

Woodie's DIY Junior & U23 Championships

Tullamore Harriers Stadium

30th June 2013

100 m - Junior Men

Wind : +1.2

Final Place	No	Name	Club	Heat Time	Final Time
1	130	Lawlor, Marcus	St. L. O'Toole A.C.	10.73	10.61
2	107	Pike, Keith	Clonliffe Harriers A.C.	10.84	10.93
3	123	Power, Dean	Tullamore Harriers A.C.	10.97	10.95
4	340	Lynch, Cormac	Marian A.C.	10.84	11.00
5	135	Doherty, Keith	Tallaght A.C.	11.06	11.06
6	137	Ojemumi, Joseph	Tallaght A.C.	11.19	11.10
7	134	O'Carroll, Eoin	Tralee Harriers A.C.	11.21	11.32
8	132	Martin, Rory	Tullamore Harriers A.C.	11.30	11.46
	131	Murphy, Adam	St. L. O'Toole A.C.	11.31	
	126	Henchy, Joey	Bandon A.C.	11.39	
	119	Walsh, Stephen	Ferrybank A.C.	11.40	
	117	Mc Clean, Karl	City of Lisburn	11.43	
	353	Watkins, Ian	Dunshaughlin A.C.	11.53	
	121	Zaidan, Abraham	Ratoath A.C.	11.54	
	138	Samni, Faruq	Tallaght A.C.	11.55	
	128	Hubbard, Neill	Bandon A.C.	11.58	
	120	Lynch, Patrick	Newport A.C.	11.62	
	214	Burke, Colm	Sligo A.C.	11.64	
	127	Gibson, Scott	Bandon A.C.	11.66	
	212	O'Connor, Stephen	Fingallians A.C.	11.79	
	116	Deady, Michael	Menapians A.C.	11.83	
	125	Fitzpatrick, Oisín	Nenagh Olympic A.C.	DQ	
	118	Wilson, Conor	Menapians A.C.	DQ	

200 m - Junior Men

Wind : -2.2

Final Place	No	Name	Club	Heat Time	Final Time
1	130	Lawlor, Marcus	St. L. O'Toole A.C.	21.60	21.86
2	150	Elliott, Kieran	north sligo	21.77	22.17
3	123	Power, Dean	Tullamore Harriers A.C.	21.96	22.42
4	152	McGuire, Evan	Galway City Harriers A.C.	22.38	23.03
5	131	Murphy, Adam	St. L. O'Toole A.C.	23.15	23.42
6	340	Lynch, Cormac	Marian A.C.	22.73	23.46
7	118	Wilson, Conor	Menapians A.C.	23.23	23.76
8	119	Walsh, Stephen	Ferrybank A.C.	23.43	24.12
	125	Fitzpatrick, Oisín	Nenagh Olympic A.C.	23.28	
	155	Cooney, Ben	Galway City Harriers A.C.	23.33	
	354	Foley, Oisín	Dunshaughlin A.C.	23.44	
	132	Martin, Rory	Tullamore Harriers A.C.	23.54	
	353	Watkins, Ian	Dunshaughlin A.C.	23.68	
	126	Henchy, Joey	Bandon A.C.	23.75	
	122	Mc Govern, Emmett	Raheny Shamrock A.C.	23.92	
	149	Canning, Liam	Annalee A.C.	DNS	

400 m - Junior Men

Final Place	No	Name	Club	Heat Time	Final Time
1	153	White, Paul	Nenagh Olympic A.C.	49.82	50.00
2	363	Madden, Eamonn	Carrick-on-Shannon A.C.	50.28	50.20
3	160	Cosgrave, Billy	Emerald A.C.	50.51	50.55
4	166	Noctor, Keith	St. L. O'Toole A.C.	51.13	51.96
5	111	Buggy, Eoghan	St. Abbans A.C.	50.81	52.10
	163	Hennessy, Tom	Nenagh Olympic A.C.	52.27	DNF
	165	Scully, Owen	St. L. O'Toole A.C.	50.96	DNS
	167	MacNamara, Darragh	Tullamore Harriers A.C.	51.65	DNS
	162	Harris, Mervyn	Mullingar Harriers A.C.	52.94	
	161	O'Connor, Art	Emerald A.C.	53.18	
	354	Foley, Oisín	Dunshaughlin A.C.	53.75	
	149	Canning, Liam	Annalee A.C.	54.71	

800 m - Junior Men

Final Place	No	Name	Club	Heat Time	Final Time
1	175	Kirk, Conall	Lagan Valley A.C.		1.54.71
2	97	Purcell, Harry	Trim A.C.		1.55.19
3	179	Lawlor, Daniel	St. L. O'Toole A.C.		1.56.24
4	177	Kelly, Kevin	St. Coca's A.C.		1.58.31
5	176	O'Neill, Paul	Lagan Valley A.C.		2.05.85

6	96 Lennon, Jamie	Greystones & District A.C.	2.06.14
7	1357 Browne, Gillivan	Greystones & District A.C.	2.07.20

