

	Compiled by John Robinson	http://corkrunning.blogspot.com						
	Name	Club	Cat	Ballyandree	Shanagarry	Churchtown	Ballycotton	Overall Time
	MENS OVERALL POSITIONS							
1	MCGRATH, Sean	East Cork AC	M	00:25:53	00:25:46	00:25:50	00:25:51	01:43:20
2	HARTY, Michael	East Cork AC	M	00:26:09	00:26:12	00:25:51	00:25:57	01:44:09
3	MEADE, John	St. Finbarrs AC	M	00:26:06	00:26:27	00:26:47	00:26:47	01:46:07
4	SIMCOX, Shane	Mallow AC	M	00:26:54	00:27:28	00:27:03	00:26:57	01:48:22
5	WHITAKER, Allen	St. Finbarrs AC	M40	00:27:25	00:27:05	00:27:09	00:27:00	01:48:39
6	O'TUAMA, Cillian	Leevale AC	M	00:27:31	00:27:10	00:27:11	00:27:06	01:48:58
7	O'SHEA, Alex	St. Finbarrs AC	M	00:27:35	00:27:13	00:27:22	00:27:01	01:49:11
8	O'CONNELL, John	Leevale AC	M	00:27:37	00:27:36	00:27:18	00:27:04	01:49:35
9	CASEY, Owen	Carrigaline RR AC	M	00:28:05	00:28:15	00:27:53	00:27:30	01:51:43
10	MALONE, John	Youghal AC	M40	00:27:54	00:27:56	00:28:01	00:28:03	01:51:54
11	PATTERSON, Robert	Leevale AC	M	00:27:32	00:27:43	00:28:18	00:28:43	01:52:16
12	CARR, Brian	Leevale AC	M	00:28:14	00:28:21	00:28:09	00:27:58	01:52:42
13	CANAVAN, Darragh	Leevale AC	M	00:28:24	00:28:41	00:27:50	00:28:18	01:53:13
14	HEGARTY, Brian	Leevale AC	M	00:28:39	00:29:36	00:28:31	00:28:11	01:54:57
15	LAFFAN, Tom	Bandon AC	M45	00:28:38	00:29:10	00:28:45	00:28:47	01:55:20
16	ARCHER, Tony	St. Finbarrs AC	M50	00:28:12	00:28:56	00:30:15	00:29:06	01:56:29
17	HOULIHAN, Michael	St. Finbarrs AC	M	00:29:12	00:29:39	00:29:28	00:29:46	01:58:05
18	COFFEY, Shea	Midleton AC	M	00:29:56	00:29:38	00:29:03	00:29:30	01:58:07
19	CREEDON, Daithi	Eagle AC	M	00:29:48	00:29:26	00:29:26	00:29:35	01:58:15
20	DOLPHIN, Michael	Midleton AC	M	00:29:35	00:29:47	00:29:47	00:29:34	01:58:43
21	O'CALLAGHAN, Paul	unatt/Blarney	M	00:29:24	00:30:05	00:29:05	00:30:18	01:58:52
22	CURTIN, Martin	St. Finbarrs AC	M	00:29:30	00:30:01	00:29:52	00:29:47	01:59:10
23	CURRAN, Thomas	Youghal AC	M	00:29:39	00:30:08	00:29:51	00:30:02	01:59:40
24	O'SULLIVAN, Sean	Eagle AC	M	00:30:10	00:30:58	00:29:15	00:29:37	02:00:00
25	SHEEHAN, Ivan	St. Finbarrs AC	M	00:30:46	00:30:30	00:30:02	00:29:32	02:00:50
26	COLLINS, John	Leevale AC	M55	00:31:45	00:30:11	00:29:54	00:29:34	02:01:24
27	MEADE, Eric	East Cork AC	M45	00:31:07	00:30:19	00:30:16	00:29:42	02:01:24
28	RONAN, Emmet	Midleton AC	M	00:30:44	00:30:39	00:30:17	00:29:58	02:01:38
29	HOGAN, Aidan	Rising Sun AC	M40	00:30:52	00:31:26	00:30:08	00:30:00	02:02:26
30	BEECHER, John	St. Catherines AC	M	00:30:28	00:30:59	00:30:29	00:30:32	02:02:28
31	MURPHY, Eoin	Midleton AC	M40	00:30:45	00:31:30	00:30:41	00:30:11	02:03:07
32	SCANLAN, Rod	Midleton AC	M	00:31:19	00:31:02	00:30:56	00:30:19	02:03:36
33	HAYES, Kevin	St. Catherines AC	M	00:30:38	00:31:20	00:30:56	00:30:47	02:03:41
34	SARGENT, Fergal	St. Finbarrs AC	M	00:31:31	00:32:08	00:30:57	00:29:45	02:04:21
35	GEOGHEGAN, Stephen	St. Finbarrs AC	M40	00:31:39	00:31:35	00:30:44	00:30:26	02:04:24
36	HARRINGTON, Shane	unatt/Ballycotton	M	00:30:54	00:31:17	00:31:11	00:31:07	02:04:29

37	CROWLEY, Brian	unatt/Midleton	M	00:32:04	00:31:29	00:30:36	00:30:45	02:04:54
38	MCPARLAND, Cian	Navy AC	M	00:31:28	00:31:40	00:31:01	00:30:56	02:05:05
