

Woodie's DIY Master Women Cross Country Championships of Ireland 4,000m

Cow Park, Dunboyne, Co. Meath 23rd February 2014

19:46:02

INDIVIDUAL RESULT

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Place	No	Name		Club / County	County	Time
1	172	McCarthy, Maria	M1	Farranfore Maine Valley A.C. (IND)		15.54
2	7	Tuohy, Colette	M3	Mayo A.C. 'C'	Mayo 35	16.01
3	145	Kelly, Eilis	M1	Raheny Shamrock A.C.		16.02
4	150	Curley, Pauline	M2	Tullamore Harriers A.C. 'C'	Offaly 35	16.03
5	9	Lennon, Anne	M3	Mayo A.C. 'C'	Mayo 35	16.15
6	93	Reid, Fiona	M1	Dunboyne A.C. 'C'	Meath 35	16.15
7	130	Evans, Donna	M3	Finn Valley A.C. 'C'	Donegal 35	16.32
8	64	Kealy, Annette	M3	Raheny Shamrock A.C.	Dublin 35	16.34
9	81	Grant, Paula	M1	Laois	Laois	16.38
10	126	Crowley, Carmel	M3	Cork 35	Cork 35	16.40
11	129	Dooher, Catherine	M1	Finn Valley A.C. 'C'	Donegal 35	16.50
12	131	Byrne, Kay	M4	Finn Valley A.C. 'C'	Donegal 35	16.52
13	39	Curley, Anne	M2	Donore Harriers 'C'		16.53
14	125	Parnell, Carmel	M5	Cork 35	Cork 35	16.53
15	67	Morgan, Rachel	M2	Sportsworld A.C. 'C'	Dublin 35	16.56
16	128	Devine, Catriona	M2	Finn Valley A.C. 'C'	Donegal 35	17.02
17	66	Kelly, Ruth	M2	Dublin 35	Dublin 35	17.02
18	65	Wilson, Jean	M1	Dublin 35	Dublin 35	17.06
19	151	Mullaney, Michelle	M1	Tullamore Harriers A.C. 'C'	Offaly 35	17.08
20	77	Éacratt, Sinead	M1	St. Michael's AC	Laois	17.12
21	68	Nichonaiill, Brid	M2	Raheny Shamrock A.C.		17.12
22	92	Dan, Emilia	M2	Dunboyne A.C. 'C'	Meath 35	17.13
23	36	Dolan, Maria	M3	Rathfarnham W.S.A.F. A.C. 'C'	Dublin 35	17.16
24	8	O'Connor, Angela	M3	Mayo A.C. 'C'	Mayo 35	17.26
25	122	Healy, Ann Marie	M2	St. Finbarrs A.C. 'C'	Cork 35	17.27
26	35	Sallier, Vanessa	M2	Rathfarnham W.S.A.F. A.C. 'C'	Dublin 35	17.39
27	78	Hackett, Pippa	M2	St. Michael's AC	Laois	17.40
28	50	Cotter, Gillian	M2	St. Finbarrs A.C. 'C'	Cork 35	17.41
29	164	Tester, Ciara	M1	Sportsworld A.C. 'C'	Dublin 35	17.43
30	174	Welsh, Nicola	M1	Boyne A.C. (IND)		17.47
31	121	O'Neill, Anna	M2	Cork 35	Cork 35	17.49
32	40	Mahony, Breda	M1	Donore Harriers 'C'		17.51
33	45	Curley, Florence	M2	Donore Harriers 'C'		17.52
34	13	Daly, Breda	M2	Mullingar Harriers A.C. 'C'	Westmeath 35	17.53
35	152	Bracken, Mary	M1	Tullamore Harriers A.C. 'C'	Offaly 35	17.55
36	49	Wolfe, Anne	M2	St. Finbarrs A.C. 'C'		18.01
37	41	Behan, Karen	M1	Donore Harriers 'C'		18.10
38	153	Carroll, Ann	M4	Tullamore Harriers A.C. 'C'	Offaly 35	18.13

