

Ballycotton Summer Road Race Series 2014**CHURCHTOWN SOUTH '5'**

Thursday 24 July 2014. 8:00pm

Place	Time	Name	Team	Race Age	Category	min/mile		
1	0:25:27	HARTY, Michael	East Cork AC	M		05:05.3	2	1
2	0:25:43	MCCARTHY, James	East Cork AC	M		05:08.5	1	2
3	0:26:41	MEADE, John	St. Finbarrs AC	M		05:20.1	3	3
4	0:26:57	O'SULLIVAN, Rory	St. Finbarrs AC	M		05:23.3	4	4
5	0:27:17	MOLLOY, Darren	Navy AC	M		05:27.3	7	5
6	0:27:23	O'SHEA, Alex	St. Finbarrs AC	M40		05:28.5	5	6
7	0:27:31	O'CONNELL, Cathal	St. Finbarrs AC	M50		05:30.1	6	7
8	0:27:43	PATTERSON, Robert	Leevale AC	M		05:32.5	513	8
9	0:27:51	LYONS, Dennis	St. Finbarrs AC	M		05:34.1	605	9
10	0:28:05	HOGAN, John	Mallow AC	M40		05:36.9	8	10
11	0:28:19	CASEY, Jeff	Togher AC	M		05:39.7	668	11
12	0:28:22	CREEDON, Daithi	Eagle AC	M		05:40.3	9	12
13	0:28:41	O'BRIEN, Kevin	East Cork AC	M		05:44.1	662	13
14	0:28:45	DEVINE, Ken	St. Finbarrs AC	M45		05:44.9	615	14
15	0:28:46	O'CALLAGHAN, John	Eagle AC	M40		05:45.1	13	15
16	0:28:50	O'REGAN, Kenneth	Clonakilty RR AC	M		05:45.9	459	16
17	0:28:51	HOULIHAN, Michael	St. Finbarrs AC	M		05:46.1	14	17
18	0:29:04	O'S-HOURIHAN, Josh	Leevale AC	M		05:48.7	463	18
19	0:29:07	DUGGAN, Paul	St. Finbarrs AC	M45		05:49.3	10	19
20	0:29:09	LAFFAN, Tom	Bandon AC	M45		05:49.7	15	20
21	0:29:26	CREED, Michael	unatt/Cork	M45		05:53.1	21	21
22	0:29:28	CURTIN, Martin	St. Finbarrs AC	M		05:53.5	16	22
23	0:29:31	BYRNE, Michael	St. Catherines AC	M		05:54.1	20	23
24	0:29:34	COSGRAVE, Jim	St. Finbarrs AC	M40		05:54.7	623	24
25	0:29:40	LYONS, Dave	Mallow AC	M		05:55.9	470	25
26	0:29:47	CREMIN, JJ	unatt/Dromina	M		05:57.3	18	26
27	0:29:47	SPITERI, Paul	Midleton AC	M		05:57.3	29	27
28	0:29:52	KELLEHER, Denis	unatt/Midleton	M50		05:58.3	19	28
29	0:30:01	SHEEHAN, Ivan	St. Finbarrs AC	M		06:00.1	25	29
30	0:30:03	ROHAN, Emmett	Midleton AC	M40		06:00.5	508	30
31	0:30:05	MURPHY, John	Grange-Fermoy AC	M45		06:00.9	499	31
32	0:30:08	O'CALLAGHAN, Paul	unatt/Blarney	M		06:01.5	24	32
33	0:30:12	MCCARTHY, Eugene	Midleton AC	M40		06:02.3	38	33
34	0:30:15	O'CALLAGHAN, Brian	unatt/Glanmire	M		06:02.9	41	34
35	0:30:21	TIERNEY, Conor	East Cork AC	M		06:04.1	11	35
36	0:30:27	CASEY, Garrett	St. Finbarrs AC	M40		06:05.3	35	36
37	0:30:33	DALY, Noel	Mallow AC	M40		06:06.5	519	37
38	0:30:35	COTTER, Paul	Eagle AC	M		06:06.9	39	38
39	0:30:37	PYNE, Don	Grange-Fermoy AC	M		06:07.3	31	39
40	0:30:39	LEHANE, Donnacha	Eagle AC	M		06:07.7	34	40
41	0:30:39	MULCAHY, Kieran	Eagle AC	M45		06:07.7	28	41
42	0:30:42	TERRY, Warren	Youghal AC	M		06:08.3	37	42
43	0:30:43	O'REGAN, Stephen	unatt/Clonakilty	M		06:08.5	461	43
44	0:30:43	O'DWYER, David	East Cork AC	M40		06:08.5	33	44
45	0:30:44	BOLAND, Ronan	Eagle AC	M50		06:08.7	603	45
46	0:30:47	LYNCH, Micheal	Leevale AC	M		06:09.3	17	46
47	0:30:50	O'HERLIHY, Colin	Eagle AC	M40		06:09.9	27	47
48	0:30:53	CRONIN, Denis	unatt/Cork	M		06:10.5	32	48
49	0:30:54	SHEEHAN, Nigel	unatt/Mogeely	M		06:10.7	47	49
50	0:30:55	ALLIS, Sean	Clonakilty RR AC	M40		06:10.9	40	50
51	0:30:58	DUCHNICZ, Adam	Carrigtwohill AC	M40		06:11.5	496	51
52	0:31:06	GLAVIN, Colm	Eagle AC	M40		06:13.1	50	52
53	0:31:07	HARRINGTON, Shane	East Cork AC	M		06:13.3	652	53
54	0:31:10	MEADE, Eric	East Cork AC	M45		06:13.9	30	54
55	0:31:12	FOX, Thomas	unatt/Carrigaline	M45		06:14.3	36	55
56	0:31:13	COLEMAN, Ciaran	Youghal AC	M40		06:14.5	56	56
57	0:31:15	O'SULLIVAN, Sean	Midleton AC	M40		06:14.9	48	57
58	0:31:16	CUMMINS, Trevor	Ballymore-Cobh AC	M		06:15.1	63	58
59	0:31:18	HOLLAND, Ann-Marie	St. Finbarrs AC	F35		06:15.5	489	59
60	0:31:25	DUNPHY, John	Midleton AC	M45		06:16.9	46	60
61	0:31:29	AHERNE, Neilus	Midleton AC	M55		06:17.7	53	61
62	0:31:35	CROWLEY, Brian	unatt/Churchtown South	M		06:18.9	558	62
63	0:31:40	BUCKLEY, Aidan	Mallow AC	M40		06:19.9	72	63
64	0:31:43	KELLEHER, James	unatt/Cork	M50		06:20.5	42	64
65	0:31:48	O'DUBHAIN, Padraig	Leevale AC	M		06:21.5	506	65
66	0:31:49	SHEEHAN, Padraig	St. Finbarrs AC	M		06:21.7	456	66
67	0:31:51	O'SULLIVAN, Dara	unatt/Cork	M		06:22.1	88	67
68	0:31:53	HENNESSY, Martin	unatt/Shanagarry	M40		06:22.5	71	68
69	0:31:53	CREWRY, Kevin	East Cork AC	M45		06:22.5	67	69

70	0:31:54	NOONAN, Alan	St. Finbarrs AC	M	06:22.7	76	70
71	0:31:56	CROWLEY, Bryan	unatt/Carrigtwohill	M40	06:23.1	65	71
72	0:31:56	RYAN, Don	Midleton AC	M40	06:23.1	59	72
73	0:31:58	O'SULLIVAN, Denis	Youghal AC	M50	06:23.5	64	73
74	0:31:59	CURLEY, Paul	Youghal AC	M45	06:23.7	62	74