39	MAUNSELL, Francis	Midleton AC	M40	00:31:27	00:32:24	00:31:24	00:30:01	02:05:16
40	LEHANE, Donnacha	Eagle AC	M	00:32:27	00:31:19	00:31:18	00:30:50	02:05:54
41	FOX, Thomas	unatt/Carrigaline	M45	00:31:59	00:31:39	00:31:13	00:31:11	02:06:02
42	DOLLARD, Glenn	St. Finbarrs AC	M	00:32:05	00:31:51	00:31:44	00:31:39	02:07:19
43	COLEMAN, Damien	unatt/Passage West	M	00:32:12	00:31:48	00:31:54	00:31:25	02:07:19
44	BIRMINGHAM, Padraig	Mallow AC	M40	00:32:03	00:32:25	00:32:16	00:31:21	02:08:05
45	COLLINS, Trevor	Naas AC	M	00:33:07	00:32:44	00:31:59	00:31:27	02:09:17
46	DESMOND, John	Eagle AC	M45	00:31:58	00:31:59	00:32:46	00:32:58	02:09:41
47	FURLONG, Michael	unatt/Ballycotton	M	00:33:23	00:32:42	00:31:47	00:31:52	02:09:44
48	SHEEHAN, Nigel	unatt/Mogeely	M	00:32:27	00:32:40	00:32:24	00:32:22	02:09:53
49	PINFIELD, Mark	unatt/Cork	M	00:32:07	00:33:12	00:32:51	00:32:06	02:10:16
50	RYAN, James	Eagle AC	M45	00:32:25	00:32:19	00:32:19	00:33:28	02:10:31
51	HAYES, Willie	St. Finbarrs AC	M55	00:32:22	00:33:02	00:32:23	00:32:44	02:10:31
52	DUNNE, Declan	unatt/Cork	M	00:33:29	00:32:36	00:32:18	00:32:16	02:10:39
53	CARROLL, Denis	Eagle AC	M50	00:33:02	00:32:27	00:32:31	00:32:47	02:10:47
54	VAUGHAN, John	unatt/Glanmire	M	00:33:38	00:32:39	00:32:26	00:32:28	02:11:11
55	CODY, Tom	Midleton AC	M55	00:32:54	00:32:43	00:32:55	00:32:40	02:11:12
56	LEWIS, Liam	unatt/Cork	M	00:33:03	00:33:10	00:32:40	00:33:16	02:12:09
57	MOLONEY, Dave	unatt/Whitegate	M	00:33:50	00:33:39	00:33:06	00:32:18	02:12:53
58	MURPHY, Dave	unatt/Watergrasshill	M	00:32:16	00:31:50	00:36:43	00:32:08	02:12:57
59	HARRINGTON, Ray	Eagle AC	M	00:34:53	00:33:00	00:32:38	00:32:35	02:13:06
60	HEAVIN, Aiden	unatt/Ballycotton	M	00:33:58	00:33:28	00:33:05	00:32:57	02:13:28
61	KELLY, Alan	Midleton AC	M40	00:33:40	00:34:24	00:32:42	00:32:55	02:13:41
62	TAIT, David	unatt/Whitegate	M	00:33:57	00:34:00	00:33:08	00:33:14	02:14:19
63	YELVERTON, Barry	unatt/Cork	M	00:35:22	00:33:25	00:33:13	00:33:24	02:15:24
64	O'REGAN, Eddie	Youghal AC	M50	00:33:41	00:34:36	00:33:09	00:34:20	02:15:46
65	ARCHER, Anthony	unatt/Ballycotton	M	00:34:56	00:34:10	00:33:50	00:33:04	02:16:00
66	COLLINS, Ciaran	unatt/Mogeely	M40	00:34:26	00:34:37	00:34:20	00:33:29	02:16:52
67	COLLINS, Lawrence	unatt/Ballinacurra	M	00:34:15	00:35:36	00:33:06	00:34:33	02:17:30
68	LEDINGHAM, Dermot	Youghal AC	M50	00:34:35	00:34:01	00:34:34	00:34:20	02:17:30
69	O'SULLIVAN, Patrick	unatt/Cloyne	M60	00:34:54	00:34:38	00:34:27	00:34:02	02:18:01
70	CUMMINS, Tony	unatt/Cork	M	00:34:39	00:34:22	00:35:44	00:33:18	02:18:03
71	CREMIN, Mike	unatt/Cloyne	M	00:36:00	00:35:01	00:34:08	00:33:41	02:18:50
72	COLEMAN, Anthony	unatt/Cloyne	M	00:34:08	00:35:13	00:34:56	00:35:12	02:19:29
73	WIGGINS, Alan	unatt/Ladysbridge	M45	00:35:29	00:35:04	00:34:53	00:34:08	02:19:34
74	WILLS, Ian	unatt/Watergrasshill	M	00:35:02	00:35:00	00:35:00	00:34:40	02:19:42
75	RYALL, JR	unatt/Shanagarry	M	00:35:12	00:34:53	00:35:15	00:34:27	02:19:47
76	GARDE, Colin	unatt/Shanagarry	M	00:33:52	00:35:36	00:35:11	00:35:54	02:20:33
77	MCMAHON, Daniel	unatt/Cork	M	00:36:18	00:35:08	00:34:54	00:34:21	02:20:41
