

Inch Festival 2013
MOUNT UNIACKE '5K'

Friday 16 August 2013. 8:00pm

Place	Time	Name	Team	Race Age Category	min/mile		
1	0:17:04	CARR, Brian	Leevale AC	M	05:29.5	830	1
2	0:17:31	CURTIN, Fearghal	Youghal AC	MJ	05:38.2	813	2
3	0:18:07	CURRAN, Thomas	Youghal AC	M	05:49.8	926	3
4	0:18:34	CURTIN, Noel	Youghal AC	M45	05:58.4	812	4
5	0:18:50	HAYES, Kevin	St. Catherines AC	M	06:03.6	846	5
6	0:18:58	HARNEY, Ken	Youghal AC	M40	06:06.2	904	6
7	0:19:07	AHERNE, Neilus	Midleton AC	M55	06:09.1	895	7
8	0:19:09	LANDERS, Brian	Youghal AC	M	06:09.7	834	8
9	0:19:18	BUDDS, Liam	West Waterford AC	M	06:12.6	849	9
10	0:19:19	WALSH, Niamh	Leevale AC	F	06:12.9	840	10
11	0:19:30	KEOGH, Martin	unatt/Kinsalebeg	M	06:16.5	891	11
12	0:19:31	CASHMAN, John	Midleton AC	M45	06:16.8	896	12
13	0:19:33	CASHMAN, Evelyn	Youghal AC	F40	06:17.4	920	13
14	0:19:39	SHEEHAN, Nigel	unatt/Mogeely	M	06:19.4	923	14
15	0:19:46	MURPHY, Davie	unatt/Youghal	M	06:21.6	927	15
16	0:19:50	MCCARTHY, Jake	Youghal AC	MJ	06:22.9	916	16
17	0:19:53	O'BRIEN, Tom	unatt/Cork	M45	06:23.9	860	17
18	0:19:55	CURLEY, Paul	Youghal AC	M45	06:24.5	837	18
19	0:19:57	COTT, Brian	Midleton AC	M	06:25.1	826	19
20	0:20:04	COLEMAN, Ciaran	Youghal AC	M	06:27.4	805	20
21	0:20:08	BUCKLEY, Sheila	Midleton AC	F	06:28.7	828	21
22	0:20:09	LEDINGHAM, Dermot	Youghal AC	M50	06:29.0	859	22
23	0:20:11	CREMIN, Mike	Midleton AC	M	06:29.7	848	23
24	0:20:19	HICKEY, Ger	unatt/Midleton	M	06:32.2	939	24
25	0:20:22	AHERN, Sean	Youghal AC	M	06:33.2	892	25
26	0:20:26	COLLINS, Ciaran	unatt/Mogeely	M40	06:34.5	919	26
27	0:20:29	KINGSTON, Finbarr	Youghal AC	M	06:35.4	903	27
28	0:20:36	MCCARTHY, Denis	East Cork AC	M50	06:37.7	810	28
29	0:20:37	SMITH, Tony	unatt/Youghal	M40	06:38.0	911	29
30	0:20:46	GILROY, Helen	Midleton AC	F45	06:40.9	829	30
31	0:20:53	O'KEEFFE, Eoin	unatt/Killeagh	MJ	06:43.2	937	31
32	0:21:17	RAMSELL, Ned	Midleton AC	M40	06:50.9	897	32
33	0:21:20	MCCARTHY, David	Youghal AC	M45	06:51.9	915	33
34	0:21:28	BUCKLEY, Michael	Youghal AC	M45	06:54.4	854	34
