



<b>National League 2014</b>					
<b>Team Points Round 1</b>					
	<b>WATERFORD</b>			<b>SLIGO</b>	
	<b>Division 1</b>	<b>Men</b>		<b>Division 1</b>	
<b>Pool A</b>	Youghal AC	127	<b>Pool A</b>	Donore Hrs	131
	Kilkenny City Harriers	112		Athletics Louth	109
	Limerick AC	102		Dunboyne	103
	St Finbarrs AC	78		Olympian	65
<b>Pool B</b>	Nenagh AC	122	<b>Pool B</b>	City of Derry	122
	Clare County	108		Tir Chonaill	118
	St Laurence O Toole AC	103		Brothers Pearse	101
	Sli Cualann	92			
	Riocht/Gneeveguilla	88			
	<b>WATERFORD</b>			<b>SLIGO</b>	
	<b>Premier</b>	<b>Men</b>		<b>Premier</b>	<b>Men</b>
	St Abbans AC	126		Clonliffe Harriers	123
	Leevale AC	106		North Down AC	117
	Tallaght AC	101		Dundrum South Dublin AC	101
	Kildare Athletics	92		Galway City Harriers	95
	Menapians AC	87		Tullamore Harriers	71
	Kerry Athletics	70		Sligo Athletics	68
	Raheny Shamrocks	57		Crusaders AC	66
	Ferrybank AC	55		Meath Athletics	44



<b>Division 1</b>	<b>Women</b>		<b>Division 1</b>	<b>Women</b>
St Abbans AC	106		Meath Athletics	116
Gneeveguilla AC	100		Lagan Valley	98
Sli Cualann AC	96		Sligo County	85
Youghal AC	79		Olympian	71
Le Cheile AC	76		Donore Harriers	65
Menapians AC	71		Tullamore Harriers	63
Tallaght AC	60		Shercock	9
<b>WATERFORD</b>			<b>SLIGO</b>	
<b>Premier</b>	<b>Women</b>		<b>Premier</b>	<b>Women</b>
Ferrybank AC	100		Dundrum South Dublin	116
Leevale AC	99		Galway County	97
Wexford Athletics	93		Clonliffe Harriers	89
Raheny Shamrocks	84		North Down AC	87
Bandon AC	72		Athletics Louth	80
Kildare Athletics	72		City of Derry AC	69
Kerry Athletics	56		Tir Chonaill AC	63

Premier Men					Premier Women				
110m Hurdles (wind:-3.0 m/s)					100m Hurdles (wind:-5.7 m/s)				
		Athlete	Club	Time			Athlete	Club	Time
1	Owen	Kelly	St Abbans	16.34	1	Jayne	Pennefather	Leevale AC	17.25
2	David	Mc Carthy	Kildare	17.09	2	Maeve	Sheehan	Raheny Shamrocks AC	17.90
3	Josh	Essuman	Tallaght AC	17.34	3	Roisin	Howard	Bandon AC	19.42
4	Pj	Galvin	Kerry	17.43	4	Orla	Foley	Kerry Athletics	21.11
5	Damien	Walsh	Menapians	18.68					
6	Sean	Whittke	Ferrybank AC	20.14					
3000m Walk					1500m Walk				
		Athlete	Club	Time			Athlete	Club	Time
1	Luke	Hickey	Leevale AC	11.44.03					
2	Nathan	Murphy	Kildare	11.48.99					
3			St Abbans AC	16.32.80	1	Sinead	Burke	Kildare Athletics	7.07.69
4	David	Percival	Menapians	23.02.56	2	Catherine	Walsh	Wexford Athletics	7.49.91
5	Tony	Lyons	Tallaght AC	24.08.97	3	Dearbhail	Ivin	Ferrybank AC	14.59.54
400m Hurdles					400m H				
		Athlete	Club	Time			Athlete	Club	Time
1	Paul	Byrne	ST Abbans	52.66	1	Jess	Neville	Leevale AC	65.09
2	Barry	Upton	Menapians	54.20	2	Chloe	Whelan	Wexford Athletics	71.02
3	David	Mc Carthy	Kildare	54.87					
4	Ooghan	Courtney	Kerry	57.04					
5	Feidhlim	Keyy	Raheny Shamrocks AC	59.32					

6	Simon	Esuman	Tallaght	61.35				
7	Youn	Froger	Leevale AC	66.41				
Guest	Damien	Walsh	Menapians	60.54				

### 4X100m Relay

		Athlete	Club	Time			Athlete	Club	Time
1			Leevale AC	43.52	1			Ferrybank AC	48.88
2			Tallaght	43.67	2			Leevale AC	50.45
3			Menapians	44.04	3			Kerry Athletics	51.51
4			Kildare	44.69	4			Raheny Shamrocks ACShamrocks	51.63
5			ST Abbans	44.71	5			Kildare Athletics	51.93
6			Kerry	50.10	6			Wexford Athletics	52.84
			Raheny Shamrocks AC	DNF					