78	AHERN, Sean	Youghal AC	M	00:36:26	00:35:54	00:34:57	00:33:39	02:20:56

79	MURPHY, Vincent	unatt/Watergrasshill	M	00:36:16	00:35:23	00:35:03	00:34:45	02:21:27
80	KEARNEY, Tim	unatt/Watergrasshill	M40	00:35:23	00:36:10	00:35:02	00:34:57	02:21:32
81	MCCARTHY, Christopher	unatt/Carrigtwohill	M	00:35:04	00:35:34	00:35:33	00:35:28	02:21:39
82	O'HALLORAN, John	Midleton AC	M60	00:35:51	00:35:06	00:35:36	00:35:13	02:21:46
83	BOGUE, Tim	unatt/Cork	M	00:35:03	00:36:42	00:35:26	00:34:49	02:22:00
84	BARRON, Declan	unatt/Youghal	M	00:36:55	00:35:46	00:35:10	00:34:15	02:22:06
85	HARTE, Matt	unatt/Mogeely	M	00:36:24	00:36:30	00:34:26	00:34:51	02:22:11
86	O'CONNOR, Bernard	unatt/Midleton	M40	00:36:24	00:36:24	00:34:52	00:34:34	02:22:14
87	TOBIN, Brendan	unatt/Glanmire	M40	00:35:01	00:36:33	00:35:42	00:35:17	02:22:33
88	HENNESSY, John	unatt/Ballymacoda	M	00:35:25	00:35:57	00:36:17	00:35:05	02:22:44
89	O'DONOGHUE, Donal	unatt/Little Island	M45	00:36:17	00:35:40	00:35:23	00:35:41	02:23:01
90	CASEY, Richard	unatt/Midleton	M40	00:35:57	00:36:06	00:35:34	00:35:31	02:23:08
91	MCGUINNESS, Paul	unatt/Conna	M	00:39:05	00:34:23	00:36:02	00:34:09	02:23:39
92	COONEY, Sean	unatt/Carrigtwohill	M40	00:36:02	00:36:14	00:35:51	00:36:02	02:24:09
93	BULMAN, George	Youghal AC	M55	00:36:13	00:36:15	00:35:39	00:36:18	02:24:25
94	MCGRATH, Phil	East Cork AC	M60	00:36:29	00:35:18	00:36:50	00:35:57	02:24:34
95	WATSON, Dave	unatt/Cork	M	00:39:16	00:35:58	00:34:55	00:34:31	02:24:40
96	O'BRIEN, Denis	unatt/Saleen	M	00:39:58	00:34:41	00:36:38	00:33:38	02:24:55
97	GRIFFIN, John	Grange-Fermoy AC	M40	00:36:30	00:39:12	00:35:18	00:33:59	02:24:59
98	COTTER, Greg	unatt/Cloyne	M40	00:36:23	00:36:24	00:35:45	00:36:28	02:25:00
99	HERLIHY, Martin	unatt/Midleton	M	00:35:54	00:37:21	00:36:27	00:35:33	02:25:15
100	RUSSELL, Charles	unatt/Glanworth	M40	00:38:04	00:36:38	00:35:49	00:35:25	02:25:56
101	CROWLEY, Bryan	unatt/Carrigtwohill	M	00:39:04	00:35:43	00:35:53	00:35:38	02:26:18
102	MURPHY, Stephen	unatt/Watergrasshill	M	00:38:26	00:36:47	00:34:45	00:36:39	02:26:37
103	MENTON, Billy	unatt/Cork	M55	00:37:11	00:36:35	00:36:26	00:36:40	02:26:52
104	LAMBE, Brendan	unatt/Glanmire	M	00:37:28	00:37:06	00:36:04	00:36:22	02:27:00
105	QUIGLEY, John	Eagle AC	M60	00:37:40	00:35:53	00:36:19	00:37:11	02:27:03
106	MCCARTHY, David	Youghal AC	M45	00:36:03	00:36:46	00:38:16	00:36:10	02:27:15
107	GUTOWSKI, Bartosz	unatt/Carrigaline	M	00:39:00	00:36:32	00:36:01	00:36:24	02:27:57
108	KENNEALLY, Fergus	Midleton AC	M45	00:36:16	00:36:41	00:37:28	00:37:47	02:28:12
109	O'FARRELL, Andrew	Carrigaline RR AC	M60	00:36:54	00:36:21	00:38:25	00:36:49	02:28:29
110	GEARY, Michael	Midleton AC	M	00:36:25	00:40:35	00:35:38	00:36:06	02:28:44
111	O'KEEFFE, Jim	unatt/Glenville	M50	00:37:56	00:37:21	00:36:40	00:36:55	02:28:52
112	O'LEARY, Liam	unatt/Cork	M	00:38:20	00:37:48	00:36:55	00:35:59	02:29:02
113	O'HANLON, Declan	unatt/Carrigaline	M	00:37:42	00:38:09	00:37:07	00:36:21	02:29:19
114	CAHILL, Paul	unatt/Cloyne	M40	00:37:25	00:37:51	00:36:53	00:37:18	02:29:27
115	O'BRIEN, Michael	unatt/Ballintotis	M	00:38:17	00:37:38	00:37:32	00:36:30	02:29:57