Place	No	Name		Club / County	County	Time
39	109	Byrne, Ursula	M3	Dunshaughlin A.C.	Meath 35	18.25
40	12	Dervin, Maura	M3	Mullingar Harriers A.C. 'C'	Westmeath 35	18.30
41	106	Boyle, Marie	M2	Galway City Harriers A.C.	Galway 35	18.36
42	48	Sweeney, Mary	M4	St. Finbarrs A.C. 'D'		18.47
43	80	Corcoran, Monica	M2	St. Michael's AC	Laois	18.51
44	6	Jones, Sheelagh	M5	Dundrum South Dublin A.C.	Dublin 50	18.56
45	5	Hough, Joan	M5	Midleton A.C.		18.56
46	104	Walsh, Jane	M2	Galway City Harriers A.C.	Galway 35	19.00
47	17	Jennings, Mary	M5	Waterford A.C.		19.02
48	140	Speight, Marie T	M5	Finn Valley A.C. 'D'	Donegal 50	19.03
49	55	Bayton Leonardo, Ester	M1	Newbridge A.C.		19.03
50	94	Watters, Mary	M4	Navan A.C. 'C'	Meath 35	19.04
51	47	Twohig, Denise	M2	St. Finbarrs A.C. 'C'		19.05
52	168	Delaney, Anna	M2	Sportsworld A.C. 'C'		19.07
53	134	Gallen, Eimear	M2	Finn Valley A.C. 'C'	Donegal 35	19.06
55	79	Sheerin, Olivia	M3	St. Michael's AC	Laois	19.08
56	137	Bonner, Noreen	M5	Finn Valley A.C. 'D'	Donegal 50	19.09
57	160	Byrne, Nora	M3	Raheny Shamrock A.C.	Dublin 35	19.11
58	111	O Connell, Emer	M2	Galway 35	Galway 35	19.15
59	10	Walsh, Joan	M3	Mayo A.C. 'C'	Mayo 35	19.17
60	97	Fitzsimons, Deirdre	M2	Dunboyne A.C. 'C'	Meath 35	19.21
61	14	Murray, Paula	M3	Mullingar Harriers A.C. 'C'	Westmeath 35	19.24
62	28	Byrne, Anne	M1	North Sligo A.C. 'C'		19.26
63	127	Muckian, Bernadette	M3	North East Runners A.C.		19.33
64	169	Higgins, Ann	M2	Sportsworld A.C. 'C'		19.48
65	133	Harvey, Marie	M1	Finn Valley A.C. 'C'	Donegal 35	19.49
66	112	Reilly, Nuala	M5	Drogheda & District A.C.		19.55
67	31	McCarthy, Fiona	M2	North Sligo A.C. 'C'		19.56
68	34	Melling, Zoe	M2	Rathfarnham W.S.A.F. A.C. 'C'		19.57
69	103	Brannigan, Carmel	M4	Galway City Harriers A.C.	Galway 50	20.05
70	46	Hynes, Amanda	M3	Mayo 35	Mayo 35	20.06
71	108	Sheridan, Margaret	M3	Galway City Harriers A.C.	Galway 35	20.11
72	119	Farrell, Deirdre	M3	Meath 35	Meath 35	20.14
73	146	Purdue Smyth, Mary	M3	Raheny Shamrock A.C.		20.15
74	148	Kirwan, Fiona	M4	Raheny Shamrock A.C.	Dublin 50	20.23
75	27	Gillen, Karen	M2	North Sligo A.C. 'C'		20.23
76	139	Mc Namee, Nancy	M4	Finn Valley A.C. 'D'	Donegal 50	20.35
77	37	Flynn, Laura	M3	Rathfarnham W.S.A.F. A.C. 'C'		20.36
78	91	Lynch, Roisin	M6	City of Derry AC Spartans		20.36
79	74	Manley, Bernadette	M5	Raheny Shamrock A.C.	Dublin 50	20.39
80	167	Gowran, Sandra	M2	Sportsworld A.C. 'C'		20.42
81	123	Harrington Buckley, Kitty	M3	St. Finbarrs A.C. 'C'	Cork 35	20.55
82	59	Murphy, Mary	M4	St. Finbarrs A.C. 'D'		20.59
83	86	McHale, Audrey	M1	Meath	Meath	21.01
84	149	Gargan, Ann Marie	M2	Raheny Shamrock A.C.		21.01
85	155	Mullen, Una	M3	Tullamore Harriers A.C. 'C'	Offaly 35	21.04

