

## MORTON STADIUM SANTRY 2014

### Premier Men

| <b>110m Hurdles (wind: 2.2m/s)</b> |                    |             |
|------------------------------------|--------------------|-------------|
|                                    | <b>Club</b>        | <b>Time</b> |
| Shane Aston                        | Meath Athletics    | 15.74       |
| Ed O Halloran                      | Leevale AC         | 15.88       |
| Josh Essuman                       | Tallaght AC        | 15.98       |
| Michael Hartley                    | Menapians AC       | 16.43       |
| Sean Whittle                       | Ferrybank AC       | 21.16       |
| Gary Park                          | Crusaders AC       | 22.99       |
| Guest Matthew Behan                | Crusaders AC       | 14.30       |
| <b>3000m Walk</b>                  |                    |             |
| <b>Athlete</b>                     | <b>Club</b>        | <b>Time</b> |
| Luke Hickey                        | Leevale AC         | 12.12.36    |
| Jimmy Mac Donald                   | Menapians AC       | 14.52.15    |
| Greg Hossenney                     | Clonliffe Harriers | 18.09.84    |
| Tony Lyons                         | Tallaght AC        | 20.18.35    |
| Phillip Matthews                   | Crusaders AC       | 20.42.75    |
| <b>400m Hurdles</b>                |                    |             |
| <b>Athlete</b>                     | <b>Club</b>        | <b>Time</b> |
| Jason Harvey                       | Crusaders AC       | 50.86       |
| Barry Upton                        | Menapians AC       | 54.23       |
| Kaodi Ogbene                       | Leevale AC         | 60.80       |
| Simon Essuman                      | Tallaght AC        | 61.14       |
| Ciaran Farren                      | North Down AC      | 70.40       |
| <b>4X100m Relay</b>                |                    |             |
| <b>Club</b>                        | <b>Time</b>        |             |
| Leevale AC                         | 43.41              |             |
| Clonliffe Harriers                 | 42.95              |             |
| Menapians AC                       | 43.06              |             |
| North Down AC                      | 43.41              |             |
| Tallaght AC                        | 43.50              |             |
| Crusaders AC                       | 43.51              |             |
| <b>1500m</b>                       |                    |             |
| <b>Athlete</b>                     | <b>Club</b>        | <b>Time</b> |
| Andrew Coscoran                    | Meath Athletics    | 3.56.25     |
| Mark Hanrahan                      | Leevale AC         | 3.56.95     |
| Michael Dyel                       | North Down AC      | 3.57.76     |
| Edgar Sunkiss                      | Clonliffe Harriers | 3.58.49     |
| Kieran Sexton                      | Crusaders AC       | 4.02.59     |
| Mustafa Nasir                      | Tallaght AC        | 4.13.84     |
| Sean Hopkins                       | Menapians AC       | 4.48.0 HT   |
| Guest Jordan Stokes                | North Down AC      | 4.05.39     |
| Guest James Budd                   | North Down AC      | 4.06.79     |
| <b>400m</b>                        |                    |             |
| <b>Athlete</b>                     | <b>Club</b>        | <b>Time</b> |
| Paul Murphy                        | Ferrybank AC       | 48.50       |
| Owen Mulhall                       | Crusaders AC       | 49.72       |
| Curtis Woods                       | North Down AC      | 49.97       |
| Thomas O'Sullivan                  | Leevale AC         | 50.82       |
| Conor Wilson                       | Menapians AC       | 51.17       |
| Daragh Griffin                     | Clonliffe Harriers | 51.59       |
| Oisín Foley                        | Meath Athletics    | 53.07       |
| Joseph Lyons                       | Tallaght AC        | 53.84       |
| <b>3000m S/C</b>                   |                    |             |
| <b>Athlete</b>                     | <b>Club</b>        | <b>Time</b> |
| James Rossiter                     | Clonliffe Harriers | 9.14.70     |
| Andrew Coscoran                    | Meath Athletics    | 9.43.71     |
| Luke Coleman                       | Tallaght AC        | 10.43.16    |
| Brian Barron                       | North Down AC      | 10.47.82    |
| Gary Park                          | Crusaders AC       | 11.20.81    |
| Damien Walsh                       | Menapians AC       | 12.06.19    |
| Guest Ciaran Doherty               | Letterkenny AC     | 9.31.23     |
| <b>200m (wind:2.4m/s)</b>          |                    |             |
| <b>Athlete</b>                     | <b>Club</b>        | <b>Time</b> |
| David Quilligan                    | Leevale AC         | 21.58       |
| Jason Harvey                       | Crusaders AC       | 21.72       |
| Tony Stafford                      | Menapians AC       | 22.29       |
| Stephen Walsh                      | Ferrybank AC       | 22.30       |
| Ciaran Donohue                     | Clonliffe Harriers | 22.42       |
| Sean Morris                        | Tallaght AC        | 22.85       |
| Oisín Foley                        | Meath Athletics    | 23.27       |
| Roger Sexton                       | North Down AC      | 23.45       |
| <b>800m</b>                        |                    |             |
| <b>Athlete</b>                     | <b>Club</b>        | <b>Time</b> |
| Robert Tully                       | Meath Athletics    | 1.54.31     |

### Premier Women

| <b>100m Hurdles (wind: 2.7m/s )</b> |                    |             |
|-------------------------------------|--------------------|-------------|
| <b>Athlete</b>                      | <b>Club</b>        | <b>Time</b> |
| Sarah Connolly                      | North Down AC      | 15.42       |
| Jayne Pennefather                   | Leevale AC         | 15.60       |
| Roisin Howard                       | Bandon AC          | 15.74       |
| Emma Mc Coy                         | City of Derry AC   | 16.68       |
| <b>1500m Walk</b>                   |                    |             |
| <b>Athlete</b>                      | <b>Club</b>        | <b>Time</b> |
| Lauren Whelan                       | Leevale AC         | 6.81.89     |
| Rebecca Collins                     | North Down AC      | 7.12.18     |
| Catherine Walsh                     | Wexford Athletic   | 7.45.97     |
| Lisa Bradley                        | City of Derry AC   | 9.58.44     |
| Diana Markinza                      | Clonliffe Harriers | 11.48.89    |
| <b>400m Hurdles</b>                 |                    |             |
| <b>Athlete</b>                      | <b>Club</b>        | <b>Time</b> |
| Jayne Pennefather                   | Leevale AC         | 63.63       |
| Jenni O Brien                       | City of Derry AC   | 67.39       |
| Chloe Whelan                        | Wexford Athletic   | 70.39       |
| Rebecca Collins                     | North Down AC      | 90.21       |
| <b>4X100m Relay</b>                 |                    |             |
| <b>Club</b>                         | <b>Time</b>        |             |
| Leevale AC                          | 49.27              |             |
| North Down AC                       | 51.03              |             |
| Ferrybank AC                        | 52.68              |             |
| City of Derry AC                    | 52.92              |             |
| Clonliffe Harriers                  | 53.89              |             |
| Bandon AC                           | 55.09              |             |
| <b>1500m</b>                        |                    |             |
| <b>Athlete</b>                      | <b>Club</b>        | <b>Time</b> |
| Carmel Crowley                      | Bandon             | 5.12.16     |
| Sarah Kivelehan                     | City of Derry      | 5.08.35     |
| Becky Woods                         | Clonliffe Harriers | 4.27.71     |
| Carol Finn                          | Leevale AC         | 4.46.55     |
| Rachel Gibson                       | North Down         | 4.36.87     |
| Fiona Keogh                         | Wexford Athletic   | 4.30.39     |
| Guest Niamh Donnelly                | Dublin City Harr   | 4.44.58     |
| Guest Cliona Murphy                 | Dublin City Harr   | 4.56.51     |
| Guest Heather Lockard               | Dublin City Harr   | 5.03.93     |
| Guest Sinead Cronin                 | Dublin City Harr   | 5.04.30     |
| Guest Niamh Moore                   | UCC                | 5.10.27     |
| <b>400m</b>                         |                    |             |
| <b>Athlete</b>                      | <b>Club</b>        | <b>Time</b> |
| 1 Brona Furlong                     | Wexford Athletic   | 58.75       |
| 2 Jess Neville                      | Leevale AC         | 59.60       |
| 3 Chloe Johnson                     | North Down         | 60.87       |
| 4 Ciara Cronin                      | Ferrybank AC       | 62.03       |
| 5 Leah Bergin                       | Clonliffe Harriers | 62.97       |
| 6 Tamara Boyle                      | City of Derry      | 63.91       |
| 7 Ella Nickleson                    | Bandon             | 64.98       |
| <b>200m (wind:2.6m/s)</b>           |                    |             |
| <b>Athlete</b>                      | <b>Club</b>        | <b>Time</b> |
| Leah Moore                          | Clonliffe Harriers | 24.54       |
| Shona Lowe                          | Leevale AC         | 25.58       |
| Siobhan Whelan                      | Ferrybank AC       | 26.72       |
| Ellie Hull                          | North Down AC      | 26.90       |
| Roisin Howard                       | Bandon AC          | 27.33       |
| Lucy Appletown                      | City of Derry AC   | 27.99       |
| Guest Grace Lawlor                  | S.L.O.T AC         | 26.14       |
| <b>800m</b>                         |                    |             |
| <b>Athlete</b>                      | <b>Club</b>        | <b>Time</b> |

|                |                    |         |
|----------------|--------------------|---------|
| Michael Dyel   | North Down AC      | 1.55.48 |
| Geordie Smilde | Crusaders AC       | 1.56.33 |
| Conor Walter   | Leevale AC         | 1.57.02 |
| Mark Mc Donald | Clonliffe Harriers | 1.57.63 |
| Sean Mc Cabe   | Tallaght AC        | 2.00.78 |
| Richard Lucus  | Ferrybank AC       | 2.06.20 |
| Conor Gafney   | Menapians AC       | 2.07.35 |
| 316 Guest      |                    | 2.01.67 |
| 317 Guest      |                    | 2.03.18 |

|                 |                    |         |
|-----------------|--------------------|---------|
| Clare McSweeney | Leevale AC         | 2.11.34 |
| Eleanor AI      | Clonliffe Harriers | 2.12.06 |
| Rachel Gibson   | North Down AC      | 2.14.92 |
| Amy Jackson     | City of Derry AC   | 2.19.74 |
| Ciara Cronin    | Ferrybank AC       | 2.26.38 |

#### 5000m

| Athlete              | Club               | Time     |
|----------------------|--------------------|----------|
| Andrew Connick       | Ferrybank AC       | 14.50.86 |
| Brian Mc Mahon       | Clonliffe Harriers | 14.52.67 |
| James Grufferty      | Leevale AC         | 15.35.94 |
| Kieran Peters        | Meath Athletics    | 15.55.80 |
| Shane Collins        | Crusaders AC       | 16.05.39 |
| Francis March        | North Down AC      | 16.29.75 |
| Luke Coleman         | Tallaght AC        | 17.21.05 |
| Lee Savage           | Menapians AC       | 18.36.48 |
| Guest Robert Murphy  | Rathfarnham AC     | 15.52.11 |
| Guest John Reidy     | Crusaders AC       | 16.05.89 |
| Guest Peter Mularkey | City of Derry AC   | 18.15.41 |

#### 100m (wind: 1.7m/s)

| Athlete               | Club               | Time  |
|-----------------------|--------------------|-------|
| Tony Stafford         | Menapians AC       | 11.02 |
| David Quilligan       | Leevale AC         | 11.03 |
| David Tobin           | Meath Athletics    | 11.29 |
| Stephen Walsh         | Ferrybank AC       | 11.42 |
| Sean Bolger           | Tallaght AC        | 11.51 |
| Stuart Roche          | Clonliffe Harriers | 11.58 |
| Kenny Elliott         | North Down AC      | 11.59 |
| Nick Evans            | Crusaders AC       | 11.74 |
| Guest Oliveira Wesley | Leevale AC         | 12.13 |

#### 100m Guest (wind: 0.9 m/s)

| Athlete          | Club         | Time  |
|------------------|--------------|-------|
|                  |              | 11.24 |
|                  |              | 11.48 |
|                  |              | 11.55 |
| Nial Mc Grattan  | North Down   | 11.94 |
| 308 Graham Flynn | Crusaders AC | 11.98 |
|                  |              | 12.13 |
|                  |              | 12.47 |

#### 4X400m

| Club               | Time    |
|--------------------|---------|
| Crusaders AC       | 3.23.12 |
| Menapians AC       | 3.24.47 |
| Clonliffe Harriers | 3.25.82 |
| Leevale AC         | 3.30.04 |
| Tallaght AC        | 3.23.66 |
| North Down AC      | 3.34.18 |
| Meath Athletics    | 3.37.58 |

#### Hammer

| Athlete          | Club               | Distance |
|------------------|--------------------|----------|
| Simon Galligan   | Clonliffe Harriers | 51.37    |
| Patrick Ryan     | Ferrybank AC       | 51.18    |
| Conal Campion    | Meath Athletics    | 49.23    |
| Ciaran Donnelly  | Crusaders AC       | 44.28    |
| James Heffernan  | Leevale AC         | 38.53    |
| Eamon Mc Evoy    | Menapians AC       | 26.64    |
| John Devers      | Tallaght AC        | 25.92    |
| Paddy Mc Grattan | North Down AC      | 24.00    |

