

**100m Men Wind: + ?.? m/s**

No	Name	College	Category	Event	Time	Points	Grade
330	1 David Hynes	WIT	M	100m	10.98	8.81	Platinum
304	2 Donal Brennan	UL	M	100m	11.83	6.34	Gold
391	3 Dillon Roche	Guest	M	100m	11.98	5.95	Silver
309	4 Roland Pika	UL	M	100m	11.99	5.92	Silver
393	5 PJ Galvin	Guest	M	100m	12.07	5.72	Silver
361	6 Danny O' Connor	CIT	M	100m	12.11	5.62	Silver
355	7 Kaodichinma Ogbene	CIT	M	100m	12.19	5.42	Silver
339	8 Robert Bennett	CIT	M	100m	12.37	4.99	Silver

**100m Women Wind: + ?.? m/s**

No	Name	College	Category	Event	Time	Points	Grade
334	1 Denise Wickham	WIT	F	100m	13.48	7.99	Platinum
314	2 Sinead Prendiville	UL	F	100m	14.95	6.01	Gold
357	3 Mary Kenneally	CIT	F	100m	15.74	5.06	Silver

**200m Men Wind: + 2.3 m/s**

No	Name	Club	Cat	Event	Time	Points	Grade
330	1 David Hynes	WIT	M	200m	21.76	9.73	Diamond
304	2 Donal Brennan	UL	M	200m	23.34	7.69	Platinum
355	3 Kaodichinma Ogbene	CIT	M	200m	24.04	6.86	Gold
376	4 David Hogan	UCC	M	200m	24.87	5.94	Silver
332	- Shane Connick	WIT	M	200m	DNF	-	-

**200m Women Wind: + 2.3 m/s**

No	Name	Club	Cat	Event	Time	Points	Grade
357	1 Mary Kenneally	CIT	F	200m	33.46	4.89	Silver

**400m Men**

No	Name	Club	Category	Event	Time	Points	Grade
323	1 Barry Upton	WIT	M	400m	51.26	8.15	Platinum
341	2 Cathal Owens	CIT	M	400m	51.32	8.11	Platinum
367	3 Kieran Cunningham	Guest	M	400m	57.65	5.11	Silver
340	4 Roy Evans	CIT	M	400m	62.16	3.39	Bronze

**800m Men**

No	Name	College	Category	Event	Time	Points	Grade
394	1 David Kavanagh	Guest	M	800m	2:00.09	7.67	Platinum
399	2 Denis Coughlan	Guest	M	800m	2:00.56	7.55	Platinum
398	3 Tony Kelleher	Guest	M	800m	2:01.18	7.41	Gold
350	4 Michael Pat O'Regan	CIT	M	800m	2:02.51	7.10	Gold
390	5 Philip Crowley	Guest	M	800m	2:03.12	6.96	Gold
303	6 Shawn McCormack	UL	M	800m	2:04.02	6.75	Gold
329	7 James Maher	WIT	M	800m	2:04.61	6.62	Gold
377	8 Kieran James	UCC	M	800m	2:05.18	6.49	Gold
331	9 Alan Danagher	WIT	M	800m	2:09.47	5.58	Silver
380	10 Eric Curran	UCC	M	800m	2:13.60	4.77	Silver
400	11 James Grufferty	Guest	M	800m	2:15.75	4.37	Bronze
342	12 Alan O'Brien	CIT	M	800m	2:16.64	4.21	Bronze
360	13 Nicolas Lett	CIT	M	800m	2:23.69	3.05	Bronze

**800m Women**

No	Name	College	Category	Event	Time	Points	Grade
369	1 Claire McSweeney	Guest	F	800m	2:18.4	8.50	Platinum
315	2 Fionnuala Mulroy	UL	F	800m	2:34.8	6.18	Gold
314	3 Sinead Prendiville	UL	F	800m	2:39.3	5.61	Silver