Place	No	Name		Club / County	County	Time
86	30	O'Sullivan, Alison	M2	North Sligo A.C. 'C'		21.07
87	63	McEvoy, Angela	M4	St. Finbarrs A.C. 'C'		21.10
88	118	Reilly, Mary	M5	Dunshaughlin A.C.	Meath 35	21.11
89	73	Melody, Aileen	M4	Sportsworld A.C. 'C'	Dublin 50	21.20
90	85	Carty, Heather	M1	Meath	Meath	21.26
91	4	McNelis, Evelyn	M7	Naas A.C.		21.29
92	101	Bergin, Barbara	M4	Galway City Harriers A.C.	Galway 50	21.30
93	100	Kelly, Bernie	M5	Galway City Harriers A.C.	Galway 50	21.38
94	157	Grennan, Margaret	M2	Tullamore Harriers A.C. 'C'	Offaly 35	21.41
95	83	Tobin, Ann	M4	Meath	Meath	21.47
96	136	Donaghey, Gloria	M4	Finn Valley A.C. 'D'	Donegal 50	21.52
97	154	Cuskelly, Liz	M2	Tullamore Harriers A.C. 'C'	Offaly 35	22.04
98	2	Roche, Judith	M6	Loughrea A.C.	Galway	22.08
99	89	Carr, Mary	M1	Meath	Meath	22.14
100	1	O'Brien, Eileen	M6	Lucan Harriers A.C.	Dublin 50	22.16
101	84	Hegarty, Paula	M2	Meath	Meath	22.17
102	102	Ní Chríocháin, Majella	M4	Galway City Harriers A.C.	Galway 50	22.26
103	138	Bond, Mary	M5	Finn Valley A.C. 'D'	Donegal 50	22.28
104	61	O'Sullivan Byrne, Frances	M5	St. Finbarrs A.C. 'D'		22.36
105	76	Power, Josie	M6	Dublin 50	Dublin 50	22.49
106	87	Rogers, Anita	M2	Meath	Meath	22.55
107	90	Quinn, Sheila	M1	Meath	Meath	23.10
108	60	Lyons, Marion	M5	St. Finbarrs A.C. 'D'		23.40

(End of Individual Result)

