

National Inter Club Indoor League		
16th March 2014		
AIT International Arena		
Senior Men's 60 m Hurdles		
Place	Name	Time
1	Ger Cremin	9.55
2	Damian Walsh	10.27
1	Ian McDonald	8.28
2	Edmond O'Halloran	8.59
3	David McCarthy	8.60
4	Paul Byrne	8.83
5	Keith Smith	9.12
6	Kevin Grant	9.56
7	Sean Gill	9.73
Senior Men's 60 m		
Place	Name	Time
1	Jamie Davis	7.05
2	David Tobin	7.29
3	Brendan Doyle	7.38
4	Dylan Archibold	7.45
5	Rory Kedney	7.45
6	Michael Hynes	7.46
7	Colm Burke	7.48
1	Sean O'Driscoll	7.24
2	Conor Duggan	7.26
3	Aidan Conneely	7.34
4	Michael Deady	7.46
5	Adam Cox	7.56
6	Ger Cremin	7.65
1	David Hynes	6.92
2	Barry Regan	7.07
3	Benjamin Guillou	7.12
4	Nick Ennis	7.29
5	Daniel Ikeh	7.58
6	Simon Murphy	7.91
	Jamie Davis	DQ
Senior Men's 200 m		
Place	Name	Time
1	Eoin Muldowney	22.82
2	Tony Stafford	22.93
3	Michael Hynes	23.10
4	Aidan Conneely	23.45
5	Rory Kedney	23.83
6	Adam Cox	24.82
1	David Quilligan	22.03
2	Jamie Davis	22.09
3	David Hynes	22.16
4	Barry Regan	22.90
5	Nick Ennis	23.16
6	Thomas Connolly	24.60

7 Daniel Ikeh	Limerick A.C.	24.94
Senior Men's 400 m		
Place Name	Club	Time
1 Conor Duggan	Craughwell A.C.	52.22
2 Mikey Cullen	Menapians A.C.	52.42
3 Eoin Muldowney	Castlecomer A.C.	52.90
4 Sean Gill	Raheny Shamrock A.C.	52.90
Eoghan Courtney	St. Brendan's (Kerry) A.C.	DNS
1 David McCarthy	Le Cheile A.C.	49.10
2 Kieran Kelly	Raheny Shamrock A.C.	49.24
3 Thomas O'Sullivan	Leevale A.C.	50.14
4 Conor Wilson	Menapians A.C.	51.80
5 Garret Dunne	Crusaders A.C.	52.29
6 Jack Broderick	Limerick A.C.	53.66
7 Cormac Kelly	St. Abbans A.C.	54.24
Senior Men's 800 m		
Place Name	Club	Time
1 Robert Tully	Star of the Sea A.C.	1.53.23
2 Peadar Harvey	Craughwell A.C.	1.57.21
3 Oisín O'Callaghan	Newry A.C.	2.00.27
Pierre Murchant	Celtic A.C.	DNS
1 Brian Kelly	St. Abbans A.C.	1.54.75
2 Conor Walter	Leevale A.C.	1.55.52
3 Kevin Woods	Crusaders A.C.	1.55.68
4 Feidhlim Kelly	Raheny Shamrock A.C.	1.56.47
5 Conall Hayes	Le Cheile A.C.	2.01.86
6 Conor Gaffney	Menapians A.C.	2.12.82
7 Robin Gremmel	Limerick A.C.	2.16.97
Senior Men's 1500 m		
Place Name	Club	Time
1 Kevin Kelly	St. Coca's A.C.	4.00.78
2 Peter O'Sullivan	Loughrea A.C.	4.05.93
1 Ben Thistlewood	Leevale A.C.	4.04.97
2 Cormac Kelly	St. Abbans A.C.	4.08.82
3 Eoin Strutt	Raheny Shamrock A.C.	4.12.28
4 Martin Horan	Le Cheile A.C.	4.20.08
5 Sean Murphy	Crusaders A.C.	4.21.47
6 Robin Gremmel	Limerick A.C.	4.32.79
7 Conor Gaffney	Menapians A.C.	5.00.56
Senior Men's High Jump		
Place Name	Club	Hgt(m)
1 Sam Healy	Leevale A.C.	1.90
2 Kevin Grant	Limerick A.C.	1.85
3 Conor Daly	St. Abbans A.C.	1.75
4 Ian Graham	Raheny Shamrock A.C.	1.75
5 Keith Smith	Menapians A.C.	1.65
6 Patrick Saunders	Crusaders A.C.	1.50
6 Thomas Connolly	Le Cheile A.C.	1.50

