

Ballycotton Summer Road Race Series 2014

SHANAGARRY '5'

Thursday 26 June 2014. 8:00pm

Place	Time	Name	Team	Race Age Category	min/mile		
1	0:24:53	MCCARTHY, James	East Cork AC	M	04:58.5	1	1
2	0:25:07	O'DONOGHUE, Tim	East Cork AC	M	05:01.3	454	2
3	0:26:04	HARTY, Michael	East Cork AC	M	05:12.7	2	3
4	0:26:33	MEADE, John	St. Finbarrs AC	M	05:18.5	4	4
5	0:26:58	O'SULLIVAN, Rory	St. Finbarrs AC	M	05:23.5	5	5
6	0:27:04	SMITH, Danny	Ballynonty AC	M	05:24.7	435	6
7	0:27:17	O'CONNELL, Cathal	St. Finbarrs AC	M50	05:27.3	11	7
8	0:27:27	O'SHEA, Alex	St. Finbarrs AC	M40	05:29.3	8	8
9	0:28:06	MOLLOY, Darren	Navy AC	M	05:37.1	9	9
10	0:28:23	HOGAN, John	Mallow AC	M40	05:40.5	15	10
11	0:28:37	DUGGAN, Paul	St. Finbarrs AC	M45	05:43.3	19	11
12	0:28:53	HENNESSY, John	East Cork AC	M40	05:46.5	17	12
13	0:28:55	CREEDON, Daithi	Eagle AC	M	05:46.9	14	13
14	0:29:00	O'CALLAGHAN, John	Eagle AC	M40	05:47.9	16	14
15	0:29:09	TIERNEY, Conor	East Cork AC	M	05:49.7	12	15
16	0:29:10	HOULIHAN, Michael	St. Finbarrs AC	M	05:49.9	21	16
17	0:29:19	LAFFAN, Tom	Bandon AC	M45	05:51.7	26	17
18	0:29:28	CURRAN, Thomas	Youghal AC	M	05:53.5	41	18
19	0:29:32	CURTIN, Martin	St. Finbarrs AC	M	05:54.3	27	19
20	0:29:43	KELLEHER, Denis	unatt/Midleton	M50	05:56.5	28	20
21	0:29:48	LYNCH, Micheal	Leevale AC	M	05:57.5	23	21
22	0:29:52	MURPHY, Chris	unatt/Riverstick	M	05:58.3	470	22
23	0:29:52	CREMIN, JJ	unatt/Dromina	M	05:58.3	24	23
24	0:29:54	HENNESSY, Emmett	East Cork AC	M	05:58.7	494	24
25	0:29:56	BYRNE, Michael	St. Catherines AC	M	05:59.1	29	25
26	0:29:57	GROARKE, Fergus	unatt/Midleton	M	05:59.3	33	26
27	0:30:01	O'HERLIHY, Colin	Eagle AC	M40	06:00.1	38	27
28	0:30:04	RONAN, Emmet	Midleton AC	M40	06:00.7	733	28
29	0:30:06	O'CALLAGHAN, Paul	unatt/Cork	M	06:01.1	31	29
30	0:30:07	CREEDON, Michael	unatt/Cork	M45	06:01.3	30	30
31	0:30:08	WALSH, Sean	unatt/Ladysbridge	M	06:01.5	2281	31
32	0:30:09	HARRINGTON, Shane	East Cork AC	M	06:01.7	731	32
33	0:30:10	SHEEHAN, Ivan	St. Finbarrs AC	M	06:01.9	32	33
34	0:30:13	SARGENT, Fergal	St. Finbarrs AC	M	06:02.5	35	34
35	0:30:14	MEADE, Eric	East Cork AC	M45	06:02.7	47	35
36	0:30:37	KEOGH, Mossy	West Waterford AC	M	06:07.3	446	36
37	0:30:42	MULCAHY, Kieran	Eagle AC	M45	06:08.3	36	37
38	0:30:51	ALLIS, Sean	Clonakilty RR AC	M40	06:10.1	68	38
39	0:30:54	O'DWYER, David	East Cork AC	M40	06:10.7	43	39
40	0:30:54	PYNE, Don	Grange-Fermoy AC	M	06:10.7	40	40
41	0:30:54	SPITERI, Paul	Midleton AC	M	06:10.7	34	41
42	0:30:55	O'CALLAGHAN, Brian	unatt/Glanmire	M	06:10.9	65	42
43	0:30:56	FOX, Thomas	unatt/Carrigaline	M45	06:11.1	49	43
44	0:30:59	CASEY, Garrett	St. Finbarrs AC	M40	06:11.7	45	44
45	0:31:01	CRONIN, Denis	unatt/Cork	M	06:12.1	37	45
46	0:31:03	MCCARTHY, Eugene	Midleton AC	M40	06:12.5	54	46
47	0:31:09	LEHANE, Donnacha	Eagle AC	M	06:13.7	39	47
48	0:31:12	TERRY, Warren	Youghal AC	M	06:14.3	46	48
49	0:31:15	O'CONNOR, Fergal	unatt/Ballycotton	M	06:14.9	437	49
50	0:31:16	COUGHLAN, Brendan	Dooneen AC	M	06:15.1	66	50
51	0:31:19	COLEMAN, Damien	unatt/Passage West	M	06:15.7	88	51
52	0:31:20	COTTER, Paul	Eagle AC	M	06:15.9	52	52
53	0:31:22	GLAVIN, Colm	Eagle AC	M40	06:16.3	73	53
54	0:31:22	KELLEHER, James	unatt/Cork	M50	06:16.3	55	54
55	0:31:23	GEARY, Kevin	Eagle AC	M	06:16.5	60	55
56	0:31:30	GRANT, Karen	Midleton AC	F	06:17.9	501	56
57	0:31:36	CUMMINS, Trevor	Ballymore-Cobh AC	M	06:19.1	97	57
58	0:31:37	COLEMAN, Ciaran	Youghal AC	M40	06:19.3	85	58
59	0:31:40	O'SULLIVAN, Sean	Midleton AC	M40	06:19.9	61	59
60	0:31:41	CROWLEY, Bryan	unatt/Carrigtwohill	M40	06:20.1	113	60
61	0:31:46	BARRY, Thomas	unatt/Killeagh	M	06:21.1	53	61
62	0:31:49	SHEEHAN, Nigel	unatt/Mogeely	M	06:21.7	56	62
63	0:31:49	BUCKLEY, Aidan	Mallow AC	M40	06:21.7	123	63
64	0:31:52	GRIFFIN, John	Carrigtwohill AC	M40	06:22.3	64	64
65	0:31:54	AHERNE, Neilus	Midleton AC	M55	06:22.7	63	65
66	0:31:56	CURLEY, Paul	Youghal AC	M45	06:23.1	84	66
67	0:31:57	MURPHY, Dave	Watergrasshill AC	M	06:23.3	58	67
68	0:31:58	O'MEARA, Fergal	Midleton AC	M45	06:23.5	72	68
69	0:31:59	CREMIN, Mike	Midleton AC	M	06:23.7	79	69
70	0:32:04	CAHILL, Maurice	Youghal AC	M	06:24.7	62	70
71	0:32:05	O'MAHONY, Roger	Eagle AC	M40	06:24.9	98	71
72	0:32:07	RYAN, Don	Midleton AC	M40	06:25.3	71	72
73	0:32:09	O'REGAN, Morgan	Midleton AC	M	06:25.7	70	73
74	0:32:10	O'CONNOR, Paul	unatt/Imerrick	M	06:25.9	96	74

75	0:32:10	O'DUBHGAIN, Pdraig	Leevale AC	M	06:25.9	455	75
76	0:32:13	CARR, Alan	unatt/Conna	M	06:26.5	120	76
77	0:32:18	LEONARD, Helen	Leevale AC	F40	06:27.5	503	77
78	0:32:18	DUNPHY, John	Midleton AC	M45	06:27.5	42	78
79	0:32:19	MCCARTHY, Denis	East Cork AC	M50	06:27.7	95	79
