

MMI MUNSTER CHAMPIONSHIPS 14 – 19 CASTLEISLAND, 18TH /19TH JUNE 2011

Girls U 14	75 Hurdles.	1	Ciarda Maher	Nenagh Olympic	12.7
		2	Laura Cussen,	Old Abbey	12.7
		3	Rebecca Kelly	Carrick on Suir	12.9
		4	Aoife O'Carroll,	Tralee Harriers	13.0
		5	Emma Hennessy,	Nenagh Olympic	13.1
		5	Ellen Larkin,	Emerald	13.1
		7	Ella Nicholson,	Bandon	13.2
		8	Gwyeneth Blair,	Waterford	15.0
	80M	1.	Phoebe Murphy	Clonmel	10.78
		2.	Aoife O'carroll	Tralee Hrs	10.83
		3.	Chelsie Wright	Leevale	11.02
		4.	Amy white	Nenagh	11.12
		5.	No. 1186		11.26
		6.	Olivia Keoghan	Ferrybank	11.26
		7.	Laura Murphy	Leevale	11.32
	200M	1	Pheobe Murphy	Clonmel	26.6
		2.	Eadaoin Lyons	St. Marys Limerick	27.2
		3	Amy White	Nenagh Olympic	27.3
		4	Christine Cooper	Spa Muckross	27.5
		5	Aoife O'Carroll	Tralee Hrs	27.7
	800M	1.	Christina Cooper	Spa Muckcross	2.25.79
		2.	Niamh Casey	Ferrybank	2.26.48
		3.	Jennifer Hennessy	Youghal	2.27.81
		4.	Sinead Flynn	West Waterford	2.32.81
		5.	Eimear Loughman	Dundrum	2.35.36
		6.	Aoife Hamilton	West Waterford	2.36.44
		7.	Ella Curtin	West Muskerry	2.37.34
		8.	Cliodhna Blake	St. Johns	2.39.91
	1500M	1	Jennifer Hennessy	Youghal	5.19.6
		2.	Niamh Casey	Ferrybank	5.20.2
		3	Eimear Loughman	Dundrum	5.21.0
		4.	Aoife Hamilton	West Waterford	5.22.2
		5.	Sinead Flynn	West Waterford	5.39.3
		6.	Grace Donovan	Emerald	5.43.2
		7.	Fiona Everard	Bandon	5.59.1
	Walk	1.	Chloe Lynch	Clonmel	
		2.	Selina Hutchinson	Borrisokane	
		3.	Aishling Vaughan Witts	Borrisokane	
	Hammer	1.	Beatrice Casey	Gneeveguilla	28.90
		2.	Aoife Doyle	Star of the Laune	24.47
		3.	Erin Kingston	Bandon	22.61
		4.	Shannon O'Leary	Gneeveguilla	22.51
		5.	Aishling Vaughan Witts	Borrisokane	20.70
		6.	Lorna Cummins	West Waterford	20.68
		7.	Kayleigh Jewitt	Liscarroll	20.62
		8.	Jade Fahy	Nenagh	20.31
	Shot	1.	Erin Kingston	Bandon	11.01
		2.	Sarah Hayes	Skibbereen	10.37
		3.	Amy White	Nenagh	10.34

		4. Beatrice Casey	Gneeveguilla	10.32
		5. Amy Foley	Ferrybank	10.10
		6. Jade Fahy	Nenagh	9.72
		7. Aoife Doyle	Star of the Laune	9.30
		8. Clodagh McCarthy	Old Abbey	8.86
	Discus	1. Sally Smith	Bandon	28.05
		2. Aoife Doyle	Star of the Laune	25.70
		3. Jade Fahy	Nenagh Oly	20.98
		4. Ciarda Maher	Nenagh Oly	20.26
		5. Orlaith Hickey	Riverstick	20.24
		6. Clodagh McCarthy	Old Abbey	18.70
		7. Erin Kingston	Bandon	18.10
		8. Amy White	Nenagh Oly	15.74
	Javelin	1. Jade Fahy	Nenagh Oly	23.24
		2. Erin Kingston	Bandon	20.46
		3. Shannon O'Leary	Gneeveguilla	19.59
		4. Orlaith Hickey	Riverstick Kinsale	18.06
		5. Sophie Crowe	Nenagh Oly	17.04
		6. Amy Foley	Ferrybank	16.47
		7. Ciarda Maher	Nenagh Oly	15.87
		8. Kaleigh Jewitt	Liscarroll	15.34
	High Jump	1. Laura Cussen	Old Abbey	1.49
		2. Emma Hennessy	Nenagh	1.35
		3. Ella Nicholson	Bandon	1.35
		4. Maria Carey	Newport	1.35
		5. Kerri Buckley	Bandon	1.30
		6. Ellen Larkin	Emerald	1.30
		7. Cliodhna Blake	St. Johns	1.30
		8. Ciarda Maher	Nenagh Olympic	1.30
	Long Jump	1. Laura Cussen	Old Abbey	4.95
		2. Aoife Harrison	Ferrybank	4.78
		3. Maria Carey	Newport	4.45
		4. Ella Nicholson	Bandon	4.32
		5. Laura Murphy	Leevale	4.29
		6. Amy Foley	Ferrybank	4.28
		7. Emma Hennessy	Nenagh Oly	4.27
		8. Ciarda Maher	Nenagh Oly	4.23
Boys U 14	75 Hurdles	1. Jack Murphy	Leevale	12.17
		2. Iarla Courtney	St. Brendans	12.25
		3. Conor Forde	Youghal	12.91
		4. Jack O'Sullivan	Carrick on Suir	13.13
		5. Cormac McCann	Ferrybank	13.37
		6. Declan Leamy	Nenagh Olympic	13.48
		7. Michael Whelan	Carrick on Suir	13.82
		8. Aaron Cummins	Tramore	14.08
	80M	1. Luke Ring	Leevale	10.22
		2. Garreth O'Hanlon	Abbey Striders	10.37
		3. Dion Marcos	Spa Muckcross	10.50
		4. Sean O'callaghan	Leevale	10.52
		5. Matthew Draper	Bandon	10.59
		6. Cormac McCann	Ferrybank	10.75
		7. Jack Murphy	Leevale	10.86

