

# Munster Masters & Senior Indoor T&F 2015

January 18th, Nenagh Olympic AC Arena

sponsored by MMI, [www.mmi.ie](http://www.mmi.ie)

enquiries to : [indoorsecretary@munsterathletics.com](mailto:indoorsecretary@munsterathletics.com)

## 60m Hurdles

	Name	Club	Category	Time	
1	Shannen Dawkins	St Josephs AC	FS	NT	Guest
2	Leanne Prout	Carrick-on-Suir AC	FS	NT	
3	Lorraine Carr	Leevale AC	FS	NT	

## 60m

	Name	Club	Category	Time	
1	Shona Lowe	Leevale AC	FS	8.04	
2	Emily Nolan	Carrick-on-Suir AC	FS	8.21	
3	Rebekah O'Connell	Liscarroll AC	FS	8.45	
4	EIMEAR LYNCH	Newport AC	FS	8.46	
5	Genieve Rowland	Templemore AC	FS	8.94	
6	Caitríona Farrell	An Brú AC	FS	9.59	
1	Mary Tobin	Dooneen AC	F35	9.68	
2	Diane Curran	Dooneen AC	F35	9.85	
3	MARY CAHILL	Ennis Track AC	F35	10.07	
1	Martha O'Sullivan	Dooneen AC	F40	9.55	
1	Sheila O Donoghue	Gneeveguilla AC	F45	9.30	
2	Paula murphy	Dooneen AC	F45	9.73	
3	HILDA O CONNOR	Ennis Track AC	F45	9.93	
4	Susan Taylor	St Cronans AC	F45	10.46	
5	Suzanne McConway	St Cronans AC	F45	10.62	
6	Vera Meyler	Menapians AC	F45	10.85	Guest
7	Eileen O Rirdan	Gneeveguilla AC	F45	11.02	
1	Hazel Galloway	Clonmel AC	F55	10.10	
1	Siobhán Doyle	Menapians AC	F50	11.02	Guest
1	Mary Barry	Grange Fermoy AC	F65	13.40	
1	Terri Gough	West Waterford AC	F70	14.40	

60m				
Name	Club	Category	Time	

Heat 1						
1	Marcus Lawler	St. Laurence O'Tooles AC	MS	7.08	Q	Guest
2	Kaodi Ogbene	Leevale AC	MS	7.19	Q	
3	Eoin Muldowney	Castlecomer	MS	7.22	Q	Guest
4	Neil Heffernan	Leevale AC	MS	7.28	q	
5	PATRICK LYNCH	Newport AC	MS	7.49		
6	Liam Mulcahy	Leevale AC	MS	7.49		
7	Damien Hickey	Abbey Striders AC	MS	7.56		
8	Amir Dawood	Naas AC	MS	7.75		Guest
9	Declan Owens	Mayo AC	MS	8.26		Guest

Heat 2						
1	Cormac Lynch	Marian AC	MS	7.17	Q	
2	Raymond Walsh	Abbey Striders AC	MS	7.21	Q	
3	Robert Bennett	CIT AC	MS	7.35	Q	
4	Conor Durnin	St Peters AC	MJ	7.45	q	Guest
5	Adam Murphy	St. Laurence O'Tooles AC	MS	7.50		Guest
6	Wesley Olivero	Leevale AC	MS	7.56		
7	Roland Pika	Limerick	MS	7.75		
8	Dara O'Carroll	MSB AC	MS	7.81		Guest

A Final						
1	Marcus Lawler	St. Laurence O'Tooles AC	MS	7.04		Guest
2	Cormac Lynch	Marian AC	MS	7.14		
3	Raymond Walsh	Abbey Striders AC	MS	7.16		
4	Eoin Muldowney	Castlecomer	MS	7.19		Guest
5	Robert Bennett	CIT AC	MS	7.29		
6	Kaodi Ogbene	Leevale AC	MS	7.32		
7	Neil Heffernan	Leevale AC	MS	7.36		

B Final						
1	Amir Dawood	Naas AC	MS	7.32		Guest
2	Adam Murphy	St. Laurence O'Tooles AC	MS	7.38		Guest
3	Liam Mulcahy	Leevale AC	MS	7.45		
4	PATRICK LYNCH	Newport AC	MS	7.51		
5	Wesley Olivero	Leevale AC	MS	7.54		
6	Damien Hickey	Abbey Striders AC	MS	7.56		
7	Declan Owens	Mayo AC	MS	8.45		Guest