80	0:32:20	O'SULLIVAN, Denis	Youghal AC	M50	06:27.9	82	80
81	0:32:24	MURPHY, Brendan	unatt/Cork	M	06:28.7	48	81
82	0:32:25	MULDOWNEY, David	Eagle AC	M40	06:28.9	144	82
83	0:32:25	KENNEALLY, Damien	Eagle AC	M	06:28.9	67	83
84	0:32:26	O'CALLAGHAN, Niall	Mallow AC	M	06:29.1	114	84
85	0:32:29	SIEVEWRIGHT, Kevin	Eagle AC	M45	06:29.7	86	85
86	0:32:34	RICKEN, Adam	unatt/Cork	MJ	06:30.7	772	86
87	0:32:35	COSTIGAN, Justin	unatt/Midleton	M	06:30.9	101	87
88	0:32:37	LEAHY, Liam	St. Finbarrs AC	M	06:31.3	83	88
89	0:32:40	NOONAN, Alan	St. Finbarrs AC	M	06:31.9	103	89
90	0:32:42	LEWIS, Liam	unatt/Cork	M	06:32.3	108	90
91	0:32:43	HURLEY, Stephen	Watergrasshill AC	M	06:32.5	90	91
92	0:32:46	HENNESSY, Martin	unatt/Shanagarry	M40	06:33.1	87	92
93	0:32:47	WATSON, Dave	Eagle AC	M	06:33.3	131	93
94	0:32:48	O'CONNOR, John	unatt/Cork	M	06:33.5	110	94
95	0:32:49	YELVERTON, Barry	unatt/Cork	M	06:33.7	121	95
96	0:32:50	O'SULLIVAN, Dara	unatt/Cork	M	06:33.9	130	96
97	0:32:53	CREMIN, Michael	unatt/Dromina	M45	06:34.5	109	97
98	0:32:54	HEAVIN, Aiden	unatt/Ballycotton	M	06:34.7	115	98
99	0:33:00	MORRISSEY, Mark	Leevale AC	M40	06:35.9	106	99
100	0:33:02	LINEHAN, Brian	unatt/Cork	M50	06:36.3	729	100
101	0:33:03	MURPHY, Dave	Youghal AC	M	06:36.5	139	101
102	0:33:06	O'TOOLE, Paul	St. Finbarrs AC	M50	06:37.1	116	102
103	0:33:07	GILROY, Helen	Midleton AC	F45	06:37.3	508	103
104	0:33:11	LARKIN, Shane	unatt/Leixlip	M40	06:38.1	135	104
105	0:33:13	DESMOND, John	Eagle AC	M50	06:38.5	76	105
106	0:33:15	CRONIN, Niamh	St. Finbarrs AC	F35	06:38.9	504	106
107	0:33:16	O'CALLAGHAN, David	Eagle AC	M45	06:39.1	91	107
108	0:33:19	CARROLL, Aoife	Mallow AC	F	06:39.7	507	108
109	0:33:20	COTTER, Gillian	St. Finbarrs AC	F40	06:39.9	505	109
110	0:33:21	COLLINS, Ciaran	Youghal AC	M40	06:40.1	117	110
111	0:33:23	CRONIN, Denis	Mallow AC	M50	06:40.5	138	111
112	0:33:24	KELLY, Alan	Midleton AC	M40	06:40.7	2282	112
113	0:33:29	MAUNSELL, Francis	Midleton AC	M40	06:41.7	798	113
114	0:33:30	SCANNELL, John	Eagle AC	M45	06:41.9	724	114
115	0:33:31	COTT, Brian	Midleton AC	M	06:42.1	776	115
116	0:33:37	CARROLL, Denis	Eagle AC	M50	06:43.3	112	116
117	0:33:37	CANTWELL, Brendan	unatt/Castlemartyr	M45	06:43.3	725	117
118	0:33:38	AHERN, Sean	Youghal AC	M	06:43.5	140	118
119	0:33:39	CRONIN, Tim	unatt/Midleton	M40	06:43.7	767	119
120	0:33:40	O'BRIEN, Eddie	unatt/Fermoy	M40	06:43.9	162	120
121	0:33:42	DALTON, Pat	unatt/Cork	M	06:44.3	154	121
122	0:33:45	MURPHY, Ciara	unatt/Coachford	F	06:44.9	513	122
123	0:33:46	MOLONEY, Dave	Midleton AC	M	06:45.1	118	123
124	0:33:47	JONES, Margaret	Midleton AC	F45	06:45.3	511	124
125	0:33:51	DORIS, Anna	Midleton AC	F40	06:46.1	506	125
126	0:33:51	O'KEEFE, Michael	Leevale AC	M	06:46.1	134	126
127	0:33:54	O'SULLIVAN, Pat	Midleton AC	M40	06:46.7	149	127
128	0:33:55	FINN, Conor	unatt/Cork	M	06:46.9	175	128
129	0:33:55	BARROW, Donough	Mallow AC	M	06:46.9	198	129
130	0:34:00	MCLEAN, Gerard	unatt/Ballycotton	M40	06:47.9	142	130
131	0:34:01	MCGRATH, Brendan	Ballintotis Fit4Life	M40	06:48.1	743	131
132	0:34:01	CHRYSANTHOU, Steve	Carrigaline RR AC	M50	06:48.1	132	132
133	0:34:06	UPTON, John	unatt/Cloyne	M	06:49.1	484	133
134	0:34:08	CUMMINS, Tony	unatt/Cork	M	06:49.5	124	134
135	0:34:10	AHERN, Derek	Midleton AC	M	06:49.9	155	135
136	0:34:11	HESSION, Patrick	Carraig na bhFear AC	M40	06:50.1	447	136
137	0:34:13	DWYER, Jayme	unatt/Ballycotton	M40	06:50.5	228	137
138	0:34:20	GEARY, Michael	Midleton AC	M	06:51.9	221	138
139	0:34:22	KENNEALLY, Jonathan	unatt/Cloyne	M	06:52.3	190	139
140	0:34:23	O'REGAN, Billy	Grange-Fermoy AC	M45	06:52.5	141	140
141	0:34:24	CROWLEY, Therese	St. Finbarrs AC	F35	06:52.7	509	141
142	0:34:27	O'CONNOR, Bernard	unatt/Midleton	M40	06:53.3	169	142
143	0:34:28	HARTE, Matt	Ballintotis Fit4Life	M45	06:53.5	137	143
144	0:34:29	HICKEY, Gerard	unatt/Midleton	M40	06:53.7	201	144
145	0:34:31	MURPHY, James	unatt/Glanmire	M	06:54.1	189	145
146	0:34:31	DUNNE, Declan	unatt/Cork	M	06:54.1	153	146
147	0:34:35	BLAIKLOCK, Adam	unatt/Conna	M	06:54.9	434	147
148	0:34:36	DALY, Cathal	Mallow AC	M40	06:55.1	167	148
149	0:34:38	O'RIORDAN, Tom	Ballymore-Cobh AC	M	06:55.5	183	149
150	0:34:39	DENNIGAN, John	unatt/Midleton	M	06:55.7	773	150
151	0:34:40	MCCARTHY, Christopher	Midleton AC	M	06:55.9	145	151
152	0:34:42	GALVIN, Edmond	St. Catherines AC	M40	06:56.3	174	152
153	0:34:43	NUDDS, Graham	unatt/Blarney	M	06:56.5	166	153
154	0:34:47	SCANLON, Joe	unatt/Fermoy	M	06:57.3	784	154
155	0:34:48	BARRON, Declan	Youghal AC	M	06:57.5	157	155

156	0:34:48	TAIT, David	unatt/Whitegate	M	06:57.5	186	156