#### Pole Vault

| Athlete         | Club               | Height |
|-----------------|--------------------|--------|
| Ruiari O Briain | Crusaders AC       | 4.00   |
| Shane Aston     | Meath Athletics    | 3.00   |
| Patrick Curran  | Tallaght AC        | 2.80   |
| Ciaran Donohue  | Clonliffe Harriers | 2.60   |

#### Long Jump

| Athlete         | Club               | Distance |
|-----------------|--------------------|----------|
| David Tobin     | Meath Athletics    | 7.01     |
| David Quilligan | Leevale AC         | 6.97     |
| Alan Kenny      | North Down AC      | 6.95     |
| Keith Smith     | Menapians AC       | 6.43     |
| Ciaran Donohue  | Clonliffe Harriers | 6.21     |

#### 3000m

| Athlete         | Club               | Time     |
|-----------------|--------------------|----------|
| Sinead O'Connor | Leevale AC         | 10.18.33 |
| Loiuise Reilly  | Clonliffe Harriers | 10.25.31 |
| Elizabeth Egan  | Wexford Athletic   | 10.35.82 |
| Carmel Crowley  | Bandon AC          | 10.51.06 |
| Katie Moore     | North Down AC      | 11.40.35 |
| Sarah Kivelehan | City of Derry AC   | 11.51.25 |

#### 100m (wind: 2.5m/s)

| Athlete            | Club               | Time  |
|--------------------|--------------------|-------|
| Leah Moore         | Clonliffe Harriers | 12.02 |
| Shona Lowe         | Leevale AC         | 12.63 |
| Chloe Whelan       | Wexford Athletic   | 13.06 |
| Mollie Brett       | North Down AC      | 13.44 |
| Ella Nickleson     | Bandon AC          | 13.64 |
| Niamh Giles Doran  | Ferrybank AC       | 13.71 |
| Lucy Appletown     | City of Derry AC   | 14.01 |
| Guest Grace Lawlor | S.L.O.T AC         | 12.49 |

#### 4X400m

| Club               | Time    |
|--------------------|---------|
| Leevale AC         | 3.54.03 |
| Clonliffe Harriers | 4.00.91 |
| North Down AC      | 4.06.11 |
| City of Derry AC   | 4.11.51 |
| Wexford Athletics  | 4.12.68 |
| Ferrybank AC       | 4.21.23 |
| Guest Team         | 4.08.53 |
| Guest Team         | 4.19.87 |

#### Hammer

| Athlete           | Club               | Distance |
|-------------------|--------------------|----------|
| Cara Kennedy      | Ferrybank AC       | 52.98    |
| Laura Mc Sweeney  | Bandon AC          | 44.39    |
| Caoimhe Morris    | Clonliffe Harriers | 43.08    |
| Christina Furlong | Wexford Athletic   | 38.10    |
| Ellie Hull        | North Down AC      | 18.55    |
| Emma Mc Cay       | City of Derry AC   | 10.06    |

#### Pole Vault

| Athlete             | Club               | Height |
|---------------------|--------------------|--------|
| Una Samuels         | Leevale AC         | 2.00   |
| Snezana Bechtin     | Clonliffe Harriers | 2.00   |
| Guest Sarah Rennick | S.L.O.T AC         | 2.40   |

#### Long Jump

| Athlete        | Club             | Distance |
|----------------|------------------|----------|
| Roisin Howard  | Bandon AC        | 5.29     |
| Claire Doherty | City of Derry AC | 5.22     |
| Siobhan Whelan | Ferrybank AC     | 5.19     |
| Sarah Connolly | North Down AC    | 5.17     |
| Jess Sheehan   | Leevale AC       | 4.59     |

|              |              |      |                |                  |      |
|--------------|--------------|------|----------------|------------------|------|
| Sea Archer   | Ferrybank AC | 6.15 | Sophia Mc Cabe | Wexford Athletic | 2.36 |
| Sean Mc Cabe | Tallaght AC  | 5.66 |                |                  |      |
| Oisin Taylor | Crusaders AC | 5.65 |                |                  |      |

#### Shot Putt

| Athlete              | Club               | Distance |
|----------------------|--------------------|----------|
| James Kelly          | Crusaders AC       | 12.05    |
| Michael Gassowski    | Tallaght AC        | 11.94    |
| Shane Aston          | Meath Athletics    | 11.54    |
| Marcin Clinzoni      | Clonliffe Harriers | 11.41    |
| Brian Hayes          | Leevale AC         | 10.15    |
| Pat Kennedy          | Ferrybank AC       | 8.63     |
| Nial Lamont          | North Down AC      | 6.55     |
| Guest Michael Curley | Clonliffe Harriers | 11.09    |
| Guest Tom De Lough   | Crusaders AC       | 14.44    |
| Guest John Dever     | Tallaght AC        | 11.12    |

#### Shot Putt

| Athlete            | Club               | Distance |
|--------------------|--------------------|----------|
| Laura Mc Sweeney   | Bandon AC          | 11.75    |
| Cara Kennedy       | Ferrybank AC       | 10.83    |
| Emma Owens         | Wexford Athletic   | 8.80     |
| Denise Byrne       | Clonliffe Harriers | 8.29     |
| Page O Brien       | Leevale AC         | 8.07     |
| Jenny O Brien      | City of Derry AC   | 7.80     |
| Ellie Hull         | North Down AC      | 7.71     |
| Guest Niamh Murphy | B.I AC             | 12.59    |

#### High Jump

| Athlete         | Club               | Height |
|-----------------|--------------------|--------|
| Andrew Heaney   | Clonliffe Harriers | 2.05   |
| Michael Hartley | Menapians AC       | 1.95   |
| Peter Glass     | North Down AC      | 1.80   |
| Mathew Behan    | Crusaders AC       | 1.80   |
| Eoin Morton     | Tallaght AC        | 1.70   |
| Andrew Coscoran | Meath Athletics    | 1.65   |
| Des Kelleher    | Leevale AC         | 1.60   |

#### High Jump

| Athlete            | Club               | Height |
|--------------------|--------------------|--------|
| Rebecca Rutherford | North Down AC      | 1.60   |
| Sorcha Murphy      | Ferrybank AC       | 1.55   |
| Emma Mc Cay        | City of Derry AC   | 1.50   |
| Emma Young         | Bandon AC          | 1.50   |
| Catriona Corcoran  | Wexford Athletic   | 1.45   |
| Marie O Halloran   | Leevale AC         | 1.40   |
| Diana Markinza     | Clonliffe Harriers | 1.25   |

#### Discus

| Athlete             | Club               | Distance |
|---------------------|--------------------|----------|
| Marcin Clinzoni     | Clonliffe Harriers | 33.78    |
| Shane Kennedy       | Ferrybank AC       | 29.86    |
| Michael Gassowski   | Tallaght AC        | 32.25    |
| Conal Campion       | Meath Athletics    | 34.70    |
| James Kelly         | Crusaders AC       | 32.32    |
| Michael Deedy       | Menapians AC       | 17.70    |
| Curtis Simpson      | North Down AC      | 25.09    |
| Guest Safari Aketch | Clonliffe Harriers | 24.63    |

#### Discus

| Athlete            | Club               | Distance |
|--------------------|--------------------|----------|
| Emma Owens         | Wexford Athletic   | 36.46    |
| Kate Hickey        | Ferrybank AC       | 34.72    |
| Caoimhe Morris     | Clonliffe Harriers | 33.01    |
| Rachel Young       | Bandon AC          | 28.96    |
| Sophie Cree        | North Down AC      | 19.72    |
| Sarah Bradfield    | Leevale AC         | 17.36    |
| Fiona Mallet       | City of Derry AC   | 16.60    |
| Guest Niamh Murphy | B.I.A.C            | 35.82    |
| Guest Tara Connick | St Pauls AC        | 25.12    |

#### Triple Jump

| Athlete      | Club               | Distance |
|--------------|--------------------|----------|
| Sean Archer  | Ferrybank AC       | 13.91    |
| Alan Kennedy | North Down AC      | 13.72    |
| Tomas Dorina | Clonliffe Harriers | 12.72    |
| Oisin Taylor | Crusaders AC       | 12.66    |
| Mikey Cullen | Menapians AC       | 12.35    |
| Sean McCabe  | Tallaght AC        | 11.52    |
| Des Kelleher | Leevale AC         | 8.50     |

#### Triple Jump

| Athlete        | Club               | Distance |
|----------------|--------------------|----------|
| Asla Jaryorian | Clonliffe Harriers | 11.14    |
| Claire Doherty | City of Derry AC   | 11.04    |
| Laura Saulters | North Down AC      | 10.67    |
| Sophia Mc Cabe | Wexford Athletic   | 10.54    |
| Siobhan Whelan | Ferrybank AC       | 10.11    |
| Emma Young     | Bandon AC          | 9.01     |

#### Javelin

| Athlete       | Club               | Distance |
|---------------|--------------------|----------|
| Rory Gunning  | Meath              | 58.38    |
| Ryan Whelan   | Clonliffe Harriers | 51.05    |
| Karl Lamont   | North Down AC      | 43.32    |
| Keith Smith   | Menapians AC       | 42.84    |
| Pat Moore     | Leevale AC         | 42.30    |
| Shane Kennedy | Ferrybank AC       | 40.09    |
| Tom De Jongh  | Crusaders AC       | 39.19    |
| Sean Morris   | Tallaght AC        | 39.02    |

#### Javelin

| Athlete      | Club               | Distance |
|--------------|--------------------|----------|
| Denise Byrne | Clonliffe Harriers | 37.85    |
| Rachel Roche | Bandon AC          | 32.97    |
| Faye O'Brien | Leevale AC         | 28.60    |
| Sophie Cree  | North Down AC      | 28.41    |
| Chloe Whelan | Wexford Athletic   | 17.41    |
| Megan Kiely  | Ferrybank AC       | 17.12    |
| Tamara Boyle | City of Derry AC   | 14.16    |

#### 56 lb Weight

| Athlete          | Club               | Distance |
|------------------|--------------------|----------|
| John Devers      | Tallaght AC        | 6.33     |
| N Touhy          | Crusaders AC       | 6.32     |
| Paul Stack       | Leevale AC         | 4.76     |
| Paddy Mc Grattan | North Down AC      | 4.67     |
| Pat Kennedy      | Ferrybank AC       | 4.62     |
| Brendan Meade    | Meath Athletics    | 3.86     |
| B Tobin          | Clonliffe Harriers | 3.66     |

#### Division 1 Men

##### 110m Hurdles (wind: 3.0m/s )

| Athlete          | Club                | Time  |
|------------------|---------------------|-------|
| Eoin Power       | Kilkenny City Harri | 15.70 |
| Mark Mc Garvey   | City Of Derry AC    | 15.87 |
| Loughlin Campion | Dunboyne AC         | 22.06 |
| David Coyle      | Sli Cualann AC      | 23.57 |

##### 3000m Walk

| Athlete          | Club                | Time     |
|------------------|---------------------|----------|
| Nicholas Dunphy  | Kilkenny City Harri | 16.35.15 |
| Loughlin Campion | Dunboyne AC         | 16.57.87 |
| Tony Gartland    | Sli Cualann AC      | 17.56.29 |
| Peter Vincent    | Bro Pearse AC       | 18.16.93 |

#### Division 1 Women

##### 100m Hurdles (wind: m/s )

| Athlete        | Club            | Time  |
|----------------|-----------------|-------|
| Amaris Borel   | Sli Cualann AC  | 15.20 |
| Orla Furney    | Menapians AC    | 15.65 |
| Laura Frey     | Lagan Valley AC | 16.33 |
| Ciara Heneghan | Meath County    | 18.86 |

##### 1500m Walk

| Athlete          | Club           | Time     |
|------------------|----------------|----------|
| Evelyn Cashman   | Youghal AC     | 8.35.48  |
| Aloisa King      | Tallaght AC    | 8.42.13  |
| Elaine Mac Mahon | Menapians AC   | 10.30.75 |
| Isobel Kenny     | Sli Cualann AC | 11.47.51 |

Noel Curtin Youghal AC 20.18.23

Olivia Webb Olympian AC 12.51.53

#### 400m Hurdles

| Athlete            | Club                | Time  |
|--------------------|---------------------|-------|
| Daniel Colbert     | Youghal AC          | 56.79 |
| Eoin Power         | Kilkenny City Harri | 59.77 |
| Lorcan Lalor       | Sli Cualann AC      | 62.75 |
| Kenneth Kiernan    | Bro Pearse AC       | 66.02 |
| Mark Mc Garvey     | City Of Derry AC    | 68.60 |
| Paul Gannon        | Dunboyne AC         | 69.80 |
| Guest Damien Walsh | Menapians AC        | 61.05 |

#### 400m Hurdles

| Athlete        | Club           | Time  |
|----------------|----------------|-------|
| Amaris Borel   | Sli Cualann AC | 64.17 |
| Orla Furney    | Menapians AC   | 66.48 |
| Laura Heneghan | Meath County   | 75.16 |
|                | Olympian AC    | 78.56 |