60m				
Name	Club	Category	Time	

1	Brendan Leahy	Waterford AC	M35	7.73		
2	Kenneth Lee	Templemore AC	M35	7.86		
3	Adrian McGinley	Templemore AC	M35	7.93		
4	Danny Meaney	Templemore AC	M35	7.98		
5	Glen Scullion	Mid Ulster AC	M35	8.06		Guest
6	Declan O' Mahoney	Youghal AC	M35	8.16		
7	John Demspey	West Waterford AC	M35	8.35		
8	Ronan Foley	Togher AC	M35	8.42		

1	John Corr	Leevale AC	M40	7.57		
2	Anthony Greaney	An Ríocht AC	M40	7.66		
3	Paudie Barron	St Josephs AC	M40	7.94		Guest
4	Stephen Lappin	Dooneen AC	M40	8.02		
5	DONNACHA DENNEHY	Rising Sun AC	M40	8.27		
6	Mark Burke	Moyglass AC	M40	8.67		
7	Tomas O'Shea	Liscarroll AC	M40	8.82		

**60m**

	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Trevor White	St Cronans AC A.C	M45	8.35	
2	Finbarr Whelan	Liscarroll AC	M45	8.36	
3	ALEX CONWAY	Ennis Track AC	M45	8.49	
4	Andy Minogue	Dooneen AC	M45	8.87	
1	Jimmy O'Neill	Menapians AC	M50	8.17	Guest
2	John Quinn	Fanahan McSweeney AC	M50	8.32	
3	Noel Galvin	West Muskerry	M50	8.99	
4	Richard Butler	Ballynonty AC	M50	9.02	
5	Gerard Leahy	Liscarroll AC	M50	9.04	
6	Timmy Ryan	Dooneen AC	M50	9.45	
1	Pat Power	St Josephs AC	M55	8.47	Guest
2	John Murphy	Liscarroll AC	M55	8.72	
1	James O'Hare	Limerick AC	M60	8.77	
2	Seamus Fox	Fanahan McSweeney AC	M60	9.63	
1	BRENDAN DENNEHY	Rising Sun AC	M65	8.72	
2	Bernie O'Neill	Clonmel AC	M65	8.99	
3	John Rice	Grange Fermoy AC	M65	11.44	
1	Con O'Donovan	Rising Sun AC	M70	9.48	
2	JIM O SHEA	Farranfore Maine Valley AC	M70	9.75	
3	Jerry O'Connell	Limerick Country Club	M70	11.63	

**200m**

	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Shona Lowe	Leevale AC	FS	26.83	
2	Jess Neville	Leevale AC	FS	26.87	
3	Emily Nolan	Carrick-on-Suir AC	FS	27.86	
4	Kate Ivory	Liscarroll AC	FS	29.31	
1	Mary Tobin	Dooneen AC	F35	32.25	
2	Diane Curran	Dooneen AC	F35	32.85	
3	MARY CAHILL	Ennis Track AC	F35	33.36	
4	MICHELLE TIMONEY REEVES	Ennis Track AC	F35	34.17	
1	Martha O'Sullivan	Dooneen AC	F40	34.97	
1	Sheila O Donoghue	Gneeveguilla AC	F45	33.12	Heat 1
2	Paula murphy	Dooneen AC	F45	33.46	Heat 2
3	HILDA O CONNOR	Ennis Track AC	F45	34.97	Heat 1
4	Suzanne McConway	St Cronans AC	F45	38.03	Heat 2
5	Vera Meyler	Menapians AC	F45	39.93	Heat 2
6	Susan Taylor	St Cronans AC	F45	40.23	Heat 1
7	Eileen O Rirdan	Gneeveguilla AC	F45	42.32	Heat 2
1	Siobhán Doyle	Menapians AC	F50	36.85	Guest
2	Kitty Buckley	St Finbarrs AC	F50	42.33	
1	Hazel Galloway	Clonmel AC	F55	34.87	
2	MARION O'LOUGHLIN	Ennis Track AC	F55	42.06	
1	Carmel McDomhnail	West Limerick AC	F60	40.19	
2	Marion Lyons	St Finbarrs AC	F60	42.88	
3	Margaret Heffernan	Liscarroll AC	F60	53.54	

