

# Woodie's DIY / Athletics Association of Ireland

## Junior & U23 Indoor Championships

### Athlone IT Stadium

10th February 2013

#### 60 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	6	Lawler, Marcus	St. L. O'Toole A.C.	7.00		6.90
2	55	Power, Dean	Tullamore Harriers A.C.	7.10		7.00
3	151	Pike, Keith	Clonliffe Harriers A.C.	7.04		7.01
4	9	Corrigan, Ciaran	Shercock A.C.	7.07		7.10
5	164	Byrne Gildea, Odhran	North Sligo A.C.	7.20		7.12
6	145	Stafford, Tony	Menapians A.C.	7.24		7.30
7	162	Harris, Mervyn	Mullingar Harriers A.C.	7.26		7.44
	398	Ojoiumis, Joseph	Tallaght A.C.	7.12		DQ
	38	Lawlor, Sean	Donore Harriers A.C.	7.27		
	24	McGarvey, Mark	City of Derry	7.27		
	61	Murphy, Adam	St. L. O'Toole A.C.	7.29		
	396	Doherty, Eoin	Tallaght A.C.	7.32		
	213	Martin, Rory	Tullamore Harriers A.C.	7.36		
	29	Walsh, Stephen	Ferrybank A.C.	7.37		
	148	Varley, Mark	Dooneen A.C.	7.38		
	294	Dobey, Ronan	Galway City Harriers A.C.	7.38		
	7	Ryan, McParland	City of Derry	7.39		
	166	Gillen, Shane	North Sligo A.C.	7.40		
	300	O'Connor, Stephen	Fingallians A.C.	7.42		
	141	Lynch, Patrick	Newport A.C.	7.43		
	337	McGovern, Emmett	Raheny Shamrock A.C.	7.47		
	104	Henchy, Joey	Bandon A.C.	7.48		
	293	Cooney, Ben	Galway City Harriers A.C.	7.50		
	135	Wilson, Conor	Menapians A.C.	7.52		
	371	Zaidan, Abraham	Ratoath A.C.	7.54		
	241	Duggan, Conor	Craughwell A.C.	7.57		
	254	Delaney, Eoin	Tullamore Harriers A.C.	7.58		
	105	Gibson, Scott	Bandon A.C.	7.58		
	292	Conneely, Aidan	Galway City Harriers A.C.	7.60		
	291	Olayemi, Kelvin	Galway City Harriers A.C.	7.62		
	305	Ikeh, Danny	Limerick A.C.	7.65		
	25	Deady, Michael	Ferrybank A.C.	7.69		
	149	Donohue, Shaun	Menapians A.C.	7.73		
	90	Reilly, Jack	St. Peter's A.C.	7.73		
	189	Cadden, Aaron	Sligo A.C.	7.74		
	220	O'Donnell, Killian	Roscommon A.C.	7.84		
	187	Doherty, Aidan	Donore Harriers A.C.	8.03		
	137	Boylan, Daire	St. Peter's A.C.	8.08		
	113	Mc Kenna, Garbhan	Shercock A.C.			DQ
	103	O'Doherty, Cian	Donore Harriers A.C.			DQ

#### 200 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	6	Marcus, Lawler	St. L. O'Toole A.C.	22.15		21.31
2	165	Elliot, Kieran	North Sligo A.C.	22.47		22.10
3	55	Power, Dean	Tullamore Harriers A.C.	22.67		22.18
4	164	Byrne Gildea, Odhran	North Sligo A.C.	22.56		22.46
5	398	Ojoiumis, Joseph	Tallaght A.C.	23.00		22.84
6	38	Lawlor, Sean	Donore Harriers A.C.	23.07		23.76
1	152	McCloskey, Jack	City of Derry	23.08		23.03
2	5	Crotty, Evan	Emerald A.C.	23.09		23.05
3	455	Meagher, Robert	Galway City Harriers A.C.	23.14		23.36
4	34	Murphy, Paul	Ferrybank A.C.	23.33		23.50
5	141	Lynch, Patrick	Newport A.C.	23.32		23.61
	166	Gillen, Shane	North Sligo A.C.	23.20		DNS
	399	Epry, Clincy	Tallaght A.C.	23.43		
	135	Wilson, Conor	Menapians A.C.	23.51		
	293	Cooney, Ben	Galway City Harriers A.C.	23.55		
	148	Varley, Mark	Dooneen A.C.	23.66		
	254	Delaney, Eoin	Tullamore Harriers A.C.	23.77		
	396	Eoin Doherty	Tallaght A.C.	23.78		
	29	Walsh, Stephen	Ferrybank A.C.	23.87		
	133	Woods, Shaun	Finn Valley A.C.	23.90		
	294	Dobey, Ronan	Galway City Harriers A.C.	24.01		
	371	Zaidan, Abraham	Ratoath A.C.	24.15		
	295	McGuire, Evan	Galway City Harriers A.C.	24.26		
	241	Duggan, Conor	Craughwell A.C.	24.35		
	149	Donohue, Shaun	Menapians A.C.	24.63		
	292	Conneely, Aidan	Galway City Harriers A.C.	24.72		
	140	Lynch, Conor	Newport A.C.	24.80		
	189	Cadden, Aaron	Sligo A.C.	24.86		
	305	Ikeh, Danny	Limerick A.C.	24.89		

