

Ballycotton Summer Road Race Series 2015**SHANAGARRY '5'**

Thursday 25 June 2015. 8:00pm

Place	Time	Name	Team	Race Age Category	min/mile		
1	0:25:19	HARTY, Michael	East Cork AC	M	05:03.7	1	1
2	0:26:31	MEADE, John	St. Finbarrs AC	M	05:18.1	628	2
3	0:26:38	HEFFERNAN, Elton	unatt/Cork	M	05:19.5	618	3
4	0:26:48	MOLLOY, Darren	Leevale AC	M	05:21.5	3	4
5	0:26:57	MCGRATH, Sean	East Cork AC	M	05:23.3	2	5
6	0:27:06	SMITH, Danny	Ballynonty AC	M	05:25.1	359	6
7	0:27:44	O'S-HOURIHAN, Josh	Leevale AC	M	05:32.7	4	7
8	0:27:49	LEHANE, Alan	St. Finbarrs AC	M	05:33.7	18	8
9	0:27:57	HOULIHAN, Michael	St. Finbarrs AC	M	05:35.3	5	9
10	0:28:28	CURRAN, Thomas	Youghal AC	M	05:41.5	26	10
11	0:28:33	SHEEHAN, Nigel	Youghal AC	M	05:42.5	6	11
12	0:28:37	HENNESSY, John	East Cork AC	M40	05:43.3	684	12
13	0:29:01	O'CALLAGHAN, John	Eagle AC	M40	05:48.1	9	13
14	0:29:02	KEOGH, Mossy	West Waterford AC	M	05:48.3	365	14
15	0:29:09	COAKLEY, Donal	Leevale AC	M	05:49.7	372	15
16	0:29:12	GOLDEN, Conor	Leevale AC	M	05:50.3	13	16
17	0:29:13	CROWLEY, Bryan	Watergrasshill AC	M40	05:50.5	8	17
18	0:29:14	HARRINGTON, Shane	East Cork AC	M	05:50.7	14	18
19	0:29:14	DALY, Noel	Mallow AC	M40	05:50.7	17	19
20	0:29:18	HARTY, Brian	Midleton AC	M	05:51.5	22	20
21	0:29:24	FOLEY, Vivian	Eagle AC	M45	05:52.7	7	21
22	0:29:26	MCGRATH, Ian	unatt/Newtownmountkennedy	M40	05:53.1	616	22
23	0:29:40	CURTIN, Martin	St. Finbarrs AC	M	05:55.9	30	23
24	0:29:47	LYONS, Dave	Mallow AC	M	05:57.3	10	24
25	0:29:56	KENNY, Mark	unatt/Longford	M	05:59.1	649	25
26	0:29:58	SPITERI, Paul	Midleton AC	M	05:59.5	16	26
27	0:30:03	O'DUBHGAIN, Pdraig	Leevale AC	M	06:00.5	25	27
28	0:30:07	TEAHAN, Conor	St. Finbarrs AC	M	06:01.3	21	28
29	0:30:10	WALSH, Sean	unatt/Ladysbridge	M	06:01.9	15	29
30	0:30:14	COTTER, Paul	Eagle AC	M40	06:02.7	27	30
31	0:30:16	O'CALLAGHAN, Paul	unatt/Cork	M	06:03.1	12	31
32	0:30:20	MURPHY, David	unatt/Midleton	M	06:03.9	37	32
33	0:30:21	COTTER, Kevin	unatt/Conna	M	06:04.1	56	33
34	0:30:22	CREMIN, Michael	Leevale AC	M	06:04.3	646	34
35	0:30:23	KENNEALLY, Damien	Eagle AC	M	06:04.5	28	35
36	0:30:30	TIERNEY, Conor	East Cork AC	M	06:05.9	24	36
37	0:30:34	MAUNSELL, Francis	Midleton AC	M40	06:06.7	35	37
38	0:30:39	O'REGAN, Morgan	Midleton AC	M	06:07.7	32	38
39	0:30:43	MACKEOWN, Rosaleen	Leevale AC	F40	06:08.5	401	39
40	0:30:47	CALLANAN, James	unatt/Cork	M45	06:09.3	52	40
41	0:30:56	MCCARTHY, Denis	East Cork AC	M50	06:11.1	54	41
42	0:31:05	HAYES, Kevin	St. Catherines AC	M40	06:12.9	42	42
43	0:31:09	HENNESSY, Martin	unatt/Shanagarry	M45	06:13.7	71	43
44	0:31:18	O'MAHONY, Patrick	unatt/Cork	M	06:15.5	69	44
45	0:31:20	PENNY, Paul	St. Finbarrs AC	M	06:15.9	23	45
46	0:31:22	BIRMINGHAM, Pdraig	Mallow AC	M40	06:16.3	60	46
47	0:31:23	O'SULLIVAN, Sean	Eagle AC	M	06:16.5	31	47
48	0:31:25	KELLEHER, James	unatt/Cork	M55	06:16.9	39	48
49	0:31:26	SARGENT, Fergal	St. Finbarrs AC	M	06:17.1	33	49
50	0:31:28	O'CONNELL, Chris	St. Catherines AC	M	06:17.5	72	50
51	0:31:30	RYAN, Don	Midleton AC	M40	06:17.9	41	51
52	0:31:33	LINEHAN, Brian	Carraig na bhFear AC	M50	06:18.5	38	52
53	0:31:37	WATSON, Dave	Eagle AC	M	06:19.3	53	53
54	0:31:39	BARRY, Thomas	unatt/Killeagh	M	06:19.7	62	54
55	0:31:40	HERLIHY, Colin	Eagle AC	M40	06:19.9	68	55
56	0:31:41	CASHMAN, John	Midleton AC	M50	06:20.1	46	56
57	0:31:43	MACKAY, Neil	Eagle AC	M40	06:20.5	612	57
58	0:31:45	SANTRY, Fiona	East Cork AC	F	06:20.9	402	58
59	0:31:49	HEAVIN, Aiden	Midleton AC	M	06:21.7	65	59
60	0:31:51	MURRAY-GOOD, James	Old Abbey AC	MJ	06:22.1	371	60
61	0:31:55	CAHILL, Maurice	Youghal AC	M	06:22.9	610	61
62	0:31:57	LANDERS, Brian	Youghal AC	M40	06:23.3	47	62
63	0:31:59	AHERN, Sean	Youghal AC	M	06:23.7	390	63
64	0:32:01	LEVY, David	Eagle AC	M	06:24.1	636	64
65	0:32:03	AHERNE, Neilus	Midleton AC	M55	06:24.5	43	65
66	0:32:08	DUNPHY, Ed	Watergrasshill AC	M	06:25.5	74	66
67	0:32:10	COLLINS, Trevor	Naas AC	M	06:25.9	254	67
68	0:32:13	MCLEAN, Gerard	unatt/Ballycotton	M40	06:26.5	73	68
69	0:32:16	O'CONNOR, Fergal	unatt/Shanagarry	M	06:27.1	621	69