Senior Men's Long Jump		
Place Name	Club	Dist(m)
1 David Quilligan	Leevale A.C.	6.92
2 David Tobin	Trim A.C.	6.80
3 Eoin Kelly	St. Abbans A.C.	6.58
4 Keith Smith	Menapians A.C.	6.51
5 Luc Ballantini	Raheny Shamrock A.C.	6.33
6 Niall Counihan	Limerick A.C.	6.15
7 Thomas Connolly	Le Cheile A.C.	5.52
8 Joseph Spratt	Limerick A.C.	4.89
9 Sean Murphy	Crusaders A.C.	4.38
Senior Men's Triple Jump		
Place Name	Club	Dist(m)
Senior Men's Shot Putt		
Place Name	Club	Dist(m)
1 Eoin Moylan	Crusaders A.C.	11.87
2 Dave Frattaroli	Limerick A.C.	10.29
3 Brian Hayes	Leevale A.C.	9.92
4 Bríon Hoban	Raheny Shamrock A.C.	9.92
5 Conor Daly	St. Abbans A.C.	8.91
6 Richard McCarthy	Le Cheile A.C.	8.05
7 Michael Deady	Menapians A.C.	6.29
Senior Men's Pole Vault		
Place Name	Club	Hgt(m)
1 Stuart Greene	Raheny Shamrock A.C.	4.30
2 Benjamin Guillou	Leevale A.C.	3.70
3 James Delaney	St. Abbans A.C.	3.50
4 Kevin Grant	Limerick A.C.	3.30
5 Michael McCarthy	Le Cheile A.C.	2.10
Senior Women's 60 m Hurdles		
Place Name	Club	Time
1 Neasa Millet	St. Abbans A.C.	9.19
2 Jayne Pennefather	Leevale A.C.	9.37
3 Orla Furney	Menapians A.C.	10.02
4 Sarah Finnegan	Craughwell A.C.	10.04
5 Ruth Larragy	Le Cheile A.C.	10.32
6 Maeve Sheehan	Raheny Shamrock A.C.	10.79
Senior Women's 60 m		
Place Name	Club	Time
6 Jane Shovlin	Menapians A.C.	8.36
Therese O'Brien	Limerick A.C.	DNS
1 Shona Lowe	Leevale A.C.	7.92
2 Annie Stafford	Menapians A.C.	7.93
3 Katie Brennan	St. Abbans A.C.	8.05
4 Orla Comerford	Raheny Shamrock A.C.	8.18
5 Tara McNally	Craughwell A.C.	8.26

7	Kate Fitzgerald	Limerick A.C.	8.73
8	Martina Murphy	Le Cheile A.C.	8.82
Senior Women's 200 m			
	Place Name	Club	Time
1	Sinead Treacy	Craughwell A.C.	25.44
2	Annie Stafford	Menapians A.C.	25.82
3	Shona Lowe	Leevale A.C.	26.36
4	Katie Brennan	St. Abbans A.C.	27.39
5	Victoria Dwyer	Raheny Shamrock A.C.	27.88
6	Kate Fitzgerald	Limerick A.C.	29.22
7	Brid Kenny	Le Cheile A.C.	29.25
Senior Women's 400 m			
	Place Name	Club	Time
1	Alanna (Guest) Lill	Galway City Harriers A.C.	57.14
1	Nessa Millet	St. Abbans A.C.	57.56
2	Jessica Neville	Leevale A.C.	57.72
3	Sinead Treacy	Craughwell A.C.	59.50
4	Orla Furney	Menapians A.C.	61.31
5	Orla Kinsella	Le Cheile A.C.	66.53
6	Sarah Mangan	Limerick A.C.	67.10
Senior Women's 800 m			
	Place Name	Club	Time
1	Niamh Donnelly	Dublin City Harriers A.C.	2.19.5H
2	Aoife Ní Bhroin	Dublin City Harriers A.C.	2.25.7H
	Alison Armstrong	Celtic A.C.	DNS
1	Louise Shanahan	Leevale A.C.	2.11.2H
2	Siobhan Eviston	Raheny Shamrock A.C.	2.11.5H
3	Lauren Kealy	St. Abbans A.C.	2.28.1H
4	Rachel Finnegan	Craughwell A.C.	2.33.4H
5	Vicky Taylor	Le Cheile A.C.	2.35.6H
6	Catherine O'Connor	Menapians A.C.	3.10.2H
	Sarah Mangan	Limerick A.C.	DNS
Senior Women's 1500 m			
	Place Name	Club	Time
1	Alison Armstrong	Celtic A.C.	4.56.68
2	Sinead Cronin	Dublin City Harriers A.C.	5.00.66
	Aislinn Moorehouse	Dublin City Harriers A.C.	DNS
1	Claire McSweeney	Leevale A.C.	4.27.80
2	Ciara Greene	Craughwell A.C.	5.23.97
3	Maire Griffith	St. Abbans A.C.	5.26.04
4	Sinead Leavy	Le Cheile A.C.	5.30.94
5	Catherine O'Connor	Menapians A.C.	6.17.20
Senior Women's High Jump			
	Place Name	Club	Hgt(m)
1	Catriona Farrell	Craughwell A.C.	1.70
1	Katie O'Donoghue	Craughwell A.C. Guest	1.55
2	Ailbhe Murphy	Raheny Shamrock A.C.	1.55