107	Walsh, Daire	Bandon A.C.	24.93
90	Reilly, Jack	St. Peter's A.C.	25.29
167	Roberts, Ben	North Sligo A.C.	25.37
25	Deady, Michael	Ferrybank A.C.	25.65
220	O'Donnell, Killian	Roscommon A.C.	26.02
137	Boylan, Daire	St. Peter's A.C.	26.17
20	Madden, Eanna	Carrick-on-Shannon A.C.	DNS
337	McGovern, Emmett	Raheny Shamrock A.C.	DNS

#### 400 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	372	Wallace, Eamon	Ratoath A.C.	49.59		49.41
2	20	Madden, Eanna	Carrick-on-Shannon A.C.	51.54		50.37
3	434	Mc Namara, Darragh	Tullamore Harriers A.C.	50.55		50.68
4	225	Donegan, Sean	Tullamore Harriers A.C.	51.66		52.01
5	5	Crotty, Evan	Emerald A.C.	51.40		52.09
	295	McGuire, Evan	Galway City Harriers A.C.	50.76		DNS
	41	Scully, Owen	St. L. O'Toole A.C.	51.23		
	77	Kiely, Ben	Ferrybank A.C.	51.31		
	4	Cosgrave, Billy	Emerald A.C.	51.53		
	296	Meagher, Robert	Galway City Harriers A.C.	51.58		
	11	Colbert, Daniel	Midleton A.C.	52.19		
	375	Arrey, Brendan	Blarney/Inniscara A.C.	52.30		
	61	Murphy, Adam	St. L. O'Toole A.C.	52.46		
	190	O'Connor, Art	Emerald A.C.	52.98		
	298	Buggy, Eoghan	St. Abbans A.C.	53.03		
	128	Quilligan, Michael	Nenagh Olympic A.C.	53.06		
	87	Rogers, Mark	St. Peter's A.C.	53.48		
	269	O'Connor, William	An Ríocht A.C.	53.68		
	297	Griffin, Henry	Galway City Harriers A.C.	53.78		
	3	Watters, Darren	Annalee A.C.	53.94		
	167	Roberts, Ben	North Sligo A.C.	57.15		
	150	Gibbons, Dylan	Clonliffe Harriers A.C.	57.93		
	42	Noctor, Keith	St. L. O'Toole A.C.	DQ		

#### 800 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	59	Kirk, Conall	Lagan Valley A.C.	2.02.32		1.55.29
2	261	Harper, David	Sligo A.C.	2.02.43		1.55.34
3	44	Wright, Andrew	Willowfield Harriers A.C.	2.04.8H		1.56.93
4	270	Purcell, Harry	Trim A.C.	1.59.98		1.57.18
5	234	Joyce, Paul	Craughwell A.C.	2.02.80		2.03.26
6	197	Walter, Conor	Leevale A.C.	2.05.6H		2.03.33
7	262	Kelly, Kevin	St. Coca's A.C.	2.02.27		2.15.56
	437	Moran, Pdraig	Mullingar Harriers A.C.	2.01.17		DNS
	237	Sheehan, Nicholas	Craughwell A.C.	2.02.93		
	229	O'Boyle, Damien	Craughwell A.C.	2.03.58		
	230	Cormican, John	Craughwell A.C.	2.05.85		
	301	Martin, Sam	Fingallians A.C.	2.05.87		
	159	Gaffney, Glen	Mullingar Harriers A.C.	2.06.61		
	123	Hennessy, Tom	Nenagh Olympic A.C.	2.08.05		
	36	O'Sullivan, Garry	West Muskerry A.C.	2.08.10		
	54	Gilligan, Joe	Tullamore Harriers A.C.	2.08.18		
	343	Kavanagh, Eoin	Celtic DCH A.C.	2.10.63		
	203	Hogan, TJ	Leevale A.C.	2.12.34		
	217	Collins, Sean	Ennis Track A.C.	2.14.01		
	361	Campbell, Garry	Dunleer A.C.	2.18.78		
	215	Lawler, Daniel	St. L. O'Toole A.C.	DNF		

#### 1500 m - Junior Men

Final Place	No	Name	Club	Heat Time	Final Time
1	215	Lawler, Daniel	St. L. O'Toole A.C.		4.04.92
2	95	Carey, Michael	Clonmel A.C.		4.05.85
3	94	Corbett, Jack	Thurles Crokes A.C.		4.05.94
4	307	Hartnett, Ian	Togher A.C.		4.05.97
5	321	Byrne, Mitchell	W.S.A.F. A.C.		4.06.39
6	308	Hennessy, Liam	Togher A.C.		4.08.73
7	177	Coscoran, Andrew	Star Of The Sea A.C.		4.10.39
8	40	McGuinness, Mark	Tir Chonaill A.C.		4.11.58
9	216	Mulclaire, Kevin	Ennis Track A.C.		4.13.48
10	160	Nea, Stephen	Mullingar Harriers A.C.		4.26.11
11	236	Greaney, Neil	Craughwell A.C.		4.27.59
12	80	O'Connell, Jamie	Togher A.C.		4.36.44
13	344	Moran, Matthew	Craughwell A.C.		4.41.94