116	FOX, Conor	Donoughmore AC	M40	00:40:00	00:36:34	00:37:19	00:36:12	02:30:05
117	MURRAY, Jimmy	Rising Sun AC	M65	00:37:51	00:37:12	00:37:23	00:38:02	02:30:28
118	HERLIHY, Colm	unatt/Midleton	M	00:39:38	00:38:14	00:37:06	00:35:33	02:30:31
119	MURPHY, Christy	Carraig na bhFear AC	M55	00:38:13	00:37:53	00:37:18	00:37:30	02:30:54
120	KEARNEY, Bartholomew	Leevale AC	M55	00:38:59	00:37:55	00:37:30	00:36:44	02:31:08

121	COLLINS, Brendan	unatt/Fermoy	M	00:37:57	00:38:32	00:38:45	00:36:03	02:31:17
122	O'NEILL, Tom	Ballintotis Fit4Life	M55	00:38:13	00:38:00	00:38:05	00:37:33	02:31:51
123	MORRISON, Patrick	St. Nicholas AC	M40	00:38:11	00:37:52	00:37:36	00:38:35	02:32:14
124	WHOOLEY, Ted	unatt/Glanmire	M	00:38:54	00:41:00	00:36:26	00:36:23	02:32:43
125	O'SHEA, Colm	unatt/Ballinacurra	M40	00:38:12	00:38:17	00:37:26	00:38:52	02:32:47
126	BENT, Nick	unatt/Cork	M	00:38:47	00:38:21	00:37:45	00:38:04	02:32:57
127	BERRY, Nigel	unatt/Cloyne	M	00:38:23	00:38:31	00:37:16	00:38:51	02:33:01
128	FLYNN, John	Mallow AC	M45	00:39:19	00:38:34	00:38:03	00:37:29	02:33:25
129	WALSHE, John	East Cork AC	M60	00:38:00	00:38:23	00:38:59	00:38:50	02:34:12
130	MCLEAN, Gerard	unatt/Ballycotton	M40	00:39:30	00:39:23	00:38:00	00:37:52	02:34:45
131	O'DONOVAN, David	Eagle AC	M	00:37:58	00:38:19	00:40:48	00:38:02	02:35:07
132	LYNCH, Adrian	unatt/Watergrasshill	M	00:37:55	00:39:56	00:39:06	00:38:21	02:35:18
133	O'CONNELL, Donie	Midleton AC	M60	00:38:33	00:38:44	00:39:06	00:39:05	02:35:28
134	DALY, Pat	unatt/Midleton	M	00:40:41	00:38:46	00:37:53	00:38:25	02:35:45
135	O'CONNOR, Rory	unatt/Whitegate	M45	00:38:41	00:39:50	00:38:44	00:38:32	02:35:47
136	O'BRIEN, Andrew	unatt/Midleton	M	00:40:33	00:39:31	00:38:32	00:38:09	02:36:45
137	CUSACK, Declan	unatt/Ballinacurra	M	00:39:35	00:40:24	00:39:08	00:37:42	02:36:49
138	O'LEARY, John	Leevale AC	M70	00:39:05	00:39:06	00:40:25	00:38:24	02:37:00
139	POWER, Kevin	Youghal AC	M45	00:38:49	00:39:54	00:38:43	00:39:35	02:37:01
140	KENNEDY, Michael	unatt/Midleton	M	00:37:29	00:39:02	00:39:51	00:40:40	02:37:02
141	O'SHAUGHNESSY, Ger	Midleton AC	M	00:39:01	00:39:03	00:40:26	00:38:40	02:37:10
142	COLEMAN, Eoin	unatt/Youghal	M55	00:39:04	00:39:26	00:40:04	00:38:38	02:37:12
143	LEAHY, Sean	Ballintotis Fit4Life	M45	00:39:21	00:39:15	00:39:26	00:39:12	02:37:14
144	MURPHY, Arthur	unatt/Ballinacurra	M	00:40:46	00:40:28	00:38:47	00:37:28	02:37:29
145	ROCHE, Thomas	unatt/Ballycotton	M	00:38:43	00:39:11	00:40:16	00:39:26	02:37:36
146	FOUHY, Joseph	Midleton AC	M	00:40:30	00:40:49	00:38:12	00:38:34	02:38:05
147	LINEHAN, Frank	Togher AC	M60	00:38:56	00:39:51	00:38:48	00:40:37	02:38:12
148	NEILAND, Tony	unatt/Watergrasshill	M45	00:39:06	00:39:42	00:40:01	00:39:57	02:38:46
149	O'FARRELL, Rob	unatt/Cork	M	00:40:01	00:38:30	00:40:12	00:40:57	02:39:40
150	SPILLANE, Anthony	unatt/Blarney	M	00:39:14	00:37:02	00:36:02	00:47:36	02:39:54
151	MURPHY, Ray	unatt/Watergrasshill	M40	00:41:22	00:38:29	00:40:10	00:40:25	02:40:26
152	CONSTANT, Kerry	unatt/Cork	M55	00:42:20	00:39:58	00:39:32	00:38:57	02:40:47
153	AHERNE, Eddie	unatt/Buttevant	M45	00:42:28	00:40:46	00:39:21	00:38:19	02:40:54