**200m**

	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>		
1	Mary Barry	Grange Fermoy AC	F65	51.79		
1	Terri Gough	West Waterford AC	F70	49.84		
1	Marcus Lawler	St. Laurence O'Tooles AC	MS	22.45	Heat 4	Guest
2	Adam Murphy	St. Laurence O'Tooles AC	MS	23.32	Heat 3	Guest
3	Cormac Lynch	Marian AC	MS	23.46	Heat 3	
4	Lorcan O Connor	Emerald AC	MS	23.54	Heat 4	
5	Paul White	Nenagh Olympic AC	MS	23.60	Heat 4	
6	Stephen Walsh	Ferrybank AC	MS	23.65	Heat 4	
7	Kaodi Ogbene	Leevale AC	MS	23.95	Heat 2	
8	John Fitzsimons	Kildare AC	MS	23.99	Heat 1	Guest
9	Robert Bennett	CIT AC	MS	24.03	Heat 1	
10	PATRICK LYNCH	Newport AC	MS	24.51	Heat 1	
11	Kevin Migge	Naas AC	MS	24.59	Heat 2	Guest
12	Wesley Olivero	Leevale AC	MS	24.74	Heat 3	
13	Damien Hickey	Abbey Striders AC	MS	DQ	Heat 2	
1	Brendan Leahy	Waterford AC	M35	25.17		
2	Adrian McGinley	Templemore AC	M35	26.00		
3	Ronan Foley	Togher AC	M35	28.02		
1	Stephen Lappin	Dooneen AC	M40	25.81	Heat 1	
2	Kevin Lynch	Lios Tuathail AC	M40	25.88	Heat 2	
3	Micheal Dennehy	Rising Sun AC	M40	27.50	Heat 2	
4	Artur Novak	St Brendans AC	M40	27.97	Heat 1	
5	Tomas O'Shea	Liscarroll AC	M40	28.60	Heat 2	
6	Liam Coughlan	Liscarroll AC	M40	32.55	Heat 1	
1	Trevor White	St Cronans AC A.C	M45	27.37		
2	JOHN MURPHY	Ennis Track AC	M45	28.45		
3	Finbarr Whelan	Liscarroll AC	M45	29.02		
1	Jimmy O'Neill	Menapians AC	M50	27.31	Heat 2	Guest
2	John Quinn	Fanahan McSweeney AC	M50	28.01	Heat 2	
3	Adrian Young	Templemore AC	M50	30.27	Heat 1	
4	Timmy Ryan	Dooneen AC	M50	30.55	Heat 1	
5	Gerard Leahy	Liscarroll AC	M50	31.12	Heat 1	
1	John Murphy	Liscarroll AC	M55	28.75		
1	Joe Gough	West Waterford AC	M60	28.96		
2	James O'Hare	Limerick AC	M60	29.84		
3	Seamus Fox	Fanahan McSweeney AC	M60	33.01		
4	Eddie Barry	St Finbarrs AC	M60	37.05		
1	Paddy Shelly	Ballynonty AC	M65	37.75		
1	Con O'Donovan	Rising Sun AC	M70	34.72		
2	Jerry O'Connell	Limerick Country Club	M70	40.44		
1	JOE HOGAN	Rising Sun AC	M75	1.19.15		

**400m**

	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>		
1	Sophie Becker	St Josephs AC	FS	60.14	Heat 1	Guest
2	Leanne Prout	Carrick-on-Suir AC	FS	60.12	Heat 2	
3	Aoife Delargey	Nenagh Olympic AC	FS	60.65	Heat 1	
4	Andrea Bickerdike	Leevale AC	FS	61.05	Heat 1	
5	Jess Neville	Leevale AC	FS	61.07	Heat 2	
6	EIMEAR LYNCH	Newport AC	FS	61.92	Heat 2	
7	Lorraine Carr	Leevale AC	FS	67.54	Heat 1	
1	Stephen Walsh	Ferrybank AC	MS	52.16	Heat 2	
2	Paul White	Nenagh Olympic AC	MS	52.46	Heat 1	
3	Michael Quilligan	Nenagh Olympic AC	MS	52.71	Heat 2	
4	Lorcan O Connor	Emerald AC	MS	53.50	Heat 3	
5	Liam O'Brien	Togher AC	MS	53.80	Heat 3	
6	Dara O'Carroll	MSB AC	MS	55.63	Heat 4	Guest