1500 m - Junior Men

Final Place	No	Name	Club	Heat Time	Final Time
1	142	Carey, Michael	Clonmel A.C.		4.05.85
2	143	Byrne, Mitchell	Rathfarnham W.S.A.F. A.C.		4.05.97
3	145	Robb, Patrick	St. Malachy's A.C.		4.06.38
4	94	Hanlon, Aaron	Clonliffe Harriers A.C.		4.07.04
5	147	Larkin, Kyle	Emerald A.C.		4.18.43
6	146	Gallagher, Conor	St. Malachy's A.C.		4.19.70
7	211	Martin, Sam	Fingallians A.C.		4.21.18
8	144	Moroney, John	Galway City Harriers A.C.		4.24.04

5000 m - Junior Men

Final Place	No	Name	Club	Heat Time	Final Time
1	171	Fitzgibbon, Darragh	Donore Harriers A.C.		15.59.41
2	172	Branagh, Ben	St. Malachy's A.C.		16.29.23
3	109	Abdullahi, Mohamed Ab	Dunboyne A.C.		16.33.44
4	173	Scanlon, David	Rathfarnham W.S.A.F. A.C.		16.55.66
5	110	Abdi, Ahmed Hussein	Dunboyne A.C.		17.04.98

110 m Hurdles - Junior Men

Final Place	No	Name	Club	Heat Time	Final Time
1	139	Mc Garvey, Mark	City of Derry		14.77
2	125	Fitzpatrick, Oisin	Nenagh Olympic A.C.		15.08
3	93	Heffernan, Patrick	Tullamore Harriers A.C.		15.23
4	98	Aston, Shane	Trim A.C.		24.67
	141	Power, Eoin	St. Joseph's A.C.		DQ

400 m Hurdles - Junior Men

Final Place	No	Name	Club	Heat Time	Final Time
1	169	Kiely, Ben	Ferrybank A.C.		54.04
2	152	McGuire, Evan	Galway City Harriers A.C.		55.59
3	168	Colbert, Daniel	Midleton A.C.		58.39
4	154	Arrey, Brendan	Blarney/Inniscara A.C.		59.00
5	170	Finnerty, Dan	Nenagh Olympic A.C.		63.79

3000 m Steeplechase - Junior Men

Final Place	No	Name	Club	Heat Time	Final Time
1	158	Mc Guigan, Dalton	Finn Valley A.C.		10.11.15
2	156	Fitzmaurice, Karl	Shannon A.C.		10.27.40
3	157	Cullagh, Killian	Nenagh Olympic A.C.		10.55.24

High Jump - Junior Men

Place	No	Name	Club	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05
1	191	Cussen, David	Old Abbey A.C.	-	-	-	O	XXO	XO	XO	XXX
1	189	Murtagh, Jaime	St. Andrews A.C.	-	-	-	XO	O	XXO	XO	XXX
3	188	Hartley, Michael	Menapians A.C.	-	-	O	O	O	XXX		
4	1365	Archer, Simon	Templemore A.C.	XO	XO	O	O	XXX			
5	101	Mahon, Donagh	Gowran A.C.	O	O	O	XXX				

Long Jump - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	197	Howard, Shane	Bandon A.C.	6.53	6.23	X	X	X	7.07	7.07
				2.80	0.90				2.90	2.90
2	191	Cussen, David	Old Abbey A.C.	6.75	6.93	6.82	6.60	6.76	7.00	7.00
				0.90	1.90	5.50	3.00	2.60	1.40	1.40
3	195	Stafford, Tony	Menapians A.C.	X	X	6.36	6.80	6.50	6.78	6.80
						4.00	1.70	3.50	3.00	1.70
4	214	Burke, Colm	Sligo A.C.	6.47	6.59	X	6.63	6.79	6.32	6.79
				3.40	1.50		4.80	4.30	2.10	4.30
5	134	O'Carroll, Eoin	Tralee Harriers A.C.	6.65	6.62	6.58	6.76	6.69	6.66	6.76
				1.00	3.40	1.40	2.80	2.80	2.00	2.80
6	196	Shaughnessy, Fintain	Bandon A.C.	6.20	6.07	X	6.16	-	-	6.20
				1.30	3.20		1.40			1.30
7	194	Hill, Jonathon	City of Lisburn	X	5.66	5.80	6.00	5.92	5.47	6.00
					2.50	2.10	5.00	4.10	3.70	5.00
8	198	Okafor, Promise	Bandon A.C.	X	5.61	X	5.47	5.72	5.72	5.72
					0.70		3.60	2.90	0.50	0.50

