

**PREMIER WOMEN****100m Wind 1.1m/s****Athlete**

Ailis McSweeney  
 Laura Ann Costello  
 Niamh Field  
 Siobhan Donegan

**TULLAMORE**

<b>Club</b>	<b>Perf;</b>
Leevale AC	11.87
Galway County	12.25
Kildare County	13.09
Kerry County	13.30
Bandon AC	14.95

**100m h Wind 1.9 m/s****Athlete**

Sandra Lawler  
 Jayne Pennefather  
 Sarah Finnegan  
 Orna Foley  
 Liz Coomey

<b>Club</b>	<b>Perf;</b>
Kildare County	14.14
Leevale AC	15.94
Galway County	17.92
Kerry County	21.14
Bandon AC	24.05

**1500m****Athlete**

Claire McSweeney  
 Rachel Smyth  
 Maria McCarthy  
 Caoimhe Daniels  
 Carmel Crowley  
 Ciara Gree Galway

<b>Club</b>	<b>Perf;</b>
Leevale AC	4.41.17
Kildare County	4.42.40
Kerry County	4.46.40
Galway County	4.55.86
Bandon AC	5.14.17
Guest	5.23.99

**200m Wind 2.0 m/s****Athlete**

Ailis McSweeney  
 Grainne Moynihan  
 Laura Ann Costello  
 Siobhan Donegan

<b>Club</b>	<b>Perf;</b>
Leevale AC	24.36
Bandon AC	24.60
Galway County	24.74
Kildare County	26.31
Kerry County	26.88

**PREMIER****100m****Athlete**

David Quilligan  
 Larry O'Reilly  
 Jason Foley  
 John Crowley  
 Barry Regan  
 Nick Ennis  
 Aidan Conneely  
 Abraham Zadinan

**110m h****Athlete**

Kourish Forougi  
 Eoin Kelly  
 PJ Galvin  
 Simon Callaghan  
 Garrett Dunne  
 Kevin Byrne  
 Paul Kilmartin

**1500m****Athlete**

Mark Hanrahan  
 Ray Hynes  
 Andrew Coscoran  
 Gary Thornton  
 Cormac Kelly  
 Emmet Jennings  
 Catch Grennan

**200m****Athlete**

Eoin Mulhall  
 Joe Dowling  
 Larry O'Reilly  
 David Killeen  
 Barry Regan  
 Ben Cooney  
 Jack Morgan  
 Oisín Foley

**MEN****TULLAMORE****Wind 1.6 m/s****Club**

<b>Club</b>	<b>Perf;</b>
Leevale AC	10.93
Tullamore Harriers	11.18
Kerry County Athletics	11.37
DSD	11.40
St Abbans AC	11.41
Crusaders	11.63
Galway City	11.73
Meath County	11.77

**Wind 2.2 m/s****Club**

<b>Club</b>	<b>Perf;</b>
Meath County	15.11
St Abbans AC	15.66
Kerry County Athletics	16.53
Galway City	17.93
Crusaders	19.94
DSD	21.64
Tullamore Harriers	24.56

**Club**

<b>Club</b>	<b>Perf;</b>
Leevale AC	3.50.80
Crusaders	3.57.37
Meath County	4.00.33
Galway City	4.00.98
St Abbans AC	4.05.23
DSD	4.05.32
Tullamore Harriers	4.19.93

**Wind 0.1 m/s****Club**

<b>Club</b>	<b>Perf;</b>
Crusaders	22.05
DSD	22.29
Tullamore Harriers	22.31
Leevale AC	22.77
St Abbans AC	23.19
Galway City	23.30
Kerry County Athletics	23.41
Meath County	23.96

**3000m**

<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
Liz Lee	Leevale AC	10.37.12
Ann Marie Costello	Kerry County	10.49.35
Carmel Crowley	Bandon AC	10.59.53
Suzanne Quinn	Kildare County	11.00.71

**3000Steeple Chase**

<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
Robert Corbally	DSD	9.51.00
Swiad Worms	Leevale AC	10.28.55
Gary Park	Crusaders	11.04.92
David O'Keeffe	Kerry County Athletics	11.19.25
Der Coughlan	Galway City	12.16.75
Richie Faulkner	Tullamore Harriers	12.33.79

**4 x 100m Relay**

<b>Club</b>	<b>Perf;</b>
Kildare County	50.08
Galway County	53.35
Kerry County	52.42
Leevale AC	48.75

**4 x 100m Relay**

<b>Club</b>	<b>Perf;</b>
Leevale AC	42.22
Tullamore Harriers	43.15
St Abbans AC	44.48
Galway City	45.09
DSD	45.11
Meath County	45.70
Kerry County Athletics	45.95
Crusaders	DNF

**4 x 400m Relay**

<b>Club</b>	<b>Perf;</b>
Leevale AC	4.04.12
Galway County	4.07.65
Kildare County	4.16.04
Kerry County County	4.33.96

**4 x 400m Relay**

<b>Club</b>	<b>Perf;</b>
Crusaders	3.22.67
Leevale AC	3.27.81
DSD	3.27.90
Meath County	3.36.08
Galway City	3.42.86
Kerry County Athletics	3.56.59
Tullamore Harriers	4.04.40

**400mH**

<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
Jess Neville	Leevale AC	62.62
Rachel Finnegan	Galway County	73.54

**400mH**

<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
Jason Harvey	Crusaders	51.56
Paul Byrne	St Abbans AC	54.03
Samuel Samson	Galway City	58.64
Pat Heffernan	Tullamore Harriers	60.38
Uche Ogbene	Leevale AC	66.80

**400m**

<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
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**400m**

<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
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Grainne Moynihan	Bandon AC	55.51
Alanna Lally	Galway County	56.52
Ciara Gallagher	Kildare County	59.58
Lrraine Carr	Leevale AC	62.83
Saah Cooper	Kerry County	67.57

