

Munster Athletics - 30/04/2011
Masters Track & Field Championships 2011
C. I. T. Cork
Results

Event 1 W35 100 Meter Dash

| Munster: M 14.28 30/04/2011 Catriona Hannifan, Tralee Harriers | | | | |
|--|-----|---------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| Finals | | | | |
| 1 Hannifan, Catriona | W35 | Tralee Harriers A C | 14.28M | 4 |
| 2 O'Brien, Annette | W35 | Gneeveguilla A C | 15.59 | 2 |
| 3 Stack, Brid | W35 | Gneeveguilla A C | 16.02 | 1 |
| 4 Corcoran, Susan | W35 | Waterford A C | 16.44 | |
| 5 Wall, Triona | W35 | West Waterford A C | 19.33 | |
| 5 Burke, Mary | W35 | Waterford A C | 19.33 | |

Event 2 M35 100 Meter Dash

| Munster: M 12.03 30/04/2011 Michael Downey, West Waterford | | | | |
|--|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Downey, Michael | M35 | West Waterford A C | 12.03M | 4 |
| 2 Geoghegan, Mick | M35 | Marian A C | 12.86 | 1.50 |
| 2 Barry, Kenneth | M35 | Liscarroll A C | 12.86 | 1.50 |
| 4 Dennehy, Donnacha | M35 | Rising Sun A C | 12.96 | |
| 5 Walsh, Tony | M35 | Liscarroll A C | 13.13 | |

Event 3 W35 200 Meter Dash

| Munster: M 31.95 30/04/2011 Brid Stack, Gneeveguilla | | | | |
|--|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Stack, Brid | W35 | Gneeveguilla A C | 31.95M | 4 |
| 2 Wall, Triona | W35 | West Waterford A C | 32.19 | 2 |
| 3 O'Brien, Annette | W35 | Gneeveguilla A C | 32.25 | 1 |
| 4 Gough, Cathriona | W35 | Waterford A C | 32.87 | |
| 5 Burke, Mary | W35 | Waterford A C | 45.21 | |

Event 4 M35 200 Meter Dash

| Munster: M 24.74 30/04/2011 Michael Downey, West Waterford | | | | |
|--|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Downey, Michael | M35 | West Waterford A C | 24.74M | 4 |
| 2 Dennehy, Donnacha | M35 | Rising Sun A C | 26.25 | 2 |
| 3 Spring, Brian | M35 | Ennis Track A C | 27.20 | 1 |

Event 5 W35 400 Meter Dash

| Munster: M 68.12 30/04/2011 Corinna Walsh, West Waterford | | | | |
|---|-----|--------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Walsh, Corinna | W35 | West Waterford A C | 68.12M | 4 |
| 2 Gough, Cathriona | W35 | Waterford A C | 73.13 | 2 |
| 3 Stack, Brid | W35 | Gneeveguilla A C | 73.36 | 1 |
| 4 O'Callaghan, Rachel | W35 | St Finbarrs A C | 74.45 | |
| 5 Ryan, Rose | W35 | Waterford A C | 1:26.31 | |

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Event 6 M35 400 Meter Dash

| Munster: M 68.12 30/04/2011 Michael Downey, West Waterford | | | | |
|--|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Downey, Michael | M35 | West Waterford A C | 68.12M | 4 |
| 2 Drohan, Dave | M35 | Waterford A C | 73.13 | 2 |
| 3 Cahill, Maurice | M35 | Youghall A C | 73.36 | 1 |
| 4 Barry, Kenneth | M35 | Liscarroll A C | 74.45 | |
| 4 Spring, Brian | M35 | Ennis Track A C | 74.45 | |

Event 7 W35 800 Meter Run

| Munster: M 2:35.47 30/04/2011 Corinna Walsh, West Waterford | | | | |
|---|-----|--------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Walsh, Corinna | W35 | West Waterford A C | 2:35.47M | 4 |
| 2 Wall, Norma | W35 | West Waterford A C | 2:46.42 | 2 |
| 3 Burke, Mary | W35 | Waterford A C | 3:04.32 | 1 |
| -- O'Callaghan, Rachel | W35 | St Finbarrs A C | NT | |

Event 8 M35 800 Meter Run

| Munster: M 2:11.12 30/04/2011 Frank Quinlan, Waterford | | | | |
|--|-----|---------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Quinlan, Frank | M35 | Waterford A C | 2:11.12M | 4 |

Event 9 W35 1500 Meter Run

| Munster: M 4:55.30 30/04/2011 Brid Stack, Gneeveguilla | | | | |
|--|-----|--------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Walsh, Corinna | W35 | West Waterford A C | 4:55.30M | 3 |
| 1 Stack, Brid | W35 | Gneeveguilla A C | 4:55.30M | 3 |
| 3 Burke, Marian | W35 | St Mary's A C | 5:22.80 | 1 |
| 4 Gough, Cathriona | W35 | Waterford A C | 5:32.08 | |
| 5 O'Callaghan, Rachel | W35 | St Finbarrs A C | 5:33.92 | |
| -- Malone, Sylvia | W35 | Waterford A C | NT | |

Event 10 M35 1500 Meter Run

| Munster: M 4:28.86 30/04/2011 Frank Quinlan, Waterford | | | | |
|--|-----|---------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Quinlan, Frank | M35 | Waterford A C | 4:28.86M | 4 |
| 2 Drohan, Dave | M35 | Waterford A C | 4:34.91 | 2 |
| 3 Cahill, Maurice | M35 | Youghall A C | 4:43.20 | 1 |

Event 11 W35 3000 Meter Run

| Munster: M 10:53.60 30/04/2011 Sylvia Malone, Waterford | | | | |
|---|-----|--------------------|-----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Malone, Sylvia | W35 | Waterford A C | 10:53.60M | 4 |
| 2 Nolan, Michelle | W35 | St Finbarrs A C | 10:57.60 | 2 |
| 3 Wall, Norma | W35 | West Waterford A C | 11:03.50 | 1 |
| 4 Burke, Marian | W35 | St Mary's A C | 11:20.01 | |

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Event 12 M35 3000 Meter Run

| Munster: M 9:26.84 30/04/2011 Frank Quinlan, Waterford | | | | |
|--|-----|--------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Quinlan, Frank | M35 | Waterford A C | 9:26.84M | 4 |
| 2 Shanahan, Denis | M35 | Thurles Crokes A C | 9:37.19 | 2 |
| 3 Malone, Kevin | M35 | Waterford A C | 10:04.53 | 1 |
| 4 Nolan, Pat | M35 | Waterford A C | 11:03.76 | |

Event 15 W35 High Jump

| Munster: M 1.40m 30/04/2011 Catriona Hannifan, Tralee Harriers | | | | |
|--|-----|---------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hannifan, Catriona | W35 | Tralee Harriers A C | 1.40mM | 4 |
| 2 Corcoran, Susan | W35 | Waterford A C | 1.30m | 2 |
| 3 Ryan, Rose | W35 | Waterford A C | 1.20m | 1 |

Event 16 M35 High Jump

| Munster: M 1.50m 30/04/2011 Donnacha Dennehy, Rising Sun | | | | |
|--|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Dennehy, Donnacha | M35 | Rising Sun A C | 1.50mM | 4 |
| 2 Dennehy, Micheal | M35 | Rising Sun A C | 1.25m | 2 |

Event 17 W35 Long Jump

| Munster: M 4.47m 30/04/2011 Catriona Hannifan, Tralee Harriers | | | | |
|--|-----|---------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hannifan, Catriona | W35 | Tralee Harriers A C | 4.47mM | 4 |
| 2 O'Brien, Annette | W35 | Gneeveguilla A C | 3.93m | 2 |
| 3 Ryan, Rose | W35 | Waterford A C | 3.31m | 1 |
| 4 Wall, Triona | W35 | West Waterford A C | 2.90m | |
| 5 Doyle, Laura | W35 | Waterford A C | 2.36m | |