Triple Jump - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	197	Howard, Shane	Bandon A.C.	13.42 0.90	13.07 0.10	-	X	-	-	13.42 0.90
2	194	Hill, Jonathon	City of Lisburn	11.86 -2.80	12.04 -2.00	11.92 -2.60	X	11.48 -2.00	11.37 -1.00	12.04 -2.00
3	208	Taylor, Oisin	Crusaders A.C.	X	11.54 0.10	11.62 -0.30	11.96 -0.70	X	X	11.96 -0.70
4	207	Merkevicius, Dominik	Tullamore Harriers A.C.	X	X	11.58 -0.30	11.25 2.40	11.34 -1.90	11.51 -0.40	11.58 -0.30
5	200	Flynn, Brian	Lusk A.C.	10.43 -1.00	10.56 -3.00	9.97 0.50	9.30 -0.40	X	10.26 -2.70	10.56 -3.00

Pole Vault - Junior Men

Place	No	Name	Club
	201	Doherty, Christopher	Tir Chonaill A.C.
	200	Flynn, Brian	Lusk A.C.
	199	Birmingham, Conor	Raheny Shamrock A.C.
	113	O'Callaghan, Mel	Gneeveguilla A.C.
	202	O'Brien, Peter	Raheny Shamrock A.C.

Shot Putt - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	204	Kelly, John	Finn Valley A.C.	16.10	16.04	16.16	16.31	16.13	X	16.31
2	1351	Mulligan, James	Tullamore Harriers A.C.	13.17	X	12.46	12.93	13.40	13.39	13.40
3	205	Kingston, Colin	Bandon A.C.	12.23	12.42	X	X	13.07	12.88	13.07
4	203	Kelly, James	Crusaders A.C.	12.12	11.94	12.10	12.41	12.59	12.34	12.59
5	114	Mc Carthy, Andrew	Gneeveguilla A.C.	10.12	11.38	10.96	10.98	X	10.70	11.38
6	206	O'Drisceoil, Pdraig	D.M.P. A.C.	10.19	10.21	9.88	X	10.01	8.91	10.21

Discus - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	115	Hanlon, Michael	Dunboyne A.C.	39.65	44.68	39.73	40.74	38.47	40.51	44.68
2	205	Kingston, Colin	Bandon A.C.	37.67	32.88	32.85	35.12	36.51	38.64	38.64
3	114	Mc Carthy, Andrew	Gneeveguilla A.C.	34.06	35.65	35.21	36.13	38.34	36.76	38.34
4	206	O'Drisceoil, Pdraig	D.M.P. A.C.	30.64	37.97	34.61	X	X	X	37.97
5	181	Tierney, Mark	Nenagh Olympic A.C.	X	27.00	30.63	X	X	X	30.63
6	180	Matthews, Tom	Lagan Valley A.C.	27.31	27.21	27.40	27.77	28.63	29.53	29.53
7	100	Foley, Evan	Gowran A.C.	X	23.46	27.95	25.61	25.05	22.67	27.95
0	98	Aston, Shane	Trim A.C.	X	X	-				

Javelin - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
0	347	Martin, Matthew	North Down A.C.							
0	98	Aston, Shane	Trim A.C.							
0	193	Smith, Bobby	Bandon A.C.							

Hammer - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	115	Hanlon, Michael	Dunboyne A.C.	55.63	58.89	58.90	57.73	59.69	60.73	60.73
2	186	Calvo-Gurry, Manuel	Clonliffe Harriers A.C.	50.01	X	X	53.16	X	X	53.16
3	187	Galligan, Simon	Clonliffe Harriers A.C.	48.20	X	53.03	52.57	52.52	X	53.03
4	183	Murphy, Kieran	St. Pauls A.C.	46.95	46.24	47.08	43.41	48.03	X	48.03
5	185	Kelly, Garrett	St. Andrews A.C.	X	X	46.28	42.80	40.98	X	46.28
6	184	Heffernan, James	Leevale A.C.	X	33.73	39.21	X	X	X	39.21
7	114	Mc Carthy, Andrew	Gneeveguilla A.C.	35.45	-	-	-	-		35.45

35lb Distance - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	1351	Mulligan, James	Tullamore Harriers A.C.	7.90	7.91	X	8.22	8.00	8.19	8.22
2	114	Mc Carthy, Andrew	Gneeveguilla A.C.	6.43	6.37	6.77	5.89	6.81	6.79	6.81
3	159	Jennings, David	Bandon A.C.	6.72	6.44	6.43	6.38	6.35	6.63	6.72
4	184	Heffernan, James	Leevale A.C.	6.20	6.13	5.54	5.12	6.07	6.18	6.20

Pole Vault - Junior Men

Place	No	Name	Club	3.20	3.40	3.60	3.80	4.20
1	113	O'Callaghan, Mel	Gneeveguilla A.C.	O	XXO	XXX		
	199	Birmingham, Conor	Raheny Shamrock A.C.	-	XXX			
	201	Doherty, Christopher	Tir Chonaill A.C.	-	-	-	XXX	
	202	O'Brien, Peter	Raheny Shamrock A.C.	-	-	-	-	XXX

