

Ballycotton Summer Road Race Series 2015

BALLYANDREEN '5'

Saturday 30 May 2015. 8:00pm

Place	Time	Name	Team	Race Age Category	min/mile		
1	0:24:59	HARTY, Michael	East Cork AC	M	04:59.7	2	1
2	0:26:24	MCGRATH, Sean	East Cork AC	M	05:16.7	124	2
3	0:27:12	MOLLOY, Darren	Leevale AC	M	05:26.3	566	3
4	0:27:35	O'S-HOURIHAN, Josh	Leevale AC	M	05:30.9	121	4
5	0:27:46	HOULIHAN, Michael	St. Finbarrs AC	M	05:33.1	401	5
6	0:28:33	SHEEHAN, Nigel	Youghal AC	M	05:42.5	371	6
7	0:28:42	FOLEY, Vivian	Eagle AC	M45	05:44.3	209	7
8	0:28:47	CROWLEY, Bryan	Watergrasshill AC	M40	05:45.3	84	8
9	0:28:48	O'CALLAGHAN, John	Eagle AC	M40	05:45.5	281	9
10	0:28:53	LYONS, Dave	Mallow AC	M	05:46.5	528	10
11	0:28:58	O'DRISCOLL, Denis	St. Finbarrs AC	M	05:47.5	277	11
12	0:29:06	O'CALLAGHAN, Paul	unatt/Cork	M	05:49.1	369	12
13	0:29:18	GOLDEN, Conor	Leevale AC	M	05:51.5	314	13
14	0:29:20	HARRINGTON, Shane	East Cork AC	M	05:51.9	560	14
15	0:29:21	WALSH, Sean	unatt/Ladysbridge	M	05:52.1	342	15
16	0:29:22	SPITERI, Paul	Midleton AC	M	05:52.3	32	16
17	0:29:23	DALY, Noel	Mallow AC	M40	05:52.5	282	17
18	0:29:27	LEHANE, Alan	St. Finbarrs AC	M	05:53.3	391	18
19	0:29:30	BYRNE, Michael	St. Catherines AC	M	05:53.9	427	19
20	0:29:39	SLOWEY, James	St. Finbarrs AC	M	05:55.7	681	20
21	0:29:46	TEAHAN, Conor	St. Finbarrs AC	M	05:57.1	392	21
22	0:29:51	HARTY, Brian	Midleton AC	M	05:58.1	3	22
23	0:30:06	PENNY, Paul	St. Finbarrs AC	M	06:01.1	163	23
24	0:30:06	TIERNEY, Conor	East Cork AC	M	06:01.1	276	24
25	0:30:15	O'DUBHGAIN, Pdraig	Leevale AC	M	06:02.9	142	25
26	0:30:17	CURRAN, Thomas	Youghal AC	M	06:03.3	183	26
27	0:30:18	COTTER, Paul	Eagle AC	M40	06:03.5	433	27
28	0:30:21	KENNEALLY, Damien	Eagle AC	M	06:04.1	405	28
29	0:30:23	DUCHNICZ, Adam	Carrigwohill AC	M40	06:04.5	310	29
30	0:30:25	CURTIN, Martin	St. Finbarrs AC	M	06:04.9	582	30
31	0:30:36	O'SULLIVAN, Sean	Eagle AC	M	06:07.1	446	31
32	0:30:39	O'REGAN, Morgan	Midleton AC	M	06:07.7	14	32
33	0:30:47	SARGENT, Fergal	St. Finbarrs AC	M	06:09.3	303	33
34	0:30:53	DORGAN, Declan	Midleton AC	M	06:10.5	39	34
35	0:30:54	MACKEOWN, Rosaleen	Leevale AC	F40	06:10.7	184	35
36	0:30:57	MAUNSELL, Francis	Midleton AC	M40	06:11.3	33	36
37	0:31:00	KELLEHER, Denis	Leevale AC	M50	06:11.9	136	37
38	0:31:03	MURPHY, David	unatt/Midleton	M	06:12.5	157	38
39	0:31:04	LINEHAN, Brian	Carraig na bhFear AC	M50	06:12.7	140	39
40	0:31:05	KELLEHER, James	unatt/Cork	M55	06:12.9	141	40
41	0:31:11	MURPHY, Paddy	Bandon AC	M	06:14.1	584	41
42	0:31:11	RYAN, Don	Midleton AC	M40	06:14.1	36	42
43	0:31:12	HAYES, Kevin	St. Catherines AC	M40	06:14.3	103	43
44	0:31:18	AHERNE, Neilus	Midleton AC	M55	06:15.5	17	44
45	0:31:25	MEADE, Eric	East Cork AC	M45	06:16.9	138	45
46	0:31:26	CROTTY, Paul	unatt/Killeagh	M	06:17.1	359	46
47	0:31:26	CASHMAN, John	Midleton AC	M50	06:17.1	18	47
48	0:31:27	LANDERS, Brian	Youghal AC	M40	06:17.3	647	48
49	0:31:28	MULLINS, Brian	St. Finbarrs AC	M	06:17.5	419	49
50	0:31:31	GRIFFIN, John	unatt/Cobh	M45	06:18.1	352	50
51	0:31:32	FITZGERALD, Shane	St. Catherines AC	M	06:18.3	162	51
52	0:31:35	CREMIN, Mike	Midleton AC	M	06:18.9	31	52
53	0:31:36	CALLANAN, James	unatt/Cork	M45	06:19.1	219	53
54	0:31:37	SANTRY, Fiona	East Cork AC	F	06:19.3	439	54
55	0:31:38	WATSON, Dave	Eagle AC	M	06:19.5	176	55
56	0:31:42	MCCARTHY, Denis	East Cork AC	M50	06:20.3	135	56
57	0:31:44	O'SULLIVAN, Dara	unatt/Cork	M	06:20.7	130	57
58	0:31:49	COTTER, Kevin	unatt/Conna	M	06:21.7	424	58
59	0:31:52	MURPHY, Brendan	unatt/Clounthaune	M40	06:22.3	195	59
60	0:31:54	BUCKLEY, Aidan	Mallow AC	M40	06:22.7	139	60
61	0:31:55	SLOWEY, James	Leevale AC	MJ	06:22.9	682	61
62	0:31:56	BERMINGHAM, Pdraig	Mallow AC	M40	06:23.1	522	62
63	0:31:59	CARR, Alan	St. Catherines AC	M	06:23.7	306	63
64	0:32:00	BARRY, Thomas	unatt/Killeagh	M	06:23.9	114	64
65	0:32:01	O'SULLIVAN, Denis	Youghal AC	M50	06:24.1	113	65
66	0:32:02	BRISTOW, Chris	unatt/Cork	M	06:24.3	274	66
67	0:32:03	HEAVIN, Aiden	Midleton AC	M	06:24.5	137	67
68	0:32:04	LEONARD, Helen	Leevale AC	F40	06:24.7	22	68

69	0:32:15	MCGRATH, Conor	BRAT	M	06:26.9	125	69
70	0:32:20	MURPHY, David	Youghal AC	M	06:27.9	182	70
71	0:32:23	O'HERLIHY, Colin	Eagle AC	M40	06:28.5	160	71
72	0:32:25	O'MAHONY, Patrick	unatt/Cork	M	06:28.9	247	72
73	0:32:27	O'MAHONY, Stephen	Skibbereen AC	M50	06:29.3	579	73