75	0:32:01	MURPHY, Dave	Watergrasshill AC	M	06:24.1	49	75
76	0:32:02	FOLEY, Keith	unatt/Cork	M	06:24.3	460	76
77	0:32:03	KENNEALLY, Damien	Eagle AC	M	06:24.5	60	77
78	0:32:05	CARR, Alan	unatt/Conna	M	06:24.9	78	78
79	0:32:06	BARRY, Thomas	unatt/Killeagh	M	06:25.1	45	79
80	0:32:08	GRIFFIN, John	Carrigtwohill AC	M40	06:25.5	52	80
81	0:32:10	O'CONNOR, Pat	Eagle AC	M45	06:25.9	681	81
82	0:32:12	O'CALLAGHAN, Niall	Mallow AC	M	06:26.3	77	82
83	0:32:14	O'MEARA, Fergal	Midleton AC	M45	06:26.7	57	83
84	0:32:17	COSTIGAN, Justin	unatt/Midleton	M	06:27.3	75	84
85	0:32:22	DEVEREAUX, Stephen	Youghal AC	M45	06:28.3	468	85
86	0:32:23	GEARY, Kevin	Eagle AC	M	06:28.5	43	86
87	0:32:25	CASHMAN, John	Midleton AC	M50	06:28.9	479	87
88	0:32:26	O'TOOLE, Paul	St. Finbarrs AC	M50	06:29.1	86	88
89	0:32:27	DESMOND, John	Eagle AC	M50	06:29.3	74	89
90	0:32:32	CREMIN, Mike	Midleton AC	M	06:30.3	61	90
91	0:32:34	O'MAHONY, Roger	Eagle AC	M40	06:30.7	66	91
92	0:32:36	MCCARTHY, Denis	East Cork AC	M50	06:31.1	70	92
93	0:32:37	MURPHY, Dave	Youghal AC	M	06:31.3	94	93
94	0:32:39	LEONARD, David	St. Finbarrs AC	M	06:31.7	561	94
95	0:32:40	WATSON, Dave	Eagle AC	M	06:31.9	87	95
96	0:32:41	CREMIN, Michael	unatt/Dromina	M45	06:32.1	82	96
97	0:32:42	MCCARTHY, David	East Cork AC	M	06:32.3	664	97
98	0:32:44	MURPHY, Michael	Midleton AC	M40	06:32.7	510	98
99	0:32:45	CRONIN, Niamh	St. Finbarrs AC	F35	06:32.9	303	99
100	0:32:46	DALTON, Pat	unatt/Cork	M	06:33.1	102	100
101	0:32:47	O'CONNOR, Paul	unatt/Limerick	M	06:33.3	68	101
102	0:32:48	MOLONEY, Dave	Midleton AC	M	06:33.5	92	102
103	0:32:49	O'REGAN, Morgan	Midleton AC	M	06:33.7	58	103
104	0:32:51	GRANT, Karen	Midleton AC	F	06:34.1	301	104
105	0:32:59	MORRISSEY, Mark	Leevale AC	M40	06:35.7	83	105
106	0:33:02	WOODS, Sharon	Mallow AC	F35	06:36.3	490	106
107	0:33:04	BUCKLEY, John-Paul	Mallow AC	M	06:36.7	625	107
108	0:33:10	O'CONNOR, John	unatt/Cork	M	06:37.9	80	108
109	0:33:13	COLLINS, Adrian	unatt/Fermoy	M	06:38.5	480	109
110	0:33:16	O'DONOVAN, Derry	unatt/Carrignavar	M	06:39.1	658	110
111	0:33:17	LEWIS, Liam	unatt/Cork	M	06:39.3	79	111
112	0:33:18	KELLY, Alan	Midleton AC	M40	06:39.5	564	112
113	0:33:18	BARROW, Donough	Mallow AC	M	06:39.5	121	113
114	0:33:18	CRONIN, Denis	Mallow AC	M50	06:39.5	95	114
115	0:33:20	CARROLL, Denis	Eagle AC	M50	06:39.9	90	115
116	0:33:21	MAUNSELL, Francis	Midleton AC	M40	06:40.1	678	116
117	0:33:22	BUCKLEY, Sheila	Midleton AC	F	06:40.3	497	117
118	0:33:23	LARKIN, Shane	unatt/Leixlip	M40	06:40.5	93	118
119	0:33:24	CHRYSANTHOU, Steve	Carrigaline RR AC	M50	06:40.7	98	119
120	0:33:26	BYCZEK, Stanislaw	Carrigtwohill AC	M50	06:41.1	495	120
121	0:33:26	MCLEAN, Gerard	unatt/Ballycotton	M40	06:41.1	100	121
122	0:33:27	ROCK, William	unatt/Cork	M45	06:41.3	524	122
123	0:33:28	O'CALLAGHAN, Don	unatt/Cork	M50	06:41.5	553	123
124	0:33:31	GILROY, Helen	Midleton AC	F45	06:42.1	305	124
125	0:33:33	HEAVIN, Aiden	unatt/Ballycotton	M	06:42.5	84	125
126	0:33:40	O'REGAN, Billy	Grange-Fermoy AC	M45	06:43.9	105	126
127	0:33:43	O'KEEFE, Michael	Leevale AC	M	06:44.5	97	127
128	0:33:45	SMITH, Adam	Watergrasshill AC	MJ	06:44.9	503	128
129	0:33:45	HESSIN, Patrick	Carraig na bhFear AC	M40	06:44.9	520	129
130	0:33:54	KINANE, Edmond	unatt/Fethard	M45	06:46.7	475	130
131	0:33:54	TWOMEY, Pat	Eagle AC	M60	06:46.7	534	131
132	0:33:59	COSGRAVE, David	unatt/Cork	MJ	06:47.7	624	132
133	0:33:59	CARROLL, Aoife	Mallow AC	F	06:47.7	306	133
134	0:34:05	CRONIN, Tim	unatt/Midleton	M40	06:48.9	650	134
135	0:34:08	NUDDS, Graham	unatt/Blarney	M	06:49.5	119	135
136	0:34:10	MURPHY, James	unatt/Glanmire	M	06:49.9	124	136
137	0:34:11	HAYES, Ethan	unatt/Mogeely	M	06:50.1	555	137
138	0:34:12	DOYLE, Luke	Ballymore-Cobh AC	M	06:50.3	614	138
139	0:34:12	MURPHY, Brendan	unatt/Cork	M	06:50.3	51	139
140	0:34:13	O'MAHONY, Stephen	unatt/Cork	M	06:50.5	166	140
141	0:34:14	LEAHY, Liam	St. Finbarrs AC	M	06:50.7	69	141
142	0:34:16	HICKEY, Gerard	unatt/Midleton	M40	06:51.1	128	142
143	0:34:17	DWANE, Colm	unatt/Cork	MJ	06:51.3	473	143
144	0:34:19	EVERARD, Fiona	Bandon AC	FJ	06:51.7	604	144

146	0:34:21	AHERN, Sean	Youghal AC	M	06:52.1	99	146
147	0:34:26	MURPHY, Stephen	Watergrasshill AC	M	06:53.1	103	147
148	0:34:27	HARTY, Brian	unatt/Cloyne	M	06:53.3	491	148
149	0:34:27	DUNNE, Declan	unatt/Cork	M	06:53.3	111	149
150	0:34:31	DALY, Cathal	Mallow AC	M40	06:54.1	118	150
151	0:34:32	MEHIGAN, Declan	Mallow AC	MJ	06:54.3	654	151