Event 18 M35 Long Jump

| Munster: M 5.26m 30/04/2011 Donnacha Dennehy, Rising Sun | | | | |
|--|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Dennehy, Donnacha | M35 | Rising Sun A C | 5.26mM | 4 |
| 2 Downey, Michael | M35 | West Waterford A C | 5.21m | 2 |
| 3 Walsh, Tony | M35 | Liscarroll A C | 4.85m | 1 |

Event 21 W35 Discus Throw

| Munster: M 17.80m 30/04/2011 Deirdre Chapman, Waterford | | | | |
|---|-----|---------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Chapman, Deirdre | W35 | Waterford A C | 17.80mM | 4 |
| 2 Corcoran, Susan | W35 | Waterford A C | 17.14m | 2 |
| 3 Ryan, Rose | W35 | Waterford A C | 15.84m | 1 |

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Event 22 M35 Discus Throw

| Munster: M 24.16m 30/04/2011 Brian Hayes, Leevale | | | | |
|---|-----|-------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hayes, Brian | M35 | Leevale A C | 24.16mM | 4 |
| 2 Hayes, Kevin | M35 | St Catherines A C | 17.96m | 2 |

Event 23 W35 Hammer Throw

| Munster: M 14.66m 30/04/2011 Deirdre Chapman, Waterford | | | | |
|---|-----|---------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Chapman, Deirdre | W35 | Waterford A C | 14.66mM | 4 |
| 2 Corcoran, Susan | W35 | Waterford A C | 13.96m | 2 |

Event 24 M35 Hammer Throw

| Munster: M 31.16m 30/04/2011 Brian Hayes, Leevale | | | | |
|---|-----|---------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hayes, Brian | M35 | Leevale A C | 31.16mM | 4 |
| 2 Drohan, Dave | M35 | Waterford A C | 16.12m | 2 |

Event 25 W35 Javelin Throw

| Munster: M 15.78m 30/04/2011 Deirdre Chapman, Waterford | | | | |
|---|-----|--------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Chapman, Deirdre | W35 | Waterford A C | 15.78mM | 4 |
| 2 Wall, Triona | W35 | West Waterford A C | 12.56m | 2 |
| 3 Doyle, Laura | W35 | Waterford A C | 7.84m | 1 |

Event 26 M35 Javelin Throw

| Munster: M 42.26m 30/04/2011 Brian Hayes, Leevale | | | | |
|---|-----|----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hayes, Brian | M35 | Leevale A C | 42.26mM | 4 |
| 2 Barry, Kenneth | M35 | Liscarroll A C | 26.98m | 2 |
| 3 Quinlan, Frank | M35 | Waterford A C | 22.74m | 1 |

Event 27 W35 Shot Put

| Munster: M 7.95m 30/04/2011 Catriona Hannifan, Tralee Harriers | | | | |
|--|-----|---------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hannifan, Catriona | W35 | Tralee Harriers A C | 7.95mM | 4 |
| 2 Chapman, Deirdre | W35 | Waterford A C | 7.83m | 2 |
| 3 O'Brien, Annette | W35 | Gneeveguilla A C | 7.13m | 1 |
| 4 Doyle, Laura | W35 | Waterford A C | 4.22m | |

Event 28 M35 Shot Put

| Munster: M 10.01m 30/04/2011 Brian Hayes, Leevale | | | | |
|---|-----|---------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hayes, Brian | M35 | Leevale A C | 10.01mM | 4 |
| 2 Drohan, Dave | M35 | Waterford A C | 6.42m | 2 |

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Event 30 W40 100 Meter Dash

| Munster: M 14.49 30/04/2011 Cait Caulfield, Waterford | | | | |
|---|-----|------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Caulfield, Cait | W40 | Waterford A C | 14.49M | 4 |
| 2 O'Donoghue, Sheila | W40 | Gneeveguilla A C | 14.69 | 2 |
| 3 Power, Aisling | W40 | Ennis Track A C | 15.13 | 1 |

Event 31 M40 100 Meter Dash

| Munster: M 11.91 30/04/2011 John Corr, Leevale | | | | |
|--|-----|-----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Corr, John | M40 | Leevale A C | 11.91M | 4 |
| 2 O'Brien, Mike | M40 | Limerick A C | 12.35 | 2 |
| 3 Ryan, Darren | M40 | Waterford A C | 13.26 | 1 |
| 4 Hasset, John | M40 | Waterford A C | 13.68 | |
| 5 Browne, Michael | M40 | Dundrum A C | 14.18 | |
| 6 Mockler, Mike | M40 | Moycarkey C/Cro | 14.53 | |

Event 32 W40 200 Meter Dash

| Munster: M 31.40 30/04/2011 Aisling Power, Ennis Track | | | | |
|--|-----|-----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Power, Aisling | W40 | Ennis Track A C | 31.40M | 4 |
| 2 Barry, Elaine | W40 | Waterford A C | 31.79 | 2 |

Event 33 M40 200 Meter Dash

| Munster: M 24.05 30/04/2011 John Corr, Leevale | | | | |
|--|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Corr, John | M40 | Leevale A C | 24.05M | 4 |
| 2 O'Brien, Mike | M40 | Limerick A C | 24.93 | 2 |
| 3 Ryan, Darren | M40 | Waterford A C | 27.99 | 1 |

Event 34 W40 400 Meter Dash

| Munster: M 72.52 30/04/2011 Elaine Barry, Waterford | | | | |
|---|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Barry, Elaine | W40 | Waterford A C | 72.52M | 4 |

Event 35 M40 400 Meter Dash

| Munster: M 56.28 30/04/2011 Tom O'Brien, Waterford | | | | |
|--|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Brien, Tom | M40 | Waterford A C | 56.28M | 4 |
| 2 Burke, Micael | M40 | Waterford A C | 76.66 | 2 |
| -- Browne, Michael | M40 | Dundrum A C | NT | |

Event 37 M40 800 Meter Run

| Munster: M 2:16.83 30/04/2011 Tom O'Brien, Waterford | | | | |
|--|-----|---------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Brien, Tom | M40 | Waterford A C | 2:16.83M | 4 |

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....Event 37 M40 800 Meter Run

2 Chizhikov, yevgeniy M40 West Waterford A C 2:26.96 2

Event 38 W40 1500 Meter Run

Munster: M 5:05.79 30/04/2011 Carmel McCarthy, Bandon

| Name | Age | Team | Finals | Points |
|------|-----|------|--------|--------|
|------|-----|------|--------|--------|

| | | | | |
|--------------------|-----|-----------------|----------|---|
| 1 McCarthy, Carmel | W40 | Bandon A C | 5:05.79M | 4 |
| 2 Hanrahan, Ita | W40 | Ennis Track A C | 5:44.59 | 2 |

Event 39 M40 1500 Meter Run

Munster: M 4:47.07 30/04/2011 yevgeniy Chizhikov, West Waterford

| Name | Age | Team | Finals | Points |
|------|-----|------|--------|--------|
|------|-----|------|--------|--------|

| | | | | |
|-----------------------|-----|--------------------|----------|---|
| 1 Chizhikov, yevgeniy | M40 | West Waterford A C | 4:47.07M | 4 |
| 2 McCarthy, Dermot | M40 | Waterford A C | 4:47.58 | 2 |

Event 40 W40 3000 Meter Run

Munster: M 10:46.80 30/04/2011 Carmel McCarthy, Bandon

| Name | Age | Team | Finals | Points |
|------|-----|------|--------|--------|
|------|-----|------|--------|--------|

| | | | | |
|--------------------|-----|-----------------|-----------|---|
| 1 McCarthy, Carmel | W40 | Bandon A C | 10:46.80M | 4 |
| 2 Hanrahan, Ita | W40 | Ennis Track A C | 12:14.90 | 2 |