74	0:32:27	HENNESSY, Martin	unatt/Shanagarry	M45	06:29.3	597	74
75	0:32:29	O'CONNELL, Chris	St. Catherines AC	M	06:29.7	525	75
76	0:32:30	MCLEAN, Gerard	unatt/Ballycotton	M40	06:29.9	133	76
77	0:32:36	DUNPHY, Ed	Watergrasshill AC	M	06:31.1	578	77
78	0:32:37	COSTIGAN, Justin	unatt/Midleton	M	06:31.3	291	78
79	0:32:47	CRONIN, Richard	unatt/Youghal	M	06:33.3	468	79
80	0:32:51	MURPHY, Stephen	Watergrasshill AC	M	06:34.1	412	80
81	0:32:55	O'DWYER, Barry	Midleton AC	M40	06:34.9	115	81
82	0:32:56	CROWLEY, Stephen	Mallow AC	M	06:35.1	180	82
83	0:32:58	KENNEALLY, Jonathan	Eagle AC	M	06:35.5	155	83
84	0:32:58	RUCHTI, Nicole	unatt/New Zealand	F	06:35.5	129	84
85	0:32:59	O'CALLAGHAN, David	Eagle AC	M50	06:35.7	365	85
86	0:33:11	POWER, Tony	unatt/Midleton	M45	06:38.1	236	86
87	0:33:12	KILMARTIN, Michael	Mallow AC	M40	06:38.3	587	87
88	0:33:13	DOWDALL, Kris	Midleton AC	M40	06:38.5	21	88
89	0:33:16	O'SULLIVAN, Pat	unatt/Midleton	M45	06:39.1	591	89
90	0:33:17	HALLAHAN, John	Leevale AC	M50	06:39.3	348	90
91	0:33:20	BYCZEK, Stanislaw	Carrigtwohill AC	M50	06:39.9	87	91
92	0:33:22	BUCKLEY, Sheila	Midleton AC	F	06:40.3	108	92
93	0:33:27	MCGUINNESS, Paul	St. Catherines AC	M	06:41.3	150	93
94	0:33:34	O'REGAN, Billy	Grange-Fermoy AC	M45	06:42.7	576	94
95	0:33:35	CAREY, Philip	Mallow AC	M	06:42.9	354	95
96	0:33:37	CUMMINS, Tony	unatt/Carrigaline	M	06:43.3	154	96
97	0:33:38	O'NEILL, Eadaoin	East Cork AC	F	06:43.5	325	97
98	0:33:40	CURTIN, Brendan	unatt/Midleton	M40	06:43.9	581	98
99	0:33:42	CARROLL, Aoife	Mallow AC	F	06:44.3	571	99
100	0:33:46	CASHMAN, Edwin	unatt/Aghada	M	06:45.1	104	100
101	0:33:47	ISLEY, Ron	unatt/Youghal	M55	06:45.3	431	101
102	0:33:57	BERRY, Nigel	unatt/Cloyne	M	06:47.3	459	102
103	0:33:59	COLLINS, Lawrence	East Cork AC	M40	06:47.7	252	103
104	0:34:00	GUINANE, Elaine	Eagle AC	F35	06:47.9	562	104
105	0:34:02	O'BRIEN, Eddie	unatt/Cork	M	06:48.3	210	105
106	0:34:03	LUCEY, Sean	unatt/Killeagh	M	06:48.5	250	106
107	0:34:04	FURLONG, Michael	unatt/Ballycotton	M	06:48.7	471	107
108	0:34:08	HENNESSY, John	unatt/Ballymacoda	M	06:49.5	696	108
109	0:34:10	HARTE, Matt	Ballintotis Fit4Life	M45	06:49.9	555	109
110	0:34:12	HICKEY, Gerard	unatt/Midleton	M45	06:50.3	375	110
111	0:34:12	KENNEALLY, Sean	unatt/Youghal	M	06:50.3	226	111
112	0:34:15	MCCARTHY, Christopher	Midleton AC	M	06:50.9	360	112
113	0:34:20	WILLIAMS, Barry	Midleton AC	M50	06:51.9	15	113
114	0:34:21	GIBBS, Harry	unatt/Cobh	M	06:52.1	144	114
115	0:34:22	SHEEHAN, Dave	St. Finbarrs AC	M	06:52.3	177	115
116	0:34:23	SCANNELL, John	Eagle AC	M45	06:52.5	217	116
117	0:34:30	HESSION, Patrick	Carraig na bhFear AC	M40	06:53.9	561	117
118	0:34:31	LEAHY, Eileen	Midleton AC	F	06:54.1	324	118
119	0:34:38	AHERN, Derek	Midleton AC	M	06:55.5	28	119
120	0:34:41	CLEARY, Vicki	Midleton AC	F	06:56.1	92	120
121	0:34:42	WALSH, John	unatt/Ballybrannigan	M40	06:56.3	283	121
122	0:34:47	WALSH, Patrick	Eagle AC	M	06:57.3	340	122
123	0:34:48	KIDNEY, David	unatt/Cork	M50	06:57.5	351	123
124	0:34:55	MURRAY, Joe	unatt/Cork	M	06:58.9	251	124
125	0:34:56	DOWNING, Eilish	Ballintotis Fit4Life	F40	06:59.1	335	125
126	0:34:57	MCCANN, William	unatt/Midleton	M40	06:59.3	48	126
127	0:34:59	BOYLE, Robert	unatt/Cork	M40	06:59.7	641	127
128	0:35:02	WALSH, Mark	Midleton AC	M50	07:00.3	42	128
129	0:35:03	FORREST, James	Watergrasshill AC	M	07:00.5	676	129
130	0:35:05	GUTOWSKI, Bartosz	unatt/Carrigaline	M	07:00.9	541	130
131	0:35:06	MURPHY, Esther	Midleton AC	F40	07:01.1	20	131
132	0:35:09	O'MAHONY, John	unatt/Kerry	M	07:01.7	152	132
133	0:35:10	GEARY, Michael	Midleton AC	M	07:01.9	627	133
134	0:35:14	DWYER, Jayme	unatt/Ballycotton	M40	07:02.6	275	134
135	0:35:19	CROWLEY, Stephen	unatt/Ballycotton	M	07:03.6	343	135
136	0:35:22	BOYLE, Garrett	unatt/Castlemartyr	M	07:04.2	407	136
137	0:35:23	GALLAGHER, Dermot	unatt/Cork	M40	07:04.4	456	137
138	0:35:24	KELLIHER, Mark	unatt/Tralee	M	07:04.6	127	138
139	0:35:25	MCCARTHY, David	Youghal AC	M50	07:04.8	455	139
140	0:35:26	COTTER, Paul	Eagle AC	M55	07:05.0	572	140
141	0:35:31	O'BRIEN, Tom	Ballintotis Fit4Life	M50	07:06.0	362	141
142	0:35:34	LYNCH, Callum	unatt/Midleton	MJ	07:06.6	338	142
143	0:35:35	BUCKLEY, Patrick	Mallow AC	M	07:06.8	532	143
144	0:35:36	AHERNE, Barry	unatt/Midleton	M	07:07.0	44	144

145	0:35:39	HICKEY, James	unatt/Midleton	M	07:07.6	473	145