	8. Nzube Okoye	Ennis Track	11.08
200M	1. Dion Marcos	Spa Muckcross	25.84
	2. Micheal Foley	Lios Tuathail	25.93
	3. Sean O'Callaghan	Leevale	25.99
	4. Cormac McCann	Ferrybank	26.05
	5. Matthew Draper	Bandon	26.44
800M	1. Ferghal Curtin	Youghal	2.16.29
	2. Micheál Foley	Lios Tuathail	2.17.31
	3. Matthew Murnane	Leevale	2.18.08
	4. Tadhg Brennan	Ferrybank	2.20.48
	5. Mark Fennell	St. Marys Cl	2.22.47
	6. Stephen O'Dea	Dooneen	2.25.71
	7. Robert Kennedy	Templemore	2.28.81
	8. Michael Wheelan	Carrick on Suir	2.31.04
1500M	1. Fergal Curtin	Youghal	4.45.49
	2. Tadhg Brennan	Ferrybank	4.58.08
	3. Mark Fennell	St. Marys Clare	5.05.96
	4. Cathal McCarthy	Doheny	5.13.98
	5. Richard O'Donoghue	Nenagh	5.15.65
	6. Cathal O'Donovan	Iveragh	5.19.27
	7. Gearoid Mitchel	Emerald	5.22.05
	8. Andrew Kennedy	Ferrybank	5.23.74
High Jump	1. Jack Murphy	Leevale	1.56
	2. Patrick Harding	Sleeveardagh	1.45
	3. Billy Courtney	Spa Muckcross	1.40
	4. Tom Deasy	Belgooly	1.40
	5. Kevin Lynch	Old Abbey	1.35
	6. Gearoid Mitchell	Emerald	1.35
	7. Sean O'Callaghan	Leevale	1.35
	8. Kevin Crowe	Borrisokane	1.30
Long Jump	1. Jack Murphy	Leevale	5.02
	2. Shane O'Connell	Tralee Harriers	4.69
	3. Dion Marcos	Spa Muckcross	4.50
	4. Sean Glasheen	Tipp Town	4.49
	5. Cormac McCann	Ferrybank	4.39
	6. Tom Deasy	Belgooly	4.38
	7. Matthew Draper	Bandon	4.21
	8. Dylan Kearns	Ferrybank	4.17
Hammer	1. Josh Rockett	West Waterford	37.72 CBP
	2. Jamie McKelvie	West Waterford	30.52
	3. Iarla Courtney	St. Brendans	25.55
	4. Matthew Murnane	Leevale	23.45
	5. Christopher Coughlan	Youghal	21.71
	6. Kevin Crowe	Borrisokane	21.06
	7. Gearoid Mitchell	Emerald	20.40
	8. Fiachra Harrington	Bandon	15.78
Javelin	1. Sean Glasheen	Tipp Town	30.80
	2. Billy Courtney	Spa Muckcross	27.66
	3. Gearoid Mitchell	Emerald	24.51
	4. Luke Ring	Leevale	23.06
	5. Jason Roche	Tralee Hrs	18.85
	6. Barry Shanahan	Leevale	18.46

		7. Ewan Smith	Tramore	16.59
		8. Shane O'Connell	Tralee Hrs	16.08
Discus		1. Josh Rockett	West Waterford	40.00 CBP
		2. Billy Courtney	Spa Muckcross	33.10
		3. Jamie McKelvie	West Waterford	30.94
		4. James Sheehan	Carraig na bhFear	27.79
		5. Iarla Courtney	St. Brendans	27.01
		6. Miguel O'Mahoney	Bandon	25.76
		7. David O'Connor	Gneeveguilla	23.01
		8. Gearoid Mitchell	Emerald	17.61
Shot Put		1. Billy Courtney	Spa Muckcross	12.29
		2. Mark Bromell	Emerald	12.08
		3. Sean Glasheen	Tipp Town	11.72
		4. James Sheehan	Carraig na bhFear	10.28
		5. Josh Rockett	West Waterford	10.16
		6. Jamie McKelvie	West Waterford	9.99
		7. Jason Roche	Tralee Hrs	9.24
		8. Darragh Curtin	An Riocht	9.07
Girls U 15	80 Hurdles	1. Kelly Ann Doyle	Carrick on Suir	12.63
		2. Leanne Prout	Carrick on Suir	12.65
		3. Clodagh O'Mahony	Dooneen	13.03
		4. Deirbhle Ryan	Nenagh Olympic	13.21
		5. Saoirse McGeever	Clonmel	14.03
		6. Courtney Ryan	Tralee Hrs	14.92
		7. Becky Danaher	Emerald	15.75
		8. Heather Curley	Youghal	16.35
	250 Hurdles	1. Laura Costello	Nenagh Oly	38.1
		2. Kelly Ann Doyle	Carrick on Suir	38.6
		3. Orla Queally	Ferrybank	39.5
		4. Leanne Prout	Carrick on Suir	39.5
		5. Elaine Culloty	Carraig na bhFear	40.5
		6. Aoife Delargy	Templemore	41.3
		7. Saoirse McGeever	Clonmel	43.0
		8. Aisling Hehir	Dooneen	44.4
	100M	1. Niamh McNichol	Tramore	12.91
		2. Clara Heinrick	Tralee Hrs	12.91
		3. Jenna Bromell	Emerald	13.11
		4. Orna Foley	Tralee Hrs	13.19
		5. Marie O'Halloran	Leevale	13.35
		6. Aisling Hehir	Dooneen	13.42
		7. Becky Danaher	Emerald	13.43
		8. Amy Cronin	Gneeveguilla	13.45
	200M	1. Jenna Bromell	Emerald	26.12
		2. Orna Foley	Tralee Harriers	26.53
		3. Laura Costello	Nenagh Olympics	26.68
		4. Marie O'Halloran	Leevale	27.16
		5. Aisling Hehir	Dooneen	28.15
		6. Clodagh Grogan	Leevale	28.45
	800M	1. Louise Shanahan	Leevale	2.18.69
		2. Aisling Quinn	Ferrybank	2.19.91
		3. Bella Sherlock	Doheny	2.20.31
		4. Maeve Ahern	Carraig na bhFear	2.23.41

	5. Ciara Cummins	Moyne	2.26.57
	6. Laura Hallissey	Kenmare & District	2.26.58
	7. Orla Queally	Ferrybank	2.35.49
	8. Aoife Delargy	Templemore	2.37.41
1500m	1. Aisling Quinn	Ferrybank	5.13.40
	2. Bella Sherlock	Dohenys	5.20.50
	3. Ciara Cummins	Moyne	5.30.40
	4. Aoife Delargy	Templemore	5.41.82
	5. Aoife Dearing	Nenagh	5.47.25
	6. Brigitta Murphy	Dooneen	5.48.07
	7. Ciara Crowley	Doheny	5.48.11
	8. Cliiona Ryan	West Waterford	6.15.22
Walk	1. Roisin O'Malley	Bilboa	
	2. Catriona Nugent	Carraig na bhFear	
High Jump	1. Neasa Murphy	Ferrybank	1.61
	2. Deirbhile Ryan	Nenagh Oly	1.59
	3. Rachel Clancy	St. Johns	1.51
	4. Courtney Ryan	Tralee Hrs	1.45
	5. Kelly Ann Doyle	Carrick on Suir	1.45
	6. Stephanie Moore	Dundrum	1.35
	J7 Grace Courtney	Tralee Hrs	1.30
	J7 Emma Young	Bandon	1.30
	J7 Orna Foley	Tralee Hrs	1.30
Hammer	1. Aoife Vaughan Witts	Borrisokane	35.92
	2. Naomi O'Sullivan	St. Brendans	25.29
	3. Amy Linehan	Liscarroll	24.23
	4. Lauren O'Mahony	Youghal	22.72
	5. Lurn Kennelly	Gneeveguilla	21.40
	6. Jodie Cusack	Liscarroll	19.27
Javelin	1. Deirbhile Ryan	Nenagh Oly	27.34
	2. Naomi O'Sullivan	St. Brendans	24.79
	3. Lauren O'Mahony	Youghal	24.48
	4. Laura Ryan	Ferrybank	22.25
	5. Clara Heinrich	Tralee Hrs	21.19
	6. Heather Curley	Youghal	20.19
	7. Niamh O'Brien	Ennis Track	18.63
	8. Jodie Cusack	Liscarroll	18.02
Shot Put	1. Deirbhile Ryan	Nenagh Oly	11.71
	2. Ciara Mockler	Moycarkey Coolcree	9.98
	3. Naomi O'Sullivan	St. Brendans	9.38
	4. Rachel Clancy	St. Johns	9.32
	5. Lauren O'Mahony	Youghal	9.01
	6. Amy Linehan	Liscarroll	8.30
	7. Aisling Kelleher	West Muskerry	8.21
	8. Jodie Cusack	Liscarroll	8.18
Discus	1. Amy Linehan	Liscarroll	24.84
	2. Aoife Vaughan Witts	Borrisokane	22.85
	3. Ciara Mockler	Moycarkey Coolcree	22.73
	4. Naomi O'Sullivan	St. Brendans	22.21
	5. Deirbhile Ryan	Nenagh Oly	20.67
	6. Emma O'Brien	Waterford	19.00
	7. Lurn Kennelly	Gneeveguilla	18.40

