

Woodie's DIY / AAI Indoor Games

Athlone IT Arena

27th January 2013

Men's 60 m

Place	Name	Club/Country	Time
1	Max Kessler	Germany	6.81
2	David Hynes	Menapians A.C.	6.91
3	Eric Franke	Germany	6.92
4	Zac Irwin	Sligo A.C.	6.98
5	Dara Kervick	Carrick-on-Suir A.C.	7.01
6	Jamie Davis	Raheny Shamrock A.C.	7.11
7	Mark Kavanagh	Dundrum South Dublin A.C.	7.26
1	Keith Pike	Clonliffe Harriers A.C.	7.05
2	Dean Power	Tullamore Harriers A.C.	7.10
3	Patrick O'Connor	Clonliffe Harriers A.C.	7.15
4	David Quilligan	Leevale A.C.	7.18
5	David Killeen	Leevale A.C.	7.20
6	Simon Taggart	Donore Harriers A.C.	7.21
7	Stuart Roche	Clonliffe Harriers A.C.	7.5H
8	Ciaran O'Cathain	Raheny Shamrock A.C.	7.41
1	Ciaran Corrigan	Shercock A.C.	7.15
2	Tony Stafford	Menapians A.C.	7.24
3	Sean Bolger	Tallaght A.C.	7.42
4	Keith Smith	Ferrybank A.C.	7.44
5	Tope Odelade	Crusaders A.C.	7.48
6	David Hayde	St. L. O'Toole A.C.	7.83
7	Dominic Ezeakor	Crusaders A.C.	8.50
1	Ronan Dobby	Galway City Harriers A.C.	7.41
2	mervyn Harris	Mullingar Harriers A.C.	7.47
3	Amin Mbarki	Crusaders A.C.	7.59
4	William O'Connor	Riocht A.C.	7.62
5	Peter Byrne	Dundrum South Dublin A.C.	7.66
6	Barry Quigg	Tir Chonaille A.C.	7.78
7	David Leech	Blackrock A.C.	9.20
1	Barry Regan	St. Abbans A.C.	7.21
2	Uche Ogbene	Leevale A.C.	7.46
3	David Campbell	Donore Harriers A.C.	7.55
4	Nick Ennis	Crusaders A.C.	7.55
5	Graham Flynn	Crusaders A.C.	7.75
6	Jack Dooney	Brothers Pearse A.C.	7.94
7	Aidan O'Toole	St. L. O'Toole A.C.	7.96
1	Laurence O'Reilly	Tullamore Harriers A.C.	7.06
2	Michael Hynes	Raheny Shamrock A.C.	7.28
3	Emmanuel Sabayo	Dooneen A.C.	7.35
4	Neil Heffernan	Leevale A.C.	7.55
5	Simon Callaghan	Galway City Harriers A.C.	7.63
6	Stephen O'Connor	Fingallians A.C.	7.67
7	Ronan Carroll	Tallaght A.C.	8.04
1	Kodi Ogbene	Leevale A.C.	7.33
2	Fearghus Hannon	Tullamore Harriers A.C.	7.37
3	Ronan Coyle	Galway City Harriers A.C.	7.54
4	Stephen Gaffney	Rathfarnham W.S.A.F. A.C.	7.55
5	Derek Kennedy	Tallaght A.C.	7.78
6	Dale Murphy Butler	Menapians A.C.	7.95
7	James Carr	Tullamore Harriers A.C.	8.85
1	Isreal Ibeanu	Clonliffe Harriers A.C.	7.29

2	Conor Wilson	Menapians A.C.	7.44
3	Patrick Heffernan	Tullamore Harriers A.C.	7.48
4	Eoin Delaney	Tullamore Harriers A.C.	7.55
5	John Corr	Leevale A.C.	7.58
6	Simon Turnock		7.72
	Eoghan Courtney	St. Brendan's A.C.	DISQ
1	Kourosh Foroughi	Star of the Sea A.C.	7.33
2	Shane Farrell	Menapians A.C.	7.47
3	Michael Deady	Ferrybank A.C.	7.61
4	John Walkin	Mayo A.C.	7.73
5	Richard Tsang	Shercock A.C.	7.87
6	Michael Surman	City of Derry	8.03