35	0:21:29	BARRON, Declan	Youghal AC	M	06:54.8	821	35
36	0:21:36	O'KEEFFE, Mary	Youghal AC	F50	06:57.0	831	36
37	0:21:37	O'REILLY, Coran	unatt/Youghal	M	06:57.3	811	37
38	0:22:01	O'MAHONY, Sylvie	Youghal AC	M55	07:05.1	906	38
39	0:22:03	COLLINS, James	unatt/Mount Uniacke	M	07:05.7	899	39
40	0:22:04	BRENNAN, Colin	unatt/Inch	M	07:06.0	864	40
41	0:22:14	SMITH, Garry	unatt/Mount Uniacke	M45	07:09.2	844	41
42	0:22:46	POWER, Kevin	Youghal AC	M45	07:19.5	928	42
43	0:23:02	DUNLEAVY, Brian	unatt/Dungourney	MJ	07:24.7	931	43
44	0:23:03	LANDERS, Emma	Youghal AC	FJ	07:25.0	835	44
45	0:23:03	STONE, Seamus	Youghal AC	M55	07:25.0	862	45
46	0:23:07	O'MAHONY, Michael	Youghal AC	M50	07:26.3	825	46
47	0:23:10	MCCALL, Angela	Rising Sun AC	F40	07:27.3	833	47
48	0:23:24	KIERANS, Paul	Midleton AC	M45	07:31.8	898	48
49	0:23:27	KEARNEY, Bartholomew	Leevale AC	M55	07:32.7	940	49
50	0:23:38	O'MAHONY, Mary	Ballintotis Fit4Life	F45	07:36.3	907	50
51	0:23:41	WALSHE, John	East Cork AC	M60	07:37.2	806	51
52	0:23:44	COLEMAN, Eoin	unatt/Youghal	M	07:38.2	804	52
53	0:23:45	DE BRUIN, Dermot	unatt/Killeagh	M50	07:38.5	820	53
54	0:23:54	KELLY, Mike	unatt/Mount Uniacke	M	07:41.4	819	54
55	0:24:03	WARD, Tom	unatt/Kilcredan	M40	07:44.3	852	55
56	0:24:07	MOTHERWAY, John	unatt/Aghada	M70	07:45.6	836	56
57	0:24:09	O'SHEA, Patrick	unatt/Cloyne	M	07:46.2	808	57
58	0:24:16	RONAYNE, Roisin	St. Nicholas AC	F	07:48.5	861	58
59	0:24:17	CONNORS, David	unatt/Dungarvan	M	07:48.8	1000	59
60	0:24:26	O'BRIEN, Kathleen	East Cork AC	F65	07:51.7	814	60
61	0:24:29	KINGSTON, Mary	Youghal AC	F	07:52.7	905	61
62	0:24:54	WARD, Dean	unatt/Inch	MJ	08:00.7	863	62
63	0:25:02	O'CONNELL, Donie	Midleton AC	M60	08:03.3	913	63
64	0:25:08	HANNIGAN, Emer	Youghal AC	F	08:05.2	901	64
65	0:25:17	CLIFFE, Dei	unatt/Youghal	F40	08:08.1	858	65
66	0:25:25	COTT, Michelle	Ballintotis Fit4Life	F	08:10.7	908	66
67	0:25:26	COOPER-MURPHY, Nuala	unatt/Youghal	F	08:11.0	850	67
68	0:25:34	CRONIN, Kevin	Ballintotis Fit4Life	M	08:13.6	893	68