**800m**

	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>		
1	Margaret Mary Grace	Nenagh Olympic AC	FS	2.30.14		
1	Mary Tobin	Dooneen AC	F35	2.30.84		
2	MARY CAHILL	Ennis Track AC	F35	2.40.19		
3	HELEN O HANLON	Ennis Track AC	F45	2.42.49		
4	Anna O'Neill	Dohenys AC	F45	2.51.80		
5	Susan Taylor	St Cronans AC	F45	3.09.70		
1	Kitty Buckley	St Finbarrs AC	F50	3.20.00		
1	MARION O'LOUGHLIN	Ennis Track AC	F55	3.29.54		
1	Carmel McDomhnail	West Limerick AC	F60	2.58.38		
2	Marion Lyons	St Finbarrs AC	F60	3.25.20		
1	Peter Hanrahan	Togher AC	MS	1.59.38	Heat 1	
2	Damien Landers	St Johns AC	MS	1.59.58	Heat 1	
3	William Maunsell	Clonmel AC	MS	2.01.54	Heat 2	
4	Tom Hennessy	Nenagh Olympic AC	MS	2.01.72	Heat 1	
5	Denis Coughlan	St Finbarrs AC	MS	2.02.11	Heat 1	
6	MICHEAL KEANE	Ennis Track AC	MS	2.03.32	Heat 2	
7	Ian Tivy	Togher AC	MS	2.04.92	Heat 1	
8	Mark McBrearty	Lifford AC	MS	2.10.81	Heat 2	
9	Shane O'Sullivan	Leevale AC	MS	2.16.31	Heat 2	
10	Shane O'Rahilly	North Cork AC	MS	DNF	Heat 2	
1	Gary Madden	Derg AC	M35	2.17.92		
2	JOHN MOLONEY	Ennis Track AC	M35	2.18.65		
3	Brian O Sullivan	Limerick AC	M35	2.22.31		
1	Kevin Lynch	Lios Tuathail AC	M40	2.06.45		
2	Finbarr O'Dwyer	Leevale AC	M40	2.09.54		
3	dermot kearns	Dooneen AC	M40	2.12.92		
4	JOHN CONROY	Ennis Track AC	M40	2.22.61		
5	Raymond McInerney	Limerick AC	M40	2.32.88		
1	Paschal Halley	Waterford AC	M45	2.19.11		
2	John White	St Michaels	M45	2.21.03	Guest	
3	Pat O'Riordan	Limerick AC	M45	2.24.45		
4	PJ Doyle	Sli Cualann AC	M45	2.57.88	Guest	

<b>800m</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	JEROME FOLEY	Farranfore Maine Valley AC	M50	2.28.10	
2	PAT MORRISSEY	Ennis Track AC	M50	2.28.47	
3	Mark Bickerdike	Leevale AC	M50	2.32.33	
4	Bernard Feery	Fethard AC	M50	2.38.54	
5	MICHAEL CLUNE	Ennis Track AC	M50	2.40.27	
5	Dave Percival	Menapians AC	M50	2.54.48	Guest
6	JIMMY DOYLE	Ennis Track AC	M50	2.57.71	
1	Eugene Moynihan	Marian AC	M55	2.28.63	
2	Michael Quinlivan	Tulla AC	M55	2.46.38	
3	James Sexton	Kilmurry Ibk./Nth. Clare AC	M55	2.49.44	
4	Peadar McGing	Dundrum South Dublin AC	M55	2.55.80	Guest
1	Joe Gough	West Waterford AC	M60	2.28.46	
1	Paddy Shelly	Ballynonty AC	M65	3.12.54	
2	SEAN WHELAN	Ennis Track AC	M65	3.25.21	
1	JOE HOGAN	Rising Sun AC	M75	4.13.15	

<b>1500m</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Amy O'Donoghue	Emerald AC	FS	4.39.87	
2	Carol Finn	Leevale AC	FS	4.42.32	
3	Maria McCarthy	Farranfore Maine Valley AC	FS	4.42.61	
4	Andrea Bickerdike	Leevale AC	FS	5.02.48	
5	Niamh Allen	UCC AC	FS	5.06.64	
1	HELEN O HANLON	Ennis Track AC	F45	5.11.16	
2	Susan Taylor	St Cronans AC	F45	6.21.64	
1	Carmel McDomhnail	West Limerick AC	F60	5.58.96	
2	Marion Lyons	St Finbarrs AC	F60	6.51.67	
3	MARION O'LOUGHLIN	Ennis Track AC	F55	7.11.12	
1	Damien Landers	St Johns AC	MS	4.21.24	
2	John Shine	Leevale AC	MS	4.21.44	
3	John Collins	Skibbereen AC	MS	4.22.72	
4	Elton Heffernan	Togher AC	MS	4.25.22	
5	Craig Harrington	Togher AC	MS	4.39.99	
6	Joey Feery	Fethard AC	MS	4.51.85	
1	Larry Arthur	Derg AC	M35	4.36.06	
2	JOHN MOLONEY	Ennis Track AC	M35	4.48.05	
3	Brian O Sullivan	Limerick AC	M35	5.00.45	
1	Finbarr O'Dwyer	Leevale AC	M40	4.38.45	
2	Keith Daly	Limerick AC	M40	4.38.96	
3	shane larkin	Dooneen AC	M40	4.57.80	
4	JOHN CONROY	Ennis Track AC	M40	4.59.33	
1	JOHN MURPHY	Ennis Track AC	M45	5.12.02	
2	Michael O'Grady	Sportsworld AC	M45	5.14.02	Guest