70	0:32:18	CREMIN, Mike	Midleton AC	M	06:27.5	51	70
71	0:32:19	LEONARD, Helen	Leevale AC	F40	06:27.7	403	71
72	0:32:27	O'MAHONY, Stephen	Skibbereen AC	M50	06:29.3	70	72
73	0:32:28	O'BRIEN, Eddie	Grange-Fermoy AC	M40	06:29.5	630	73
74	0:32:32	GRIFFIN, John	unatt/Cobh	M45	06:30.3	49	74
75	0:32:34	O'BRIEN, Sean	Watergrasshill AC	M	06:30.7	635	75
76	0:32:37	KENNEALLY, Jonathan	Eagle AC	M	06:31.3	80	76
77	0:32:38	O'SULLIVAN, Dara	unatt/Cork	M	06:31.5	55	77
78	0:32:42	O'SULLIVAN, Sean	Midleton AC	M45	06:32.3	386	78
79	0:32:43	O'SULLIVAN, Denis	Youghal AC	M50	06:32.5	63	79
80	0:32:48	O'CALLAGHAN, David	Eagle AC	M50	06:33.5	81	80
81	0:32:49	CARROLL, Aoife	Mallow AC	F	06:33.7	407	81
82	0:32:53	BRISTOW, Chris	unatt/Cork	M	06:34.5	64	82
83	0:32:54	POMPHRETT, Eoin	unatt/Aghada	M40	06:34.7	153	83
84	0:32:55	BUCKLEY, Sheila	Midleton AC	F	06:34.9	405	84
85	0:33:06	BYCZEK, Stanislaw	Carrigtwohill AC	M50	06:37.1	87	85
86	0:33:14	CUMMINS, Tony	unatt/Cork	M	06:38.7	91	86
87	0:33:18	DOWDALL, Kris	Midleton AC	M40	06:39.5	84	87
88	0:33:26	KENNEALLY, Sean	unatt/Youghal	M	06:41.1	103	88
89	0:33:27	BUCKLEY, Aidan	Mallow AC	M40	06:41.3	58	89
90	0:33:33	COLLINS, Stephen	Grange-Fermoy AC	M	06:42.5	710	90
91	0:33:33	ISLEY, Ron	unatt/Youghal	M55	06:42.5	94	91
92	0:33:34	O'SULLIVAN, Pat	unatt/Midleton	M45	06:42.7	85	92
93	0:33:37	MURRAY, Ciaran	unatt/Cork	M	06:43.3	138	93
94	0:33:41	CURTIN, Brendan	unatt/Midleton	M40	06:44.1	92	94
95	0:33:42	DALY, Michael	Carraig na bhFear AC	M40	06:44.3	665	95
96	0:33:47	KILMARTIN, Michael	Mallow AC	M40	06:45.3	83	96
97	0:33:51	MCCARTHY, Christopher	Midleton AC	M	06:46.1	104	97
98	0:33:52	O'DWYER, Barry	Midleton AC	M40	06:46.3	78	98
99	0:33:53	BOYLE, Robert	unatt/Cork	M40	06:46.5	116	99
100	0:33:55	O'ROURKE, Orla	Ballymore-Cobh AC	F45	06:46.9	424	100
101	0:33:58	SCANLON, Joe	Grange-Fermoy AC	M40	06:47.5	631	101
102	0:33:59	HENNESSY, John	unatt/Ballymacoda	M	06:47.7	100	102
103	0:34:01	FURLONG, Michael	unatt/Ballycotton	M	06:48.1	99	103
104	0:34:03	HARTE, Matt	Ballintotis Fit4Life	M45	06:48.5	101	104
105	0:34:03	GIBBS, Harry	Ballymore-Cobh AC	M	06:48.5	106	105
106	0:34:05	HALLAHAN, John	Leevale AC	M50	06:48.9	86	106
107	0:34:09	DOWNEY, Eilish	Ballintotis Fit4Life	F40	06:49.7	411	107
108	0:34:11	GUINANE, Elaine	Eagle AC	F35	06:50.1	408	108
109	0:34:15	BARRY, David	unatt/Lisgoold	M	06:50.9	148	109
110	0:34:18	O'NEILL, Eadaoin	East Cork AC	F	06:51.5	406	110
111	0:34:18	COLLINS, Lawrence	East Cork AC	M40	06:51.5	96	111
112	0:34:19	CLEARY, Vicki	Midleton AC	F	06:51.7	410	112
113	0:34:21	AHERN, Derek	Midleton AC	M	06:52.1	110	113
114	0:34:23	SHEEHAN, Dave	St. Finbarrs AC	M	06:52.5	107	114
115	0:34:24	BARRY, Stephen	unatt/Cobh	M	06:52.7	369	115
116	0:34:24	O'RIORDAN, Stephen	unatt/Carrigtwohill	M	06:52.7	615	116
117	0:34:25	MCGUINNESS, Paul	St. Catherines AC	M	06:52.9	88	117
118	0:34:27	O'RIORDAN, William	St. Brendans AC	M60	06:53.3	374	118
119	0:34:29	CAREY, Philip	Mallow AC	M	06:53.7	90	119
120	0:34:34	GEARY, Michael	Midleton AC	M	06:54.7	121	120
121	0:34:35	DALY, Martin	unatt/Cork	M40	06:54.9	158	121
122	0:34:38	CASHMAN, Edwin	unatt/Aghada	M	06:55.5	93	122
123	0:34:38	MOLONEY, Dave	Midleton AC	M	06:55.5	137	123
124	0:34:39	GALLAGHER, Dermot	unatt/Cork	M40	06:55.7	125	124
125	0:34:42	HESSION, Patrick	Carraig na bhFear AC	M40	06:56.3	109	125
126	0:34:46	BEREZNOCKO, Kastytis	unatt/Cork	M40	06:57.1	373	126
127	0:34:49	MORGAN, Jim	unatt/Aghada	M40	06:57.7	154	127
128	0:34:50	O'BRIEN, Tom	Ballintotis Fit4Life	M50	06:57.9	129	128
129	0:34:53	KIDNEY, David	unatt/Cork	M50	06:58.5	113	129
130	0:34:55	LEAHY, Eileen	Midleton AC	F	06:58.9	409	130
131	0:34:57	GALLAGHER, Mark	Eagle AC	M40	06:59.3	247	131
132	0:35:02	KELLIHER, Mark	unatt/Tralee	M	07:00.3	126	132
133	0:35:06	WIMPENNY, Stephan	Orkney AC	M40	07:01.1	367	133
134	0:35:08	BOYLE, Garrett	unatt/Castlemartyr	M	07:01.5	124	134
135	0:35:09	KELLY, William	unatt/Ballylanders	M	07:01.7	143	135
136	0:35:10	BARRON, Declan	Youghal AC	M	07:01.9	389	136
137	0:35:10	O'REGAN, Eddie	Youghal AC	M55	07:01.9	383	137
138	0:35:15	KEANE, Patsy	unatt/Cloyne	M50	07:02.8	385	138
139	0:35:19	SHANAHAN, Bill	unatt/Midleton	M	07:03.6	682	139
140	0:35:20	DORGAN, Kieran	unatt/Cobh	M	07:03.8	666	140
141	0:35:21	WILLIAMS, Barry	Midleton AC	M50	07:04.0	105	141
142	0:35:22	SPEIGHT, David	Eagle AC	M40	07:04.2	160	142
143	0:35:24	O'SULLIVAN, Patrick	unatt/Cloyne	M60	07:04.6	149	143
144	0:35:25	MURPHY, Vincent	unatt/Watergrasshill	M	07:04.8	150	144
145	0:35:26	LAMBE, Brendan	unatt/Glanmire	M	07:05.0	394	145

