ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR WOMEN RESULTS

Place					
1	Club	Leevale A.C. (1) 65	00:20:50		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Carol Finn	00:05:11	00:15:49	00:20:50
	Athlete 2	Lizzie Lee	00:10:38		
	Athlete 3	Michelle Finn	00:05:01		
2	Club	Crusaders A.C. (1) 22	00:21:21		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Niamh Boland	00:05:13	00:16:06	00:21:21
	Athlete 2	Orla Drumm	00:10:53		
	Athlete 3	Anna Reddin	00:05:15		
3	Club	Sli Cualann A.C. 108	00:21:26		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Richael Browne	00:05:32	00:16:10	00:21:26
	Athlete 2	Deirdre Byrne	00:10:38		
	Athlete 3	Emma O'Brien	00:05:16		
4	Club	Leevale A.C. (2) 69	00:21:33		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Andrea Bickerdike	00:05:17	00:16:11	00:21:33
	Athlete 2	Sinead O'Connor	00:10:54		
	Athlete 3	Rhona Pierce	00:05:22		
5	Club	North Down A.C. 86	00:22:26		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Rachel Gibson	00:05:22	00:16:41	00:22:26
	Athlete 2	Jessica Craig	00:11:19		
	Athlete 3	Katie Moore	00:05:45		
6	Club	Raheny Shamrock 140	00:22:30		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Siobhan Eviston	00:05:18	00:17:01	00:22:30
	Athlete 2	Kate Cronin Purcell	00:11:43		
	Athlete 3	Niamh Corry	00:05:29		
7	Club	Crusaders A.C. (2) 25	00:22:34		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Mary Horgan	00:05:18	00:17:00	00:22:34
	Athlete 2	Ilona McElroy	00:11:42		
	Athlete 3	Gemma Reddin	00:05:34		
8	Club	Kilmore A.C. 59	00:22:52		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Elaine Cardiff	00:05:53	00:17:06	00:22:52
	Athlete 2	Fiona Kehoe	00:11:13		

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR WOMEN RESULTS

	Athlete 3	Sharon Kehoe	00:05:46		
9	Club	Clonliffe Harriers (1) 20	00:22:56		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Alannah Cooley	00:05:46	00:16:57	00:22:56
	Athlete 2	Emer O'Brien	00:11:11		
	Athlete 3	Louise Caraher	00:05:59		
10	Club	**Rathfarnham WSAF 95**	00:23:06		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Clare Sullivan	00:05:28	00:17:19	00:23:06
	Athlete 2	Valerie Cole	00:11:51		
	Athlete 3	Lynne Hennessy	00:05:47		
11	Club	DCH (A) 136	00:23:08		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Cliona Murphy	00:05:03	00:17:34	00:23:08
	Athlete 2	Niamh Donheny	00:12:31		
	Athlete 3	Alison Armstrong	00:05:34		
12	Club	Donore Harriers (1) 38	00:23:11		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Karla Doran	00:05:21	00:17:15	00:23:11
	Athlete 2	Sorcha Nic Dhomhnaill	00:11:54		
	Athlete 3	Grace Kennedy	00:05:56		
13	Club	Donore Harriers (2) 39	00:23:22		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Maura Kearns	00:05:44	00:17:38	00:23:22
	Athlete 2	Aisling Swaine	00:11:54		
	Athlete 3	Ide Nic Dhomhnaill	00:05:44		
14	Club	Crusaders A.C. (3) 26	00:23:38		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Marie Hyland	00:05:46	00:17:37	00:23:38
	Athlete 2	Orla Kennedy	00:11:51		
	Athlete 3	Rebecca Fleming	00:06:01		
15	Club	**DCH (B) 137**	00:24:26		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Aisling Moorehouse	00:05:43	00:18:25	00:24:26
	Athlete 2	Sinead Cronin	00:12:42		
	Athlete 3	Aoife Ni Briain	00:06:01		
16	Club	Raheny Shamrock B 142	00:24:46		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Caoimhe Flynn	00:06:18	00:18:32	00:24:46
	Athlete 2	Blaithin Speck	00:12:14		