Joe Dowling		
Thomas O 'Sullivan		
Kevin Woods		
Eoghan Buggy		
Darragh McNamara		
Ronan Kelly		
Shane Aston		
Jack O'Sullivan		

DSD	48.20
Leevale AC	49.67
Crusaders	50.64
St Abbans AC	50.92
Tullamore Harriers	51.78
Galway City	52.07
Meath County	53.83
Kerry County Athletics	60.61

### 800m

Athlete	Club	Perf;
Maebh Brannigan	Galway County	2.17.71
Carol Finn	Leevale AC	2.17.77
Maria McCarthy	Kerry County	2.25.30
	Bandon AC	2.26.61
Caoimhe Whittaker	Kildare County	2.27.63
Alanna Lally	Guest	2.14.58
Michelle M. Galway	Guest	2.19.93

### 800m

Athlete	Club	Perf;
Brian Kelly	St Abbans AC	1.56.86
Kieran Sexton	Crusaders	2.00.61
Kevin Lynch	DSD	2.01.16
Conor Rennicks	Meath County	2.01.77
James Grufferty	Leevale AC	2.01.88
Jack O'Sullivan	Kerry County Athletics	2.04.51
David Murray	Tullamore Harriers	2.12.13
Adan Hardiman	Galway City	2.13.28

### 5000m

Athlete	Club	Perf;
Bedilu Gebreselassie	DSD	15.02.07
Liam Brady	Tullamore Harriers	15.12.79
Robbie Matthews	Meath County	15.13.21
Thomas Maunsell	Leevale AC	15.30.80
Matt Bidwell	Galway City	15.34.05
Stephen Moore	Crusaders	15.47.42
Stephen Lawlor	St Abbans AC	16.21.96
Cillian O'Donovan	Kerry County Athletics	16.24.99

### Walk 1500m

Athlete	Club	Perf;
Sinead Burke	Kildare County	6.50.74
Maeve Curley	Galway County	7.08.63
Siobhan Nash	St Abbans AC	7.13.13
	Bandon	9.13.70

### Walk 3000m

Athlete	Club	Perf;
Luke Hickey	Leevale AC	12.52.97
Niall Prenderville	Kerry County Athletics	13.34.01
Peter Mannion	Galway City	15.30.60
Adrian Curley	Tullamore Harriers	20.21.76
Gary Parke	Crusaders	22.55.99

### Discus

Athlete	Club	Perf;
Claire Fitzgerald	Kerry County	48.00

### Discus

Athlete	Club	Perf;
Sean Breathnach	Galway City	46.58

Niamh Murphy	Leevale AC	32.36
Kathryn Weir	Kildare County	28.15
Rachel Roche	Bandon AC	26.88
Melssa Barrett	Galway County	24.48

Daniel Clifford	Kerry County Athletics	42.29
Sam Gaine	Crusaders	36.66
Conal Campion	Meath County	34.22
Tom Rafferty	Tullamore Harriers	34.02
Brian Hayes	Leevale AC	31.51
Aidan Kelly	St Abbans AC	28.48
Michael Kenny	Kildare Guest	36.92
Ed Byrne	Crusaders Guest	30.85
Michael Conerney	Galway Cit Guest	40.18

### Hammer

Athlete	Club	Perf;
Mairead O'Neill	Kerry County	46.36
Emma Daly	St Abbans AC	40.02
Liz Mc Carthy	Bandon AC	32.26
Mary Barrett	Galway County	18.86
Sarah Ryan	Leevale AC	18.41
Elaine Corrigan	Kildare County	17.05
Michelle Pilkinton	Guest	27.48
Priscilla O Sullivan	Guest	29.76
Alice Akers 3K Hammer	Guest	50.52

### Hammer

Athlete	Club	Perf;
Conal Campion	Meath County	46.64
Micheal O'Neill	Kerry County Athletics	40.12
Ciaran Donnelly	Crusaders	34.54
Brendan Fennelly	St Abbans AC	33.52
Brian Hayes	Leevale AC	33.11
Thomas Farragher	Galway City	31.54
Andy Kidd	DSD	26.46

### High Jump

Athlete	Club	Perf;
Sinead Tuohy	Galway County	1.60
Vivienne Fletcher	Kildare County	1.60
Jayne Pennefather	Leevale AC AC	1.40
Liz Coomey	Bandon AC	1.35

### High Jump

Athlete	Club	Perf;
Jamie Murtagh	Meath County	1.95
Dylan O'Sullivan	Kerry County Athletics	1.85
Sam Healy	Leevale AC	1.85
Eoin Kelly	St Abbans AC	1.85
Igor Muntean	Galway City	1.80
Dean Power	Tullamore Harriers	1.65
Kevin Byrne	DSD	1.55
Patrick Saunder	Crusaders	1.50
P.J Galvin	Guest	1.85
Kourish Foroughi	Star of the Guest	1.90

### Javelin

Athlete	Club	Perf;
Emma Daly	St Abbans AC	31.40
Rita Casey	Kerry County	30.97
Rachel Roche	Bandon AC	27.98
Mairead Drewitt	Kildare County	25.41
Faye O'Brien	Leevale AC	22.96

### Javelin

Athlete	Club	Perf;
Shane Aston	Meath County	44.27
Tom Rafferty	Tullamore Harriers	41.85
Paddy Moore	Leevale AC	38.06
Sean O'Shea	Kerry County Athletics	36.39
Liam Kelly	St Abbans AC	33.56

Elaine Corrigan	Guest	22.39
Melssa Barrett	Galway County	21.94

Brendan Staunton	Galway City	29.95
Ed Byrne	Crusaders	27.44
Robert Corbally	DSD	17.04

### Long Jump

Athlete	Club	Perf;
Jess Sheehan	Leevale AC	5.53
Eileen Woods	Kildare County	5.13
Solange Diogo	Galway County	4.55
Sarah Cooper	Kerry County	4.47
Sommer Okoro	Guest	3.31