Event 41 M40 3000 Meter Run

Munster: M 9:36.60 30/04/2011 Frank Hayes, East Cork

| Name | Age | Team | Finals | Points |
|------|-----|------|--------|--------|
|------|-----|------|--------|--------|

| | | | | |
|--------------------|-----|------------------|----------|---|
| 1 Hayes, Frank | M40 | East Cork A C | 9:36.60M | 4 |
| 2 Purcell, Robert | M40 | Gneeveguilla A C | 9:38.40 | 2 |
| 3 Hennessy, John | M40 | Middleton A C | 9:52.28 | 1 |
| 4 McCarthy, Dermot | M40 | Waterford A C | 10:27.41 | |
| 5 McGlynn, Malachy | M40 | Waterford A C | 10:32.43 | |

Event 42 W40 3000 Meter Race Walk

Munster: M 10:46.80 30/04/2011 Carmel McCarthy, Bandon

| Name | Age | Team | Finals | Points |
|------|-----|------|--------|--------|
|------|-----|------|--------|--------|

| | | | | |
|--------------------|-----|-----------------|-----------|---|
| 1 McCarthy, Carmel | W40 | Bandon A C | 10:46.80M | 4 |
| 2 Hanrahan, Ita | W40 | Ennis Track A C | 12:14.90 | 2 |

Event 44 W40 High Jump

Munster: M 1.50m 30/04/2011 Liz Coomey, Bandon

| Name | Age | Team | Finals | Points |
|------|-----|------|--------|--------|
|------|-----|------|--------|--------|

| | | | | |
|---------------|-----|------------|--------|---|
| 1 Coomey, Liz | W40 | Bandon A C | 1.50mM | 4 |
|---------------|-----|------------|--------|---|

Event 45 M40 High Jump

Munster: M 1.55m 30/04/2011 Tom O'Brien, Waterford

| Name | Age | Team | Finals | Points |
|------|-----|------|--------|--------|
|------|-----|------|--------|--------|

| | | | | |
|----------------|-----|---------------|--------|---|
| 1 O'Brien, Tom | M40 | Waterford A C | 1.55mM | 4 |
|----------------|-----|---------------|--------|---|

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....Event 45 M40 High Jump

| | | | |
|-----------------|---------------------|-------|---|
| 2 Mockler, Mike | M40 Moycarkey C/Cro | 1.50m | 2 |
| 3 Hassett, John | M40 Waterford A C | 1.35m | 1 |

Event 46 W40 Long Jump

| ===== | | | | |
|---|----------------------|--------|--------|--|
| Munster: M 4.13m 30/04/2011 Sheila O'Donoghue, Gneeveguilla | | | | |
| Name | Age Team | Finals | Points | |
| ===== | | | | |
| 1 O'Donoghue, Sheila | W40 Gneeveguilla A C | 4.13mM | 4 | |
| 2 Caulfield, Cait | W40 Waterford A C | 4.04m | 2 | |
| 3 Coomey, Liz | W40 Bandon A C | 3.95m | 1 | |
| 4 Power, Aisling | W40 Ennis Track A C | 3.60m | | |

Event 47 M40 Long Jump

| ===== | | | | |
|--|-------------------|--------|--------|--|
| Munster: M 5.91m 30/04/2011 Tom O'Brien, Waterford | | | | |
| Name | Age Team | Finals | Points | |
| ===== | | | | |
| 1 O'Brien, Tom | M40 Waterford A C | 5.91mM | 4 | |
| 2 Halley, Pascal | M40 Waterford A C | 5.30m | 2 | |
| 3 Nagle, Joe | M40 Leevale A C | 3.11m | 1 | |

Event 50 W40 Discus Throw

| ===== | | | | |
|---|-------------------|---------|--------|--|
| Munster: M 24.84m 30/04/2011 Liz Coomey, Bandon | | | | |
| Name | Age Team | Finals | Points | |
| ===== | | | | |
| 1 Coomey, Liz | W40 Bandon A C | 24.84mM | 4 | |
| 2 Caulfield, Cait | W40 Waterford A C | 10.22m | 2 | |

Event 51 M40 Discus Throw

| ===== | | | | |
|---|-----------------|---------|--------|--|
| Munster: M 22.50m 30/04/2011 Joe Nagle, Leevale | | | | |
| Name | Age Team | Finals | Points | |
| ===== | | | | |
| 1 Nagle, Joe | M40 Leevale A C | 22.50mM | 4 | |
| 2 Ostruskhi, Radomir | M40 Farranfore | 21.24m | 2 | |

Event 52 W40 Hammer Throw

| ===== | | | | |
|--|----------------------|---------|--------|--|
| Munster: M 35.06m 30/04/2011 Sheila O'Donoghue, Gneeveguilla | | | | |
| Name | Age Team | Finals | Points | |
| ===== | | | | |
| 1 O'Donoghue, Sheila | W40 Gneeveguilla A C | 35.06mM | 4 | |
| 2 Coomey, Liz | W40 Bandon A C | 33.52m | 2 | |

Event 55 M40 Javelin Throw

| ===== | | | | |
|---|-------------------|---------|--------|--|
| Munster: M 22.90m 30/04/2011 Brendan Reidy, Waterford | | | | |
| Name | Age Team | Finals | Points | |
| ===== | | | | |
| 1 Reidy, Brendan | M40 Waterford A C | 22.90mM | 4 | |

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Event 56 W40 Shot Put

| Munster: M 10.47m 30/04/2011 Sheila O'Donoghue, Gneeveguilla | | | | |
|--|-----|------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Donoghue, Sheila | W40 | Gneeveguilla A C | 10.47mM | 4 |

Event 57 M40 Shot Put

| Munster: M 10.73m 30/04/2011 Joe Nagle, Leevale | | | | |
|---|-----|---------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Nagle, Joe | M40 | Leevale A C | 10.73mM | 4 |
| 2 Ostruski, Radomir | M40 | Farranfore | 8.36m | 2 |
| 3 Burke, Micael | M40 | Waterford A C | 5.92m | 1 |

Event 58 M40 Weight Throw

| Name | Age | Team | Finals | Points |
|---------------|-----|-------------|--------|--------|
| -- Nagle, Joe | M40 | Leevale A C | ND | |

Event 59 W45 100 Meter Dash

| Munster: M 15.10 30/04/2011 Eilis Ni Fhaolain, Leevale | | | | |
|--|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Ni Fhaolain, Eilis | W45 | Leevale A C | 15.10M | 4 |
| 2 Blair, Gabriel | W45 | Waterford A C | 15.35 | 2 |
| 3 Glynn, Siobhan | W45 | Loughrea A C | 15.55 | 1 |
| 4 Lawlor, Maura | W45 | Waterford A C | 17.27 | |
| 5 Murray, Joanne | W45 | Loughrea A C | 18.25 | |

Event 60 M45 100 Meter Dash

| Munster: M 12.28 30/04/2011 Richard McArthur, St Cronans | | | | |
|--|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 McArthur, Richard | M45 | St Cronans A C | 12.28M | 4 |
| 2 Leahy, Kieran | M45 | Waterford A C | 12.51 | 2 |
| 3 Mulcahy, Pat | M45 | Bandon A C | 13.15 | 1 |
| -- O'Connor, William | M45 | An Riocht A C | NT | |
| -- Greene, Tommy | M45 | St Johns A C | NT | |
| -- Dalton, John | M45 | Kilmihill A C | NT | |

Event 61 W45 200 Meter Dash

| Munster: M 36.72 30/04/2011 Maura Lawlor, Waterford | | | | |
|---|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Lawlor, Maura | W45 | Waterford A C | 36.72M | 4 |

Event 62 M45 200 Meter Dash

| Munster: M 24.75 30/04/2011 Richard McArthur, St Cronans | | | | |
|--|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 McArthur, Richard | M45 | St Cronans A C | 24.75M | 4 |
| 2 Leahy, Kieran | M45 | Waterford A C | 25.21 | 2 |
| 3 Dalton, John | M45 | Kilmihill A C | 28.45 | 1 |

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....Event 62 M45 200 Meter Dash

4 Lyne, Michael M45 Gneeveguilla A C 28.94

Event 63 W45 400 Meter Dash

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Munster: M 75.40 30/04/2011 Gabriel Blair, Waterford
Name Age Team Finals Points
=====
1 Blair, Gabriel W45 Waterford A C 75.40M 4
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Event 64 M45 400 Meter Dash