#### 4X100m Relay

| Club                   | Time  |
|------------------------|-------|
| S.L.O.T AC             | 44.39 |
| City Of Derry AC       | 44.76 |
| Sli Cualann AC         | 45.65 |
| Bro Pearse AC          | 46.39 |
| Kilkenny City Harriers | 46.42 |
| Youghal AC             | 49.51 |
| Dunboyne AC            | 50.95 |

#### 4X100m Relay

| Club            | Time  |
|-----------------|-------|
| Menapians AC    | 50.36 |
| Sli Cualann AC  | 51.80 |
| Lagan Valley AC | 51.90 |
| Olympian AC     | 53.87 |
| Meath Athletics | 54.34 |
| Tallaght AC     | 55.17 |
| Youghal AC      | 58.12 |

#### 1500m

| Athlete                | Club                | Time    |
|------------------------|---------------------|---------|
| Liam Molloy            | Bro Pearse AC       | 4.26.56 |
| Brian Maher            | Kilkenny City Harri | 4.09.80 |
| Cathal Mc Loughlin     | Olympian AC         | 4.14.95 |
| Cillian Browne         | Sli Cualann AC      | 4.14.46 |
| Jamie Wall             | SLOT AC             | 4.18.73 |
| Michael Mularkey       | City Of Derry AC    | 4.19.16 |
| James Mc Carthy        | Youghal AC          | 4.06.17 |
| Luke Forde             | Dunboyne AC         | 4.11.53 |
| Guest Karl Fitzmaurice | Crusaders AC        | 4.15.37 |
| Guest Brian Barron     | North Down AC       | 4.28.82 |
| Guest Daniel Gillen    | S.L.O.T AC          | 4.56.00 |

#### 1500m

| Athlete           | Club            | Time    |
|-------------------|-----------------|---------|
| Rosa Kirwan       | Sli Cualann AC  | 5.00.03 |
| Wendy Davis       | Lagan Valley AC | 5.08.79 |
| Marissa Mc Millan | Tallaght AC     | 5.40.12 |
| Miriam Hill       | Menapians AC    | 5.46.07 |
| Mary O Keefe      | Youghal AC      | 5.46.18 |

#### 400m

| Athlete         | Club                | Time  |
|-----------------|---------------------|-------|
| Martin Mc Geedy | City Of Derry AC    | 49.97 |
| Michael Bowler  | Kilkenny City Harri | 50.74 |
| Keith Noctor    | S.L.O.T AC          | 52.20 |
| Steven Hanrahan | Bro Pearse AC       | 53.23 |
| Conor Dempsey   | Sli Cualann AC      | 55.04 |
| Fearghal Curtin | Youghal AC          | 56.81 |
| Ossay Sala      | Dunboyne AC         | 62.19 |

#### 400m

| Athlete          | Club            | Time  |
|------------------|-----------------|-------|
| Karen Dunne      | Meath County    | 59.84 |
| Sarah Reihill    | Tallaght AC     | 61.23 |
| Connie Thiel     | Sli Cualann AC  | 62.07 |
| Nicole Moorehead | Lagan Valley AC | 63.91 |
| Sarah Shovlin    | Menapians AC    | 66.70 |
| Karren O Donnell | Olympian AC     | 67.01 |
| Emily O Keeffe   | Youghal AC      | 71.44 |

Guest Eoin Kavanagh Celtic DCH 52.40

Guest Malachy Campbell Dunleer AC 58.62

Guest Aoife Ni Bhroin Celtic DCH 61.93

#### 3000m Steeple Chase

| Athlete              | Club             | Time     |
|----------------------|------------------|----------|
| R Kavanagh           | Dunboyne AC      | 9.49.27  |
| Michael Mularkey     | City Of Derry AC | 10.29.03 |
| Tim Grummell         | Sli Cualann AC   | 10.41.48 |
| Mossie Cahill        | Youghal AC       | 12.58.87 |
| Guest Ciaran Doherty | Letterkenny AC   | 9.31.23  |

#### 200m (wind:2.3m/s)

| Athlete          | Club                | Time  |
|------------------|---------------------|-------|
| Adam Murphy      | S.L.O.T AC          | 22.49 |
| Daniel Colbert   | Youghal AC          | 23.06 |
| Jack Mc Closkey  | City Of Derry AC    | 23.24 |
| Aaron Barron     | Kilkenny City Harri | 23.74 |
| Adam Raitt       | Bro Pearse AC       | 24.64 |
| Martin O Donnell | Olympian AC         | 25.28 |
| David O'Flynn    | Sli Cualann AC      | 25.75 |
| Ossay Sala       | Dunboyne AC         | 26.86 |

#### 200m (wind:2.3m/s)

| Athlete           | Club            | Time  |
|-------------------|-----------------|-------|
| Ara Freeman       | Sli Cualann AC  | 25.72 |
| Aisling Watters   | Meath County    | 26.41 |
| Christina Logue   | Olympian AC     | 26.58 |
| Jane Shovlin      | Menapians AC    | 28.13 |
| Susie Cave        | Lagan Valley AC | 28.71 |
| Emily O Keeffe    | Youghal AC      | 29.83 |
| Chelsey O Toole   | Tallaght AC     | 29.87 |
| Guest Ellen Byrne | Celtic DCH      | 30.82 |

#### 100m (wind: 3.8 m/s ) Guest Ra

|        |       |
|--------|-------|
| Lane 3 | 21.79 |
| Lane 7 | 23.27 |
| Lane 6 | 24.33 |
| Lane 5 | 24.65 |
| Lane 4 | 25.95 |

#### 800m

| Athlete          | Club             | Time    |
|------------------|------------------|---------|
| Matt Doherty     | City Of Derry AC | 2.03.22 |
| Fearghal Curtin  | Youghal AC       | 2.04.05 |
| Morgan Mc Donagh | Dunboyne AC      | 2.05.37 |
| Ken Archbold     | S.L.O.T AC       | 2.06.11 |
| David Coyle      | Sli Cualann AC   | 2.10.63 |
| Shaun Perry      | Olympian AC      | 2.10.94 |
| Ray Cunningham   | Bro Pearse AC    | 2.26.77 |

#### 800m

| Athlete         | Club            | Time    |
|-----------------|-----------------|---------|
| Claire Earls    | Sli Cualann AC  | 2.22.46 |
| Jane Matthews   | Lagan Valley AC | 2.26.39 |
| Karen O Donnell | Olympian AC     | 2.30.34 |
| Bridgie Clarke  | Meath County    | 2.30.80 |
| Ruth Millirich  | Youghal AC      | 2.42.60 |
| Miriam Hill     | Menapians AC    | 2.47.80 |
| Aoife Pugh      | Tallaght AC     | 2.51.94 |
| 318 Aoife Corr  | Celtic DCH      | 2.31.90 |

#### 5000m

| Athlete         | Club                | Time     |
|-----------------|---------------------|----------|
| James Mc Carthy | Youghal AC          | 15.00.16 |
| Brian Maher     | Kilkenny City Harri | 15.19.26 |
| Abdula Abdullin | Dunboyne AC         | 15.34.88 |
| Conor Doherty   | City Of Derry AC    | 16.05.39 |

#### 3000m

| Athlete            | Club            | Time     |
|--------------------|-----------------|----------|
| Laura McDonald     | Tallaght AC     | 10.43.78 |
| Evelyn Cashman     | Youghal AC      | 11.09.97 |
| Ciara Rooney       | Meath Athletics | 11.20.97 |
| Catrina Donaldspon | Lagan Valley AC | 11.40.35 |

|                 |                |          |
|-----------------|----------------|----------|
| David Coyle     | Sli Cualann AC | 17.22.21 |
| Martin Dunlop   | Olympian AC    | 17.49.36 |
| Trevor Corcoran | S.L.O.T AC     | 18.07.24 |
| L. Hopkins      | Bro Pearse AC  | 18.30.38 |

|                     |                |          |
|---------------------|----------------|----------|
| Lorraine Mac Mahion | Menapians AC   | 11.57.60 |
| Isobel Kenny        | Sli Cualann AC | 14.15.24 |

#### 100m (wind: 2.7 m/s)

| Athlete            | Club                | Time  |
|--------------------|---------------------|-------|
| Michael Bowler     | Kilkenny City Harri | 11.26 |
| Ferdia Kenny       | Sli Cualann AC      | 11.47 |
| Stephen Mc Gahey   | City Of Derry AC    | 11.52 |
| David Hayde        | S.L.O.T AC          | 11.74 |
| Eoghan Morgan      | Bro Pearse AC       | 11.89 |
| Jack Daly          | Youghal AC          | 12.17 |
| Martin O'Donnell   | Olympian AC         | 12.20 |
| Caoilin O'Flaherty | Dunboyne AC         | 12.27 |

#### 100m (wind: 1.1m/s)

| Athlete              | Club            | Time  |
|----------------------|-----------------|-------|
| Ara Freeman          | Sli Cualann AC  | 12.67 |
| Aisling Watters      | Meath County    | 12.81 |
| Annie Stafford       | Menapians AC    | 12.86 |
| Christina Logue      | Olympian AC     | 13.24 |
| Naomi Campbell       | Lagan Valley AC | 13.58 |
| Katie Fitzpatrick    | Tallaght AC     | 14.85 |
| Guest Olivia Cumming | North Down AC   | 13.42 |
| Guest Saskia Greer   | North Down AC   | 13.76 |

#### 4x400m

| Athlete | Club             | Time    |
|---------|------------------|---------|
|         | City of Derry AC | 3.37.78 |
|         | S.L.O.T AC       | 3.40.95 |
|         | Sli Cualann AC   | 3.41.45 |
|         | Bro Pearse AC    | 3.51.69 |
|         | Dunboyne AC      | 3.56.82 |

#### 4X400m

| Athlete | Club            | Time    |
|---------|-----------------|---------|
|         | Sli Cualann AC  | 4.11.91 |
|         | Lagan Valley AC | 4.12.39 |
|         | Menapians AC    | 4.18.92 |
|         | Meath County    | 4.27.51 |
|         | Olympian AC     | 4.32.35 |
|         | Tallaght AC     | 4.38.16 |

#### Hammer

| Athlete           | Club             | Distance |
|-------------------|------------------|----------|
| Colman Dunne      | Dunboyne AC      | 41.48    |
| Patrick O'Donnell | Olympian AC      | 21.69    |
| Mossie Cahill     | Youghal AC       | 21.52    |
| Adam Raitt        | Bro Pearse AC    | 16.47    |
| Conor Doherty     | City Of Derry AC | 8.53     |

#### Hammer

| Athlete         | Club            | Distance |
|-----------------|-----------------|----------|
| Megan Monaghan  | Youghal AC      | 49.85    |
| Kelly Brady     | Meath County    | 43.28    |
| Lyndsey Glover  | Lagan Valley AC | 38.84    |
| Katie Young     | Menapians AC    | 35.33    |
| Bronagh Doherty | Olympian AC     | 23.52    |
| Isobel Kenny    | Sli Cualann AC  | 14.49    |

#### Pole Vault

| Athlete               | Club              | Height |
|-----------------------|-------------------|--------|
| Dylan Purcell         | S.L.O.T AC        | 3.40   |
| Guest Thomas Houlihan | West Waterford AC | 4.40   |
| Guest Willie O Toole  | S.L.O.T AC        | 2.60   |

#### Long Jump

| Athlete            | Club                | Distance |
|--------------------|---------------------|----------|
| K Doherty          | Dunboyne AC         | 6.04     |
| Jason Kelly        | S.L.O.T AC          | 5.75     |
| Aiden Brophy       | Bro Pearse AC       | 5.19     |
| Lorcan Lalor       | Sli Cualann AC      | 5.08     |
| Aaron Barron       | Kilkenny City Harri | 4.66     |
| Guest Mikey Cullen | Menapians           | 6.21     |

#### Long Jump

| Athlete            | Club            | Distance |
|--------------------|-----------------|----------|
| Annie Stafford     | Menapians AC    | 5.73     |
| Karen Blaney       | Meath County    | 5.23     |
| Laura Frey         | Lagan Valley AC | 4.90     |
| Sarah Reihill      | Tallaght AC     | 4.84     |
| Sarah Hannah Warde | Olympian AC     | 4.14     |
| Nikita Savage      | Youghal AC      | 3.97     |
| Isobel Kenny       | Sli Cualann AC  | 3.93     |

#### Shot Putt

| Athlete            | Club                | Distance |
|--------------------|---------------------|----------|
| Mathew O'Reilly    | S.L.O.T AC          | 12.78    |
| Brendan Hyland     | Kilkenny City Harri | 10.42    |
| Michael Burton     | Sli Cualann AC      | 9.22     |
| Brendan Quinn      | Olympian AC         | 8.87     |
| C. Dunne           | Dunboyne AC         | 8.75     |
| Phillip Mc Dermott | Bro Pearse AC       | 7.91     |
| Conor Breslin      | City Of Derry AC    | 6.13     |
| Noel Curtin        | Youghal AC          | 5.91     |