Woodie's DIY Master Men O/35-64 Cross Country Championships of Ireland 7,000m

Cow Park, Dunboyne, Co. Meath 23rd February 2014

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INDIVIDUAL RESULT

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Place	No	Name		Club / County	County	Time
1	315	Reed, Declan	M2	City of Derry	Derry	24.10
2	136	Mc Kinney, Pauric	M3	Inishowen A.C.	Donegal	24.30
3	352	Dunne, John	M1	Donore Harriers	Dublin 35	24.33
4	13	Byrne, John	M2	Mayo A.C.	Mayo	24.37
5	153	Kennedy, Des	M2	Dublin 35	Dublin 35	24.55
6	218	Reilly, Tony	M2	Laois 35 A	Laois 35 A	24.59
7	262	Mc Carthy, Martin	M2	Cork	Cork	25.01
8	199	O'Sullivan, Peter	M1	Galway	Galway	25.02
9	37	Minnock, Barry	M1	Rathfarnham W.S.A.F. A.C.		25.04
10	200	Hyland, Fintan	M2	Galway City Harriers A.C.	Galway	25.13
11	154	Leahy, Brian	M1	Raheny Shamrock A.C.	Dublin 35	25.15
12	35	O'Neill, Shane	M2	Rathfarnham W.S.A.F. A.C.	Dublin 35	25.19
13	158	Fleming, Paul	M1	Rathfarnham W.S.A.F. A.C.	Dublin 35	25.20
14	112	White, Eamon	M3	North Belfast Harriers	ANTRIM	25.21
15	316	Roberts, Colin	M2	City of Derry	Derry	25.21
16	3	Byrne, Pat	M2	Tinryland A.C.	Carlow	25.23
17	293	Harron, Barry	M1	Finn Valley A.C.	Donegal	25.23
18	114	McCluskey, Brian	M1	North East Runners A.C.	Louth	25.30
19	331	Buckley, Paul	M1	Offaly	Offaly	25.32
20	323	Grennan, Catch	M2	Tullamore Harriers A.C.	Offaly	25.34
21	21	Doherty, Ciaran	M1	Letterkenny A.C.	Donegal	25.37
22	152	Traynor, Mick	M3	Raheny Shamrock A.C.	Dublin 35	25.38
24	113	O'Hara, Alan	M1	North Belfast Harriers	ANTRIM	25.44
25	320	Curley, Adrian	M2	Tullamore Harriers A.C.	Offaly	25.53
26	92	Whitaker, Allen	M2	St. Finbarrs A.C.	Cork	26.00
27	115	Mulholland, Stephen	M1	North East Runners A.C.	Louth	26.02
28	904	Sheehy, Dave	M2	Raheny Shamrock A.C.		26.03
29	273	Byrne, Michael	M4	Sli Cualann A.C. 'A'	Wicklow 50	26.05
30	368	McCarthy, Ciaran	M2	Clonliffe Harriers A.C.		26.06
31	358	O'Reilly, John	M1	Dunboyne A.C.		26.07
32	208	Bidwell, Matt	M2	Galway City Harriers A.C.	Galway	26.14
33	40	Doyle, Gerry	M4	Rathfarnham W.S.A.F. A.C. 'A'		26.15
34	376	Condon, Gary	M2	Sli Cualann A.C.		26.17
35	169	Fenlon, John	M1	St. Michael's AC	Laois 35 A	26.18
36	96	Woods, Trevor	M2	St. Finbarrs A.C.	Cork	26.18
37	384	Purcell, Robert	M3	Gneeveguilla A.C. (IND)		26.19
38	80	Hennessy, Philip	M2	Donore Harriers		26.23