157	0:34:50	O'BRIEN, Denis	unatt/Cork	M50	06:57.9	156	157
158	0:34:51	CAREY, John	unatt/Midleton	M45	06:58.1	136	158
159	0:34:51	O'REGAN, Noel	Midleton AC	M45	06:58.1	763	159
160	0:34:52	HICKEY, James	unatt/Midleton	M	06:58.3	143	160
161	0:34:52	MURPHY, Stephen	Watergrasshill AC	M	06:58.3	127	161
162	0:34:53	MURRAY, Don	unatt/Whitegate	M	06:58.5	204	162
163	0:34:53	DOYLE, Luke	Ballymore-Cobh AC	M	06:58.5	471	163
164	0:34:53	GUINANE, Elaine	Eagle AC	F35	06:58.5	516	164
165	0:34:54	WATSON, Karol	Midleton AC	M	06:58.7	197	165
166	0:34:54	HILL, Martin	unatt/Midleton	M45	06:58.7	188	166
167	0:34:56	O'SHEA, Geraldine	St. Finbarrs AC	F45	06:59.1	517	167
168	0:35:03	HALLAHAN, Mike	Midleton AC	M45	07:00.5	176	168
169	0:35:05	DOWNING, Eilish	Ballintotis Fit4Life	F40	07:00.9	483	169
170	0:35:06	MURPHY, Arthur	Midleton AC	M	07:01.1	213	170
171	0:35:11	NOLAN, Michelle	St. Finbarrs AC	F40	07:02.1	514	171
172	0:35:11	O'REGAN, Eddie	Youghal AC	M55	07:02.1	148	172
173	0:35:13	WAKEFIELD, Brian	unatt/Cork	M50	07:02.4	146	173
174	0:35:14	CASEY, Richard	unatt/Cloyne	M40	07:02.6	172	174
175	0:35:14	HARTY, Brian	unatt/Cloyne	M	07:02.6	737	175
176	0:35:15	O'MEARA, Tom	unatt/Ballinacurra	M	07:02.8	206	176
177	0:35:16	DOYLE, Paul	Grange-Fermoy AC	M	07:03.0	246	177
178	0:35:16	PENDER, Stephen	Ballymore-Cobh AC	M	07:03.0	187	178
179	0:35:16	MEYLER, Shane	Ballymore-Cobh AC	M	07:03.0	472	179
180	0:35:18	KOHLER, Rachel	unatt/Glounthaune	F	07:03.4	497	180
181	0:35:19	O'DONOVAN, David	unatt/Cork	M	07:03.6	243	181
182	0:35:20	RYALL, JR	unatt/Shanagarry	M	07:03.8	205	182
183	0:35:22	POWER, Julian	unatt/Glounthaune	MJ	07:04.2	458	183
184	0:35:23	DINEEN, Mark	Watergrasshill AC	M	07:04.4	211	184
185	0:35:25	FITZGERALD, Barry	Midleton AC	M	07:04.8	797	185
186	0:35:26	CRONIN, Pat	unatt/Cork	M	07:05.0	766	186
187	0:35:31	LAMBE, Brendan	unatt/Glanmire	M	07:06.0	209	187
188	0:35:32	WRENNE, Maurice	unatt/Cork	M	07:06.2	496	188
189	0:35:33	MURRAY, Joe	unatt/Cork	M	07:06.4	275	189
190	0:35:34	LEAHY, Eileen	unatt/East Ferry	F	07:06.6	521	190
191	0:35:35	KENNEALLY, Trevor	unatt/Garryvoe	M	07:06.8	212	191
192	0:35:38	CAHILL, Paul	unatt/Cloyne	M45	07:07.4	194	192
193	0:35:41	HERLIHY, Colm	unatt/Dungourney	M	07:08.0	409	193
194	0:35:42	DENNEHY, Aidan	unatt/Cork	M	07:08.2	487	194
195	0:35:44	RUSSELL, Charles	unatt/Glanworth	M40	07:08.6	207	195
196	0:35:44	MCPMAHON, Daniel	unatt/Cork	M	07:08.6	237	196
197	0:35:45	GARDE, Cyril	Ballintotis Fit4Life	M	07:08.8	195	197
198	0:35:45	MEADE, Noel	unatt/Midleton	M45	07:08.8	220	198
199	0:35:46	WALSH, Darragh	unatt/Cork	M	07:09.0	185	199
200	0:35:49	COURTNEY, Laurence	Eagle AC	M50	07:09.6	723	200
201	0:35:50	CONWAY, Brian	Sportsworld RC	M	07:09.8	486	201
202	0:35:50	DOWDALL, Kris	Midleton AC	M40	07:09.8	179	202
203	0:35:51	O'BRIEN, Edmond	Leevale AC	MJ	07:10.0	452	203
204	0:35:52	O'RIORDAN, Stephen	unatt/Carrigtwohill	M	07:10.2	171	204
205	0:35:56	HANNIGAN, Alan	Youghal AC	M	07:11.0	159	205
206	0:35:58	O'KEEFFE, Mary	Youghal AC	F50	07:11.4	746	206
207	0:35:59	LEDINGHAM, Dermot	Youghal AC	M50	07:11.6	768	207
208	0:36:01	O'NEILL, Pat	unatt/Aghada	M	07:12.0	790	208
209	0:36:04	BARRY, Dominic	Ballintotis Fit4Life	M45	07:12.6	224	209
210	0:36:05	KELLEHER, Phillip	unatt/Cork	M	07:12.8	232	210
211	0:36:06	KEOHANE, Gus	unatt/Watergrasshill	M40	07:13.0	440	211
212	0:36:07	BULMAN, George	Youghal AC	M55	07:13.2	222	212
213	0:36:08	BENT, Nicholas	Donoughmore AC	M50	07:13.4	202	213
214	0:36:13	COLLINS, Brendan	unatt/Fermoy	M	07:14.4	170	214
215	0:36:15	MCGRATH, Phil	East Cork AC	M60	07:14.8	229	215
216	0:36:15	WALSH, John	unatt/Cloyne	M	07:14.8	482	216
217	0:36:16	O'SHEA, Patrick	unatt/Cloyne	M	07:15.0	272	217
218	0:36:17	NASH, Kevin	Watergrasshill AC	M	07:15.2	761	218
219	0:36:19	TOBIN, Brendan	unatt/Glanmire	M40	07:15.6	173	219
220	0:36:25	O'HANLON, Declan	unatt/Carrigaline	M40	07:16.8	227	220
221	0:36:26	MCPMAHON, Andrew	unatt/Shanagarry	MJ	07:17.0	789	221
222	0:36:28	O'MAHONY, Stephen	unatt/Cork	M	07:17.4	244	222
223	0:36:29	MOHALLY, Dave	unatt/Shanagarry	M40	07:17.6	450	223
224	0:36:31	MCNULTY, Ailise	St. Finbarrs AC	F	07:18.0	518	224
225	0:36:36	GUTOWSKI, Bartosz	unatt/Carrigaline	M	07:19.0	241	225
226	0:36:37	MCCARTHY, John	Eagle AC	M	07:19.2	254	226
227	0:36:37	O'KEEFFE, Jim	Watergrasshill AC	M50	07:19.2	208	227
228	0:36:38	DINAN, Paul	St. Finbarrs AC	M55	07:19.4	468	228
229	0:36:38	COONEY, Sean	unatt/Carrigtwohill	M40	07:19.4	233	229
230	0:36:39	O'CONNOR, Kevin	Eagle AC	M40	07:19.6	449	230
231	0:36:42	O'KEEFFE, Kevin	Ballymore-Cobh AC	M	07:20.2	460	231