100 m - Junior Women

Wind : +1.2

Final Place	No	Name	Club	Heat Time	Final Time
1	6	Healy, Phil	Bandon A.C.	11.81	11.80
2	2	Marrs, Megan	City of Lisburn A.C.	12.12	12.03
3	7	Harris, Vicky	Mullingar Harriers A.C.	12.44	12.47
4	13	Becker, Sophie	St.Josephs A.C.	12.29	12.49
5	84	Keogh, Meegan	Fingallians A.C.	12.38	12.53
6	83	Keogh, Bronwyn	Fingallians A.C.	12.65	12.87
7	9	O'Halloran, Marie	Leevale A.C.	12.80	12.91
8	11	Sheehan, Maeve	Raheny Shamrock A.C.	13.23	13.64
	352	O'Dea, Michelle	Celbridge A.C.	13.42	

200 m - Junior Women

Wind : +0.9

Final Place	No	Name	Club	Heat Time	Final Time
1	6	Healy, Phil	Bandon A.C.		24.33
2	27	Moynihan, Grainne	West Muskerry A.C.		24.75
3	4	Manning, Clíodhna	Kilkenny City Harriers A.C.		24.92
4	28	Berney, Katie	Dundrum South Dublin A.C.		25.72
5	13	Becker, Sophie	St.Josephs A.C.		25.85
6	9	O'Halloran, Marie	Leevale A.C.		26.69
7	352	O'Dea, Michelle	Celbridge A.C.		29.87
	26	O'Mahoney, Clodagh	Dooneen A.C.		DNS

400 m - Junior Women

Final Place	No	Name	Club	Heat Time	Final Time
1	27	Moynihan, Grainne	West Muskerry A.C.		54.97
2	36	Lally, Alanna	Galway City Harriers A.C.		56.02
3	34	Leahy, Jade	Dundrum South Dublin A.C.		58.31
4	71	Dunne, Karen	Bohermeen A.C.		58.81
5	364	Reilly, Seanna	Clonliffe Harriers A.C.		60.14
6	35	Drumgoole, Aisling	Raheny Shamrock A.C.		60.72
	32	Kiely, Megan	Ferrybank A.C.		DNS
	74	Millet, Nessa	St. Abbans A.C.		DNF

800 m - Junior Women

Final Place	No	Name	Club	Heat Time	Final Time
1	44	Crossey, Aislinn	Newry A.C.		2.11.14
2	46	O Shea, Rachael	West Muskerry A.C.		2.15.63
3	48	Maher, Michelle	Galway City Harriers A.C.		2.20.89

1500 m - Junior Women

Final Place	No	Name	Club	Heat Time	Final Time
1	23	O'Donoghue, Amy	Emerald A.C.		4.47.41
2	21	Wilson, Yasmin	Unattached		4.53.27
3	87	Brennan, Claire	Celtic DCH A.C.		4.54.20
4	85	Carthy, Cliona	Celtic DCH A.C.		5.04.06
5	24	Leahy, Roisin	Clonliffe Harriers A.C.		4.57.61
6	19	Ryan, Meghan	Dundrum South Dublin A.C.		4.57.11
7	22	Deering, Aoife	Nenagh Olympic A.C.		5.04.51
8	86	Murphy, Cliona	Celtic DCH A.C.		5.05.06
9	25	Magee, Emer	Lagan Valley A.C.		5.15.48
10	359	O'Gorman, Patrice	Adamstown A.C.		5.34.09

5000 m - Junior Women

Final Place	No	Name	Club	Heat Time	Final Time
1	42	Collins, Sarah	Finn Valley A.C.		17.47.81

100 m Hurdles - Junior Women

Wind : -0.7

Final Place	No	Name	Club	Heat Time	Final Time
1	18	Lavin, Sarah	Emerald A.C.		13.69
2	16	Dawkins, Shannen	St.Josephs A.C.		14.59
3	17	McGowan, Kate	Tir Chonaill A.C.		14.85
4	15	Morgan, Naomi	City of Derry AC Spartans		15.01
5	26	O'Mahoney, Clodagh	Dooneen A.C.		15.05
6	14	Furney, Orla	Menapians A.C.		16.50

400 m Hurdles - Junior Women

Final Place	No	Name	Club	Heat Time	Final Time
1	74	Millet, Nessa	St. Abbans A.C.		60.62
2	32	Kiely, Megan	Ferrybank A.C.		64.32
3	39	O'Brien, Jenny	City of Derry AC Spartans		65.74
4	33	Giles Doran, Ciara	Ferrybank A.C.		67.38

High Jump - Junior Women

Place	No	Name	Club	1.40	1.45	1.50	1.55	1.60	1.65	1.68	1.72
1	16	Dawkins, Shannen	St.Josephs A.C.	-	-	O	O	XO	XXO	O	XXX
2	60	Rogers, Emily	St.Peters	O	O	O	O	O	O	XXX	
3	59	Murphy, Nessa	Ferrybank A.C.	-	-	O	O	O	XXO	XXX	
4	58	Murphy, SORCHA	Ferrybank A.C.	-	-	-	O	XO	XXX		
5	61	Mcteggart, Amy	Boyne A.C.	-	O	XXO	O	X-			