#### Shot Putt

| Athlete            | Club            | Distance |
|--------------------|-----------------|----------|
| Kelly Brady        | Meath County    | 9.36     |
| Lauren O'Mahoney   | Youghal AC      | 8.02     |
| Susie Cave         | Lagan Valley AC | 7.97     |
| Denise O'Shea      | Sli Cualann AC  | 7.96     |
| Jane Shovlin       | Menapians AC    | 7.02     |
| Michelle O'Donnell | Olympian AC     | 6.91     |
| Sarah Reihill      | Tallaght AC     | 6.74     |

#### High Jump

| Athlete            | Club                | Height |
|--------------------|---------------------|--------|
| Jack Manning       | Kilkenny City Harri | 1.65   |
| Daniel Colbert     | Youghal AC          | 1.60   |
| Dylan Purcell      | S.L.O.T AC          | 1.60   |
| Jamie Lennon       | Sli Cualann AC      | 1.55   |
| Matt Doherty       | City Of Derry AC    | 1.55   |
| Caoilin O'Flaherty | Dunboyne AC         | 1.50   |

#### High Jump

| Athlete        | Club            | Height |
|----------------|-----------------|--------|
| Kaleigh Clarke | Tallaght AC     | 1.60   |
| Sarah Shovlin  | Menapians AC    | 1.55   |
| Karen Dunne    | Meath County    | 1.45   |
| Nikita Savage  | Youghal AC      | 1.40   |
| Laura Frey     | Lagan Valley AC | 1.35   |
| Rosa Kirwan    | Sli Cualann     | 1.35   |

#### Discus

| Athlete           | Club                | Distance |
|-------------------|---------------------|----------|
| Michael Hanlon    | Dunboyne AC         | 36.71    |
| Mathew O'Reilly   | S.L.O.T AC          | 35.48    |
| Michael Bowler    | Kilkenny City Harri | 33.63    |
| Ronan Kearney     | Sli Cualann AC      | 26.76    |
| Michael Surman    | City Of Derry AC    | 24.41    |
| Mossie Cahill     | Youghal AC          | 21.74    |
| Patrick O'Donnell | Olympian AC         | 21.60    |
| Alan Doyle        | Bro Pearse          | 18.88    |

#### Discus

| Athlete         | Club            | Distance |
|-----------------|-----------------|----------|
| Megan Monaghan  | Youghal AC      | 23.10    |
| Lyndsey Glover  | Lagan Valley AC | 21.66    |
| Bronagh Doherty | Olympian AC     | 19.23    |
| Katie Young     | Menapians AC    | 19.15    |
| Jean Daly       | Meath County AC | 18.83    |
| Aoife Pugh      | Tallaght AC     | 13.61    |

#### Triple Jump

| Athlete         | Club                | Distance |
|-----------------|---------------------|----------|
| Michael Surman  | City Of Derry AC    | 12.26    |
| D Hanlon        | Dunboyne AC         | 11.97    |
| Jack Daly       | Youghal AC          | 10.92    |
| Jason Kelly     | S.L.O.T AC          | 10.32    |
| Adam Reit       | Bro Pearse AC       | 10.30    |
| Brendan Quinn   | Olympian AC         | 10.12    |
| Nicholas Dunphy | Kilkenny City Harri | 8.36     |
| David O'Flynn   | Sli Cualann AC      | 7.81     |

#### Triple Jump

| Athlete             | Club             | Distance |
|---------------------|------------------|----------|
| Naomi Campbell      | Lagan Valley AC  | 9.15     |
| Karen Blaney        | Meath County     | 10.44    |
| Sarah Shovlin       | Menapians AC     | 9.41     |
| Sarah Hannah Warde  | Olympian AC      | 8.44     |
| Patricia Curtin     | Youghal AC       | 9.58     |
| Guest Fiona Mallett | City of Derry AC | 8.48     |

**Javelin**

| <b>Athlete</b>  | <b>Club</b>         | <b>Distance</b> |
|-----------------|---------------------|-----------------|
| Denis Delaney   | Dunboyne AC         | 47.91           |
| Brendan Hyland  | Kilkenny City Harri | 44.20           |
| Jack Daly       | Youghal AC          | 35.44           |
| Richard Whyte   | Bro Pearse AC       | 31.03           |
| Martin Dunlop   | Olympian AC         | 26.08           |
| Daniel Gillian  | S.L.O.T AC          | 22.66           |
| David O'Flynn   | Sli Cualann AC      | 15.36           |
| Peter McCluskey | City Of Derry AC    | 9.62            |

**56 Lb Weight**

| <b>Athlete</b>   | <b>Club</b>         | <b>Distance</b> |
|------------------|---------------------|-----------------|
| Willie O Toole   | S.L.O.T AC          | 5.55            |
| D Delaney        | Dunboyne AC         | 5.11            |
| Phillip Donaghey | City Of Derry AC    | 4.49            |
| Alan Doyke       | Bro Pearse AC       | 4.41            |
| Martin O Donnell | Olympian AC         | 4.21            |
| Noel Curtin      | Youghal AC          | 4.19            |
| Ronan Kearney    | Sli Cualann AC      | 4.04            |
| Dean Brennan     | Kilkenny City Harri | 3.49            |

**Javelin**

| <b>Athlete</b>     | <b>Club</b>     | <b>Distance</b> |
|--------------------|-----------------|-----------------|
| Patricia Curtin    | Youghal AC      | 38.01           |
| Amy Edwards        | Lagan Valley AC | 29.99           |
| Michelle O Donnell | Olympian AC     | 26.47           |
| Denise O'Shea      | Sli Cualann AC  | 22.91           |
| Kaleigh Clarke     | Tallaght AC     | 20.25           |
| Siobhan Byrne      | Meath County    | 19.50           |
| Jane Shovlin       | Menapians AC    | 15.84           |

## Athlone IT

### Premier Men

#### 110m Hurdles (wind: m/s)

| Place | Num | Athlete        | Club                    | Time |
|-------|-----|----------------|-------------------------|------|
| 1     | 508 | Eoin Kelly     | St Abbans AC            |      |
| 2     | 511 | David McCarthy | Kildare Athletics       |      |
| 3     | 513 | PJ Galvin      | Kerry Athletics         |      |
| 4     | 515 | Sean Gill      | Raheny Shamrocks        |      |
| 5     | 509 | Kevin Byrne    | Dundrum South Dublin AC |      |
| 6     | 510 | Igor Muntean   | Galway City Harriers    |      |
| 7     | 512 | Matthew Molloy | Tullamore Harriers      |      |

#### 3000m Walk

| Place | Num | Athlete         | Club                    | Time  |
|-------|-----|-----------------|-------------------------|-------|
| 1     | 509 | Jerome Caprice  | Dundrum South Dublin AC | 12.28 |
| 2     | 511 | Nathan Murphy   | Kildare Athletics       | 14.45 |
| 3     | 515 | Paddy O'Donnell | Raheny Shamrocks        | 19.11 |

#### 400m Hurdles

| Place | Num | Athlete        | Club                    | Time  |
|-------|-----|----------------|-------------------------|-------|
| 1     | 508 | Paul Byrne     | St Abbans AC            | 52.69 |
| 2     | 511 | David McCarthy | Kildare Athletics       | 57.01 |
| 3     | 509 | Aengus Maldron | Dundrum South Dublin AC | 57.69 |
| 4     | 515 | Sean Gill      | Raheny Shamrocks        | 58.04 |
| 5     | 512 | Conor Butler   | Tullamore Harriers      | 71.16 |
| 6     | 510 | Richard Farnan | Galway City Harriers    | 72.09 |

#### 4X100m Relay

| Place | Num | Athlete | Club                    | Time  |
|-------|-----|---------|-------------------------|-------|
| 1     | 511 |         | Kildare Athletics       | 44.17 |
| 2     | 512 |         | Tullamore Harriers      | 44.32 |
| 3     | 508 |         | St Abbans AC            | 44.94 |
| 4     | 513 |         | Kerry Athletics         | 45.03 |
| 5     | 514 |         | Sligo Athletics         | 45.55 |
| 6     | 509 |         | Dundrum South Dublin AC | 45.62 |
| 7     | 510 |         | Galway City Harriers    | 46.20 |
|       | 515 |         | Raheny Shamrocks        | DQ    |

#### 1500m

| Place | Num | Athlete         | Club                    | Time    |
|-------|-----|-----------------|-------------------------|---------|
| 1     | 514 | Emmett Dunleavy | Sligo Athletics         | 3.59.31 |
| 2     | 515 | Feidhlim Kelly  | Raheny Shamrocks        | 4.02.88 |
| 3     | 509 | John Eves       | Dundrum South Dublin AC | 4.03.55 |
| 4     | 511 | Kevin Kelly     | Kildare Athletics       | 4.08.19 |
| 5     | 508 | James Moore     | St Abbans AC            | 4.08.56 |
| 6     | 512 | Liam Brady      | Tullamore Harriers      | 4.10.54 |
| 7     | 510 | John Moroney    | Galway City Harriers    | 4.16.53 |
| 8     | 513 | Darragh Browne  | Kerry Athletics         | 4.23.32 |

|     |                     |                |         |
|-----|---------------------|----------------|---------|
| 250 | Robert Corbally (G) | DSD            | 4.05.22 |
| 279 | John Fenlon (G)     | St Michaels    | 4.14.65 |
| 281 | Rory Moloney (G)    | West Waterford | 4.15.84 |

#### 400m

| Place | Num | Athlete             | Club                    | Time  |
|-------|-----|---------------------|-------------------------|-------|
| 1     | 515 | Kieran Kelly        | Raheny Shamrocks        | 48.53 |
| 2     | 508 | Eoghan Buggy        | St Abbans AC            | 50.43 |
| 3     | 511 | Conor Bracken Price | Kildare Athletics       | 50.66 |
| 4     | 509 | Aenhus Maldron      | Dundrum South Dublin AC | 50.82 |
| 5     | 510 | Keith Fallon        | Galway City Harriers    | 51.03 |
| 6     | 512 | Sean Donegan        | Tullamore Harriers      | 51.27 |
| 7     | 514 | Jack Tillion        | Sligo Athletics         | 53.31 |
| 8     | 513 |                     | Kerry Athletics         | 55.05 |

#### 400m

| Place | Num | Athlete            | Club            | Time  |
|-------|-----|--------------------|-----------------|-------|
| 1     | 261 | Andrew Cummins (G) | DSD             | 51.60 |
| 2     | 272 | Zac Higgins (G)    | Donore Harriers | 56.13 |
| 3     | 270 | Conor Fox (G)      | Donore Harriers | 56.30 |
| 4     | 271 | Adam Halpin (G)    | Donore Harriers | 57.75 |

#### 3000m S/C

| Place | Num | Athlete              | Club                    | Time     |
|-------|-----|----------------------|-------------------------|----------|
| 1     | 509 | Emmet Jennings       | Dundrum South Dublin AC | 9.22.10  |
| 2     | 515 | Colum O'Leary        | Raheny Shamrocks        | 10.28.68 |
| 3     | 512 | Matthew Molloy       | Tullamore Harriers      | 11.14.31 |
|       | 275 | Richard Faulkner (G) | Tullamore Harriers      | 11.48.61 |

#### 200m (wind: +1.7m/s)

| Place | Num | Athlete           | Club                    | Time  |
|-------|-----|-------------------|-------------------------|-------|
| 1     | 515 | Jamie Davis       | Raheny Shamrocks        | 22.06 |
| 2     | 512 | Dean Power        | Tullamore Harriers      | 22.10 |
| 3     | 508 | Paul Byrne        | St Abbans AC            | 22.48 |
| 4     | 509 | Brian Masterson   | Dundrum South Dublin AC | 23.92 |
| 5     | 511 | Sam Olo           | Kildare Athletics       | 22.53 |
| 6     | 513 | Johnny O'Sullivan | Kerry Athletics         | 23.30 |
| 7     | 510 | Eoghan Dobey      | Galway City Harriers    | 23.73 |
| 8     | 514 | Aaron Cadden      | Sligo Athletics         | 23.80 |

#### 200m (wind: +1.6m/s)

| Place | Num | Athlete               | Club             | Time  |
|-------|-----|-----------------------|------------------|-------|
| 1     | 273 | Pat Lynch (G)         | Newport          | 22.76 |
| 2     | 263 | Sean Dowling (G)      | Raheny Shamrocks | 23.69 |
| 3     | 265 | Cathal O'Cleirigh (G) | Raheny Shamrocks | 24.08 |
| 4     | 264 | Paddy O'Donnell (G)   | Raheny Shamrocks | 24.97 |

#### 800m

| Place | Num | Athlete | Club | Time |
|-------|-----|---------|------|------|
|-------|-----|---------|------|------|



|   |     |                        |                         |         |
|---|-----|------------------------|-------------------------|---------|
| 1 | 508 | Brian Kelly            | St Abbans AC            | 1.53.58 |
| 2 | 510 | Keith Fallon           | Galway City Harriers    | 1.55.52 |
| 3 | 509 | Fionn Cleirigh Buttner | Dundrum South Dublin AC | 1.56.44 |
| 4 | 515 | Cillian Kirwan         | Raheny Shamrocks        | 1.57.89 |
| 5 | 511 | John Fitzsimons        | Kildare Athletics       | 2.04.51 |
| 6 | 513 | Conor O'Mahoney        | Kerry Athletics         | 2.12.80 |
| 7 | 512 | Conor Butler           | Tullamore Harriers      | 2.20.48 |