146	0:35:40	O'DONOGHUE, Donal	unatt/Little Island	M45	07:07.8	370	146
147	0:35:41	MACGILP, Fraser	Ballintotis Fit4Life	M50	07:08.0	428	147
148	0:35:41	GARDE, Cyril	Ballintotis Fit4Life	M	07:08.0	570	148
149	0:35:43	MOLONEY, Dave	Midleton AC	M	07:08.4	109	149
150	0:35:44	MURRAY, Ciaran	unatt/Cork	M	07:08.6	199	150
151	0:35:48	TWOMEY, Cathal	Eagle AC	M	07:09.4	569	151
152	0:35:50	ILSLEY, Stephanie	unatt/Youghal	F50	07:09.8	188	152
153	0:35:53	TATE-MCCANN, Raphaela	unatt/Ballycotton	F	07:10.4	122	153
154	0:35:57	RYAN, Owen	Ballymore-Cobh AC	M40	07:11.2	445	154
155	0:35:58	FOLEY, Ray	unatt/Cork	M	07:11.4	648	155
156	0:36:02	O'S-HOULIHAN, Zach	unatt/Ballyandreen	MJ	07:12.2	1	156
157	0:36:03	KELLY, William	unatt/Ballylanders	M	07:12.4	273	157
158	0:36:05	O'LEARY, Liam	unatt/Carrigaline	M	07:12.8	577	158
159	0:36:05	MADDEN, Brendan	Navy AC	M45	07:12.8	425	159
160	0:36:06	MCNULTY, Ailise	St. Finbarrs AC	F	07:13.0	224	160
161	0:36:07	O'DONNELL, John	unatt/Tipperary	M	07:13.2	322	161
162	0:36:08	O'DONNELL, Claire	unatt/Cork	F	07:13.4	563	162
163	0:36:09	KENNEALLY, Trevor	Ballintotis Fit4Life	M	07:13.6	590	163
164	0:36:14	BARRY, David	unatt/Lisgoold	M	07:14.6	167	164
165	0:36:17	O'SULLIVAN, Paddy	unatt/Cloyne	M60	07:15.2	331	165
166	0:36:17	MURPHY, Vincent	unatt/Watergrasshill	M	07:15.2	235	166
167	0:36:18	AHERNE, Liam	unatt/Mourneabbey	M	07:15.4	451	167
168	0:36:19	O'SHEA, Colm	unatt/Ballinacurra	M40	07:15.6	423	168
169	0:36:20	POMPHRETT, Eoin	unatt/Aghada	M40	07:15.8	447	169
170	0:36:23	MORGAN, Jim	unatt/Aghada	M40	07:16.4	97	170
171	0:36:25	WALSH, Pat	unatt/Midleton	M50	07:16.8	305	171
172	0:36:27	O'REGAN, Thomas	Leevale AC	M50	07:17.2	272	172
173	0:36:28	HAMILL, Robert	Youghal AC	M40	07:17.4	530	173
174	0:36:28	DALY, Martin	unatt/Cork	M40	07:17.4	287	174
175	0:36:29	LEDINGHAM, Dermot	Youghal AC	M50	07:17.6	599	175
176	0:36:32	SPEIGHT, David	Eagle AC	M40	07:18.2	418	176
177	0:36:34	KENNEALLY, Julie	Youghal AC	F	07:18.6	131	177
178	0:36:38	O'SULLIVAN, Jack	unatt/Midleton	M	07:19.4	75	178
179	0:36:39	HICKEY, Brendan	St. Catherines AC	M	07:19.6	450	179
180	0:36:40	O'FARRELL, Andrew	Carrigaline RR AC	M60	07:19.8	585	180
181	0:36:41	HOLLAND, Siobhan	unatt/Waterfall	F35	07:20.0	458	181
182	0:36:42	CLANCY, Catherine	St. Catherines AC	F45	07:20.2	531	182
183	0:36:43	FLYNN, John	Mallow AC	M45	07:20.4	364	183
184	0:36:45	HANNON, Tom	unatt/Cork	M55	07:20.8	243	184
185	0:36:46	MURTAGH, Laurence	unatt/Cork	M45	07:21.0	396	185
186	0:36:47	CONNOLLY, Tony	unatt/Midleton	M45	07:21.2	703	186
187	0:36:47	MURRAY, Maria	unatt/Cork	F	07:21.2	469	187
188	0:36:48	MURPHY, Arthur	unatt/Ballinacurra	M	07:21.4	231	188
189	0:36:49	MENTON, Billy	unatt/Cork	M55	07:21.6	204	189
190	0:36:55	O'CALLAGHAN, Deirdre	Eagle AC	F40	07:22.8	170	190
191	0:36:56	EGAN, Conor	Eagle AC	M45	07:23.0	663	191
192	0:36:57	MORAN, Kevin	Midleton AC	M45	07:23.2	76	192
193	0:37:00	O'REGAN, Ger	Midleton AC	M45	07:23.8	13	193
194	0:37:01	RYAN, Stephen	Ballymore-Cobh AC	M45	07:24.0	289	194
195	0:37:03	QUIGLEY, John	Eagle AC	M60	07:24.4	524	195
196	0:37:04	COLLINS, Tim	unatt/Cork	M	07:24.6	368	196
197	0:37:05	O'CONNELL, Declan	unatt/Cork	M	07:24.8	698	197
198	0:37:07	KEATING-FLYNN, Maria	Mallow AC	F35	07:25.2	363	198
199	0:37:08	LARKIN, Brian	unatt/Aghada	M40	07:25.4	51	199
200	0:37:08	MURRAY, Don	unatt/Aghada	M	07:25.4	99	200
201	0:37:10	FOLEY, John	unatt/Midleton	M	07:25.8	107	201
202	0:37:12	CUMMINS, Adrian	unatt/Fermoy	M	07:26.2	312	202
203	0:37:12	COLLINS, Brendan	unatt/Fermoy	M	07:26.2	166	203
204	0:37:15	COGAN, Denis	unatt/Cork	M	07:26.8	544	204
205	0:37:15	O'KEEFE, Kevin	Ballymore-Cobh AC	M	07:26.8	635	205
206	0:37:16	MCMAHON, Daniel	unatt/Cork	M	07:27.0	168	206
207	0:37:18	COONEY, Sean	unatt/Carrigtwohill	M40	07:27.4	448	207
208	0:37:18	BRADY, Marie-Therese	unatt/Cork	F40	07:27.4	457	208
209	0:37:20	CASHMAN, Conor	unatt/Killeagh	M40	07:27.8	595	209
210	0:37:21	O'ROURKE, Orla	Ballymore-Cobh AC	F45	07:28.0	320	210
211	0:37:22	CAHILL, Paul	unatt/Cloyne	M45	07:28.2	64	211
212	0:37:24	CAHILL, Breda	unatt/Cloyne	F40	07:28.6	63	212
213	0:37:25	GARVEY, Colette	unatt/Ladysbridge	F35	07:28.8	290	213
214	0:37:31	CLEARAY, Eibhlin	East Cork AC	F	07:30.0	521	214
215	0:37:34	HERLIHY, Breda	unatt/Cork	F40	07:30.6	462	215