<b>1500m</b>				
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>
1	Harry O'Brien	West Waterford AC	M50	4.50.85
2	Michael Kelly	Derg AC	M50	4.58.96
3	Mark Bickerdike	Leevale AC	M50	5.04.86
4	Bernard Feery	Fethard AC	M50	5.18.25
5	Neilie Hall	Ballynonty AC	M50	5.47.95
6	JIMMY DOYLE	Ennis Track AC	M50	6.07.91
1	Eugene Moynihan	Marian AC	M55	5.06.43
2	Michael Quinlivan	Tulla AC	M55	5.39.88
3	James Sexton	Kilmurry Ibk./Nth. Clare AC	M55	5.42.07
1	Joe Gough	West Waterford AC	M60	5.50.03
2	Eddie Barry	St Finbarrs AC	M60	6.17.96
1	Paddy Shelly	Ballynonty AC	M65	6.41.48

<b>3000m</b>				
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>
1	Niamh Moore	UCC AC	F23	10.28.42
1	Maria McCarthy	Farranfore Maine Valley AC	FS	10.29.70
2	Aisling Moran	Leevale AC	FS	10.33.86
3	Niamh Roe	St Finbarrs AC	FS	10.35.13
4	Sharon Rynne	Kilmurry Ibk./Nth. Clare AC	FS	10.57.03
5	Noreen Mackey	Kilmurry Ibk./Nth. Clare AC	FS	11.48.52
1	Anna O'Neill	Dohenys AC	F45	11.26.40
1	Mary Gaynor	Menapians AC	F50	13.08.22
2	Kitty Buckley	St Finbarrs AC	F50	13.21.60
1	Shane O'Rahilly	North Cork AC	M23	
2	Robert Purcell	Gneeveguilla AC	M23	
1	William Maunsell	Clonmel AC	MS	
2	James Grufferty	Leevale AC	MS	
3	Eric Curran	Leevale AC	MS	
4	Anthony Mannix	Leevale AC	MS	
5	Joey Feery	Fethard AC	MS	
1	Stuart Moloney	Mooreabbey Milers AC	M35	
2	Larry Arthur	Derg AC	M35	
3	Tony Harty	An Ríocht AC	M35	
4	Niall O Riordan	West Limerick AC	M35	
5	Frank O'Carroll	East Cork AC	M35	
6	Patrick Roche	Carrick-on-Suir AC	M35	
1	David Ryan	Clonmel AC	M40	9.37.40
2	Gary Egan	An Brú AC	M40	9.57.49
3	Keith Daly	Limerick AC	M40	10.04.48
4	tony fitzgerald	Dooneen AC	M40	10.29.04
5	AIDAN HOGAN	Rising Sun AC	M40	10.38.67
6	FERGAL MCGRATH	Ennis Track AC	M40	12.00.09
1	Rbbert Purcell	Gneeveguilla AC	M45	10.01.28
2	JOHN MURPHY	Ennis Track AC	M45	10.51.31
3	James Ryan	Eagle AC	M45	11.31.87

**3000m**

	Name	Club	Category	Time
1	Michael Kelly	Derg AC	M50	10.41.73
2	PAT MORRISSEY	Ennis Track AC	M50	10.46.01
3	Ray Haesy	West Waterford AC	M50	10.46.73
4	joe chawke	Dooneen AC	M50	10.47.71
5	Bernard Feery	Fethard AC	M50	10.50.58
6	Michael Moore	Dundrum A.C.	M50	10.53.04
7	John Desmond	Eagle AC	M50	11.08.04
8	MICHAEL CLUNE	Ennis Track AC	M50	11.15.13
9	Neilie Hall	Ballynonty AC	M50	12.07.34
1	Eugene Moynihan	Marian AC	M55	10.38.97
2	James Sexton	Kilmurry Ibk./Nth. Clare AC	M55	12.02.07
3	Mick Delahunty	Templemore AC	M55	12.16.97
1	Marthin Loughnane	Templemore AC	M60	11.26.41
1	Paddy Shelly	Ballynonty AC	M65	12.21.60
2	SEAN WHELAN	Ennis Track AC	M65	13.30.91
1	Flor O'Leary	St Finbarrs AC	M80	

