

# Donough Coughlan Memorial Cup

## BANDON '5'

Thursday 1 January 2015. 1:00pm

Place	Time	Name	Team	Race Age Category	min/mile		
1	0:25:22	MCCARTHY, James	East Cork AC	M	05:04.3	64	1
2	0:25:40	MEADE, John	St. Finbarrs AC	M	05:07.9	157	2
3	0:26:02	GRUFFERTY, James	Leevale AC	M	05:12.3	4	3
4	0:26:13	SHINE, John	Leevale AC	M	05:14.5	40	4
5	0:26:58	O'SHEA, Alex	St. Finbarrs AC	M40	05:23.5	16	5
6	0:27:03	CUNNINGHAM, Joe	St. Finbarrs AC	M40	05:24.5	75	6
7	0:27:06	SMITH, Danny	Ballynonty AC	M	05:25.1	10	7
8	0:27:07	FINN, Michelle	Leevale AC	F	05:25.3	42	8
9	0:27:12	MANNIX, Anthony	Leevale AC	M	05:26.3	20	9
10	0:27:20	HARRINGTON, Michael	Bantry AC	M40	05:27.9	152	10
11	0:27:26	CORBETT, Michael	St. Finbarrs AC	M	05:29.1	6	11
12	0:27:33	MORGAN, Michael	St. Finbarrs AC	M	05:30.5	164	12
13	0:27:56	O'BRIEN, Alan	Eagle AC	M	05:35.1	62	13
14	0:28:21	COAKLEY, Donal	Togher AC	M	05:40.1	58	14
15	0:28:54	CRAIG, David	Bandon AC	M	05:46.7	30	15
16	0:28:56	HARRINGTON, Craig	Togher AC	M	05:47.1	153	16
17	0:29:03	MURPHY, John	Grange-Fermoy AC	M45	05:48.5	67	17
18	0:29:11	LYONS, Dave	Mallow AC	M	05:50.1	57	18
19	0:29:20	BOUSE, Ciaran	Eagle AC	M	05:51.9	98	19
20	0:29:39	MCCARTHY, Thomas	Bandon AC	MJ	05:55.7	14	20
21	0:29:47	O'MAHONEY, John	unatt/Carrigadrohid	M40	05:57.3	156	21
22	0:29:52	O'CARROLL, Frank	East Cork AC	M	05:58.3	84	22
23	0:30:03	ALLIS, Sean	Clonakilty RR AC	M40	06:00.5	103	23
24	0:30:05	HARRINGTON, Shane	East Cork AC	M	06:00.9	74	24
25	0:30:07	CROWLEY, Carmel	Bandon AC	F40	06:01.3	78	25
26	0:30:08	SHIELDS, Brian	unatt/Cobh	M	06:01.5	35	26
27	0:30:14	RYAN, Dermot	West Waterford AC	M40	06:02.7	93	27
28	0:30:15	O'CONNOR, Pat	Eagle AC	M45	06:02.9	23	28
29	0:30:23	KELLEHER, Denis	Leevale AC	M50	06:04.5	3	29
30	0:30:29	O'SULLIVAN, Shane	Leevale AC	M	06:05.7	43	30
31	0:30:32	MCCARTHY, Patrick	unatt/Drimoleague	M40	06:06.3	37	31
32	0:30:47	COSGRAVE, Jim	St. Finbarrs AC	M40	06:09.3	191	32
33	0:30:48	FINN, Carol	Leevale AC	F	06:09.5	186	33
34	0:30:51	MOORE, Niamh	UCC AC	F	06:10.1	41	34
35	0:30:58	MCCARTHY, Eugene	Midleton AC	M40	06:11.5	106	35
36	0:31:02	PYNE, Don	Grange-Fermoy AC	M	06:12.3	159	36
37	0:31:23	MCCAUL, Denis	Sportsworld RC	M	06:16.5	196	37
38	0:31:26	NOONAN, Alan	St. Finbarrs AC	M	06:17.1	21	38
39	0:31:37	TOBIN, Pat	Gowran AC	M	06:19.3	180	39
40	0:31:42	MCCARTHY, Padraig	unatt/Luxembourg	M50	06:20.3	59	40
41	0:31:42	MACKAY, Neil	Eagle AC	M40	06:20.3	36	41
42	0:32:06	DORIS, Anna	Midleton AC	F40	06:25.1	50	42
43	0:32:09	FLYNN, Darren	Grange-Fermoy AC	M40	06:25.7	158	43
44	0:32:19	O'DRISCOL, Derek	Bandon AC	M	06:27.7	195	44
45	0:32:37	WALSH, Noel	unatt/Mallow	M50	06:31.3	175	45
46	0:32:42	MAUNSELL, Francis	Midleton AC	M40	06:32.3	178	46
47	0:32:45	MURPHY, Eddie	unatt/Cork	M	06:32.9	167	47
48	0:32:50	CASEY, Darren	Bandon AC	M	06:33.9	85	48
49	0:32:57	BUCKLEY, John-Paul	Mallow AC	M	06:35.3	49	49
50	0:32:59	O'SULLIVAN, Dermot	Mallow AC	M45	06:35.7	150	50
51	0:33:05	O'CALLAGHAN, David	Eagle AC	M50	06:36.9	116	51
52	0:33:07	DOLLARD, John	unatt/Kilbrittain	M	06:37.3	46	52
53	0:33:07	O'SULLIVAN, John	Bandon AC	M	06:37.3	94	53
54	0:33:11	HUFF, Tony	Ballynonty AC	M60	06:38.1	9	54
55	0:33:17	BARRY, Ronnie	Bandon AC	F40	06:39.3	151	55
56	0:33:24	MURPHY, Thomas	unatt/Cork	M	06:40.7	26	56
57	0:33:25	MCPARLAND, Cian	Navy AC	M	06:40.9	39	57
58	0:33:31	MURPHY, Teresa	Kent AC	F	06:42.1	25	58
59	0:33:43	TWOHIG, Denise	St. Finbarrs AC	F40	06:44.5	87	59
60	0:33:45	GUINANE, Elaine	Eagle AC	F	06:44.9	154	60
61	0:33:48	DALY, Michael	Carraig na bhFear AC	M40	06:45.5	18	61
62	0:33:59	COSGRAVE, David	unatt/Cork	MJ	06:47.7	192	62
63	0:34:05	MUCKIAN, John	unatt/Crossbarry	MJ	06:48.9	182	63
64	0:34:11	FRENCH, Priscilla	unatt/Bandon	F	06:50.1	197	64
65	0:34:13	WHITE, Stephan	unatt/Cork	M	06:50.5	161	65
66	0:34:17	LUCEY, Tim	Bandon AC	M50	06:51.3	91	66
67	0:34:18	MCDALD, Roisin	Leevale AC	F	06:51.5	90	67
68	0:34:25	KENNEDY, Paul	unatt/Waterfall	M	06:52.9	189	68