**1500m Men**

No		Name	Club	Cat	Event	Time	Points	Grade
370	1	Michael Dowling	WIT	M	1500m	4:02.75	8.23	Platinum
397	2	John Shine	Guest	M	1500m	4:07.12	7.73	Platinum
302	3	Kevin Chesser	UL	M	1500m	4:15.94	6.77	Gold
301	4	Colin Maher	UL	M	1500m	4:16.63	6.70	Gold
327	5	Gavin Downey	WIT	M	1500m	4:18.81	6.47	Gold
331	6	Alan Danagher	WIT	M	1500m	4:26.79	5.68	Silver
303	7	Shawn McCormack	UL	M	1500m	4:26.84	5.67	Silver
390	8	Philip Crowley	Guest	M	1500m	4:30.89	5.29	Silver
329	9	James Maher	WIT	M	1500m	4:31.40	5.24	Silver
372	10	Bill Twomey	UCC	M	1500m	4:31.80	5.21	Silver
343	11	Craig Harrington	CIT	M	1500m	4:42.35	4.28	Bronze

**1500m Women**

No		Name	Club	Cat	Event	Time	Points	Grade
396	1	Sharon Rynne	Guest	F	1500m	5:06.0	7.34	Gold
333	2	Niamh Teebay	WIT	F	1500m	5:33.0	5.75	Silver
358	3	Noreen Mackey	CIT	F	1500m	5:46.0	5.05	Silver
383	4	Jacqui Hughes	UCC	F	1500m	5:54.0	4.65	Silver
371	5	Emma McDonnell	Guest	F	1500m	6:00.0	4.35	Bronze
384	6	Siobhan Heylin	UCC	F	1500m	6:10.0	3.89	Bronze

**1500mW Women**

No		Name	Club	Cat	Event	Time	Points	Grade
386	1	Caoimhe Casey	UCC	F	1500mW	7:06.00	8.95	Platinum

**1500mW Men (non - team scoring)**

No		Name	Club	Cat	Event	Time	Points	Grade
385	1	Niall Prendiville	UCC	M	1500mW	6:17.00	8.18	Platinum
346	2	Brian Scully	CIT	M	1500mW	9:10.00	1.28	-

**3000mW Men**

No		Name	Club	Cat	Event	Time	Points	Grade
385	1	Niall Prendiville	UCC	M	3000mW	13:04.00	9.37	Diamond

**2000m SC Men**

No		Name	Club	Cat	Event	Time	Points	Grade
308	1	John Meade	UL	M	2000mSC	6:42.96	6.75	Gold
395	2	John Fitzpatrick	Guest	M	2000mSC	6:42.98	6.75	Gold
328	3	Steven Walter	WIT	M	2000mSC	7:33.52	4.37	Bronze
348	4	Neil Feeny	CIT	M	2000mSC	7:55.35	3.50	Bronze

**3000m Men**

No		Name	Club	Cat	Event	Time	Points	Grade
322	1	Andrew Connick	WIT	M	3000m	8:52.88	7.70	Platinum
326	2	Paddy Hogan	WIT	M	3000m	9:06.93	7.01	Gold
336	3	Brian McGinley	WIT	M	3000m	9:08.52	6.93	Gold
308	4	John Meade	UL	M	3000m	10:01.03	4.64	Silver
316	5	Brian Looran	UL	M	3000m	10:09.32	4.32	Bronze
324	6	Richard Lucas	WIT	M	3000m	10:41.67	3.18	Bronze

**3000m Women**

No		Name	Club	Cat	Event	Time	Points	Grade
365	1	Ann Marie Healy	Guest	F	3000m	11:12.65	7.07	Gold
381	2	Aisling Moran	UCC	F	3000m	11:13.58	7.04	Gold
382	3	Aine Moran	UCC	F	3000m	11:59.06	5.89	Silver

**5000m Men**

No		Name	Club	Category	Event	Time	Points	Grade
306	1	Michael Carmody	UL	M	5000m	15:25.08	7.30	Gold
305	2	Liam Feely	UL	M	5000m	15:28.45	7.21	Gold
368	3	Brian Murphy	Guest	M	5000m	15:58.25	6.40	Gold
307	4	Jake O Regan	UL	M	5000m	16:13.77	6.00	Silver
400	5	James Grufferty	Guest	M	5000m	16:56.00	4.97	Silver
377	-	Kieran James	UCC	M	5000m	DNF	-	-
349	-	Frank O'Carroll	CIT	M	5000m	DNF	-	-