		8. Laura Ryan	Ferrybank	15.72
Long Jump		1. Fiona O'Shea	Dooneen	4.94
		2. Grainne Kerrisk	Leevale	4.43
		3. Deirbhile Ryan	Nenagh Oly	4.37
		4. Clara Heinrich	Tralee Hrs	4.27
		5. Orna Foley	Tralee Hrs	4.23
		6. Leanne Prout	Carrick on Suir	4.19
		7. Ciara Nalty	Leevale	4.19
		8. Hilary Kelleher	Belgooly	4.13
Boys U 15	80 Hurdles	1. Michael Quilligan	Nenagh Oly	11.85
		2. Darren Prout	Carrick on Suir	12.33
		3. Jason Foley	Lios Tuathail	12.42
		4. Matt Clancy	St. Brendans	13.60
		5. Daragh Shelly	Carrick on Suir	13.76
	250 Hurdles	1. Michael Quilligan	Nenagh Oly	34.50
		2. Jason Foley	Lios Tuathail	35.64
		3. Darren Prout	Carrick on Suir	35.64
		4. Cian McGarry	St. Brendans	37.37
		5. David Kelly	Togher	38.19
		6. Paddy Bartley	Carrick on Suir	39.75
		7. Eoin Hurley	Riverstick Kinsale	41.83
		8. Ciaran Crowley	Old Abbey	42.65
	100M	1. Seamie Fennell	West Waterford	12.34
		2. Michael Quilligan	Nenagh Oly	12.47
		3. Brett Ranson Smith	An Riocht	12.58
		4. Glen Dickenson	Dooneen	12.71
		5. Joey Henchy	Bandon	12.77
		6. Cian McGarry	St. Brendans	12.84
		7. Ciaran Crowley	Old Abbey	12.85
		8. Darren Prout	Carrick on Suir	12.98
	200M	1. Seamie Fennell	West Waterford	24.30
		2. Ciaran Crowley	Old Abbey	24.90
		3. Joey Henchy	Bandon	25.28
		4. Sean McBrearty	Dooneen	25.59
		5. Cian McGarry	St. Brendans	25.72
		6. Paraic McNamara	Marian	26.10
		7. Jack Morgan	Tralee Hrs	26.12
		8. Ronan Barry	Marian	26.65
	800M	1. Jack Goulding	St. Brendans	2.12.37
		2. David Atkinson	Carraig na bhFear	2.12.62
		3. Luke Horgan	Leevale	2.13.09
		4. Eoin Browne	Ferrybank	2.15.03
		5. Ben Buttimer	Templemore	2.19.32
		6. Kieran Lynch	Lios Tuathail	2.20.50
		7. Shane O'Riordan	West Waterford	2.20.73
		8. Patrick Cleary	Clonmel	2.20.88
	1500m	1. Eoin Browne	Ferrybank	4.35.02
		2. Jack Goulding	St. Brendans	4.40.22
		3. Luke Morgan	Leevale	4.42.34
		4. Garry O'Sullivan	West Muskerry	4.47.15
		5. Tholm Reddy	West Waterford	4.50.44
		6. Eoin McIntyre	Nenagh Oly	4.51.61

	7. Kevin Mulcair	Ennis Track	4.57.57	
	8. Ben Buttimer	Templemore	5.01.86	
Walk	1. Aaron Egan	Clonmel	10.25.08	
	2. Anthony Tobin	Clonmel	10.46.41	
Pole Vault	1. Seamie Fennell	West Waterford	3.40	CBP
	2. Conor Kavanagh	West Waterford	2.80	
	3. Matt Clancy	St. Brendans	2.20	
High Jump	1. Michael Quilligan	Nenagh Oly	1.55	
	2. Paraic McNamara	Marian	1.50	
	3. Damon Gregory	Nenagh Oly	1.50	
	4. Jason Foley	Lios Tuathail	1.45	
	5. Scott Gibson	Bandon	1.45	
	J6 Ronan Barry	Marian	1.40	
	J6 Eoin Hurley	Riverstick Kinsale	1.40	
	J6 Matt Clancy	St. Brendans	1.40	
Triple Jump	1. Darren Prout	Carrick on Suir	11.88	
	2. Jack Morgan	Traleee Hrs	10.66	
	3. Matt Clancy	St. Brendans	10.33	
	4. Cathal Reilly	Traleee Hrs	10.17	
	5. Damon Gregory	Nenagh Oly	10.16	
	6. Niall Murphy	Ferrybank	10.15	
	7. Paddy Bartley	Carrick on Suir	9.58	
Hammer	1. Adam King	Iveragh	65.13	CBP
	2. Benny Healy	Fanahan McSweeney	30.91	
	3. Seadnaidh Smyth	Midleton	30.50	
	4. Tomas O'Neill	Gneeveguilla	28.60	
	5. Michael O'Donoghue	Nenagh Oly	21.90	
	6. Michael Dinneen	Carrick on Suir	21.50	
Javelin	1. Michael Dinneen	Carrick on Suir	32.29	
	2. Seadnaidh Smyth	Midleton	31.88	
	3. Matt Clancy	St. Brendans	31.49	
	4. David O'Flynn	Carraig na bhFear	23.93	
	5. Sean Fitzmaurice	Traleee Hrs	23.42	
	6. Michael O'Donoghue	Nenagh Oly	18.93	
Discus	1. Benny Healy	Fanahan McSweeney	33.14	
	2. Seadnaidh Smyth	Midleton	32.16	
	3. Michael Dinneen	Carrick on Suir	25.88	
	4. Tomas O'Neill	Gneeveguilla	24.98	
	5. James O'Dwyer	Bandon	21.96	
	6. Michael O'Donoghue	Nenagh Oly	20.86	
Shot Put	1. Benny Healy	Fanahan McSweeney	13.94	
	2. Seadnaidh Smyth	Midleton	12.44	
	3. Jamie Moriarty	Templemore	10.29	
	4. Glen Dickenson	Dooneen	10.28	
	5. Jack Morgan	Traleee Hrs	9.52	
	6. Michael O'Donoghue	Nenagh Oly	8.91	
	7. James O'Dwyer	Bandon	8.71	
	8. Sean Fitzmaurice	Traleee Hrs	8.07	
Long Jump	1. Darren Prout	Carrick on Suir	5.18	
	2. Ciaran Crowley	Old Abbey	5.16	