#### Senior Men's 1500 m

Final Place	No	Name	Club	Heat Time	Final Time
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1	404	Travers, John	Donore Harriers A.C.	3.43.53
2	410	Bradley, Conor	City of Derry	3.44.07
3	405	Mc Brearty, Darren	Letterkenny A.C.	3.44.11
4	408	Everard, Eoin	Kilkenny City Harriers A.C.	3.45.56
5	407	Warne, Joe	Doheny A.C.	3.45.86
6	412	Hanrahan, Mark	Leevale A.C.	3.46.53
7	413	Coghlan, John	Metro/St. Brigid's A.C.	3.46.71
8	406	Chesser, Rory	Ennis Track A.C.	3.51.24
9	409	Ledingham, James	West Waterford A.C.	3.54.28
	1250	Kelly, Feidhlim	Athlone IT	DNF

#### 60 m Hurdles - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	1	Creamer, Andrew	Annalee A.C.	8.31		8.05
2	24	McGarvey, Mark	City of Derry	8.36		8.18
3	113	Mc Kenna, Garbhan	Shercock A.C.	8.54		8.20
4	11	Colbert, Daniel	Midleton A.C.	8.77		8.58
5	103	O'Doherty, Cian	Donore Harriers A.C.	8.85		8.70
6	248	Frimpong, Denis	Annalee A.C.	8.89		8.82
7	45	Hill, Adam	City of Lisburn	8.66		8.99
8	374	Corrigan, Brendan	Blarney/Inniscara A.C.	8.98		9.35
	106	Howard, Shane	Bandon A.C.	8.98		
	351	Aston, Shane	Trim A.C.	9.10		
	303	Broderick, Jack	Limerick A.C.	9.18		
	87	Rogers, Mark	St. Peter's A.C.	9.47		

#### 3000 m Walk - Junior Men

Final Place	No	Name	Club	Heat Time	Final Time
1	206	Hickey, Luke	Leevale A.C.		12.23.19
2	97	Egan, Aaron	Clonmel A.C.		13.38.03
3	98	Tobin, Anthony	Clonmel A.C.		14.46.51
4	274	Murphy, Nathan	St. Coca's A.C.		14.50.76
5	110	Dunphy, Nicholas	Kilkenny City Harriers A.C.		15.38.40
6	191	Carty, Dylan	Sligo A.C.		16.20.26
	21	Gillespie, Simon	Ballina A.C.		DNS
	62	Hynes, Eric	Swinford A.C.		DNF
	96	Lynch, Evan	Clonmel A.C.		DQ

#### High Jump - Junior Men

Place	No	Name	Club	1.80	1.85	1.90	1.95	2.00	2.03	2.06	2.08		
1	112	Cussen, David	Old Abbey A.C.	-	O	O	XO	XO	XXO	XXO	XXX		
				1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.03
2	251	Heney, Andrew	Clonliffe Harriers	-	-	-	-	-	O	O	XO	XXX	
2	93	Murtagh, Jaime	St. Andrews A.C.	-	-	-	-	O	O	O	XO	XXX	
4	45	Hill, Adam	City of Lisburn	-	-	O	O	XO	XXO	XO	XXX		
5	172	Murphy, Lorcan	Sli Cualann A.C.	-	-	-	O	O	XXO	XXX			
6	273	Mahon, Donagh	Gowran A.C.	O	XO	O	O	O	XXX				
7	87	Rogers, Mark	St. Peter's A.C.	-	-	-	XO	XO	XXX				
8	28	Whittle, Sean	Ferrybank A.C.	O	O	XO	XXX						

#### Long Jump - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	145	Stafford, Tony	Menapians A.C.	6.90	6.90	6.75	X	X	X	6.90
2	106	Howard, Shane	Bandon A.C.	6.21	6.32	X	X	6.48	6.32	6.48
3	176	Shaughnessy, Fintain	Bandon A.C.	6.24	4.49	X	X	4.95	6.10	6.24
4	9	Corrigan, Ciaran	Shercock A.C.	6.12	5.86	-	-	-	-	6.12
5	248	Frimpong, Denis	Annalee A.C.	6.07	X	6.04	5.68	X	X	6.07
6	88	Durmin, Conor	St. Peter's A.C.	5.32	-	-	-	-	-	5.32