**Long Jump Men**

No		Name	Club	Cat	Event	Distance	Points	Grade
309	1	Roland Pika	UL	M	LJ	6.31	7.73	Platinum
388	2	Michael Godley	Guest	M	LJ	6.25	7.61	Platinum
389	3	Shane Howard	Guest	M	LJ	5.93	6.97	Gold
355	4	Kaodichinma Ogbene	CIT	M	LJ	5.51	6.13	Gold
361	5	Danny O' Connor	CIT	M	LJ	5.15	5.40	Silver

**Long Jump Women**

No		Name	Club	Cat	Event	Distance	Points	Grade
356	1	Sinead O' Connor	CIT	F	LJ	5.13	7.71	Platinum
312	2	Roisin Howard	UL	F	LJ	5.07	7.59	Platinum

**Shot Putt Men**

No		Name	Club	Cat	Event	Distance	Points	Grade
378	1	Ronan McCarthy	UCC	M	SP	8.49	4.32	Bronze
364	2	Martin O' Sullivan	CIT	M	SP	8.32	4.22	Bronze
363	3	Alan Lund	CIT	M	SP	7.90	3.97	Bronze
362	4	Michael Hayes	CIT	M	SP	7.41	3.68	Bronze

**Shot Putt Women**

No		Name	Club	Cat	Event	Distance	Points	Grade
313	1	Alana Frattaroli	UL	F	SP	11.30	6.33	Gold
335	2	Zoe Scanlon	WIT	F	SP	10.19	5.63	Silver
310	3	Aoife O Malley	UL	F	SP	8.64	4.66	Silver

**Discus Men**

No		Name	College	Category	Event	Distance	Points	Grade
344	1	Paul Hazler	CIT	M	DT	40.17	6.78	Gold
345	2	John Hobbs	CIT	M	DT	33.85	5.60	Silver
362	3	Michael Hayes	CIT	M	DT	23.86	3.74	Bronze
332	4	Shane Connick	WIT	M	DT	21.73	3.34	Bronze
364	5	Martin O' Sullivan	CIT	M	DT	21.20	3.25	Bronze
363	6	Alan Lund	CIT	M	DT	18.59	2.76	-

**Discus Women**

No		Name	College	Category	Event	Distance	Points	Grade
335	1	Zoe Scanlon	WIT	F	DT	35.63	6.01	Gold
311	2	Rachel Roche	UL	F	DT	26.19	4.23	Bronze
310	3	Aoife O Malley	UL	F	DT	22.77	3.58	Bronze

**Javelin Men**

No		Name	Club	Category	Event	Distance	Points	Grade
332	1	Shane Connick	WIT	M	JT	28.76	3.39	Bronze
362	2	Michael Hayes	CIT	M	JT	17.60	1.79	-
363	3	Alan Lund	CIT	M	JT	13.25	1.16	-
378	-	Ronan McCarthy	UCC	M	JT	NM	-	-

**Javelin Women**

No		Name	Club	Category	Event	Distance	Points	Grade
335	1	Zoe Scanlon	WIT	F	JT	32.43	5.45	Silver
311	2	Rachel Roche	UL	F	JT	31.29	5.23	Silver
313	3	Alana Frattaroli	UL	F	JT	22.68	3.60	Bronze
310	4	Aoife O Malley	UL	F	JT	22.52	3.57	Bronze

**High Jump Men**

No		Name	College	Category	Event	Height	Points	Grade
393	1	PJ Galvin	Guest	M	HJ	1.90	7.77	Platinum
309	2	Roland Pika	UL	M	HJ	1.75	6.37	Gold
361	3	Danny O' Connor	CIT	M	HJ	1.50	4.03	Bronze

**High Jump Women**

No		Name	College	Category	Event	Height	Points	Grade
379	1	Claire Collins	UCC	F	HJ	1.60	7.65	Platinum
312	2	Roisin Howard	UL	F	HJ	1.50	6.61	Gold