2	Orla Ryan	Craughwell A.C. Guest	1.45
3	Jayne Pennefather	Leevale A.C.	1.45
4	Ruth Larragy	Le Cheile A.C.	1.40
5	Kate Fitzgerald	Limerick A.C.	1.20
Senior Women's Long Jump			
	Place Name	Club	Dist(m)
1	Cathriona Farrell	Craughwell A.C.	5.02
2	Neasa Millet	St. Abbans A.C.	4.98
3	Jayne Pennefather	Leevale A.C.	4.84
4	Brid Kenny	Le Cheile A.C.	4.68
5	Jane Shovlin	Menapians A.C.	4.65
6	Maeve Sheehan	Raheny Shamrock A.C.	4.23
7	Sarah Mangan	Limerick A.C.	3.13
Senior Women's Triple Jump			
	Place Name	Club	Dist(m)
1	Sarah Finnegan	Craughwell A.C.	10.20
2	Brid Kenny	Le Cheile A.C.	9.65
3	Jane Shovlin	Menapians A.C.	9.64
4	Maeve Sheehan	Raheny Shamrock A.C.	9.18
5	Lorraine Carr	Leevale A.C.	8.71
6	Shauna Daly	St. Abbans A.C.	8.67
7	Anna (Guest) Daly	St. Abbans A.C.	8.05
Senior Women's Shot Putt			
	Place Name	Club	Dist(m)
1	Anne-Marie (3kg) Tor	Fingallians A.C.	12.63
1	Alana Frattaroli	Limerick A.C.	11.74
2	Shauna Daly	St. Abbans A.C.	10.12
3	Zoe Brown	Raheny Shamrock A.C.	9.66
4	Tara McNally	Craughwell A.C.	7.14
5	Lorraine Carr	Leevale A.C.	6.46
6	Lisa Dixon	Le Cheile A.C.	6.30
7	Katie Young	Menapians A.C.	5.68
Senior Women's Pole Vault			
	Place Name	Club	Hgt(m)
1	Claire Wilkinson	Ballymena & Antrim A.C.	3.70
2	Ruth Larragy	Le Cheile A.C.	2.50
3	Emma Daly	St. Abbans A.C.	1.90

### Athletics Ireland National Indoor League - 16th March 2014

Men		60H	1500	60m	400	800m	200m	Relay	Shot	Long Jump	Pole	High Jump	Triple	Total
1	Leevale A.C.	6	8	5	5	6	8	8	5	8	6	8	3	76
2	St. Abbans A.C.	4	6	6	1	8	4	5	3	6	5	5	8	61
3	Raheny Shamrock A.C.	1	5	0	6	4	6	6	4	5	8	4	2	51
4	Crusaders A.C.	8	3	4	3	5	3	3	8	3	0	1.5	1	42.5
5	Le Cheile A.C.	5	4	2	8	3	2	2	2	1	3	1.5	5	38.5
6	Limerick A.C.	2	2	3	2	1	1	1	6	4	4	6	6	38
7	Menapians A.C.	3	1	8	4	2	5	4	1	0	0	3	4	35

Women		60H	1500	60m	400	800m	200m	Relay	Shot	Long Jump	Pole	High Jump	Triple	Total
1	Leevale A.C.	6	8	8	6	8	5	8	3	5	0	5	3	65
2	Craughwell	4	6	3	5	4	8	6	4	8	0	8	8	64
3	St. Abbans A.C.	8	5	5	8	5	4	4	6	6	7	0	2	60
4	Menapians A.C.	5	3	6	4	2	6	3	1	3	0	3	5	41
5	Le Cheile A.C.	3	4	1	3	3	1	2	2	4	8	4	6	41
6	Raheny Shamrock A.C.	2	0	4	0	6	3	5	5	2	1	6	4	38
7	Limerick A.C.	0	0	2	2	0	2	0	8	1	0	2	0	17