**3K Walks**

	Name	Club	Category	Time
1	Lauren Whelan	Leevale AC	FS	NT
1	Angharad Loughnane	Marian A.C.	FJ	17.45.95
2	Jodie Cusack	Liscarroll AC	FJ	17.58.95
3	Chloe Lynch	Clonmel AC	FJ	NT
4	Alyx Dwyer	Clonmel AC	FJ	NT

**5K Walks**

	Name	Club	Category	Time
1	Aaron Egan	Clonmel AC	MJ	22.54.85
2	Anthony Tobin	Clonmel AC	MJ	23.07.00
1	Luke Hickey	Leevale AC	M23	21.03.86
2	Evan Lynch	Clonmel AC	M23	21.10.51
1	Alex Wright	Leevale AC	MS	19.41 H
2	Brendan Boyce	Letterkenny AC	MS	20.48.69
3	Neilie Hall	Ballynonty AC	MS	23.54.11

Guest

**Relays 4 x 200m****Junior Women**

1	Nenagh Olympic AC
2	Liscarroll AC

**Senior Men**

1	Emerald AC
2	Nenagh Olympic AC

**Masters Women**

1	Dooneen AC	2.12.5 H
2	Ennis Track AC	2.16.6 H



**Relays 4 x 200m****Masters Men**

1	Templemore AC	1.51.8 H
2	Rising Sun AC	1.52.6 H
3	Liscarroll AC	1.57.9 H
4	Dooneen AC	1.58.6 H

**Master Men Intercounty O50**

1	Liscarroll AC
---	---------------

**Long Jump**

	Name	Club	Category	Time	
1	Genieve Rowland	Templemore AC	FS	4.49 m	
2	Anna Walsh	Liscarroll AC	FS	4.31 m	
3	Aoife O Malley	Bilboa A.C	FS	3.91 m	
1	MARY CAHILL	Ennis Track AC	F35	3.74 m	
1	Martha O'Sullivan	Dooneen AC	F40	3.56 m	
1	Sheila O Donoghue	Gneeveguilla AC	F45	3.81 m	
2	HILDA O CONNOR	Ennis Track AC	F45	3.31 m	
3	Eileen O Rirdan	Gneeveguilla AC	F45	2.18 m	
1	Marie Coughlan	Kilmihil A.C.	F60	2.27 m	
1	Mary Barry	Grange Fermoy AC	F65	2.18 m	
1	Darren Prout	Carrick-on-Suir AC	MS	6.21 m	
2	Roland Pika	Limerick AC	MS	6.14 m	
1	Danny Meaney	Templemore AC	M35	5.46 m	
2	Breandán Dennehy	Rising Sun AC	M35	5.32 m	
3	Adrian McGinley	Templemore AC	M35	5.19 m	
4	Glen Scullion	Mid Ulster AC	M35	5.00 m	
5	Declan O' Mahoney	Youghal AC	M35	4.90 m	
6	John Demspey	West Waterford AC	M35	4.81 m	
1	Tomás Griffin	An Ríocht AC	M40	5.88 m	
2	DONNACHA DENNEHY	Rising Sun AC	M40	4.89 m	
3	Artur Novak	St Brendans AC	M40	4.45 m	
4	Tomas O'Shea	Liscarroll AC	M40	4.45 m	
5	Mark Burke	Moyglass AC	M40	4.32 m	
6	AIDAN HOGAN	Rising Sun AC	M40	3.73 m	
1	Paschal Halley	Waterford AC	M45	5.05 m	
2	PJ Doyle	Sli Cualann AC	M45	2.10 m	Guest
1	Adrian Young	Templemore AC	M50	4.09 m	
2	Noel Galvin	West Muskerry	M50	3.75 m	
3	Neilie Hall	Ballynonty AC	M50	3.70 m	
1	Pat Power	St Josephs AC	M55	1.49 m	
2	Peadar McGing	Dundrum South Dublin AC	M55	4.16 m	Guest
3	John Murphy	Liscarroll AC	M55	4.14 m	
1	Seamus Fox	Fanahan McSweeney AC	M60	4.05 m	
2	Willie O'Toole	St Laurence O'Tooles AC	M60	3.88 m	Guest