152	0:34:32	MCCARTHY, Christopher	Midleton AC	M	06:54.3	109	152
153	0:34:32	KENNEALLY, Jonathan	unatt/Cloyne	M	06:54.3	123	153
154	0:34:33	CROWLEY, Therese	St. Finbarrs AC	F35	06:54.5	309	154
155	0:34:36	HARTIGAN, Irene	Leevale AC	F35	06:55.1	514	155
156	0:34:38	O'REGAN, Eddie	Youghal AC	M55	06:55.5	116	156
157	0:34:39	HANNIGAN, Alan	Youghal AC	M	06:55.7	130	157
158	0:34:39	EGLY, Csaba	unatt/Dublin	M	06:55.7	602	158
159	0:34:40	PENDER, Stephen	Ballymore-Cobh AC	M	06:55.9	132	159
160	0:34:41	WATSON, Karol	unatt/Midleton	M	06:56.1	131	160
161	0:34:41	CAREY, John	unatt/Midleton	M45	06:56.1	106	161
162	0:34:42	O'CONNOR, Bernard	unatt/Midleton	M40	06:56.3	117	162
163	0:34:46	DINEEN, Mark	Watergrasshill AC	M	06:57.1	147	163
164	0:34:48	O'CONNELL, Chris	unatt/Midleton	M	06:57.5	671	164
165	0:34:50	HALLAHAN, Mike	Midleton AC	M45	06:57.9	125	165
166	0:34:51	GUINANE, Elaine	Eagle AC	F35	06:58.1	312	166
167	0:34:52	LAMBE, Brendan	unatt/Glanmire	M	06:58.3	148	167
168	0:34:54	WAKEFIELD, Brian	unatt/Cork	M50	06:58.7	113	168
169	0:34:56	MORRISSEY, Dan	unatt/Cork	M	06:59.1	248	169
170	0:34:58	DOYLE, Paul	Grange-Fermoy AC	M	06:59.5	156	170
171	0:34:58	HILL, Martin	unatt/Midleton	M45	06:59.5	129	171
172	0:34:59	DORGAN, David	Midleton AC	M40	06:59.7	672	172
173	0:35:00	NOLAN, Michelle	St. Finbarrs AC	F40	06:59.9	311	173
174	0:35:01	O'CONNELL, Owen	Midleton AC	M	07:00.1	677	174
175	0:35:03	COLLINS, Lawrence	unatt/Ballinacurra	M	07:00.5	541	175
176	0:35:05	O'SHEA, Geraldine	St. Finbarrs AC	F45	07:00.9	313	176
177	0:35:06	ARCHER, Anthony	unatt/Cloyne	M	07:01.1	453	177
178	0:35:07	KELLEHER, Phillip	unatt/Cork	M	07:01.3	161	178
179	0:35:08	O'RIORDAN, Tom	Ballymore-Cobh AC	M	07:01.5	122	179
180	0:35:09	HICKEY, James	unatt/Midleton	M	07:01.7	110	180
181	0:35:12	O'SULLIVAN, Pat	Midleton AC	M40	07:02.3	101	181
182	0:35:14	DWYER, Jayme	unatt/Ballycotton	M40	07:02.6	133	182
183	0:35:15	GALVIN, Edmond	St. Catherines AC	M40	07:02.8	120	183
184	0:35:17	DUNPHY, Ed	unatt/Cork	M	07:03.2	179	184
185	0:35:19	BYRD, Charlie	Eagle AC	M45	07:03.6	458	185
186	0:35:21	DALY, Michael	Carraig na bhFear AC	M40	07:04.0	641	186
187	0:35:24	O'MAHONY, Patrick	St. Finbarrs AC	M	07:04.6	512	187
188	0:35:25	KINGSTON, Finbarr	Youghal AC	M	07:04.8	617	188
189	0:35:26	O'BRIEN, Denis	unatt/Cork	M50	07:05.0	115	189
190	0:35:30	MCGUINNESS, Paul	unatt/Conna	M	07:05.8	138	190
191	0:35:32	COTTER, Greg	unatt/Cloyne	M40	07:06.2	178	191
192	0:35:32	GUTOWSKI, Bartosz	unatt/Carrigaline	M	07:06.2	167	192
193	0:35:32	O'DWYER, Barry	Midleton AC	M40	07:06.2	644	193
194	0:35:33	RUSSELL, Charles	unatt/Glanworth	M40	07:06.4	150	194
195	0:35:34	MEADE, Noel	unatt/Midleton	M45	07:06.6	153	195
196	0:35:37	COLLINS, Niall	Naas AC	M	07:07.2	464	196
197	0:35:38	KOHLER, Rachel	unatt/Glounthaune	F	07:07.4	646	197
198	0:35:38	MURPHY, Esther	Midleton AC	F40	07:07.4	493	198
199	0:35:39	MURPHY, Arthur	Midleton AC	M	07:07.6	144	199
200	0:35:41	O'KEEFE, Sean	East Cork AC	M45	07:08.0	252	200
201	0:35:45	KENNEALLY, Trevor	unatt/Garryvoe	M	07:08.8	149	201
202	0:35:47	GALLAGHER, Dermot	unatt/Cork	M40	07:09.2	191	202
203	0:35:49	CASEY, Richard	unatt/Cloyne	M40	07:09.6	127	203
204	0:35:50	MOTHERWAY, Conor	unatt/Cloyne	MJ	07:09.8	505	204
205	0:35:53	LEAHY, Eileen	Midleton AC	FJ	07:10.4	314	205
206	0:35:55	POWER, Ian	unatt/Glanmire	M	07:10.8	467	206
207	0:35:58	COLLINS, Brendan	unatt/Fermoy	M	07:11.4	140	207
208	0:36:05	HERLIHY, Colm	unatt/Dungourney	M	07:12.8	244	208
209	0:36:05	HERLIHY, Martin	Midleton AC	M	07:12.8	151	209
210	0:36:06	BARLASSINA, Luigi	unatt/Cork	M	07:13.0	645	210
211	0:36:07	O'DONOGHUE, Colette	Watergrasshill AC	F	07:13.2	391	211
212	0:36:08	BULMAN, Mark	Donoughmore AC	M50	07:13.4	621	212
213	0:36:08	BENT, Nicholas	Donoughmore AC	M50	07:13.4	152	213
214	0:36:13	TOBIN, Brendan	unatt/Glanmire	M40	07:14.4	143	214
215	0:36:14	O'ROURKE, Orla	Ballymore-Cobh AC	F45	07:14.6	637	215
216	0:36:14	RYALL, JR	unatt/Shanagarry	M	07:14.6	145	216
217	0:36:14	O'SHEA, Patrick	unatt/Cloyne	M	07:14.6	177	217
218	0:36:15	BARRY, Stephen	unatt/Cobh	M	07:14.8	518	218
219	0:36:16	MCCARTHY, David	Youghal AC	M50	07:15.0	164	219
220	0:36:17	DONOVAN, James	unatt/Cobh	M	07:15.2	221	220

222	0:36:18	O'KEEFFE, Jim	Watergrasshill AC	M50	07:15.4	160	222
223	0:36:19	MENTON, Billy	unatt/Cork	M55	07:15.6	175	223
224	0:36:19	MURRAY, Don	unatt/Whitegate	M	07:15.6	136	224
225	0:36:24	O'HERLIHY, Aidan	Midleton AC	M	07:16.6	516	225