Place	No	Name		Club / County	County	Time
39	317	McCafferty, Paul	M3	City of Derry	Derry	26.24
40	111	Carty, Neil	M3	North Belfast Harriers	ANTRIM	26.25
41	382	McCarthy, George	M2	Farranfore Maine Valley A.C.		26.27
42	34	Kearns, Ronan	M1	Rathfarnham W.S.A.F. A.C.	Dublin 35	26.27
43	108	Keenan, Albert	M6	Newbridge A.C.	Kildare	26.28
44	280	Lawless, Damien	M1	Sli Cualann A.C.	Wicklow	26.30
45	77	Swaine, Fergal	M2	Donore Harriers	Dublin 35	26.30
46	287	Carlin, Kieran	M3	Finn Valley A.C.	Donegal	26.31
47	318	Caulfield, Sean	M3	St. Senans (Kilkenny) A.C.		26.35
48	95	Marshall, Cornelius	M1	St. Finbarrs A.C.	Cork	26.37
49	109	Blaney, Paul	M2	North Belfast Harriers	ANTRIM	26.38
50	272	O'Connell, Cathal	M6	St. Finbarrs A.C. 'A'	Cork 50	26.39
51	159	Griffin, Mike	M1	Liffey Valley A.C. 'A'		26.40
52	121	Gorham, Niall	M1	North East Runners A.C.	Louth	26.41
53	349	Kelly, Brian	M4	Raheny Shamrock A.C. 'A'	Dublin 50	26.44
54	250	Murray, Kieran	M2	Liffey Valley A.C. 'A'		26.45
55	19	McGlinchey, Paul	M1	Letterkenny A.C.	Donegal	26.47
56	356	Cross, Robert	M2	Crusaders A.C.	Dublin 35	26.50
57	324	Murphy, Michael	M2	Tullamore Harriers A.C.	Offaly	26.51
58	70	Gill, Brendan	M1	Mayo A.C.	Mayo	26.53
59	288	Mc Nulty, Shane	M1	Finn Valley A.C.	Donegal	27.01
60	146	Lynch, Paul	M1	Sliabh Bhuide Rovers A.C.	Wexford	27.05
61	139	McDonald, Martin	M5	Ballyroan,Abbeyleix & Dist. AC (IND)		27.05
62	234	Glenn, Nat	M3	ANTRIM	ANTRIM	27.06
63	204	Bruton, Brian	M1	Galway City Harriers A.C.	Galway	27.06
64	27	Brennan, Craig	M2	North Sligo A.C.	Sligo	27.07
65	177	Glynn, Phelim	M3	Dunboyne A.C.	Meath	27.12
66	84	Tremble, Des	M2	Donore Harriers B		27.13
67	150	McGrath, John	M2	United Striders A.C.	Wexford	27.14
68	325	Galvin, Richard	M1	Tullamore Harriers A.C.	Offaly	27.15
69	375	Conroy, Cormac	M2	Sli Cualann A.C.		27.16
70	233	Maher, Tommy	M3	Dunshaughlin A.C.		27.17
71	81	Morris, William	M1	Donore Harriers		27.23
72	149	Flannelly, Ted	M3	United Striders A.C.	Wexford	27.23
73	12	Devaney, Anthony	M2	Mayo A.C.	Mayo	27.24
74	235	Brown, James	M1	ANTRIM	ANTRIM	27.24
75	314	Browne, James	M2	City of Derry	Derry	27.24
76	25	Kelly, Thomas	M2	North Sligo A.C.	Sligo	27.25
77	51	McEvoy, Colm	M3	St. Abbans A.C.	Laois 35 A	27.27
78	78	Whitty, Fergal	M1	Donore Harriers	Dublin 35	27.28
79	359	Kelly, Damian	M1	Sportsworld A.C.		27.30
80	248	Reilly, Ciaran	M1	Liffey Valley A.C. 'A'	Dublin 35	27.32
81	163	Cowhie, Paul	M3	Civil Service A.C.	Dublin 35	27.33
82	56	Brennan, Aidan	M4	North East Runners A.C. 'A'	Louth 50	27.35
83	379	Dowling, Sean	M1	Liffey Valley A.C. 'A'		27.37
84	357	Hamm, James	M1	Ballyroan, Abbeyleix & Dist. A (IND)		27.37

