



LEEVALE 2012

Track & Field Meet

Saturday 14th April, CIT Track, 11:45 am

Electronic Timing and Cash Prizes for all Senior Events

JUNIOR & SENIOR PROGRAMME

Time	Event	Long Jump	High Jump	Javelin	Shot Putt	Pole Vault	Hammer
10:30							All Seniors
11:45	Senior Women Senior Men	100mH 110mH					
12:15	Senior Women Senior Men	100m 100m			Sen Women		
13:00	Senior Women Senior Men	400m 400m				All Seniors, Juveniles	
13:30	Final Senior Women Final Senior Men	100m 100m			Sen Men		
14:00	Senior Women Senior Men	800m 800m	Sen Men	Sen Women			
14:30	Junior Men	1500m					
14:45	Senior Men Senior Women	3000m 3000m			Sen Women		
15:30	Senior Men Senior Women	400mH 400mH	Sen Women	Sen Men			
15:55	Senior Women Senior Men	200m 200m			Sen Men		
16:25	Senior Men Senior Women	Mile 1500m					
16:45	Senior Men & Women	4x100m Relays					

NOTES:-

The programme will commence on time at 10:30

Online Entries @ www.leevale.org

Electronic timing and cash prizes for all senior events

International standard times achieved at Leevale 2012 will be acknowledged by Athletics Ireland

€5 per relay team