Men's 200 m

Place	Name	Club/Country	Time
1	Max Kessler	Germany	21.30
2	David Hynes	Menapians A.C.	21.84
3	Tim Crowe	Dooneen A.C.	22.51
4	Amin Mbarki	Crusaders A.C.	24.30
5	Dale Murphy Butler	Menapians A.C.	26.08
6	Damian Walsh	Menapians A.C.	26.61
1	Eric Franke	Germany	21.81
2	Zac Irwin	Sligo A.C.	21.97
3	Dennis Frinpong	Annalee A.C.	23.66
4	Peter Byrne	Dundrum South Dublin A.C.	25.08
5	Michael Surman	City of Derry	25.71
1	Jamie Davis	Raheny Shamrock A.C.	22.22
2	Mark Kavanagh	Dundrum South Dublin A.C.	22.47
3	Eoin Mulhall	Crusaders A.C.	22.52
4	Stuart Roche	Clonliffe Harriers A.C.	23.29
5	Eanna Madden	Carrick-on-Shannon A.C.	23.53
6	Kevin Mongey	Brothers Pearse A.C.	26.14
1	Lorcan OCathain	Roscommon A.C.	22.42
2	Patrick O'Connor	Clonliffe Harriers A.C.	22.83
3	David Killeen	Leevale A.C.	23.08
4	Patrick Saunders	Crusaders A.C.	23.99
5	Daire Walsh	Bandon A.C.	25.17
1	Mervyn Harris	Mullingar Harriers A.C.	23.77
2	Kodi Ogbene	Leevale A.C.	24.22
3	Eoin Delaney	Tullamore Harriers A.C.	24.61
4	John Corr	Leevale A.C.	24.64
5	Simon Turnock		24.98
1	Cathal Owens	Leevale A.C.	22.83
2	Laurence O'Reilly	Tullamore Harriers A.C.	22.91
3	Neil Heffernan	Leevale A.C.	24.48
4	Barry Regan	St. Abbans A.C.	25.29
5	James Carr	Tullamore Harriers A.C.	29.25
1	Dean Power	Tullamore Harriers A.C.	22.50
2	Eoghan Courtney	St. Brendan's A.C.	23.99
3	Ronan Coyle	Galway City Harriers A.C.	24.04
4	Andrew Kidd	Dundrum South Dublin A.C.	24.05
5	David Campbell	Donore Harriers A.C.	24.11
1	Joseph Dowling	Dundrum South Dublin A.C.	22.46
2	Fearghus Hannon	Tullamore Harriers A.C.	23.03
3	Derek Kennedy	Tallaght A.C.	24.82
4	John Walkin	Mayo A.C.	25.36
5	Michael Deady	Ferrybank A.C.	25.38

1	Tope Odelade	Crusaders A.C.	23.26
2	Shane Farrell	Menapians A.C.	23.64
3	Uche Ogbene	Leevale A.C.	24.01
4	Danny Allen	Leevale A.C.	24.24
5	Graham Flynn	Crusaders A.C.	24.49
6	Ronan Carroll	Tallaght A.C.	26.57

Men's 400 m

Place	Name	Club/Country	Time
1	Brian Gregan	Clonliffe Harriers A.C.	46.07
2	Thomas Barr	Ferrybank A.C.	47.46
3	Bjorn Blauwhof	Holland	48.09
4	Tom Druce	Great Britain	48.13

1	Dara Kervick	Carrick-on-Suir A.C.	48.23
2	Eoin Mulhall	Crusaders A.C.	48.61
3	Craig Lynch	Shercock A.C.	50.20
4	Patrick Saunders	Crusaders A.C.	53.19
5	Mark Rogers	St. Peter's A.C.	54.05

1	Ciaran McKey	Clonliffe Harriers A.C.	49.48
2	Barry Upton	Menapians A.C.	50.48
3	Kevin Woods	Crusaders A.C.	51.60
4	Danny Allen	Leevale A.C.	52.85
5	William O'Connor	Riocht A.C.	53.92