### 4 x 100m Relay

### 1500m

		Athlete	Club	Time			Athlete	Club	Time
1	Brian	Kelly	ST Abbans	4.05.87	1	Fiona	Kehoe	Wexford Athletics	4.44.74
2	Mustaffa	Nazier	Tallaght	4.10.43	2	Carol	Finn	Leevale AC	4.50.16
3	Darragh	Browne	Kerry	4.24.01	3	Maria	O'Sullivan	Raheny Shamrocks ACShamrocks	4.51.19
4	Donal	Foley	Raheny Shamrocks AC	4.29.33	4	Orla	Queally	Ferrybank AC	5.13.62
5	Dave	Comber	Leevale AC	4.32.00	5	Fiona	Everard	Bandon AC	5.18.66
6	Sean	Hopkins	Menapians	4.37.47	6	Ruth	Murphy	Kildare Athletics	5.21.16
Guest			St Abbans AC	4.25.75					

### 1500m

### 400m

### 400m

		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
1	Paul	Murphy	Ferrybank	47.88	1	Louise	Shanahan	Leevale AC	57.08
2	Kieran	Kelly	Raheny Shamrocks AC	49.77	2	Niamh	McNichol	Ferrybank AC	57.74
3	Thomas	O Sullivan	Leevale AC	50.11	3	Brona	Furlong	Wexford Athletics	58.34
4	Conor	Wilson	Menapians	50.47	4	Aisling	Drumgoole	Raheny Shamrocks ACShamrocks	60.37
5	Sean	Mc Cabe	Tallaght	50.80	5	Niamh	Field	Kildare Athletics	62.04
6	Danny	Lawler	ST Abbans	51.47	6	Clara	Heinrich	Kerry Athletics	82.14
7	Kevin	Migge	Kildare	51.58					
8	Johny	O Sullivan	Kerry	56.67	Guest	Eimear	Lynch	Newport AC	63.12
						Marg Mary	Grace	Nenagh AC	69.14

### 3000m S/C

		<b>Athlete</b>	<b>Club</b>	<b>Time</b>					
1	James	Griffin	St. Abbans	10.30.24					
2	Luke	Coleman	Tallaght	10.38.54					
3	Aston	Farrell	Kildare	11.05.94					
4	Damien	Walsh	Menapians	12.06.66					

### 200m (wind:-2.0m/s)

		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
1	David	Hynes	Menapians	22.19	1	Phil	Healy	Bandon AC	24.40
2	Mick	Hynes	Raheny Shamrocks AC	23.36	2	Niamh	Whelan	Ferrybank AC	24.52
3	Sean	Morris	Tallaght	23.49	3	Shona	Lowe	Leevale AC	26.02
4	Thomas	O'Sullivan	Leevale AC	23.66	4	Siobhan	Donegan	Kerry Athletics	27.53

5	Barry	rEGAN	ST Abbans	23.87	5	Niamh	Field	Kildare Athletics	28.11
					6	Aisling	Moore	Raheny Shamrocks AC	28.90

800m					800m				
		Athlete	Club	Time			Athlete	Club	Time
1	Brian	Kelly	St Abbans	1.53.61	1	Clare	McSweeney	Leevale AC	2.13.09
2	Kevin	Lkelly	Kildare	1.54.52	2	Brona	Furlong	Wexford Athletics	2.20.98
3	Feidhlim	Kelly	Raheny Shamrocks AC	1.58.62	3	Maria	McCarthy	Kerry Athletics	2.28.50
4	Mustafa	Nasir	Tallaght	2.01.78	4	Orla	Queally	Ferrybank AC	2.31.27
5	Kevin	Lynch	Kerry	2.03.54	5	Aislinn	Hurley	Kildare Athletics	2.32.64
6	Richard	Lucas	Ferrybank AC	2.03.85	6			Raheny Shamrocks AC	3.14.66
7	Philip	Crowley	Leevale AC	2.08.68					
8	Conor	Gaffney	Menapians	2.09.42					

5000m					3000m				
		Athlete	Club	Time			Athlete	Club	Time
1	Tomas	Fitzpatrick	Tallaght	14.43.96	1	Maria	O'Sullivan	Raheny Shamrocks AC	9.51.81
2	James	Grufferty	Leevale AC	15.03.99	2	Sinead	O'Connor	Leevale AC	10.12.51
3	Martin	Horan	Kildare	16.40.79	3	Maria	McCarthy	Kerry Athletics	10.20.29
4	Donal	Foley	Raheny Shamrocks AC	17.02.40	4	Ruth	Murphy	Kildare Athletics	11.52.01
5	Brian	Gallagher	Ferrybank AC	17.08.15	5	Catherine	Walsh	Wexford Athletics	12.08.08
6	Lee	Savage	Menapians	17.52.56					
7	James	Nolan	ST Abbans	17.58.63					