		3. Aodhan Coakley	Kenmare & District	4.85
		4. Cian McGarry	St. Brendans	4.84
		5. Cathal Reilly	Tralee Hrs	4.84
		6. Shane Keevers	Bantry	4.79
		7. Daragh Shelly	Carrick on Suir	4.76
		8. Matt Clancy	St. Brendans	4.72
Girls U 16	80 Hurdles	1. Jayne Pennefather	Belgooly	12.69
		2. Kellie Meade	Ferrybank	12.97
		3. Vanessa Ogbonna	Tramore	13.63
	250 Hurdles	1. Kellie Meade	Ferrybank	38.63
		2. Jayne Pennyfather	Belgooly	39.36
		3. Ciara Giles Doran	Ferrybank	40.04
		4. Heather O'Leary	Ferrybank	40.31
		5. Clodagh Fitzgerald	Carrick on Suir	41.21
		6. Grace Flynn	Ferrybank	42.51
		7. Aedin O'Keeffe	Ferrybank	43.65
		8. Nollaig Blake	St. Johns	44.72
	100M	1. Roisin Harrison	Emerald	12.57
		2. Niamh Giles Doran	Ferrybank	13.13
		3. Siobhan Whelan	Ferrybank	13.39
		4. Vanessa Ogbonna	Tramore	13.41
		5. Sinead Mulcahy	Bandon	13.47
		6. Alice Dunne	West Muskerry	13.58
		7. Lydia Kenneally	Dooneen	13.58
	200M	1. Roisin Harrison	Emerald	25.14
		2. Niamh Giles Doran	Ferrybank	26.64
		3. Siobhan Whelan	Ferrybank	26.87
		4. Emma O'Brien	Leevale	26.96
		5. Orla Devitt	Ennis Track	27.42
		6. Sinead Mulcahy	Bandon	27.46
		7. Megan O'Brien	Clonmel	27.85
		8. Ann Marie Francis	Lios Tuathail	27.92
	800M	1. Roisin Cleary	Clonmel	2.22.51
		2. Sarah Lanigan	Dooneen	2.23.38
		3. Heather O'Leary	Ferrybank	2.26.08
		4. Aoife Laste	Clonmel	2.27.57
		5. Mollie Lynch	Shannon	2.30.15
		6. Megan O'Brien	Clonmel	2.36.06
		7. Aisling Hanrahan	Leevale	2.38.46
		8. Melissa Duggan	Doheny	2.43.06
	1500m	1. Orlaith Moynihan	Clonmel	5.03.62
		2. Niamh Cotter	Bantry	5.03.75
		3. Aoife Laste	Clonmel	5.07.73
		4. Mollie Lynch	Shannon	5.10.02
		5. Heather O'Leary	Ferrybank	5.23.56
		6. Aisling Hanrahan	Leevale	5.31.79
		7. Laura Tobin	Clonmel	5.44.36
		8. Melissa Duggan	Doheny	5.45.36
	Walk	1. Sarah Ryan	Templemore	
		2. Alyx Mahony	Clonmel	

Pole Vault	1. Kayleigh Cronin	Spa Muckcross	2.60	CBP
	2. Sarah Keohane	West Waterford	2.40	
High Jump	1. Grace McKenzie	Belgooly	1.50	
	2. Kayleigh Cronin	Spa Muckcross	1.45	
	3. Kellie Meade	Ferrybank	1.40	
	4. Nadine Murphy	Leevale	1.35	
	5. Sarah Keoghan	West Waterford	1.25	
Hammer	1. Alice Akers	Marian	50.57	
	2. Rita Casey	Gneeveguilla	34.52	
	3. Fiona Duggan	Bandon	31.52	
	4. Colleen Nevin	Borrisokane	26.72	
	5. Zoe Lynch	Carrick on Suir	24.29	
	6. Yvonne O'Callaghan	Spa Muckcross	22.75	
	7. Emily Walsh	Carrick on Suir	18.66	
	8. Heather Dowley	Carrick on Suir	18.55	
Shot	1. Aideen Hallahan	Midleton	10.50	
	2. Kayleigh Cronin	Spa Muckcross	10.40	
	3. Grace McKenzie	Belgooly	9.58	
	4. Alice Akers	Marian	9.55	
	5. Vanells Ogbopnna	Tramore	9.13	
	6. Eimear Bartley	Carrick on Suir	8.95	
	7. Fiona Duggan	Bandon	8.13	
	8. Rita Casey	Gneeveguilla	8.12	
Discus	1. Kayleigh Cronin	Spa Muckcross	35.83	
	2. Alice Akers	Marian	28.00	
	3. Aideen Hallahan	Midleton	27.52	
	4. Fiona Duggan	Bandon	25.10	
	5. Aedin O'Keeffe	Ferrybank	22.64	
	6. Colleen Nevin	Borrisokane	19.19	
	7. Eimear Bartley	Carrick on Suir	16.91	
	8. Zoe Lynch	Carrick on Suir	15.86	
Javlin	1. Kayleigh Cronin	Spa Muckcross	34.03	
	2. Alice Akers	Marian	32.32	
	3. Rita Casey	Gneeveguilla	31.86	
	4. Emily Walsh	Carrick on Suir	27.13	
	5. Clodagh Fitzgerald	Carrick on Suir	26.11	
	6. Eimear Bartley	Carrick on Suir	25.27	
	7. Aideen Hallahan	Midleton	20.53	
	8. Aedin O'Keeffe	Ferrybank	20.23	
Long Jump	1. Siobhan Whelan	Ferrybank	4.83	
	2. Jayne Pennefather	Belgooly	4.81	
	3. Niamh Giles Doran	Ferrybank	4.79	
	4. Orla Devitt	Ennis Track	4.77	
	5. Aileen Corkery	West Muskerry	4.52	
	6. Eimear Bartley	Carrick on Suir	4.32	
	7. Colleen Nevin	Borrisokane	4.30	
	8. Emer Lynch	An Riocht	4.23	

Boys U 16	80 Hurdles	1. Sam Healy	Belgooly	14.29
		2. David Cussen	Old Abbey	14.69
		3. Denis Cosgrove	St. Brendans	17.18
	250 Hurdles	1. Patrick Gilbert	St. Brendans	35.70
		2. Liam Finn	Nenagh Oly	35.95
		3. Barrett Sills	Tramore	38.76
	100M	1. Eoin Walsh	West Muskerry	12.02
		2. Darren Lee	Leevale	12.06
		3. Jack Daly	Youghal	12.18
		4. Arrey Brandon	Blarney Inniscarra	12.19
		5. Robert Whorton	Iveragh	12.44
		6. David Cussen	Old Abbey	12.51
		7. Adam Barrett	Tralee Hrs	12.60
		8. Jason Lewis	Nenagh Oly	12.79
	200M	1. Brandon Arrey	Blarney Inniscarra	23.98
		2. Eoin Walsh	West Muskerry	24.38
		3. Mel O'Callaghan	Gneeveguilla	24.62
		4. Patrick Gilbert	St. Brendans	24.77
		5. Liam Finn	Nenagh Oly	25.00
		6. David O'Neill	Lios Tuathail	25.65
		7. David Cussen	Old Abbey	26.28
	800M	1. Liam Hennessy	Togher	2.04.20
		2. Cillian O'Donovan	Iveragh	2.07.82
		3. Kiernan Daly	Emerald	2.08.26
		4. Alan Ring	Togher	2.09.03
		5. Liam Carey	Star of the Laune	2.10.05
		6. Tom O'Sullivan	Farranfore M.V.	2.10.46
		7. 3005		2.12.98
		8. Stephen Holland	Bantry	2.14.63
	1500M	1. Liam Hennessy	Togher	4.31.4
		2. Cillian O'Donovan	Iveragh	4.33.15
		3. Kiernan Daly	Emerald	4.36.69
		4. David O'Keeffe	Gneeveguilla	4.37.05
		5. Tom O'Sullivan	Farranfore MV	4.42.45
		6. Alan Ring	Togher	4.44.10
		7. Liam O'Connell	Iveragh	4.48.25
		8. Jacob Loughnane	Marian	4.52.59
	3000M	1. Cillian O'Donovan	Iveragh	9.30.4
		2. David O'Keeffe	Gneeveguilla	9.38.72
		3. Liam O'Connell	Iveragh	10.09.67
		4. Declan O'Herlihy	Togher	10.36.52
		5. Fionn Bracken	togher	10.55.85
	Walk	1. Seamus McMahon	Shannon	17.56.08
	Pole Vault	1. Mel O'Callaghan	Gneeveguilla	3.20
		2. Fintan O'Shaughnessy	Bandon	3.00
		3. Patrick Gilbert	St. Brendans	2.60
	High Jump	1. Sam Healy	Belgooly	1.85
		2. David Cussen	Old Abbey	1.85
		3. Philip Brownlow	Leevale	1.75
		4. Brian sugrue	Iveragh	1.55