Place	No	Name		Club / County	County	Time
85	50	Ayers, Dermot	M1	St. Abbans A.C.	Laois 35 A	27.38
86	69	Gibbons, Noel	M3	Mayo A.C.	Mayo	27.41
87	354	Cunnane, Eanna	M2	Donore Harriers	Dublin 35	27.42
88	57	O'Connell, Gerry	M4	North East Runners A.C. 'A'	Louth 50	27.43
89	372	Ahern, Clive	M1	Clonliffe Harriers A.C.		27.45
90	161	O'Connor, Tom	M4	Liffey Valley A.C. 'A'	Dublin 50	27.48
91	144	Gibbons, Myles	M1	Sliabh Bhuide Rovers A.C.	Wexford	27.52
92	143	Boyce, Pj	M3	Donegal	Donegal	27.53
93	122	Carolan, Ray	M1	Carrick Aces A.C.	Monaghan	27.55
94	49	Byrne, Liam	M2	St. Abbans A.C.	Laois 35 B	27.56
95	62	Hilliard, Mel	M3	Metro/St. Brigid's A.C.		27.59
96	82	English, Henry	M1	Donore Harriers B		28.04
97	116	Allen, Simon	M2	North East Runners A.C.	Louth	28.05
98	219	Carroll, Pj	M3	Laois 35 A	Laois 35 A	28.07
99	213	Clarke, Dermot	M4	Meath 50	Meath 50	28.08
100	386	Murphy, Michael	M1	City of Derry	Derry	28.10
101	201	O'Connor, Brian	M1	Galway City Harriers A.C.	Galway	28.14
102	18	Ferry, Kevin	M2	Letterkenny A.C.	Donegal	28.15
103	300	White, Trevor	M3	St. Cronans A.C.		28.16
104	385	Mullan, Mark	M1	City of Derry	Derry	28.18
105	333	Donegan, Christie	M4	Tullamore Harriers A.C. 'A'		28.20
106	286	Baldwin, John	M4	Wicklow 50	Wicklow 50	28.24
107	347	Keeling, Chris	M5	Balbriggan & District A.C		28.26
108	202	Carty, Gerry	M2	Galway City Harriers A.C.	Galway	28.29
109	170	Smith, Liam	M1	Ardee & District A.C. (IND)		28.30
111	294	Connolly, Mark	M4	Finn Valley A.C.	Donegal	28.33
112	105	Delmer, Justin	M2	Newbridge A.C.	Kildare	28.35
113	348	Ryan, Brendan	M5	Tallaght A.C.	Dublin 50	28.37
114	903	Grange, David	M2	Raheny Shamrock A.C.		28.38
115	238	Kearins, David	M2	Sligo A.C.	Sligo	28.39
116	110	Elliott, Paul	M6	North Belfast Harriers	ANTRIM	28.41
117	289	Callaghan, Derek	M1	Finn Valley A.C.	Donegal	28.43
118	246	Benjecar, Arnaud	M2	Liffey Valley A.C. 'A'		28.43
119	104	Lopez, Pedro	M1	Newbridge A.C.	Kildare	28.46
120	180	O'Reilly, Gerry	M2	Dunboyne A.C.	Meath	28.46
121	171	Hackett, Mark	M2	St. Michael's AC	Laois 35 B	28.49
122	26	Gallagher, Garry	M2	North Sligo A.C.	Sligo	28.51
123	240	Casserly, Mel	M2	Sligo A.C.	Sligo	28.52
124	135	Mc Gee, Malcolm	M1	Inishowen A.C.		28.53
125	63	Curtin, Noel	M4	Youghal A.C. 'A'	Cork	28.54
126	311	Landers, Iggy	M4	St. Cronans A.C. 'A'	Clare	28.57
127	524	McEvilly, Martin	M6	Galway City Harriers A.C. (IND)		28.58
128	326	Brophy, David	M3	Tullamore Harriers A.C.	Offaly	28.59
129	338	Dunne, Liam	M4	Tullamore Harriers A.C. 'A'	Offaly	29.00
130	302	Moynihan, Eugene	M5	Clare	Clare	29.01
131	327	Abbott, Brendan	M3	Tullamore Harriers A.C.	Offaly	29.01