1	Cathal Owens	Leevale A.C.	50.05
2	Paul Breslin	Crusaders A.C.	51.30
3	Paul Byrne	St. Abbans A.C.	51.75
4	Darragh Macnamara	Tullamore Harriers A.C.	53.05
5	Henry Griffin	Galway City Harriers A.C.	55.40

1	Ronan Kelly	Galway City Harriers A.C.	51.74
2	Sean Donegan	Tullamore Harriers A.C.	51.81
3	Evan Mc Guire	Galway City Harriers A.C.	52.33
4	Cian Ward	Sli Cualann A.C.	54.27
5	Damian Walsh	Menapians A.C.	57.54

1	Joseph Dowling	Dundrum South Dublin A.C.	49.74
2	Andrew Kidd	Dundrum South Dublin A.C.	52.56
3	Art O'Connor	Emerald A.C.	52.95
4	Robert Meagher	Galway City Harriers A.C.	53.70
5	Martin Mc Geady	City of Derry	53.86
6	Brian Boyce	Letterkenny A.C.	55.00

Men's 800 m

Place	Name	Club/Country	Time
1	Nick Jensen	Denmark	1.51.73
2	Karl Griffin	Tir Chonaille A.C.	1.52.05
3	Eoin Everard	Kilkenny City Harriers A.C.	1.52.28
4	Kristaps Valters	Clonliffe Harriers A.C.	1.52.85
5	James Ledingham	West Waterford A.C.	1.53.18
6	Timothee Francony	U.C.D. A.C.	1.53.20
7	Darragh Greene	Dunleer A.C.	1.54.56
8	Cathal Daly	U.C.D. A.C.	1.54.88

1	Cian Mc Bride	North Sligo A.C.	1.55.32
2	William Crowe	North Sligo A.C.	1.55.65
3	William Maunsell	Clonmel A.C.	1.56.30
4	William Hughes	Thurles Crokes A.C.	1.57.81
5	Liam Hennessy	Togher A.C.	1.59.58
6	Paddy Kelly	Mullingar Harriers A.C.	2.00.97
7	Brian Tobin	Clonliffe Harriers A.C.	2.01.33
8	Cullen Lynch	Togher A.C.	2.02.46

1	Conor Walter	Leevale A.C.	1.59.08
2	Nicholas Sheehan	Craughwell A.C.	1.59.37
3	Peter Gaffney	Metro/St. Brigid's A.C.	1.59.87
4	Ronan Duggan	Bandon A.C.	2.01.10
5	Kieran Sexton	Crusaders A.C.	2.01.21
6	Jack Corbett	Thurles Crokes A.C.	2.01.51
7	Tony Kellegher	Togher A.C.	2.02.30
8	Brian Mc Grath	Bohermeen A.C.	2.06.04

1	Daragh Lynch	Ennis Track A.C.	1.55.79
2	Denis Coughlan	St. Finbarrs A.C.	2.00.66
3	Conor Gillen	Craughwell	2.01.63
4	Gerard Claffey	Rathfarnham W.S.A.F. A.C.	2.01.83
5	Colm Kinsella	Menapians A.C.	2.05.10
6	Gary O'Sullivan	West Muskerry A.C.	2.06.19
7	John Cormican	Craughwell A.C.	2.08.41
8	Neil Greaney	Craughwell A.C.	2.09.04
9	Richard Lucas	Ferrybank A.C.	2.17.75
	Keelan Ryan	Craughwell A.C.	NT

Men's 1500 m

Place	Name	Club/Country	Time
1	Matthew Mc Laughlin	Great Britain	3.42.87
2	Mark Nouws	Holland	3.43.53
3	Darren Mc Brearty	Letterkenny A.C.	3.45.38
4	Goran Nava	Serbia	3.45.81
5	John Coghlan	Metro/St. Brigid's A.C.	3.47.93
6	Thomas Chamney	Crusaders A.C.	3.48.85
7	Sean Tobin	Clonmel A.C.	3.49.43
8	Edwin De Vries	Holland	3.51.33
9	David Harper	Sligo A.C.	3.51.59
10	Daire Bermingham	Raheny Shamrock A.C.	3.53.53
11	Shane Fitzsimons	Mullingar Harriers A.C.	3.58.04