		5. Eoin Walsh	West Muskerry	1.55
		6. Colin Kingston	Bandon	1.55
		7. Ger Browne	Tralee Hrs	1.50
		8. Niall O'Sullivan	Tralee Hrs	1.50
Long Jump		1. David Cussen	Old Abbey	5.97
		2. Sam Healy	Belgooly	5.97
		3. Fintan O'Shaughnessy	Bandon	5.42
		4. Bobby Smith	Bandon	5.00
		5. David O'Neill	Lios Tuathail	4.98
		6. Brandan Arrey	Blarney Inniscarra	4.67
		7. Shane McGrath	Shannon	4.47
Shot		1. Colin Kingston	Bandon	13.68
		2. Ger Browne	Tralee Hrs	12.01
		3. Jack Daly	Youghal	10.84
		4. Sam Healy	Belgooly	10.47
		5. Adam Barrett	Tralee Hrs	7.53
Discus		1. Eoin Hanrahan	Ennis Track	45.08
		2. Colin Kingston	Bandon	42.80
		3. Mel O'Callaghan	Gneeveguilla	37.58
		4. Seamus McMahon	Shannon	28.68
Javelin		1. Shane O'Neill	Abbey Striders	40.32
		2. Ger Browne	Tralee Hrs	35.13
		3. Bobby Smith	Bandon	33.15
		4. Eoin Hanrahan	Ennis Track	30.75
		5. Patrick Gilbert	St. Brendans	30.39
		6. Sam Healy	Belgooly	28.93
		7. Niall O'Sullivan	Tralee Hrs	24.89
Hammer		1. Mel O'Callaghan	Gneeveguilla	44.10
		2. Colin Kingston	Bandon	43.90
		3. Brendan Dunne	St. Brendans	43.25
		4. Seamus McMahon	Shannon	36.97
Girls U 17	100 Hurdles	1. Aileen Hurley	Grange Fermoy	15.74
		2. Ciara Giles Doran	Ferrybank	15.92
		3. Caroline Morgan	Nenagh Olympic	29.93
	300 Hurdles	1. Ciara Giles Doran	Ferrybank	46.0
		2. Aileen Hurley	Grange Fermoy	51.2
		3. Lydia O'Connor	Leevale	56.7
	100M	1. Marie Heelan	Emerald	12.43
		2. Ciara Giles Doran	Ferrybank	12.69
		3. Elaine Courtney	Spa Muckcross	13.32
		4. Aileen Hurley	Grange Fermoy	13.39
		5. Lynn O'Mara	Emerald	13.44
		6. Catherine Power	Dooneen	13.82
		7. Aoife Meaney	Carrick on Suir	13.99
		8. Lydia O'Connor	Leevale	14.28
	200M	1. Ciara Giles Doran	Ferrybank	24.56
		2. Marie Heelan	Emerald	25.58
		3. Hannah O'Sullivan	Gneeveguilla	26.52
		4. Aileen Hurley	Grange Fermoy	27.50
		5. Lynn O'Mara	Emerald	28.07

	6. Emer Hillery	Kilmurry IBK/Nth Cl	28.54
300M	1. Niamh Markham	Ennis Track	42.51
	2. Elaine Courtney	Spa Muckcross	45.27
	3. Christina McGrath	Grange Fermoy	45.48
	4. Emer Hillery	Kilmurry IBK/Nth Cl	45.62
	5. Lydia O'Connor	Leevale	46.32
800M	1. Niamh Markham	Ennis Track	2.24.55
	2. Rachel O'Shea	West Muskerry	2.25.71
	3. Clare Horgan	Clonmel	2.28.84
	4. Lucy O'Brien	West Waterford	2.33.17
	5. Chloe O'Flynn	Carraig na bhFear	2.35.56
	6. Emer Hillery	Kilmurry IBK Nth Cl	2.35.57
	7. Nicole Rowe	Waterford	2.35.97
	8. Ciara Crawford	Emerald	2.36.39
1500M	1. Brona Croke	Dooneen	4.59.49
	2. Laura Egan	Kilmihil	5.04.81
	3. Rachel O'Shea	West Muskerry	5.20.11
	4. Clare Horgan	Clonmel	5.23.14
	5. Lucy O'Brien	West Waterford	5.39.61
2000 S/C	1. Autumn Coady	Ferrybank	8.54.87
Pole Vault	1. Katie O'Riordan	St. Brendans	2.40
	2. Rachel Dennesen	St. Brendans	1.80
High Jump	1. Aisling Croke	Dooneen	1.63
	2. Anna Rogers	Ferrybank	1.45
	3. Emer Hillery	Kilmurry IBK Nth Cl	1.25
Hammer	1. Laura McSweeney	Bandon	38.54
	2. Louise Flynn	Farranfore MV	36.52
	3. Caroline Morgan	Nenagh Oly	31.58
	4. Kate Hickey	West Waterford	26.64
Shot	1. Laura McSweeney	Bandon	12.69
	2. Kate Boyd	Traleee Hrs	11.73
	3. Kate Hickey	West Waterford	10.76
	4. Dawn Perrott	North Cork	9.34
	5. Olivia Keoghan	Ferrybank	9.21
	6. Agata Oztruszka	Farranfore M.V.	8.89
	7. Emer Hillery	Kilmurry IBK Nth Cl	8.68
Discus	1. Hannah O'Sullivan	Gneeveguilla	35.34
	2. Laura McSweeney	Bandon	34.12
	3. Kate Hickey	West Waterford	33.72
	4. Kate Boyd	Traleee Hrs	31.06
	5. Olivia Keoghan	Ferrybank	26.69
	6. Agata Oztruszka	Farranfore M.V.	23.89
	7. Emer Hillery	Kilmurry IBK Nth Cl	15.51
Javelin	1. Kate Boyd	Traleee Hrs	23.94
	2. Laura McSweeney	Bandon	22.49
Long Jump	1. Marie Heelan	Emerald	5.33