### Long Jump

Athlete	Club	Perf;
David Quillgan	Leevale AC	7.01
Conor Daly	St Abbans AC	6.08
Kourish Foroughi	Meath County	5.97
Dylan O'Sullivan	Kerry County Athletics	5.90
Darragh McNamara	Tullamore Harriers	5.53
Killian Whyte	DSD	5.22
Nathan Capolla	Galway City	4.89
Nick Ennis	Crusaders	4.80

### Pole Vault

Athlete	Club	Perf;
Dearbhail Foley	Kerry County	1.50
Sarah Ryan	Leevale AC	1.50
Claire Wils Ballymena & Antrim	Guest	3.60

### Pole Vault

Athlete	Club	Perf;
Ruairi O'Brien	Crusaders	4.20
Kourosh Foroughi	Meath Athletics	2.60
Ryan Casey	Leevale	2.40
Colin Byrne	St Abbans AC	3.20
Kevin Byrne	DSD	2.60

### Shot Putt

Athlete	Club	Perf;
Claire Fitzgerald	Kerry County	14.89
Niamh Murphy	Leevale AC	12.59
Kathryn Weir	Kildare County	9.86
Mary Barrett	Galway County	8.98
Priscilla O'Sullivan	Bandon AC	8.91

### Shot Putt

Athlete	Club	Perf;
Sean Breathnach	Galway City	15.11
Dave Tierney	Leevale AC	13.91
Daniel Clifford	Kerry County Athletics	11.99
James Mulligan	Tullamore Harriers	11.89
Seamus Fitzpatrick	St Abbans AC	10.52
Shane Lynch	Crusaders	8.21
Andy Kidd	DSD	
Andrew Lynham	Meath County	8.04
		7.99

### Triple Jump

Athlete	Club	Perf;	Wind
Fiona Hill	Kildare County	11.02	3.9 m/s
Jess Sheehan	Leevale AC	10.68	1.7 m/s
Mary Doody	Kerry County	9.66	2.4 m/s
Sarah Finnegan	Galway County	9.58	2.5 m/s

### Triple Jump

Athlete	Club	Perf;
Eoin Kelly	St Abbans AC	14.00
Dominik Merkevisiu	Tullamore Harriers	11.63
Killian Whyte	DSD	11.49
Ryan Casey	Leevale AC	11.35
Shane Aston	Meath County	11.16
Igor Muntean	Galway City	10.59
Jack Morgan	Kerry County Athletics	9.81

**56lbs Weight****Athlete**

Dave Tierney  
Seamus Fitzpatrick  
James Mulligan  
Sean O'Shea  
Garrett Dunne  
Tommy Farragher  
Andrew Lynham

**Club**

Leevale AC  
St Abbans AC  
Tullamore Harriers  
Kerry County Athletics  
Crusaders  
Galway City  
Meath County

**Perf;**

8.15  
7.33  
6.49  
5.65  
5.27  
5.08  
3.95

## Premier Men TULLAMORE 26th May 2013

### DSD 76

110m Hurdles	3
400m Hurdles	0
100m	5
200m	7
400m	9
800m	6
1500m	3
5000m	9
3000m Walk	0
3000m st chase	9
4*100m	4
4*400m	6
Hammer	2
Discus	0
Shot	2
Javelin	1
Long Jump	3
Triple Jump	6
High Jump	2
Pole Vault	5
56 lb	0
	82

#### **Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0

	0
Actual Total	82
Round 1	

### KERRY ATHLETICS 77

110m Hurdles	6
400m Hurdles	0
100m	6
200m	2
400m	1
800m	3
1500m	0
5000m	1
3000m Walk	7
3000m st chase	5
4*100m	2
4*400m	3
Hammer	7
Discus	7
Shot	6
Javelin	5
Long Jump	5
Triple Jump	2
High Jump	5.5
Pole Vault	0
56 lb	5
	78.5

#### **Dropped**

Drop 1	1
Drop 2	0
Drop 3	0
Drop 4	0

	1
Actual Total	77.5

### TULLAMORE HARR

110m Hurdles	2
400m Hurdles	5
100m	7
200m	6
400m	4
800m	0
1500m	2
5000m	7
3000m Walk	5
3000m st cha:	3
4*100m	7
4*400m	2
Hammer	0
Discus	4
Shot	5
Javelin	7
Long Jump	4
Triple Jump	7
High Jump	3
Pole Vault	0
56 lb	6
	86

#### **Dropped**

Drop 1	2
Drop 2	0
Drop 3	0
Drop 4	0

	0
Actual Total	84

### CRUSADERS 79

110m Hurdle	4
400m Hurdle	9
100m	3
200m	9
400m	6
800m	7
1500m	7
5000m	3
3000m Walk	4
3000m st ch:	6
4*100m	0
4*400m	9
Hammer	6
Discus	6
Shot	3
Javelin	2
Long Jump	1
Triple Jump	0
High Jump	1
Pole Vault	9
56 lb	4
	99