226	0:36:31	O'DONOVAN, David	unatt/Cork	M	07:18.0	155	226
227	0:36:32	MURRAY, Joe	unatt/Cork	M	07:18.2	172	227
228	0:36:32	O'CONNOR, Kevin	Eagle AC	M40	07:18.2	643	228
229	0:36:33	O'HALLORAN, John	Midleton AC	M60	07:18.4	511	229
230	0:36:35	TWOMEY, Cathal	Eagle AC	M	07:18.8	198	230
231	0:36:36	COLLINS, Tim	unatt/Killeagh	M40	07:19.0	542	231
232	0:36:37	AHERNE, Liam	unatt/Mourneabbey	M	07:19.2	171	232
233	0:36:38	CLEARY, Vicki	Midleton AC	F	07:19.4	318	233
234	0:36:39	O'HANLON, Declan	unatt/Carrigaline	M40	07:19.6	163	234
235	0:36:47	O'MAHONY, Sylvie	Youghal AC	M55	07:21.2	492	235
236	0:36:47	HOULIHAN, Orla	Watergrasshill AC	F	07:21.2	323	236
237	0:36:48	O'BRIEN, Andrew	unatt/Midleton	M	07:21.4	176	237
238	0:36:49	MCCARTHY, John	Eagle AC	M	07:21.6	173	238
239	0:36:50	KELLEHER, Maude	Watergrasshill AC	F	07:21.8	322	239
240	0:36:52	GEARY, Michael	Midleton AC	M	07:22.2	134	240
241	0:36:53	BARRY, Brian	unatt/Grenagh	M	07:22.4	199	241
242	0:36:54	DVORSKY, Stan	unatt/Midleton	M40	07:22.6	498	242
243	0:36:55	MORGAN, Jim	unatt/Whitegate	M40	07:22.8	680	243
244	0:36:56	QUIGLEY, John	Eagle AC	M60	07:23.0	182	244
245	0:36:57	O'KEEFFE, Kevin	Ballymore-Cobh AC	M	07:23.2	609	245
246	0:36:58	BULMAN, George	Youghal AC	M55	07:23.4	159	246
247	0:36:59	DOWNEY, Fiona	Ballymore-Cobh AC	F	07:23.6	566	247
248	0:37:00	O'SHEA, Colm	unatt/Ballinacurra	M40	07:23.8	168	248
249	0:37:00	WALSH, John	unatt/Ballybrannigan	M50	07:23.8	532	249
250	0:37:01	MCNAMARA, Julie	Youghal AC	F	07:24.0	325	250
251	0:37:02	CAHILL, Paul	unatt/Cloyne	M45	07:24.2	141	251
252	0:37:04	COTTER, Frank	Eagle AC	M50	07:24.6	465	252
253	0:37:06	WALSH, Pat	Midleton AC	M50	07:25.0	638	253
254	0:37:07	CAHILL, Breda	unatt/Cloyne	F40	07:25.2	321	254
255	0:37:07	BOLAND, Lisa	Eagle AC	F45	07:25.2	327	255
256	0:37:09	WILLIAMS, Barry	Midleton AC	M45	07:25.6	174	256
257	0:37:11	CUSHEN, Mike	unatt/Mogeely	M40	07:26.0	611	257
258	0:37:17	BUCKLEY, Caroline	Watergrasshill AC	F	07:27.2	319	258
259	0:37:18	CUSSEN, Linda	Eagle AC	F	07:27.4	316	259
260	0:37:20	MACGILP, Fraser	Ballintotis Fit4Life	M50	07:27.8	540	260
261	0:37:20	GARDE, Cyril	Ballintotis Fit4Life	M	07:27.8	146	261
262	0:37:22	FOX, Conor	Donoughmore AC	M40	07:28.2	531	262
263	0:37:22	GALLAGHER, Mark	Eagle AC	M40	07:28.2	189	263
264	0:37:23	FLYNN, John	Mallow AC	M45	07:28.4	666	264
265	0:37:26	KEATING, Maria	Mallow AC	F	07:29.0	317	265
266	0:37:27	HARTE, Rebecca	St. Finbarrs AC	F40	07:29.2	635	266
267	0:37:30	BROWNE, Gerard	unatt/Glenville	M45	07:29.8	466	267
268	0:37:33	CONCANNON, Michael	West Waterford AC	M50	07:30.4	457	268
269	0:37:36	RAISSA, Farad	unatt/Whitegate	M	07:31.0	488	269
270	0:37:38	PENDER, Carl	Ballymore-Cobh AC	M	07:31.4	203	270
271	0:37:40	BARRY, Louise	Midleton AC	F	07:31.8	320	271
272	0:37:41	CONROY, Gwen	Watergrasshill AC	F35	07:32.0	336	272
273	0:37:41	MCPMAHON, Daniel	unatt/Cork	M	07:32.0	157	273
274	0:37:43	O'FARRELL, Andrew	Carrigaline RR AC	M60	07:32.4	190	274
275	0:37:43	O'SULLIVAN, Patrick	unatt/Cloyne	M60	07:32.4	477	275
276	0:37:46	O'SULLIVAN, Declan	unatt/Saleen	M	07:33.0	235	276
277	0:37:48	HURLEY, Stephen	Watergrasshill AC	M	07:33.4	73	277
278	0:37:50	KIRWAN, Ita	Eagle AC	F45	07:33.8	626	278
279	0:37:51	COONEY, Sean	unatt/Carrigtwohill	M40	07:34.0	165	279
280	0:37:52	O'SHEA, Con	unatt/Cork	M	07:34.2	556	280
281	0:37:53	SPILLANE, Anthony	unatt/Blarney	M	07:34.4	188	281
282	0:37:54	KIDNEY, David	unatt/Cork	M50	07:34.6	533	282
283	0:37:57	WILSON, Dean	unatt/Midleton	M40	07:35.2	215	283
284	0:37:58	SHEEHAN, Owen	unatt/Blarney	M	07:35.4	631	284
285	0:37:59	ISLEY, Stephanie	unatt/Youghal	F50	07:35.6	523	285
286	0:38:01	AHERNE, Eddie	unatt/Buttevant	M45	07:36.0	196	286
287	0:38:01	MCNULTY, Ailise	St. Finbarrs AC	F	07:36.0	315	287
288	0:38:03	MCGRATH, Kevin	unatt/Fermoy	M	07:36.4	620	288
289	0:38:04	MCSWEENEY, Shane	unatt/Midleton	M	07:36.6	208	289
290	0:38:07	FORREST, Michelle	Ballintotis Fit4Life	F35	07:37.2	329	290
291	0:38:08	WARD, Tomas	Youghal AC	M40	07:37.4	224	291
292	0:38:09	GILROY, Stephen	unatt/Aghada	M	07:37.6	548	292
293	0:38:11	O'CONNELL, Donie	Midleton AC	M60	07:38.0	209	293
294	0:38:12	MCEVOY, Rebecca	St. Finbarrs AC	F	07:38.2	326	294
295	0:38:14	MCNAMARA, Mark	unatt/Midleton	M	07:38.6	237	295
296	0:38:15	MURRAY, Jimmy	Rising Sun AC	M65	07:38.8	181	296

298	0:38:17	HOLLAND, Siobhan	unatt/Waterfall	F35	07:39.2	330	298
299	0:38:23	TOBIN, John	unatt/Midleton	M	07:40.4	214	299