216	0:37:35	RYALL, JR	unatt/Shanagarry	M	07:30.8	295	216
217	0:37:36	DINEEN, Mark	Watergrasshill AC	M	07:31.0	434	217
218	0:37:37	O'SHEA, Killian	unatt/Midleton	M45	07:31.2	16	218
219	0:37:38	O'CONNOR, Rory	unatt/Whitegate	M45	07:31.4	26	219
220	0:37:39	GILLMAN, Marie	Midleton AC	F50	07:31.6	23	220

221	0:37:40	O'REILLY, Liam	unatt/Shanagarry	M40	07:31.8	596	221
222	0:37:42	NALLY, Siobhan	unatt/Cloyne	F35	07:32.2	302	222
223	0:37:44	KIRWAN, Ita	Eagle AC	F45	07:32.6	215	223
224	0:37:48	HEALY, Siobhan	St. Finbarrs AC	F35	07:33.4	454	224
225	0:37:49	BARRY, Brian	unatt/Carrigtwohill	M	07:33.6	552	225
226	0:37:50	KINGSTON, Finbarr	Youghal AC	M	07:33.8	554	226
227	0:37:50	BOARD, Mervin	Carrigtwohill AC	M	07:33.8	85	227
228	0:37:51	MURPHY, Siobhan	Eagle AC	F35	07:34.0	668	228
229	0:37:52	WATERMAN, Jon	unatt/Midleton	M	07:34.2	106	229
230	0:37:53	O'FLYNN, Shane	unatt/Fermoy	M	07:34.4	422	230
231	0:37:54	MULCAHY, Ken	Eagle AC	M45	07:34.6	187	231
232	0:37:56	AHERN, Eddie	unatt/Cork	M45	07:35.0	558	232
233	0:38:01	WALSH, Sean	unatt/Cork	M	07:36.0	470	233
234	0:38:03	AHERN, John	unatt/Midleton	M	07:36.4	665	234
235	0:38:04	KENNEALLY, Sinead	unatt/Cork	F	07:36.6	573	235
236	0:38:05	BUTTERWORTH, Kevin	unatt/Cork	M40	07:36.8	361	236
237	0:38:06	CROWLEY, Cian	unatt/Cork	M	07:37.0	318	237
238	0:38:08	MCNAMARA, Mark	unatt/Midleton	M	07:37.4	175	238
239	0:38:12	MURPHY, Colin	unatt/Carrigaline	M	07:38.2	186	239
240	0:38:14	HARRINGTON, Alan	unatt/Midleton	M	07:38.6	540	240
241	0:38:15	MCELROY, Rebecca	St. Finbarrs AC	F	07:38.8	218	241
242	0:38:16	O'MAHONY, Sylvie	Ballintotis Fit4Life	M55	07:39.0	317	242
243	0:38:17	BRANSFIELD, Gillian	Midleton AC	F	07:39.2	30	243
244	0:38:17	O'KEEFFE, Mary	Midleton AC	F45	07:39.2	90	244
245	0:38:18	CONDON, Trevor	unatt/Midleton	M	07:39.4	73	245
246	0:38:18	BORKOWSKA, Anna	Mallow AC	F35	07:39.4	332	246
247	0:38:19	MCCARTHY, John	Eagle AC	M	07:39.6	326	247
248	0:38:20	KELLY, John	unatt/Cobh	M	07:39.8	399	248
249	0:38:25	TOBIN, John	unatt/Midleton	M	07:40.8	372	249
250	0:38:26	SLIWA, Rabek	unatt/Blarney	M	07:41.0	309	250
251	0:38:26	MCMAHON, Brendan	unatt/Little Island	M45	07:41.0	411	251
252	0:38:27	DOYLE, Michael	unatt/Cork	M60	07:41.2	393	252
253	0:38:28	DELANEY, John	unatt/Cork	M45	07:41.4	315	253
254	0:38:29	COSTELLO, Ricky	Watergrasshill AC	M	07:41.6	143	254
255	0:38:29	EVANS, Mairead	unatt/Cork	F	07:41.6	465	255
256	0:38:30	MENTON, Mark	unatt/Cork	M	07:41.8	205	256
257	0:38:31	O'FLYNN, Alan	unatt/Cork	M	07:42.0	248	257
258	0:38:32	RUSSELL, Charles	unatt/Glanworth	M40	07:42.2	464	258
259	0:38:35	FOLEY, John	West Waterford AC	M65	07:42.8	227	259
260	0:38:37	RUCHTI, Janick	unatt/New Zealand	M	07:43.2	128	260
261	0:38:41	DAVIDS, Simon	Ballintotis Fit4Life	M40	07:44.0	56	261
262	0:38:42	O'CONNELL, Donie	Midleton AC	M65	07:44.2	40	262
263	0:38:42	MOYNIHAN, David	unatt/Castlemartyr	M	07:44.2	246	263
264	0:38:44	KEARNEY, Bartholomew	Leevale AC	M55	07:44.6	588	264
265	0:38:47	SAVAGE, Donnacha	Watergrasshill AC	M40	07:45.2	46	265
266	0:38:51	FORREST, Michelle	Ballintotis Fit4Life	F40	07:46.0	609	266
267	0:38:52	HORGAN, Noel	Ballintotis Fit4Life	M	07:46.2	10	267
268	0:38:52	BARRY, Dominic	Ballintotis Fit4Life	M45	07:46.2	292	268
269	0:38:54	ST LEGER, Greg	Riverstick-Kinsale AC	M45	07:46.6	523	269
270	0:38:57	HENNESSY, Tom	unatt/Midleton	M50	07:47.2	547	270
271	0:38:58	MORRISON, Kevin	Midleton AC	M50	07:47.4	7	271
272	0:38:59	MURRAY, Jimmy	Rising Sun AC	M65	07:47.6	280	272
273	0:39:00	LANDERS, Martina	Youghal AC	F40	07:47.8	646	273
274	0:39:02	KELLEHER, Kerrie	unatt/Aghada	F	07:48.2	358	274
275	0:39:05	HERLIHY, Dave	unatt/Midleton	M45	07:48.8	529	275
276	0:39:07	WALSHE, John	East Cork AC	M60	07:49.2	117	276
277	0:39:15	O'CALLAGHAN, Anthony	unatt/Aghada	M	07:50.8	580	277
278	0:39:20	HICKEY, Denis	Youghal AC	M45	07:51.8	244	278
279	0:39:22	NOLAN, Andrew	unatt/Fermoy	M45	07:52.2	511	279
280	0:39:23	CASHELL, Carol	Carrigtwohill AC	F35	07:52.4	88	280
281	0:39:24	O'RIORDAN, David	unatt/Cork	M	07:52.6	357	281
282	0:39:27	MURPHY, Christine	Midleton AC	F45	07:53.2	57	282
283	0:39:28	O'CONNOR, Patricia	unatt/Blarney	F40	07:53.4	299	283
284	0:39:29	HANNIGAN, Emer	Youghal AC	F40	07:53.6	207	284
285	0:39:31	HAYES, Jennifer	Midleton AC	F35	07:54.0	237	285
286	0:39:33	POWER, Pat	West Waterford AC	M50	07:54.4	229	286