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR WOMEN RESULTS

	Athlete 3	Auveen Mc Goldrick	00:06:14		
17	Club	Tallaght A.C. 135	00:26:15		
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Siobhan Tierney	00:06:12	00:19:48	00:26:15
	Athlete 2	Niamh O Flynn	00:13:36		
	Athlete 3	Tara Darcy	00:06:27		

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR MEN RESULTS

1	Club	Raheny Shamrock (1) 89	00:37:26			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Mark Kirwan	00:09:27	00:13:49	00:27:53	00:37:26
	Athlete 2	Kieran Kelly	00:04:22			
	Athlete 3	Mick Clohisey	00:14:04			
	Athlete 4	Daire Bermingham	00:09:33			
2	Club	Ennis Track A.C. (1) 46	00:37:44			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Dara Chesser	00:09:32	00:13:57	00:28:30	00:37:44
	Athlete 2	Kevin Chesser	00:04:25			
	Athlete 3	Rory Chesser	00:14:33			
	Athlete 4	Kevin Mulcaire	00:09:14			
3	Club	K.C.H. A.C. 58	00:37:45			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Thomas Hayes	00:09:32	00:14:10	00:28:32	00:37:45
	Athlete 2	Peter Lynch	00:04:38			
	Athlete 3	Brian Maher	00:14:22			
	Athlete 4	Eoin Everard	00:09:13			
4	Club	D.S.D. A.C. 43	00:38:04			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Emmet Jennings	00:09:35	00:14:14	00:28:29	00:38:04
	Athlete 2	Joseph Sweeney	00:04:39			
	Athlete 3	Brandon Hargreaves	00:14:15			
	Athlete 4	Mark Conway	00:09:35			
5	Club	Donore Harriers (1) 32	00:38:15			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Eric Keogh	00:09:32	00:14:18	00:28:22	00:38:15
	Athlete 2	John Dunne	00:04:46			
	Athlete 3	John Travers	00:14:04			
	Athlete 4	Ray Hynes	00:09:53			
6	Club	East Cork A.C. 44	00:38:46			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	James McCarthy	00:09:28	00:14:24	00:28:59	00:38:46
	Athlete 2	Diarmaid Collins	00:04:56			
	Athlete 3	Michael Harty	00:14:35			
	Athlete 4	Tim O'Donoghue	00:09:47			
7	Club	Rathfarnham (1) 96	00:39:20			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Eoghain McGinley	00:09:46	00:14:38	00:28:30	00:39:20
	Athlete 2	Richard Keogh	00:04:52			
	Athlete 3	Sean Hehir	00:13:52			