300	0:38:24	O'CALLAGHAN, Anthony	unatt/Aghada	M	07:40.6	197	300
301	0:38:27	CROWLEY, Cian	unatt/Cork	M	07:41.2	185	301
302	0:38:27	KIGGINS, John	unatt/Ballincollig	M	07:41.2	210	302
303	0:38:34	JONES, Kevin	Ballymore-Cobh AC	M45	07:42.6	622	303
304	0:38:36	HAMILL, Robert	Youghal AC	M40	07:43.0	200	304
305	0:38:37	CUMMINS, Tony	unatt/Cork	M	07:43.2	96	305
306	0:38:38	O'DONOGHUE, Donal	unatt/Little Island	M45	07:43.4	154	306
307	0:38:41	MCCALL, Angela	unatt/Cork	F40	07:44.0	338	307
308	0:38:43	MURPHY, Christy	Carraig na bhFear AC	M55	07:44.4	471	308
309	0:38:46	KELLEHER, Bebhinn	unatt/Glanmire	F	07:45.0	667	309
310	0:38:46	KELLEHER, Sadhbh	unatt/Glanmire	F	07:45.0	682	310
311	0:38:47	MCMURTRY, James	Midleton AC	M45	07:45.2	241	311
312	0:38:48	O'NEILL, Vincent	unatt/Midleton	M45	07:45.4	192	312
313	0:38:50	HERLIHY, Peter	unatt/Cork	M	07:45.8	653	313
314	0:38:50	REEL, Kevina	Mallow AC	F	07:45.8	331	314
315	0:38:50	CARROLL, Clodagh	unatt/Cork	F	07:45.8	359	315
316	0:38:51	MCDONALD, Andrew	unatt/Monkstown	M	07:46.0	193	316
317	0:38:51	MURPHY, Terry	Ballymore-Cobh AC	M50	07:46.0	240	317
318	0:38:52	BARRY, Colette	Midleton AC	F	07:46.2	348	318
319	0:38:53	DOLPHIN, Rayleen	Midleton AC	F	07:46.4	335	319
320	0:38:56	O'NEILL, Tom	Ballintotis Fit4Life	M55	07:47.0	205	320
321	0:39:01	MCGRATH, Donal	Eagle AC	M50	07:48.0	213	321
322	0:39:04	PERRY, Anne-Marie	unatt/Cloyne	F40	07:48.6	339	322
323	0:39:07	MCCARTHY, Shane	unatt/Macroom	M	07:49.2	536	323
324	0:39:15	O'BRIEN, Peter	unatt/Fermoy	M	07:50.8	547	324
325	0:39:17	SHEEHAN, Batt	St. Catherines AC	M45	07:51.2	230	325
326	0:39:19	BRANSFIELD, Pat	St. Nicholas AC	M50	07:51.6	670	326
327	0:39:20	KEARNEY, Bartholomew	Leevale AC	M55	07:51.8	195	327
328	0:39:21	ST LEGER, Greg	Rising Sun AC	M45	07:52.0	538	328
329	0:39:21	TRANT, Adrian	unatt/Ballincollig	M40	07:52.0	484	329
330	0:39:23	MURTAGH, Laurence	unatt/Cork	M40	07:52.4	225	330
331	0:39:25	KELLEHER, Donal	Eagle AC	M40	07:52.8	180	331
332	0:39:27	O'KEEFE, Mark	unatt/Cork	M40	07:53.2	249	332
333	0:39:29	MAGNIER, Ciara	Watergrasshill AC	F	07:53.6	334	333
334	0:39:29	GILLMAN, Marie	Midleton AC	F50	07:53.6	630	334
335	0:39:33	DESMOND, Claran	Leevale AC	M50	07:54.4	486	335
336	0:39:34	NALLY, Siobhan	unatt/Cloyne	F35	07:54.6	482	336
337	0:39:36	SHANAHAN, Mike	unatt/Midleton	M40	07:55.0	673	337
338	0:39:37	ABERNETHY, Fergal	Ballintotis Fit4Life	M40	07:55.2	216	338
339	0:39:38	O'REILLY, Liam	unatt/Shanagarry	M40	07:55.4	219	339
340	0:39:41	SHERIDAN, Catherine	unatt/Midleton	F35	07:56.0	354	340
341	0:39:42	CRONIN, Brendan	Midleton AC	M	07:56.2	204	341
342	0:39:43	LEAHY, Sean	Ballintotis Fit4Life	M45	07:56.4	222	342
343	0:39:44	CONNOLLY, Tony	unatt/Midleton	M45	07:56.6	201	343
344	0:39:46	O'CALLAGHAN, Simon	unatt/Whitegate	M40	07:57.0	187	344
345	0:39:47	WILLS, Ian	Watergrasshill AC	M	07:57.2	554	345
346	0:39:48	HEALY, Brian	unatt/Ballycotton	M45	07:57.4	194	346
347	0:39:49	BRANSFIELD, Gillian	Midleton AC	F	07:57.6	346	347
348	0:39:50	O'CONNOR, Rory	unatt/Whitegate	M45	07:57.8	223	348
349	0:39:51	MCDONALD, Barry	unatt/Ballycotton	M	07:58.0	211	349
350	0:39:52	WALSHE, John	East Cork AC	M60	07:58.2	206	350
351	0:39:53	EVANS, Mairead	unatt/Lissarda	F	07:58.4	328	351
352	0:39:55	LYNCH, Jason	Watergrasshill AC	M40	07:58.8	636	352
353	0:39:55	CONSTANT, Kerry	unatt/Cork	M55	07:58.8	242	353
354	0:39:56	RYAN, Catherine	Mallow AC	F	07:59.0	344	354
355	0:39:56	TWOMEY, Bernie	Midleton AC	F40	07:59.0	351	355
356	0:39:57	CURTIN, Kieran	unatt/Mallow	M	07:59.2	559	356
357	0:40:02	O'CONNELL, Catherine	unatt/Leamlara	F	08:00.2	357	357
358	0:40:03	MCPMAHON, Brendan	unatt/Little Island	M45	08:00.4	220	358
359	0:40:04	DALY, Sinead	Ballymore-Cobh AC	F40	08:00.6	356	359
360	0:40:05	CRONIN, Karen	unatt/Cork	F	08:00.8	332	360
361	0:40:08	BRUTON, Patricia	Eagle AC	F45	08:01.4	340	361
362	0:40:09	O'LEARY, Karen	St. Finbarrs AC	F	08:01.6	342	362
363	0:40:10	FOLEY, Jason	unatt/Watergrasshill	M	08:01.8	629	363
364	0:40:14	O'S-HOULIHAN, Zach	unatt/Ballyandreen	MJ	08:02.6	247	364
365	0:40:17	MULCAHY, Mary	St. Finbarrs AC	F50	08:03.2	349	365
366	0:40:24	HURLEY, Aislinn	Watergrasshill AC	F35	08:04.6	347	366
367	0:40:26	FLEMING, Paul	Midleton AC	M	08:05.0	243	367
368	0:40:26	POWER, Pat	unatt/Ardmore	M	08:05.0	263	368
369	0:40:31	HANRAHAN, Joseph	unatt/Carrigtwohill	M	08:06.0	269	369
370	0:40:32	CROWLEY, Alan	unatt/Glenville	M	08:06.2	522	370
371	0:40:37	LARKIN, Brian	unatt/Aghada	M40	08:07.2	227	371