1	Ray Hynes	Crusaders A.C.	3.55.32
2	Brian Kelly	St. Abbans A.C.	3.56.70
3	Gareth Hill	Ballymena & Antrim A.C.	3.56.93
4	Dan King	Letterkenny A.C.	3.59.55
5	Richard Owens	Sli Cualann A.C.	3.59.77
6	Mark Hoy	Finn Valley A.C.	4.00.56
7	Patrick Hamilton	City of Derry	4.01.44
8	mark Mc Donald	Clonliffe Harriers A.C.	4.04.44
9	Padraig Moran	Mullingar Harriers A.C.	4.07.94
10	Conaill Kirk	Lagan Valley A.C.	4.08.16
11	Mark O'Sullivan	Bandon A.C.	4.10.85
12	Peter Gibbons	Letterkenny A.C.	4.12.39
13	Mark O'Shea	Skerries A.C.	4.15.40
14	Peter Hanarahan	Togher A.C.	4.18.34

1	Robert Tully	Star of the Sea A.C.	4.06.73
2	Niall Shiel	St. Killians A.C.	4.12.39
3	Patrick Hughes	Thurles Crokes A.C.	4.19.45
4	James Maher	Templemore A.C.	4.32.88
5	John White	St. Michael's AC	4.50.42

Men's 3000 m

Place	Name	Club/Country	Time
1	Juan Higuero	Spain	7.52.14
2	Casado Arteuro	Spain	7.53.08
3	Roberto Alaiz	Spain	7.53.99
4	Alberto Santchez	Sligo A.C.	7.59.14
5	John Travers	Donore Harriers A.C.	8.02.58
6	Mohamed Marhum	Spain	8.08.01
7	Mark Hanrahan	Leevale A.C.	8.10.12

8	Tom Wiggers	Holland	8.11.84
1	Ben Thistlewood	Leevale A.C.	8.24.64
2	Kevin Maunsell	Clonmel A.C.	8.27.84
3	James Grufferty	Leevale A.C.	8.28.80
4	Aaron Hanlon	Clonliffe Harriers A.C.	8.38.73
5	Dimitrijs Serjogins	Clonliffe Harriers A.C.	8.44.92
6	Michael Maher	Ennis Track A.C.	8.46.62
7	Eoghan Tootten	Newcastle & District A.C.	8.47.27
8	Niall Mc Cormack	Clonmel A.C.	8.49.01
9	Michael Dowling	Ferrybank A.C.	8.53.09
10	Peter O'Sullivan	Craughwell A.C.	8.55.84
11	John Shine	Leevale A.C.	9.10.54
12	Tony Fogarty	Thurles Crokes A.C.	9.22.36
13	Patrick O'Grady	Drogheda & District A.C.	9.42.23
14	Peadar Harvey	Craughwell A.C.	9.46.82

Men's 60 m Hurdles

Place	Name	Club/Country	Time
1	Simon Taggart	Donore Harriers A.C.	8.38
2	Emmanuel Sabayo	Dooneen A.C.	8.57
3	Kouraosh Foroughi	Star of the Sea A.C.	8.60
4	Andrew Creanor		8.62
5	Simon Callaghan	Galway City Harriers A.C.	9.61

Men's 60 m Race 2

Place	Name	Club/Country	Time
1	Jamie Davis	Raheny Shamrock A.C.	7.06
2	Simon Taggart	Donore Harriers A.C.	7.35
3	Ciaran O'Cathain	Raheny Shamrock A.C.	7.38
4	Cathal Owens	Leevale A.C.	7.48
5	Eoghan Courtney	St. Brendan's A.C.	7.55
6	Patrick Heffernan	Tullamore Harriers A.C.	7.67
7	Keith Pike	Clonliffe Harriers A.C.	7.90

Men's Long Jump

Place	Name	Club/Country	Dist (m)
1	David Quilligan	Leevale A.C.	6.82
2	Tony Stafford	Menapians A.C.	6.67
3	Stephen Gaffney	Rathfarnham W.S.A.F. A.C.	6.65
4	Keith Smith	Ferrybank A.C.	6.65
5	Richard Tsang	Shercock A.C.	6.43
6	Conor Durnin	St. Peter's A.C.	6.27
7	Ciaran Corrigan	Shercock A.C.	6.26
8	Colin Burke	Sligo A.C.	6.12
9	Conall Mahon	Tir Chonaill A.C.	5.66
10	Killian O'Donnell	Roscommon A.C.	5.54
11	Michael Surman	City of Derry	5.31
12	Nathan Cafolla	Galway City Harriers A.C.	4.90