		2. Ciara Giles Doran	Ferrybank	5.28
		3. Anna Rogers	Ferrybank	5.03
		4. Aileen Hurley	Grange Fermoy	4.91
		5. Catherine Power	Dooneen	4.74
		6. Christina McGrath	Grange Fermoy	4.55
		7. Aine Power	West Waterford	3.97
	Triple Jump	1. Áine Power	West Waterford	9.65
		2. Elaine Courtney	Spa Muckcross	9.55
		3. Rachel Dennesen	St. Brendans	8.75
		4. Nicole Rowe	Waterford	8.64
Boys U 17	100 Hurdles	1. Eoghan Courtney	St. Brendans	14.4
		2. Dan Finnerty	Nenagh Olympic	15.2
		3. John O'Brien	Leevale	15.5
		4. Alan Cummins	Emerald	15.7
	300 Hurdles	1. Eoghan Courtney	St. Brendans	40.0
		2. Dan Finnerty	Nenagh Oly	43.2
		3. Tom Hennessey	Nenagh Oly	44.9
		4. Paul White	Nenagh Oly	45.4
		5. Robert Nagle	Leevale	45.7
		6. Tomas Varadi	Templemore	46.4
	100M	1. Eoin O'Carroll	Tralee Hrs	11.43
		2. Robert O'Halloran	Leevale	11.74
		3. Thomas Blake	Emerald	11.90
		4. Billy Cosgrave	Emerald	12.17
		5. Dan Finnerty	Nenagh Oly	12.24
		6. Evan Crotty	Emerald	12.30
		7. Emmanuel Ogbonna	Tranmore	12.51
		8. Robert Nagel	Leevale	12.59
	200m	1. Greg O'Shea	Dooneen	22.01
		2. Eoin O'Carroll	Tralee Hrs	22.75
		3. Billy Cosgrave	Emerald	23.14
		4. Robert O'Halloran	Leevale	23.15
		5. Eoghan Courtney	St. Brendans	23.79
		6. Evan Crotty	Emerald	23.81
		7. Thomas Blake	Emerald	24.06
		8. Robert Nagle	Leevale	24.94
	400m	1. Eoghan Courtney	St. Brendans	55.02
		2. Tom Hennessy	Nenagh Oly	55.42
		3. Paul White	Nenagh Oly	56.75
		4. Conor O'Mahony	Tralee Hrs	57.03
		5. Solomon Adebisi	Blarney Inniscarra	57.53
		6. Anthony White	West Waterford	1.02.42
	800M	1. David Kavanagh	Tralee Hrs	2.00.36
		2. Ian Slobody	Kilmihil	2.03.03
		3. Jake Ingles	Doheny	2.05.52
		4. Conor O.Mahony	Tralee Hrs	2.06.42
		5. Solomon Adebisi	Blarney Inniscarra	2.14.26
		6. Karl Fitzmaurice	Shannon	2.16.13
		7. Tom Hennessy	Nenagh Oly	2.16.76
		8. Eoin Burke	Togher	2.17.06
	1500M	1. Kyle Larkin	Emerald	4.20.84

	2.	David Kavanagh	Tralee Hrs	4.26.54
	3.	Ian Slobody	Kilmihil	4.29.90
	4.	Billy Murphy	Togher	4.45.47
	5.	Conor O'Mahony	Tralee Hrs	4.46.44
	6.	Robbie Mulligan	West Waterford	4.47.28
	7.	T. J. Hogan	Leevale	4.48.28
	J8.	Karl Fitzmaurice	Shannon	4.49.32
	J8.	Reece Maher	Clonmel	4.49.32
3000M	1.	Reece Maher	Clonmel	9.32.47
	2.	Jack Corbett	Thurles Crokes	9.47.43
	3.	T. J. Hogan	Leevale	10.03.67
	4.	Brendan Cough	Togher	10.13.39
	5.	Karl Fitzmaurice	Shannon	10.14.16
	6.	Cillian Blake	St. Johns	11.19.49
	7.	William O'Dwyer	Dooneen	13.47.38
2000 S/C	1.	Kyle Larkin	Emerald	7.08.44
	2.	T. J. Hogan	Leevale	7.36.74
Walk	1.	Evan Lynch	Clonmel	13.36.09
	2.	3009		17.1914
	3.	Cornelius Crowley	Gneeveguilla	19.59.77
	4.	Ciaran Dee	West Waterford	20.30.77
Pole Vault	1.	Lee Curley	Youghal	3.00
	2.	Michael Grimes	St. Brendans	2.80
High Jump	1.	Eoin O'Carroll	Tralee Hrs	1.70
	2.	Eoghan Courtney	St. Brendans	1.70
	3.	Tom Hennessy	Nenagh Oly	1.65
	4.	Dean Byrne	Dooneen	1.55
	J5.	Solomon Adebisi	Blarney Inniscarra	1.40
	J5.	Paul White	Nenagh Oly	1.40
	7.	Anthony White	West Waterford	1.30
Hammer	1.	Peter O'Brien	St. Brendans	41.29
	2.	Andrew McCarthy	Gneeveguilla	37.85
	3.	Eoghan Brennan	Emerald	22.03
Shot Put	1.	Peter O'Brien	St. Brendans	12.20
	2.	Andrew McCarthy	Gneeveguilla	11.72
	3.	Dan Finnerty	Nenagh Oly	11.13
	4.	James McCarthy	Fanahan McSweeney	10.32
	5.	Tobi Ademakin	Dooneen	10.03
	6.	Ruan Rooker	Shannon	9.81
	7.	Eoghan Brennan	Emerald	9.36
Discus	1.	Andrew McCarthy	Gneeveguilla	41.76
	2.	James McCarthy	Fanahan McSweeney	33.22
	3.	Peter O'Brien	St. Brendans	26.52
	4.	Ruan Rooker	Shannon	26.18
	5.	Eoghan Brennan	Emerald	20.82
Javelin	1.	Robert O'sullivan	Bandon	43.77
	2.	Eoin Ryan	Newport	42.07
	3.	Stephen Cahill	An Riocht	37.88
	4.	Dan Finnerty	Nenagh Oly	35.44
	5.	Robert Nagle	Leevale	31.36