372	0:40:37	GODFREY, Donal	unatt/Whitegate	M45	08:07.2	238	372

374	0:40:42	FOLEY, John	West Waterford AC	M60	08:08.2	1001	374
375	0:40:43	DEPUY, Steve	unatt/Cork	M	08:08.4	675	375
376	0:40:43	O'LEARY, John	Leevale AC	M70	08:08.4	217	376
377	0:40:44	GIGLIONE, Rino	unatt/Dublin	M	08:08.6	550	377
378	0:40:45	ALLEN, Yvonne	Ballymore-Cobh AC	F40	08:08.8	478	378
379	0:40:50	LYNCH, Valerie	Watergrasshill AC	F40	08:09.8	350	379
380	0:40:53	O'BRIEN, Kathleen	St. Catherines AC	F65	08:10.4	358	380
381	0:40:54	MORLEY, Alan	Midleton AC	M40	08:10.6	255	381
382	0:40:55	COLEMAN, Barry	St. Finbarrs AC	M	08:10.8	245	382
383	0:41:00	QUINLAN, Deirdre	unatt/Cork	F50	08:11.8	360	383
384	0:41:00	MCNAMARA, Martha	Midleton AC	F50	08:11.8	362	384
385	0:41:01	COUGHLAN, Mags	unatt/Carrigtwohill	F40	08:12.0	663	385
386	0:41:02	ROCHE, Thomas	unatt/Ballycotton	M	08:12.2	232	386
387	0:41:03	LINEHAN, Frank	Togher AC	M60	08:12.4	207	387
388	0:41:07	BARROW, Lisa	Mallow AC	F	08:13.2	352	388
389	0:41:09	CRONIN, Maria	St. Finbarrs AC	F35	08:13.6	367	389
390	0:41:12	BARRY, Aidan	St. Catherines AC	M40	08:14.2	515	390
391	0:41:15	O'SHEA, Darragh	unatt/Cork	M	08:14.8	254	391
392	0:41:16	SHEEHAN, Denis	unatt/Mallow	M60	08:15.0	239	392
393	0:41:19	MCGRATH, Robert	unatt/Shanagarry	M	08:15.6	264	393
394	0:41:25	DRISLANE, John	St. Nicholas AC	M	08:16.8	268	394
395	0:41:27	BARRY, Brendan	Midleton AC	M50	08:17.2	226	395
396	0:41:27	DAVERON, Martin	UCC AC	M	08:17.2	659	396
397	0:41:28	LANDERS, Martina	Youghal AC	F40	08:17.4	557	397
398	0:41:28	HEALY, Martin	unatt/Carrigtwohill	M	08:17.4	218	398
399	0:41:29	HOLDEN, Peter	unatt/Lisgoold	M40	08:17.6	266	399
400	0:41:38	DONOVAN, Kenneth	unatt/Churchtown South	M	08:19.4	299	400
401	0:41:43	O'SHEA, Michael	unatt/Mallow	M	08:20.4	260	401
402	0:41:44	O'FARRELL, Rob	unatt/Cork	M	08:20.6	234	402
403	0:41:45	SMIDDY, David	unatt/Dungourney	M40	08:20.8	272	403
404	0:41:53	BROWNE, Brian	unatt/Bartlemy	M40	08:22.4	509	404
405	0:41:54	HENNESSY, Margaret	unatt/Shanagarry	F40	08:22.6	355	405
406	0:42:02	FORDE, Marian	unatt/Cork	F	08:24.2	369	406
407	0:42:04	MCGRATH, Felicity	unatt/Cloyne	F35	08:24.6	363	407
408	0:42:05	RYAN, Michael	Ballymore-Cobh AC	M	08:24.8	616	408
409	0:42:06	O'SULLIVAN, Paul	unatt/Midleton	M45	08:25.0	250	409
410	0:42:07	LINEHAN, Alan	unatt/Shanagarry	MJ	08:25.2	500	410
411	0:42:12	LAMBE, Barry	Midleton AC	M40	08:26.2	257	411
412	0:42:15	KIELY, Finbarr	unatt/Cork	M50	08:26.8	273	412
413	0:42:17	GRIFFIN, Ben	unatt/Midleton	M	08:27.2	233	413
414	0:42:23	O'CONNELL, Jerome	unatt/Garryvoe	M	08:28.4	517	414
415	0:42:28	CORCORAN, Nora	Eagle AC	F35	08:29.4	364	415
416	0:42:38	BRUTON, Seamus	Eagle AC	M45	08:31.4	649	416
417	0:42:39	HASTINGS, Avril	Ballymore-Cobh AC	F	08:31.6	397	417
418	0:42:42	PRENDERGAST, Noel	Watergrasshill AC	M45	08:32.2	657	418
419	0:42:45	HEGARTY, Linda	unatt/Cloyne	F40	08:32.8	385	419
420	0:42:48	DONNELLY, Emer	unatt/Cork	F	08:33.4	560	420
421	0:42:56	GAFFNEY, Peter	Mallow AC	M70	08:35.0	483	421
422	0:42:58	BURKE, Martina	unatt/Cork	F40	08:35.4	639	422
423	0:43:01	DUNNE, Louise	Ballymore-Cobh AC	F	08:36.0	608	423
424	0:43:05	HURSON, Alan	unatt/Glanmire	M	08:36.8	607	424
425	0:43:06	FITZGERALD, Fergal	unatt/Cork	M	08:37.0	259	425
426	0:43:07	O'REGAN, Celia	Youghal AC	F45	08:37.2	366	426
427	0:43:08	O'CONNOR, Cian	unatt/Cork	M	08:37.4	640	427
428	0:43:09	MCCARTHY, Barry	unatt/Watergrasshill	M	08:37.6	274	428
429	0:43:10	MURPHY, Sue	Carrigtwohill AC	F	08:37.8	388	429
430	0:43:14	HIGGINS, Carrie	unatt/Ballymacoda	F45	08:38.6	380	430
431	0:43:18	TARBATT, Majella	Ballymore-Cobh AC	F45	08:39.4	404	431
432	0:43:20	FITZGERALD, John	unatt/Killeagh	M40	08:39.8	270	432
433	0:43:22	O'KEEFFE, Samantha	East Cork AC	F40	08:40.2	365	433
434	0:43:25	SAVAGE, Siobhan	Midleton AC	F35	08:40.8	392	434
435	0:43:25	BARRY, Frances	unatt/Ballynoe	F	08:40.8	361	435
436	0:43:26	COSTELLO, Ricky	Watergrasshill AC	M	08:41.0	601	436
437	0:43:27	NEWMAN, Edward	unatt/Innishannon	M	08:41.2	545	437
438	0:43:28	STEPHENS, Jennie	unatt/Aghada	F35	08:41.4	374	438
439	0:43:29	COLLINS, Trevor	Naas AC	M	08:41.6	278	439
440	0:43:39	BRENNAN, Dermot	unatt/Ovens	M	08:43.6	485	440
441	0:43:41	MCNAMARA, Michael	Midleton AC	M55	08:44.0	265	441
442	0:43:43	O'SHEA, Willis	unatt/Whitegate	M	08:44.4	246	442
443	0:43:44	O'FLYNN, Danielle	unatt/Blarney	F	08:44.6	376	443
444	0:43:58	RYAN, Bridget	Ballintotis Fit4Life	F40	08:47.4	384	444