146	0:35:27	MURRAY, Maria	unatt/Cork	F	07:05.2	420	146
147	0:35:28	BRENNAN, Colin	Youghal AC	M40	07:05.4	391	147
148	0:35:28	FLAVIN, Mark	unatt/Cork	M40	07:05.4	286	148
149	0:35:29	AHERNE, Barry	unatt/Midleton	M	07:05.6	132	149
150	0:35:31	KENNEALLY, Trevor	Ballintotis Fit4Life	M	07:06.0	147	150
151	0:35:32	O'MAHONY, John	unatt/Kerry	M	07:06.2	120	151
152	0:35:34	FORREST, James	Watergrasshill AC	M	07:06.6	118	152
153	0:35:35	MCCARTHY, David	Youghal AC	M50	07:06.8	127	153
154	0:35:37	TREACY, Pio	unatt/Glanmire	M	07:07.2	648	154
155	0:35:38	O'RIORDAN, Tom	Ballymore-Cobh AC	M40	07:07.4	379	155
156	0:35:40	ISLEY, Stephanie	unatt/Youghal	F50	07:07.8	413	156
157	0:35:42	HICKEY, Denis	Youghal AC	M45	07:08.2	236	157
158	0:35:43	WALSH, Pat	unatt/Midleton	M50	07:08.4	155	158
159	0:35:44	GEARY, Paul	Midleton AC	M	07:08.6	639	159
160	0:35:45	GUTOWSKI, Bartosz	unatt/Carrigaline	M	07:08.8	119	160
161	0:35:45	O'DONNELL, John	unatt/Tipperary	M	07:08.8	146	161
162	0:35:46	HALLAHAN, Mike	Midleton AC	M45	07:09.0	699	162
163	0:35:47	O'CONNELL, Finbarr	Eagle AC	M	07:09.2	709	163
164	0:35:49	BULMAN, George	Youghal AC	M55	07:09.6	611	164
165	0:35:50	FOLEY, Ray	unatt/Cork	M	07:09.8	141	165
166	0:35:51	LYNCH, Callum	unatt/Midleton	MJ	07:10.0	130	166
167	0:35:51	O'REGAN, Thomas	Leevale AC	M50	07:10.0	156	167
168	0:35:52	CROWLEY, Stephen	unatt/Ballycotton	M	07:10.2	123	168
169	0:35:53	COTTER, Paul	Eagle AC	M55	07:10.4	128	169
170	0:35:54	O'REGAN, Ger	Midleton AC	M45	07:10.6	172	170
171	0:35:54	HICKEY, Brendan	St. Catherines AC	M	07:10.6	162	171
172	0:35:57	AHERNE, Liam	unatt/Mourneabbey	M	07:11.2	151	172
173	0:35:57	O'CONNOR, Pdraig	unatt/Glanmire	M	07:11.2	675	173
174	0:35:58	HOLLAND, Siobhan	unatt/Waterfall	F35	07:11.4	418	174
175	0:35:58	CLANCY, Catherine	St. Catherines AC	F45	07:11.4	419	175
176	0:36:00	RYAN, Stephen	Ballymore-Cobh AC	M45	07:11.8	173	176
177	0:36:01	HAMILL, Robert	Youghal AC	M40	07:12.0	157	177
178	0:36:02	O'SHEA, Colm	unatt/Ballinacurra	M40	07:12.2	152	178
179	0:36:04	O'FARRELL, Andrew	Carrigaline RR AC	M60	07:12.6	163	179
180	0:36:05	MURRAY, Don	unatt/Aghada	M	07:12.8	178	180
181	0:36:06	LARKIN, Brian	unatt/Aghada	M40	07:13.0	177	181
182	0:36:06	HAYES, Ethan	Midleton AC	M	07:13.0	681	182
183	0:36:11	NALLY, Siobhan	unatt/Cloyne	F35	07:14.0	430	183
184	0:36:16	O'CONNOR, Kevin	Eagle AC	M45	07:15.0	613	184
185	0:36:17	MCMAHON, Daniel	unatt/Cork	M	07:15.2	184	185
186	0:36:20	DELANEY, John	unatt/Cork	M45	07:15.8	215	186
187	0:36:20	O'SULLIVAN, David	Midleton AC	M	07:15.8	667	187
188	0:36:21	O'LEARY, Liam	unatt/Carrigaline	M	07:16.0	144	188
189	0:36:24	TWOMEY, Cathal	Eagle AC	M	07:16.6	139	189
190	0:36:25	O'BRIEN, Peter	Grange-Fermoy AC	M	07:16.8	629	190
191	0:36:26	O'FLYNN, Alan	unatt/Cork	M	07:17.0	218	191
192	0:36:27	MURTAGH, Laurence	unatt/Cork	M45	07:17.2	166	192
193	0:36:29	MADDEN, Brendan	Navy AC	M45	07:17.6	145	193
194	0:36:30	MOYNIHAN, David	unatt/Castlemartyr	M	07:17.8	224	194
195	0:36:31	MENTON, Mark	unatt/Cork	M	07:18.0	217	195
196	0:36:31	RYALL, JR	unatt/Shanagarry	M	07:18.0	188	196
197	0:36:32	MURPHY, Arthur	unatt/Ballinacurra	M	07:18.2	168	197
198	0:36:33	BUCKLEY, Patrick	Mallow AC	M	07:18.4	131	198
199	0:36:34	KENNEALLY, Julie	Youghal AC	F	07:18.6	417	199
200	0:36:35	WALSH, Sean	unatt/Cork	M	07:18.8	200	200
201	0:36:35	BARRY, Brian	unatt/Carrigtwohill	M	07:18.8	193	201
202	0:36:41	FLYNN, John	Mallow AC	M45	07:20.0	164	202
203	0:36:44	MCNULTY, Ailise	St. Finbarrs AC	F	07:20.6	415	203
204	0:36:47	O'CALLAGHAN, Deirdre	Eagle AC	F45	07:21.2	421	204
205	0:36:50	LONG, Edward	Ballintotis Fit4Life	M	07:21.8	653	205
206	0:36:51	EGAN, Conor	Eagle AC	M45	07:22.0	170	206
207	0:36:53	COONEY, Sean	unatt/Carrigtwohill	M40	07:22.4	185	207
208	0:36:54	KIRWAN, Ita	Eagle AC	F45	07:22.6	431	208
209	0:36:55	GARVEY, Colette	unatt/Ladysbridge	F35	07:22.8	426	209
210	0:36:58	BOARD, Mervin	Carrigtwohill AC	M	07:23.4	195	210
211	0:37:05	CONNOLLY, Tony	unatt/Midleton	M45	07:24.8	167	211
212	0:37:09	GRIFFIN, Ben	unatt/Midleton	M	07:25.6	253	212
213	0:37:10	O'MAHONY, Sylvie	Youghal AC	M55	07:25.8	207	213
214	0:37:11	O'DONNELL, Claire	unatt/Cork	F	07:26.0	416	214
215	0:37:12	HERLIHY, Breeda	unatt/Cork	F40	07:26.2	428	215
216	0:37:13	POWER, Pat	West Waterford AC	M50	07:26.4	239	216
217	0:37:14	MURPHY, Siobhan	Eagle AC	F35	07:26.6	433	217
218	0:37:14	BUCKLEY, Michael	Youghal AC	M45	07:26.6	655	218
219	0:37:15	COTTER, Greg	unatt/Cloyne	M40	07:26.8	251	219
220	0:37:20	MCCARTHY, John	Eagle AC	M	07:27.8	209	220
221	0:37:21	O'SHEA, Con	unatt/Cork	M40	07:28.0	694	221