Long Jump	1.	Eoin O'Carroll	Tralee Hrs	6.39	
	2.	Dan Finnerty	Nenagh Oly	5.79	
	3.	Eoghan Courtney	St. Brendans	5.77	
	4.	Robert Nagle	Leevale	5.73	
	5.	Emmanuel Ogbonna	Tramore	5.28	
	6.	Danny Pierce	Tralee Hrs	5.27	
	7.	Paul White	Nenagh Oly	5.13	
	8.	Tomas Varadi	Templemore	4.86	
Triple Jump	1.	Eoin O'Carroll	Tralee Hrs	12.93	
	2.	Emmanuel Ogbonna	Tramore	11.96	
	3.	Michael Grimes	St. Brendan	11.89	
	4.	Danny Pierce	Tralee Hrs	11.41	
	5.	Tomas Varadi	Templemore	11.05	
	6.	Ciaran Dee	West Waterford	9.75	
Girls U 18	100 Hurdles	1.	Megan Kiely	Ferrybank	14.57
		2.	Hannah Ryan	Tralee Harriers	16.53
300 Hurdles	1.	Megan Kiely	Ferrybank	44.21	
	2.	Caroline Hickey	Emerald	48.65	
	3.	Colleen Kennedy	Carrick on Suir	50.46	
	4.	Brid Brosnan	Ferrybank	51.87	
100M	1.	Phil Healy	Bandon	12.42	
	2.	Darragh McDonnell	Estuary	12.98	
	3.	Hannah Ryan	Tralee Hrs	13.04	
	4.	Eadaoin Wall	Estuary	14.02	
	5.	Edeain Samuels	Leevale	14.29	
200M	1.	Stephanie Carroll	Dooneen	24.97	
	2.	Phil Healy	Bandon	25.02	
	3.	Jessica Sheehan	Leevale	26.09	
	4.	Lilly Ann O'Hora	Dooneen	26.14	
	5.	Hannah Ryan	Tralee Harriers	26.81	
300M	1.	Megan Kiely	Ferrybank	44.21	
	2.	Caroline Hickey	Emerald	48.65	
	3.	Siofra Keane	Emerald	50.46	
	4.	Brid Brosnan	Ferrybank	51.87	
800M	1.	Niamh De Hora	Farranfore MV	2.35.12	
	2.	Eimear Duff	West Waterford	3.09.34	
1500M	1.	Niamh De Hora	Farranfore M.V.	5.13.90	
Pole Vault	1.	Una Marley	St. Brendans	2.60 Equal	
	2.	Leann Herlihy	West Waterford	2.40	
High Jump	1.	Sorcha Murphy	Ferrybank	1.65	
	2.	Megan Kiely	Ferrybank	1.45	
	3.	Leann Herlihy	West Waterford	1.35	
Hammer	1.	Mairead O'Neill	Gneeveguilla	40.85	
	2.	Niamh Murphy	Blarney Inniscarra	33.72	
	3.	Ciara Scanlan	West Waterford	33.08	
Shot	1.	Niamh Murphy	Blarney Inniscarra	10.95	

		2. Lynn Bradfield	Bandon	10.07
Discus		1. Lynn Bradfield	Bandon	28.71
Javelin		1. Jenny Murphy	Abbey Striders	37.02
		2. Patricia Curtin	Youghal	27.38
Long Jump		1. Darragh McDonnell	Estuary	5.03
		2. Jessica Sheehan	Leevale	4.91
		3. Caroline Murnane	Leevale	4.86
		4. Eadaoin Wall	Estuary	4.59
		5. Patricia Curtin	Youghal	4.01
		6. Edeain Samuels	Leevale	3.68
Triple Jump		1. Jessica Sheehan	Leevale	10.94
		2. Eadaoin Wall	Estuary	10.17
		3. Brid Brosnan	Ferrybank	10.12
		4. Carol Berkery	Newport	9.86
		5. April Flynn	Ferrybank	9.81
		6. Patricia Curtin	Youghal	8.91
		7. Cashell Hauge	Borrisokane	7.78
Boys U 18	100 Hurdles	1. Ben Kiely	Ferrybank	15.54
		2. Oisin Fitzpatrick	Nenagh Oly.	15.84
		3. Eric Stam	Bandon	16.13
		4. Shane Howard	Bandon	16.17
		5. Jack Regan Kirwan	St. Brendans	18.10
	400 Hurdles	1. Ben Kiely	Ferrybank	55.43
		2. William Flynn	Shannon	1.00.58
		3. Alex Lai	West Waterford	1.08.60
		4. Dylan Carey	St. Brendans	1.13.90
	100M	1. Cormac Lynch	Marian	11.40
		2. Oisin Fitzpatrick	Nenagh	11.64
		3. Patrick Lynch	Newport	11.67
		4. Rafa Zipagan	Limerick AC	11.75
		5. Michael Deady	Ferrybank	11.77
		6. Sean Barrett	Dooneen	11.95
		7. Daniel Timmons	Marian	11.96
	200M	1. Cormac Lynch	Marian	22.45
		2. John Halley	Ferrybank	22.77
		3. Patrick Lynch	Newport	22.85
		4. Rafa Zipagan	Limerick AC	23.50
		5. Cathal Bennis	Dooneen	24.27
		6. Michael Deady	Ferrybank	24.31
		7. Jack Donovan	Nenagh Olympics	24.46
	400M	1. Ben Kiely	Ferrybank	55.43
		2. William Flynn	Shannon	1.00.58
		3. Alex Lai	West Waterford	1.08.60
		4. Dylan Carey	St. Brendans	1.13.19
	800M	1. William Flynn	Shannon	2.04.79
		2. Seamus Hogan	Nenagh	2.06.16
		3. Kieran Casey	Limerick AC	2.12.91
		4. Tim Keane	North Cork	2.15.38
		5. Robert Lucas	Waterford	2.17.55

1500M	1.	Seamus Hogan	Nenagh Oly	4.40.17
	2.	Philip Crowley	Leevale	4.41.04
	3.	Ian Tobin	Togher	4.42.85
	4.	Robert Purcell	Gneeveguilla	4.45.80
	5.	Robert Lucas	Waterford	4.54.12
	6.	Jack Allen	Clonmel	5.10.66
2000m S/C	1.	Michael Carey	Clonmel	10.34.30
	2.	Eoin McIntyre	Nenagh Olympic	11.51.66
	3.	Dylan Carey	St. Brendans	12.53.55
3000M	1.	Philip Crowley	Leevale	9.21.67
	2.	Niall McIntyre	Nenagh Oly	10.07.08
Walk	1.	Luke Hickey	Leevale	25.05.67
Pole Vault	1.	Jonathan Foley	Farranfore MV	3.80
	2.	Laurence Houlihan	West Waterford	3.60
	3.	Martin Houlihan	West Waterford	3.40
	4.	Eric Stam	Bandon	3.00
High Jump	1.	Oisin Fitzpatrick	Nenagh Oly	1.75
	2.	Martin Houlihan	West Waterford	1.75
	3.	Laurence Houlihan	West Waterford	1.60
	4.	Cormac Lynch	Marian	1.60
Hammer	1.	Jonathan Foley	Farranfore MV	42.84
	2.	James Heffernan	Leevale	30.80
	3.	Erik Feitshans	St. Brendans	22.45
	4.	Sean Kelly	Templemore	22.26
Shot Put	1.	Michael Lynch	Dooneen	11.94
	2.	Sean Kelly	Templemore	10.56
	3.	Erik Feitshans	St. Brendans	10.05
	4.	James Heffernan	Leevale	9.47
Discus	1.	Jonathan Foley	Farranfore MV	40.22
	2.	Eric Stam	Bandon	35.04
	3.	James Heffernan	Leevale	28.38
	4.	Daire Harrington	Bandon	23.54
	5.	Erik Feitshans	St. Brendans	19.72
Javelin	1.	Jonathon Foley	Farranfore MV	40.68
	2.	Erik Feitshans	St. Brendans	34.07
	3.	Codey Kearney	North Cork	31.86
	4.	Jason Connery	North Cork	31.25
	5.	James Heffernan	Leevale	30.61
Long Jump	1.	Eric Stam	Bandon	5.85
	2.	Oisin Fitzpatrick	Nenagh Oly	5.81
	3.	Shane Howard	Bandon	5.56
	4.	Sean Barrett	Dooneen	5.51
	5.	Casey Ryan	Leevale	5.50
	6.	Jack Regan Kirwan	St. Brendans	5.46
	7.	Alex Lai	West Waterford	5.33
	8.	Rafa Zipagan	Limerick AC	5.23
Triple Jump	1.	Oisin Fitzpatrick	Nenagh Oly	12.29