232	0:36:43	CLEARY, Vicki	Midleton AC	F	07:20.4	530	232
233	0:36:44	O'DONOGHUE, Donal	unatt/Little Island	M45	07:20.6	191	233
234	0:36:47	COTTER, Greg	unatt/Cloyne	M40	07:21.2	264	234
235	0:36:50	O'CALLAGHAN, Simon	unatt/Whitegate	M40	07:21.8	297	235
236	0:36:50	MCCUTNESS, Paul	unatt/Cork	M	07:21.8	153	236

237	0:36:52	HERLIHY, Martin	Midleton AC	M	07:22.2	182	237
238	0:36:53	O'SHEA, Colm	unatt/Ballinacurra	M40	07:22.4	231	238
239	0:36:53	BUCKLEY, Caroline	Watergrasshill AC	F	07:22.4	529	239
240	0:36:54	AHERNE, Liam	unatt/Mourneabbey	M	07:22.6	242	240
241	0:36:56	O'BRIEN, Tom	unatt/Shanagarry	M	07:23.0	780	241
242	0:36:57	MENTON, Billy	unatt/Cork	M55	07:23.2	253	242
243	0:36:58	HANNON, Tom	unatt/Cork	M55	07:23.4	266	243
244	0:36:59	O'LEARY, Liam	unatt/Carrigaline	M	07:23.6	234	244
245	0:37:00	QUIGLEY, John	Eagle AC	M60	07:23.8	263	245
246	0:37:03	WALSH, Denis	Watergrasshill AC	M	07:24.4	762	246
247	0:37:07	MURPHY, Christy	Carraig na bhFear AC	M55	07:25.2	750	247
248	0:37:10	HOULIHAN, Orla	Watergrasshill AC	F	07:25.8	537	248
249	0:37:12	BOLAND, Lisa	Eagle AC	F45	07:26.2	540	249
250	0:37:12	O'BRIEN, Andrew	unatt/Midleton	M	07:26.2	249	250
251	0:37:13	COLLINS, Lawrence	unatt/Killeagh	M	07:26.4	2241	251
252	0:37:14	KEATING, Maria	Mallow AC	F	07:26.6	522	252
253	0:37:15	CAHILL, Breda	unatt/Cloyne	F40	07:26.8	528	253
254	0:37:17	ISLEY, Stephanie	unatt/Youghal	F50	07:27.2	478	254
255	0:37:21	SCANNELL, Paul	Eagle AC	M	07:28.0	215	255
256	0:37:22	HICKEY, Denis	Youghal AC	M45	07:28.2	775	256
257	0:37:25	MURRAY, Jimmy	Rising Sun AC	M65	07:28.8	247	257
258	0:37:25	WILLIAMS, Barry	Midleton AC	M45	07:28.8	236	258
259	0:37:28	MCNAMARA, Julie	Youghal AC	F	07:29.4	533	259
260	0:37:28	CROWLEY, Cian	unatt/Cork	M	07:29.4	268	260
261	0:37:30	KELLEHER, Maude	unatt/Glanmire	F	07:29.8	526	261
262	0:37:31	BARRY, Louise	Midleton AC	F	07:30.0	523	262
263	0:37:31	MORAN, Kevin	Midleton AC	M45	07:30.0	269	263
264	0:37:32	MCEVOY, Rebecca	St. Finbarrs AC	F	07:30.2	534	264
265	0:37:32	O'LEARY, Andrew	Bree AC	M	07:30.2	312	265
266	0:37:34	COLLINS, Tim	unatt/Killeagh	M40	07:30.6	2240	266
267	0:37:34	MCCARTHY, David	Youghal AC	M50	07:30.6	196	267
268	0:37:34	CUSSEN, Linda	Eagle AC	F	07:30.6	519	268
269	0:37:36	WARD, Tomas	Youghal AC	M40	07:31.0	354	269
270	0:37:37	POWER, Michael	St. Finbarrs AC	M50	07:31.2	457	270
271	0:37:38	O'SHEA, Orla	unatt/Cork	F	07:31.4	554	271
272	0:37:38	MCDONALD, Barry	unatt/Ballycotton	M	07:31.4	321	272
273	0:37:39	KEARNEY, Bartholomew	Leevale AC	M55	07:31.6	293	273
274	0:37:40	O'RIORDAN, Sean	unatt/Midleton	M45	07:31.8	736	274
275	0:37:42	TWOMEY, Cathal	Eagle AC	M	07:32.2	302	275
276	0:37:42	KELLEHER, Donal	Eagle AC	M40	07:32.2	239	276
277	0:37:44	GALLAGHER, Mark	Eagle AC	M40	07:32.6	279	277
278	0:37:45	O'SHEA, Con	unatt/Cork	M	07:32.8	792	278
279	0:37:45	O'CALLAGHAN, Anthony	unatt/Aghada	M	07:32.8	294	279
280	0:37:48	WILSON, Dean	unatt/Midleton	M40	07:33.4	323	280
281	0:37:48	O'FLYNN, Shane	unatt/Fermoy	M	07:33.4	764	281
282	0:37:49	MCDONALD, Andrew	unatt/Monkstown	M	07:33.6	285	282
283	0:37:50	GALLAGHER, Dermot	unatt/Cork	M40	07:33.8	280	283
284	0:37:51	REEL, Kevina	Mallow AC	F	07:34.0	548	284
285	0:37:53	SHEEDY, Breeda	Midleton AC	F45	07:34.4	525	285
286	0:37:58	MADDEN, Brendan	Navy AC	M45	07:35.4	317	286
287	0:38:02	HOLLAND, Siobhan	unatt/Waterfall	F35	07:36.2	542	287
288	0:38:03	CONROY, Gwen	Watergrasshill AC	F35	07:36.4	551	288
289	0:38:04	AHERNE, Eddie	unatt/Buttevant	M45	07:36.6	287	289
290	0:38:05	BARRY, Eddie	St. Finbarrs AC	M55	07:36.8	235	290
291	0:38:06	O'CONNELL, Donie	Midleton AC	M60	07:37.0	314	291
292	0:38:10	DONOVAN, James	unatt/Cobh	M	07:37.8	329	292
293	0:38:15	O'FARRELL, Andrew	Carrigaline RR AC	M60	07:38.8	267	293
294	0:38:16	CONDON, Bernie	Midleton AC	F40	07:39.0	568	294
295	0:38:17	LINEHAN, Frank	Togher AC	M60	07:39.2	303	295
296	0:38:20	HAMILL, Robert	Youghal AC	M40	07:39.8	290	296
297	0:38:21	CRONIN, Brendan	Midleton AC	M	07:40.0	300	297
298	0:38:23	DUNPHY, Ed	unatt/Cork	M	07:40.4	210	298
299	0:38:23	SPILLANE, Anthony	unatt/Blarney	M	07:40.4	259	299
300	0:38:25	DOWNEY, Fiona	Ballymore-Cobh AC	F40	07:40.8	498	300
301	0:38:26	BRADY, Marie-Therese	unatt/Cork	F40	07:41.0	800	301
302	0:38:27	WALSH, Sean	unatt/Mallow	M	07:41.2	740	302
303	0:38:28	FORREST, Michelle	Ballintotis Fit4Life	F35	07:41.4	532	303
304	0:38:29	O'NEILL, Tom	Ballintotis Fit4Life	M55	07:41.6	296	304
305	0:38:32	O'CONNOR, Rory	unatt/Whitegate	M45	07:42.2	330	305
306	0:38:33	O'SULLIVAN, Declan	unatt/Saleen	M	07:42.4	362	306
307	0:38:34	JONES, Kevin	Ballymore-Cobh AC	M45	07:42.6	459	307
