
5	Frank Quinlan	Waterford A.C.	2.50				