#### **Dropped**

Drop 1	1
Drop 2	1
Drop 3	0
Drop 4	0

	0
Actual Total	97

### MEATH ATHLETICS 80

110m Hurdles	9
400m Hurdles	0
100m	1
200m	1
400m	2
800m	5

### GALWAY CITY HARRIES

110m Hurdles	5
400m Hurdles	6
100m	2
200m	3
400m	3
800m	1

### LEEVALE 82

110m Hurdles	0
400m Hurdles	4
100m	9
200m	5
400m	7
800m	4

### ST ABBANS 83

110m Hurdle	7
400m Hurdle	7
100m	4
200m	4
400m	5
800m	9

1500m	6	1500m	5	1500m	9	1500m	4
5000m	6	5000m	4	5000m	5	5000m	2
3000m Walk	0	3000m Walk	6	3000m Walk	9	3000m Walk	0
3000m st chase	0	3000m st chase	4	3000m st cha:	7	3000m st ch:	3
4*100m	3	4*100m	5	4*100m	9	4*100m	6
4*400m	5	4*400m	4	4*400m	7	4*400m	0
Hammer	9	Hammer	3	Hammer	4	Hammer	5
Discus	5	Discus	9	Discus	3	Discus	2
Shot	1	Shot	9	Shot	7	Shot	7
Javelin	9	Javelin	3	Javelin	6	Javelin	4
Long Jump	6	Long Jump	2	Long Jump	9	Long Jump	9
Triple Jump	4	Triple Jump	3	Triple Jump	5	Triple Jump	5
High Jump	9	High Jump	4	High Jump	7	High Jump	5.5
Pole Vault	6	Pole Vault	0	Pole Vault	4	Pole Vault	7
56 lb	2	56 lb	3	56 lb	9	56 lb	7
	0		84		129		102.5
	89						
<b>Dropped</b>		<b>Dropped</b>		<b>Dropped</b>		<b>Dropped</b>	
Drop 1	1	Drop 1	2	Drop 1	4	Drop 1	2
Drop 2	0	Drop 2	2	Drop 2	4	Drop 2	2
Drop 3	0	Drop 3	1	Drop 3	3	Drop 3	0
Drop 4	0	Drop 4	0	Drop 4	0	Drop 4	0
			5		11		4
Actual Total	88	Actual Total	79	Actual Total	118	Actual Total	98.5
Round 1							



## Premier Women TULLAMORE 26th May 2013

### KILDARE COUNTY 84

100m Hurdles	9
400m Hurdles	6
100m	6
200m	5
400m	6
800m	4
1500m	7
3000m	5
1500m Walk	9
4*100m	7
4*400m	6
Hammer	3
Discus	6
Shot	4
Javelin	5
Long Jump	7
Triple Jump	9
High Jump	7
Pole Vault	0

111

#### **Dropped**

Drop 1	3
Drop 2	0
Drop 3	0
Drop 4	0

0

Actual Total	108
Round 1	0
	108

### ST ABBANS 85

100m Hurdles	0
400m Hurdles	0
100m	0
200m	0
400m	0
800m	0
1500m	0
3000m	0
1500m Walk	6
4*100m	0
4*400m	0
Hammer	7
Discus	0
Shot	0
Javelin	9
Long Jump	0
Triple Jump	0
High Jump	0
Pole Vault	0

22

#### **Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0

0

Actual Total	22
Round 1	0
	0

### KERRY ATHLETICS 86

100m Hurdles	5
400m Hurdles	4
100m	5
200m	4
400m	4
800m	6
1500m	6
3000m	7
1500m Walk	0
4*100m	6
4*400m	5
Hammer	9
Discus	9
Shot	9
Javelin	7
Long Jump	5
Triple Jump	6
High Jump	0
Pole Vault	8

105

#### **Dropped**

Drop 1	4
Drop 2	0
Drop 3	0
Drop 4	0

0

Actual Total	101
Round 1	0
	0

### LEEVALE 87

100m Hurdle	7
400m Hurdle	9
100m	9
200m	9
400m	5
800m	7
1500m	9
3000m	9
1500m Walk	0
4*100m	9
4*400m	9
Hammer	4
Discus	7
Shot	7
Javelin	4
Long Jump	9
Triple Jump	7
High Jump	6
Pole Vault	8

134

#### **Dropped**

Drop 1	4
Drop 2	0
Drop 3	0
Drop 4	0

0

Actual Total	130
Round 1	0
	0

### GALWAY COUNTY 88

100m Hurdles	6
400m Hurdles	7
100m	7
200m	6
400m	7
800m	9

### Bandon 89

100m Hurdles	4
400m Hurdles	0
100m	4
200m	7
400m	9
800m	5

1500m	5	1500m	4
3000m	0	3000m	6
1500m Walk	7	1500m Walk	5
4*100m	5	4*100m	0
4*400m	7	4*400m	0
Hammer	5	Hammer	6
Discus	4	Discus	5
Shot	6	Shot	5
Javelin	3	Javelin	6
Long Jump	6	Long Jump	0
Triple Jump	5	Triple Jump	0
High Jump	9	High Jump	5
Pole Vault	0	Pole Vault	0
	0		0
	0		0
	0		0
	0		71
	104		
<b>Dropped</b>		<b>Dropped</b>	
Drop 1	0	Drop 1	0
Drop 2	0	Drop 2	0
Drop 3	0	Drop 3	0
Drop 4	0	Drop 4	0
	0		0
Actual Total	104	Actual Total	71
Round 1	0	Round 1	
	104		71

<b>Pool A</b>	<b>DIVISION 1</b>	<b>MEN</b>	<b>TULLAMORE</b>
	<b>100m</b>	<b>Wind 2.7 m/s</b>	
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Conor Duggan	Craughwell AC	11.72
	Paidi Carmody	Clare County	11.88
	Ikenna Ezeugo	Kildare County	11.89
	Promise Okafar	Bandon AC	12.05
Jack Daly	Youghal AC	12.17	

<b>DIVISION 1</b>	<b>100m</b>	<b>WOMEN</b>	<b>TULLAMORE</b>
		<b>Wind 0.6 m/s</b>	
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Aisling Watters	Meath County	13.06
	Marie Power	Limerick AC	13.54
	Nikita Savage	Youghal AC	13.89
	Noelle Colman	Tullamore Harriers	14.05
Pam Power	Portlaoise AC	15.85	
Olaide Ajayi Taimo	Guest	13.38	
Roisin Dobey	Guest	13.45	

<b>Pool B</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
		Galway County	11.28
		Limerick AC	11.81
		Riocht AC	13.28
		Guest	12.14