308	0:38:38	KELLEHER, Sadhbh	unatt/Glanmire	F	07:43.4	771	308
309	0:38:39	PERRY, Anne-Marie	unatt/Cloyne	F40	07:43.6	550	309
310	0:38:40	O'NEILL, Shane	unatt/Shanagarry	MJ	07:43.8	443	310
311	0:38:41	BRANSFIELD, Gillian	Midleton AC	F	07:44.0	567	311
312	0:38:43	EVANS, Mairead	unatt/Lissarda	F	07:44.4	527	312
313	0:38:44	DOLPHIN, Rayleen	Midleton AC	F	07:44.6	541	313
314	0:38:49	O'NEILL, Vincent	unatt/Midleton	M45	07:45.6	257	314
315	0:38:50	O'SULLIVAN, Patrick	unatt/Cloyne	M60	07:45.8	469	315
316	0:38:51	MCCALL, Angela	unatt/Cork	F40	07:46.0	546	316
317	0:38:52	HEALY, Brian	unatt/Ballycotton	M45	07:46.4	261	317

318	0:38:55	MCSWEENEY, Shane	unatt/Midleton	M	07:46.8	289	318
319	0:38:56	MCPMAHON, Brendan	unatt/Little Island	M45	07:47.0	313	319
320	0:38:57	PENDER, Carl	Ballymore-Cobh AC	M	07:47.2	277	320
321	0:38:58	CLANCY, Catherine	St. Catherines AC	F45	07:47.4	545	321
322	0:39:00	MCNAMARA, Mark	unatt/Midleton	M	07:47.8	360	322
323	0:39:01	BRUTON, Patricia	Eagle AC	F45	07:48.0	559	323
324	0:39:06	O'BRIEN, Peter	unatt/Fermoy	M	07:49.0	785	324
325	0:39:07	SHANAHAN, Michael	Midleton AC	M40	07:49.2	799	325
326	0:39:10	MAGNER, Ciara	Watergrasshill AC	F	07:49.8	538	326
327	0:39:10	CRONIN, Karen	unatt/Cork	F	07:49.8	536	327
328	0:39:11	GILLMAN, Marie	Midleton AC	F50	07:50.0	779	328
329	0:39:12	O'BRIEN, Norah	Midleton AC	FJ	07:50.2	433	329
330	0:39:14	O'REILLY, Liam	unatt/Shanagarry	M40	07:50.6	306	330
331	0:39:15	O'CONNELL, Claire	Watergrasshill AC	F35	07:50.8	564	331
332	0:39:15	DALY, Sinead	Ballymore-Cobh AC	F40	07:50.8	591	332
333	0:39:16	MCGRATH, Donal	Eagle AC	M50	07:51.0	298	333
334	0:39:16	O'LEARY, Karen	St. Finbarrs AC	F	07:51.0	557	334
335	0:39:17	WALSHE, John	East Cork AC	M60	07:51.2	273	335
336	0:39:18	HURLEY, Aislinn	Watergrasshill AC	F35	07:51.4	566	336
337	0:39:18	LINEHAN, Alan	unatt/Shanagarry	MJ	07:51.4	442	337
338	0:39:20	WALSH, Ross	unatt/Shanagarry	MJ	07:51.8	444	338
339	0:39:24	O'SHEA, Willis	unatt/Whitegate	M	07:52.6	373	339
340	0:39:24	GYVES, Paddy	Mallow AC	M65	07:52.6	493	340
341	0:39:25	JONES, Aoife	Midleton AC	F	07:52.8	491	341
342	0:39:26	ST LEGER, Greg	unatt/Riverstick	M	07:53.0	791	342
343	0:39:28	SISK, Bernard	unatt/Cork	M65	07:53.4	341	343
344	0:39:29	KIGGINS, John	unatt/Ballincollig	M	07:53.6	282	344
345	0:39:32	BARRY, Brian	unatt/Grenagh	M	07:54.2	256	345
346	0:39:34	O'RIORDAN, Joe	Watergrasshill AC	M50	07:54.6	787	346
347	0:39:40	BARRY, Aidan	St. Catherines AC	M40	07:55.8	745	347
348	0:39:41	SHEEHAN, Batt	St. Catherines AC	M45	07:56.0	337	348
349	0:39:42	MURTAGH, Laurence	unatt/Cork	M40	07:56.2	320	349
350	0:39:43	MURPHY, Christine	Midleton AC	F40	07:56.4	569	350
351	0:39:44	CRONIN, Kathleen	Mallow AC	F50	07:56.6	730	351
352	0:39:44	LEAHY, Sean	Ballintotis Fit4Life	M45	07:56.6	311	352
353	0:39:45	KIELY, Ger	unatt/Cork	M60	07:56.8	332	353
354	0:39:47	GODFREY, Donal	unatt/Whitegate	M45	07:57.2	347	354
355	0:39:48	DWYER, Ned	unatt/Passage West	M50	07:57.4	338	355
356	0:39:50	ROCHE, Thomas	unatt/Ballycotton	M	07:57.8	333	356
357	0:39:52	O'LEARY, John	Leevale AC	M70	07:58.2	286	357
358	0:39:54	HEALY, Martin	unatt/Carrigtwohill	M	07:58.6	288	358
359	0:39:55	RYAN, Catherine	Mallow AC	F	07:58.8	549	359
360	0:39:56	SHEEHAN, Denis	unatt/Mallow	M60	07:59.0	340	360
361	0:40:01	TOBIN, John	unatt/Midleton	M	08:00.0	278	361
362	0:40:01	CONNOLLY, Tony	unatt/Midleton	M45	08:00.0	248	362
363	0:40:03	MULCAHY, Mary	St. Finbarrs AC	F50	08:00.4	562	363
364	0:40:04	SHERIDAN, Catherine	unatt/Midleton	F35	08:00.6	570	364
365	0:40:08	LYNCH, Valerie	Watergrasshill AC	F40	08:01.4	561	365
366	0:40:08	ABERNETHY, Fergal	Ballintotis Fit4Life	M40	08:01.4	274	366
367	0:40:09	HENNESSY, Margaret	unatt/Shanagarry	F40	08:01.6	572	367
368	0:40:13	CONSTANT, Kerry	unatt/Cork	M55	08:02.4	350	368
369	0:40:13	TWOMEY, Bernie	Midleton AC	F40	08:02.4	560	369
370	0:40:14	BARROW, Lisa	Mallow AC	F	08:02.6	563	370
371	0:40:23	GRIFFIN, Ben	unatt/Midleton	M	08:04.4	327	371
372	0:40:29	O'FARRELL, Rob	unatt/Cork	M	08:05.6	325	372
373	0:40:32	O'CONNELL, Catherine	unatt/Leamlara	F	08:06.2	573	373
374	0:40:36	CARROLL, Clodagh	unatt/Cork	F	08:07.0	575	374
375	0:40:37	NOLAN, Andrew	unatt/Fermoy	M40	08:07.2	438	375
376	0:40:39	DORGAN, Niamh	Midleton AC	F40	08:07.6	2238	376
377	0:40:40	FLEMING, Paul	Midleton AC	M	08:07.8	346	377
378	0:40:41	QUINLAN, Deirdre	unatt/Cork	F50	08:08.0	581	378
379	0:40:42	MCMURTRY, James	Midleton AC	M45	08:08.2	336	379
380	0:40:43	O'KEEFFE, Mark	unatt/Cork	M40	08:08.4	370	380
381	0:40:47	MURRAY, Maria	unatt/Cork	F	08:09.2	741	381