154	GYVES, Paddy	Mallow AC	M65	00:40:25	00:40:08	00:39:23	00:41:30	02:41:26
155	O'KEEFFE, Sean	East Cork AC	M40	00:41:04	00:34:35	00:42:54	00:43:14	02:41:47
156	HEALY, Brian	Midleton AC	M45	00:38:17	00:39:32	00:38:37	00:45:39	02:42:05
157	FITZGERALD, John	unatt/Ballinacurra	M	00:39:52	00:41:10	00:40:03	00:41:01	02:42:06
158	AHERN, Sean	unatt/Dungourney	M55	00:41:08	00:40:56	00:40:56	00:39:33	02:42:33
159	O'REILLY, Liam	unatt/Shanagarry	M40	00:40:02	00:44:57	00:39:22	00:38:30	02:42:51
160	KIGGINS, John	unatt/Ballincollig	M	00:40:41	00:40:25	00:41:02	00:41:17	02:43:25
161	O'BRIEN, Peter	unatt/Fermoy	M	00:40:33	00:40:27	00:43:01	00:39:25	02:43:26
162	MCDONALD, Andrew	unatt/Monkstown	M	00:40:36	00:41:19	00:39:15	00:43:24	02:44:34

163	COSTELLO, Ricky	unatt/Cork	M	00:42:15	00:40:45	00:42:42	00:39:45	02:45:27
164	GOULD, Sean	unatt/Cork	M50	00:42:35	00:40:56	00:41:56	00:40:05	02:45:32
165	CRONIN, Brendan	Midleton AC	M	00:40:59	00:42:26	00:39:54	00:42:26	02:45:45
166	MUSGRAVE, Darragh	unatt/Whitegate	M40	00:42:43	00:43:04	00:41:10	00:40:45	02:47:42
167	MCSWEENEY, Ashley	unatt/Midleton	M	00:42:59	00:42:05	00:42:48	00:40:02	02:47:54
168	DONLON, Kieran	unatt/Cork	M40	00:43:27	00:42:48	00:42:32	00:39:52	02:48:39
169	COLEMAN, Barry	St. Finbarrs AC	M50	00:41:26	00:43:22	00:41:19	00:42:43	02:48:50
170	KIELY, Finbarr	unatt/Cork	M50	00:41:53	00:44:52	00:41:42	00:40:41	02:49:08
171	O'DRISCOLL, Kevin	Eagle AC	M60	00:42:09	00:40:55	00:43:00	00:43:22	02:49:26
172	CONDON, John	unatt/Aghada	M	00:45:14	00:43:14	00:42:12	00:41:39	02:52:19
173	MANNING, Kieran	unatt/Cork	M40	00:42:41	00:43:45	00:42:48	00:43:29	02:52:43
174	SHORTEN, Kenneth	unatt/Cork	M	00:44:54	00:44:22	00:45:18	00:44:42	02:59:16
175	MCCARTHY, Eoin	Ballintotis Fit4Life	M	00:43:21	00:45:55	00:45:31	00:44:32	02:59:19
176	MCCARTHY, Denis	East Cork AC	M50	00:31:50	01:11:17	00:43:29	00:34:06	03:00:42
177	MCNAMARA, Michael	Midleton AC	M55	00:44:55	00:46:16	00:45:08	00:44:35	03:00:54
178	DALY, Paddy	unatt/Cork	M65	00:45:11	00:45:11	00:47:03	00:44:13	03:01:38
179	WALSH, Adrian	unatt/Midleton	M	00:46:09	00:45:50	00:47:35	00:44:27	03:04:01
180	KELLY, Thomas	Navy AC	M55	00:50:58	00:46:49	00:44:10	00:43:00	03:04:57
181	HARTE, Jim	Midleton AC	M45	00:45:17	00:47:52	00:47:04	00:46:13	03:06:26
182	TEAP, Stephen	unatt/Carrigaline	M	00:49:19	00:48:29	00:46:41	00:43:24	03:07:53
183	MANNING, Denis	St. Finbarrs AC	M40	00:47:58	00:47:30	00:46:27	00:47:45	03:09:40
184	LONG, Kennith	unatt/Cloyne	M	00:50:05	00:48:41	00:47:40	00:44:51	03:11:17
185	KELLY, Brendan	unatt/Midleton	M	00:46:36	00:51:08	00:48:40	00:46:33	03:12:57
186	DALY, Mervyn	unatt/Shanagarry	M40	00:46:43	00:48:50	00:50:18	00:47:35	03:13:26
187	O'MAHONY, William	Youghal AC	M65	00:48:58	00:49:58	00:47:27	00:47:43	03:14:06
188	O'CALLAGHAN, Tim	unatt/Ballincollig	M55	00:47:12	00:58:59	00:45:00	00:46:16	03:17:27
189	BURNETT, Darren	unatt/Ballincollig	M	00:52:07	00:49:11	00:49:05	00:47:54	03:18:17
190	ARCHER, Mark	unatt/Ballycotton	M	00:56:15	00:50:50	00:50:15	00:47:03	03:24:23
191	KELLEHER, Frank	unatt/Cork	M70	00:49:38	00:53:09	00:51:17	00:52:21	03:26:25