Men's High Jump

Place	Name	Club/Country	Hgt (m)
1	Andrew Heney	Clonliffe Harriers A.C.	2.00
2	Shane O'Dwyer	Ferrybank A.C.	1.95
3	Jamie Murtagh	St. Andrews A.C.	1.95
4	Caomhan Conaghan	Loughrea A.C.	1.90
5	Barry Quigg	Tir Chonaill A.C.	1.90
6	Mark Rogers	St. Peter's A.C.	1.80

Men's Pole Vault

Place	Name	Club/Country	Hgt (m)
1	David Donegan	Clonliffe Harriers A.C.	4.62
2	Ian Rogers	Clonliffe Harriers A.C.	4.40
3	Keith Doherty	Dunboyne A.C.	4.00
3	Quentin Charignon	Raheny Shamrock A.C.	4.00

5	Peter O'Brien	Raheny Shamrock A.C.	4.00
6	Stuart Greene	Raheny Shamrock A.C.	4.00
7	James Buckley	Raheny Shamrock A.C.	3.40
8	Conor Birmingham	Raheny Shamrock A.C.	3.20
9	David Farrell	Raheny Shamrock A.C.	3.00

Men's Shot Putt

Place	Name	Club/Country	Dist (m)
1	David Tierney	Leevale A.C.	14.59
2	Paul Collins	North Westmeath A.C.	13.12
3	Kieran Stout	Celbridge A.C.	12.88
4	Dermot Hickey	Riverstick/Kinsale A.C.	12.59
5	Patsy O'Connor	Tralee Harriers A.C.	12.01
6	Kouraosh Foroughi	Star of the Sea A.C.	10.97
7	Ray O'Dwyer	Ferrybank A.C.	10.08
8	Damian O'Brien	Ferrybank A.C.	9.01

Men's 56lbs

Place	Name	Club/Country	Dist (m)
1	David Tierney	Leevale A.C.	8.27
2	Seamus Fitzpatrick	Portlaois A.C.	7.48
3	Patsy O'Connor	Tralee Harriers A.C.	6.74
4	Damian O'Brien	Ferrybank A.C.	6.10
5	Ray O'Dwyer	Ferrybank A.C.	5.96

Men's Triple Jump

Place	Name	Club/Country	Dist (m)
1	Sean Archer	Ferrybank A.C.	13.69
2	Conor Durnin	St. Peter's A.C.	13.46
3	Conor Daly	St. Abbans A.C.	12.98
4	Oisin Taylor	Crusaders A.C.	12.76
5	Dermot Hickey	Riverstick/Kinsale A.C.	12.67
6	Barry Quigg	Tir Chonaill A.C.	12.09
7	Dominik Merkevicu	Tullamore Harriers A.C.	11.24

Men's 3km Walk

Place	Name	Club/Country	Time
1	Robert Heffernan	Togher A.C.	11.13.92
2	Alex Wright	England	11.23.99
3	Luke` Hickey	Leevale A.C.	12.34.16
4	James Traynor	Shercock A.C.	12.57.64
5	David Kidd	St. L. O'Toole A.C.	13.42.45
6	Eric Hynes	Swinford A.C.	16.41.47
7	Dylan Mimna	Ballinamore A.C.	17.18.27

Women's Shot Putt

Place	Name	Club/Country	Dist (m)
1	Niamh Murphy	Blarney/Inniscara A.C.	12.44
2	Sophie Parkinson	Gowran A.C.	10.79
3	Alana Frattoroli	Limerick A.C.	10.72
4	Fiona Tuite	Fingallians A.C.	10.56
5	Sarah Mc Carthy	Mid Sutton A.C.	10.52
6	Anne marie Torsney	Fingallians A.C.	10.05
7	Jodie Stewart	Finn Valley A.C.	9.83
8	Ailish Dunne		6.24