<b>Long Jump</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Brendan Dennehy	Rising Sun AC	M65	4.15 m	
2	Bernie O'Neill	Clonmel AC	M65	3.51 m	
1	Jim O'Shea	Farranfore Maine Valley AC	M70	3.91 m	
2	Con O'Donovan	Rising Sun AC	M70	3.32 m	
3	Jerry O'Connell	Limerick Country Club	M70	2.16 m	

<b>Pole Vault</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Megan O'Connor	West Waterford	FJ	2.80 m	
2	Ellen Larkin	Emerald AC	FJ	2.65 m	
3	Una Samuels	Leevale AC	FJ	2.50 m	
4	Molly Healy	Leevale AC	FJ	2.35 m	
5	Aoife Tierney	Nenagh Olympic AC	FJ	2.35 m	
1	Laura Cussen	Old Abbey A C	FS	2.50 m	
1	Yuri Kanash	West Waterford AC	MJ	4.30 m	
2	Jamie Fennell	West Waterford AC	MJ	3.60 m	
3	Des Kelleher	Leevale AC	MJ	2.50 m	

<b>High Jump</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Shannen Dawkins	St Josephs AC	FS	1.60 m	Guest
1	David Cussen	Old Abbey A C	MS	1.90 m	
2	Siomon Archer	Templemore AC	MS	1.80 m	
3	De Kelleher	Leevale AC	MS	1.65 m	
1	Breandán Dennehy	Rising Sun AC	M35	1.55 m	
2	Kevin Shorthall	Templemore AC	M35	1.55 m	
3	Adrian McGinley	Templemore AC	M35	1.50 m	
4	MARTIN CURLEY	Ennis Track AC	M35	1.50 m	
1	DONNACHA DENNEHY	Rising Sun AC	M40	1.60 m	
2	Artur Novak	St Brendans AC	M40	1.60 m	
3	Mark Burke	Moyglass AC	M40	1.55 m	
4	Micheal Dennehy	Rising Sun AC	M40	1.40 m	
5	AIDAN HOGAN	Rising Sun AC	M40	1.35 m	
1	Finbarr Whelan	Liscarroll AC	M45	1.30 m	
1	Richard Butler	Ballynonty AC	M50	1.40 m	
2	Neilie Hall	Ballynonty AC	M50	1.20 m	
1	Seamus Fox	Fanahan McSweeney AC	M60	1.25 m	
1	John Murphy	Liscarroll AC	M55	1.55 m	
2	Peadar McGing	Dundrum South Dublin AC	M55	1.40 m	Guest
1	BRENDAN DENNEHY	Rising Sun AC	M65	1.25 m	
2	Noel Monteith	Borrisokane AC	M65	1.00 m	
3	John Rice	Grange Fermoy AC	M65	1.00 m	
1	JIM O SHEA	Farranfore Maine Valley AC	M70	1.30 m	

<b>Triple Jump</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Fiona O Shea	Dooneen AC	FJ	10.88 m	
2	Grace Furlong	Waterford AC	FJ	10.17 m	
1	Sophie Becker	St Josephs AC	FS	9.36 m	Guest
2	Aoife O Malley	Bilboa A.C	FS	8.54 m	
1	Conor Durnin	St Peters AC	MJ	13.30 m	Guest
1	Niall Counihan	Dooneen AC	MS	13.64 m	