192	COLLINS, Edmund	unatt/Midleton	M55	00:53:03	00:55:24	00:53:27	00:53:30	03:35:24
193	CROWE, Hubert	unatt/Tipperary	M	00:56:36	00:59:19	00:57:15	00:57:19	03:50:29
194	MCMURTRY, Jim	Midleton AC	M65	01:06:47	00:59:10	01:04:52	01:01:56	04:12:45
	LADIES OVERALL POSITIONS							
1	REGAN, Maura	Eagle AC	F	00:32:06	00:31:43	00:31:23	00:30:44	02:05:56
2	LEONARD, Helen	Leevale AC	F40	00:32:14	00:32:35	00:31:31	00:30:42	02:07:02
3	GRANT, Karen	Midleton AC	F	00:32:07	00:32:04	00:31:58	00:32:33	02:08:42
4	DORIS, Anna	Midleton AC	F40	00:32:35	00:32:56	00:32:44	00:33:04	02:11:19
5	COTTER, Gillian	St. Finbarrs AC	F35	00:33:47	00:32:57	00:32:29	00:32:30	02:11:43
6	WOODS, Sharon	Mallow AC	F35	00:32:49	00:33:33	00:33:28	00:32:52	02:12:42
7	KILTY, Caroline	Eagle AC	F	00:33:26	00:33:41	00:35:36	00:33:22	02:16:05

8	HARTIGAN, Irene	Leevale AC	F35	00:33:56	00:33:48	00:34:24	00:34:32	02:16:40
9	EIGHAN, Irene	St. Finbarrs AC	F	00:35:15	00:35:31	00:34:59	00:35:00	02:20:45
10	JONES, Margaret	Midleton AC	F40	00:36:07	00:36:37	00:35:53	00:34:55	02:23:32
11	CAHILL, Breda	Midleton AC	F40	00:36:18	00:36:21	00:36:32	00:37:14	02:26:25
12	NALLY, Siobhan	unatt/Cloyne	F35	00:37:57	00:37:49	00:36:20	00:36:01	02:28:07
13	GOUGH, Fiona	unatt/Carrigaline	F	00:37:30	00:37:29	00:36:23	00:37:03	02:28:25
14	FENNESSY, Eleanor	Eagle AC	F	00:37:49	00:36:59	00:36:42	00:37:12	02:28:42
15	DE BARRA, Mary	Rising Sun AC	F40	00:36:21	00:38:01	00:37:22	00:37:34	02:29:18
16	MCCANN, Raphela	unatt/Ballycotton	F35	00:42:01	00:36:44	00:35:52	00:35:15	02:29:52
17	HOULIHAN, Orla	unatt/Glanmire	F	00:37:29	00:38:07	00:37:31	00:37:06	02:30:13
18	O'KEEFFE, Mary	Midleton AC	F45	00:38:04	00:38:09	00:37:44	00:37:17	02:31:14
19	CROWLEY, Therese	unatt/Glanmire	F35	00:37:31	00:39:48	00:37:49	00:37:16	02:32:24
20	SHEEDY, Breda	Midleton AC	F45	00:37:46	00:37:58	00:38:18	00:38:24	02:32:26
21	MCCALL, Angela	Rising Sun AC	F40	00:38:23	00:38:19	00:38:09	00:38:01	02:32:52
22	BUCKLEY, Teresa	unatt/Cork	F	00:38:37	00:38:30	00:38:31	00:37:49	02:33:27
23	EVANS, Mairead	unatt/Lissarda	F	00:39:15	00:39:09	00:37:56	00:37:46	02:34:06
24	MCEVOY, Rebecca	St. Finbarrs AC	F	00:38:30	00:38:39	00:38:24	00:39:55	02:35:28
25	PERRY, Anne-Marie	Midleton AC	F40	00:38:43	00:39:17	00:38:41	00:38:54	02:35:35
26	CRONIN, Karen	unatt/Cork	F	00:38:36	00:40:47	00:38:32	00:37:49	02:35:44
27	MCMAMARA, Julie	unatt/Ballycotton	F	00:39:42	00:39:28	00:39:05	00:38:44	02:36:59
28	BRACKETT, Marie	unatt/Shanagarry	F	00:39:33	00:40:05	00:39:36	00:40:16	02:39:30
29	QUINLAN, Deirdre	unatt/Cork	F50	00:40:11	00:40:54	00:39:20	00:39:23	02:39:48
30	MULCAHY, Mary	St. Finbarrs AC	F50	00:40:25	00:40:04	00:40:34	00:38:55	02:39:58
31	BARRY, Louise	Midleton AC	F	00:41:43	00:40:12	00:39:12	00:38:51	02:39:58
32	MCCARTHY, Marianne	unatt/Watergrasshill	F	00:42:37	00:34:55	00:41:34	00:41:05	02:40:11
33	O'DONOGHUE, Colette	unatt/Watergrasshill	F	00:42:42	00:39:59	00:39:37	00:37:56	02:40:14
34	EGAN, Frances	Mallow AC	F35	00:41:21	00:40:25	00:39:17	00:39:24	02:40:27
35	GAFFNEY, Andrea	West Waterford AC	F40	00:39:11	00:40:05	00:40:20	00:41:22	02:40:58
36	DALY, Trish	Midleton AC	F	00:40:07	00:40:56	00:41:24	00:39:37	02:42:04