222	0:37:22	MCEVOY, Patrick	unatt/Cork	M	07:28.2	696	222
223	0:37:23	AHERN, Eddie	unatt/Cork	M45	07:28.4	199	223
224	0:37:23	CURTIN, Andrew	unatt/Youghal	M	07:28.4	660	224
225	0:37:24	CLEARY, Eibhlin	East Cork AC	F	07:28.6	427	225
226	0:37:25	MENTON, Billy	unatt/Cork	M55	07:28.8	169	226
227	0:37:28	TOBIN, Brendan	unatt/Glanmire	M40	07:29.4	393	227
228	0:37:29	QUIGLEY, John	Eagle AC	M60	07:29.6	174	228
229	0:37:31	KINGSTON, Finbarr	Youghal AC	M	07:30.0	194	229
230	0:37:33	MCNAMARA, Mark	unatt/Midleton	M	07:30.4	204	230
231	0:37:33	BRADY, Marie-Therese	unatt/Cork	F40	07:30.4	423	231
232	0:37:34	KENNEALLY, Sinead	unatt/Cork	F	07:30.6	434	232
233	0:37:34	O'DONOGHUE, Donal	unatt/Little Island	M45	07:30.6	134	233
234	0:37:35	O'FLYNN, Shane	unatt/Fermoy	M	07:30.8	197	234
235	0:37:36	MCMAHON, Brendan	unatt/Little Island	M45	07:31.0	213	235
236	0:37:37	O'KEEFE, Mary	Midleton AC	F45	07:31.2	437	236
237	0:37:38	O'BRIEN, Donal	St. Nicholas AC	M60	07:31.4	333	237
238	0:37:38	MOHALLY, Dave	unatt/Shanagarry	M40	07:31.4	362	238
239	0:37:40	GILLMAN, Marie	Midleton AC	F50	07:31.8	429	239
240	0:37:45	CONDON, Trevor	unatt/Midleton	M	07:32.8	208	240
241	0:37:47	O'SHEA, Killian	unatt/Midleton	M45	07:33.2	190	241
242	0:37:52	COLLINS, Tim	unatt/Cork	M45	07:34.2	175	242
243	0:37:58	BRANSFIELD, Gillian	Midleton AC	F	07:35.4	436	243
244	0:37:58	KEATING-FLYNN, Maria	Mallow AC	F35	07:35.4	422	244
245	0:38:00	AHERN, John	unatt/Midleton	M	07:35.8	201	245
246	0:38:02	O'BRIEN, Denis	unatt/Saleen	M	07:36.2	637	246
247	0:38:02	TOBIN, John	unatt/Midleton	M	07:36.2	211	247
248	0:38:06	KENNEALLY, Brian	Ballincollig AC	M50	07:37.0	264	248
249	0:38:09	FITZGERALD, Ed	Eagle AC	M40	07:37.6	266	249
250	0:38:10	DRISLANE, John	St. Nicholas AC	M	07:37.8	332	250
251	0:38:11	RUSSELL, Charles	unatt/Glanworth	M40	07:38.0	219	251
252	0:38:15	MCEVOY, Rebecca	St. Finbarrs AC	F	07:38.8	435	252
253	0:38:19	SHEEHAN, Sean	unatt/Carrigtwohill	M	07:39.6	241	253
254	0:38:23	WATERMAN, Jon	unatt/Midleton	M	07:40.4	196	254
255	0:38:23	MORAN, Kevin	Midleton AC	M45	07:40.4	171	255
256	0:38:24	O'S-HOULIHAN, Zach	unatt/Ballyandreen	MJ	07:40.6	142	256
257	0:38:25	COTTER, Patrick	Midleton AC	M	07:40.8	668	257
258	0:38:27	BORKOWSKA, Anna	Mallow AC	F35	07:41.2	438	258
259	0:38:27	O'SULLIVAN, Jack	unatt/Midleton	M	07:41.2	161	259
260	0:38:28	FLEMING, Paul	Midleton AC	M40	07:41.4	364	260
261	0:38:29	DAVIDS, Simon	Ballintotis Fit4Life	M40	07:41.6	222	261
262	0:38:29	O'CONNELL, Donie	Midleton AC	M65	07:41.6	223	262
263	0:38:29	JEFFERS, Eoin	unatt/Cork	M	07:41.6	619	263
264	0:38:30	O'CONNOR, Rory	unatt/Whitegate	M45	07:41.8	191	264
265	0:38:30	ST LEGER, Greg	Riverstick-Kinsale AC	M45	07:41.8	229	265
266	0:38:31	O'SHAUGHNESSY, Gerard	Midleton AC	M	07:42.0	278	266
267	0:38:31	KIGGINS, John	unatt/Ballincollig	M	07:42.0	261	267
268	0:38:32	NOLAN, Andrew	unatt/Fermoy	M45	07:42.2	237	268
269	0:38:35	TUCKER, David	Carrigaline RR AC	M45	07:42.8	263	269
270	0:38:35	O'CALLAGHAN, Simon	unatt/Aghada	M40	07:42.8	242	270
271	0:38:35	SAVAGE, Donnacha	Watergrasshill AC	M40	07:42.8	226	271
272	0:38:36	KELLEHER, Kerrie	unatt/Aghada	F	07:43.0	442	272
273	0:38:41	O'SHEA, Anthony	unatt/East Ferry	M	07:44.0	363	273
274	0:38:46	O'REILLY, Kevin	unatt/Saleen	M	07:45.0	246	274
275	0:38:50	O'RIORDAN, David	unatt/Cork	M	07:45.8	238	275
276	0:38:53	HERLIHY, Dave	unatt/Midleton	M45	07:46.4	233	276
277	0:38:54	EVANS, Mairead	unatt/Cork	F	07:46.6	439	277
278	0:38:56	CHITTY, Lee	unatt/Blarney	M	07:47.0	396	278
279	0:38:58	O'NEILL, Vincent	unatt/Midleton	M45	07:47.4	683	279
280	0:39:00	COYNE, Eoin	unatt/Youghal	M	07:47.8	311	280
281	0:39:01	O'FLYNN, Danielle	unatt/Blarney	F	07:48.0	458	281
282	0:39:04	MURPHY, Christine	Midleton AC	F45	07:48.6	444	282
283	0:39:05	O'CONNOR, Patricia	unatt/Blarney	F40	07:48.8	445	283
284	0:39:14	COLEMAN, Eoin	Youghal AC	M40	07:50.6	659	284
285	0:39:15	FRENCH, Una	unatt/Carrigaline	F45	07:50.8	398	285
286	0:39:15	COVENY, Oisín	unatt/Youghal	M	07:50.8	647	286
287	0:39:16	O'SHEA, Cathal	unatt/Ballinhassig	M	07:51.0	700	287
288	0:39:18	WARD, Tomas	Youghal AC	M40	07:51.4	387	288
289	0:39:19	KELLY, John	unatt/Cobh	M	07:51.6	210	289
290	0:39:20	PERRY, Anne-Marie	Midleton AC	F40	07:51.8	449	290
291	0:39:20	MURRAY, Jimmy	Rising Sun AC	M65	07:51.8	232	291
292	0:39:24	GILROY, Stephen	unatt/Aghada	M	07:52.6	622	292
293	0:39:29	DESMOND, John	Eagle AC	M50	07:53.6	300	293
294	0:39:30	SHEEHAN, Batt	St. Catherines AC	M45	07:53.8	281	294
295	0:39:32	COTTER, Frank	Eagle AC	M50	07:54.2	624	295
296	0:39:34	CROWLEY, Brendan	Midleton AC	M	07:54.6	259	296
297	0:39:36	ERANGEY, Damien	unatt/Shanagarry	M	07:55.0	356	297