<b>Pool A</b>	<b>110m H</b>	<b>Wind 1.7 m/s</b>	
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Shane Howard	Bandon AC	16.73
Keith King	Clare County	19.76	

<b>100m h</b>	<b>Wind 2.3 m/s</b>	
	<b>Athlete</b>	<b>Club</b>
Aisling Watters	Meath County	17.06

<b>Pool B</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Ger Cremin	Riocht AC	17.81
	Jack Broderick	Limerick AC	18.36

<b>Pool A</b>	<b>1500m</b>		
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	James McCarthy	Youghal AC	4.04.63
	Mike Maher	Clare County	4.10.49
	Mark O Sullivan	Bandon AC	4.17.03
	John Cormican	Craughwell AC	4.21.17
	Andrew Smith	Kildare County	4.26.50
	Brian Murphy	Ennis Track	4.26.82
	Guest	4.29.45	
Mathew Moran	Guest	4.42.94	

<b>1500m</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Mary Mulhare	Portlaoise AC	4.47.92
	Michelle Kenny	Youghal AC	5.01.48
	Bridgie Collins	Meath County	5.03.01
	Sarah Mangan	Limerick AC	5.37.68
	Nicole Cuskelly	Tullamore Harriers	5.47.00

<b>Pool B</b>	Vincent O'Brien	Limerick AC	4.22.53
	Donal O'Callaghan	Riocht AC	4.25.61

**200m** **Wind 1.2 m/s**

**200m** **Wind 1.5 m/s**

<b>Pool A</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Ronan Barry	Clare County	23.14	Marie Power	Limerick AC	27.49
	Daniel Colbert	Youghal AC	23.14	Sinead O Kane	Meath County	28.62
	Conor Duggan	Craughwell AC	23.67	Pam Power	Portlaoise AC	33.29
	Ikenna Ezeugo	Kildare County	24.18	Noelle Colman	Tullamore Harriers	32.74
	Promise Okafar	Bandon AC	24.46	Deirdre Cronin	Youghal AC	29.96

<b>Pool B</b>	Gossi Mangidi	Limerick AC	25.40
	Colin Condon	St Finbarrs AC	25.73
	Adam Bleutt	Guest	27.02

Marian

<b>Pool A</b>	<b>3000S/C Athlete</b>	<b>Club</b>	<b>Perf;</b>	<b>3000m Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Karl Fitz	Clare County	10.29.82	Paula Grant	Portlaoise AC	11.02.15
	Keelan Ryan	Craughwell AC	11.07.62	Emily Grennan	Tullamore Harriers	11.33.64
	Thomas McCarthy	Bandon AC	11.19.57	Bridgie Collins	Meath County	11.46.25
	Mossie Cahill	Youghal AC	13.46.81	Graine Costelloe	Limerick AC	12.00.92
<b>Pool B</b>	Joe O'Connor	Riocht AC	10.16.14			
	PJ O'Rourke	Limerick AC	13.46.81			

<b>Pool A</b>	<b>4 x 100m Relay Club</b>	<b>Perf;</b>	<b>4 x 100m Relay Club</b>	<b>Perf;</b>
	Bandon AC	46.55	Meath County	53.17
	Kildare County	46.56	Portlaoise AC	57.20
	Clare County	46.79	Limerick AC	57.26
	Craughwell AC	47.06	Tullamore Harriers	60.34
	Youghal AC	51.15	Youghal AC	60.36
<b>Pool B</b>	Limerick AC	47.88		

<b>Pool A</b>	<b>4 x 400m Relay Club</b>	<b>Perf;</b>	<b>4 x 400m Relay Club</b>	<b>Perf;</b>
	Clare County	3.34.43	Portlaoise AC	4.25.28
	Craughwell AC	3.37.88	Meath County	4.30.27
	Kildare County	3.43.96	Tullamore Harriers	4.39.41
	Youghal AC		Youghal AC	4.52.28
<b>Pool B</b>	Limerick AC	3.48.28	Limerick AC	5.32.12
	Riocht AC	4.06.99		

<b>400mH</b>			
<b>Pool A</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	David McCarthy	Kildare County	56.13
	Daniel Colbert	Youghal AC	57.38
	William Flynn	Clare County	58.26
	Jake	Bandon AC	66.25

<b>Pool B</b>	Jack Broderick	Limerick AC	63.16
	Ger Cremin	Riocht AC	64.74
		Galway County	66.21

<b>400m</b>			
<b>Pool A</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	David McCarthy	Kildare County	50.95
	Nicholas Sheehan	Craughwell AC	51.19
	Darragh Lynch	Clare County	51.44
	Jake	Bandon AC	58.05
	Mossie Cahill	Youghal AC	67.14

<b>Pool B</b>		Galway County	54.91
	Mike 'Brien	Limerick AC	56.19
	Colin Condon	St Finbarrs AC	57.39
	Eugene Edokpayi	Galway City Guest	57.74
	Adam Bleutt	Marian Guest	60.84
	Somto Orajuba	Galway City Guest	53.70

<b>5000m</b>			
<b>Pool A</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
		Bandon AC	
	Kenny Rodgers	Clare County	15.09.70
	Aston Farrell	Kildare County	16.27.20

<b>Pool B</b>	Michael Carmody	Limerick AC	15.08.27
	Donal O'Callaghan	Riocht AC	16.23.69

<b>800m</b>			
<b>Pool A</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Kevin Kelly	Kildare County	1.55.87
	Damian O'Boyle	Craughwell AC	1.59.53
	Kevin Chesser	Clare County	1.59.66
	Mark O'Sullivan	Bandon AC	2.00.83
	James McCarthy	Youghal AC	2.01.86
	Damien O Boyle	Craughwell Guest	2.00.22

<b>400mH</b>		
<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
Erin Murphy	Limerick AC	87.88
Nadine Donegan	Tullamore Harriers	77.00
Anna Healy	Portlaoise AC	73.73
	Meath County	72.55