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=====
Munster: M 68.75 30/04/2011 John Dalton, Kilmihill
Name Age Team Finals Points
=====
1 Dalton, John M45 Kilmihill A C 68.75M 4
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Event 65 W45 800 Meter Run

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=====
Munster: M 3:14.65 30/04/2011 Liz Nolan, Waterford
Name Age Team Finals Points
=====
1 Nolan, Liz W45 Waterford A C 3:14.65M 4
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Event 66 M45 800 Meter Run

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=====
Munster: M 2:09.26 30/04/2011 Harry O'Brien, West Waterford
Name Age Team Finals Points
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1 O'Brien, Harry M45 West Waterford A C 2:09.26M 4
2 Palmer, Eoin M45 Waterford A C 2:19.90 2
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Event 67 W45 1500 Meter Run

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=====
Munster: M 5:27.62 30/04/2011 Michelle O'Mahoney, Kilmurry Ibric
Name Age Team Finals Points
=====
1 O'Mahoney, Michelle W45 Kilmurry Ibricen 5:27.62M 4
```

Event 68 M45 1500 Meter Run

```
=====
Munster: M 4:37.77 30/04/2011 Noel Curtin, Youghall
Name Age Team Finals Points
=====
1 Curtin, Noel M45 Youghall A C 4:37.77M 4
2 Palmer, Eoin M45 Waterford A C 4:44.16 2
```

Event 69 W45 3000 Meter Run