298	0:39:39	LEAHY, Sean	Ballintotis Fit4Life	M45	07:55.6	245	298
299	0:39:39	BARRY, Dominic	Ballintotis Fit4Life	M45	07:55.6	228	299
300	0:39:43	KEARNEY, Bartholomew	Leevale AC	M55	07:56.4	225	300
301	0:39:45	FOLEY, Emmet	unatt/Whitegate	M45	07:56.8	716	301
302	0:39:46	HEALY, Leonard	Carrigtwohill AC	M	07:57.0	711	302
303	0:39:48	WALSH, Jonathan	unatt/Shanagarry	M	07:57.4	692	303
304	0:39:49	TWOMEY, Bernie	Midleton AC	F40	07:57.6	452	304
305	0:39:50	BUCKLEY, Steve	unatt/Cork	M	07:57.8	687	305
306	0:39:55	LANE, Liz	unatt/Midleton	F35	07:58.8	669	306
307	0:39:56	GIGLIONE, Rino	unatt/Dublin	M40	07:59.0	310	307
308	0:39:57	COSTELLO, Ricky	Watergrasshill AC	M	07:59.2	216	308
309	0:39:58	MCDONALD, Barry	unatt/Ballycotton	M	07:59.4	678	309
310	0:40:00	O'BRIEN, Andrew	unatt/Aghada	M	07:59.8	249	310
311	0:40:02	GAYNOR, Triona	unatt/Ballycotton	F	08:00.2	453	311
312	0:40:07	DURITY, Natasha	unatt/Carrigtwohill	F40	08:01.2	650	312
313	0:40:08	KENNEDY, Martin	unatt/Fermoy	M	08:01.4	679	313
314	0:40:09	BARRY, Frances	St. Catherine's AC	F	08:01.6	456	314
315	0:40:14	DOYLE, Michael	unatt/Cork	M	08:02.6	214	315
316	0:40:16	WALSHE, John	East Cork AC	M60	08:03.0	234	316
317	0:40:17	FEELY, Karolyn	unatt/Cork	F	08:03.2	625	317
318	0:40:20	BROWNE, Brian	unatt/Bartlemy	M	08:03.8	698	318
319	0:40:22	FOLEY, John	unatt/Midleton	M	08:04.2	179	319
320	0:40:23	KELLEHER, Donal	unatt/Cork	M40	08:04.4	686	320
321	0:40:24	MCCARTHY, Barry	Watergrasshill AC	M40	08:04.6	651	321
322	0:40:25	CASHELL, Carol	Carrigtwohill AC	F35	08:04.8	443	322
323	0:40:27	COTT, Michelle	Ballintotis Fit4Life	F	08:05.2	451	323
324	0:40:27	DALY, Will	St. Nicholas AC	M	08:05.2	277	324
325	0:40:32	KELLEHER, Margaret	unatt/Cloyne	F35	08:06.2	376	325
326	0:40:32	QUINLAN, Deirdre	unatt/Cork	F50	08:06.2	462	326
327	0:40:35	SISK, Bernard	unatt/Cork	M65	08:06.8	262	327
328	0:40:37	CAMPBELL, Rhona	Mallow AC	F35	08:07.2	487	328
329	0:40:39	HURSON, Alan	unatt/Glanmire	M	08:07.6	652	329
330	0:40:41	HEALY, Brian	unatt/Ballycotton	M45	08:08.0	258	330
331	0:40:42	DALY, Sinead	Ballymore-Cobh AC	F40	08:08.2	450	331
332	0:40:44	HAYES, Sean	unatt/Midleton	M	08:08.6	243	332
333	0:40:46	O'BRIEN, Eoin	Carrigtwohill AC	M	08:09.0	714	333
334	0:40:47	O'SULLIVAN, Paul	unatt/Midleton	M45	08:09.2	256	334
335	0:40:49	O'LEARY, John	Leevale AC	M70	08:09.6	257	335
336	0:40:51	AHERN, Sean	unatt/Dungourney	M55	08:10.0	308	336
337	0:40:52	LOONEY, Justine	Leevale AC	F	08:10.2	645	337
338	0:40:53	COTTER, John	unatt/Cobh	M70	08:10.4	250	338
339	0:40:56	O'NEILL, Tom	Ballintotis Fit4Life	M55	08:11.0	304	339
340	0:40:58	O'FARRELL, Rob	unatt/Cork	M	08:11.4	320	340
341	0:40:59	STEPHENS, Jennie	unatt/Aghada	F35	08:11.6	457	341
342	0:41:01	MCGRATH, Finola	unatt/Cloyne	F35	08:12.0	511	342
343	0:41:03	SMIDDY, David	unatt/Dungourney	M40	08:12.4	662	343
344	0:41:05	MCNAMARA, Michael	Midleton AC	M60	08:12.8	288	344
345	0:41:06	HEGARTY, Linda	unatt/Cloyne	F40	08:13.0	375	345
346	0:41:07	HENNESSY, Margaret	unatt/Shanagarry	F40	08:13.2	461	346
347	0:41:07	SAROLA, Maria	unatt/Aghada	F	08:13.2	470	347
348	0:41:08	FITZGERALD, Sinead	unatt/Aghada	F	08:13.4	463	348
349	0:41:08	O'DONOVAN, Kevin	unatt/Cork	M	08:13.4	268	349
350	0:41:09	MORLEY, Alan	Midleton AC	M40	08:13.6	282	350
351	0:41:11	CURTIN, Kieran	unatt/Cork	M	08:14.0	623	351
352	0:41:15	MULCAHY, Paul	unatt/Ballynoe	M45	08:14.8	395	352
353	0:41:16	BRODERICK, Diane	Ballintotis Fit4Life	F40	08:15.0	693	353
354	0:41:19	TWOHIG, Margaret	Midleton AC	F45	08:15.6	361	354
355	0:41:22	CONSTANT, Kerry	unatt/Cork	M60	08:16.2	260	355
356	0:41:24	SHERIDAN, Anne-Marie	unatt/Whitegate	F45	08:16.6	448	356
357	0:41:25	FITZGERALD, John	unatt/Cork	M	08:16.8	271	357
358	0:41:26	KIELY, Finbarr	unatt/Cork	M	08:17.0	283	358
359	0:41:27	O'SULLIVAN, Eddie	unatt/Blarney	M	08:17.2	306	359
360	0:41:31	GYVES, Paddy	Mallow AC	M65	08:18.0	303	360
361	0:41:31	MURPHY, Sue	Carrigtwohill AC	F	08:18.0	465	361
362	0:41:32	MORRISON, Patrick	St. Nicholas AC	M40	08:18.2	291	362
363	0:41:32	COUGHLAN, Mags	unatt/Shanagarry	F40	08:18.2	620	363
364	0:41:36	TWOMEY, Evan	unatt/Cork	M	08:19.0	289	364
365	0:41:36	HEGARTY, Margaret	unatt/Ballinacurra	F40	08:19.0	482	365
366	0:41:41	MCNAMARA, Sharon	unatt/Glanmire	F40	08:20.0	467	366
367	0:41:42	WILSON, Dean	unatt/Aghada	M40	08:20.2	244	367
368	0:41:44	FLYNN, Stephen	unatt/Cork	M	08:20.6	273	368
369	0:41:47	SLIWA, Rabek	unatt/Blarney	M	08:21.2	212	369
370	0:41:49	BUCKLEY, Sinead	Midleton AC	F	08:21.6	468	370
371	0:41:50	O'DRISCOLL, Kevin	Eagle AC	M60	08:21.8	296	371
372	0:42:00	HEAPHY, Jack	unatt/Lisgoold	M40	08:23.8	293	372
373	0:42:04	KENNEDY, Yvonne	Midleton AC	F35	08:24.6	489	373