<b>400m</b>		
<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
Aoife Campion	Portlaoise AC	57.89
Eileen Wrafter	Tullamore Harriers	60.13
Karen Dunne	Meath County	62.99
Deirdre Cronin	Youghal AC	69.87
Erin Murphy	Limerick AC	73.90

<b>800m</b>		
<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
Michelle Kenny	Youghal AC	2.30.89
Sarah Mangan	Limerick AC	2.33.44
Sharon Grant	Portlaoise AC	2.33.84
Alison Daly	Meath County	2.35.35
Nita McLoughlin	Tullamore Harriers	2.51.64

<b>Pool B</b>	Denis Coughlan	St Finbarrs AC	1.58.46
	Joe O'Connor	Riocht AC	2.11.35
	Ray McInerney	Limerick AC	2.14.86

	<b>Walk 3000m</b>		
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
<b>Pool A</b>	Nathan Murphy	Kildare County	14.39.76
	Fergal Conlon	Clare County	17.58.28
<b>Pool B</b>	PJ O'Rourke	Limerick AC	24.23.98

	<b>Walk 1500m</b>		
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Roisin Dunne	Portlaoise AC	9.13.60
	Liz Cuskelly	Tullamore Harriers	9.19.04
	Gwynne Ryan	Limerick AC	11.40.22

	<b>Discus</b>		
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
<b>Pool A</b>	Barry Healy	Youghal AC	40.96
	Kieron Stout	Kildare County	36.20
	Eamon Cleary	Clare County	28.30
	Tadgh O Donovan	Bandon AC	19.22
	Paul Joyce	Craughwell AC	13.89

	<b>Discus</b>		
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Alana Fratorolli	Limerick AC	28.22
	Kelly Cunningham	Tullamore Harriers	27.93
	Aisling Stack	Portlaoise AC	20.17
	Milchelle Pilkinton	Meath County	19.46
	Geraldine Curtin	Youghal AC	11.89

<b>Pool B</b>	Andrew McCarthy	Riocht AC	32.83
	Pius Mc Grath	Limerick AC	25.35

	<b>Hammer</b>		
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
<b>Pool A</b>	Tadhg O'Donovan	Bandon AC	20.44
	Michael Kenny	Kildare County	19.75
	Mossie Cahill	Youghal AC	18.12

	<b>Hammer</b>		
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Grainne Miggan	Meath County	35.48
	Laura Dolan	Tullamore Harriers	35.07
	Aisling Stack	Portlaoise AC	34.18
	Geraldine Curtin	Youghal AC	13.43
	Emma Mc Grath	Limerick AC	8.25

<b>Pool B</b>	Andrew McCarthy	Riocht AC	32.72
	Dave Fratorolli	Limerick AC	22.58

	<b>High Jump</b>		
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
<b>Pool A</b>	Shane Howard	Bandon AC	1.75
	Keith King	Clare County	1.70
	Neil Halsted	Kildare County	1.65
	Jack Daly	Youghal AC	1.50

	<b>High Jump</b>		
	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Karen Dunne	Meath County	1.50
	Niamh Quinn	Portlaoise AC	1.45
	Nikita Savage	Youghal AC	1.40
	Gwynne Ryan	Limerick AC	1.20

<b>Pool B</b>	Roland Pika	Limerick AC	NH
	Ian Crowley	Riocht AC	NH

### Javelin

### Javelin

<b>Pool A</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Bobby Smith	Bandon AC	40.96
	Lunga Bulman	Clare County	38.60
	Michael Jordan	Kildare County	35.18
	Noel Curtin	Youghal AC	20.79
	John Cormican	Craughwell AC	8.57

<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
Patricia Curtin	Youghal AC	31.60
Laura Dolan	Tullamore Harriers	30.17
Aine Fitzpatrick	Portlaoise AC	23.30
Orla O'Donnell	Meath County	21.23
Gwynne Ryan	Limerick AC	14.00

<b>Pool B</b>	Jim Galvin	Riocht AC	29.73
	Pius McGrath	Limerick AC	27.66

<b>Pool A</b>	<b>Long Jump Athlete</b>	<b>Club</b>	<b>Perf;</b>	<b>Wind</b>
	Ikenna Ezeugo	Kildare County	5.86	3.7 m/s
	Lunga Bulman	Clare County	5.52	1.6 m/s
	Declan O'Mahony	Youghal AC	4.86	0.9 m/s
<b>Pool B</b>	Roland Pika	Limerick AC	6.38	3.2 m/s
		Guest	5.52	1.9 m/s
	Padraic Mac Namara	Guest	5.26	3.8 m/s
	Adam Bluett Marian	Guest	4.82	2.1 m/s
	Simon O'Callaghan Galway City	Guest	6.10	3.3 m/s

<b>Long Jump Athlete</b>	<b>Club</b>	<b>Perf;</b>
Sinead O Kane	Meath County	4.62
Deirdre Cronin	Youghal AC	4.36
Emily Grennan	Tullamore Harriers	4.33
Anna Healy	Portlaoise AC	4.23
Erin Murphy	Limerick AC	4.14

<b>Pool A</b>	<b>Pole Vault Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Shane Howard	Bandon AC	3.00
	David Courtney	Clare County	2.00

<b>Pole Vault Athlete</b>	<b>Club</b>	<b>Perf;</b>
Nikita Savage	Youghal AC	1.50

**Pool B**

<b>Pool A</b>	<b>Shot Putt Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Kieron Stout	Kildare County	12.24
	Sean O'Shea	Guest	10.65
	Eamon Cleary	Clare County	9.60
	Declan O'Mahony	Youghal AC	7.82
	Dave Fratorolli	Guest	7.53
	Mark Davis	Craughwell AC	6.90
	Tadhg O'Donovan	Bandon AC	6.17