382	0:40:48	MCNAMARA, Martha	Midleton AC	F50	08:09.4	582	382
383	0:40:49	BARRY, Brendan	Midleton AC	M50	08:09.6	309	383
384	0:40:49	O'BRIEN, Kathleen	St. Catherines AC	F65	08:09.6	571	384
385	0:40:52	CRONIN, Maria	St. Finbarrs AC	F35	08:10.2	601	385
386	0:40:53	BRUTON, Seamus	Eagle AC	M45	08:10.4	732	386
387	0:40:54	LARKIN, Brian	unatt/Aghada	M40	08:10.6	308	387
388	0:40:54	CORRIGAN, Aine	unatt/Cork	F35	08:10.6	778	388
389	0:40:55	O'RIORDAN, Ted	unatt/Cork	M	08:10.8	381	389
390	0:40:55	ALLEN, Yvonne	Ballymore-Cobh AC	F40	08:10.8	794	390
391	0:40:56	MURPHY, Terry	Ballymore-Cobh AC	M50	08:11.0	328	391
392	0:40:56	KEARNEY, Mairead	Ballymore-Cobh AC	F45	08:11.0	473	392
393	0:40:57	COLEMAN, Barry	St. Finbarrs AC	M	08:11.2	345	393
394	0:40:58	BARRY, Frances	unatt/Ballynoe	F	08:11.4	578	394
395	0:41:05	MORRISSEY, Dan	unatt/Cork	M	08:12.8	353	395
396	0:41:07	MCGRATH, Felicity	unatt/Cloyne	F35	08:13.2	586	396
397	0:41:19	ALLEN, David	Ballymore-Cobh AC	M45	08:15.6	795	397
398	0:41:22	KIELY, Finbar	unatt/Cork	M50	08:16.0	411	398

399	0:41:23	O'DRISCOLL, Kevin	Eagle AC	M60	08:16.4	359	399
400	0:41:27	BLACKSHIELDS, Gavin	unatt/Cork	M	08:17.2	389	400
401	0:41:28	TROY, Tim	Ballintotis Fit4Life	M45	08:17.4	394	401
402	0:41:35	BARRY, Colette	Midleton AC	F	08:18.8	539	402
403	0:41:41	O'SHEA, Darragh	unatt/Cork	M	08:20.0	366	403
404	0:41:43	O'KEEFFE, Samantha	East Cork AC	F40	08:20.4	590	404
405	0:41:44	O'KEEFFE, Sean	East Cork AC	M45	08:20.6	357	405
406	0:41:48	MCCARTHY, Barry	unatt/Watergrasshill	M40	08:21.4	408	406
407	0:41:49	O'CALLAGHAN, Kierran	Ballymore-Cobh AC	M	08:21.6	462	407
408	0:41:52	MORLEY, Alan	Midleton AC	M	08:22.2	364	408
409	0:41:54	O'BRIEN, Ray	unatt/Midleton	M	08:22.6	295	409
410	0:42:04	O'S-HOULIHAN, Zach	unatt/Ballyandreen	MJ	08:24.6	324	410
411	0:42:06	CORCORAN, Nora	Eagle AC	F	08:25.0	577	411
412	0:42:07	O'SULLIVAN, Paul	unatt/Midleton	M45	08:25.2	343	412
413	0:42:12	BURCHELL, Gwen	unatt/Cork	F	08:26.2	755	413
414	0:42:14	O'REGAN, Celia	Youghal AC	F45	08:26.6	580	414
415	0:42:16	MCNAMARA, Michael	Midleton AC	M55	08:27.0	380	415
416	0:42:17	PRENDERGAST, Noel	Watergrasshill AC	M45	08:27.2	786	416
417	0:42:21	FINN, Cormac	Mallow AC	M	08:28.0	348	417
418	0:42:25	SHORTEN, Amelia	unatt/Cork	F	08:28.8	592	418
419	0:42:25	O'FLYNN, Danielle	unatt/Blarney	F	08:28.8	613	419
420	0:42:26	MCGRATH, Robert	unatt/Shanagarry	M	08:29.0	377	420
421	0:42:28	O'ROURKE, Orla	unatt/Midleton	F40	08:29.4	600	421
422	0:42:29	STACK, Adrian	unatt/Midleton	M	08:29.6	374	422
423	0:42:30	O'LEARY, Fiona	Ballintotis Fit4Life	F35	08:29.8	751	423
424	0:42:32	BLACKSHIELDS, Lorraine	unatt/Cork	F	08:30.2	612	424
425	0:42:34	DRISLANE, John	St. Nicholas AC	M	08:30.6	382	425
426	0:42:35	O'BRIEN, Donal	St. Nicholas AC	M60	08:30.8	441	426
427	0:42:36	POWER, Pat	unatt/Ardmore	M50	08:31.0	375	427
428	0:42:41	STEELE, Ollie	Ballintotis Fit4Life	M50	08:32.0	356	428
429	0:42:49	KEANE, Laura	Youghal AC	F	08:33.6	769	429
430	0:42:50	O'SHEA, Liana	unatt/Mogeely	F	08:33.8	467	430
431	0:42:51	HIGGINS, Carrie	unatt/Ballymacoda	F45	08:34.0	614	431
432	0:42:52	BOYLE, Fiona	unatt/Cork	F	08:34.2	495	432
433	0:42:55	DUGGAN, Margaret	Ballintotis Fit4Life	F40	08:34.8	622	433
434	0:42:58	HEGARTY, Linda	unatt/Cloyne	F40	08:35.4	633	434
435	0:42:59	HOLDEN, Peter	unatt/Lisgoold	M40	08:35.6	372	435
436	0:43:01	LAMBE, Barry	Midleton AC	M40	08:36.0	349	436
437	0:43:02	TWOHIG, Margaret	Midleton AC	F45	08:36.2	593	437
438	0:43:08	FORDE, Marian	unatt/Cork	F	08:37.4	583	438
439	0:43:11	BRODERICK, Diane	Ballintotis Fit4Life	F40	08:38.0	589	439
440	0:43:11	STEPHENS, Jennie	unatt/Aghada	F35	08:38.0	596	440
441	0:43:12	IVERS, Sinead	Midleton AC	F	08:38.2	598	441
442	0:43:17	O'CALLAGHAN, James	unatt/Leamlara	M	08:39.2	398	442
443	0:43:20	MURRAY, Vincent	unatt/Cork	M40	08:39.8	386	443
444	0:43:20	FITZGERALD, John	unatt/Killeagh	M40	08:39.8	376	444
445	0:43:23	KELLY, Don	unatt/Carrigaline	M	08:40.4	782	445
446	0:43:36	MUSGRAVE, Darragh	unatt/Whitegate	M40	08:43.0	781	446
447	0:43:39	MURPHY, Eileen	Carraig na bhFear AC	F50	08:43.6	749	447
448	0:43:40	SMIDDY, David	unatt/Dungourney	M40	08:43.8	388	448
449	0:43:42	MURPHY, Trish	unatt/Midleton	F45	08:44.2	576	449
450	0:43:43	COLLINS, Anne	unatt/Carrigtwohill	F40	08:44.4	638	450
451	0:43:45	HANRAHAN, Joseph	unatt/Carrigtwohill	M	08:44.8	367	451
452	0:43:49	O'CONNELL, Catherine	Mallow AC	F40	08:45.6	727	452
453	0:43:51	O'RIORDAN, Fiona	Eagle AC	F45	08:46.0	604	453
454	0:43:52	SEXTON, Joy	Midleton AC	F	08:46.2	610	454
455	0:43:52	KOHLER, Ian	Midleton AC	M65	08:46.2	401	455