#### Triple Jump - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	88	Durmin, Conor	St. Peter's A.C.	12.86	13.42	13.26	13.40	13.46	13.34	13.46
2	299	Daly, Conor	St. Abbans A.C.	13.08	X	13.02	13.15	11.79	13.25	13.25
3	171	Taylor, Oisín	Crusaders A.C.	12.52	12.57	12.39	12.48	12.22	12.74	12.74
4	306	Ogbonna, Emmanuel	Tramore A.C.	11.95	12.07	12.30	12.00	11.93	12.03	12.30
5	257	Arnold, Thomas	Lusk A.C.	10.61	11.16	10.76	11.12	12.08	11.81	12.08
6	51	Hanlon, Daniel	Dunboyne A.C.	11.06	11.40	X	11.02	X	11.42	11.42
7	220	O'Donnell, Killian	Roscommon A.C.	10.02	9.85	9.83	9.98	10.25	10.23	10.25

#### Pole Vault - Junior Men

Place	No	Name	Club	3.00	3.20	3.40	3.60	3.80	4.00	4.20
1	53	O'Brien, Peter	Raheny Shamrock A.C.	-	-	-	-	O	O	XXX
2	255	Bermingham, Conor	Raheny Shamrock A.C.	O	O	XXX				

## Shot Putt - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	14	Kelly, John	Finn Valley A.C.	15.38	15.81	15.34	14.54	X	X	15.81
2	311	Collins, Paul	North Westmeath A.C.	14.87	X	14.48	14.93	X	14.43	14.93
3	310	Mulligan, James	Tullamore Harriers A.C.	12.62	12.34	11.82	12.55	13.29	13.35	13.35
4	402	Lawlor, David	Crusaders A.C.	12.46	12.80	12.24	X	13.18	13.31	13.31
5	56	O'Brien, Peter	St. Brendan's A.C.	10.68	10.58	10.84	10.55	10.17	10.84	10.84
6	73	Hoban, Brion	Raheny Shamrock A.C.	10.51	10.71	10.22	10.56	10.74	10.55	10.74
7	351	Aston, Shane	Trim A.C.	10.18	10.52	X	X	X	10.53	10.53
8	89	Finley, Daniel	St. Peter's A.C.	10.37	9.99	X	9.04	9.37	10.31	10.37

## 35lb Distance - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	310	Mulligan, James	Tullamore Harriers A.C.	7.62	7.60	7.96	7.91	7.78	7.60	7.96
2	56	O'Brien, Peter	St. Brendan's A.C.	7.12	7.26	7.50	7.34	-	-	7.50

## 60 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	23	Lavin, Sarah	Emerald A.C.	7.60		7.57
2	108	Healy, Phil	Bandon A.C.	7.64		7.58
3	170	Heelan, Marie	Emerald A.C.	7.91		7.86
4	403	Lawlor, Grace	St. L. O'Toole A.C.	7.97		7.99
5	289	Keogh, Bronwyn	Fingallians A.C.	8.01		8.00
6	347	Mc Crery, Kelly	Tir Chonaill A.C.	7.90		8.01
7	208	Waterman, Katie	Leevale A.C.	8.02		8.06
8	71	Geoghegan, Emily	Donore Harriers A.C.	8.14		8.34
	290	Keogh, Megan	Fingallians A.C.	8.16		
	209	O'Halloran, Marie	Leevale A.C.	8.17		
	100	O'Mahoney, Clodagh	Dooneen A.C.	8.18		
	188	Kerr, Stacey	Sligo A.C.	8.18		
	163	Harris, Vicky	Mullingar Harriers A.C.	8.20		

## 200 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	108	Healy, Phil	Bandon A.C.	25.38		25.52
2	208	Waterman, Katie	Leevale A.C.	25.54		25.58
3	347	Mc Crery, Kelly	Tir Chonaill A.C.	25.92		25.68
4	281	Costello, Lauraan	Galway City Harriers A.C.	25.97		26.28
5	163	Harris, Vicky	Mullingar Harriers A.C.	25.95		26.29
6	186	Prout, Leanne	Carrick-on-Suir A.C.	26.44		26.62
	403	Lawlor, Grace	St. L. O'Toole A.C.	26.26		
	238	Treacy, Sinead	Craughwell A.C.	26.76		
	209	O'Halloran, Marie	Leevale A.C.	27.32		
	179	Henehan, Laura	Na Fianna A.C.	28.29		
	288	Murray, Rachel	Fingallians A.C.	28.36		
	52	Blaney, Karen	Navan A.C.	29.22		
	180	Heneghan, Ciara	Na Fianna A.C.	29.54		
	68	O'Shea, Lorraine	Kilkenny City Harriers A.C.	DNS		

## 400 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	283	Lally, Alanna	Galway City Harriers A.C.	57.58		56.58
2	10	Bromell, Jenna	Emerald A.C.	58.04		56.78
3	287	Millet, Nessa	St. Abbans A.C.	59.54		57.58
4	185	Doyle, Kelly Ann	Carrick-on-Suir A.C.	58.95		58.67
5	74	Rafter, Eileen	Tullamore Harriers A.C.	59.25		59.15
6	75	Gallagher, Ciara	Naas A.C.	60.10		61.09
	99	Cleary, Roisin	Clonmel A.C.	60.29		
	280	Dunne, Karen	Bohermeen A.C.	60.36		
	278	Campion, Aoife	Portlaois A.C.	61.86		
	188	Kerr, Stacey	Sligo A.C.	62.55		
	284	Maher, Elizabeth	Galway City Harriers A.C.	62.62		
	264	Whittaker, Caoimhe	St. Coca's A.C.	63.60		
	178	Daly, Alison	Na Fianna A.C.	64.37		