### 800m

| Place | Num | Athlete          | Club             | Time    |
|-------|-----|------------------|------------------|---------|
| 1     | 268 | Cormac Kelly (G) | St Abbans AC     | 1.56.54 |
| 2     | 256 | Rick Nally (G)   | DSD              | 1.59.25 |
| 3     | 289 | Dylan Kirwan (G) | Raheny Shamrocks | 2.08.09 |
| 4     | 281 | Rory Maloney (G) | West Waterford   | 2.09.42 |

### 5000m

| Place | Num | Athlete        | Club                    | Time     |
|-------|-----|----------------|-------------------------|----------|
| 1     | 509 | Alan McCormack | Dundrum South Dublin AC | 15.44.04 |
| 2     | 515 | Brian Leahy    | Raheny Shamrocks        | 15.54.23 |
| 3     | 512 | Adrian Curley  | Tullamore Harriers      | 16.07.21 |
| 4     | 508 | Stephen Lawlor | St Abbans AC            | 16.16.82 |
| 5     | 510 | Richard Farnon | Galway City Harriers    | 17.09.05 |
| 6     | 511 | Larry Kelly    | Kildare Athletics       | 17.09.34 |

### 100m (wind: +1.6 m/s)

| Place | Num | Athlete        | Club                    | Time  |
|-------|-----|----------------|-------------------------|-------|
| 1     | 515 | Jamie Davis    | Raheny Shamrocks        | 10.93 |
| 2     | 512 | Dean Power     | Tullamore Harriers      | 11.10 |
| 3     | 509 | Mark Kavanagh  | Dundrum South Dublin AC | 11.14 |
| 4     | 510 | James Mitchell | Galway City Harriers    | 11.19 |
| 5     | 508 | Barry Regan    | St Abbans AC            | 11.24 |
| 6     | 511 | Michael Fasole | Kildare Athletics       | 11.32 |
| 7     | 513 | Jason Foley    | Kerry Athletics         | 11.54 |
| 8     | 514 | Aaron Cadden   | Sligo Athletics         | 11.92 |

### 100m (wind: +1.6 m/s)

| Place | Num | Athlete | Club | Time  |
|-------|-----|---------|------|-------|
| 1     | 266 |         |      | 11.03 |
| 2     | 273 |         |      | 11.30 |
| 3     | 283 |         |      | 11.39 |
| 4     | 262 |         |      | 11.85 |
| 5     | 260 |         |      | 12.03 |

### 100m Guest (wind: +1.4 m/s)

| Place | Num | Athlete | Club | Time  |
|-------|-----|---------|------|-------|
| 1     | 285 |         |      | 11.47 |
| 2     | 290 |         |      | 11.49 |
| 3     | 284 |         |      | 11.67 |
| 4     | 286 |         |      | 12.60 |

### 4X400m

| Place | Num | Athlete | Club                    | Time    |
|-------|-----|---------|-------------------------|---------|
| 1     | 508 |         | St Abbans AC            | 3.21.95 |
| 2     | 515 |         | Raheny Shamrocks        | 3.25.15 |
| 3     | 509 |         | Dundrum South Dublin AC | 3.28.44 |
| 4     | 514 |         | Sligo Athletics         | 3.37.71 |
| 5     | 510 |         | Galway City Harriers    | 3.47.32 |
| 6     | 513 |         | Kerry Athletics         | 3.50.29 |

#### Hammer

| Place | Num | Athlete           | Club                    | Distance |
|-------|-----|-------------------|-------------------------|----------|
| 1     | 515 | Brion Hoban       | Raheny Shamrocks        | 38.39    |
| 2     | 513 | Daniel Clifford   | Kerry Athletics         | 37.26    |
| 3     | 510 | Brendan Staunton  | Galway City Harriers    | 32.39    |
| 4     | 509 | Andrew Kidd       | Dundrum South Dublin AC | 26.14    |
| 5     | 508 | Aidan Kelly       | St Abbans AC            | 22.61    |
| 6     | 512 | Jim Dolan         | Tullamore Harriers      | 18.84    |
| 7     | 511 | Michael Kenny     | Kildare Athletics       | 17.95    |
| 8     | 514 | Dermott McDermott | Sligo Athletics         | 11.17    |

#### Pole Vault

| Place | Num | Athlete               | Club                    | Height |
|-------|-----|-----------------------|-------------------------|--------|
| 1     | 515 | Stuart Greene         | Raheny Shamrocks        | 4.20   |
| 2     | 508 | James Delaney         | St Abbans AC            | 3.40   |
| 3     | 509 | Kevin Byrne           | Dundrum South Dublin AC | 2.80   |
| 4     | 510 | Cliff Jennings        | Galway City Harriers    | 2.60   |
| 5     | 514 | John McDermott        | Sligo Athletics         | 2.20   |
|       |     | Michael Konieczny (G) | Raheny Shamrocks        | 3.20   |

#### Long Jump

| Place | Num | Athlete       | Club                    | Distance |
|-------|-----|---------------|-------------------------|----------|
| 1     | 514 | Colm Bourke   | Sligo Athletics         | 6.75     |
| 2     | 508 | Eoin Kelly    | St Abbans AC            | 6.57     |
| 3     | 511 | Ikenna Ezeugo | Kildare Athletics       | 6.51     |
| 4     | 515 | Ian Graham    | Raheny Shamrocks        | 5.82     |
| 5     | 509 | Themba Nkoadi | Dundrum South Dublin AC | 5.69     |
| 6     | 513 | David O'Neill | Kerry Athletics         | 5.61     |
| 7     | 510 | Henry Griffen | Galway City Harriers    | 5.19     |
| 8     | 512 | Jordan Hoang  | Tullamore Harriers      | 4.93     |

#### Shot Putt

| Place | Num | Athlete        | Club                    | Distance |
|-------|-----|----------------|-------------------------|----------|
| 1     | 511 | Kieran Stout   | Kildare Athletics       | 13.49    |
| 2     | 513 | Alan O'Connor  | Kerry Athletics         | 12.35    |
| 3     | 512 | Paddy Thornton | Tullamore Harriers      | 11.04    |
| 4     | 515 | Brion Hoban    | Raheny Shamrocks        | 10.09    |
| 5     | 508 | Conor Daly     | St Abbans AC            | 9.82     |
| 6     | 510 | Cliff Jennings | Galway City Harriers    | 9.52     |
| 7     | 509 | Mark Conway    | Dundrum South Dublin AC | 8.06     |
| 8     | 514 | Aaron Cadden   | Sligo Athletics         | 6.10     |

|                      |       |
|----------------------|-------|
| Sean O'Shea (G)      | 11.34 |
| Alex Conway (G)      | 10.49 |
| Sean Purcell (G)     | 9.96  |
| Brendan Staunton (G) | 9.86  |

### High Jump

| Place | Num | Athlete         | Club                    | Height |
|-------|-----|-----------------|-------------------------|--------|
| 1     | 513 | PJ Galvin       | Kerry Athletics         | 1.95   |
| 2     | 510 | Igor Muntean    | Galway City Harriers    | 1.80   |
| 3     | 509 | Thenba Nkela    | Dundrum South Dublin AC | 1.80   |
| 4     | 508 | Kevin Wilson    | St Abbans AC            | 1.70   |
| 5     | 515 | Ian Graham      | Raheny Shamrocks        | 1.65   |
| 6     | 511 | Ikenna Ezeugo   | Kildare Athletics       | 1.60   |
| 7     | 512 | Andrew Delaney  | Tullamore Harriers      | 1.60   |
|       |     | Kevin Byrne (G) | DSD                     | 1.65   |

### Discus

| Place | Num | Athlete          | Club                    | Distance |
|-------|-----|------------------|-------------------------|----------|
| 1     | 513 | Daniel Clifford  | Kerry Athletics         | 41.81    |
| 2     | 510 | Mike Conenry     | Galway City Harriers    | 37.30    |
| 3     | 511 | Kieran Stout     | Kildare Athletics       | 34.32    |
| 4     | 512 | Adrian Curley    | Tullamore Harriers      | 28.00    |
| 5     | 508 | Aidan Kelly      | St Abbans AC            | 27.59    |
| 6     | 509 | Brian McDermott  | Dundrum South Dublin AC | 26.23    |
| 7     | 515 | Mick Hynes       | Raheny Shamrocks        | 21.99    |
| 8     | 514 | Dermot McDermott | Sligo Athletics         | 15.37    |

### Triple Jump

| Place | Num | Athlete        | Club                 | Distance |
|-------|-----|----------------|----------------------|----------|
| 1     | 508 | Eoin Kelly     | St Abbans AC         | 13.98    |
| 2     | 514 | Colm Bourke    | Sligo Athletics      | 13.60    |
| 3     | 512 | Jordan Hoang   | Tullamore Harriers   | 12.71    |
| 4     | 511 | David McCarthy | Kildare Athletics    | 12.69    |
| 5     | 515 | Feidhlim Kelly | Raheny Shamrocks     | 11.16    |
| 6     | 510 | Henry Griffen  | Galway City Harriers | 11.13    |
| 7     | 513 | David O'Neill  | Kerry Athletics      | 10.65    |

### Javelin

| Place | Num | Athlete           | Club                    | Distance |
|-------|-----|-------------------|-------------------------|----------|
| 1     | 509 | Brian McDermott   | Dundrum South Dublin AC | 48.17    |
| 2     | 511 | Michael Jordan    | Kildare Athletics       | 41.47    |
| 3     | 515 | Michael Konieczny | Raheny Shamrocks        | 39.47    |
| 4     | 513 | Sean O'Shea       | Kerry Athletics         | 36.04    |
| 5     | 508 | Aran Murphy       | St Abbans AC            | 33.24    |
| 6     | 510 | Brendan Staunton  | Galway City Harriers    | 32.85    |
| 7     | 512 | Michael Carroll   | Tullamore Harriers      | 25.45    |
| 8     | 514 | John McDermott    | Sligo Athletics         | 20.91    |

### 56 lb Weight

| Place | Num | Athlete       | Club                    | Distance |
|-------|-----|---------------|-------------------------|----------|
| 1     | 511 | Michael Kenny | Kildare Athletics       | 6.11     |
| 2     | 513 | Sean Purcell  | Kerry Athletics         | 5.35     |
| 3     | 510 | Mike Conenry  | Galway City Harriers    | 5.14     |
| 4     | 515 | Michael Hynes | Raheny Shamrocks        | 4.66     |
| 5     | 512 | Jim Dolan     | Tullamore Harriers      | 4.44     |
| 6     | 508 | Conor Daly    | St Abbans AC            | 4.17     |
| 7     | 509 | Andrew Kidd   | Dundrum South Dublin AC | 3.94     |
| 8     | 514 | Jack Tillion  | Sligo Athletics         | 3.42     |

### Premier Women

#### 100m Hurdles (wind: m/s )

| Place | Num | Athlete        | Club                    | Time |
|-------|-----|----------------|-------------------------|------|
| 1     | 523 | Kate Doherty   | Dundrum South Dublin AC |      |
| 2     | 528 | Kate McGowan   | Tir Chonaill AC         |      |
| 3     | 526 | Niamh Fussey   | Athletics Louth         |      |
| 4     | 524 | Sarah Finnegan | Galway County           |      |
| 5     | 525 | Maeve Sheehan  | Raheny Shamrocks AC     |      |

#### 1500m Walk

| Place | Num | Athlete             | Club                    | Time |
|-------|-----|---------------------|-------------------------|------|
| 1     | 527 | Claire Kennedy      | Kildare Athletics       | 7.13 |
| 2     | 524 | Maeve Curley        | Galway County           | 7.14 |
| 3     | 523 | Sorcha Prenderville | Dundrum South Dublin AC | 7.40 |
| 4     | 528 | Ciara Crawford      | Tir Chonaill AC         | 9.20 |
| 5     | 526 | Helen Cheshire      | Athletics Louth         | 9.54 |

#### 400m Hurdles

| Place | Num | Athlete          | Club                    | Time  |
|-------|-----|------------------|-------------------------|-------|
| 1     | 528 | Kelly McGrory    | Tir Chonaill AC         | 64.15 |
| 2     | 526 | Annabelle Morris | Athletics Louth         | 65.00 |
| 3     | 523 | Grace O'Rourke   | Dundrum South Dublin AC | 67.09 |
| 4     | 524 | Rachel Finnegan  | Galway County           | 71.29 |
| 5     | 525 | Orla Lambe       | Raheny Shamrocks AC     | NT    |