```
=====
Munster: M 12:23.20 30/04/2011 Liz Nolan, Waterford
Name Age Team Finals Points
=====
1 Nolan, Liz W45 Waterford A C 12:23.20M 4
```

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Event 70 M45 3000 Meter Run

| Munster: M 9:46.03 30/04/2011 James Sullivan, Waterford | | | | |
|---|-----|----------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Sullivan, James | M45 | Waterford A C | 9:46.03M | 4 |
| 2 O'Mahony, Donnacha | M45 | East Cork A C | 9:55.86 | 2 |
| 3 McCarthy, Denis | M45 | East Cork A C | 10:52.54 | 1 |
| 4 Mullins, Mike | M45 | North Cork A C | 10:58.96 | |
| 5 Buckley, Maurice | M45 | North Cork A C | 11:07.67 | |

Event 71 W45 3000 Meter Race Walk

| Munster: M 12:23.20 30/04/2011 Liz Nolan, Waterford | | | | |
|---|-----|---------------|-----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Nolan, Liz | W45 | Waterford A C | 12:23.20M | 4 |

Event 73 W45 High Jump

| Munster: M 1.20m 30/04/2011 Marie Reilly, Loughrea | | | | |
|--|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Reilly, Marie | W45 | Loughrea A C | 1.20mM | 4 |
| 2 Lawlor, Maura | W45 | Waterford A C | 1.00m | 2 |

Event 74 M45 High Jump

| Munster: M 1.50m 30/04/2011 Richard McArthur, St Cronans | | | | |
|--|-----|------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Greene, Tommy | M45 | St Johns A C | 1.50mM | 3 |
| 1 McArthur, Richard | M45 | St Cronans A C | 1.50mM | 3 |
| 3 Lyne, Michael | M45 | Gneeveguilla A C | 1.35m | 1 |

Event 75 W45 Long Jump

| Munster: M 4.16m 30/04/2011 Eilis Ni Fhaolain, Leevale | | | | |
|--|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Ni Fhaolain, Eilis | W45 | Leevale A C | 4.16mM | 4 |
| 2 Lawlor, Maura | W45 | Waterford A C | 3.00m | 2 |
| 3 Murray, Joanne | W45 | Loughrea A C | 2.32m | 1 |

Event 76 M45 Long Jump

| Munster: M 5.16m 30/04/2011 Steve Dunning, St Catherines A | | | | |
|--|-----|-------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Dunning, Steve | M45 | St Catherines A C | 5.16mM | 4 |
| 2 McArthur, Richard | M45 | St Cronans A C | 5.07m | 2 |
| 3 Leahy, Kieran | M45 | Waterford A C | 4.40m | 1 |
| 4 Lyne, Michael | M45 | Gneeveguilla A C | 4.00m | |

Event 79 W45 Discus Throw

| Munster: M 32.38m 30/04/2011 Maureen Glanton, Skibbereen | | | | |
|--|-----|----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Glanton, Maureen | W45 | Skibbereen A C | 32.38mM | 4 |

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....Event 79 W45 Discus Throw

| | | | |
|-------------------------|-------------------|--------|---|
| 2 O'Sullivan, Priscilla | W45 Bandon A C | 25.16m | 2 |
| 3 Nolan, Liz | W45 Waterford A C | 10.18m | 1 |

Event 80 M45 Discus Throw

| ===== | | | |
|-------------------|--------------------|------------------------|--------|
| Munster: M 26.22m | 30/04/2011 | Tom Galvin, North Cork | |
| Name | Age Team | Finals | Points |
| ===== | | | |
| 1 Galvin, Tom | M45 North Cork A C | 26.22mM | 4 |

Event 81 W45 Hammer Throw

| ===== | | | |
|-------------------------|--------------------|------------------------------|--------|
| Munster: M 39.62m | 30/04/2011 | Priscilla O'Sullivan, Bandon | |
| Name | Age Team | Finals | Points |
| ===== | | | |
| 1 O'Sullivan, Priscilla | W45 Bandon A C | 39.62mM | 4 |
| 2 Glanton, Maureen | W45 Skibbereen A C | 31.78m | 2 |

Event 82 M45 Hammer Throw

| ===== | | | |
|-------------------|--------------------|------------------------|--------|
| Munster: M 21.56m | 30/04/2011 | Tom Galvin, North Cork | |
| Name | Age Team | Finals | Points |
| ===== | | | |
| 1 Galvin, Tom | M45 North Cork A C | 21.56mM | 4 |
| 2 Howard, Donal | M45 Rising Sun A C | 16.46m | 2 |

Event 83 W45 Javelin Throw

| ===== | | | |
|-------------------------|--------------------|------------------------------|--------|
| Munster: M 19.50m | 30/04/2011 | Priscilla O'Sullivan, Bandon | |
| Name | Age Team | Finals | Points |
| ===== | | | |
| 1 O'Sullivan, Priscilla | W45 Bandon A C | 19.50mM | 4 |
| 2 Glanton, Maureen | W45 Skibbereen A C | 19.02m | 2 |
| 3 Reilly, Marie | W45 Loughrea A C | 16.62m | 1 |
| 4 Glynn, Siobhan | W45 Loughrea A C | 16.50m | |

Event 84 M45 Javelin Throw

| ===== | | | |
|-------------------|------------------------|------------------------|--------|
| Munster: M 41.40m | 30/04/2011 | Tom Galvin, North Cork | |
| Name | Age Team | Finals | Points |
| ===== | | | |
| 1 Galvin, Tom | M45 North Cork A C | 41.40mM | 4 |
| 2 Tutty, Michael | M45 West Waterford A C | 30.20m | 2 |
| 3 Greene, Tommy | M45 St Johns A C | 28.00m | 1 |

Event 85 W45 Shot Put

| ===== | | | |
|-------------------------|--------------------|------------------------------|--------|
| Munster: M 9.59m | 30/04/2011 | Priscilla O'Sullivan, Bandon | |
| Name | Age Team | Finals | Points |
| ===== | | | |
| 1 O'Sullivan, Priscilla | W45 Bandon A C | 9.59mM | 4 |
| 2 Glanton, Maureen | W45 Skibbereen A C | 7.90m | 2 |
| 3 Reilly, Marie | W45 Loughrea A C | 6.00m | 1 |
| 4 Nolan, Liz | W45 Waterford A C | 4.44m | |

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Event 86 M45 Shot Put

| Munster: M 9.90m 30/04/2011 Tommy Greene, St Johns | | | | |
|--|-----|------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Greene, Tommy | M45 | St Johns A C | 9.90mM | 4 |
| 2 Galvin, Tom | M45 | North Cork A C | 9.16m | 2 |
| 3 Lyne, Michael | M45 | Gneeveguilla A C | 7.01m | 1 |

Event 88 W50 100 Meter Dash

| Munster: M 18.61 30/04/2011 Paula Kavanagh, Waterford | | | | |
|---|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Kavanagh, Paula | W50 | Waterford A C | 18.61M | 4 |

Event 89 M50 100 Meter Dash

| Munster: M 12.74 30/04/2011 Con Sheehan, Carrig na Bhfear | | | | |
|---|-----|---------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Sheehan, Con | M50 | Carrig na Bhfear | 12.74M | 4 |
| 2 Murphy, John | M50 | Liscarroll A C | 14.16 | 2 |
| -- Canty, Pat | M50 | Tralee Harriers A C | NT | |

Event 90 W50 200 Meter Dash

| Munster: M 39.33 30/04/2011 Kathleen Kennedy, Waterford | | | | |
|---|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Kennedy, Kathleen | W50 | Waterford A C | 39.33M | 4 |

Event 91 M50 200 Meter Dash

| Munster: M 25.71 30/04/2011 John Murphy, Liscarroll | | | | |
|---|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Murphy, John | M50 | Liscarroll A C | 25.71M | 4 |
| 2 Power, Richie | M50 | West Waterford A C | 29.81 | 2 |

Event 92 W50 400 Meter Dash

| Munster: M 1:29.43 30/04/2011 Kathleen Kennedy, Waterford | | | | |
|---|-----|---------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Kennedy, Kathleen | W50 | Waterford A C | 1:29.43M | 4 |

Event 93 M50 400 Meter Dash

| Munster: M 73.30 30/04/2011 Stephen Murphy, Rising Sun | | | | |
|--|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Murphy, Stephen | M50 | Rising Sun A C | 73.30M | 4 |
| 2 Power, Richie | M50 | West Waterford A C | 73.50 | 2 |

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Event 94 W50 800 Meter Run

| Munster: M 3:11.97 30/04/2011 Marion O'Loughlin, Ennis Track | | | | |
|--|-----|-----------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Loughlin, Marion | W50 | Ennis Track A C | 3:11.97M | 4 |
| 2 Kavanagh, Paula | W50 | Waterford A C | 3:28.45 | 2 |

Event 95 M50 800 Meter Run

| Munster: M 2:46.84 30/04/2011 George O'Connor, Waterford | | | | |
|--|-----|----------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Connor, George | M50 | Waterford A C | 2:46.84M | 4 |
| 2 Murphy, Stephen | M50 | Rising Sun A C | 2:57.21 | 2 |

Event 96 W50 1500 Meter Run

| Munster: M 6:25.00 30/04/2011 Anne Fitzgerald, Waterford | | | | |
|--|-----|-----------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Fitzgerald, Anne | W50 | Waterford A C | 6:25.00M | 4 |
| 2 O'Loughlin, Marion | W50 | Ennis Track A C | 7:04.91 | 2 |

Event 97 M50 1500 Meter Run

| Munster: M 4:46.97 30/04/2011 Michael Murphy, St Finbarrs | | | | |
|---|-----|-----------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Murphy, Michael | M50 | St Finbarrs A C | 4:46.97M | 4 |