374	0:42:05	BARRY, Sinead	unatt/Ladysbridge	F	08:24.8	674	374
375	0:42:05	CROWLEY, Grainne	unatt/Blarney	F35	08:24.8	490	375
376	0:42:09	CLEARY, Anne	unatt/Cork	F	08:25.6	476	376
377	0:42:10	MURPHY, Diane	Carrigtwohill AC	F	08:25.8	491	377
378	0:42:10	MURPHY, James	unatt/Midleton	M40	08:25.8	671	378
379	0:42:14	O'KEEFE, Mark	unatt/Cork	M40	08:26.6	252	379
380	0:42:15	COLLINS, Barry	unatt/Youghal	M	08:26.8	307	380
381	0:42:21	O'MAHONY, Marie	unatt/Cork	F	08:28.0	459	381
382	0:42:34	O'LEARY, Peter	unatt/Cork	M	08:30.6	305	382
383	0:42:38	DESMOND, Ciaran	Leevale AC	M50	08:31.4	248	383
384	0:42:39	CROWLEY, Julia	unatt/Aghada	F	08:31.6	400	384
385	0:42:39	MURPHY, Siobhan	Midleton AC	F40	08:31.6	658	385
386	0:42:40	DOHERTY, Lynne	Ballymore-Cobh AC	F45	08:31.8	384	386
387	0:42:51	NEGULESCU, Ion	unatt/Cork	M	08:34.0	543	387
388	0:42:53	COTTER, Allen	St. Nicholas AC	M	08:34.4	331	388
389	0:42:58	CREEDON, Lana	Midleton AC	F	08:35.4	388	389
390	0:43:00	STACK, Austin	unatt/Midleton	M45	08:35.8	677	390
391	0:43:03	IVERS, Sinead	Midleton AC	F35	08:36.4	517	391
392	0:43:04	WHELAN, Damien	Ballymore-Cobh AC	M40	08:36.6	366	392
393	0:43:06	KEOHANE, Deirdre	unatt/Youghal	F	08:37.0	475	393
394	0:43:07	O'GORMAN, Shirley	Midleton AC	F40	08:37.2	497	394
395	0:43:08	BURFIELD, Jim	unatt/Ladysbridge	M45	08:37.4	397	395
396	0:43:11	TROY, Tim	Ballintotis Fit4Life	M	08:38.0	295	396
397	0:43:12	O'S-HOURIHAN, Paul	East Cork AC	M50	08:38.2	290	397
398	0:43:15	CARTHY, Liam	unatt/Midleton	M40	08:38.8	297	398
399	0:43:21	O'RIORDAN, Fiona	Eagle AC	F45	08:40.0	474	399
400	0:43:23	O'ROURKE, Orla	unatt/Midleton	F40	08:40.4	503	400
401	0:43:24	DUNNE, Melissa	unatt/Castlemartyr	F35	08:40.6	484	401
402	0:43:27	LYNCH, James	unatt/Cloyne	M	08:41.2	691	402
403	0:43:27	CUSSEN, Eimear	Carrigtwohill AC	F	08:41.2	493	403
404	0:43:31	HAYES, Emer	Midleton AC	F45	08:42.0	480	404
405	0:43:32	MULRYAN, Paula	unatt/Cork	F35	08:42.2	502	405
406	0:43:32	GODFREY, Donal	unatt/Aghada	M45	08:42.2	284	406
407	0:43:33	MURPHY, Kieran	unatt/Midleton	M	08:42.4	670	407
408	0:43:34	STAVROU, Amanda	Midleton AC	F50	08:42.6	488	408
409	0:43:35	MARTIN-SULLIVAN, Rachel	unatt/Aghada	F	08:42.8	399	409
410	0:43:35	COTTER, Luke	unatt/Carrigtwohill	M	08:42.8	661	410
411	0:43:36	MCNAMARA, Martha	Midleton AC	F55	08:43.0	479	411
412	0:43:36	STEELE, Ollie	Ballintotis Fit4Life	M50	08:43.0	641	412
413	0:43:37	O'CONNOR, Catherine	Mallow AC	F45	08:43.2	466	413
414	0:43:41	MORRISSEY, Dan	unatt/Cork	M40	08:44.0	275	414
415	0:43:42	DOYLE, Robert	unatt/Carrigaline	M	08:44.2	642	415
416	0:43:43	PHELAN, Ruth	Ballymore-Cobh AC	F50	08:44.4	521	416
417	0:43:43	STACK, Maggie	Watergrasshill AC	F35	08:44.4	472	417
418	0:43:44	BALDWIN, Ciara	Midleton AC	F	08:44.6	688	418
419	0:43:45	DONNELLY, Emer	unatt/Cork	F	08:44.8	501	419
420	0:43:46	MCCARTHY, Barry	unatt/Watergrasshill	M	08:45.0	274	420
421	0:43:48	WALSH, Ailish	unatt/Ladysbridge	F40	08:45.4	477	421
422	0:43:48	SHEEHAN, Rachel	unatt/Cork	F	08:45.4	560	422
423	0:43:53	KEOHANE, Irene	Eagle AC	F40	08:46.4	571	423
424	0:44:03	DENNIS, Ciara	Carrigtwohill AC	F	08:48.4	455	424
425	0:44:04	LENANE, Gail	unatt/Cork	F	08:48.6	519	425
426	0:44:04	MURPHY, Michael	unatt/Dunmanway	M40	08:48.6	285	426
427	0:44:05	FORREST, Paul	Watergrasshill AC	M	08:48.8	314	427
428	0:44:06	KAVANAGH, Brian	unatt/Ballinacurra	M40	08:49.0	316	428
429	0:44:08	MULCAHY, Mary	St. Finbarrs AC	F50	08:49.4	473	429
430	0:44:09	HOOLEY, Maria	unatt/Youghal	F	08:49.6	360	430
431	0:44:10	YELVERTON, Jacinta	unatt/Blarney	F40	08:49.8	627	431
432	0:44:23	WALSH, Diane	Ballintotis Fit4Life	F45	08:52.4	357	432
433	0:44:24	KAVANAGH, Aoife	unatt/Cloyne	F40	08:52.6	542	433
434	0:44:28	RING, Niall	unatt/Midleton	M	08:53.4	302	434
435	0:44:28	EVANS, Stephen	unatt/Shanagarry	M	08:53.4	680	435
436	0:44:30	MCKEOWN, Keith	Leevale AC	M45	08:53.8	301	436
437	0:44:32	MILLERICK, Bridie	unatt/Kilcredan	F45	08:54.2	494	437
438	0:44:35	BARRY, Geraldine	West Waterford AC	F40	08:54.8	483	438
439	0:44:38	RYAN, Bridget	Ballintotis Fit4Life	F40	08:55.4	505	439
440	0:44:40	KELLY, Brendan	unatt/Midleton	M	08:55.8	338	440
441	0:44:51	MURPHY, Siobhan	unatt/Cork	F45	08:58.0	531	441
442	0:44:52	O'CONNELL, Jane	Ballintotis Fit4Life	F40	08:58.2	504	442
443	0:44:54	FITZGERALD, Fiona	St. Catherines AC	F	08:58.6	506	443
444	0:44:56	MCCARTHY, Danny	Midleton AC	M60	08:59.0	322	444
445	0:45:00	MEHIGAN, Cait	St. Finbarrs AC	F35	08:59.8	500	445
446	0:45:04	HARRINGTON, Marian	unatt/Aghada	F	09:00.6	549	446
447	0:45:05	AHERNE, Sarah	Ballymore-Cobh AC	F35	09:00.8	481	447
448	0:45:06	CODY, Antoinette	unatt/Dungourney	F35	09:01.0	513	448
449	0:45:07	CARROLL, Claire	Watergrasshill AC	F40	09:01.2	685	449