37	SHERIDAN, Anne-Marie	unatt/Whitegate	F40	00:40:40	00:41:43	00:39:48	00:40:06	02:42:17
38	WHOOLEY, Michelle	Carraig na bhFear AC	F	00:41:18	00:41:03	00:40:20	00:40:11	02:42:52
39	BUCKLEY, Sinead	Midleton AC	F	00:41:59	00:40:44	00:40:07	00:40:03	02:42:53
40	COUGHLAN, Mags	unatt/Carrigtwohill	F35	00:39:34	00:41:37	00:41:08	00:40:38	02:42:57
41	TWOMEY, Bernie	Midleton AC	F40	00:40:50	00:41:23	00:40:30	00:40:50	02:43:33
42	SHERIDAN, Catherine	unatt/Midleton	F35	00:41:15	00:41:38	00:41:56	00:41:16	02:46:05
43	MCGRATH, Felicity	unatt/Cloyne	F35	00:42:52	00:41:58	00:41:41	00:40:42	02:47:13
44	O'KEEFFE, Samantha	East Cork AC	F40	00:41:03	00:40:39	00:42:51	00:43:13	02:47:46
45	O'CONNOR, Frances	unatt/Ballynoe	F	00:44:51	00:42:08	00:41:06	00:40:36	02:48:41
46	IVERS, Sinead	Midleton AC	F	00:44:17	00:42:08	00:42:00	00:41:35	02:50:00
47	POWER, Onra	West Waterford AC	F45	00:42:56	00:42:48	00:42:02	00:42:22	02:50:08
48	KELLEHER, Elaine	unatt/Ballincollig	F35	00:43:47	00:41:59	00:41:40	00:42:49	02:50:15
49	RYAN, Bridget	Ballintotis Fit4Life	F40	00:41:37	00:44:10	00:41:49	00:42:44	02:50:20

50	DOPHIN, Rayleen	Midleton AC	F	00:44:32	00:43:16	00:42:30	00:40:39	02:50:57
51	CRONIN, Marie	Midleton AC	F	00:44:23	00:43:38	00:43:20	00:42:13	02:53:34
52	STEPHENS, Jennie	unatt/Aghada	F35	00:44:44	00:43:25	00:42:47	00:42:56	02:53:52
53	O'LEARY, Fiona	unatt/Castlemartyr	F35	00:44:50	00:43:42	00:42:47	00:42:50	02:54:09
54	LEE, Lisa	Youghal AC	F	00:44:03	00:43:37	00:43:06	00:43:56	02:54:42
55	MURPHY, Eileen	Carraig na bhFear AC	F50	00:43:35	00:43:41	00:43:52	00:43:53	02:55:01
56	COTT, Michelle	Ballintotis Fit4Life	F	00:44:27	00:45:52	00:43:14	00:42:00	02:55:33
57	MURPHY, Kay	Ballintotis Fit4Life	F45	00:44:27	00:43:43	00:43:04	00:44:39	02:55:53
58	VAUGHAN, Caroline	unatt/Midleton	F	00:46:56	00:43:33	00:42:44	00:42:46	02:55:59
59	O'FLYNN, Danielle	unatt/Blarney	F	00:44:25	00:45:05	00:44:13	00:43:23	02:57:06
60	SEXTON, Joy	Midleton AC	F	00:42:55	00:45:18	00:41:44	00:48:07	02:58:04
61	KENNEDY, Yvonne	Midleton AC	F35	00:40:38	00:50:52	00:44:21	00:42:42	02:58:33
62	NOONE, Louise	unatt/Cork	F	00:45:21	00:44:23	00:44:48	00:44:42	02:59:14
63	O'RIORDAN, Fiona	Eagle AC	F40	00:44:57	00:45:34	00:43:43	00:45:04	02:59:18
64	CARROLL, Claire	unatt/Leamlara	F40	00:44:11	00:44:55	00:45:11	00:45:11	02:59:28
65	CREEDON, Marie	unatt/Waterfall	F50	00:44:46	00:44:14	00:45:12	00:45:20	02:59:32
66	LALLY, Tricia	unatt/Ballycotton	F	00:46:12	00:45:51	00:44:06	00:44:02	03:00:11
67	O'DONOVAN, Anne-Marie	Midleton AC	F40	00:43:40	00:44:56	00:44:34	00:47:11	03:00:21
68	COADY, Trish	Midleton AC	F	00:43:09	00:47:32	00:46:58	00:43:19	03:00:58
69	FIDDES, Laura	unatt/Ballincollig	F	00:46:55	00:45:09	00:45:55	00:43:25	03:01:24
70	CASEY, Louise	unatt/Castlemartyr	F	00:46:44	00:44:43	00:45:38	00:44:30	03:01:35
71	O'HALLORAN, Joanne	Youghal AC	F35	00:45:56	00:46:22	00:45:05	00:45:20	03:02:43
72	DALTON, June	Youghal AC	F35	00:45:57	00:46:21	00:45:06	00:45:20	03:02:44
73	GUMBLETON, Louise	Ballintotis Fit4Life	F40	00:45:28	00:47:04	00:45:56	00:44:43	03:03:11
74	VENNER, Ger	unatt/Cork	F35	00:45:46	00:47:45	00:45:21	00:45:00	03:03:52