| 2 Murphy, Stephen | M50 | Rising Sun A C | 5:54.75 | 2 |

Event 98 W50 3000 Meter Run

| Munster: M 13:07.40 30/04/2011 Anne Fitzgerald, Waterford | | | | |
|---|-----|-----------------|-----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Fitzgerald, Anne | W50 | Waterford A C | 13:07.40M | 4 |
| 2 O'Loughlin, Marion | W50 | Ennis Track A C | 13:38.60 | 2 |

Event 99 M50 3000 Meter Run

| Munster: M 11:45.84 30/04/2011 George O'Connor, Waterford | | | | |
|---|-----|---------------|-----------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Connor, George | M50 | Waterford A C | 11:45.84M | 4 |

Event 103 M50 High Jump

| Munster: M 1.50m 30/04/2011 John Murphy, Liscarroll | | | | |
|---|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Murphy, John | M50 | Liscarroll A C | 1.50mM | 4 |

Event 104 W50 Long Jump

| Munster: M 1.75m 30/04/2011 Paula Kavanagh, Waterford | | | | |
|---|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Kavanagh, Paula | W50 | Waterford A C | 1.75mM | 4 |

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Event 105 M50 Long Jump

| Munster: M 5.24m 30/04/2011 Con Sheehan, Carrig na Bhfear | | | | |
|---|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Sheehan, Con | M50 | Carrig na Bhfear | 5.24mM | 4 |
| 2 Murphy, John | M50 | Liscarroll A C | 4.62m | 2 |
| 3 Power, Richie | M50 | West Waterford A C | 3.70m | 1 |
| 4 O'Keefe, James | M50 | Liscarroll A C | 3.59m | |

Event 108 W50 Discus Throw

| Munster: M 16.04m 30/04/2011 Kathleen Hayes, Bandon | | | | |
|---|-----|---------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hayes, Kathleen | W50 | Bandon A C | 16.04mM | 4 |
| 2 Kavanagh, Paula | W50 | Waterford A C | 12.58m | 2 |
| 3 Kennedy, Kathleen | W50 | Waterford A C | 12.46m | 1 |

Event 109 M50 Discus Throw

| Munster: M 35.68m 30/04/2011 Patsy O'Connor, Tralee Harriers | | | | |
|--|-----|---------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Connor, Patsy | M50 | Tralee Harriers A C | 35.68mM | 4 |
| 2 Stam, Frank | M50 | Bandon A C | 25.24m | 2 |
| 3 O'Brien, Tony | M50 | St Finbarrs A C | 23.12m | 1 |

Event 110 W50 Hammer Throw

| Munster: M 21.68m 30/04/2011 Kathleen Hayes, Bandon | | | | |
|---|-----|---------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hayes, Kathleen | W50 | Bandon A C | 21.68mM | 4 |
| 2 Fitzgerald, Anne | W50 | Waterford A C | 10.48m | 2 |

Event 111 M50 Hammer Throw

| Munster: M 23.10m 30/04/2011 Martin Fitzpatrick, St Mary's | | | | |
|--|-----|----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Fitzpatrick, Martin | M50 | St Mary's A C | 23.10mM | 4 |
| 2 O'Keefe, James | M50 | Liscarroll A C | 16.58m | 2 |

Event 112 W50 Javelin Throw

| Munster: M 9.94m 30/04/2011 Kathleen Hayes, Bandon | | | | |
|--|-----|---------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hayes, Kathleen | W50 | Bandon A C | 9.94mM | 4 |
| 2 Fitzgerald, Anne | W50 | Waterford A C | 8.26m | 2 |

Event 113 M50 Javelin Throw

| Munster: M 43.48m 30/04/2011 Patsy O'Connor, Tralee Harriers | | | | |
|--|-----|---------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Connor, Patsy | M50 | Tralee Harriers A C | 43.48mM | 4 |
| 2 O'Brien, Tony | M50 | St Finbarrs A C | 23.62m | 2 |
| 3 Fitzpatrick, Martin | M50 | St Mary's A C | 16.16m | 1 |

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Event 114 W50 Shot Put

| Munster: M 6.93m 30/04/2011 Kathleen Hayes, Bandon | | | | |
|--|-----|-------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hayes, Kathleen | | W50 Bandon A C | 6.93mM | 4 |
| 2 Kennedy, Kathleen | | W50 Waterford A C | 6.48m | 2 |

Event 115 M50 Shot Put

| Munster: M 11.50m 30/04/2011 Patsy O'Connor, Tralee Harriers | | | | |
|--|-----|-------------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Connor, Patsy | | M50 Tralee Harriers A C | 11.50mM | 4 |
| 2 Fitzpatrick, Martin | | M50 St Mary's A C | 8.95m | 2 |
| 3 O'Keefe, James | | M50 Liscarroll A C | 8.01m | 1 |
| 4 O'Brien, Tony | | M50 St Finbarrs A C | 7.74m | |

Event 117 W55 100 Meter Dash

| Munster: M 20.18 30/04/2011 Carmel NhicDomhnaill, WEst Limerick | | | | |
|---|-----|-----------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 NhicDomhnaill, Carmel | | W55 West Limerick A C | 20.18M | 4 |

Event 118 M55 100 Meter Dash

| Munster: M 15.17 30/04/2011 Harry Gijbels, West Muskerry | | | | |
|--|-----|-----------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Gijbels, Harry | | M55 West Muskerry A C | 15.17M | 4 |
| 2 Leechmere, Michael | | M55 Waterford A C | 17.79 | 2 |
| -- Maloney, Pat | | M55 West Limerick A C | NT | |
| -- Fox, Seamus | | M55 Fanahan McSweene | NT | |

Event 119 W55 200 Meter Dash

| Munster: M 42.73 30/04/2011 Marion Lyons, St Finbarrs | | | | |
|---|-----|---------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Lyons, Marion | | W55 St Finbarrs A C | 42.73M | 4 |

Event 120 M55 200 Meter Dash

| Munster: M 30.83 30/04/2011 Michael Leechmere, Waterford | | | | |
|--|-----|-----------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Gijbels, Harry | | M55 West Muskerry A C | 30.83M | 4 |
| 2 Leechmere, Michael | | M55 Waterford A C | 36.88 | 2 |

Event 121 W55 400 Meter Dash

| Munster: M 1:21.35 30/04/2011 Carmel NhicDomhnaill, WEst Limeric | | | | |
|--|-----|-----------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 NhicDomhnaill, Carmel | | W55 West Limerick A C | 1:21.35M | 4 |
| 2 Lyons, Marion | | W55 St Finbarrs A C | 1:32.02 | 2 |

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Event 122 M55 400 Meter Dash

| Munster: M 59.72 30/04/2011 Joe Gough, West Waterford | | | | |
|---|-----|------------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Gough, Joe | | M55 West Waterford A C | 59.72M | 4 |
| 2 O'Riordan, John | | M55 Rising Sun A C | 66.90 | 2 |
| 3 Leechmere, Michael | | M55 Waterford A C | 1:24.14 | 1 |

Event 123 W55 800 Meter Run

| Munster: M 3:27.45 30/04/2011 Marion Lyons, St Finbarrs | | | | |
|---|-----|---------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Lyons, Marion | | W55 St Finbarrs A C | 3:27.45M | 4 |

Event 124 M55 800 Meter Run

| Munster: M 2:37.51 30/04/2011 John O'Riordan, Rising Sun | | | | |
|--|-----|--------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Riordan, John | | M55 Rising Sun A C | 2:37.51M | 4 |
| 2 Quigley, John | | M55 Eagle A C | 3:26.09 | 2 |

Event 125 W55 1500 Meter Run

| Munster: M 6:26.37 30/04/2011 Carmel NhicDomhnaill, WEst Limeric | | | | |
|--|-----|-----------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 NhicDomhnaill, Carmel | | W55 West Limerick A C | 6:26.37M | 4 |
| 2 Lyons, Marion | | W55 St Finbarrs A C | 7:18.88 | 2 |

Event 126 M55 1500 Meter Run

| Munster: M 5:23.14 30/04/2011 Dan Kennedy, St Finbarrs | | | | |
|--|-----|----------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Kennedy, Dan | | M55 St Finbarrs A C | 5:23.14M | 4 |
| 2 Sexton, James | | M55 Kilmurry Ibricen | 5:33.64 | 2 |
| 3 Quigley, John | | M55 Eagle A C | 6:07.90 | 1 |

Event 128 M55 3000 Meter Run

| Munster: M 10:09.96 30/04/2011 Eamonn McEvoy, St Finbarrs | | | | |
|---|-----|-----------------------|-----------|--------|
| Name | Age | Team | Finals | Points |
| 1 McEvoy, Eamonn | | M55 St Finbarrs A C | 10:09.96M | 4 |
| 2 MhacDhomnaill, Mike | | M55 West Limerick A C | 10:23.23 | 2 |
| 3 Quigley, John | | M55 Eagle A C | 12:39.29 | 1 |
| 4 Barry, Eddie | | M55 St Finbarrs A C | 12:48.76 | |

Event 134 M55 Long Jump

| Munster: M 2.25m 30/04/2011 Michael Leechmere, Waterford | | | | |
|--|-----|-------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Leechmere, Michael | | M55 Waterford A C | 2.25mM | 4 |

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Event 138 M55 Discus Throw

| Munster: M 33.86m 30/04/2011 Finbarr McCarthy, Fanahan McSweene | | | | |
|---|-----|------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 McCarthy, Finbarr | M55 | Fanahan McSweene | 33.86mM | 4 |