## 800 m - Junior Women

Final Place	No	Name	Club	Heat Time	Final Time
1	201	Shanahan, Louise	Leevale A.C.		2.24.20
2	282	Brannigan, Maebh	Galway City Harriers A.C.		2.24.33
3	263	Milner, Emily	St. Coca's A.C.		2.26.84
4	277	Quinn, Niamh	Portlaois A.C.		2.27.13
5	131	Cummins, Ciara	Nenagh Olympic A.C.		2.30.51
6	253	Davis, Ella	Lagan Valley A.C.		2.31.92
7	388	Mulvihill, Orla	Sligo A.C.		2.48.4H

### 1500 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	226	Ryan, Meghan	Dundrum South Dublin A.C.			4.58.53
2	276	Lockheed, Heather	Dublin City Harriers A.C.			5.02.23
3	285	Maher, Michelle	Galway City Harriers A.C.			5.04.88
4	432	Laste, Aoife	Clonmel A.C.			5.05.50
5	124	Deering, Aoife	Nenagh Olympic A.C.			5.20.81
6	265	Courtney, Sophie	St. Coca's A.C.			5.29.30
7	388	Mulvihill, Orla	Sligo A.C.			5.38.98

### 60 m Hurdles - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	23	Lavin, Sarah	Emerald A.C.			8.44
2	144	Dawkins, Shannon	St. Joseph's A.C.			9.08
3	100	O'Mahoney, Clodagh	Dooneen A.C.			9.14
4	348	McGowan, Kate	Tir Chonaill A.C.			9.25
5	86	Fussey, Niamh	St. Peter'S A.C.			9.88
	125	Morgan, Caroline	Nenagh Olympic A.C.			DNS
	71	Geoghegan, Emily	Donore Harriers A.C.			DNS

### 3000 m Walk - Junior Women

Final Place	No	Name	Club	Heat Time	Final Time
1	275	Boylan, Alicia	Oriel A.C.		15.10.79
2	286	Nash, Siobhan	St. Abbans A.C.		15.31.58
3	157	Glennon, Edel	Mullingar Harriers A.C.		15.41.26
4	66	Veronica, Burke	Ballinasloe & District		16.11.16
5	138	O'Connor, Sinead	Celbridge A.C.		16.18.52
6	266	Bourke, Sarah	St. Coca's A.C.		16.23.53
7	436	Henegan, Ashling	Westport A.C.		16.31.26
8	267	Bourke, Karen	St. Coca's A.C.		17.12.85
9	2	Mulroy, Cliona	Swinford A.C.		18.05.47
10	78	Loughnane, Claudia	Marian A.C.		18.49.31
11	182	Cusak, Jodie	Liscarroll A.C.		19.55.44

### High Jump - Junior Women

Place	No	Name	Club	1.40	1.45	1.50	1.55	1.60	1.65	1.68	1.71
1	26	Murphy, Sorcha	Ferrybank A.C.	-	-	-	O	XO	XO	O	XXX
2	27	Murphy, Neasa	Ferrybank A.C.	-	-	O	O	O	XO	XO	XXX
3	358	Rogan, Phillipa	Greystones & District A.C.	-	-	-	-	O	O	XXO	XXX
4	85	Rogers, Emily	St. Peter's A.C.	-	-	O	O	O	XXO	XXX	
5	144	Dawkins, Shannon	St. Joseph's A.C.	-	-	O	O	XO	XXX		
6	395	Clancy, Rachel	St. John's (Clare) A.C.	-	O	O	XXX				
7	233	McNamara, Maria	Craughwell A.C.	O	O	XXX					

### Long Jump - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	68	O'Shea, Lorraine	Kilkenny City Harriers A.C.	5.33	5.56	X	5.30	5.32	-	5.56
2	146	Stafford, Annie	Menapians A.C.	X	5.35	X	X	X	X	5.35
3	117	O'Shea, Fiona	Dooneen A.C.	4.66	4.82	4.95	4.78	5.08	5.15	5.15
4	348	McGowan, Kate	Tir Chonaill A.C.	4.94	4.60	4.67	5.08	5.13	4.78	5.13
5	170	Heelan, Marie	Emerald A.C.	X	4.91	4.96	4.73	-	-	4.96
6	232	McCan, Mairead	Craughwell A.C.	X	4.83	4.69	X	X	4.77	4.83
7	52	Blaney, Karen	Navan A.C.	4.82	X	4.73	4.70	4.75	4.63	4.82
8	392	Nevin, Collen	Borrisokane A.C.	4.47	4.59	4.28	4.22	4.37	3.74	4.59
9	228	Ryder, Claire	Craughwell A.C.	X	X	4.49				4.49
10	349	Brady, Emma	Tir Chonaill A.C.	4.33	4.13	4.27				4.33
11	391	Mounsey, Aoife	Borrisokane A.C.	4.13	4.14	4.01				4.14