75	MCHUGH, Sheena	unatt/Cork	F	00:48:21	00:47:18	00:44:16	00:44:16	03:04:11
76	DUGGAN, Margaret	Ballintotis Fit4Life	F40	00:47:35	00:45:49	00:45:20	00:45:34	03:04:18
77	SULLIVAN, Lila	unatt/Blarney	F	00:46:24	00:46:55	00:45:30	00:45:44	03:04:33
78	MOLLOY, Mary	unatt/Ballintotis	F45	00:47:34	00:45:52	00:46:09	00:45:38	03:05:13
79	MULRYAN, Paula	unatt/Cork	F	00:45:29	00:45:59	00:46:36	00:47:13	03:05:17
80	KEOHANE, Irene	unatt/Cork	F40	00:45:09	00:45:26	00:45:22	00:49:32	03:05:29
81	AHERN, Michelle	Midleton AC	F35	00:49:54	00:47:40	00:45:15	00:43:30	03:06:19
82	FITZGERALD, Annette	Midleton AC	F40	00:45:24	00:47:51	00:47:04	00:46:04	03:06:23
83	KELLY, Catherine	unatt/Cork	F	00:45:55	00:46:20	00:45:48	00:48:49	03:06:52
84	COLLINS, Noreen	unatt/Cork	F40	00:47:13	00:46:24	00:46:56	00:46:27	03:07:00
85	WALSH, Lucy	unatt/Shanagarry	F40	00:48:44	00:45:58	00:46:23	00:46:00	03:07:05
86	O'KEEFFE, Jackie	unatt/Glenville	F45	00:48:20	00:47:24	00:46:32	00:46:33	03:08:49
87	STACK, Maggie	unatt/Leamlara	F35	00:48:44	00:47:02	00:49:25	00:43:59	03:09:10
88	SHORTEN, Amelia	unatt/Cork	F	00:46:14	00:50:03	00:46:55	00:46:20	03:09:32
89	O'CONNOR, Siobhan	unatt/Midleton	F35	00:47:15	00:49:07	00:46:58	00:47:41	03:11:01
90	MURPHY, Vicky	unatt/Castlemartyr	F	00:46:56	00:48:31	00:47:29	00:48:09	03:11:05
91	MADDEN, Jacinta	Ballintotis Fit4Life	F45	00:47:55	00:50:32	00:46:07	00:46:52	03:11:26

92	FITTON, Marion	unatt/Ballincollig	F50	00:47:57	00:48:43	00:47:49	00:47:02	03:11:31
93	BURGESS, Carmel	unatt/Cork	F	00:48:53	00:48:22	00:47:38	00:47:42	03:12:35
94	WALSH, Claire	unatt/Shanagarry	F	00:48:48	00:48:36	00:47:13	00:48:12	03:12:49
95	SLOANE, Suzanne	Midleton AC	F35	00:48:33	00:48:31	00:48:42	00:47:17	03:13:03
96	MURPHY, Sue	Midleton AC	F	00:45:33	00:51:23	00:47:11	00:49:17	03:13:24
97	KELLEHER, Maria	unatt/Cork	F	00:46:20	00:49:54	00:48:21	00:48:49	03:13:24
98	O'CONNOR, Angie	unatt/Midleton	F35	00:47:18	00:47:31	00:50:59	00:48:06	03:13:54
99	HUTCHINSON, Emma	unatt/Midleton	F	00:48:41	00:49:22	00:46:44	00:49:10	03:13:57
100	DELANEY, Mary	unatt/Glanmire	F45	00:48:47	00:50:01	00:51:05	00:46:34	03:16:27
101	PHELAN, Stephanie	Youghal AC	F40	00:50:08	00:49:24	00:51:32	00:46:58	03:18:02
102	BRENNAN, Finola	Youghal AC	F35	00:49:59	00:50:46	00:50:51	00:51:12	03:22:48
103	O'CONNOR, Eileen	unatt/Midleton	F	00:48:12	00:54:38	00:51:14	00:49:04	03:23:08
104	LYNCH, Winnie	Midleton AC	F40	00:50:01	00:55:38	00:50:12	00:50:50	03:26:41
105	SHINE, Anne	Youghal AC	F	00:53:44	00:52:48	00:52:11	00:50:53	03:29:36
106	HEGARTY, Geraldine	unatt/Ballincollig	F50	00:51:42	00:54:58	00:53:46	00:52:00	03:32:26
107	COLLINS, Ann	unatt/Carrigtwohill	F	00:57:37	00:55:17	00:52:16	00:50:44	03:35:54
108	O'FLYNN, Dawn	unatt/Blarney	F	00:53:03	00:54:57	00:55:38	00:54:34	03:38:12
109	DOLAN-CROWLEY, Elaine	unatt/Watergrasshill	F	01:03:42	00:55:44	00:50:41	00:49:33	03:39:40
110	BUTLER, Una	unatt/Ballycotton	F40	00:56:16	00:56:22	00:54:42	00:53:08	03:40:28
111	O'LEARY, Clare	Midleton AC	F	00:55:00	00:56:23	00:55:39	00:56:13	03:43:15
112	KELLEHER, Nicola	unatt/Innishannon	F	00:56:31	00:56:31	00:56:31	00:58:12	03:47:45