Place	No	Name		Club / County	County	Time
132	72	Hynes, Peter	M3	Mayo	Mayo	29.02
133	29	McCann, Conor	M1	North Sligo A.C.	Sligo	29.05
134	123	McArdle, Gordon	M2	Carrick Aces A.C.	Monaghan	29.06
135	162	Bishop, Thomas	M4	Rathfarnham W.S.A.F. A.C. 'A'	Dublin 50	29.07
136	279	Breen, Martin	M2	Sli Cualann A.C.	Wicklow	29.08
137	173	Hanratty, Noel	M6	Trim A.C.	Meath 50	29.09
138	190	Whyte, Tj	M4	Tuam A.C.	Galway	29.10
139	371	De Rayemaker, Hans	M2	Clonliffe Harriers A.C.		29.17
140	160	Cullen, John	M6	Liffey Valley A.C. M50 'C'	Dublin 50	29.24
141	137	Gallagher, Pat	M1	Inishowen A.C.		29.26
142	336	Carroll, Martin	M5	Tullamore Harriers A.C. 'A'	Offaly	29.27
143	30	Kelly, Pdraig	M2	North Sligo A.C.	Sligo	29.27
144	334	Mollen, Francis	M4	Tullamore Harriers A.C. 'A'	Offaly	29.28
145	303	Kenny, James	M5	Kilmurry/Ibrickane A.C. (CORK)	Clare	29.30
146	268	McCarthy, Denis	M4	East Cork A.C.	Cork 50	29.32
147	42	Doyle, Sean	M5	Rathfarnham W.S.A.F. A.C. 'A'	Dublin 50	29.34
148	365	Byrne, Joe	M3	Sportsworld A.C.		29.37
149	118	Mullen, Colin	M1	North East Runners A.C.	Louth	29.39
150	55	Kenny, Gerry	M4	North East Runners A.C. 'A'	Louth 50	29.41
151	134	Mc Gee, Niall	M1	Inishowen A.C.		29.45
152	239	Sexton, Conal	M1	Sligo A.C.	Sligo	29.45
153	131	Grew, Alo	M3	Monaghan	Monaghan	29.48
154	364	Browne, Jim	M3	Sportsworld A.C.		29.51
155	168	Landers, Brian	M2	Youghal A.C.		29.54
156	90	Chawke, Joe	M3	Dooneen A.C.		29.56
157	271	O Mahony, Stephen	M4	Cork 50	Cork 50	29.57
158	182	Callanan, Sean	M2	Dunboyne A.C.	Meath	29.58
159	237	Connor, Rory	M3	Sligo A.C.	Sligo	30.00
160	138	Payne, Pat	M4	Na Fianna A.C.	Meath 50	30.02
161	229	O'Brien, John	M3	Galway	Galway	30.02
162	360	O'Connell, Paul	M1	Sportsworld A.C.		30.02
163	277	Shorten, Dessie	M5	Sli Cualann A.C. 'A'	Wicklow 50	30.03
164	45	Clarke, Terry	M5	Rathfarnham W.S.A.F. A.C. 'A'	Dublin 50	30.04
165	128	Mc Cabe, Sean	M2	Carrick Aces A.C.	Monaghan	30.08
166	281	MacMaoláin, Caoimhín	M1	Sli Cualann A.C.	Wicklow	30.09
167	98	McEvoy, Eamonn	M5	St. Finbarrs A.C. 'A'	Cork	30.10
168	362	Bourke, Nigel	M3	Sportsworld A.C.		30.12
169	83	Blake, Bob	M2	Donore Harriers B		30.19
170	206	Jordan, Vincent	M3	Galway City Harriers A.C.	Galway	30.21
171	363	Privot, Oliver	M2	Sportsworld A.C.		30.22
172	328	Corrigan, Kevin	M2	Tullamore Harriers A.C.	Offaly	30.25
173	290	Penrose, Michael	M3	Finn Valley A.C.		30.27
174	31	Gillen, Ray	M2	North Sligo A.C.	Sligo	30.28
175	340	Donegan, John	M4	Tullamore Harriers A.C. 'A'	Offaly	30.30
176	902	Loftus, Tom	M5	Raheny Shamrock A.C. 'A'	Dublin 50	30.40
177	335	Todd, John	M6	Tullamore Harriers A.C. 'A'	Offaly	30.48