287	0:39:35	HENNESSY, Alan	unatt/Cork	M	07:54.8	546	287
288	0:39:36	SHEEHAN, Sean	unatt/Carrigtwohill	M	07:55.0	620	288
289	0:39:37	O'CALLAGHAN, Simon	unatt/Aghada	M40	07:55.2	101	289
290	0:39:38	HAYES, Sean	unatt/Midleton	M	07:55.4	549	290
291	0:39:42	SHERIDAN, Anne-Marie	unatt/Whitegate	F40	07:56.2	24	291
292	0:39:42	WILSON, Dean	unatt/Aghada	M40	07:56.2	27	292
293	0:39:43	LEAHY, Sean	Ballintotis Fit4Life	M45	07:56.4	512	293
294	0:39:44	O'REILLY, Kevin	unatt/Saleen	M	07:56.6	693	294
295	0:39:45	GALLAGHER, Mark	Eagle AC	M40	07:56.8	394	295
296	0:39:47	DESMOND, Ciaran	Leevale AC	M50	07:57.2	440	296

297	0:39:52	PERRY, Anne-Marie	Midleton AC	F40	07:58.2	61	297
298	0:39:54	O'BRIEN, Andrew	unatt/Aghada	M	07:58.6	519	298
299	0:39:59	COTTER, John	unatt/Cobh	M70	07:59.6	288	299
300	0:40:03	DALY, Sinead	Ballymore-Cobh AC	F40	08:00.4	449	300
301	0:40:06	COTTER, Greg	unatt/Cloyne	M40	08:01.0	406	301
302	0:40:07	O'KEEFFE, Mark	unatt/Cork	M40	08:01.2	376	302
303	0:40:10	GRIFFIN, Ben	unatt/Midleton	M	08:01.8	472	303
304	0:40:11	COLLINS, Trevor	Naas AC	M	08:02.0	536	304
305	0:40:13	KIELY, Victor	unatt/Blarney	M45	08:02.4	336	305
306	0:40:15	COTT, Michelle	Ballintotis Fit4Life	F	08:02.8	9	306
307	0:40:17	TWOMEY, Bernie	Midleton AC	F40	08:03.2	8	307
308	0:40:26	O'SULLIVAN, Paul	unatt/Midleton	M45	08:05.0	684	308
309	0:40:28	GAYNOR, Triona	unatt/Ballycotton	F	08:05.4	436	309
310	0:40:29	O'LEARY, John	Leevale AC	M70	08:05.6	395	310
311	0:40:32	HEALY, Brian	unatt/Ballycotton	M45	08:06.2	132	311
312	0:40:36	DORAN, Linda	unatt/Killeagh	F	08:07.0	193	312
313	0:40:39	CROWLEY, Brendan	Midleton AC	M	08:07.6	91	313
314	0:40:40	CONSTANT, Kerry	unatt/Cork	M60	08:07.8	308	314
315	0:40:41	DENNIS, Ciara	Carrigwohill AC	F	08:08.0	82	315
316	0:40:42	BARRY, Frances	St. Catherines AC	F	08:08.2	253	316
317	0:40:44	KIGGINS, John	unatt/Ballincollig	M	08:08.6	353	317
318	0:40:46	SISK, Bernard	unatt/Cork	M65	08:09.0	349	318
319	0:40:49	TUCKER, David	Carrigaline RR AC	M45	08:09.6	374	319
320	0:40:50	KENNEALLY, Brian	Ballincollig AC	M50	08:09.8	316	320
321	0:40:52	RING, Roy	unatt/Whitegate	M	08:10.2	146	321
322	0:40:53	STEPHENS, Jennie	unatt/Aghada	F35	08:10.4	429	322
323	0:40:53	FITZGERALD, Ed	Eagle AC	M40	08:10.4	400	323
324	0:40:54	O'FLYNN, Danielle	unatt/Blarney	F	08:10.6	300	324
325	0:40:55	MADDEN, Ronan	unatt/Cork	M	08:10.8	463	325
326	0:40:58	O'DONOVAN, Kevin	unatt/Cork	M	08:11.4	323	326
327	0:41:00	KERINS, Damien	unatt/Aghada	M40	08:11.8	98	327
328	0:41:03	O'MAHONY, Marie	unatt/Cork	F	08:12.4	564	328
329	0:41:06	BUCKLEY, Sean	unatt/Carrigwohill	M	08:13.0	70	329
330	0:41:13	FITZGERALD, John	unatt/Cork	M	08:14.4	686	330
331	0:41:16	GOULD, Sean	unatt/Cork	M55	08:15.0	548	331
332	0:41:22	FLYNN, Stephen	unatt/Cork	M	08:16.2	466	332
333	0:41:24	BRODERICK, Diane	Ballintotis Fit4Life	F40	08:16.6	687	333
334	0:41:30	MCCARTHY, Barry	unatt/Watergrasshill	M	08:17.8	404	334
335	0:41:38	HENNESSY, Margaret	unatt/Shanagarry	F40	08:19.4	598	335
336	0:41:39	MORRISSEY, Dan	unatt/Cork	M40	08:19.6	556	336
337	0:41:46	QUINLAN, Deirdre	unatt/Cork	F50	08:21.0	607	337
338	0:41:49	COLLINS, Micheal	unatt/Cobh	M	08:21.6	200	338
339	0:41:51	FITZGERALD, Sinead	unatt/Aghada	F35	08:22.0	452	339
340	0:41:52	DALY, Will	St. Nicholas AC	M	08:22.2	208	340
341	0:41:56	DOWNING, Siobhan	Youghal AC	F	08:23.0	191	341
342	0:41:57	MURPHY, Sue	Carrigwohill AC	F	08:23.2	93	342
343	0:42:02	O'SHAUGHNESSY, Gerard	Midleton AC	M	08:24.2	79	343
344	0:42:03	O'BRIEN, Eoin	unatt/Cloyne	M	08:24.4	233	344
345	0:42:06	MOTHERWAY, John	unatt/Aghada	M70	08:25.0	294	345
346	0:42:09	SHEEHAN, Batt	St. Catherines AC	M45	08:25.6	189	346
347	0:42:11	MORLEY, Alan	Midleton AC	M40	08:26.0	29	347
348	0:42:17	O'CONNOR, Catherine	Mallow AC	F40	08:27.2	329	348
349	0:42:21	MCNAMARA, Sharon	unatt/Glanmire	F40	08:28.0	330	349
350	0:42:22	BUCKLEY, Sinead	Midleton AC	F	08:28.2	43	350
351	0:42:26	KIELY, Finbarr	unatt/Cork	M	08:29.0	172	351
352	0:42:27	O'REGAN, Celia	Youghal AC	F45	08:29.2	600	352
353	0:42:31	SAROLA, Maria	unatt/Aghada	F	08:30.0	221	353
354	0:42:31	GODFREY, Donal	unatt/Aghada	M45	08:30.0	50	354
355	0:42:32	MURPHY, Micheal	unatt/Dunmanway	M40	08:30.2	156	355
356	0:42:36	SIGERSON, Joyce	unatt/Ballinacurra	F	08:31.0	624	356
357	0:42:42	FLAVIN, Mark	unatt/Cork	M40	08:32.2	169	357