#### 4X100m Relay

| Place | Num | Athlete | Club                    | Time  |
|-------|-----|---------|-------------------------|-------|
| 1     | 527 |         | Kildare Athletics       | 48.94 |
| 2     | 523 |         | Dundrum South Dublin AC | 49.59 |
| 3     | 528 |         | Tir Chonaill AC         | 49.62 |
| 4     | 525 |         | Raheny Shamrocks AC     | 50.00 |
| 5     | 524 |         | Galway County           | 50.28 |
| 6     | 529 |         | Kerry Athletics         | 51.34 |
| 7     | 526 |         | Athletics Louth         | 51.87 |

#### 1500m

| Place | Num | Athlete            | Club                    | Time |
|-------|-----|--------------------|-------------------------|------|
| 1     | 523 | Maria McCambridge  | Dundrum South Dublin AC | 4.23 |
| 2     | 525 | Maria O Sullivan   | Raheny Shamrocks AC     | 4.41 |
| 3     | 527 | Rachael Smith      | Kildare Athletics       | 4.45 |
| 4     | 524 | Caroline Whiriskey | Galway County           | 4.54 |
| 5     | 526 | Mary Leech         | Athletics Louth         | 5.00 |

#### 400m

| Place | Num | Athlete              | Club                    | Time  |
|-------|-----|----------------------|-------------------------|-------|
| 1     | 525 | Aisling Drumgoole    | Raheny Shamrocks AC     | 58.91 |
| 2     | 529 | Clare Heinrich       | Kerry Athletics         | 59.55 |
| 3     | 527 | Niamh Field          | Kildare Athletics       | 60.24 |
| 4     | 528 | Eva McMullin         | Tir Chonaill AC         | 61.27 |
| 5     | 526 | Amy McTeggart        | Athletics Louth         | 61.76 |
| 6     | 523 | Sarah Dunne          | Dundrum South Dublin AC | 62.54 |
| 7     | 524 | Aisling Ni Flatharta | Galway County           | 66.60 |

**400m**

| Place | Num | Athlete            | Club    | Time  |
|-------|-----|--------------------|---------|-------|
| 1     | 280 | Amy O'Donoghue (G) | Emerald | 59.05 |
| 2     | 274 | Emer Lynch (G)     | Newport | 60.40 |
| 3     | 282 | Ciara Gallgher (G) | Naas    | 60.72 |

**3000m**

| Place | Num | Athlete            | Club                    | Time     |
|-------|-----|--------------------|-------------------------|----------|
| 1     | 523 | Maria Mc Cambridge | Dundrum South Dublin AC | 9.38.30  |
| 2     | 525 | Maria O'Sullivan   | Raheny Shamrocks AC     | 10.05.88 |
| 3     | 524 | Alvy Carragher     | Galway County           | 10.30.19 |
| 4     | 526 | Pamela Howard      | Athletics Louth         | 10.42.68 |
|       |     | Fiona Clinton (G)  | Dundrum South Dublin AC | 10.05.40 |
|       |     | Megan Ryan (G)     | Dundrum South Dublin AC | 10.25.76 |

**200m (wind: +1.6m/s)**

| Place | Num | Athlete        | Club                    | Time  |
|-------|-----|----------------|-------------------------|-------|
| 1     | 527 | Claire Brady   | Kildare Athletics       | 24.68 |
| 2     | 524 | Sinead Tracey  | Galway County           | 25.52 |
| 3     | 528 | Kate McGowan   | Tir Chonaill AC         | 26.00 |
| 4     | 523 | Sabine Haller  | Dundrum South Dublin AC | 26.71 |
| 5     | 525 | Orla Comerford | Raheny Shamrocks AC     | 26.95 |
| 6     | 526 | Niamh Fussey   | Athletics Louth         | 27.19 |
| 7     | 529 | Clara Heinrich | Kerry Athletics         | 28.40 |

**800m**

| Place | Num | Athlete            | Club                    | Time    |
|-------|-----|--------------------|-------------------------|---------|
| 1     | 525 | Iseult O'Donnell   | Raheny Shamrocks AC     | 2.13.31 |
| 2     | 523 | Sorcha Humpheries  | Dundrum South Dublin AC | 2.19.60 |
| 3     | 527 | Emily Milner       | Kildare Athletics       | 2.23.04 |
| 4     | 526 | Nicola Welsh       | Athletics Louth         | 2.24.11 |
| 5     | 524 | Michelle Maher     | Galway County           | 2.28.86 |
|       | 280 | Amy O'Donoghue (G) | Emerald                 | 2.14.19 |

**100m (wind: +1.0 m/s)**

| Place | Num | Athlete         | Club                    | Time  |
|-------|-----|-----------------|-------------------------|-------|
| 1     | 527 | Claire Brady    | Kildare Athletics       | 12.18 |
| 2     | 529 | Aoife O'Carroll | Kerry Athletics         | 12.67 |
| 3     | 523 | Kate Doherty    | Dundrum South Dublin AC | 12.67 |
| 4     | 528 | Kelly McGrory   | Tir Chonaill AC         | 12.75 |
| 5     | 524 | Roisin Doherty  | Galway County           | 12.78 |
| 6     | 525 | Orla Comerford  | Raheny Shamrocks AC     | 12.85 |
| 7     | 526 | Joy Apke Moses  | Athletics Louth         | 12.95 |

**4X400m**

| Place | Num | Athlete | Club                    | Time    |
|-------|-----|---------|-------------------------|---------|
| 1     | 525 |         | Raheny Shamrocks AC     | 4.05.15 |
| 2     | 526 |         | Athletics Louth         | 4.06.63 |
| 3     | 527 |         | Kildare Athletics       | 4.08.27 |
| 4     | 523 |         | Dundrum South Dublin AC | 4.08.92 |
| 5     | 524 |         | Galway County           | 4.14.90 |
| 6     | 529 |         | Kerry Athletics         | 4.41.09 |

**Hammer**

| Place | Num | Athlete       | Club                    | Distance |
|-------|-----|---------------|-------------------------|----------|
| 1     | 525 | Mieke Kiernan | Raheny Shamrocks AC     | 42.46    |
| 2     | 528 | Clara Herron  | Tir Chonaill AC         | 24.30    |
| 3     | 523 | Lucy Moore    | Dundrum South Dublin AC | 22.10    |
| 4     | 527 | Pauline Kenny | Kildare Athletics       | 20.46    |
| 5     | 526 | Emily Rogers  | Athletics Louth         | 16.15    |

**Pole Vault**

| Place | Num | Athlete               | Club                | Height |
|-------|-----|-----------------------|---------------------|--------|
| 1     | 525 | Zoe Browne            | Raheny Shamrocks AC | 4.40   |
| 2     | 528 | Katie Holt            | Tir Chonaill AC     | 2.40   |
| 3     | 527 | Caoimhe Bracken Price | Kildare Athletics   | 1.50   |

**Long Jump**

| Place | Num | Athlete           | Club                    | Distance |
|-------|-----|-------------------|-------------------------|----------|
| 1     | 527 | Vivian Fleischer  | Kildare Athletics       | 5.43     |
| 2     | 528 | Kate McGowan      | Tir Chonaill AC         | 5.14     |
| 3     | 523 | Sabine Haller     | Dundrum South Dublin AC | 5.10     |
| 4     | 524 | Sinead Tracey     | Galway County           | 5.00     |
| 5     | 526 | Joy Apke Moses    | Athletics Louth         | 4.91     |
| 6     | 529 | Aoibheann O'Brien | Kerry Athletics         | 4.68     |
| 7     | 525 | Holly Ryan        | Raheny Shamrocks AC     | 3.95     |

| <b>Shot Putt</b> |     |                   |                         |          |
|------------------|-----|-------------------|-------------------------|----------|
| Place            | Num | Athlete           | Club                    | Distance |
| 1                | 528 | Geraldine Stewart | Tir Chonaill AC         | 12.59    |
| 2                | 526 | Francis Rogers    | Athletics Louth         | 10.08    |
| 3                | 529 | Kayleigh Cronin   | Kerry Athletics         | 9.77     |
| 4                | 525 | Zoe Browne        | Raheny Shamrocks AC     | 9.76     |
| 5                | 524 | Mary Barrett      | Galway County           | 8.67     |
| 6                | 523 | Rose Alice Murphy | Dundrum South Dublin AC | 8.08     |
| 7                | 527 | Laura Quigley     | Kildare Athletics       | 7.68     |

| <b>High Jump</b> |     |                |                         |        |
|------------------|-----|----------------|-------------------------|--------|
| Place            | Num | Athlete        | Club                    | Height |
| 1                | 526 | Emily Rogers   | Athletics Louth         | 1.70   |
| 2                | 523 | Grace O'Rourke | Dundrum South Dublin AC | 1.60   |
| 3                | 525 | Helen Buckley  | Raheny Shamrocks AC     | 1.55   |
| 4                | 524 | Orla Ryan      | Galway County           | 1.40   |
| 5                | 528 | Kelly McGrory  | Tir Chonaill AC         | 1.40   |
| 6                | 527 | Laura Quigley  | Kildare Athletics       | 1.35   |
| 7                | 529 | Laura Lynch    | Kerry Athletics         | 1.35   |

| <b>Discus</b> |     |                   |                         |          |
|---------------|-----|-------------------|-------------------------|----------|
| Place         | Num | Athlete           | Club                    | Distance |
| 1             | 529 | Kayleigh Cronin   | Kerry Athletics         | 41.08    |
| 2             | 523 | Rose Alice Murphy | Dundrum South Dublin AC | 28.14    |
| 3             | 524 | Mary Barrett      | Galway County           | 23.63    |
| 4             | 527 | Pauline Kenny     | Kildare Athletics       | 22.89    |
| 5             | 528 | Clara Herron      | Tir Chonaill AC         | 21.89    |
| 6             | 526 | Francis Rogers    | Athletics Louth         | 20.84    |
|               | 525 | Mieke Kiernan     | Raheny Shamrocks AC     | NT       |

| <b>Triple Jump</b> |     |                |                         |          |
|--------------------|-----|----------------|-------------------------|----------|
| Place              | Num | Athlete        | Club                    | Distance |
| 1                  | 527 | Emer McCabe    | Kildare Athletics       | 11.10    |
| 2                  | 529 | Laura Lynch    | Kerry Athletics         | 10.65    |
| 3                  | 528 | Emer Brady     | Tir Chonaill AC         | 10.25    |
| 4                  | 526 | Chloe Finley   | Athletics Louth         | 10.07    |
| 5                  | 524 | Sarah Finnegan | Galway County           | 10.00    |
| 6                  | 525 | Maeve Sheehan  | Raheny Shamrocks AC     | 9.59     |
| 7                  | 523 | Rachel Dunne   | Dundrum South Dublin AC | 9.50     |

| <b>Javelin</b> |     |                   |                         |          |
|----------------|-----|-------------------|-------------------------|----------|
| Place          | Num | Athlete           | Club                    | Distance |
| 1              | 528 | Geraldine Stewart | Tir Chonaill AC         | 31.77    |
| 2              | 525 | Helen Buckley     | Raheny Shamrocks AC     | 29.18    |
| 3              | 526 | Amy McTeggart     | Athletics Louth         | 28.48    |
| 4              | 527 | Elaine Corrigan   | Kildare Athletics       | 27.77    |
| 5              | 524 | Ellen Fitzpatrick | Galway County           | 23.46    |
| 6              | 529 | Clara Heinrich    | Kerry Athletics         | 19.34    |
| 7              | 523 | Lucy Moore        | Dundrum South Dublin AC | 14.89    |

#### **Division 1 Men**

##### **110m Hurdles (wind: m/s) - Pool A**

| Place | Num | Athlete        | Club            | Time |
|-------|-----|----------------|-----------------|------|
| 1     | 503 | Mark Rogers    | Athletics Louth |      |
| 2     | 504 | David Courtney | Clare County    |      |

##### **110m Hurdles (wind: m/s) - Pool B**

| Place | Num | Athlete           | Club           | Time |
|-------|-----|-------------------|----------------|------|
| 1     | 501 | Oisín Fitzpatrick | Nenagh Olympic |      |

|   |     |                |              |
|---|-----|----------------|--------------|
| 2 | 506 | Ger Cremin     | Riocht/GG    |
| 3 | 502 | Barry Quigg    | Tir Chonaill |
| 4 | 505 | Jack Broderick | Limerick     |

#### 3000m Walk - Pool A

| Place | Num | Athlete      | Club            | Time  |
|-------|-----|--------------|-----------------|-------|
| 1     | 503 | Scott Dorian | Athletics Louth | 19.15 |

#### 3000m Walk - Pool B

| Place | Num | Athlete          | Club         | Time  |
|-------|-----|------------------|--------------|-------|
| 1     | 502 | Richard McCarthy | Tir Chonaill | 19.11 |
| 2     | 506 | John Barrett     | Riocht/GG    | 21.12 |

#### 400m Hurdles - Pool A

| Place | Num | Athlete     | Club            | Time  |
|-------|-----|-------------|-----------------|-------|
| 1     | 503 | Mark Rogers | Athletics Louth | 57.45 |
| 2     | 500 | Rolus Osala | Donore Harriers | 60.44 |