450	0:45:08	HALLAHAN, Olive	Leevale AC	F50	09:01.4	690	450
451	0:45:09	O'NEILL, Ann-Marie	unatt/Blarney	F	09:01.6	507	451
452	0:45:20	HENNESSY, Ian	unatt/Dungarvan	M	09:03.8	315	452
453	0:45:26	O'CALLAGHAN, Anthony	unatt/Aghada	M	09:05.0	235	453
454	0:45:27	SMIDDY, Maura	unatt/Cloyne	F40	09:05.2	533	454
455	0:45:28	MANNING, Denis	St. Finbarrs AC	M45	09:05.4	312	455
456	0:45:31	OTTMAN, Jonathan	unatt/Dungourney	M	09:06.0	382	456
457	0:45:32	MCGRATH, Katie	unatt/Shanagarry	FJ	09:06.2	697	457
458	0:45:35	MCLOUGHLIN, Sue	unatt/Midleton	F40	09:06.8	638	458
459	0:45:49	AHERN, Karen	unatt/Dungourney	F	09:09.6	508	459
460	0:45:53	BEVAN, Dolores	unatt/Cork	F45	09:10.4	664	460
461	0:45:54	COLLINS, Noreen	unatt/Cork	F45	09:10.6	663	461
462	0:45:57	HEGARTY, Liz	unatt/Lisgoold	F	09:11.2	562	462
463	0:45:58	SAVAGE, Yvonne	Watergrasshill AC	F40	09:11.4	561	463
464	0:45:58	GUMBLETON, Louise	Ballintotis Fit4Life	F45	09:11.4	673	464
465	0:45:59	HARRIS, Joe	unatt/Cobh	M60	09:11.6	640	465
466	0:46:03	O'CALLAGHAN, Jim	unatt/Ballincollig	M55	09:12.4	309	466
467	0:46:04	MURPHY, Trish	unatt/Midleton	F45	09:12.6	539	467
468	0:46:11	MACROPOULOS, Patricia	Midleton AC	F35	09:14.0	558	468
469	0:46:12	NI SHE, Aine	unatt/Cork	F45	09:14.2	695	469
470	0:46:14	COLEMAN, Rebecca	unatt/Leamlara	F	09:14.6	520	470
471	0:46:14	O'MAHONY, Fiona	unatt/Midleton	F40	09:14.6	545	471
472	0:46:15	FITZGIBBON, Helen	Ballintotis Fit4Life	F35	09:14.8	524	472
473	0:46:15	KENNEDY, Mary	Ballintotis Fit4Life	F35	09:14.8	523	473
474	0:46:19	POWER, Onra	West Waterford AC	F45	09:15.6	550	474
475	0:46:26	HENNESSY, Elaine	unatt/Midleton	F55	09:17.0	555	475
476	0:46:29	DONOVAN, Kevin	unatt/Ballycotton	M	09:17.6	329	476
477	0:46:29	ROBINSON, Sinead	unatt/Cloyne	F40	09:17.6	554	477
478	0:46:32	DELANEY, Mary	unatt/Glanmire	F45	09:18.2	552	478
479	0:46:37	FLYNN, John	Ballintotis Fit4Life	M	09:19.2	339	479
480	0:46:39	SULLIVAN, Lila	unatt/Blarney	F	09:19.6	515	480
481	0:46:39	BARRET, Nikola	unatt/Glounthaune	F40	09:19.6	644	481
482	0:46:40	HIGGINS, Carrie	Youghal AC	F45	09:19.8	495	482
483	0:46:41	BOYLE, Gavin	Ballintotis Fit4Life	M40	09:20.0	344	483
484	0:46:50	KEANE, Mary	unatt/Cloyne	F45	09:21.8	529	484
485	0:47:00	SHEEHAN, Geraldine	St. Catherines AC	F45	09:23.8	547	485
486	0:47:02	MCDONNELL, George	unatt/Watergrasshill	M	09:24.2	326	486
487	0:47:05	DALY, Mervyn	unatt/Shanagarry	M40	09:24.8	321	487
488	0:47:10	WALSH, Lucy	unatt/Shanagarry	F40	09:25.8	537	488
489	0:47:11	BARRY, Margaret	Midleton AC	F65	09:26.0	541	489
490	0:47:14	CREEDON, Marie	unatt/Waterfall	F50	09:26.6	689	490
491	0:47:17	O'SULLIVAN, Graham	Ballintotis Fit4Life	M40	09:27.2	327	491
492	0:47:22	DALY, Paddy	unatt/Cork	M70	09:28.2	349	492
493	0:47:26	MAHONY, Carey	unatt/Killarney	M40	09:29.0	337	493
494	0:47:31	RYAN, Rosemary	unatt/Cork	F	09:30.0	559	494
495	0:47:37	ZABOVOWSKI, Radek	unatt/Cork	M	09:31.2	370	495
496	0:47:43	HORNIBROOK, Mark	unatt/Grenagh	M40	09:32.4	340	496
497	0:47:45	WALL, Niamh	unatt/Glounthaune	F	09:32.8	584	497
498	0:47:56	COONEY, Siobhan	Youghal AC	F50	09:35.0	563	498
499	0:47:57	LEAHY, Anne	Ballintotis Fit4Life	F45	09:35.2	538	499
500	0:47:57	O'REGAN, Celia	Youghal AC	F45	09:35.2	469	500
501	0:48:05	VON HEYNE, Heike	Ballymore-Cobh AC	F35	09:36.8	607	501
502	0:48:05	O'CONNELL, Marie	unatt/Cloyne	F	09:36.8	656	502
503	0:48:10	MULLANE, Philip	Ballintotis Fit4Life	M40	09:37.8	392	503
504	0:48:15	NOLAN-OWERS, Tanya	unatt/Aghada	F	09:38.8	565	504
505	0:48:16	BURKE, Anne	Ballymore-Cobh AC	F50	09:39.0	530	505
506	0:48:16	FARRELL, Katherine	Ballymore-Cobh AC	F35	09:39.0	380	506
507	0:48:17	O'CONNOR, Sandra	Midleton AC	F	09:39.2	564	507
508	0:48:24	GEASLEY, Sarah	Ballymore-Cobh AC	F	09:40.6	525	508
509	0:48:27	WHELAN, Tracey	unatt/Ballymore	F40	09:41.2	606	509
510	0:48:50	BERNARD, Sandra	unatt/Leamlara	F	09:45.8	556	510
511	0:48:55	HEALY, Leah	unatt/Aghada	F45	09:46.8	643	511
512	0:48:59	HUSSEY, Dominic	unatt/Grenagh	M40	09:47.6	318	512
513	0:49:08	KIRBY, Anna-Marie	Ballintotis Fit4Life	F	09:49.4	573	513
514	0:49:09	DIXON, Eileen	unatt/Ladysbridge	F	09:49.6	551	514
515	0:49:13	COGAN, Gina	unatt/Blarney	F45	09:50.4	614	515
516	0:49:21	MULLANE, Catriona	Ballintotis Fit4Life	F40	09:52.0	585	516
517	0:49:21	TWOMEY, Valerie	Ballintotis Fit4Life	F	09:52.0	586	517
518	0:49:32	GEASLEY, Karen	Ballymore-Cobh AC	F35	09:54.2	381	518
519	0:49:33	KELLEHER, Lorna	unatt/Cork	F35	09:54.4	572	519
520	0:49:34	FITZGERALD, Pat	unatt/Cork	M	09:54.6	345	520
521	0:49:35	O'SHEA, Wesley	unatt/Blarney	M	09:54.8	335	521
522	0:50:00	O'REGAN, Leslie	Ballymore-Cobh AC	F40	09:59.8	605	522
523	0:50:02	FOGARTY, Helena	unatt/Blarney	F	10:00.2	516	523
524	0:50:13	BEAUSANG, Mairead	Ballintotis Fit4Life	F45	10:02.4	358	524
525	0:50:15	WALL, Eimear	unatt/Glounthaune	F	10:02.8	583	525