Place	No	Name		Club / County	County	Time
178	17	Friel, Padraig	M1	Letterkenny A.C.	Donegal	30.49
179	120	Darcy, Shane	M1	North East Runners A.C.	Louth	30.51
180	88	Nugent, Peter	M3	Donore Harriers B		30.53
181	106	Loughlin, Stephen	M1	Newbridge A.C.	Kildare	30.59
182	125	Callan, Donal	M1	Carrick Aces A.C.	Monaghan	31.01
183	145	Gibbons, Paul	M1	Sliabh Bhuide Rovers A.C.	Wexford	31.01
184	351	Vincent, Peter	M4	Brothers Pearse A.C.	Dublin 50	31.08
185	319	Carty, Ollie	M1	Trim A.C.		31.10
186	901	Freir, John	M4	Raheny Shamrock A.C. 'A'	Dublin 50	31.12
187	192	McDonagh, Paul	M4	Galway	Galway	31.13
188	172	Weldon, Bernard	M2	St. Michael's AC		31.15
189	309	Morrissey, Pat	M4	Ennis T.C. 'A'	Clare	31.16
190	291	Doherty, Raymond	M3	Finn Valley A.C.	Donegal	31.18
191	188	Monaghan, Brendan	M4	Galway	Galway	31.20
192	312	Fennell, Mick	M4	Civil Service A.C. 'A'	Clare	31.24
193	197	Byrne, Benny	M4	Dunshaughlin A.C.		31.33
194	87	Redican, Ian	M2	Donore Harriers B		31.35
195	276	Porter, Bill	M4	Sli Cualann A.C. 'A'	Wicklow 50	31.40
196	305	Harvey, Michael	M5	Kilmurry/Ibrickane A.C. (CORK) 'A'	Clare	31.45
197	126	Clarke, Ian	M1	Carrick Aces A.C.	Monaghan	31.48
198	58	Carroll, Christopher	M4	North East Runners A.C. 'A'	Louth 50	31.50
199	310	Madden, Tom	M6	Marian A.C. 'A'	Clare	31.52
200	68	Murphy, Sean	M2	Mayo A.C.	Mayo	31.53
201	86	Potts, Barry	M6	Donore Harriers B		31.55
202	53	Fleming, Francis	M5	St. Abbans A.C. 'A'	Laois 35 B	31.58
203	127	McBride, Colin	M1	Carrick Aces A.C.	Monaghan	32.03
204	900	Gygax, Michael	M4	Raheny Shamrock A.C. 'A'	Dublin 50	32.20
205	256	Dunne, Tony	M3	Liffey Valley A.C. 'B'		32.26
206	85	Gill, Des	M3	Donore Harriers B		32.29
207	270	Ledingham, Dermot	M4	Youghal A.C. 'A'	Cork 50	32.30
208	191	Talbot, Andrew	M6	Clare River Harriers A.C.	Galway	32.34
209	275	Kavanagh, Terry	M6	Sli Cualann A.C. 'A'	Wicklow 50	32.38
210	299	McKinney, Owen	M2	Inishowen A.C.		32.40
211	217	Mahon, Don	M2	Meath	Meath	32.52
212	46	Claffey, Pj	M5	Rathfarnham W.S.A.F. A.C. 'A'		32.53
213	142	Marley, Liam	M5	Cranford A.C.		33.00
214	60	Lynch, Brian	M6	Louth 50	Louth 50	33.06
215	269	O'Regan, Edward	M5	Youghal A.C. 'A'	Cork 50	33.15
216	295	Doherty, Drew	M4	Finn Valley A.C. 'A'		33.21
217	292	Anderson, Martin	M3	Finn Valley A.C.		33.40
218	259	Cooper, Joe	M6	Liffey Valley A.C. M50 'C'		33.43
219	102	Keenan, David	M1	Newbridge A.C.	Kildare	33.43
220	346	O'Mahony, Jerry	M3	West Muskerry A.C.		33.53
221	370	Worrall, Alan	M2	Clonliffe Harriers A.C.		33.58
222	210	Cooney, Conor	M6	Drogheda & District A.C.		34.03
223	132	McKenna, Peter	M3	Monaghan	Monaghan	34.09

Place	No	Name		Club / County	County	Time
224	71	Bracken, Alan	M4	Mayo	Mayo	34.24
226	1	Whelan, Enda	M6	Sligo A.C.		34.52
227	23	McBride, Brian	M6	Letterkenny A.C.		34.58
228	284	Barrett, Noel	M1	Sli Cualann A.C.	Wicklow	35.06
229	129	Larney, Paschal	M4	Carrick Aces A.C.	Monaghan	35.19
230	383	Drennan, Barry	M2	Dunshaughlin A.C.		35.29
231	176	Brogan, Martin	M4	Trim A.C.	Meath 50	35.46
232	231	Halton, Declan	M2	Drogheda & District A.C.		36.06
233	73	O'Hagan, Martin	M1	Mayo	Mayo	36.09
234	54	Whelan, Dinny	M6	St. Abbans A.C. 'A'	Laois 35 B	36.17
235	166	O'Brien, Martin	M3	Youghal A.C.		36.24
236	253	Coughlan, Stephen	M4	Liffey Valley A.C. 'B'		38.03
237	203	Hampell, Eno	M4	Galway City Harriers A.C. 'A'	Galway	38.48
238	175	Tobin, Ciaran	M4	Trim A.C.	Meath 50	39.13
239	189	Monaghan, Jarlath	M4	Galway	Galway	44.32

(End of Individual Result)