Long Jump - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	66	Sheehan, Jessica	Leevale A.C.	5.18	5.20	5.47	5.43	5.33	5.68	5.68
				2.30	2.70	4.00	5.20	1.20	2.40	2.40
2	64	Fleischer, Vivian	Celbridge A.C.	5.32	5.35	5.57	5.25	5.45	5.48	5.57
				1.90	3.60	2.70	1.60	0.90	1.80	2.70
3	352	O'Dea, Michelle	Celbridge A.C.	X	4.95	4.80	5.05	4.94	4.92	5.05
					1.30	0.00	2.00	3.90	1.70	2.00
4	65	Blaney, Karen	Navan A.C.	4.22	3.75	3.71	4.61	4.56	4.65	4.65
				4.10	0.80	0.70	0.80	0.60	2.50	2.50

Triple Jump - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	73	Buggy, Saragh	St. Abbans A.C.	X	X	11.04	11.60	X	11.56	11.60
						0.10	0.60		4.30	0.60
2	66	Sheehan, Jessica	Leevale A.C.	X	10.23	-	X	X	10.34	10.34
					-1.60					
3	70	Brady, Emma	Tir Chonail A.C.	10.05	X	-	10.19	10.04	10.06	10.19
				-0.90			2.20	-2.10	-0.30	2.20
4	65	Blaney, Karen	Navan A.C.	X	9.57	9.37	10.00	9.81	9.35	10.00
					0.20		1.20	-1.10	-0.20	1.20
5	11	Sheehan, Maeve	Raheny Shamrock A.C.	9.34	9.25	9.45	9.52	9.55	X	9.55

Shot Putt - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	69	Murphy, Niamh	Blarney/Inniscara A.C.	11.98	X	11.59	X	11.50	X	11.98
2	67	McSweeney, Laura	Bandon A.C.	11.03	11.54	11.16	11.51	11.61	11.70	11.70
3	82	Tuite, Fiona	Fingallians A.C.	10.19	X	9.27	10.19	11.69	11.50	11.69
4	78	Parkinson, Sophie	Gowran A.C.	10.23	10.50	11.03	10.96	10.52	10.92	11.03
5	81	Torsney, Ann Marie	Fingallians A.C.	9.70	X	9.39	9.94	X	X	9.94
6	68	Morgan, Caroline	Nenagh Olympic A.C.	7.85	8.12	7.94	7.77	7.77	8.18	8.18

Discus - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	76	O'Sullivan, Hannah	Gneeveguilla A.C.	X	44.50	39.14	41.09	X	42.47	44.50
2	78	Parkinson, Sophie	Gowran A.C.	40.17	40.38	39.36	37.94	40.64	39.87	40.64
3	51	Hickey, Kate	West Waterford A.C.	31.79	38.85	38.18	36.87	31.94	34.82	38.85
4	81	Torsney, Ann Marie	Fingallians A.C.	X	X		X	34.58	X	34.58
5	50	Duggan, Fiona	Bandon A.C.	23.87	31.93	32.61	X	32.25	30.52	32.61
6	49	Kiernan, Mieke	Raheny Shamrock A.C.	X	20.00	X	X	28.25	X	28.25

Javelin - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	63	Murphy, Jenny	Abbey Striders A.C.	34.34	34.84	34.62	35.82	35.95	35.79	35.95
2	62	Curtin, Patricia	Youghal A.C.	33.41	34.77	34.58	35.21	34.21	33.50	35.21
3	77	Casey, Rita	Gneeveguilla A.C.	26.72	30.40	30.40	29.29	27.38	27.51	30.40
4	57	Dolan, Laura	Ferbane A.C.	24.68	29.63	29.49	28.48	28.48	29.61	29.63
5	90	Briggs, Rachael	Lucan Harriers A.C.	24.37	24.42	27.82	25.10	20.56	23.16	27.82
6	61	Mcteggart, Amy	Boyne A.C.	X	24.43	27.06	X	26.94	26.24	27.06
7	1366	Corrigan, Elaine	Naas A.C.	24.97	27.01	26.12	25.94	25.39	X	27.01
8	1367	Drowit, Mairead	Naas A.C.	23.62	21.85	24.56	21.08	X	23.09	24.56

Hammer - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	75	O'Neill, Mairead	Gneeveguilla A.C.	X	38.17	42.80	44.89	46.03	45.47	46.03
2	79	Akers, Alice	Marian A.C.	44.80	X	45.10	44.24	X	X	45.10
3	67	McSweeney, Laura	Bandon A.C.	41.22	41.55	40.71	43.77	41.88	43.37	43.77
4	91	Vaughan Witts, Aoife	Borrisokane A.C.	39.96	X	40.26	41.67	X	X	41.67