69	0:34:32	O'LEARY, Ted	West Waterford AC	M45	06:54.3	63	69
70	0:34:35	EGAN, Ruari	Eagle AC	M45	06:54.9	88	70
71	0:34:41	COUGHLAN, Niall	unatt/Bandon	M40	06:56.1	61	71
72	0:34:44	O'BRIEN, Damien	Watergrasshill AC	M40	06:56.7	160	72
73	0:34:51	DERMODY, Ken	unatt/Ballincollig	M	06:58.1	184	73
74	0:34:53	GRAINGER, Pauline	Watergrasshill AC	F	06:58.5	69	74
75	0:35:02	BURKE, Cillian	Bandon AC	MJ	07:00.3	108	75
76	0:35:09	MURPHY, Sean	unatt/Bandon	M40	07:01.7	70	76
77	0:35:19	AHERN, Eddie	unatt/Bandon	M	07:03.6	72	77
78	0:35:28	O'CONNOR, Noel	unatt/Carrigaline	M55	07:05.4	32	78
79	0:35:29	PROVEN, Neil	Clonmel AC	M45	07:05.6	73	79
80	0:35:33	O'BRIEN, Sean	Watergrasshill AC	M	07:06.4	71	80
81	0:35:45	CALLANAN, Margaret	Bandon AC	F45	07:08.8	17	81
82	0:36:05	MCCARTHY, Liam	unatt/Farran	M	07:12.8	24	82
83	0:36:13	FINN, Mary	Millstreet AC	F50	07:14.4	122	83
84	0:36:22	MURPHY, John	unatt/Ballinadee	M	07:16.2	102	84
85	0:36:23	GIBSON, Dave	unatt/Kinsale	M	07:16.4	56	85
86	0:36:28	O'FARRELL, Andrew	Carrigaline RR AC	M60	07:17.4	117	86
87	0:36:40	COTTER, Frank	Eagle AC	M50	07:19.8	31	87
88	0:36:40	CORCORAN, Geraldine	Bandon AC	F	07:19.8	171	88
89	0:36:46	O'CALLAGHAN, Rachael	unatt/Cork	F40	07:21.0	113	89
90	0:36:51	BAMFORD, Anne	Bandon AC	F45	07:22.0	22	90
91	0:36:56	O'DONOVAN, Chris	Eagle AC	M45	07:23.0	77	91
92	0:36:57	O'SULLIVAN, Conor	St. Finbarrs AC	M	07:23.2	179	92
93	0:37:29	MCCARTHY, Ann	Bandon AC	F50	07:29.6	52	93
94	0:37:32	O'DONNELL, Tim	unatt/Bandon	M	07:30.2	11	94
95	0:37:42	O'CALLAGHAN, Peter	unatt/Crossbarry	MJ	07:32.2	101	95
96	0:37:45	HOLLAND, John	Mallow AC	M65	07:32.8	83	96
97	0:37:45	O'BRIEN, Eric	unatt/Bandon	M	07:32.8	301	97
98	0:37:48	MCEVOY, Angela	St. Finbarrs AC	F50	07:33.4	190	98
99	0:37:52	O'CONNELL, John	unatt/Ballincollig	M60	07:34.2	12	99
100	0:38:04	MCCARTHY, John	Eagle AC	M	07:36.6	104	100
101	0:38:07	CAHILL, Cormac	unatt/Cork	M40	07:37.2	34	101
102	0:38:10	COFFEY, Stephen	Riverstick-Kinsale AC	M40	07:37.8	155	102
103	0:38:11	MORRISSEY, John	unatt/Doneraile	M	07:38.0	174	103
104	0:38:12	REID, Colin	unatt/Belfast	M	07:38.2	124	104
105	0:38:18	O'REGAN, David	unatt/Bandon	M50	07:39.4	107	105
<b>106</b>	<b>0:38:19</b>	<b>O'LEARY, John</b>	<b>Leevale AC</b>	<b>M70</b>	<b>07:39.6</b>	<b>1</b>	<b>106</b>