445	0:43:59	O'LEARY, Feidhlim	unatt/Cork	M	08:47.6	282	445
446	0:44:01	MURRAY, Vincent	unatt/Glanmire	M40	08:48.0	271	446
447	0:44:02	MCCARTHY, Danny	Midleton AC	M60	08:48.2	286	447
448	0:44:03	BRODERICK, Diane	Ballintotis Fit4Life	F40	08:48.4	371	448

450	0:44:12	CROWLEY, Grainne	unatt/Blarney	F35	08:50.2	409	450
451	0:44:16	HERLIHY, John	unatt/Carrigaline	M	08:51.0	529	451
452	0:44:19	WHYTE, Stephanie	Youghal AC	F40	08:51.6	389	452
453	0:44:24	COLLINS, Anne	unatt/Carrigtwohill	F40	08:52.6	393	453
454	0:44:24	MURPHY, Eileen	Carraig na bhFear AC	F50	08:52.6	472	454
455	0:44:26	MEHIGAN, Cait	St. Finbarrs AC	F	08:53.0	408	455
456	0:44:29	O'RIORDAN, Fiona	Eagle AC	F45	08:53.6	381	456
457	0:44:31	MCCARTHY, Kevin	unatt/Carrigtwohill	M	08:54.0	552	457
458	0:44:32	TWOMEY, Paul	unatt/Glanmire	M	08:54.2	606	458
459	0:44:33	O'SHEA, Liana	unatt/Mogeely	F	08:54.4	537	459
460	0:44:34	KEOHANE, Irene	Eagle AC	F40	08:54.6	390	460
461	0:44:39	MURPHY, Kay	Ballintotis Fit4Life	F45	08:55.6	669	461
462	0:44:40	KOHLER, Ian	Midleton AC	M65	08:55.8	277	462
463	0:44:43	CASEY, Linda	unatt/Cork	F40	08:56.4	551	463
464	0:44:44	COLLINS, Noreen	unatt/Cork	F45	08:56.6	399	464
465	0:44:45	STAVROU, Amanda	Midleton AC	F50	08:56.8	494	465
466	0:44:47	DALY, Eugene	unatt/Mallow	M45	08:57.2	648	466
467	0:44:53	HERLIHY, Breeda	unatt/Carrigaline	F40	08:58.4	530	467
468	0:44:54	CREEDON, Lana	Midleton AC	F	08:58.6	402	468
469	0:44:55	FITZGERALD, Mark	unatt/Cloyne	M	08:58.8	507	469
470	0:45:00	KINGSTON, Patricia	Youghal AC	F	08:59.8	618	470
471	0:45:03	BUCKLEY, Marie-Therese	unatt/Donoughmore	F	09:00.4	525	471
472	0:45:04	IVERS, Sinead	Midleton AC	F	09:00.6	375	472
473	0:45:06	BUCKLEY, Edel	unatt/Donoughmore	F	09:01.0	526	473
474	0:45:08	WALSH, Ann	unatt/Jersey	F40	09:01.4	546	474
475	0:45:10	BLACKSHIELDS, Lorraine	unatt/Cork	F	09:01.8	377	475
476	0:45:10	BLACKSHIELDS, Gavin	unatt/Cork	M	09:01.8	261	476
477	0:45:24	BALDWIN, Ciara	Midleton AC	F	09:04.6	474	477
478	0:45:27	SCANNELL, Paul	Eagle AC	M	09:05.2	169	478
479	0:45:27	WALSH, Lucy	unatt/Shanagarry	F40	09:05.2	410	479
480	0:45:28	O'ROURKE, Orla	unatt/Midleton	F40	09:05.4	372	480
481	0:45:28	HENNESSY, Elaine	unatt/Midleton	F55	09:05.4	527	481
482	0:45:29	MURPHY, Trish	unatt/Midleton	F45	09:05.6	370	482
483	0:45:30	MCGRATH, Sam	unatt/Shanagarry	M	09:05.8	656	483
484	0:45:32	KELLEHER, Ger	unatt/Glanmire	M50	09:06.2	281	484
485	0:45:40	O'CALLAGHAN, Jim	unatt/Ballincollig	M55	09:07.8	290	485
486	0:45:40	CREATON, Annette	unatt/Ballycotton	F	09:07.8	396	486
487	0:45:45	CORKERY, Sean	Watergrasshill AC	M	09:08.8	628	487
488	0:45:49	WOLFE, Cliona	Mallow AC	F	09:09.6	378	488
489	0:45:56	DALY, Paddy	unatt/Cork	M65	09:11.0	276	489
490	0:45:59	CRONIN, Claire	unatt/Passage West	F	09:11.6	395	490
491	0:46:00	MILLERICK, Bridie	unatt/Ballymacoda	F40	09:11.8	401	491
492	0:46:02	MURPHY-MORLEY, Tracey	Watergrasshill AC	F35	09:12.2	411	492
493	0:46:05	CREEDON, Marie	unatt/Waterfall	F50	09:12.8	403	493
494	0:46:07	SHORTEN, Kenneth	unatt/Cork	M	09:13.2	535	494
495	0:46:17	HORGAN, Ciaran	unatt/Whitechurch	M	09:15.2	287	495
496	0:46:21	O'SULLIVAN, Paula	Midleton AC	F	09:16.0	405	496
497	0:46:24	O'DONOVAN, Anne-Marie	Midleton AC	F40	09:16.6	562	497
498	0:46:26	DOLAN-CROWLEY, Elaine	Watergrasshill AC	F35	09:17.0	426	498
499	0:46:28	O'DOHERTY, Emer	Midleton AC	F	09:17.4	435	499
500	0:46:29	LAMBE, Fiona	Midleton AC	F40	09:17.6	665	500
501	0:46:32	SHEEHAN, Sarah	unatt/Macroom	F	09:18.2	647	501
502	0:46:33	MCCARTHY, Barry	unatt/Watergrasshill	M40	09:18.4	642	502
503	0:46:34	O'BRIEN, Denise	unatt/Fethard	F40	09:18.6	476	503
504	0:46:37	O'MAHONY, Jennifer	unatt/Kildorrery	F	09:19.2	417	504
505	0:46:39	MANNING, Denis	St. Finbarrs AC	M40	09:19.6	284	505
506	0:46:41	SHALLOE, Triona	West Waterford AC	F	09:20.0	387	506
507	0:46:45	O'BRIEN, Donal	St. Nicholas AC	M60	09:20.8	469	507
508	0:46:58	CODY, Antoinette	unatt/Dungourney	F	09:23.4	420	508
509	0:46:59	BARRETT, Sean	unatt/Glanmire	M	09:23.6	289	509
510	0:47:02	HASSETT, Grainne	unatt/Shanagarry	F40	09:24.2	634	510
511	0:47:10	MULCAHY, Antoinette	unatt/Carrigaline	F40	09:25.8	406	511
512	0:47:16	RYAN, Deborah	unatt/Boherbue	F	09:27.0	539	512
513	0:47:24	TWOMEY, Aisling	unatt/Midleton	F35	09:28.6	343	513
514	0:47:25	HERLIHY, Niamh	unatt/Midleton	F	09:28.8	400	514
515	0:47:28	CLIFFORD, Nicola	Carrigaline RR AC	F35	09:29.4	619	515