<b>Shot Putt Athlete</b>	<b>Club</b>	<b>Perf;</b>
Alana Fratorolli	Limerick AC	11.54
Kelly Cunningham	Tullamore Harriers	8.09
Rosie Stack	Portlaoise AC	7.45
Michelle Pilkinton	Meath County	6.62
Ann Savage	Youghal AC	5.73

<b>Pool B</b>	Dave Fratorolli	Limerick AC	9.61
	Anthony Greaney	Riocht AC	9.19

**Triple Jump**

**Triple Jump**

	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
<b>Pool A</b>	Jack Daly	Youghal AC	11.63
	Bobby Smith	Bandon AC	10.62
	Neil Halsted	Kildare County	10.55

	<b>Athlete</b>	<b>Club</b>	<b>Perf;</b>
	Anna Healy	Portlaoise AC	9.49
	Patricia Curtin	Youghal AC	9.21
	Leigh Murphy	Limerick AC	9.09

<b>Pool B</b>	Ian Crowley	Riocht AC	11.39
	Gossi Mangidi	Limerick AC	10.45



## POOL A Division 1 Men TULLAMORE 26th May 2013

### YOUGHAL 99

110m Hurdle:	0
400m Hurdle:	7
100m	4
200m	7
400m	4
800m	4
1500m	9
5000m	0
3000m Walk	0
3000m st cha	5
4*100m	4
4*400m	6
Hammer	6
Discus	9
Shot	6
Javelin	5
Long Jump	5
Triple Jump	9
High Jump	5
Pole Vault	0
56 lb	9

104

#### **Dropped**

Drop 1	4
Drop 2	0
Drop 3	0
Drop 4	0

0

Actual Total 100

### CLARE COUNTY 101

110m Hurdle:	7
400m Hurdle:	6
100m	7
200m	9
400m	6
800m	6
1500m	7
5000m	9
3000m Walk	7
3000m st cha	9
4*100m	6
4*400m	9
Hammer	0
Discus	6
Shot	7
Javelin	7
Long Jump	6
Triple Jump	0
High Jump	7
Pole Vault	7
56 lb	0

128

#### **Dropped**

Drop 1	6
Drop 2	6
Drop 3	6
Drop 4	0

18

Actual Total 110

### CRAUGHWELL 102

110m Hurdles	0
400m Hurdles	0
100m	9
200m	6
400m	7
800m	7
1500m	5
5000m	0
3000m Walk	0
3000m st cha	7
4*100m	5
4*400m	7
Hammer	0
Discus	4
Shot	5
Javelin	4
Long Jump	0
Triple Jump	0
High Jump	0
Pole Vault	0
56 lb	0

66

#### **Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0

0

Actual Total 66

110m Hurdles	0
400m Hurdles	0
100m	0
200m	0
400m	0
800m	0
1500m	0
5000m	0
3000m Walk	0
3000m st cha	0
4*100m	0
4*400m	0
Hammer	0
Discus	0
Shot	0
Javelin	0
Long Jump	0
Triple Jump	0
High Jump	0
Pole Vault	0
56 lb	0

0

#### **Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0

0

Actual Total 0

### BANDON 104

110m Hurdle:	9
400m Hurdle:	5
100m	5
200m	4
400m	5
800m	5
1500m	6
5000m	0

### KILDARE COUNTY 10

110m Hurdle:	0
400m Hurdle:	9
100m	6
200m	5
400m	9
800m	9
1500m	4
5000m	7

110m Hurdles	0
400m Hurdles	0
100m	0
200m	0
400m	0
800m	0
1500m	0
5000m	0

110m Hurdles	0
400m Hurdles	0
100m	0
200m	0
400m	0
800m	0
1500m	0
5000m	0

**POOL B Division 1 Men TULLAMORE 26th May 2013**

**LIMERICK AC 103**

110m Hurdles	7
400m Hurdles	9
100m	7
200m	9
400m	7
800m	6
1500m	9
5000m	9
3000m Walk	9
3000m st chase	7
4*100m	9
4*400m	9
Hammer	7
Discus	7
Shot	9
Javelin	7
Long Jump	9
Triple Jump	7
High Jump	0
Pole Vault	0
56 lb	7

0  
0  
150

**Dropped**

Drop 1	7
Drop 2	7
Drop 3	7
Drop 4	6

0

Actual Total 123

**GALWAY CO 105**

110m Hurdles	0
400m Hurdles	6
100m	9
200m	0
400m	9
800m	0
1500m	0
5000m	0
3000m Walk	0
3000m st chase	0
4*100m	0
4*400m	0
Hammer	0
Discus	0
Shot	0
Javelin	0
Long Jump	0
Triple Jump	0
High Jump	0
Pole Vault	0
56 lb	0

0  
24

**Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0

0

Actual Total 24

**AN RIOCHT 107**

110m Hurdles	9
400m Hurdles	7
100m	6
200m	0
400m	0
800m	7
1500m	7
5000m	7
3000m Walk	0
3000m st chase	9
4*100m	0
4*400m	7
Hammer	9
Discus	9
Shot	7
Javelin	9
Long Jump	7
Triple Jump	9
High Jump	0
Pole Vault	0
56 lb	9

0  
118

**Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0

0

Actual Total 118

**TOGHER 108**

110m Hurdles	0
400m Hurdles	0
100m	0
200m	0
400m	0

**ST. FINBARRS 109**

110m Hurdles	0
400m Hurdles	0
100m	0
200m	7
400m	6

800m	0	800m	9
1500m	0	1500m	0
5000m	0	5000m	0
3000m Walk	0	3000m Walk	0
3000m st chase	0	3000m st chase	0
4*100m	0	4*100m	0
4*400m	0	4*400m	0
Hammer	0	Hammer	0
Discus	0	Discus	0
Shot	0	Shot	0
Javelin	0	Javelin	0
Long Jump	0	Long Jump	0
Triple Jump	0	Triple Jump	0
High Jump	0	High Jump	0
Pole Vault	0	Pole Vault	0
56 lb	0	56 lb	0
	0		22
<b>Dropped</b>		<b>Dropped</b>	
Drop 1	0	Drop 1	0
Drop 2	0	Drop 2	0
Drop 3	0	Drop 3	0
Drop 4	0	Drop 4	0
	0		0
Actual Total	0	Actual Total	22