358	0:42:48	DONOVAN, John	unatt/Midleton	M	08:33.4	249	358
359	0:42:48	STACK, Maggie	Watergrasshill AC	F35	08:33.4	34	359
360	0:42:49	MULCAHY, Mary	St. Finbarrs AC	F50	08:33.6	643	360
361	0:42:50	MCNAMARA, Michael	Midleton AC	M60	08:33.8	11	361
362	0:42:51	O'RIORDAN, Fiona	Eagle AC	F45	08:34.0	216	362
363	0:42:52	TWOMEY, Evan	unatt/Cork	M	08:34.2	410	363
364	0:42:53	O'S-HOURIHAN, Paul	East Cork AC	M50	08:34.4	118	364
365	0:42:53	KEOHANE, Deirdre	unatt/Youghal	F	08:34.4	192	365
366	0:42:57	CLEARY, Anne	unatt/Cork	F	08:35.2	685	366
367	0:43:02	MORRISON, Patrick	St. Nicholas AC	M40	08:36.2	557	367
368	0:43:05	WALSH, Ailish	unatt/Ladysbridge	F40	08:36.8	337	368
369	0:43:12	PARKER, Claire	unatt/Castlemartyr	F35	08:38.2	68	369
370	0:43:14	MCNAMARA, Martha	Midleton AC	F55	08:38.6	12	370
371	0:43:18	HAYES, Emer	Midleton AC	F45	08:39.4	102	371
372	0:43:21	CONNOLLY, Vincent	Midleton AC	M55	08:40.0	45	372

373	0:43:21	HEAPHY, Jack	unatt/Lisgoold	M40	08:40.0	298	373
374	0:43:21	AHERNE, Sarah	Ballymore-Cobh AC	F35	08:40.0	631	374
375	0:43:22	HEGARTY, Margaret	unatt/Ballinacurra	F40	08:40.2	78	375
376	0:43:22	PRENDERGAST, Noel	Watergrasshill AC	M45	08:40.2	689	376
377	0:43:25	BARRY, Geraldine	West Waterford AC	F40	08:40.8	543	377
378	0:43:26	DUNNE, Melisaa	unatt/Castlemartyr	F35	08:41.0	77	378
379	0:43:27	COLLINS, Anne	Carrigtwohill AC	F40	08:41.2	83	379
380	0:43:28	MORRISON, Moira	unatt/Ladysbridge	F45	08:41.4	539	380
381	0:43:29	CAMPBELL, Rhona	Mallow AC	F35	08:41.6	328	381
382	0:43:30	STAVROU, Amanda	Midleton AC	F50	08:41.8	19	382
383	0:43:31	KENNEDY, Yvonne	Midleton AC	F35	08:42.0	664	383
384	0:43:33	TROY, Tim	Ballintotis Fit4Life	M	08:42.4	355	384
385	0:43:35	CROWLEY, Grainne	unatt/Blarney	F35	08:42.8	444	385
386	0:43:36	O'DRISCOLL, Kevin	Eagle AC	M60	08:43.0	586	386
387	0:43:37	CARTHY, Liam	unatt/Midleton	M40	08:43.2	520	387
388	0:43:41	FITZGERALD, Dermot	unatt/Blarney	M	08:44.0	313	388
389	0:43:42	MURPHY, Diane	Carrigtwohill AC	F	08:44.2	94	389
390	0:43:45	MULCAHY, Tony	Ballintotis Fit4Life	M40	08:44.8	333	390
391	0:43:48	KELLY, Catherine	unatt/Cork	F	08:45.4	426	391
392	0:43:50	DESMOND, John	Eagle AC	M50	08:45.8	688	392
393	0:43:51	MCKEOWN, Keith	Leevale AC	M45	08:46.0	185	393
394	0:43:52	CUSSEN, Eimear	Carrigtwohill AC	F	08:46.2	112	394
395	0:43:56	RING, Niall	unatt/Midleton	M	08:47.0	704	395
396	0:43:56	MILLERICK, Bridie	unatt/Kilcredan	F45	08:47.0	345	396
397	0:43:57	HIGGINS, Carrie	Youghal AC	F45	08:47.2	346	397
398	0:43:59	FORDE, Marian	unatt/Cork	F	08:47.6	319	398
399	0:44:00	GYVES, Paddy	Mallow AC	M65	08:47.8	196	399
400	0:44:01	O'GORMAN, Shirley	Midleton AC	F40	08:48.0	284	400
401	0:44:01	O'NEILL, Tom	Ballintotis Fit4Life	M55	08:48.0	672	401
402	0:44:02	WHYTE, Sinead	unatt/Midleton	F	08:48.2	69	402
403	0:44:05	WOLFE, Cliona	Mallow AC	F	08:48.8	311	403
404	0:44:07	O'LEARY, Peter	unatt/Cork	M	08:49.2	574	404
405	0:44:08	O'SULLIVAN, Eddie	unatt/Blarney	M	08:49.4	211	405
406	0:44:09	MEHIGAN, Cait	St. Finbarrs AC	F35	08:49.6	220	406
407	0:44:20	DONNELLY, Emer	unatt/Cork	F	08:51.8	223	407
408	0:44:26	MULRYAN, Paula	unatt/Cork	F35	08:53.0	206	408
409	0:44:28	O'ROURKE, Orla	unatt/Midleton	F40	08:53.4	52	409
410	0:44:29	O'CONNELL, Jane	Ballintotis Fit4Life	F40	08:53.6	430	410
411	0:44:31	RYAN, Bridget	Ballintotis Fit4Life	F40	08:54.0	589	411
412	0:44:34	FITZGERALD, Fiona	St. Catherines AC	F	08:54.6	413	412
413	0:44:37	COLLINS, Barry	unatt/Youghal	M	08:55.2	173	413
414	0:44:37	O'NEILL, Ann-Marie	unatt/Blarney	F	08:55.2	134	414
415	0:44:38	AHERN, Karen	unatt/Dungourney	F	08:55.4	67	415
416	0:44:38	AHERN, Sean	unatt/Dungourney	M55	08:55.4	66	416
417	0:44:42	WHYTE, Stephanie	Youghal AC	F	08:56.2	225	417
418	0:44:48	SHERIDAN, Catherine	unatt/Midleton	F35	08:57.4	25	418
419	0:44:51	MCGRATH, Felicity	unatt/Cloyne	F35	08:58.0	538	419
420	0:44:52	JONES, Lisa	unatt/Ballynoe	F	08:58.2	164	420
421	0:44:54	O'CALLAGHAN, Jim	unatt/Ballincollig	M55	08:58.6	420	421
422	0:44:54	GIGLIONE, Rino	unatt/Dublin	M40	08:58.6	467	422
423	0:44:57	CODY, Antoinette	unatt/Dungourney	F35	08:59.2	460	423
424	0:44:59	O'KEEFE, Orna	unatt/Castlemartyr	F	08:59.6	671	424
425	0:45:04	COYNE, Eoin	unatt/Youghal	M	09:00.6	533	425
426	0:45:04	SULLIVAN, Lila	unatt/Blarney	F	09:00.6	669	426