516	0:47:31	O'BRIEN, Sarah	Youghal AC	FJ	09:30.0	447	516
517	0:47:33	FORREST, Laura	Ballymore-Cobh AC	F	09:30.4	610	517
518	0:47:34	TERRY, Eithne	Youghal AC	F40	09:30.6	655	518
519	0:47:37	MURPHY, Elaine	unatt/Cork	F	09:31.2	549	519
520	0:47:42	TEAP, Stephen	unatt/Carrigaline	M	09:32.2	280	520
521	0:47:44	POWER, Onra	West Waterford AC	F45	09:32.6	386	521
522	0:47:48	FITZGERALD, Sinead	unatt/Whitegate	F35	09:33.4	481	522
523	0:47:49	BURKE, Ciara	unatt/Carrigtwohill	F	09:33.6	428	523
524	0:47:50	ALLEN, Cathriona	unatt/Cork	F35	09:33.8	407	524

526	0:47:53	HOULIHAN, Audrey	Watergrasshill AC	F	09:34.4	429	526
527	0:47:56	O'LEARY, Geraldine	unatt/Ballincollig	F45	09:35.0	421	527
528	0:48:02	MOLLOY, Mary	Ballintotis Fit4Life	F45	09:36.2	427	528
529	0:48:04	KAVANAGH, Brian	unatt/Ballinacurra	M40	09:36.6	288	529
530	0:48:08	MADDEN, Jacinta	Ballintotis Fit4Life	F45	09:37.4	425	530
531	0:48:10	BOYLE, Gavin	unatt/Ballycotton	M40	09:37.8	504	531
532	0:48:26	COLLINS, Jennifer	unatt/Cork	F	09:41.0	419	532
533	0:48:50	TOBIN, David	unatt/Cork	M	09:45.8	279	533
534	0:48:50	SULLIVAN, Lila	unatt/Blarney	F	09:45.8	412	534
535	0:48:51	FORREST, Paul	Watergrasshill AC	M	09:46.0	627	535
536	0:48:53	HARTE, Jim	Midleton AC	M50	09:46.4	285	536
537	0:48:54	MCCARTHY, Jenny	Midleton AC	F	09:46.6	651	537
538	0:48:55	FEENEY, Mary	St. Catherines AC	F	09:46.8	416	538
539	0:48:58	MURPHY, Siobhan	unatt/Midleton	F40	09:47.4	543	539
540	0:48:59	KELLY, Thomas	Navy AC	M55	09:47.6	462	540
541	0:49:00	DALTON, Colette	Midleton AC	F	09:47.8	528	541
542	0:49:01	KELLY, Brendan	unatt/Midleton	M	09:48.0	291	542
543	0:49:12	O'CONNOR, Ann	unatt/Glanmire	F50	09:50.2	660	543
544	0:49:13	O'KEEFE, Jackie	Watergrasshill AC	F45	09:50.4	661	544
545	0:49:15	FOLEY, Yvonne	unatt/Carrigtwohill	F	09:50.8	424	545
546	0:49:17	NUGENT, Patricia	unatt/Shanagarry	F	09:51.2	455	546
547	0:49:17	ARCHER, Maria	unatt/Cloyne	F	09:51.2	300	547
548	0:49:18	DALY, Ben	Youghal AC	MJ	09:51.4	501	548
549	0:49:19	O'CONNELL, Margaret	unatt/Cobh	F35	09:51.6	613	549
550	0:49:27	O'NEILL, Jim	unatt/Whitegate	M40	09:53.2	292	550
551	0:49:49	ARCHER, Mark	unatt/Ballycotton	M40	09:57.6	283	551
552	0:50:00	O'DONOVAN, Caroline	unatt/Midleton	F	09:59.8	434	552
553	0:50:33	O'FLYNN, Dawn	unatt/Blarney	F35	10:06.4	437	553
554	0:50:39	MCGUIGAN, Mary	Midleton AC	F50	10:07.6	414	554
555	0:50:40	LINEHAN, Brian	unatt/Ballincollig	M	10:07.8	521	555
556	0:50:42	BARRETT, Nicola	unatt/Clounthaune	F	10:08.2	679	556
557	0:51:01	MCCARTHY, Joan	Midleton AC	F55	10:12.0	438	557
558	0:51:02	MCGRATH, Katie	unatt/Shanagarry	FJ	10:12.2	431	558
559	0:51:22	O'BRIEN, Helen	unatt/Midleton	F35	10:16.2	454	559
560	0:51:42	O'MAHONY, Katelyn	Midleton AC	F	10:20.2	433	560
561	0:51:46	NOLAN, Tanya	unatt/Cloyne	F	10:21.0	439	561
562	0:51:54	BYRD, Kim	Eagle AC	F	10:22.6	632	562
563	0:51:55	BYRD, Thomas	Eagle AC	M55	10:22.8	633	563
564	0:51:55	MCMURTRY, Jim	Midleton AC	M65	10:22.8	294	564
565	0:51:57	WALSH, Emma	unatt/Cork	F35	10:23.2	674	565
566	0:52:14	WALSH, Ann	unatt/Cork	F	10:26.6	563	566
567	0:52:28	KELLEHER, Frank	unatt/Cork	M70	10:29.4	293	567
568	0:52:51	CASEY, Valerie	unatt/Churchtown South	F	10:34.0	444	568
569	0:53:01	FITZGERALD, Eavan	unatt/Cork	F	10:36.0	544	569
570	0:54:03	LYNCH, Winnie	Midleton AC	F40	10:48.4	443	570
571	0:54:04	LYNCH, Lisa	Midleton AC	F45	10:48.6	442	571
572	0:54:08	SAVAGE, Therese	unatt/Cloyne	F	10:49.4	565	572
573	0:54:09	STACK, Adrian	unatt/Midleton	M	10:49.6	262	573
574	0:54:13	O'DONOVAN, Mairead	unatt/Blarney	F	10:50.4	445	574
575	0:54:25	O'CONNELL, TJ	unatt/Ladysbridge	M40	10:52.8	295	575
576	0:54:38	HARRINGTON, Mary	unatt/Dungourney	F	10:55.4	441	576
577	0:54:39	BRANSFIELD, Ciara	St. Nicholas AC	F	10:55.6	450	577
578	0:55:44	DURHAM, Dan	unatt/Cork	M	11:08.6	1003	578
579	0:56:03	WHITAKER, Andrew	unatt/Carrigaline	M	11:12.4	296	579
580	0:56:07	DALY, Mervyn	unatt/Shanagarry	M40	11:13.2	502	580
581	0:56:30	ROCHE, Celine	unatt/Shanagarry	F45	11:17.8	436	581
582	0:56:32	ROCHE, Kieran	unatt/Shanagarry	M50	11:18.2	676	582
583	0:58:23	O'GRADY, Noirin	unatt/Midleton	F	11:40.4	451	583
584	0:59:07	HAYES, Trish	Mallow AC	F35	11:49.2	449	584
585	0:59:25	O'SHEA, Jennifer	Mallow AC	F	11:52.8	446	585
586	0:59:48	O'LEARY, Clare	unatt/Cloyne	F35	11:57.4	452	586
587	1:00:17	RYAN, Susan	Ballymore-Cobh AC	F	12:03.2	487	587
588	1:02:58	O'MAHONY, William	Youghal AC	M65	12:35.4	298	588

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