<b>100m (wind: -2.6 m/s)</b>					<b>100m (wind: -2.7 m/s)</b>				
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		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
1	David	Hynes	Menapians	11.10	1	Phil	Healy	Bandon AC	12.11
3	Keith	Doherty	Tallaght	11.21	2	Niamh	Whelan	Ferrybank AC	12.32
4	David	Quilligan	Leevale AC	11.43	3	Shona	Lowe	Leevale AC	12.76
6	Barry	Regan	ST Abbans	11.74	4	Chloe	Whelan	Wexford Athletics	13.24
8	Mick	Hynes	Raheny Shamrocks AC	11.85	5	Aoife	O'Carroll	Kerry Athletics	13.28
5	Jason	Foley	Kerry	11.87	6	Aine	O'Connor	Kildare Athletics	13.35
7	Ikensa	Ezeugo	Kildare	11.99	7	Aisling	Moore	Raheny Shamrocks AC	14.02
	Sean	Whittle	Ferrybank AC						

#### 4X400m

		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
6			ST Abbans	3.23.29					
7			Kildare	3.25.68	1			Leevale AC	3.56.24
1			Menapians	3.26.24	2			Ferrybank AC	4.14.81
8			Raheny Shamrocks AC	3.27.08	3			Wexford Athletics	4.17.61
4			Leevale AC	3.30.62	4			Kildare Athletics	4.17.62
3			Tallaght	3.31.60	5			Kerry Athletics	4.19.76
5			Kerry	3.44.05	6			Raheny Shamrocks AC	4.24.24

#### 4 x 400m

#### Hammer

		<b>Athlete</b>	<b>Club</b>	<b>Distance</b>			<b>Athlete</b>	<b>Club</b>	<b>Distance</b>
1	James	Heffernan	Leevale AC	33.60	1	Cara	Kennedy	Ferrybank AC	52.30
2	Daniel	Clifford	Kerry	33.25	2	Christina	Furlong	Wexford Athletics	41.95

#### Hammer

3	John	Devers	Tallaght	24.79	3	Laura	McSweeney	Bandon AC	40.75
4	Aiden	Kelly	ST Abbans	21.67	4	M	Kiernan	Raheny Shamrocks AC	39.42
5	Mick	Kenny	Kildare	17.08	5	Pauline	Kenny	Kildare Athletics	18.32
6	Jimmy	O Neill	Menapians	11.04					

### Pole Vault

		Athlete	Club	Height			Athlete	Club	Height
1	Conor	Daly	St Abbans AC	3.00	1	Zoe	Browne	Raheny Shamrocks AC	4.00
2	Patrick	Curran	Tallaght AC	2.80					
3	Simon	Monroe	Kildare County	2.20	Guest	Clare	Wilkinson	Ballymena & Antrim AC	3.60

### Pole Vault

### Long Jump

		Athlete	Club	Distance			Athlete	Club	Distance
1	David	Quilligan	Leevale AC AC	7.10					
2	Owen	Kelly	St Abbans AC	6.80	1	Kelly	Proper	Ferrybank AC	6.03
3	Tony	Stafford	Menapians AC	6.50	2	Antoinette	Stafford	Wexford Athletics	5.53
4	Sean	Archer	Ferrybank AC AC	6.10	3	Roisin	Howard	Bandon AC	5.28
5	Keith	Doherty	Tallaght AC	6.07	4	Emer	McCabe	Kildare Athletics	5.20
6	Ikensa	Ezeugo	Kildare Athletics	6.00	5	Jess	Sheehan	Leevale AC	5.10
7	Ian	Graham	Raheny Shamrocks ACShamrocks	5.95	6	Aoife	O'Farrell	Kerry Athletics	4.73
8	David	O Neill	Kerry Athletics	5.72	7	Maeve	Sheehan	Raheny Shamrocks AC	3.62
Guest	Keith	Smith		6.49					

### Long Jump

### Shot Putt

		Athlete	Club	Distance			Athlete	Club	Distance
1	Ciaran	Stout	Kildare	12.00	1	Laura	McSweeney	Bandon AC	11.12
2	Alan	O Connor	Kerry	11.79	2	Cara	Kennedy	Ferrybank AC	10.10
3	Michael	Gassowski	Tallaght	11.09	3	Zoe	Browne	Raheny Shamrocks AC	9.61