427	0:45:05	MANNING, Denis	St. Finbarrs AC	M45	09:00.8	678	427
428	0:45:11	FOGARTY, Helena	unatt/Blarney	F	09:02.0	568	428
429	0:45:14	IVERS, Sinead	Midleton AC	F35	09:02.6	126	429
430	0:45:17	BURKE, Martina	unatt/Cork	F40	09:03.2	214	430
431	0:45:22	KOHLER, Ian	Midleton AC	M65	09:04.2	116	431
432	0:45:24	LENANE, Gail	unatt/Cork	F	09:04.6	181	432
433	0:45:25	COLEMAN, Rebecca	unatt/Leamlara	F	09:04.8	222	433
434	0:45:27	FORREST, Paul	Watergrasshill AC	M	09:05.2	673	434
435	0:45:28	HENNESSY, Ian	unatt/Dungarvan	M	09:05.4	516	435
436	0:45:28	PHELAN, Ruth	Ballymore-Cobh AC	F50	09:05.4	293	436
437	0:45:32	KAVANAGH, Brian	unatt/Ballinacurra	M40	09:06.2	667	437
438	0:45:34	GREENE, John	unatt/Midleton	M	09:06.6	373	438
439	0:45:40	COEN, Asling	Midleton AC	F	09:07.8	55	439
440	0:45:43	HUSSEY, Dominic	unatt/Grenagh	M40	09:08.4	515	440
441	0:45:48	BUCKLEY, John	Navy AC	M	09:09.4	307	441
442	0:45:48	O'FARRELL, Rob	unatt/Cork	M	09:09.4	271	442
443	0:46:12	KENNEDY, Mary	Ballintotis Fit4Life	F35	09:14.2	527	443
444	0:46:12	FITZGIBBON, Helen	Ballintotis Fit4Life	F35	09:14.2	526	444
445	0:46:13	DALY, Mervyn	unatt/Shanagarry	M40	09:14.4	603	445
446	0:46:14	GEASLEY, Sarah	Ballymore-Cobh AC	F	09:14.6	537	446
447	0:46:19	MCCARTHY, Danny	Midleton AC	M60	09:15.6	4	447
448	0:46:21	O'SULLIVAN, Tanya	unatt/Cork	F35	09:16.0	110	448

449	0:46:22	COLEMAN, Helena	unatt/Cork	F40	09:16.2	111	449
450	0:46:23	O'DONOVAN, Anne-Marie	Midleton AC	F40	09:16.4	279	450
451	0:46:33	STACK, Adrian	unatt/Midleton	M	09:18.4	234	451
452	0:46:38	KEANE, Mary	unatt/Cloyne	F45	09:19.4	65	452
453	0:46:38	AHERNE, Denver	unatt/Cloyne	M40	09:19.4	416	453
454	0:46:42	BURKE, Anne	Ballymore-Cobh AC	F50	09:20.2	278	454
455	0:46:43	MURPHY, Patrick	Togher AC	M	09:20.4	553	455
456	0:46:44	MURPHY, Siobhan	unatt/Cork	F45	09:20.6	542	456
457	0:46:48	COUGHLAN, Teresa	unatt/Aghada	F	09:21.4	474	457
458	0:46:48	MCDONNELL, George	unatt/Watergrasshill	M	09:21.4	593	458
459	0:46:55	SMIDDY, Maura	unatt/Cloyne	F40	09:22.8	535	459
460	0:46:56	WALSH, Mary	Midleton AC	F50	09:23.0	41	460
461	0:47:00	O'SULLIVAN, Graham	Ballintotis Fit4Life	M40	09:23.8	304	461
462	0:47:02	HAYES, Karen	unatt/Midleton	F35	09:24.2	550	462
463	0:47:11	ATKINSON, Margaret	unatt/Aghada	F40	09:26.0	147	463
464	0:47:13	RYALL, Noel	unatt/Midleton	M50	09:26.4	594	464
465	0:47:17	WALSH, Lucy	unatt/Shanagarry	F40	09:27.2	350	465
466	0:47:23	LEAHY, Anne	Ballintotis Fit4Life	F45	09:28.4	513	466
467	0:47:24	MURPHY, Trish	unatt/Midleton	F45	09:28.6	442	467
468	0:47:27	MOLONEY, Ann	Youghal AC	F45	09:29.2	602	468
469	0:47:28	BARRY, Margaret	Midleton AC	F65	09:29.4	62	469
470	0:47:39	DONOVAN, Kevin	unatt/Ballycotton	M	09:31.6	54	470
471	0:47:40	KAVANAGH, Aoife	unatt/Cloyne	F40	09:31.8	286	471
472	0:47:44	NEGULESCU, Ion	unatt/Cork	F	09:32.6	438	472
473	0:47:47	BRODERICK, James	St. Nicholas AC	M	09:33.2	630	473
474	0:47:48	KIERANS, Paul	Midleton AC	M45	09:33.4	37	474
475	0:47:48	COTTER, Allen	St. Nicholas AC	M	09:33.4	197	475
476	0:47:49	DRISLANE, John	St. Nicholas AC	M	09:33.6	321	476
477	0:47:49	O'BRIEN, Donal	St. Nicholas AC	M60	09:33.6	583	477
478	0:47:50	O'MAHONY, Fiona	unatt/Midleton	F40	09:33.8	443	478
479	0:47:55	DOLAN-CROWLEY, Elaine	Watergrasshill AC	F35	09:34.8	592	479
480	0:47:56	SHEEHAN, Geraldine	St. Catherines AC	F45	09:35.0	190	480
481	0:48:02	O'NEILL, Maria	unatt/Glanmire	F	09:36.2	241	481
482	0:48:02	O'CONNOR, Michael	unatt/Glanmire	M	09:36.2	240	482
483	0:48:05	HARRINGTON, Marian	unatt/Aghada	F	09:36.8	402	483
484	0:48:08	POWER, Onra	West Waterford AC	F45	09:37.4	228	484
485	0:48:09	DIXON, Eileen	unatt/Ladysbridge	F	09:37.6	194	485
486	0:48:09	DELANEY, Mary	unatt/Glanmire	F45	09:37.6	575	486
487	0:48:16	HARRINGTON, Debbie	unatt/Cork	F	09:39.0	203	487
488	0:48:19	ROBINSON, Sinead	unatt/Cloyne	F40	09:39.6	409	488
489	0:48:19	HENNESSY, Elaine	unatt/Midleton	F55	09:39.6	441	489
490	0:48:23	BERNARD, Sandra	unatt/Leamlara	F	09:40.4	453	490
491	0:48:24	O'FLYNN, Dawn	unatt/Blarney	F35	09:40.6	559	491
492	0:48:24	O'SHEA, Wesley	unatt/Blarney	M	09:40.6	212	492
493	0:48:25	MACROPOULOS, Patricia	Midleton AC	F35	09:40.8	213	493
494	0:48:29	RYAN, Rosmary	unatt/Cork	F	09:41.6	148	494
495	0:48:33	SHEENAN, Rachel	unatt/Cork	F	09:42.4	198	495
496	0:48:37	SAVAGE, Yvonne	Watergrasshill AC	F40	09:43.2	47	496