Women's 3km Walk

Place	Name	Club/Country	Time
1	Edel Glennon	Mullingar Harriers A.C.	16.04.52
2	Veronica Burke	Ballinasloe & District	16.24.03
3	Sinead O'Connor	Celbridge A.C.	16.39.49
4	Aishling Henegan	Westport A.C.	16.51.53
5	Sarah Bourke	St. Coca's A.C.	17.05.81
6	Michelle Beirne	Mohill A.C.	17.09.29
7	Karen Bourke	St. Coca's A.C.	17.09.61

Women's 60 m

Place	Name	Club/Country	Time
1	Kelly Proper	Ferrybank A.C.	7.55
2	Niamh Whelan	Ferrybank A.C.	7.57
3	Clare Brady	Celbridge A.C.	7.64
4	Leah Moore	Clonliffe Harriers A.C.	7.67
5	Sarah Murray	Fingallians A.C.	7.75
6	Claire Bergin	Dundrum South Dublin A.C.	7.82
7	Grainne Moynihan	West Muskerry A.C.	7.85
1	Louise Kiernan	Fingallians A.C.	7.74
2	Sarah Mc Carthy	Mid Sutton A.C.	7.77
3	Louise Holmes	Kilkenny City Harriers A.C.	7.92
4	Bronwyn Keogh	Fingallians A.C.	8.01
5	Lynda Ngankam	Donore Harriers A.C.	8.05
6	Vicky Harris	Mullingar Harriers A.C.	8.15
7	Kathy Waterman	Leevale A.C.	8.23
1	Kelly Mc Grory	Tir Chonaill A.C.	8.01
2	Aisling Waters	Navan A.C.	8.27
3	Patricia Boyle	Cranford A.C.	8.28
4	Niamh Murray	Brothers Pearse A.C.	8.30
5	Emma Brady	Tir Chonaill A.C.	8.42
6	Aisling Maunsell	Leevale A.C.	8.48
7	Katie Brennan	St. Abbans A.C.	8.50

Women's 200 m

Place	Name	Club/Country	Time
1	Niamh Whelan	Ferrybank A.C.	24.43
2	Louise Kiernan	Fingallians A.C.	24.76
3	Marian Heffernan	Togher A.C.	24.85
4	Leah Moore	Clonliffe Harriers A.C.	25.40
5	Kathy Waterman	Leevale A.C.	26.54
1	Shauna Cannon	Brothers Pearse A.C.	25.19
2	Rosanna Mc Guckian	City of Lisburn	25.31
3	Louise Holmes	Kilkenny City Harriers A.C.	25.47
4	Snezana Bechtina	Clonliffe Harriers A.C.	27.38
	Sophie Ellis	Newbridge A.C.	DNF
1	Sarah Murray	Fingallians A.C.	25.57
2	Orla Furney	Gorey A.C.	26.24
3	Sarah Doyle	Clonliffe Harriers A.C.	27.25
4	Lorraine Carr	East Cork A.C.	27.30
5	Aisling Maunsell	Leevale A.C.	28.13
1	Vicky Harris	Mullingar Harriers A.C.	26.36
2	Stacey Kerr	Sligo A.C.	26.84
3	Eimear Lynch	Newport A.C.	27.13
4	Rachel Murray	Fingallians A.C.	28.23
5	Taylor Bates	Kilmore A.C.	30.21
1	Nessa Millet	St. Abbans A.C.	25.76
2	Kelly Mc Grory	Tir Chonaill A.C.	26.05
3	Megan Devine	City of Derry	26.62
4	Niamh Brien	Brothers Pearse A.C.	27.95
5	Karen Blaney	Navan A.C.	28.67

Women's 400 m

Place	Name	Club/Country	Time
1	Lisanne De Witte	Holland	56.29
2	Shauna Cannon	Brothers Pearse A.C.	56.49
3	Orla Furney	Gorey A.C.	59.20
4	Jessica Neville	Leevale A.C.	59.32

1	Jade Leahy	Dundrum South Dublin A.C.	58.37
2	Eimear Lynch	Newport A.C.	60.34
3	Niamh Field	St. Coca's A.C.	60.66
1	Roisin Carey	Clonmel A.C.	60.79
2	Caoimhe Basquille	Sli Cualann A.C.	62.58
3	Taylor Bates	Kilmore A.C.	73.29

