



JUNIOR & SENIOR PROGRAMME

Saturday 5th April, CIT Track

TRACK 11:45am

Time	Event	Sponsor	
11:45	Junior Women	100mH	Performance Physiotherapy
	Senior Women	100mH	
	Junior Men	110mH	
	Senior Men	110mH	
12:15	Junior Women	1500m	
	Junior Men	1500m	
12:30	Senior Women	100m	Mahers Sports
	Senior Men	100m	
13:15	Senior Women	400m	Athletics Ireland
	Senior Men	400m	
13:45	Final Senior Women	100m	Mahers Sports
	Final Senior Men	100m	
14:15	Senior Women	800m	C.Harrington Construction
	Senior Men	800m	
14:45	Senior Women	3000m	Liam Horgan
	Senior Men	3000m	
15:30	Senior Women	400mH	Collins Print
	Senior Men	400mH	
15:50	Senior Women	200m	McMahon Galvin
	Senior Men	200m	
16:15	Senior Men	1500m	River Lee Hotel
16:40	Senior Men & Women	4x100m Relays	Kerry Group

FIELD 10:30am

Time	Event	Sponsor	
10:30	Senior Women & Men	Hammer	Cork Athletics
11:30	Senior Women & Men	Discus	Water Technologies
11:30	Open Competition Men & Women	Pole Vault	Square Deal
12:30	Senior Women	Shot Putt	Brookfield
13:30	Senior Men	Shot Putt	Permanent TSB
14:00	Senior Men	Long Jump	Mahers Sports
14:00	Senior Women	High Jump	Performance Physiotherapy
14:30	Senior Women & Men	Javelin	Collins Print
15:30	Senior Women	Long Jump	Kerry Group
15:30	Senior Men	High Jump	McMahon Galvin

The programme will commence on time at 10:30am
 Online Entries for all junior & senior events @ www.leevale.org

NOTES:- Electronic timing and cash prizes for senior events only

International standard times achieved at Leevale 2014 will be acknowledged by Athletics Ireland

200m, 400m & 400mH results will be on times.

€10 entry fee relay team

Admission charges will apply to all athletes and spectators on the day.