107	0:38:32	HAYDEN, Michael	unatt/Cork	M60	07:42.2	121	107
108	0:38:32	DESMOND, Barbara	Bandon AC	F40	07:42.2	99	108
109	0:38:37	MAHER, Andrew	Togher AC	MJ	07:43.2	45	109
110	0:38:38	MAHER, Brian	Togher AC	M40	07:43.4	44	110
<b>111</b>	<b>0:38:45</b>	<b>KEARNEY, Bartholomew</b>	<b>Leevale AC</b>	<b>M55</b>	<b>07:44.8</b>	<b>118</b>	<b>111</b>
112	0:38:47	BROPHY, Carolaine	Mallow AC	F45	07:45.2	60	112
113	0:38:48	CALLAN, Pauline	Bandon AC	F40	07:45.4	86	113
114	0:38:50	WALSHE, John	East Cork AC	M60	07:45.8	2	114
115	0:38:52	O'CONNOR, Frances	Eagle AC	F50	07:46.2	33	115
116	0:39:06	O'RIORDAN, Michael	unatt/Texas	M45	07:49.0	194	116
117	0:39:07	O'RIORDAN, Niall	unatt/Dublin	M45	07:49.2	193	117
118	0:39:19	MORGAN, Treasa	unatt/Ovens	F	07:51.6	76	118
119	0:39:29	CRONIN, Barry	unatt/Kilbrittain	M	07:53.6	38	119
120	0:39:34	HARRINGTON, Alan	unatt/Midleton	M	07:54.6	163	120
121	0:39:34	COAKLEY, Ciaran	unatt/Clonakilty	M	07:54.6	1000	121
122	0:39:37	LINEHAN, Frank	Togher AC	M60	07:55.2	79	122
123	0:39:49	RYAN, Aidan	unatt/Upton	M45	07:57.6	187	123
124	0:39:59	CHRISTIE, Eidin	unatt/Cork	F45	07:59.6	115	124
125	0:40:02	MCCARTHY, Denis	unatt/Fermoy	M	08:00.2	68	125
126	0:40:09	BEVAN, Karen	Eagle AC	F	08:01.6	109	126
127	0:40:10	BREEN, Declan	unatt/Ballincollig	M	08:01.8	96	127
128	0:40:20	RYAN, David	unatt/Upton	M40	08:03.8	89	128
129	0:40:25	LEANE, Orla	Bandon AC	F40	08:04.8	100	129
130	0:40:37	TWOMEY, Bernie	Midleton AC	F40	08:07.2	27	130
131	0:40:41	ST LEGER, Greg	Riverstick=Kinsale AC	M45	08:08.0	97	131
132	0:40:45	BARRY, Aisling	Bandon AC	F	08:08.8	165	132
133	0:40:49	MANNIX, Ger	Duhallow AC	M	08:09.6	19	133
134	0:40:54	MCKEOWN, Mike	Bandon AC	M50	08:10.6	51	134
135	0:40:55	O'CONNELL, Donie	Midleton AC	M60	08:10.8	65	135
136	0:40:56	SMYTH, Orla	City Of Lisburn AC	F	08:11.0	54	136
137	0:40:57	MORGAN, Declan	City Of Lisburn AC	M	08:11.2	55	137
138	0:41:00	QUINLAN, Deirdre	unatt/Cork	F50	08:11.8	177	138
139	0:41:13	O'LEARY, Neillie	Belgooly AC	M65	08:14.4	92	139
140	0:41:47	MULCAHY, Mary	St. Finbarrs AC	F50	08:21.2	173	140
141	0:42:24	GIBNEY, Kate	Watergrasshill AC	F	08:28.6	13	141
142	0:42:35	TOBIN, James	unatt/Durrus	M45	08:30.8	168	142
143	0:42:49	KELLY, Olivia	Bandon AC	F	08:33.6	166	143