<b>Shot</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Alana Frattaroli	Limerick Athletic Club	FS	12.05 m	
2	Genieve Rowland	Templemore AC	FS	9.11 m	
3	Aoife O Malley	Bilboa A.C	FS	8.11 m	
4	Jodie Cusack	Liscarroll AC	FS	6.70 m	
1	Martha O'Sullivan	Dooneen AC	F40	7.04 m	
2	Mary Moroney	Nenagh Olympic AC	F40	5.72 m	
1	Sheila O Donoghue	Gneeveguilla AC	F45	10.27 m	
2	Eileen O Riordan	Gneeveguilla AC	F45	8.28 m	
3	Suzanne McConway	St Cronans AC	F45	4.74 m	
1	Marie Coughlan	Kilmihil A.C.	F60	5.32 m	
2	Margaret Heffernan	Liscarroll AC	F60	5.17 m	
1	Mary Barry	Grange Fermoy AC	F65	3.43 m	
1	Terri Gough	West Waterford	F70	5.84 m	
1	Seamus McMahon	Shannon AC	MS	9.84 m	
2	Paul Keating	Liscarroll AC	MS	8.97 m	
1	John Leahy	Kilmurry Ibk./Nth. Clare AC	M35	12.13 m	
2	Tom Bouchier	Ferrybank AC	M35	10.53 m	
3	Paul Askins	Dooneen AC	M35	6.05 m	
1	joe Kenny	Templemore AC	M40	9.48 m	
2	Artur Novak	St Brendans AC	M40	9.16 m	
3	Micheal Dennehy	Rising Sun AC	M40	7.51 m	
4	AIDAN HOGAN	Rising Sun AC	M40	7.35 m	
5	Shane McLoughlin	Shercock	M40	6.76 m	Guest
6	Liam Coughlan	Liscarroll AC	M40	6.64 m	
1	Peter Ryan	Nenagh Olympic AC	M45	10.54 m	
2	ALEX CONWAY	Ennis Track AC	M45	10.45 m	
3	Dave Frattaroli	Limerick Athletic Club	M45	9.85 m	
4	Finbarr Whelan	Liscarroll AC	M45	7.67 m	
5	PJ Doyle	Sli Cualann AC	M45	5.19 m	Guest
1	Martin Fitzpatrick	St Marys CI ACare	M55	10.12 m	
2	Pat Kennedy	Ferrybank AC	M55	9.84 m	
3	Peadar McGing	Dundrum South Dublin AC	M55	8.55 m	Guest
1	William O'Toole	St Laurence O'Tooles AC	M60	10.29 m	
2	James O'Hare	Limerick AC	M60	9.88 m	

<b>Shot</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Michael Kelly	Nenagh Olympic AC	M65	10.20 m	
2	Noel Monteith	Borrisokane AC	M65	8.55 m	
3	John Rice	Grange Fermoy AC	M65	7.80 m	
4	Bernie O'Neill	Clonmel AC	M65	7.40 m	
5	Micheal McCormack	Fethard AC	M65	6.97 m	
1	Con O'Donovan	Rising Sun AC	M70	7.76 m	
2	Jerry O'Connell	Limerick Country Club	M70	6.61 m	
1	JOE HOGAN	Rising Sun AC	M75	6.75 m	
1	Michéal O'Beirne	Dundrum A.C.	M80	4.45 m	

<b>Weight for Distance 56 lb</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	John O Dwyer	Templemore AC	MS	7.40 m	
2	Paul Keating	Liscarroll AC	MS	3.89 m	
1	John Leahy	Kilmurry Ibk./Nth. Clare AC	M35	5.99 m	
2	Tom Bouchier	Ferrybank AC	M35	5.84 m	
3	Danny Meaney	Templemore AC	M35	5.68 m	
1	Anthony Greaney	An Ríocht AC	M40	5.98 m	
2	Micheal Dennehy	Rising Sun AC	M40	5.00 m	
3	AIDAN HOGAN	Rising Sun AC	M40	4.51 m	
1	Peter Ryan	Nenagh Olympic AC	M45	7.00 m	
2	Anthony Carolan	Nenagh Olympic AC	M45	6.05 m	
3	PJ Doyle	Sli Cualann AC	M45	2.71 m	Guest

<b>Weight for Distance 35 lb</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Seamus McMahon	Shannon AC	MJ	7.56 m	
1	Martin Fitzpatrick	St Marys CI AC	M55	9.68 m	
2	Pat Kennedy	Ferrybank AC	M55	7.45 m	
1	William O'Toole	St Laurence O'Tooles AC	M60	7.64m	Guest
2	James O'Hare	Limerick AC	M60	5.21 m	
1	John Rice	Grange Fermoy	M65	7.30 m	
2	Tom Jones	Templemore AC	M65	6.74 m	
3	Michael Kelly	Nenagh Olympic AC	M65	6.34 m	
4	Noel Monteith	Borrisokane	M65	5.18 m	
5	Micheal McCormack	Fethard AC	M65	4.14 m	

<b>Weight for Distance 28 lb</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Jerry O'Connell	Limerick Country Club	M70	4.96 m	
1	JOE HOGAN	Rising Sun AC	M75	5.40 m	

<b>Weight for Distance 4KG</b>					
	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Time</b>	
1	Micheal O'Beirne	Dundrum AC	M80	3.01 m	