5	55 Scanlon, Ciara	West Waterford A.C.	33.71	38.52	40.28	39.27	37.30	X	40.28
6	52 Morris, Caoimhe	Clonliffe Harriers A.C.	36.82	X	36.45	38.73	X	34.60	38.73
7	49 Kiernan, Mieke	Raheny Shamrock A.C.	37.25	32.72	34.08	37.91	38.62	36.50	38.62
8	54 Barnwall, Aisling	Raheny Shamrocks A.C.	34.38	33.51	35.61	34.01	35.08	36.86	36.86
9	81 Torsney, Ann Marie	Fingallians A.C.	34.72	X	X				34.72
10	57 Dolan, Laura	Ferbane A.C.	34.50						34.50
11	56 Beauchamp, Claire	Raheny Shamrock A.C.	34.43	32.29	X				34.43
12	53 Stack, Aisling	Portlaoise A.C.	X	29.35	X				29.35
13	68 Morgan, Caroline	Nenagh Olympic A.C.	X	28.79	15.80				28.79
14	348 Mounsey, Aoife	Borrisokane A.C.	24.98	27.39	X				27.39
0	72 Brady, Kelly	Bohermeen A.C.	X	X	X				

100 m - U.23 Men

Wind : +1.4

Final Place	No	Name	Club	Heat Time	Final Time
1	271	Whelan, Paul	Clonliffe Harriers A.C.	11.26	10.81
2	272	O Cathain, Lorcan	Roscommon A.C.	11.06	10.90
3	273	Fahey, Eamonn	Donore Harriers A.C.	10.93	10.91
4	332	Ibeanu, Israel	Clonliffe Harriers A.C.	11.15	11.15
5	274	Ogbene, Kaodi	Leevale A.C.	11.49	11.49
6	275	Doran, Daniel	Clonliffe Harriers A.C.	11.62	11.63
7	335	Pika, Roland	Limerick A.C.	11.76	11.81
	276	Back, Oliver	St. Coca's A.C.	10.88	DNS
	277	Galvin, PJ	St. Brendan's A.C.	11.84	

200 m - U.23 Men

Wind : +0.5

Final Place	No	Name	Club	Heat Time	Final Time
1	333	Kervick, Dara	Carrick-On-Suir A.C.	21.66	21.61
2	286	Morrissey, Richard	Crusaders A.C.	22.23	21.69
3	272	O Cathain, Lorcan	Roscommon A.C.	22.22	21.84
4	283	Woods, Curtis	North Down A.C.	21.81	22.00
5	271	Whelan, Paul	Clonliffe Harriers A.C.	22.03	22.11
6	282	Kavanagh, Mark	Dundrum South Dublin A.C.	22.43	22.32
7	273	Fahey, Eamonn	Donore Harriers A.C.	22.23	22.41
	281	Roche, Stuart	Clonliffe Harriers A.C.	23.26	DNF
	274	Ogbene, Kaodi	Leevale A.C.	23.73	

400 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Final Time
1	328	Crowe, Timothy	Dooneen A.C.		48.42
2	291	Dowling, Joe	Dundrum South Dublin A.C.		48.53
3	292	McComb, Adam	North Down A.C.		48.58
4	327	Maze, Ben	Lagan Valley A.C.		48.59
5	289	Campbell, David	Donore Harriers A.C.		52.42
6	293	Kelly, Ronan	Galway City Harriers A.C.		53.40
7	287	O'Connor, Lorcan	Emerald A.C.		53.80

800 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Final Time
1	306	Mc Brearty, Darren	Letterkenny A.C.		1.51.73
2	254	Kelly, Brian	St. Abbans A.C.		1.52.77
3	305	Patterson, Mark	North Down A.C.		1.53.15
4	308	Hoy, Mark	Finn Valley A.C.		1.53.24
5	255	Kelly, Cormac	St. Abbans A.C.		1.56.86
6	263	Chesser, Kevin	Ennis Track A.C.		1.58.90
7	329	Cleirigh Buttner, Fionn	Greystones & District A.C.		2.00.51
8	330	Hanrahan, Peter	Togher A.C.		2.01.59
9	310	McCartan, Neil	East Down A.C.		2.01.90
10	358	Brennan, Dermot	Finn Valley A.C.		2.07.03

1500 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Final Time
1	285	Landers, Damien	St. John's A.C.		4.05.57
2	331	Lynch, Cullen	Togher A.C.		4.09.27
3	279	Phillips, Jonathan	Sli Cualann A.C.		4.09.45
4	299	Maher, Colin	Ballyfin A.C.		4.14.24
5	264	Lynch, Darragh	Ennis Track A.C.		4.18.62

5000 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Final Time
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1	297	Brady, Liam	Tullamore Harriers A.C.	15.08.40
2	304	McDermott, Ryan	Annadale Striders A.C.	15.21.83
3	355	Speight, James	Finn Valley A.C.	15.39.13
4	256	Lawlor, Stephen	St. Abbans A.C.	15.52.42
5	341	O'Regan, Jake	St. John's A.C.	15.55.21
6	300	Curran, Eric	Leevale A.C.	15.57.21
7	296	Duffy, Conor	Glaslough Harriers A.C.	16.23.8H
8	303	Hughes, Patrick	Thurles Crokes A.C.	16.34.89
9	400	Foley, Donal	Raheny Shamrock A.C.	17.12.68