Event 140 M55 Hammer Throw

| Munster: M 40.70m 30/04/2011 Finbarr McCarthy, Fanahan McSweene | | | | |
|---|-----|------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 McCarthy, Finbarr | M55 | Fanahan McSweene | 40.70mM | 4 |

Event 142 M55 Javelin Throw

| Munster: M 15.92m 30/04/2011 John Quigley, Eagle | | | | |
|--|-----|-----------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Quigley, John | M55 | Eagle A C | 15.92mM | 4 |

Event 144 M55 Shot Put

| Munster: M 9.24m 30/04/2011 Finbarr McCarthy, Fanahan McSweene | | | | |
|--|-----|------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 McCarthy, Finbarr | M55 | Fanahan McSweene | 9.24mM | 4 |

Event 147 M60 100 Meter Dash

| Munster: M 14.39 30/04/2011 Brendan Dennehy, Rising Sun | | | | |
|---|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Dennehy, Brendan | M60 | Rising Sun A C | 14.39M | 4 |

Event 149 M60 200 Meter Dash

| Munster: M 30.77 30/04/2011 Brendan Dennehy, Rising Sun | | | | |
|---|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Dennehy, Brendan | M60 | Rising Sun A C | 30.77M | 4 |

Event 151 M60 400 Meter Dash

| Munster: M 79.74 30/04/2011 Donal Crowley, Tralee Harriers | | | | |
|--|-----|---------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Crowley, Donal | M60 | Tralee Harriers A C | 79.74M | 4 |

Event 153 M60 800 Meter Run

| Munster: M 2:44.68 30/04/2011 Bryan Parkinson, East Cork | | | | |
|--|-----|---------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Parkinson, Bryan | M60 | East Cork A C | 2:44.68M | 4 |
| 2 Crowley, Donal | M60 | Tralee Harriers A C | 3:13.35 | 2 |

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Event 155 M60 1500 Meter Run

| Munster: M 5:10.23 30/04/2011 Patrick O'Shea, Iveragh | | | | |
|---|-----|----------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Shea, Patrick | M60 | Iveragh A C | 5:10.23M | 4 |
| 2 Parkinson, Bryan | M60 | East Cork A C | 5:33.64 | 2 |
| 3 Adamson, Michael | M60 | Liscarroll A C | 7:06.91 | 1 |

Event 157 M60 3000 Meter Run

| Munster: M 10:45.63 30/04/2011 Patrick O'Shea, Iveragh | | | | |
|--|-----|---------------|-----------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Shea, Patrick | M60 | Iveragh A C | 10:45.63M | 4 |
| 2 Parkinson, Bryan | M60 | East Cork A C | 11:39.58 | 2 |

Event 161 M60 High Jump

| Munster: M 1.45m 30/04/2011 Brendan Dennehy, Rising Sun | | | | |
|---|-----|---------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Dennehy, Brendan | M60 | Rising Sun A C | 1.45mM | 4 |
| 2 Crowley, Donal | M60 | Tralee Harriers A C | 1.20m | 2 |

Event 163 M60 Long Jump

| Munster: M 4.41m 30/04/2011 Brendan Dennehy, Rising Sun | | | | |
|---|-----|---------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Dennehy, Brendan | M60 | Rising Sun A C | 4.41mM | 4 |
| 2 Crowley, Donal | M60 | Tralee Harriers A C | 3.24m | 2 |
| 3 Adamson, Michael | M60 | Liscarroll A C | 3.23m | 1 |

Event 167 M60 Discus Throw

| Munster: M 30.56m 30/04/2011 Pdraig Fanning, Tralee Harriers | | | | |
|--|-----|---------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Fanning, Pdraig | M60 | Tralee Harriers A C | 30.56mM | 4 |
| 2 Kelly, Pat | M60 | Ballincollig A C | 27.78m | 2 |
| 3 Rice, John | M60 | Grange Fermoy A C | 25.86m | 1 |
| 4 Adamson, Michael | M60 | Liscarroll A C | 21.50m | |

Event 169 M60 Hammer Throw

| Munster: M 25.32m 30/04/2011 John Rice, Grange Fermoy | | | | |
|---|-----|-------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Rice, John | M60 | Grange Fermoy A C | 25.32mM | 4 |
| 2 Kelly, Pat | M60 | Ballincollig A C | 24.58m | 2 |

Event 171 M60 Javelin Throw

| Munster: M 17.68m 30/04/2011 Michael Adamson, Liscarroll | | | | |
|--|-----|----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Adamson, Michael | M60 | Liscarroll A C | 17.68mM | 4 |

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Event 173 M60 Shot Put

| Munster: M 8.41m 30/04/2011 Pat Kelly, Ballincollig | | | | |
|---|-----|-------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Kelly, Pat | M60 | Ballincollig A C | 8.41mM | 4 |
| 2 Rice, John | M60 | Grange Fermoy A C | 7.90m | 2 |

Event 175 W65 100 Meter Dash

| Munster: M 21.59 30/04/2011 Mary Barry, Carrig na Bhfear | | | | |
|--|-----|------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Barry, Mary | W65 | Carrig na Bhfear | 21.59M | 4 |

Event 176 M65 100 Meter Dash

| Munster: M 14.60 30/04/2011 Jim O'Shea, Farranfore | | | | |
|--|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Shea, Jim | M65 | Farranfore | 14.60M | 4 |
| 2 O' Donovan, Con | M65 | Rising Sun A C | 16.07 | 2 |

Event 177 W65 200 Meter Dash

| Munster: M 46.86 30/04/2011 Terri Gough, West Waterford | | | | |
|---|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Gough, Terri | W65 | West Waterford A C | 46.86M | 4 |
| 2 Dunne, Maggie | W65 | Carrig na Bhfear | 48.75 | 2 |

Event 178 M65 200 Meter Dash

| Munster: M 33.22 30/04/2011 Con O' Donovan, Rising Sun | | | | |
|--|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 O' Donovan, Con | M65 | Rising Sun A C | 33.22M | 4 |

Event 179 W65 400 Meter Dash

| Munster: M 1:43.62 30/04/2011 Maggie Dunne, Carrig na Bhfear | | | | |
|--|-----|--------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Dunne, Maggie | W65 | Carrig na Bhfear | 1:43.62M | 4 |
| 2 Gough, Terri | W65 | West Waterford A C | 1:53.31 | 2 |

Event 180 M65 400 Meter Dash

| Munster: M 1:33.67 30/04/2011 Con O' Donovan, Rising Sun | | | | |
|--|-----|------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 O' Donovan, Con | M65 | Rising Sun A C | 1:33.67M | 4 |
| 2 Browne, Mike | M65 | Gneeveguilla A C | 1:35.84 | 2 |

Event 181 W65 800 Meter Run

| Munster: M 3:53.32 30/04/2011 Maggie Dunne, Carrig na Bhfear | | | | |
|--|-----|------------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Dunne, Maggie | W65 | Carrig na Bhfear | 3:53.32M | 4 |

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Event 182 M65 800 Meter Run

| Munster: M 3:32.16 30/04/2011 Mike Browne, Gneevguilla | | | | |
|--|-----|-----------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Browne, Mike | M65 | Gneevguilla A C | 3:32.16M | 4 |

Event 184 M65 1500 Meter Run

| Munster: M 6:58.84 30/04/2011 Mike Browne, Gneevguilla | | | | |
|--|-----|-----------------|----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Browne, Mike | M65 | Gneevguilla A C | 6:58.84M | 4 |

Event 186 M65 3000 Meter Run

| Munster: M 13:15.07 30/04/2011 Mike Browne, Gneevguilla | | | | |
|---|-----|-----------------|-----------|--------|
| Name | Age | Team | Finals | Points |
| 1 Browne, Mike | M65 | Gneevguilla A C | 13:15.07M | 4 |

Event 191 W65 Long Jump

| Munster: M 1.92m 30/04/2011 Mary Barry, Carrig na Bhfear | | | | |
|--|-----|------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Barry, Mary | W65 | Carrig na Bhfear | 1.92mM | 4 |

Event 192 M65 Long Jump

| Munster: M 8.86m 30/04/2011 Con O' Donovan, Rising Sun | | | | |
|--|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 O' Donovan, Con | M65 | Rising Sun A C | 8.86mM | 4 |
| 2 O'Shea, Jim | M65 | Farranfore | 3.64m | 2 |

Event 196 M65 Discus Throw

| Munster: M 19.42m 30/04/2011 Tim Fitzpatrick, Liscarroll | | | | |
|--|-----|----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Fitzpatrick, Tim | M65 | Liscarroll A C | 19.42mM | 4 |

Event 197 W65 Hammer Throw

| Munster: M 17.96m 30/04/2011 Terri Gough, West Waterford | | | | |
|--|-----|--------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Gough, Terri | W65 | West Waterford A C | 17.96mM | 4 |

Event 198 M65 Hammer Throw

| Munster: M 23.92m 30/04/2011 Tim Fitzpatrick, Liscarroll | | | | |
|--|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Fitzpatrick, Tim | M65 | Liscarroll A C | 23.92m | 4 |

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Event 199 W65 Javelin Throw

| Munster: M 11.58m 30/04/2011 Terri Gough, West Waterford | | | | |