		2. Ryan Casey	Leevale	12.27
		3. Jack Regan Kirwan	St. Brendans	12.15
		4. Martin Houlihan	West Waterford	11.33
		5. Alex Lai	West Waterford	10.71
Girls U 19	100 Hurdles	1. Lisa Houlihan	West Waterford	16.13
		2. Mellina Van Der Valk	Ferrybank	19.04
		3. Amy Phelan	St. Brendans	19.49
	400 Hurdles	1. Mellina Van Der Valk	Ferrybank	1.14.54
	100M	1. Sinead O'Connor	Tralee Hrs	13.29
		2. Rebecca Perrott	North Cork	13.95
	200M	1. Mellina Van Der Valk	Ferrybank	26.94
		2. Mary Margaret Grace	Nenagh Oly	28.64
	400M	1. Mellina Van Der Valk	Ferrybank	1.04.40
		2. Mary Margaret Grace	Nenagh Oly	1.06.53
	800M	1. Shannen Ryan	Dooneen	2.25.36
		2. Gemma Crowley	North Cork	2.44.13
	1500M	1. Shannen Ryan	Dooneen	5.05.84
	3000m	1. Shannen Ryan	Dooneen	10.43.85
		2. Grace Lynch	Iveragh	11.01.71
		3. Niamh Clifford	Star of the Laune	11.24.40
	Walk	1. Kate Veale	West Waterford	13.25.91H
		2. Marie Costello	Borrisokane	
	Pole Vault	1. Amy Phelan	St. Brendans	2.80 CBP
	High Jump	1. Amy Phelan	St. Brendans	1.45
		2. Jennifer Baker	Fanahan McSweeney	1.30
	Shot Put	1. Zoe Scanlon	West Waterford	10.21
		2. Megan Moynihan	West Muskerry	10.01
		3. Rebecca Perrott	North Cork	7.23
		4. Rebeccca Mulligan	Blarney Inniscarra	6.75
	Discus	1. Zoe Scanlon	West Waterford	38.18
		2. Megan Moynihan	West Muskerry	22.56
		3. Jennifer Baker	Fannahan McSweeney	20.58
	Javelin	1. Amy Phelan	St. Brendans	22.08
	Hammer	1. Megan Moynihan	West Muskerry	38.66
		2. Jennifer Baker	Fanahan McSweeney	20.68
		3. Rebecca Mulligan	Blarney Inniscarra	19.92
		4. Jennifer Connolly	Fanahan McSweeney	18.30
	Long Jump	1. Sinead O'Connor	Tralee Hrs	5.22
		2. Amy Phelan	St. Brendans	4.59
	Triple Jump	1. Sinead O'Connor	Tralee Hrs	11.09 CBP
		2. Amy Phelan	St. Brendans	9.45
		3. Rebecca Perrott	North Cork	9.34

Boys U 19	110 Hurdles	1. Eoin Synnott	Emerald	15.93
		2. P J Galvin	St. Brendans	16.66
		3. Clarence Kennedy	St. Brendans	17.29
		4. Mel Corbett	Nenagh Olympic	18.89
		5. Roland Pika	Limerick AC	18.89
		6. Ben Dennesen	St. Brendans	19.64
400 Hurdles	1. P. J. Galvin	St. Brendans	59.9	
	2. John Power	Ferrybank	1.00.8	
	3. Lughaidh O'Mahony	West Waterford	1.01.7	
	4. Mel Corbett	Nenagh Oly	1.06.7	
	5. Isaac Lineen	Ferrybank	1.20.1	
100M	1. James Greene	Ferrybank	11.43	
	2. Shane O'Dwyer	Carrick on Suir	11.54	
	3. Edward O'Carroll	St. Brendans	11.74	
	4. Daniel Maher	Tipp Town	11.96	
	5. Michael Godley	Tralee Hrs	12.03	
	6. Samuel Simon	Ferrybank	12.05	
	7. Mel Corbett	Nenagh Oly	12.24	
	8. Mark O'Connell	Bandon	12.48	
200M	1. James Greene	Ferrybank	22.73	
	2. Mark Boland	Marian	23.13	
	3. Edward O'Carroll	St. Brendans	23.35	
	4. Roland Pika	Limerick	24.51	
	5. Isaac Lineen	Ferrybank	24.83	
	6. Mark O'Connell	Bandon	25.18	
	7. Nicholas O'Brien	Waterford		
400M	1. James Greene	Ferrybank	51.00	
	2. Mark Boland	Marian	53.46	
	3. Luke O'Keeffe	St. Brendans	54.96	
	4. Isaac Lineen	Middleton	57.33	
1500M	1. Cullen Lynch	Togher	4.12.52	
	2. Alan ryan	Tipp Town	4.21.56	
	3. Jack O'sullivan	Farranfore MV	4.22.32	
	4. David Murphy	Middleton	4.29.46	
	5. Gary Cantwell	K.C.K	4.37.99	
	6. Andy Linares	Waterford	5.01.25	
	7. Diarmuid Brennan	Ferrybank	5.02.27	
3000M	1. David Murphy	Middleton	9.24.0	
	2. Gary Cantwell	K.C.K	9.34.5	
	3. Cillian Fleming	Togher	10.04.9	
	4. Andy Linares	Waterford	10.10.0	
	5. Jamie Sullivan	Togher	10.53.9	
Walk	1. Robert O'Neill	Togher	27.06.00	
Pole Vault	1. David Hogan	St. Brendans	2.80	
	2. Eoghan Sullivan	St. Brendans	2.80	
High Jump	1. P. J. Galvin	St. Brendans	1.93	
	2. Shane O'Dwyer	Carrick on Suir	1.89	

	3.	Roland Pika	Limerick AC	1.70
	4.	Sean Archer	Ferrybank	1.70
	5.	David Hogan	St. Brendans	1.60
Hammer	1.	Patrick McSweeney	Bandon	46.18
	2.	Aidan O'Sullivan	Gneeveguilla	38.58
	3.	Tom Clancy	St. Brendans	15.87
	4.	Daniel Hicz	Borrisokane	13.10
Javelin	1.	Jaco Oosthuysen	Clonmel	50.03 CBP
	2.	Phillippe Barnet	Tralee Hrs	44.24
	3.	Sean Archer	Ferrybank	36.52
	4.	Ben Dennesen	St. Brendans	34.88
	5.	Aidan O'Sullivan	Gneeveguilla	33.57
	6.	Patrick McSweeney	Bandon	30.03
Long Jump	1.	Shane O'Dwyer	Carrick on Suir	6.46
	2.	Michael Godley	Tralee Hrs	6.19
	3.	Samuel Simon	Ferrybank	6.12
	4.	Sean Archer	Ferrybank	5.72
	5.	Kevin Moloney	Dooneen	4.98
	6.	Daniel Hicz	Borrisokane	4.52
Triple Jump	1.	Sean Archer	St. Brendans	13.21
	2.	Michael Godley	Tralee Hrs	13.01
	3.	Roland Pika	Limerick AC	12.36
	4.	Samuel Simon	Ferrybank	12.17
Shot	1.	Patrick McSweeney	Bandon	13.17
	2.	Ultan Dillane	St. Brendans	11.25
Discus	1.	Aidan O'Sullivan	Gneeveguilla	33.94
	2.	Patrick McSweeney	Bandon	32.54
	3.	Ultan Dillane	St. Brendans	29.40
	4.	Daniel Hicz	Borrisokane	17.76