### Triple Jump - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	129	Ryan, Deirbhle	Nenagh Olympic A.C.	X	10.40	10.36	10.47	10.58	10.58	10.58
2	349	Brady, Emma	Tir Chonaill A.C.	9.51	9.96	9.75	10.01	10.00	9.89	10.01
3	391	Mounsey, Aoife	Borrisokane A.C.	9.05	9.17	X	X	9.00	9.45	9.45
4	392	Nevin, Collen	Borrisokane A.C.	9.00	9.04	9.28	9.09	9.26	8.93	9.28
5	231	Mullins, Melissa	Craughwell A.C.	8.98	8.89	9.21	9.12	8.92	8.77	9.21

### Shot Putt - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	400	Murphy, Niamh	Blarney/Inniscara A.C.	12.09	X	12.41	12.44	X	13.04	13.04
2	175	Mc Sweeney, Laura	Bandon A.C.	10.95	11.64	11.58	11.34	11.28	11.45	11.64
3	223	Parkinson, Sophie	Gowran A.C.	10.56	10.88	X	9.68	9.82	10.14	10.88
4	129	Ryan, Deirbhle	Nenagh Olympic A.C.	9.84	9.79	7.69	10.13	10.04	9.34	10.13
5	125	Morgan, Caroline	Nenagh Olympic A.C.	X	8.77	8.10	7.97	7.67	8.36	8.77
6	280	Dunne, Karen	Bohermeen A.C.	8.09	X	8.01	-	-	-	8.09

## 60 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	199	O'Halloran, Edmund	Leevale A.C.	7.10		7.06
2	401	Brownlee, Jonathon	Ballymena & Antrim A.C.	7.12		7.07
3	134	Maze, Ben	Lagan Valley A.C.	7.21		7.07
4	373	Whelan, Paul	Dublin Striders A.C.	7.06		7.11
5	259	O'Connor, Patrick	Clonliffe Harriers A.C.	7.15		7.16
6	200	Kileen, David	Leevale A.C.	7.21		7.17
7	147	Saunders, Jack	St. Joseph's A.C.	7.33		7.22
8	325	Regan, Barry	St. Abbans A.C.	7.24		7.37
	326	Coyle, Ronan	Galway City Harriers A.C.	7.37		
	244	Smith, Keith	Ferrybank A.C.	7.39		
	332	Pika, Roland	Limerick A.C.	7.46		
	322	Callaghan, Simon	Galway City Harriers A.C.	7.57		
	245	Mahon, Conaill	Tir Chonaill A.C.	7.78		
	212	Doran, Daniel	Clonliffe Harriers A.C.	7.82		
	323	Gilbert, Brendan	Galway City Harriers A.C.	8.08		
	63	Kavanagh, Mark	Dundrum South Dublin A.C.	DQ		
	19	Hickey, Thomas	Crookstown Millview A.C.	DNF		
	139	Farrell, Shane	Menapians A.C.	DQ		

## 200 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	111	Woods, Curtis		22.11		21.91
2	63	Kavanagh, Mark	Dundrum South Dublin A.C.	22.58		22.15
3	134	Maze, Ben	Lagan Valley A.C.	22.38		22.42
4	401	Brownlee, Jonathon	Ballymena & Antrim A.C.	22.54		22.49
	147	Saunders, Jack	St. Joseph's A.C.	22.83		DQ
	373	Whelan, Paul	Dublin Striders A.C.	22.62		DNS
	258	Hannon, Fearghus	Tullamore Harriers A.C.	22.93		
	30	O'Dwyer, Shane	Ferrybank A.C.	23.12		
	376	Hylands, Neil	Galway City Harriers A.C.	23.62		
	433	Gaffney, Stephen	Rathfarnham W.S.A.F. A.C.	23.66		
	326	Coyle, Ronan	Galway City Harriers A.C.	23.67		
	139	Farrell, Shane	Menapians A.C.	23.81		
	259	O'Connor, Patrick	Clonliffe Harriers A.C.	DNS		
	325	Regan, Barry	St. Abbans A.C.	DNS		

## 400 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	32	Barr, Thomas	Ferrybank A.C.	49.68		47.41
2	92	Morrissey, Richard	Crusaders A.C.	49.68		47.57
3	222	Harvey, Jason	Crusaders A.C.	49.88		47.87
4	214	Dowling, Joe	Dundrum South Dublin A.C.	49.63		48.45
5	324	Kelly, Ronan	Galway City Harriers A.C.	51.50		51.38
6	64	Campbell, David	Donore Harriers A.C.	51.92		53.47
	328	Kelly, Brian	St. Abbans A.C.	DNS		