|--|-----|--------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Gough, Terri | W65 | West Waterford A C | 11.58mM | 4 |

Event 200 M65 Javelin Throw

| Munster: M 18.60m 30/04/2011 Tim Fitzpatrick, Liscarroll | | | | |
|--|-----|----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Fitzpatrick, Tim | M65 | Liscarroll A C | 18.60mM | 4 |

Event 201 W65 Shot Put

| Munster: M 3.29m 30/04/2011 Mary Barry, Carrig na Bhfear | | | | |
|--|-----|------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Barry, Mary | W65 | Carrig na Bhfear | 3.29mM | 4 |

Event 202 M65 Shot Put

| Name | Age | Team | Finals | Points |
|--------------------|-----|----------------|--------|--------|
| 1 Fitzpatrick, Tim | M65 | Liscarroll A C | 7.07m | 4 |

Event 204 W70 100 Meter Dash

| Munster: M 24.63 30/04/2011 Pamela Buckley, St Finbarrs | | | | |
|---|-----|-----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Buckley, Pamela | W70 | St Finbarrs A C | 24.63M | 4 |

Event 205 M70 100 Meter Dash

| Name | Age | Team | Finals | Points |
|-----------------|-----|---------------|--------|--------|
| -- Sherman, Tim | M70 | Waterford A C | NT | |

Event 225 M70 Discus Throw

| Munster: M 19.36m 30/04/2011 Joe Hogan, Rising Sun | | | | |
|--|-----|----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hogan, Joe | M70 | Rising Sun A C | 19.36mM | 4 |

Event 229 M70 Javelin Throw

| Munster: M 17.10m 30/04/2011 Joe Hogan, Rising Sun | | | | |
|--|-----|----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hogan, Joe | M70 | Rising Sun A C | 17.10mM | 4 |

Event 231 M70 Shot Put

| Name | Age | Team | Finals | Points |
|--------------|-----|----------------|--------|--------|
| 1 Hogan, Joe | M70 | Rising Sun A C | 7.31m | 4 |

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Event 232 M70 Weight Throw

| Munster: M 5.74m 30/04/2011 Joe Hogan, Rising Sun | | | | |
|---|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Hogan, Joe | | M70 Rising Sun A C | 5.74mM | 4 |

Event 248 M75 Long Jump

| Munster: M 1.48m 30/04/2011 Michael O'Beirne, Dundrum | | | | |
|---|-----|-----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Beirne, Michael | | M75 Dundrum A C | 1.48mM | 4 |

Event 252 M75 Discus Throw

| Munster: M 19.42m 30/04/2011 Ed Mulcahy, Farranfore | | | | |
|---|-----|--------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Mulcahy, Ed | | M75 Farranfore | 19.42mM | 4 |
| 2 O'Herlihy, Michael | | M75 Rising Sun A C | 14.44m | 2 |

Event 254 M75 Hammer Throw

| Munster: M 22.68m 30/04/2011 Ed Mulcahy, Farranfore | | | | |
|---|-----|--------------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Mulcahy, Ed | | M75 Farranfore | 22.68mM | 4 |
| 2 Howard, Denis | | M85 Rising Sun A C | 18.40m | 2 |
| 3 O'Herlihy, Michael | | M75 Rising Sun A C | 17.32m | 1 |

Event 256 M75 Javelin Throw

| Munster: M 13.92m 30/04/2011 Michael O'Beirne, Dundrum | | | | |
|--|-----|-----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 O'Beirne, Michael | | M75 Dundrum A C | 13.92mM | 4 |

Event 258 M75 Shot Put

| Munster: M 8.26m 30/04/2011 Ed Mulcahy, Farranfore | | | | |
|--|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Mulcahy, Ed | | M75 Farranfore | 8.26mM | 4 |
| 2 O'Beirne, Michael | | M75 Dundrum A C | 6.01m | 2 |
| 3 O'Herlihy, Michael | | M75 Rising Sun A C | 5.94m | 1 |

Event 259 M75 Weight Throw

| Munster: M 7.66m 30/04/2011 Ed Mulcahy, Farranfore | | | | |
|--|-----|--------------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Mulcahy, Ed | | M75 Farranfore | 7.66mM | 4 |
| 2 O'Beirne, Michael | | M75 Dundrum A C | 4.75m | 2 |
| 3 O'Herlihy, Michael | | M75 Rising Sun A C | 4.43m | 1 |

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Event 261 M80 100 Meter Dash

| Name | Age Team | Finals | Points |
|--------------------|--------------------|--------|--------|
| 1 O'Sullivan, Sean | M80 Rising Sun A C | 20.47 | 4 |

Event 263 M80 200 Meter Dash

| Munster: M 46.74 30/04/2011 Sean O'Sullivan, Rising Sun | | | |
|---|--------------------|--------|--------|
| Name | Age Team | Finals | Points |
| 1 O'Sullivan, Sean | M80 Rising Sun A C | 46.74M | 4 |

Event 277 M80 Long Jump

| Munster: M 2.24m 30/04/2011 Sean O'Sullivan, Rising Sun | | | |
|---|--------------------|--------|--------|
| Name | Age Team | Finals | Points |
| 1 O'Sullivan, Sean | M80 Rising Sun A C | 2.24mM | 4 |

Event 287 W35 4x100 Meter Relay

| Munster: M 54.20 30/04/2011 Loughrea A C, Loughrea | | | |
|--|--|--------|--------|
| Team | | Finals | Points |
| 1 Loughrea A C 'A' | | 54.20M | 4 |
| 2 Waterford A C 'A' | | 62.09 | 2 |
| 3 West Waterford A C 'A' | | 66.70 | 1 |
| 4 Waterford A C 'B' | | x69.00 | |
| -- Iveragh A C 'A' | | NT | |

Event 288 M35 4x100 Meter Relay

| Munster: M 49.62 30/04/2011 Waterford A C, Waterford | | | |
|--|--|--------|--------|
| Team | | Finals | Points |
| 1 Waterford A C 'A' | | 49.62M | 4 |
| 2 Lisscarroll A C 'A' | | 54.20 | 2 |
| 3 Waterford A C 'B' | | x60.37 | |

Event 289 W35 4x100 Meter Relay

| Munster: M 73.29 30/04/2011 Waterford, Waterford | | | |
|--|--|---------|--------|
| Team | | Finals | Points |
| 1 Waterford 'A' | | 73.29M | 4 |
| 2 Cork 'A' | | 1:23.00 | 2 |

Event 290 M35 4x100 Meter Relay

| Munster: M 57.01 30/04/2011 cORK, cORK | | | |
|--|--|--------|--------|
| Team | | Finals | Points |
| 1 Cork 'A' | | 57.01M | 4 |

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Event 291 M85 Discus Throw

| Munster: M 14.92m 30/04/2011 Denis Howard, Rising Sun | | | | |
|---|-----|----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Howard, Denis | M85 | Rising Sun A C | 14.92mM | 4 |

Event 292 M85 Hammer Throw

| Munster: M 18.40m 30/04/2011 Denis Howard, Rising Sun | | | | |
|---|-----|----------------|---------|--------|
| Name | Age | Team | Finals | Points |
| 1 Howard, Denis | M85 | Rising Sun A C | 18.40mM | 4 |

Event 294 M85 Shot Put

| Munster: M 5.56m 30/04/2011 Denis Howard, Rising Sun | | | | |
|--|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Howard, Denis | M85 | Rising Sun A C | 5.56mM | 4 |

Event 295 M85 Weight Throw

| Munster: M 5.01m 30/04/2011 Denis Howard, Rising Sun | | | | |
|--|-----|----------------|--------|--------|
| Name | Age | Team | Finals | Points |
| 1 Howard, Denis | M85 | Rising Sun A C | 5.01mM | 4 |

Women - Team Rankings - 64 Events Scored

| | | | |
|--------------------------|-----|---------------------------|----|
| 1) Waterford A C | 109 | 2) Bandon A C | 53 |
| 3) West Waterford A C | 33 | 4) Gneeveguilla A C | 29 |
| 5) Carriig na Bhfear A C | 22 | 6) Ennis Track A C | 19 |
| 7) St Finbarrs A C | 18 | 8) Tralee Harriers A C | 16 |
| 9) Loughrea A C | 12 | 9) West Limerick A C | 12 |
| 11) Skibbereen A C | 10 | 12) Leevale A C | 8 |
| 13) Waterford | 4 | 13) Kilmurry Ibrickan A C | 4 |
| 15) cORK | 2 | 16) St Mary's A C | 1 |

Men - Team Rankings - 106 Events Scored

| | | | |
|-----------------------------|-------|------------------------------|----|
| 1) Rising Sun A C | 109 | 2) Waterford A C | 86 |
| 3) Liscarroll A C | 43.50 | 4) West Waterford A C | 35 |
| 5) Leevale A C | 33 | 6) Farranfore Maine Valley A | 26 |
| 6) Tralee Harriers A C | 26 | 8) Gneeveguilla A C | 18 |
| 9) St Finbarrs A C | 15 | 9) East Cork A C | 15 |
| 11) North Cork A C | 14 | 12) St Cronans A C | 13 |
| 13) Fanahan McSweeney's A C | 12 | 13) Dundrum A C | 12 |
| 15) St Johns A C | 8 | 15) West Muskerry A C | 8 |
| 15) Carriig na Bhfear A C | 8 | 15) Iveragh A C | 8 |
| 15) Ballincollig A C | 8 | 15) Eagle A C | 8 |
| 21) Grange Fermoy A C | 7 | 21) St Mary's A C | 7 |
| 23) Youghall A C | 6 | 23) St Catherines A C | 6 |
| 25) Kilmihill A C | 5 | 26) cORK | 4 |
| 26) Limerick A C | 4 | 28) Bandon A C | 3 |
| 29) Moycarkey Coolcree A C | 2 | 29) Thurles Crokes A C | 2 |
| 29) Kilmurry Ibrickan A C | 2 | 29) West Limerick A C | 2 |
| 33) Marian A C | 1.50 | 34) Middleton A C | 1 |
| 34) Ennis Track A C | 1 | | |