3000m Walk	0
3000m st cha	6
4*100m	9
4*400m	0
Hammer	9
Discus	5
Shot	4
Javelin	9
Long Jump	9
Triple Jump	7
High Jump	9
Pole Vault	9
56 lb	0
	0
	115

**Dropped**

Drop 1	4
Drop 2	4
Drop 3	0
Drop 4	0

Actual Total	107
Round 1	0
	0

3000m Walk	9
3000m st cha	0
4*100m	7
4*400m	6
Hammer	7
Discus	7
Shot	9
Javelin	6
Long Jump	7
Triple Jump	6
High Jump	6
Pole Vault	0
56 lb	7
	126

**Dropped**

Drop 1	6
Drop 2	5
Drop 3	4
Drop 4	0

Actual Total	111
Round 1	0

3000m Walk	0
3000m st cha	0
4*100m	0
4*400m	0
Hammer	0
Discus	0
Shot	0
Javelin	0
Long Jump	0
Triple Jump	0
High Jump	0
Pole Vault	0
56 lb	0
	0

**Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0

Actual Total	0
Place	

3000m W	0
3000m st	0
4*100m	0
4*400m	0
Hammer	0
Discus	0
Shot	0
Javelin	0
Long Jum	0
Triple Jun	0
High Jum	0
Pole Vault	0
56 lb	0
	0

**Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0

Actual Tot	0
Place	

## Division 1 Women TULLAMORE 26th May 2013

### MEATH ATHLETIC

100m Hur	9
400m Hur	9
100m	9
200m	7
400m	6
800m	5
1500m	6
3000m	6
1500m W	0
4*100m	9
4*400m	7
Hammer	9
Discus	5
Shot	5
Javelin	5
Long Jum	9
Triple Jun	0
High Jum	9
Pole Vault	0
	0
	0
	115

### TULLAMORE HARRIEF

100m Hurdles	0
400m Hurdles	6
100m	5
200m	5
400m	7
800m	4
1500m	4
3000m	7
1500m Walk	7
4*100m	5
4*400m	6
Hammer	7
Discus	7
Shot	7
Javelin	7
Long Jump	6
Triple Jump	0
High Jump	0
Pole Vault	0
	0
	0
	90

### YOUGHAL 94

100m Hurdles	0
400m Hurdles	0
100m	6
200m	6
400m	5
800m	9
1500m	7
3000m	0
1500m Walk	0
4*100m	4
4*400m	5
Hammer	5
Discus	4
Shot	4
Javelin	9
Long Jump	7
Triple Jump	7
High Jump	6
Pole Vault	9
	0
	0
	93

100m Hurdles	0
400m Hurdles	0
100m	0
200m	0
400m	0
800m	0
1500m	0
3000m	0
1500m Walk	0
4*100m	0
4*400m	0
Hammer	0
Discus	0
Shot	0
Javelin	0
Long Jump	0
Triple Jump	0
High Jump	0
Pole Vault	0
	0
	0
	0

#### **Dropped**

Drop 1	5
Drop 2	0
Drop 3	0
Drop 4	0
	0
Actual Tot	110
Round 1	0
	110

#### **Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0
	0
Actual Total	90
Round 1	0
	0

#### **Dropped**

Drop 1	4
Drop 2	0
Drop 3	0
Drop 4	0
	0
Actual Total	89
Round 1	0
	0

#### **Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0
	0
Actual Total	0
Round 1	0
	0

### CLARE COUNTY 96

100m Hur	0
400m Hur	0
100m	0
200m	0
400m	0
800m	0

### LIMERICK AC 97

100m Hurdles	0
400m Hurdles	5
100m	7
200m	9
400m	4
800m	7

### PORTLAOISE 98

100m Hurdles	0
400m Hurdles	7
100m	4
200m	4
400m	9
800m	6

100m Hurdles	0
400m Hurdles	0
100m	0
200m	0
400m	0
800m	0

1500m	0	1500m	5	1500m	9	1500m	0
3000m	0	3000m	5	3000m	9	3000m	0
1500m W	0	1500m Walk	6	1500m Walk	9	1500m Walk	0
4*100m	0	4*100m	6	4*100m	7	4*100m	0
4*400m	0	4*400m	4	4*400m	9	4*400m	0
Hammer	0	Hammer	4	Hammer	6	Hammer	0
Discus	0	Discus	9	Discus	6	Discus	0
Shot	0	Shot	9	Shot	6	Shot	0
Javelin	0	Javelin	4	Javelin	6	Javelin	0
Long Jum	0	Long Jump	4	Long Jump	5	Long Jump	0
Triple Jun	0	Triple Jump	6	Triple Jump	9	Triple Jump	0
High Jum	0	High Jump	5	High Jump	7	High Jump	0
Pole Vault	0	Pole Vault	0	Pole Vault	0	Pole Vault	0
	0		0		0		0
	0		0		0		0
	0		99		118		0
	0						

**Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0

0

**Dropped**

Drop 1	4
Drop 2	4
Drop 3	0
Drop 4	0

8

**Dropped**

Drop 1	4
Drop 2	4
Drop 3	0
Drop 4	0

**Dropped**

Drop 1	0
Drop 2	0
Drop 3	0
Drop 4	0

0

Actual Tot	0
Round 1	0

Actual Total	91
Round 1	0

Actual Total	110
Place	

Actual Total	0
Place	