#### 400m Hurdles - Pool B

| Place | Num | Athlete           | Club           | Time  |
|-------|-----|-------------------|----------------|-------|
| 1     | 501 | Michael Quilligan | Nenagh Olympic | 58.29 |
| 2     | 506 | Ger Cremin        | Riocht/GG      | 61.97 |
| 3     | 505 | Jack Broderick    | Limerick       | 62.36 |
| 4     | 502 | Jack Behan        | Tir Chonaill   | 66.40 |

#### 4X100m Relay - Pool A

| Place | Num | Athlete | Club            | Time  |
|-------|-----|---------|-----------------|-------|
| 1     | 500 |         | Donore Harriers | 45.23 |
| 2     | 504 |         | Clare County    | 45.67 |
| 3     | 503 |         | Athletics Louth | 46.19 |

#### 4X100m Relay - Pool B

| Place | Num | Athlete | Club           | Time  |
|-------|-----|---------|----------------|-------|
| 1     | 501 |         | Nenagh Olympic | 44.49 |
| 2     | 505 |         | Limerick       | 47.14 |
| 3     | 502 |         | Tir Chonaill   | 47.68 |

#### 1500m - Pool A

| Place | Num | Athlete        | Club            | Time    |
|-------|-----|----------------|-----------------|---------|
| 1     | 504 | Damien Lawless | Clare County    | 4.15.49 |
| 2     | 500 | Emmett O'Brien | Donore Harriers | 4.19.97 |
| 3     | 503 | Jack Boylan    | Athletics Louth | 4.23.58 |
| 4     | 507 | David Butler   | St Finbars      | 4.57.80 |

#### 1500m - Pool B

| Place | Num | Athlete         | Club         | Time    |
|-------|-----|-----------------|--------------|---------|
| 1     | 502 | James Speight   | Tir Chonaill | 4.29.92 |
| 2     | 506 | Matthew Collins | Riocht/GG    | 4.31.79 |

#### 400m - Pool A

| Place | Num | Athlete        | Club            | Time  |
|-------|-----|----------------|-----------------|-------|
| 1     | 504 | Darragh Lynch  | Clare County    | 50.77 |
| 2     | 507 | Liam O'Brien   | St Finbars      | 52.11 |
| 3     | 500 | David Campbell | Donore Harriers | 53.24 |
| 4     | 503 | Garry Campbell | Athletics Louth | 54.45 |

#### 400m - Pool B

| Place | Num | Athlete            | Club           | Time  |
|-------|-----|--------------------|----------------|-------|
| 1     | 501 | Paul White         | Nenagh Olympic | 49.13 |
| 2     | 506 | William O'Connor   | Riocht/GG      | 51.50 |
| 3     | 502 | Caolan O'Callaghan | Tir Chonaill   | 55.11 |
| 4     | 505 | Kevin Coleman      | Limerick       | 55.34 |

#### 3000m S/C - Pool A

| Place | Num | Athlete      | Club            | Time     |
|-------|-----|--------------|-----------------|----------|
| 1     | 500 | Ray Hynes    | Donore Harriers | 9.12.03  |
| 2     | 504 | Sean Collins | Clare County    | 10.04.17 |

#### 3000m S/C - Pool B

| Place | Num | Athlete         | Club           | Time     |
|-------|-----|-----------------|----------------|----------|
| 1     | 501 | Killian Cullagh | Nenagh Olympic | 10.08.97 |
| 2     | 502 | James Speight   | Tir Chonaill   | 10.15.66 |

3 506 David O'Keefe Riocht/GG 11.01.67

**200m (wind: +0.8 m/s) - Pool A**

| Place | Num | Athlete           | Club            | Time  |
|-------|-----|-------------------|-----------------|-------|
| 1     | 500 | Conor O'Ceallaigh | Donore Harriers | 23.35 |
| 2     | 504 | Ronan Barry       | Clare County    | 23.39 |
| 3     | 507 | Liam O'Brien      | St Finbars      | 23.71 |
| 4     | 503 | Shane Cheshire    | Athletics Louth | 24.10 |

**200m (wind: +0.8 m/s) - Pool B**

| Place | Num | Athlete    | Club           | Time  |
|-------|-----|------------|----------------|-------|
| 1     | 501 | Paul White | Nenagh Olympic | 22.87 |
| 2     | 502 | Jack Behan | Tir Chonaill   | 24.40 |
| 3     | 505 | Danny Ikeh | Limerick       | 24.91 |

**800m - Pool A**

| Place | Num | Athlete        | Club            | Time    |
|-------|-----|----------------|-----------------|---------|
| 1     | 500 | John Travers   | Donore Harriers | 1.51.72 |
| 2     | 503 | Darragh Greene | Athletics Louth | 1.54.81 |
| 3     | 504 | Damien Lawless | Clare County    | 1.56.58 |
| 4     | 507 | Denis Coughlan | St Finbars      | 1.57.85 |

**800m - Pool B**

| Place | Num | Athlete         | Club           | Time    |
|-------|-----|-----------------|----------------|---------|
| 1     | 501 | Tom Hennessey   | Nenagh Olympic | 2.02.47 |
| 2     | 505 | Kevin Coleman   | Limerick       | 2.05.98 |
| 3     | 506 | John Paul Breen | Riocht/GG      | 2.12.47 |

**5000m - Pool A**

| Place | Num | Athlete         | Club            | Time     |
|-------|-----|-----------------|-----------------|----------|
| 1     | 504 | Kevin Mulcaire  | Clare County    | 15.38.37 |
| 2     | 503 | Patrick O'Grady | Athletics Louth | 16.17.36 |
| 3     | 507 | David Butler    | St Finbars      | 17.55.98 |

**5000m - Pool B**

| Place | Num | Athlete           | Club         | Time     |
|-------|-----|-------------------|--------------|----------|
| 1     | 506 | Donal O'Callaghan | Riocht/GG    | 17.06.57 |
| 2     | 502 | Richard McCarthy  | Tir Chonaill | 17.59.32 |
|       | 251 | Brian Murphy (G)  | Ennis TC     | 16.28.51 |
|       | 288 | James Nolan (G)   | St Abbans    | 17.39.60 |

**100m (wind: +1.6 m/s) - Pool A**

| Place | Num | Athlete       | Club            | Time  |
|-------|-----|---------------|-----------------|-------|
| 1     | 500 | Eamon Fahey   | Donore Harriers | 11.03 |
| 2     | 503 | Conor Durnin  | Athletics Louth | 11.68 |
| 3     | 504 | Paici Carmody | Clare County    | 11.85 |

**100m (wind: +1.9 m/s) - Pool B**

| Place | Num | Athlete | Club | Time |
|-------|-----|---------|------|------|
|-------|-----|---------|------|------|



|   |     |                  |                |       |
|---|-----|------------------|----------------|-------|
| 1 | 502 | Conal Mahon      | Tir Chonaill   | 11.65 |
| 2 | 501 | Dan Finnerty     | Nenagh Olympic | 11.75 |
| 3 | 506 | William O'Connor | Riocht/GG      | 11.89 |
| 4 | 505 | Roland Pika      | Limerick       | 11.95 |

#### 4X400m - Pool A

| Place | Num | Athlete | Club            | Time    |
|-------|-----|---------|-----------------|---------|
| 1     | 503 |         | Athletics Louth | 3.30.82 |
| 2     | 504 |         | Clare County    | 3.33.09 |
| 3     | 500 |         | Donore Harriers | 3.42.12 |

#### 4X400m - Pool B

| Place | Num | Athlete | Club           | Time    |
|-------|-----|---------|----------------|---------|
| 1     | 501 |         | Nenagh Olympic | 3.30.28 |
| 2     | 502 |         | Tir Chonaill   | 3.47.46 |
| 3     | 505 |         | Limerick       | 3.53.29 |
|       |     |         | St Abbans (G)  | 3.35.78 |

#### Hammer - Pool A

| Place | Num | Athlete     | Club            | Distance |
|-------|-----|-------------|-----------------|----------|
| 1     | 500 | Eoin Molloy | Donore Harriers | 40.19    |
| 2     | 503 | Tom McGrane | Athletics Louth | 17.72    |

#### Hammer - Pool B

| Place | Num | Athlete        | Club           | Distance |
|-------|-----|----------------|----------------|----------|
| 1     | 501 | Mark Tierney   | Nenagh Olympic | 23.74    |
| 2     | 502 | Paul O'Gara    | Tir Chonaill   | 19.52    |
| 3     | 506 | David O'Keeffe | Riocht/GG      | 18.11    |
| 4     | 505 | Pat Murphy     | Limerick       | 16.41    |

#### Pole Vault - Pool A

| Place | Num | Athlete         | Club            | Height |
|-------|-----|-----------------|-----------------|--------|
| 1     | 504 | David Courtney  | Clare County    | 2.40   |
|       |     | 503 Mark Rogers | Athletics Louth | NH     |

#### Pole Vault - Pool B

| Place | Num | Athlete             | Club           | Time |
|-------|-----|---------------------|----------------|------|
| 1     | 502 | Christopher Doherty | Tir Chonaill   | 4.20 |
| 2     | 501 | Dan Finnerty        | Nenagh Olympic | 3.00 |

#### Long Jump - Pool A

| Place | Num | Athlete      | Club            | Distance |
|-------|-----|--------------|-----------------|----------|
| 1     | 500 | Eamon Fahey  | Donore Harriers | 6.38     |
| 2     | 503 | Conor Durnin | Athletics Louth | 6.13     |
| 3     | 504 | Jemil Saidii | Clare County    | 5.28     |
| 4     | 507 | David Butler | St Finbars      | 2.33     |

#### Long Jump - Pool B

| Place | Num | Athlete | Club | Distance |
|-------|-----|---------|------|----------|
|-------|-----|---------|------|----------|

|   |     |                    |                |      |
|---|-----|--------------------|----------------|------|
| 1 | 501 | Darren Prout       | Nenagh Olympic | 6.33 |
| 2 | 502 | Caolan O'Callaghan | Tir Chonaill   | 5.57 |
| 3 | 505 | Roland Pika        | Limerick       | 5.63 |
| 4 | 506 | Matthew Collins    | Riocht/GG      | 3.73 |
|   |     | Conor Daly (G)     | St Abbans      | 5.88 |

#### Shot Putt - Pool A

| Place | Num | Athlete      | Club            | Distance |
|-------|-----|--------------|-----------------|----------|
| 1     | 500 | Niall Allen  | Donore Harriers | 11.72    |
| 2     | 504 | Eamon Cleary | Clare County    | 10.49    |
| 3     | 503 | Tom McGrane  | Athletics Louth | 9.76     |
| 4     | 507 | Tony O'Brien | St Finbars      | 6.52     |

#### Shot Putt - Pool B

| Place | Num | Athlete             | Club           | Time  |
|-------|-----|---------------------|----------------|-------|
| 1     | 501 | Peter Ryan          | Nenagh Olympic | 11.68 |
| 2     | 506 | John Barrett        | Riocht/GG      | 7.71  |
| 3     | 502 | Christopher Doherty | Tir Chonaill   | 7.32  |
| 4     | 505 | Danny               | Limerick       | 7.13  |

#### High Jump - Pool A

| Place | Num | Athlete       | Club            | Height |
|-------|-----|---------------|-----------------|--------|
| 1     | 503 | Daniel Finley | Athletics Louth | 1.65   |
| 1     | 504 | Ronan Barry   | Clare County    | 1.65   |
| 3     | 500 | Luke Allen    | Donore Harriers | 1.60   |

#### High Jump - Pool B

| Place | Num | Athlete       | Club           | Time |
|-------|-----|---------------|----------------|------|
| 1     | 502 | Barry Quigg   | Tir Chonaill   | 1.85 |
| 2     | 501 | Tom Hennessey | Nenagh Olympic | 1.70 |
| 3     | 505 | Roland Pika   | Limerick       | 1.65 |
| 4     | 506 | Ger Cremin    | Riocht/GG      | 1.60 |

#### Discus - Pool A

| Place | Num | Athlete       | Club            | Distance |
|-------|-----|---------------|-----------------|----------|
| 1     | 504 | Eamonn Cleary | Clare County    | 28.52    |
| 2     | 503 | Daniel Finley | Athletics Louth | 26.72    |
| 3     | 500 | Eoin Molloy   | Donore Harriers | 20.92    |
| 4     | 507 | Tony O'Brien  | St Finbars      | 16.78    |

#### Discus - Pool B

| Place | Num | Athlete              | Club            | Time  |
|-------|-----|----------------------|-----------------|-------|
| 1     | 501 | Mark Tierney         | Nenagh Olympic  | 23.76 |
| 2     | 502 | Barry Quigg          | Tir Chonaill    | 17.43 |
| 3     | 505 | Pat Murphy           | Limerick        | 15.91 |
|       |     | Michael Kenny (G)    | Kildare         | 35.71 |
|       |     | Niall Allen (G)      | Donore Harriers | 34.29 |
|       |     | Brendan Staunton (G) | GCH             | 33.20 |

Sean O'Shea (G) Kerry 29.70

### Triple Jump - Pool A

| Place | Num | Athlete      | Club            | Distance |
|-------|-----|--------------|-----------------|----------|
| 1     | 503 | Conor Durnin | Athletics Louth | 12.67    |
| 2     | 504 | Jemil Saidi  | Clare County    | 12.49    |
| 3     | 500 | Rolus Osala  | Donore Harriers | 12.10    |