400 m Hurdles - U.23 Men

Final Place	No	Name	Club	Heat Time	Final Time
1	294	Barr, Thomas	Ferrybank A.C.		51.94
2	295	Gill, Sean	Raheny Shamrock A.C.		58.60
	328	Crowe, Timothy	Dooneen A.C.		DNF

3000 m Steeplechase - U.23 Men

Final Place	No	Name	Club	Heat Time	Final Time
1	337	O'Leary, Colum	Raheny Shamrock A.C.		10.23.17

High Jump - U.23 Men

Place	No	Name	Club	1.75	1.80	1.85	1.90	1.95
1	315	O'Dwyer, Shane	Ferrybank A.C.	-	O	O	XO	XXX
2	317	Healy, Michael	Youghal A.C.	-	O	O	XXO	XXX
3	316	Quigg, Barry	Tir Chonaill A.C.	-	O	XXO	XXX	
4	277	Galvin, PJ	St. Brendan's A.C.	O	XXO	XXX		

Long Jump - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	320	Gaffney, Stephen	Rathfarnham W.S.A.F. A.C.	6.78	6.48	X	X	6.48	7.01	7.01
2	335	Pika, Roland	Limerick A.C.	6.23	6.26	6.07	6.14	6.16	X	6.26

Triple Jump - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	324	Archer, Sean	Ferrybank A.C.	13.37	-	-	13.40	-	-	13.40
				-0.70			-0.80			-0.80
2	325	Mahon, Conall	Tir Chonaill A.C.	X	12.25	X	12.62	X	X	12.62
					-1.80		-0.20			-0.20
3	316	Quigg, Barry	Tir Chonaill A.C.	12.13	12.34	12.49	12.27	11.95	12.03	12.49
				2.20	-1.20	0.10	-3.00	-0.90	-1.10	0.10

Shot Putt - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	323	Sweeney, Patrick	Bandon A.C.	11.10	11.69	11.55	11.59	11.85	11.39	11.85
2	322	Kenny, Michael	Kildare A.C.	9.25	9.92	X	X	-	-	9.92

Discus - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	1361	Pons, marco	D.M.P. A.C.	46.12	45.99	49.88	X	48.50	49.41	49.88
2	311	Campion, Conal	St. Andrews A.C.	30.31	34.01	35.73	30.98	37.41	34.81	37.41
3	317	Healy, Michael	Youghal A.C.	31.82	32.62	34.74	36.90	X	X	36.90
4	322	Kenny, Michael	Kildare A.C.	X	X	29.88	X	36.87	X	36.87

Javelin - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	311	Campion, Conal	St. Andrews A.C.	36.67	42.18	43.90	44.36	42.66	40.13	44.36
2	319	Fitzgerald, Kevin	Waterford	36.93	X	37.66	37.04	38.14	X	38.14
3	317	Healy, Michael	Youghal A.C.	36.75	X	X	-	-	-	36.75

Hammer - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	349	Mc Culloch, Conor	Crusaders A.C.	61.54	62.58	63.43	62.26	64.86	67.02	67.02
2	312	McGuigan, Dempsey	Finn Valley A.C.	60.37	60.35	61.73	61.04	62.15	61.54	62.15
3	334	Mc Cabe, James	Dunboyne A.C.	56.55	X	58.77	58.81	59.95	X	59.95
4	314	Furlong, Thomas	D.M.P. A.C.	54.84	54.23	X	X	57.47	57.01	57.47
5	311	Campion, Conal	St. Andrews A.C.	48.50	48.84	49.87	49.28	50.15	48.97	50.15
6	323	Sweeney, Patrick	Bandon A.C.	X	X	42.92	44.54	44.77	X	44.77
7	313	Donnelly, Ciaran	Crusaders A.C.	39.01	40.73	40.20	42.15	43.76	44.11	44.11
8	336	O'Neill, Michael	Gneeveguilla A.C.	X	37.23	X	36.54	38.53	38.64	38.64

9 253 Fennelly, Brandon St. Abbans A.C. 33.90 X X 33.90

35lb Distance - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	323	Sweeney, Patrick	Bandon A.C.	X	7.97	8.27	8.17	7.81	7.98	8.27
2	322	Kenny, Michael	Kildare A.C.	7.72	8.04	7.93	7.62	7.61	X	8.04

100 m - U.23 Women

Wind : +2.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	344	McManus, Catherine	Celtic DCH A.C.			11.77
2	345	Creaner, Steffi	Celtic DCH A.C.			11.79
3	259	Murray, Sarah	Fingallians A.C.			11.89
4	216	Holmes, Louise	Kilkenny City Harriers A.C.			12.13
5	217	Ngankam, Lynda	Donore Harriers A.C.			12.60
6	218	Watters, Aisling	Navan A.C.			12.99