### Shot Put



4	Brian	Hayes	Leevale AC	10.16	4	Niamh	Rochford	Wexford Athletics	9.60
5	Willie	Reilly	St Abbans	9.45	5	Siobhan	Brady	Kildare Athletics	7.29
6	Pat	Kennedy	Ferrybank AC	8.24	6	Lorraine	Carr	Leevale AC	7.14
7	Mick	Hynes	Raheny	7.62	7	Orna	Foley	Kerry Athletics	6.41
8	Barry	Upton	Menapians	7.05					

### High Jump

	Athlete	Club	Height			Athlete	Club	Height	
1	Sam	Healy	Leevale AC	1.90	1	Neasa	Murphy	Ferrybank AC	1.60
2	PJ	Galvin	Kerry	1.85	2	Roisin	Howard	Bandon AC	1.55
3	Paul	Byrne	St Abbans	1.70	3	Helen	Buckley	Raheny Shamrocks AC	1.55
4	Sean	Whittle	Ferrybank AC AC	1.70	4	Caitriona	Corcoran	Wexford Athletics	1.45
5	Olumide	Lawal	Tallaght	1.65	5	Laura	Quigley	Kildare Athletics	1.40
6	Mickey	Cullen	Menapians AC	1.65	6	Clara	Heinrich	Kerry Athletics	1.30
7	Ian	Graham	Rahenty Shamrocks	1.65	7	Lorraine	Carr	Leevale AC	1.30
8	Ikenza	Ezeugo	Kildare	1.55					

### Discus

	Athlete	Club	Distance			Athlete	Club	Distance	
1	Daniel	Clifford	Kerry Athletics	40.01	1	Emma	Owens	Wexford Athletics	34.46
2	Ciaran	Stout	Kildare Athletics	35.80	2	Erin	Kingston	Bandon AC	29.95
3	Shane	Kennedy	Ferrybank AC	30.70	3	Sarah	Bradfield	Leevale AC	28.63
4	Brian	Hayes	Leevale AC AC	30.50	4	Mieke	Kiernan	Raheny Shamrocks AC	26.48
5	Aiden	Kelly	St Abbans AC	25.50	5	Siobhan	Brady	Kildare Athletics	19.40
6	Michael	Deedy	Menapians AC	14.15	6	Orna	Foley	Kerry Athletics	12.93

### Triple Jump

### Triple Jump

		<b>Athlete</b>	<b>Club</b>	<b>Distance</b>			<b>Athlete</b>	<b>Club</b>	<b>Distance</b>
1	Eoin	Kelly	St Abbans	14.14	1	Emer	McCabe	Kildare Athletics	10.50
2	Sean	Archer	Ferrybank AC	13.71	2	Siobhan	Whelan	Ferrybank AC	10.39
3	Feidhlim	Kelly	Raheny	11.88	3	Jess	Sheehan	Leevale AC	10.35
4	Sean	Mc Cabe	Tallaght	11.73	4	Maeve	Sheehan	Raheny Shamrocks AC	9.95
5	Youn	Frogger	Leevale AC	11.68	5	Emer	Gilhooley	Wexford Athletics	9.77
6	Mickey	Cullen	Menapians	11.60	6	Aoife	O'Carroll	Kerry Athletics	9.63
7	David	O Neill	Kerry	11.49	Guest	Niamh	Giles Doran	Ferrybank AC	9.89

**Javelin**

**Javelin**

		<b>Athlete</b>	<b>Club</b>	<b>Distance</b>			<b>Athlete</b>	<b>Club</b>	<b>Distance</b>
1	Paddy	Moore	Leevale AC	42.58	1	Rachel	Roche	Bandon AC	31.37
2	Shane	Kennedy	Ferrybank AC	39.05	2	Helen	Buckley	Raheny Shamrocks AC	30.35
3	Michael	Jordan	Kildare	38.73	3	Kelly	Proper	Ferrybank AC	28.63
4	Keith	Smith	Menapians AC	36.77	4	Niamh	Rochford	Wexford Athletics	25.45
5	Sean	Morris	Tallaght	33.93	5	Laura	Quigley	Kildare Athletics	21.19
6	Aaron	Murphy	St Abbans	32.69	6	Clara	Heinrich	Kerry Athletics	18.09
7	PJ	Galvin	Kerry	21.99					
8	Conor	Walsh	Raheny	8.56					

**56 lb Weight**

		<b>Athlete</b>	<b>Club</b>	<b>Distance</b>					
1	William	Kelly	St Abbans	5.94					
2	John	Devers	Tallaght	5.81					
3	Sean	Purcell	Kerry	5.37					
4	David	Hynes	Menapians	4.94					

5	Paul	Stack	Leevale AC	4.65					
6	Pat	Kennedy	Ferrybank AC	4.41					
7	Mick	Kenny	Kildare	3.81					
8	Michael	Hynes	Raheny Shamrocks	3.65					