456	0:44:01	O'SHEA, Michael	unatt/Mallow	M	08:48.0	342	456
457	0:44:04	O'CALLAGHAN, Jim	unatt/Ballincollig	M55	08:48.6	423	457
458	0:44:08	FITZGERALD, Fergal	unatt/Cork	M	08:49.4	335	458
459	0:44:09	O'SULLIVAN, Hazel	Eagle AC	F40	08:49.6	748	459
460	0:44:10	KEOHANE, Irene	Eagle AC	F40	08:49.8	626	460
461	0:44:11	KEOHANE, Jacinta	unatt/Watergrasshill	F	08:50.0	439	461
462	0:44:12	LONG, Mem	unatt/Midleton	F	08:50.2	639	462
463	0:44:13	DALY, Paddy	unatt/Cork	M65	08:50.4	395	463
464	0:44:14	WOLFE, Cliona	Mallow AC	F	08:50.6	595	464
465	0:44:14	DUNNE, Louise	Ballymore-Cobh AC	F	08:50.6	463	465
466	0:44:15	O'CONNELL, Jane	Ballintotis Fit4Life	F40	08:50.8	597	466
467	0:44:16	HERLIHY, Niamh	unatt/Midleton	F	08:51.0	645	467
468	0:44:16	TWOMEY, Aisling	unatt/Midleton	F35	08:51.0	515	468
469	0:44:25	MEHIGAN, Cait	St. Finbarrs AC	F	08:52.8	660	469
470	0:44:29	HEALY, Sonia	unatt/Cork	F35	08:53.6	476	470
471	0:44:30	WALSKI, Rachel	unatt/Cork	F40	08:53.8	783	471
472	0:44:31	CREATON, Annette	unatt/Ballycotton	F	08:54.0	629	472
473	0:44:39	LASPADA, Carrie	unatt/USA	F	08:55.6	777	473
474	0:44:45	RYAN, Bridget	Ballintotis Fit4Life	F40	08:56.8	606	474
475	0:44:45	SHALLOE, Triona	West Waterford AC	F	08:56.8	616	475
476	0:44:49	WHYTE, Stephanie	Youghal AC	F40	08:57.6	617	476
477	0:44:52	O'RIORDAN, Elaine	unatt/Asaleen	F	08:58.2	735	477
478	0:44:54	HASTINGS, Avril	Ballymore-Cobh AC	F	08:58.6	625	478
479	0:44:55	CROWLEY, Cianna	unatt/Blarney	F35	08:58.8	656	479

480	0:44:55	COLLINS, Jennifer	unatt/Cork	F	08:58.8	692	480
481	0:44:56	O'SULLIVAN, Paula	Midleton AC	F	08:59.0	652	481
482	0:44:58	GUTHRIE, Sarah	Carrigaline RR AC	F40	08:59.4	445	482
483	0:44:59	RUDDY, Sarah	Carrigaline RR AC	F	08:59.6	453	483
484	0:45:04	CRONIN, Claire	unatt/Passage West	F	09:00.6	621	484
485	0:45:17	CASHMAN, Phil	unatt/Aghada	F	09:03.2	734	485
486	0:45:21	SAVAGE, Siobhan	Midleton AC	F35	09:04.0	615	486
487	0:45:25	POWER, Onra	West Waterford AC	F45	09:04.8	605	487
488	0:45:26	CREEDON, Lana	Midleton AC	F	09:05.0	632	488
489	0:45:27	MILLERICK, Bridie	unatt/Ballymacoda	F40	09:05.2	628	489
490	0:45:28	COLLINS, Noreen	unatt/Cork	F45	09:05.4	619	490
491	0:45:37	CLIFFORD, Nicola	Carrigaline RR AC	F35	09:07.2	490	491
492	0:45:41	CREEDON, Marie	unatt/Waterfall	F50	09:08.0	636	492
493	0:45:43	MURPHY, Vicky	Ballintotis Fit4Life	F35	09:08.4	611	493
494	0:45:44	BUCKLEY, Donal	unatt/Cork	M40	09:08.6	492	494
495	0:45:52	TEAP, Stephen	unatt/Carrigaline	M	09:10.2	407	495
496	0:45:56	KEANE, Mary	unatt/Cloyne	F45	09:11.0	481	496
497	0:45:58	TARBATT, Majella	Ballymore-Cobh AC	F45	09:11.4	634	497
498	0:46:01	KENNEALLY, Kevin	Youghal AC	M55	09:12.0	758	498
499	0:46:01	CONNERY, Farnces	unatt/Ballicurrag	F	09:12.0	466	499
500	0:46:02	MULCAHY, Antoinette	unatt/Carrigaline	F40	09:12.2	637	500
501	0:46:06	BRENNAN, Dermot	unatt/Ovens	M	09:13.0	451	501
502	0:46:08	KAVANAGH, Brian	unatt/Ballinacurra	M40	09:13.4	420	502
503	0:46:12	MANNING, Denis	St. Finbarrs AC	M40	09:14.2	415	503
504	0:46:14	ARCHER, Mark	unatt/Ballycotton	M40	09:14.6	413	504
505	0:46:15	MURPHY-MORLEY, Tracey	Watergrasshill AC	F35	09:14.8	654	505
506	0:46:23	TWOMEY, Evan	unatt/Cork	M	09:16.4	726	506
507	0:46:26	RYAN, Deborah	unatt/Boherbue	F	09:17.0	765	507
508	0:46:33	BURGESS, Carmel	unatt/Cork	F	09:18.4	653	508
509	0:46:34	WALSH, Lucy	unatt/Shanagarry	F40	09:18.6	640	509
510	0:46:35	KELLEHER, Ger	unatt/Glanmire	M50	09:18.8	402	510
511	0:46:35	MURPHY, Sue	Carrigtwohill AC	F	09:18.8	599	511
512	0:46:36	KEYES, Sandra	unatt/Cork	F	09:19.0	756	512
513	0:46:46	SULLIVAN, Lila	unatt/Blarney	F	09:21.0	649	513
514	0:46:47	FORREST, Laura	Ballymore-Cobh AC	F	09:21.2	461	514
515	0:46:48	GALVIN, Dominic	unatt/Glounthaune	M50	09:21.4	474	515
516	0:46:55	MCCARTHY, Danny	Midleton AC	M60	09:22.8	414	516
517	0:46:58	BARRY, Margaret	unatt/Cloyne	F60	09:23.4	480	517
518	0:46:58	RING, Niall	unatt/Midleton	M	09:23.4	796	518
519	0:46:59	SHEEHAN, Ger	St. Catherines AC	F40	09:23.6	674	519
520	0:47:05	MCGUIGAN, Mary	Midleton AC	F50	09:24.8	650	520
521	0:47:10	MADDEN, Jacinta	Ballintotis Fit4Life	F45	09:25.8	679	521
522	0:47:12	HORGAN, Ciaran	unatt/Whitechurch	M	09:26.2	416	522
523	0:47:12	O'KEEFE, Orna	unatt/Castlemartyr	F	09:26.2	662	523
524	0:47:14	O'LEARY, Geraldine	unatt/Ballincollig	F	09:26.6	670	524
525	0:47:22	ALLEN, Cathriona	unatt/Cork	F35	09:28.2	618	525
526	0:47:23	BOYLE, Gavin	Ballintotis Fit4Life	M40	09:28.4	488	526
527	0:47:23	CODY, Antoinette	unatt/Dungourney	F	09:28.4	666	527
528	0:47:24	BARRETT, Sean	unatt/Glanmire	M	09:28.6	417	528
529	0:47:27	SHEEHAN, Elizabeth	unatt/Ilisgould	F	09:29.2	465	529