200 m - U.23 Women

Wind : +0.3

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	345	Creaner, Steffi	Celtic A.C.			24.63
2	221	Ellis, Sophia	Clonliffe Harriers A.C.			25.01
3	224	Dwyer, Victoria	Raheny Shamrock A.C.			25.45
4	222	Lynch, Eimear	Newport A.C.			26.85
5	223	Neville, Christine	Leevale A.C.			27.35
6	225	Grace, Margaret Mary	Nenagh Olympic A.C.			29.15

400 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	226	Denny, Sinead	Dundrum South Dublin A.C.			54.09
2	227	Mooney, Claire	Naas A.C.			55.84
3	222	Lynch, Eimear	Newport A.C.			58.83
4	230	Field, Niamh	St. Coca'S A.C.			59.90
5	223	Neville, Christine	Leevale A.C.			61.81
6	225	Grace, Margaret Mary	Nenagh Olympic A.C.			65.66
	229	Neville, Jessica	Leevale A.C.			DNS

800 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	228	Kirk, Katie	Lagan Valley A.C.			2.13.04
2	239	O'Donnell, Iseult	Raheny Shamrock A.C.			2.14.60
3	342	Hartnett, Ellie	Greystones & District A.C.			2.16.23
4	326	Earls, Claire	Sli Cualann A.C.			2.18.88
5	237	Gibson, Rachel	North Down A.C.			2.19.33
6	238	McPhillips, Orla	Kilkenny City Harriers A.C.			2.30.45

1500 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	220	Smyth, Rachel	St. Coca's A.C.			4.46.36
2	346	Cronin, Sinead	Celtic A.C.			5.05.06

5000 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	236	O'Sullivan, Maria	Raheny Shamrock A.C.			18.03.24
2	235	Mitchell, Emma	Banbridge A.C.			19.35.71

100 m Hurdles - U.23 Women

Wind : -0.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	219	McAllister, Rebecca	Ballymena & Antrim A.C.			15.68
2	218	Watters, Aisling	Navan A.C.			16.42

400 m Hurdles - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	232	Coveney, Gabrielle	Dundrum South Dublin A.C.			59.89

2	231	Mc Mahon, Christine	Ballymena & Antrim A.C.							62.72
3	229	Neville, Jessica	Leevale A.C.							64.94
High Jump - U.23 Women										
Place	No	Name	Club	1.45	1.50	1.55				
1	246	Tuohy, Sinead	Athenry A.C.	O	O	XXX				
Long Jump - U.23 Women										
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	258	Bartley, Aoife	Carrick-On-Suir A.C.	X	5.22 4.10	X	X	-	-	5.22 4.10
0	247	Hill, Fiona	Newbridge A.C.							
Triple Jump - U.23 Women										
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	252	King, Caoimhe	Westport A.C.	12.24 -0.90	X	X	X	12.22 -0.50	12.04 -1.10	12.24 -0.90
2	258	Bartley, Aoife	Carrick-On-Suir A.C.	X	X	X	X	10.59 -1.70	X	10.59 -1.70
3	217	Ngankam, Lynda	Donore Harriers A.C.	9.55 -4.10	10.35 -2.30	9.59 -3.10	10.20 -4.10	X	10.05	10.35 -2.30
Shot Putt - U.23 Women										
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	260	Fratorolli, Alanna	Limerick A.C.	10.81	11.31	10.99	10.57	11.14	11.12	11.31
2	251	Fenlon, Emma	St. Joseph'S A.C.	10.04	10.20	10.21	10.23	10.59	9.73	10.59
3	250	Rogers, Frances	St. Peter's A.C.	8.85	9.68	9.39	9.43	X	9.23	9.68
Discus - U.23 Women										
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	249	Fitzgerald, Clare	Tralee Harriers A.C.	49.05	49.12	48.78	50.94	50.68	53.01	53.01
2	240	Hetherington, Kathy	North Down A.C.	42.44	X	40.28	X	38.20	35.98	42.44
3	241	Owens, Emma	St. Pauls A.C.	34.13	37.05	29.68	X	X	33.04	37.05
4	260	Fratorolli, Alan	Limerick A.C.	X	X	X	26.54	X	X	26.54
Javelin - U.23 Women										
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	261	Daly, Emma	St. Abbans A.C.	30.97	30.97	30.86	30.23	31.29	31.34	31.34
2	242	Barrett, Mellissa	Loughrea A.C.	22.42	22.94	22.93	22.55	X	20.92	22.94
Hammer - U.23 Women										
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	243	Hickey, Aoife	Kilkenny City Harriers A.C.	49.44	52.22	56.02	55.06	55.33	54.32	56.02
2	245	Furlong, Christina	D.M.P. A.C.	39.32	X	38.93	41.12	X	42.51	42.51
3	261	Daly, Emma	St. Abbans A.C.	30.08	X	33.24	X	35.99	38.58	38.58
4	244	Miggin, Grainne	Fr. Murphys A.C.	32.49	35.25	36.14	36.81	X	35.20	36.81
5	241	Owens, Emma	St. Pauls A.C.	28.13	X	32.53	X	X	32.50	32.53