497	0:48:38	HEGARTY, Liz	unatt/Lisgoold	F	09:43.4	49	497
498	0:48:45	COONEY, Siobhan	Youghal AC	F50	09:44.8	339	498
499	0:48:46	O'CONNOR, Sandra	Midleton AC	F	09:45.0	53	499
500	0:48:53	NOLAN-OWERS, Tanya	unatt/Aghada	F	09:46.4	153	500
501	0:49:05	CROTTY, Keva	Midleton AC	F	09:48.8	174	501
502	0:49:05	PETERS, Vicki	Midleton AC	F	09:48.8	421	502
503	0:49:07	DEVLIN, Darragh	unatt/Ballinacurra	M	09:49.2	232	503
504	0:49:16	MAHONY, Carey	unatt/Killarney	M40	09:51.0	517	504
505	0:49:22	KELLY, Brendan	unatt/Midleton	M	09:52.2	397	505
506	0:49:25	FLYNN, John	Ballintotis Fit4Life	M	09:52.8	608	506
507	0:49:34	WALSH, Valerie	Ballintotis Fit4Life	F35	09:54.6	514	507
508	0:49:44	O'REGAN, Louise	Midleton AC	F40	09:56.6	408	508
509	0:49:45	MCGRATH, Marie	Midleton AC	F45	09:56.8	285	509
510	0:49:45	HORNIBROOK, Mark	unatt/Grenagh	M40	09:56.8	518	510
511	0:50:03	HOLLYWOOD, Daniel	unatt/Cork	M	10:00.4	567	511
512	0:50:07	CORKERY, Sean	unatt/Cork	M	10:01.2	367	512
513	0:50:15	KELLEHER, Ronan	unatt/Shanagarry	M	10:02.8	417	513
514	0:50:16	BOYLE, Gavin	Ballintotis Fit4Life	M40	10:03.0	96	514
515	0:50:18	FITZGERALD, Pat	unatt/Cork	M	10:03.4	230	515
516	0:50:36	KEOHANE, Irene	Eagle AC	F40	10:07.0	366	516
517	0:50:37	KELLEHER, Lorna	unatt/Cork	F35	10:07.2	242	517
518	0:50:50	KIRBY, Anna-Marie	Ballintotis Fit4Life	F	10:09.8	297	518
519	0:51:14	WALSH, Cathy	unatt/Cloyne	F40	10:14.6	151	519
520	0:51:15	AHERNE, Michelle	unatt/Cloyne	F40	10:14.8	415	520
521	0:51:23	MURPHY, Vicki	Ballintotis Fit4Life	F35	10:16.4	341	521
522	0:51:24	CASEY, Louise	Ballintotis Fit4Life	F35	10:16.6	344	522
523	0:51:24	COLLINS, Bridget	Ballintotis Fit4Life	F55	10:16.6	432	523
524	0:51:25	MOLLOY, Mary	Ballintotis Fit4Life	F45	10:16.8	58	524

525	0:51:25	MADDEN, Jacinta	Ballintotis Fit4Life	F	10:16.8	60	525
526	0:51:26	DUGGAN, Margaret	Ballintotis Fit4Life	F40	10:17.0	59	526
527	0:51:32	SCANNELL, Catherine	Ballintotis Fit4Life	F40	10:18.2	149	527
528	0:51:42	RAMSELL, Ned	unatt/Carrigtwohill	M40	10:20.2	534	528
529	0:51:42	JORDAN, Colm	unatt/Mogeely	M	10:20.2	161	529
530	0:52:11	KELLY, Thomas	Navy AC	M55	10:26.0	565	530
531	0:52:12	DALY, Paddy	unatt/Cork	M70	10:26.2	145	531
532	0:52:20	WALL, Eimear	unatt/Glounthaune	F	10:27.8	158	532
533	0:52:20	WALL, Niamh	unatt/Glounthaune	F	10:27.8	159	533
534	0:52:31	MULLANE, Catriona	Ballintotis Fit4Life	F	10:30.0	81	534
535	0:52:33	TWOMEY, Valerie	Ballintotis Fit4Life	F	10:30.4	80	535
536	0:52:33	DALY, Laura	Ballintotis Fit4Life	F	10:30.4	74	536
537	0:52:35	BAGNELL, Christine	Ballintotis Fit4Life	F40	10:30.8	435	537
538	0:52:35	BOYLE, Maggie	Ballintotis Fit4Life	F	10:30.8	95	538
539	0:52:45	CASHMAN, Caroline	unatt/Aghada	F35	10:32.8	105	539
540	0:52:53	GRIFFIN, Rosarie	Midleton AC	F40	10:34.4	347	540
541	0:53:06	O'DONOVAN, Mairead	unatt/Blarney	F	10:37.0	356	541
542	0:53:15	DINNEEN, Aoife	unatt/Clonakilty	F	10:38.8	238	542
543	0:53:21	LINEHAN, Liz	unatt/Cork	F	10:40.0	201	543
544	0:53:21	COGAN, Bernadette	unatt/Cork	F	10:40.0	202	544
545	0:53:23	DALTON, Karen	unatt/Clonakilty	F	10:40.4	239	545
546	0:53:48	HAMILL, Emma	Youghal AC	F	10:45.4	178	546
547	0:54:35	O'LEARY, Clare	unatt/Cloyne	F	10:54.8	403	547
548	0:55:04	LEDWITH, Katie	unatt/Blarney	F	11:00.6	301	548
549	0:55:05	MCKECHNIE, Chloe	unatt/Cork	F	11:00.8	171	549
550	0:55:16	COLLINS, Edmund	unatt/Midleton	M55	11:03.0	327	550
551	0:55:27	ROCHE, Celine	Ballintotis Fit4Life	F45	11:05.2	296	551
552	0:55:39	KELLEHER, Frank	unatt/Cork	M70	11:07.6	475	552
553	0:55:46	DIGNAM, Yvette	Youghal AC	F40	11:09.0	179	553
554	0:55:46	CODY-BYRNE, Paula	unatt/Dungourney	F	11:09.0	461	554
555	0:56:16	O'GRADY, Noirin	unatt/Midleton	F	11:15.0	398	555
556	0:56:27	WHITAKER, Andrew	unatt/Carrigaline	M	11:17.2	245	556
557	0:58:49	O'REGAN, Leslie	Ballymore-Cobh AC	F40	11:45.6	414	557
558	0:58:50	WHELAN, Tracey	unatt/Ballymore	F40	11:45.8	165	558
559	0:58:52	VAN HEYNE, Meike	Ballymore-Cobh AC	F35	11:46.2	551	559
560	1:02:51	MCMURTRY, Jim	Midleton AC	M65	12:34.0	123	560
561	1:03:16	SHEEHAN, Kathleen	unatt/Kenmare	F	12:39.0	119	561
562	1:03:16	QUISH, Helen	unatt/Cork	F	12:39.0	120	562
563	1:03:17	O'KEEFE, Sean	unatt/Cork	M	12:39.2	545	563
		WHEELCHAIR: FORDE, Jerry	Blarney-Inniscarra AC	M60	63:10		

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