## 800 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Final Time
1	218	Lynch, Darragh	Ennis Track A.C.		1.55.33
2	320	Hoy, Mark	Finn Valley A.C.		1.56.87
3	219	Chesser, Kevin	Ennis Track A.C.		2.02.15
4	102	Kinsella, Colm	Menapians A.C.		2.05.20
5	319	O'Rahilly, Shane	North Cork A.C.		2.05.42
6	224	McCormack, Shawn	Gowran A.C.		2.10.87
	272	Boran, Lawrence	Rathfarnham W.S.A.F. A.C.		DNS

## 1500 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Final Time
1	393	Landers, Damien	St. John's (Clare) A.C.		4.11.90
2	318	Lynch, Cullen	Togher A.C.		4.12.62
3	271	Stokes, Jordan	North Down A.C.		4.12.64
4	250	Keogh, Eric	Donore Harriers A.C.		4.14.60
5	155	Connolly, Vinny	Mullingar Harriers A.C.		4.16.41
6	35	Philips, Johathan	Sli Cualann A.C.		4.16.45
7	116	Hughes, Patrick	Thurles Crokes A.C.		4.23.03
8	272	Boran, Lawrence	Rathfarnham W.S.A.F. A.C.		4.36.68

## 60 m Hurdles - U.23 Men

Final Place	No	Name	Club	Heat Time	Final Time
1	199	O'Halloran, Edmund	Leevale A.C.		8.37

2	58	Galvin, PJ	St. Brendan's A.C.									9.20	
3	322	Callaghan, Simon	Galway City Harriers A.C.									9.24	
4	341	Gill, Sean	Claremorris A.C.									9.78	
3000 m Walk - U.23 Men													
Final Place	No	Name	Club		Heat Time							Final Time	
1	342	McManamon, Cian	Westport A.C.									12.11.73	
2	355	Treanor, James	Shercock A.C.									12.34.60	
High Jump - U.23 Men													
Place	No	Name	Club		1.75	1.80	1.85	1.90	1.95	2.00	2.03		
1	30	O'Dywer, Shane	Ferrybank A.C.		-	O	O	O	O	XO	XXX		
2	58	Galvin, PJ	St. Brendan's A.C.		-	O	O	O	XXX				
3	173	Quigg, Barry	Sliabh Liag A.C.		O	O	O	XO	XX				
Long Jump - U.23 Men													
Place	No	Name	Club		1st	2nd	3rd	4th	5th	6th	Best		
1	249	Fahey, Eamonn	Donore Harriers A.C.		6.63	6.14	X	6.81	6.87	6.95	6.95		
2	47	Dolan, Ciaran	Finn Valley A.C.		6.36	6.56	6.69	6.63	6.86	6.78	6.86		
3	433	Gaffney, Stephen	Rathfarnham W.S.A.F. A.C.		X	X	5.73	5.64	5.58	6.34	6.34		
4	244	Smith, Keith	Ferrybank A.C.		X	X	6.24	-	-	-	6.24		
5	332	Pika, Roland	Limerick A.C.		5.87	6.00	6.17	6.04	6.00	6.11	6.17		
6	245	Mahon, Conaill	Tir Chonaill A.C.		5.52	X	X	5.20	5.38	X	5.52		
7	221	Cafolla, Nathan	Galway City Harriers A.C.		4.77	4.90	5.04	5.11	5.06	5.04	5.11		
8	212	Doran, Daniel	Clonliffe Harriers A.C.		4.95	-	-	-	-	-	4.95		
Triple Jump - U.23 Men													
Place	No	Name	Club		1st	2nd	3rd	4th	5th	6th	Best		
1	31	Archer, Sean	Ferrybank A.C.		12.87	13.44	X	-	-	X	13.44		
2	245	Mahon, Conaill	Tir Chonaill A.C.		X	X	X	X	12.999	12.43	13.00		
3	173	Quigg, Barry	Sliabh Liag A.C.		12.00	12.14	11.75	11.63	12.09	11.47	12.14		
Pole Vault - U.23 Men													
Place	No	Name	Club		3.20	3.40	3.60	3.80	4.00	4.20	4.40	4.60	4.75
1	196	Houlihan, Thomas	West Waterford A.C.		-	-	-	-	-	XXO	O	XXO	XXX
2	334	Doherty, Keigh	Dunboyne A.C.		-	-	-	O	XXX				
3	16	Buckley, James	Raheny Shamrock A.C.		O	O	XXX						
Shot Putt - U.23 Men													
Place	No	Name	Club		1st	2nd	3rd	4th	5th	6th	Best		
1	331	Doyle, Matthew	Mid-Ulster A.C.		11.26	10.94	11.87	11.77	12.12	11.95	12.12		
2	330	Doyle, Andrew	Mid-Ulster A.C.		9.80	10.24	9.67	10.21	9.43	X	10.24		
35lb Distance - U.23 Men													
Place	No	Name	Club		1st	2nd	3rd	4th	5th	6th	Best		
1	174	Mc Sweeney, Patrick	Bandon A.C.		8.18	8.20	8.41	8.19	8.52	8.07	8.52		
2	65	Kenny, Michael	Kildare A.C.		6.86	7.07	6.78	X	7.17	X	7.17		
60 m - U.23 Women													
Final Place	No	Name	Club		Heat Time	Semi Time	Final Time						
1	354	Mc Manus, Catherine	Dublin City Harriers A.C.		7.65		7.59						
2	352	Creaner, Steffi	Dublin City Harriers A.C.		7.64		7.64						
3	317	Murray, Sarah	Fingallians A.C.		7.85		7.69						
4	70	Holmes, Louise	Kilkenny City Harriers A.C.		7.92		7.79						
5	46	Boomer, Chloe	Lagan Valley A.C.		7.93		7.87						
6	79	Ngankam, Lynda	Donore Harriers A.C.		7.95		7.96						
7	72	Murray, Niamh	Brothers Pearse A.C.		8.39		8.37						
8	243	Watters, Aisling	Navan A.C.		8.40		8.40						
	315	Brennan, Katie	St. Abbans A.C.		8.54								
200 m - U.23 Women													
Final Place	No	Name	Club		Heat Time	Semi Time	Final Time						
1	352	Creaner, Steffi	Dublin City Harriers A.C.		24.93		24.40						
2	70	Holmes, Louise	Kilkenny City Harriers A.C.		26.02		24.88						
3	317	Murray, Sarah	Fingallians A.C.		25.79		25.67						
4	46	Boomer, Chloe	Lagan Valley A.C.		27.07		26.18						
5	142	Lynch, Eimear	Newport A.C.		27.49		27.12						
6	143	Brien, Niamh	Brothers Pearse A.C.		27.82		28.36						
	130	Grace, Margaret Mary	Nenagh Olympic A.C.		30.03								
400 m - U.23 Women													
Final Place	No	Name	Club		Heat Time	Semi Time	Final Time						