Women's 800 m

Place	Name	Club/Country	Time
1	Jana Hartmann	Germany	2.04.14
2	Siobhan Eviston	Raheny Shamrock A.C.	2.04.35
3	Siofra Cleirigh-Buttner	Dundrum South Dublin A.C.	2.05.26
4	Tara Bird	Great Britain	2.06.86
5	Laura Crowe	Riocht A.C.	2.06.99
	Lisanne De Witte	Hollan	DNF
	Ciara Everard	U.C.D. A.C.	DNF
1	Alanna Lally	Galway City Harriers A.C.	2.10.69
2	Manon Kruiver	Holland	2.12.17
3	Erin Mcliveen	City of Lisburn	2.12.95
4	Sarah Mc Donald	great Britain	2.13.06
5	Eileen Rafter	Tullamore Harriers A.C.	2.15.88
6	Meabh Brannigan	Galway City Harriers A.C.	2.17.15
7	Rachel Smyth	St. Coca's A.C.	2.21.20
8	Rachel O'Shea	West Muskerry A.C.	2.23.49
9	Claire Bergin	Dundrum South Dublin A.C.	2.26.99
	Shauna Cannon	Brothers Pearse A.C.	DNF

Women's 1500 m

Place	Name	Club/Country	Time
1	Kerry Harty	Newcastle & District A.C.	4.20.69
2	Helen Hofstede	Holland	4.23.64
3	Annemarie Mc Glynn	Lifford A.C.	4.37.68
4	Eimear O'Brien	Sligo A.C.	4.38.42
5	Aislinn Crossey	Newry A.C.	4.38.81
6	Becky Woods	Clonliffe Harriers A.C.	4.39.58
7	Ciara Wilson	D.M.P. A.C.	5.04.54
8	Sinead Cronin	Celtic/DCH A.C.	5.22.38
9	Ciara Greene	Craughwell A.C.	5.30.05
10	Amanda Crotty	Youghal A.C.	5.34.20

Women's 3000 m

Place	Name	Club/Country	Time
1	Lorraine Manning	Raheny Shamrock A.C.	10.12.50
2	Linda Conroy	Mullingar Harriers A.C.	10.22.59
3	Louise Reilly	Clonliffe Harriers A.C.	10.36.28
4	Aoife Laste	Clonmel A.C.	11.25.83
5	Laura Tobin	Clonmel A.C.	11.28.04

Women's Pole Vault

Place	Name	Club/Country	Hgt (m)
1	Clare Wilkinson	Ballymena & Antrim A.C.	3.60

Women's 60 m Hurdles

Place	Name	Club/Country	Time
1	Sarah Mc Carthy	Mid Sutton A.C.	9.17
2	Kate Mc Gowan	Tir Chonaill A.C.	9.32
3	Niamh Fussy	St. Peter's A.C.	9.68
4	Louise Harvey	Tir Chonaill A.C.	10.26
5	Sarah Finnegan	Craughwell A.C.	9.93

Women's Long Jump

Place	Name	Club/Country	Dist (m)
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1	Kelly Proper	Ferrybank A.C.	6.04
2	Mary Mc Loone	Tir Chonaill A.C.	5.61
3	Sally Maughan	Castlebar A.C.	5.35
4	Amanda Nevin	Borrisokane A.C.	5.24
5	Karen Blaney	Navan A.C.	4.90
6	Coleen Nevin	Borrisokane A.C.	4.52

Women's High Jump

Place	Name	Club/Country	Hgt (m)
1	Sorcha Murphy	Ferrybank A.C.	1.65
2	Emily Rogers	St. Peter's A.C.	1.60

Women's Triple Jump

Place	Name	Club/Country	Dist (m)
1	Fiona Hill	Newbridge A.C.	10.91
2	Patricia Boyle	Cranford A.C.	10.83
3	Laura Kavanagh	Sli Cualann A.C.	10.30
4	Emma Brady	Tir Chonaill A.C.	10.22
5	Sarah Finnegan	Craughwell A.C.	10.01
6	Jodie Stewart	Finn Valley A.C.	9.77