145	0:43:24	MOYNIHAN, Catherine	Bandon AC	F40	08:40.6	170	145
146	0:43:24	BOLGER, James	unatt/Watergrasshill	M	08:40.6	125	146
147	0:43:40	MOYNIHAN, Marie	Bandon AC	F40	08:43.8	169	147
148	0:43:49	AHERN, Niamh	Ballintotis Fit4Life	F40	08:45.6	28	148
149	0:43:50	NOBLE, Graham	unatt/Manchester	M	08:45.8	29	149
150	0:43:54	SHEEHAN, Tommy	Mallow AC	M60	08:46.6	53	150
151	0:44:02	HODNETT, Linda	Bandon AC	F	08:48.2	8	151
152	0:44:03	FOLEY, Shiv	unatt/Ovens	F	08:48.4	47	152
153	0:44:31	MURPHY, Julie	unatt/Dublin	F	08:54.0	81	153
154	0:44:54	KELLY, Thomas	Navy AC	M55	08:58.6	15	154
155	0:45:00	FOLEY, Joe	unatt/Bandon	M	08:59.8	48	155
156	0:45:04	LYNCH, Brian	unatt/Carrigaline	M	09:00.6	162	156
157	0:45:07	HOLLAND, Emer	Mallow AC	F	09:01.2	82	157
158	0:45:27	WELDON, Michael	Bandon AC	M	09:05.2	123	158
159	0:46:12	HELEN, Gloria	Bandon AC	F	09:14.2	5	159
160	0:46:14	HARRINGTON, Norma	Galtee Runners AC	F50	09:14.6	80	160
161	0:46:26	O'CALLAGHAN, Sharyn	unatt/Cork	F40	09:17.0	111	161
162	0:46:35	DEVERAUX, Lisa	unatt/Cork	F40	09:18.8	112	162
163	0:46:35	LAFFAN, Tayna	unatt/Passage	F	09:18.8	188	163
164	0:46:58	FADIAN, Miriam	unatt/Bandon	F40	09:23.4	183	164
165	0:46:59	MUCKIAN, Sheila	unatt/Crossbarry	F50	09:23.6	181	165
166	0:47:21	DUGGAN, John	unatt/Clonakilty	M	09:28.0	176	166
167	0:47:38	KELLEHER, Paul	Rising Sun AC	M40	09:31.4	110	167
168	0:49:27	O'CONNELL, Kathleen	Midleton AC	F50	09:53.2	66	168
169	0:51:04	MURPHY, Mary	unatt/Cork	F50	10:12.6	172	169
170	0:52:18	KENNEDY, Sean	unatt/Bandon	M	10:27.4	105	170
171	0:53:34	MOLONEY, Rosalyn	unatt/Glanmire	F	10:42.6	7	171
172	0:54:47	BIEGANOWSKA, Marta	unatt/Bandon	F	10:57.2	120	172
173	0:54:47	ANDRZEJEWSKI, Artur	unatt/Bandon	M	10:57.2	119	173

*Organised by Bandon Athletic Club*

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