1	260	McMahon, Christine	Ballymena & Antrim A.C.	58.12	55.33
2	91	Denny, Sinead	Dundrum South Dublin A.C.	57.60	57.85
3	204	Neville, Chris	Leevale A.C.	58.68	57.95
4	205	Neville, Jessica	Leevale A.C.	59.39	58.91
5	114	Field, Niamh	St. Coca'S A.C.	59.61	60.37
	246	Ellis, Sophia	Newbridge A.C.	58.78	DQ
	142	Lynch, Eimear	Newport A.C.	60.61	
	256	Trehy, Hannah	Carrick-on-Suir A.C.	64.29	
	130	Grace, Margaret Mary	Nenagh Olympic A.C.	68.04	
	359	Basquille, Caoimhe	Greystones & District A.C.	DNF	

#### 800 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Final Time
1	91	Denny, Sinead	Dundrum South Dublin A.C.		2.25.21
2	13	Claire, Earls	Sli Cualann A.C.		2.25.88
3	431	Flynn, Harriet	Shannon A.C.		2.29.37

#### 1500 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Final Time
1	268	Smyth, Rachael	St. Coca's A.C.		4.52.46
2	39	Gibson, Rachel	North Down A.C.		4.56.76
3	431	Flynn, Harriet	Shannon A.C.		5.01.28
4	109	Mc Daid, Amy	City of Derry		5.01.79
5	353	Cronin, Sinead	Dublin City Harriers A.C.		5.02.02
6	18	McHugh, Rianne	Sligo A.C.		5.21.26

#### 60 m Hurdles - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	354	Mc Manus, Catherine	Dublin City Harriers A.C.			8.76
2	243	Watters, Aisling	Navan A.C.			10.01

#### 3000 m Walk - U.23 Women

Final Place	No	Name	Club	Heat Time	Final Time
1	118	Curley, Maeve	Craughwell A.C.		13.47.58
2	335	Dennehy, Fiona	Unattached		15.55.14

#### High Jump - U.23 Women

Place	No	Name	Club	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.68
1	227	Farrell, Cathriona	Craughwell A.C.	-	-	-	-	O	O	O	X
2	101	Collins, Claire	West Waterford A.C.	-	-	O	O	XXO	XXX		
2	115	Touhy, Sinead	Athenry A.C.	-	-	O	O	XXO	XXX		
4	17	Corcoran, Catherina	Bree A.C.	O	XXO	XXX					

#### Long Jump - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	345	Maughan, Sally		5.04	4.83	5.31	5.20	5.20	5.12	5.31
2	184	Bartley, Aoife	Carrick-on-Suir A.C.	4.76	4.77	4.88	4.77	4.78	4.78	4.88

#### Triple Jump - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	82	Hill, Fiona	Newbridge A.C.	10.97	10.93	11.02	10.61	10.86	10.82	11.02
2	184	Bartley, Aoife	Carrick-on-Suir A.C.	X	10.41	10.57	10.41	10.12	10.27	10.57

#### Shot Putt - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	312	Fratorolli, Alana	Limerick A.C.	10.80	10.56	11.28	11.05	10.99	10.69	11.28
2	84	Rogers, Francis	St. Peter's A.C.	7.88	8.39	9.52	9.79	9.55	9.24	9.79