70	0:25:48	KELLEHER, Gemma	Ballintotis Fit4Life	F	08:18.1	894	70
71	0:25:50	POWER, Joe	unatt/Carrigtwohill	M55	08:18.7	839	71
72	0:26:21	MURPHY, Kay	Ballintotis Fit4Life	F45	08:28.7	910	72
73	0:26:25	KNOWLES, Louise	Ballintotis Fit4Life	F40	08:30.0	909	73
74	0:26:40	MCCARTHY, Denis	unatt/Ballymacoda	M50	08:34.8	925	74
75	0:27:06	BRODERICK, Diane	Ballintotis Fit4Life	F40	08:43.2	851	75
76	0:27:40	FITZGERALD, Danny	unatt/Inch	MJ	08:54.1	1002	76
77	0:27:41	STEELE, Frances	Midleton AC	F45	08:54.5	935	77
78	0:27:42	CREEDON, Lana	unatt/Aghada	F	08:54.8	912	78
79	0:27:54	CASHMAN, Noreen	Ballintotis Fit4Life	F40	08:58.6	845	79
80	0:27:55	SINCLAIR, Margaret	Midleton AC	F	08:59.0	933	80
81	0:28:22	FITZGERALD, Deirdre	unatt/Killeagh	F	09:07.7	938	81
82	0:28:33	HOLLAND, Elaine	unatt/Mount Uniacke	F	09:11.2	817	82
83	0:28:42	ARCHER, Mark	unatt/Ballycotton	M40	09:14.1	924	83
84	0:28:52	KENNEALLY, Kevin	Youghal AC	M55	09:17.3	824	84
85	0:29:14	SMIDDY, David	unatt/Dungourney	M40	09:24.4	922	85
86	0:29:18	O'SHEA, Liana	unatt/Cloyne	F	09:25.7	809	86
87	0:29:29	JORDAN, Colm	Midleton AC	M40	09:29.2	807	87
88	0:29:33	O'BRIEN, Martina	unatt/Midleton	F	09:30.5	921	88
89	0:29:57	KELLY, Kevin	unatt/Mount Uniacke	M45	09:38.2	838	89
90	0:30:02	MCCARTHY, Joan	Midleton AC	F55	09:39.8	847	90
91	0:30:07	BUDDS, Laura	unatt/Mount Uniacke	F	09:41.4	918	91
92	0:30:08	SWANTON, Barbara	Midleton AC	F	09:41.8	934	92
93	0:30:08	WIGGINS-SAVAGE, Michelle	Midleton AC	F	09:41.8	936	93
94	0:30:09	RANKIN, Megan	unatt/Canada	F	09:42.1	816	94
95	0:30:10	O'KEEFE, Timmy	unatt/Killeagh	M	09:42.4	815	95
96	0:30:14	MCCARTHY, Isabel	Youghal AC	F	09:43.7	932	96
97	0:30:16	HALLIHAN, Orla	St. Nicholas AC	F	09:44.3	902	97
98	0:30:17	RUSSELL, Finnuala	Youghal AC	F	09:44.7	832	98
99	0:30:26	MULLANE, Philip	Midleton AC	M40	09:47.6	855	99
100	0:30:45	O'LEARY, Janice	unatt/Ballymacoda	F	09:53.7	917	100
101	0:30:46	CASHMAN, Lucy	unatt/Carrigtwohill	F	09:54.0	802	101
102	0:30:47	FITZGIBBON, Helen	Ballintotis Fit4Life	F	09:54.3	803	102
103	0:30:54	WALSH, Angela	unatt/Cloyne	F40	09:56.6	822	103
104	0:30:54	KENNEALLY, Lisa	Youghal AC	F	09:56.6	823	104
105	0:30:55	KELLY, Louise	unatt/Mount Uniacke	F	09:56.9	818	105
106	0:31:12	HARNEDY, Shauna	unatt/Gortroe	F	10:02.4	843	106
107	0:31:30	KENNEDY, Mary	Ballintotis Fit4Life	F	10:08.2	801	107
108	0:32:00	HURLEY, Maria	Midleton AC	F40	10:17.8	857	108
109	0:32:01	WALSH, Laurie	Midleton AC	F50	10:18.1	856	109
110	0:32:07	O'CONNELL, Kathleen	Midleton AC	F55	10:20.1	914	110
111	0:32:09	ROCHE, Celine	unatt/Shanagarry	F40	10:20.7	827	111
112	0:32:57	BARRY, Mary	St. Nicholas AC	F	10:36.2	841	112
113	0:33:50	FOGARTY, Marian	unatt/Mount Uniacke	F	10:53.2	842	113

In conjunction with East Cork AC

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