526	0:50:16	MCGRATH, Marie	Midleton AC	F45	10:03.0	570	526
527	0:50:22	NOWICKA, Jolantha	Ballintotis Fit4Life	F	10:04.2	378	527
528	0:50:23	O'BRIEN, Martina	Ballintotis Fit4Life	F35	10:04.4	377	528
529	0:50:34	O'FLYNN, Dawn	unatt/Blarney	F35	10:06.6	557	529
530	0:50:34	O'DONOVAN, Mairead	unatt/Blarney	F	10:06.6	592	530
531	0:50:35	CURTIN, Jim	East Cork AC	M70	10:06.8	626	531
532	0:50:39	DEVLIN, Darragh	unatt/Ballinacurra	M	10:07.6	336	532
533	0:50:45	BOYLE, Maggie	Ballintotis Fit4Life	F40	10:08.8	589	533
534	0:51:13	SHUTTLEWORTH, Neil	Glossopdale Harriers	M65	10:14.4	355	534
535	0:51:30	O'CALLAGHAN, Deridre	unatt/Tower	F35	10:17.8	617	535
536	0:51:33	AHERNE, Michelle	unatt/Cloyne	F40	10:18.4	575	536
537	0:51:48	WALSH, Valerie	Ballintotis Fit4Life	F35	10:21.4	568	537
538	0:51:55	CUNNINGHAM, Siobhan	unatt/Aghada	F45	10:22.8	632	538
539	0:52:09	MCCARTHY, Joan	Midleton AC	F55	10:25.6	368	539
540	0:52:29	LINEHAN, Liz	unatt/Cork	F	10:29.6	594	540
541	0:52:29	O'REGAN, Shirley	unatt/Youghal	F50	10:29.6	657	541
542	0:52:41	MCMURTRY, Jim	Midleton AC	M65	10:32.0	353	542
543	0:52:42	ROCHE, Celine	Ballintotis Fit4Life	F45	10:32.2	601	543
544	0:53:33	GRIFFIN, Rosarii	Midleton AC	F40	10:42.4	591	544
545	0:53:36	MCKNIGHT, Rachel	unatt/Glanmire	F	10:43.0	676	545
546	0:53:40	O'LEARY, Clare	unatt/Cloyne	F35	10:43.8	598	546
547	0:53:54	COGAN, Bernadette	unatt/Cork	F	10:46.6	595	547
548	0:54:02	KELLY, Thomas	Navy AC	M55	10:48.2	348	548
549	0:54:03	CASHMAN, Caroline	unatt/Aghada	F35	10:48.4	590	549
550	0:55:06	O'SHEA, Roisin	unatt/Ballinhassig	F	11:01.0	702	550
551	0:55:12	CODY-BYRNE, Paula	unatt/Dungourney	F	11:02.2	603	551
552	0:55:16	COLLINS, Edmund	unatt/Midleton	M60	11:03.0	350	552
553	0:55:29	O'GRADY, Noirin	unatt/Midleton	F	11:05.6	604	553
554	0:56:18	LEDWITH, Katie	unatt/Blarney	F	11:15.4	599	554
555	0:56:19	CURLEY, Michelle	unatt/Blarney	F	11:15.6	634	555
556	0:56:19	MCKECHNIE, Chloe	unatt/Cork	F	11:15.6	600	556
557	0:56:42	KELLEHER, Frank	unatt/Cork	M70	11:20.2	351	557
558	0:56:48	WHITAKER, Andrew	unatt/Carrigaline	M	11:21.4	352	558
559	1:01:00	SHEEHAN, Kathleen	unatt/Kenmare	F	12:11.8	608	559
560	1:01:29	QUISH, Helen	unatt/Cork	F	12:17.6	609	560
561	1:02:51	O'KEEFE, Sean	unatt/Cork	M	12:34.0	354	561

WHEELCHAIR: FORDE, Jerry

Blarney-Inniscarra AC

M60

56:58

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