530	0:47:28	COLLINS, Trevor	Naas AC	M	09:29.4	363	530
531	0:47:28	O'LEARY, Feidhlim	unatt/Cork	M	09:29.4	400	531
532	0:47:29	CONDON, Gillian	unatt/Ladysbridge	F	09:29.6	489	532
533	0:47:34	O'MAHONY, Jennifer	unatt/Kildorrery	F	09:30.6	655	533
534	0:47:36	TOBIN, David	unatt/Cork	M	09:31.0	392	534
535	0:47:38	DILLANE, Finola	unatt/Midleton	F	09:31.4	686	535
536	0:47:42	FEENY, Mary	St. Catherines AC	F	09:32.2	651	536
537	0:47:49	PHELAN, Ruth	Ballymore-Cobh AC	F50	09:33.6	464	537
538	0:47:51	FITZGERALD, Annette	Midleton AC	F40	09:34.0	642	538
539	0:47:52	HARTE, Jim	Midleton AC	M50	09:34.2	406	539
540	0:47:52	UNKNOWN1,		NDB	09:34.2	475	540
541	0:48:04	SEXTON, Caoimhe	unatt/Midleton	F	09:36.6	753	541
542	0:48:04	SEXTON, Anita	unatt/Ladysbridge	F	09:36.6	752	542
543	0:48:13	MURPHY, Claire	unatt/Cork	F	09:38.4	788	543
544	0:48:18	BURKE, Ciara	unatt/Carrigtwohill	F	09:39.4	677	544
545	0:48:24	GREENE, Sharon	unatt/Cork	F	09:40.6	485	545
546	0:48:27	FOLEY, Siobhan	Watergrasshill AC	F	09:41.2	658	546
547	0:48:27	RING, Niamh	unatt/Buttevant	F	09:41.2	744	547
548	0:48:28	O'MAHONY, John	unatt/Cork	M70	09:41.4	728	548
549	0:48:29	DENNIGAN, Deirdre	unatt/Midleton	F40	09:41.6	774	549
550	0:48:30	O'DWYER, Teresa	unatt/Cork	F	09:41.8	742	550
551	0:48:32	DOLAN-CROWLEY, Elaine	Watergrasshill AC	F35	09:42.2	661	551
552	0:48:52	CURTIN, Jim	East Cork AC	M70	09:46.2	456	552
553	0:49:02	NI SHE, Aine	unatt/Cork	F40	09:48.2	793	553
554	0:49:03	STAFFORD-STEELE, Aileen	Ballintotis Fit4Life	F	09:48.4	479	554
555	0:49:06	O'SULLIVAN, Graham	Ballintotis Fit4Life	M	09:49.0	747	555
556	0:49:12	FITTON, Marion	unatt/Ballincollig	F55	09:50.2	691	556
557	0:49:22	FOLEY, Yvonne	unatt/Carrigtwohill	F	09:52.2	644	557
558	0:49:29	O'MAHONY, Katelyn	Midleton AC	F	09:53.6	690	558
559	0:49:30	HOULIHAN, Audrea	Watergrasshill AC	F	09:53.8	659	559
560	0:49:40	MCCARTHY, Katie	unatt/Shanagarry	F40	09:55.0	602	560

561	0:49:46	O'KEEFFE, Jacqui	Watergrasshill AC	F45	09:57.0	770	561
562	0:49:58	RYAN, Rosemary	unatt/Shanagarry	F40	09:59.4	436	562
563	0:50:02	MURPHY, Siobhan	unatt/Midleton	F	10:00.2	448	563
564	0:50:06	LYNCH, Paul	unatt/Glanmire	M40	10:01.0	759	564
565	0:50:07	RYAN, Barry	Eagle AC	M	10:01.2	760	565
566	0:50:07	O'BRIEN, Gillian	unatt/Cork	F	10:01.2	757	566
567	0:50:09	NOLAN, Tanya	unatt/Cloyne	F	10:01.6	710	567
568	0:50:11	O'BRIEN, Sarah	Youghal AC	FJ	10:02.0	713	568
569	0:50:12	DALTON, Colette	Midleton AC	F	10:02.2	738	569
570	0:50:15	ARCHER, Maria	unatt/Cloyne	F	10:02.8	669	570
571	0:50:55	ROCHE, Celine	unatt/Shanagarry	F45	10:10.8	695	571
572	0:51:06	HARRINGTON, Mary	unatt/Dungourney	F	10:13.0	709	572
573	0:51:10	KELLEHER, Frank	unatt/Cork	M70	10:13.8	425	573
574	0:51:11	CORKERY, Patricia	unatt/Cork	F	10:14.0	754	574
575	0:51:15	MOLLOY, Mary	Ballintotis Fit4Life	F45	10:14.8	623	575
576	0:51:20	CROWLEY, Stephen	Watergrasshill AC	M	10:15.8	477	576
577	0:51:35	CASEY, Valerie	unatt/Churchtown	F	10:18.8	707	577
578	0:51:36	O'NEILL, Jim	unatt/Whitegate	M40	10:19.0	421	578
579	0:51:50	LYNCH, Lisa	Midleton AC	F45	10:21.8	702	579
580	0:51:54	LYNCH, Winnie	Midleton AC	F40	10:22.6	701	580
581	0:51:56	KELLY, Brendan	unatt/Midleton	M	10:23.0	412	581
582	0:52:05	MCCARTHY, Joan	Midleton AC	F55	10:24.8	694	582
583	0:52:40	MCMURTRY, Jim	Midleton AC	M65	10:31.8	426	583
584	0:52:42	O'SULLIVAN, Denise	unatt/Garryvoe	F	10:32.2	714	584
585	0:52:42	O'DONOVAN, Caroline	unatt/Midleton	F	10:32.2	675	585
586	0:53:04	BEAUSAN, Patrick	unatt/Shanagarry	M40	10:36.6	500	586
587	0:53:06	BEAUSANG, Aileen	unatt/Shanagarry	F40	10:37.0	499	587
588	0:53:10	O'DONOVAN, Mairead	unatt/Blarney	F	10:37.8	700	588
589	0:53:16	O'DONOGHUE, Colette	Watergrasshill AC	F	10:39.0	520	589
590	0:53:53	MAGUIRE, Fiona	Midleton AC	F40	10:46.4	739	590
591	0:53:54	O'DOHERTY, Emer	Midleton AC	F	10:46.6	657	591
592	0:54:22	O'SHEA, Jennifer	Mallow AC	F	10:52.2	697	592
593	0:54:23	BRANSFIELD, Ciara	St. Nicholas AC	F	10:52.4	716	593
594	0:56:47	O'GRADY, Noirin	unatt/Midleton	F	11:21.2	718	594
595	0:57:00	HAYES, Trish	Mallow AC	F35	11:23.8	711	595
596	0:58:27	WHITAKER, Andrew	unatt/Carrigaline	M	11:41.2	432	596
597	0:58:28	O'CONNELL, TJ	unatt/Ladysbridge	M40	11:41.4	431	597
598	0:58:53	O'LEARY, Clare	unatt/Cloyne	F35	11:46.4	720	598
599	1:00:33	O'DONNCHADHA, Pdraig	unatt/Belgooly	M	12:06.4	429	599
600	1:01:21	O'MAHONY, William	Youghal AC	M65	12:16.0	430	600
601	1:02:02	O'DONOVAN, Deirdre	Youghal AC	F	12:24.2	2239	601
602	1:02:03	DEVEREAUX, Ricky	Youghal AC	F40	12:24.4	574	602

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