### Triple Jump - Pool B

| Place | Num | Athlete        | Club           | Time  |
|-------|-----|----------------|----------------|-------|
| 1     | 502 | Conal Mahon    | Tir Chonaill   | 13.97 |
| 2     | 505 | Niall Counihan | Limerick       | 13.83 |
| 3     | 501 | Darren Prout   | Nenagh Olympic | 13.22 |
|       |     | Conor Daly     | St Abbans      | 13.5  |

### Javelin - Pool A

| Place | Num | Athlete        | Club            | Distance |
|-------|-----|----------------|-----------------|----------|
| 1     | 503 | Aaron Finley   | Athletics Louth | 42.79    |
| 2     | 504 | David Courtney | Clare County    | 41.46    |

### Javelin - Pool B

| Place | Num | Athlete            | Club           | Distance |
|-------|-----|--------------------|----------------|----------|
| 1     | 501 | Dan Finnerty       | Nenagh Olympic | 38.23    |
| 2     | 505 | Eoin O'Donohue     | Limerick       | 31.56    |
| 3     | 502 | Caolan O'Callaghan | Tir Chonaill   | 14.61    |
| 4     | 506 | Matthew Collins    | Riocht/GG      | 8.35     |

### 56 lb Weight - Pool A

| Place | Num | Athlete        | Club            | Distance |
|-------|-----|----------------|-----------------|----------|
| 1     | 500 | Niall Allen    | Donore Harriers | 6.33     |
| 2     | 503 | Brendan Rogers | Athletics Louth | 4.41     |
| 3     | 504 | Alex Conway    | Clare County    | 2.92     |

### 56 lb Weight - Pool B

| Place | Num | Athlete              | Club           | Time |
|-------|-----|----------------------|----------------|------|
| 1     | 501 | Peter Ryan           | Nenagh Olympic | 6.67 |
| 2     | 502 | Paul O'Gara          | Tir Chonaill   | 4.78 |
| 3     | 506 | John Barrett         | Riocht/GG      | 4.28 |
| 4     | 505 | Jack Broderick       | Limerick       | 2.75 |
|       |     | Brendan Staunton (G) | GCH            | 5.34 |

### Division 1 Women

#### 100m Hurdles (wind: m/s)

| Place | Num | Athlete         | Club               | Time |
|-------|-----|-----------------|--------------------|------|
| 1     | 516 | Saragh Buggy    | St Abbans AC       |      |
| 2     | 519 | Ruth Larraghy   | Le Cheile AC       |      |
| 3     | 517 | Annette O'Brien | Gneeveguilla AC    |      |
| 4     | 521 | Cara Todd       | Tullamore Harriers |      |

### 1500m Walk

| Place | Num | Athlete        | Club               | Time |
|-------|-----|----------------|--------------------|------|
| 1     | 518 | Orla Delahunt  | Sligo County       | 7.31 |
| 2     | 520 | Ann Gormley    | Donore Harriers    | 9.25 |
| 3     | 521 | Liz Cuskelly   | Tullamore Harriers | 9.30 |
|       | 517 | Catherine King | Gneeveguilla AC    | DQ   |

### 400m Hurdles

| Place | Num | Athlete           | Club               | Time  |
|-------|-----|-------------------|--------------------|-------|
| 1     | 518 | Rianne McHugh     | Sligo County       | 73.00 |
| 2     | 519 | Vicky Taylor      | Le Cheile AC       | 74.39 |
| 3     | 521 | Anne Marie Molloy | Tullamore Harriers | 77.05 |
| 4     | 517 | Annette O'Brien   | Gneeveguilla AC    | 85.20 |

### 4X100m Relay

| Place | Num | Athlete | Club               | Time  |
|-------|-----|---------|--------------------|-------|
| 1     | 520 |         | Donore Harriers    | 51.37 |
| 2     | 516 |         | St Abbans AC       | 52.24 |
| 3     | 517 |         | Gneeveguilla AC    | 53.16 |
| 4     | 519 |         | Le Cheile AC       | 55.16 |
| 5     | 518 |         | Sligo County       | 57.26 |
| 6     | 521 |         | Tullamore Harriers | 58.80 |

### 1500m

| Place | Num | Athlete         | Club               | Time |
|-------|-----|-----------------|--------------------|------|
| 1     | 517 | Siobhan Daly    | Gneeveguilla AC    | 4.59 |
| 2     | 516 | Marie Griffiths | St Abbans AC       | 5.17 |
| 3     | 521 | Emily Grennan   | Tullamore Harriers | 5.19 |
| 4     | 520 | Florence Curley | Donore Harriers    | 5.27 |
| 5     | 519 | Sinead Leavy    | Le Cheile AC       | 5.33 |
| 6     | 518 | Laura Joyce     | Sligo County       | 5.48 |

### 400m

| Place | Num | Athlete         | Club               | Time  |
|-------|-----|-----------------|--------------------|-------|
| 1     | 522 | Edel Kieran     | Shercock AC        | 60.98 |
| 2     | 519 | Vicky Taylor    | Le Cheile AC       | 63.26 |
| 3     | 518 | Rianne McHugh   | Sligo County       | 66.09 |
| 4     | 520 | Claire O'Connor | Donore Harriers    | 67.15 |
| 5     | 521 | Nita McLoughlin | Tullamore Harriers | 73.25 |
| 6     | 517 | Catherine Kiely | Gneeveguilla AC    | 80.02 |

### 200m (wind: +1.7 m/s)

| Place | Num | Athlete        | Club               | Time  |
|-------|-----|----------------|--------------------|-------|
| 1     | 518 | Stacey Kerr    | Sligo County       | 26.31 |
| 2     | 516 | Katie Brennan  | St Abbans AC       | 26.89 |
| 3     | 522 | Edel Kieran    | Shercock AC        | 27.09 |
| 4     | 520 | Linda Ngakan   | Donore Harriers    | 28.26 |
| 5     | 517 | Elaine Cronin  | Gneeveguilla AC    | 28.74 |
| 6     | 521 | Eileen Wrafter | Tullamore Harriers | 28.89 |

7 519 Martina Murphy Le Cheile AC NT

### 800m

| Place | Num | Athlete        | Club               | Time    |
|-------|-----|----------------|--------------------|---------|
| 1     | 517 | Siobhan Daly   | Gneeveguilla AC    | 2.31.27 |
| 2     | 521 | Cara Todd      | Tullamore Harriers | 2.32.72 |
| 3     | 516 | Ailish Brennan | St Abbans AC       | 2.35.46 |
| 4     | 519 | Vicky Kyne     | Le Cheile AC       | 2.41.75 |
| 5     | 518 | Laura Joyce    | Sligo County       | 2.46.47 |
| 6     | 520 | Niamh Dowling  | Donore Harriers    | NT      |

### 3000m

| Place | Num | Athlete            | Club               | Time     |
|-------|-----|--------------------|--------------------|----------|
| 1     | 517 | Ann Marie Costello | Gneeveguilla AC    | 10.45.39 |
| 2     | 519 | Suzanne Quinn      | Le Cheile AC       | 10.54.88 |
| 3     | 516 | Marie Griffiths    | St Abbans AC       | 11.21.06 |
| 4     | 521 | Niamh O'Connor     | Tullamore Harriers | 11.49.40 |
| 5     | 520 | Aisling Swain      | Donore Harriers    | 12.11.31 |
| 6     | 518 | Orla Mulvihill     | Sligo County       | 12.22.31 |

### 100m (wind: +2.5 m/s)

| Place | Num | Athlete          | Club               | Time  |
|-------|-----|------------------|--------------------|-------|
| 1     | 520 | Linda Ngakan     | Donore Harriers    | 12.66 |
| 2     | 518 | Stacey Kerr      | Sligo County       | 12.88 |
| 3     | 516 | Katie Brennan    | St Abbans AC       | 12.93 |
| 4     | 522 | Lauren Jones     | Shercock AC        | 13.09 |
| 5     | 517 | Amy Cronin       | Gneeveguilla AC    | 13.31 |
| 6     | 521 | Ann Marie Molloy | Tullamore Harriers | 14.08 |
| 7     | 519 | Hannah Clarke    | Le Cheile AC       | 14.98 |

### 4X400m

| Place | Num | Athlete | Club               | Time    |
|-------|-----|---------|--------------------|---------|
| 1     | 521 |         | Tullamore Harriers | 4.30.21 |
| 2     | 519 |         | Le Cheile AC       | 4.30.90 |
| 3     | 518 |         | Sligo County       | 4.45.72 |
| 4     | 520 |         | Donore Harriers    | 5.10.87 |

### Hammer

| Place | Num | Athlete           | Club               | Distance |
|-------|-----|-------------------|--------------------|----------|
| 1     | 516 | Emma Daly         | St Abbans AC       | 38.71    |
| 2     | 521 | Laura Dolan       | Tullamore Harriers | 35.75    |
| 3     | 520 | Clodagh Read      | Donore Harriers    | 33.77    |
| 4     | 517 | Shiela O'Donoghue | Gneeveguilla AC    | 33.48    |
| 5     | 519 | Erica Dixon       | Le Cheile AC       | 12.47    |

### Pole Vault

| Place | Num | Athlete       | Club         | Height |
|-------|-----|---------------|--------------|--------|
| 1     | 519 | Ruth Larraghy | Le Cheile AC | 2.6    |

### Long Jump

| Place | Num | Athlete          | Club               | Distance |
|-------|-----|------------------|--------------------|----------|
| 1     | 519 | Fiona Hill       | Le Cheile AC       | 5.02     |
| 2     | 516 | Saragh Buggy     | St Abbans AC       | 4.89     |
| 3     | 517 | Amy Cronin       | Gneeveguilla AC    | 4.55     |
| 4     | 522 | Lauren Jones     | Shercock AC        | 4.18     |
| 5     | 520 | Ailise Keating   | Donore Harriers    | 3.96     |
| 6     | 521 | Ann Marie Molloy | Tullamore Harriers | 3.84     |
| 7     | 518 | Laura Joyce      | Sligo County       | 3.26     |
|       |     | Emer McCabe (G)  | Kildare            | 5.06     |

#### Shot Putt

| Place | Num | Athlete           | Club               | Distance |
|-------|-----|-------------------|--------------------|----------|
| 1     | 516 | Shauna Daly       | St Abbans AC       | 10.28    |
| 2     | 517 | Shiela O'Donoghue | Gneeveguilla AC    | 9.94     |
| 3     | 520 | Clodagh Reid      | Donore Harriers    | 7.57     |
| 4     | 518 | Rianne McHugh     | Sligo County       | 7.03     |
| 5     | 521 | Ailbhe Kenny      | Tullamore Harriers | 6.08     |
| 6     | 519 | Lisa Dixon        | Le Cheile AC       | 5.74     |

#### High Jump

| Place | Num | Athlete          | Club               | Height |
|-------|-----|------------------|--------------------|--------|
| 1     | 517 | Laura Kennelly   | Gneeveguilla AC    | 1.45   |
| 2     | 519 | Ruth Larraghy    | Le Cheile AC       | 1.40   |
| 3     | 521 | Keelin Guilfoyle | Tullamore Harriers | 1.35   |
|       |     | Mary Barrett (G) |                    | 1.15   |

#### Discus

| Place | Num | Athlete          | Club               | Distance |
|-------|-----|------------------|--------------------|----------|
| 1     | 517 | Hanna O'Sullivan | Gneeveguilla AC    | 40.34    |
| 2     | 516 | Shauna Daly      | St Abbans AC       | 26.56    |
| 3     | 519 | Vicky Kyne       | Le Cheile AC       | 21.53    |
| 4     | 521 | Alva Kenny       | Tullamore Harriers | 19.19    |
| 5     | 520 | Anne Gormley     | Donore Harriers    | 14.35    |

#### Triple Jump

| Place | Num | Athlete         | Club               | Distance |
|-------|-----|-----------------|--------------------|----------|
| 1     | 516 | Saragh Buggy    | St Abbans AC       | 11.21    |
| 2     | 519 | Fiona Hill      | Le Cheile AC       | 10.47    |
| 3     | 521 | Cara Todd       | Tullamore Harriers | 9.09     |
| 4     | 517 | Annette O'Brien | Gneeveguilla AC    | 8.79     |
| 5     | 520 | Karen Hughes    | Donore Harriers    | 8.54     |

#### Javelin

| Place | Num | Athlete          | Club               | Distance |
|-------|-----|------------------|--------------------|----------|
| 1     | 516 | Emma Daly        | St Abbans AC       | 30.02    |
| 2     | 521 | Laura Dolan      | Tullamore Harriers | 28.38    |
| 3     | 519 | Erica Dixon      | Le Cheile AC       | 28.02    |
| 4     | 517 | Hanna O'Sullivan | Gneeveguilla AC    | 18.47    |

|   |                    |                 |       |
|---|--------------------|-----------------|-------|
| 5 | 520 Clodagh Read   | Donore Harriers | 10.71 |
| 6 | 518 Orla Mulvihill | Sligo County    | 10.10 |