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR MEN RESULTS

	Athlete 4	Louis McCarthy	00:10:50			
8	Club	Ferrybank A.C. 50	00:39:45			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Niall Tuohy	00:09:29	00:14:16	00:29:06	00:39:45
	Athlete 2	Tadgh Brennan	00:04:47			
	Athlete 3	Andrew Connick	00:14:50			
	Athlete 4	Brian Gallagher	00:10:39			
9	Club	North Down A.C. 80	00:40:34			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	James Budde	00:10:06	00:14:58	00:30:19	00:40:34
	Athlete 2	Francis Marsh	00:04:52			
	Athlete 3	Craig McMeechan	00:15:21			
	Athlete 4	Dennis Scott	00:10:15			
10	Club	Raheny Shamrock (2) 90	00:40:46			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Simon Deveney	00:10:15	00:14:54	00:30:20	00:40:46
	Athlete 2	Feidhlim Kelly	00:04:39			
	Athlete 3	Simon Ryan	00:15:26			
	Athlete 4	Donal Foley	00:10:26			
11	Club	Leevale AC 143	00:40:49			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	James Grufferty	00:10:07	00:14:47	00:30:24	00:40:49
	Athlete 2	Michael Pat O'Regan	00:04:40			
	Athlete 3	Conor McCauley	00:15:37			
	Athlete 4	Eric Curran	00:10:25			
12	Club	Liffey Valley A.C. 72	00:41:00			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Damian Cauvet	00:09:49	00:14:47	00:30:12	00:41:00
	Athlete 2	Ciaran Reilly	00:04:58			
	Athlete 3	Peter Arthur	00:15:25			
	Athlete 4	Chris Morgan	00:10:48			
13	Club	Crusaders A.C. 31	00:41:22			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	John Fraser	00:10:12	00:15:10	00:30:46	00:41:22
	Athlete 2	Robert Cross	00:04:58			
	Athlete 3	Brendan Murphy	00:15:36			
	Athlete 4	John Mulvihill	00:10:36			
14	Club	Clonliffe Hrs (1) 18	00:41:22			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Darren Reilly	00:10:26	00:15:17	00:31:10	00:41:22
	Athlete 2	Mark McDonald	00:04:51			

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR MEN RESULTS

	Athlete 3	Thomas Sherlock	00:15:53			
	Athlete 4	Sean Doran	00:10:12			
15	Club	Finn Valley A.C. 52	00:41:43			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Dermott Brennan	00:10:16	00:14:50	00:30:51	00:41:43
	Athlete 2	Mark Hoy	00:04:34			
	Athlete 3	Mark McPaul	00:16:01			
	Athlete 4	Shane Gallagher	00:10:52			
16	Club	Ennis Track A.C. (2) 48	00:41:53			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Darragh Lynch	00:10:02	00:14:55	00:30:42	00:41:53
	Athlete 2	Patrick O'Rourke	00:04:53			
	Athlete 3	Darragh Landers	00:15:47			
	Athlete 4	Donal Devane	00:11:11			
17	Club	Sportsworld A.C. 112	00:42:03			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Gareth Murran	00:10:18	00:15:31	00:31:05	00:42:03
	Athlete 2	Kevin Curran	00:05:13			
	Athlete 3	Karol Cronin	00:15:34			
	Athlete 4	Karl Chatterton	00:10:58			
18	Club	St. L. O'Toole (2) 119	00:42:06			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Oran O'Flaherty	00:10:31	00:15:30	00:31:24	00:42:06
	Athlete 2	Ken Archbold	00:04:59			
	Athlete 3	Brian Kirwan	00:15:54			
	Athlete 4	Micheal Kelly	00:10:42			
19	Club	Waterford A.C.133	00:42:09			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Iain O'Byrne	00:10:48	00:15:49	00:30:58	00:42:09
	Athlete 2	Barry Keane	00:05:01			
	Athlete 3	Evan Keane	00:15:09			
	Athlete 4	Jamie McCarthy	00:11:11			
20	Club	St. L. O'Toole (1) 118	00:42:10			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Trevor Corcoran	00:10:38	00:15:27	00:31:42	00:42:10
	Athlete 2	Robert Crowley	00:04:49			
	Athlete 3	Jamie Wall	00:16:15			
	Athlete 4	Eamonn Murphy	00:10:28			
21	Club	Rathfarnham (2) 97	00:42:13			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Michael Freeley	00:10:41	00:15:46	00:32:07	00:42:13

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR MEN RESULTS

	Athlete 2	Aaron Browne	00:05:05			
	Athlete 3	Brian Furey	00:16:21			
	Athlete 4	David Power	00:10:06			
22	Club	Tallaght A.C. (1) 120	00:42:14			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Joseph Lyons	00:10:17	00:15:15	00:31:47	00:42:14
	Athlete 2	Luke Coleman	00:04:58			
	Athlete 3	Peter Fitzsimons	00:16:32			
	Athlete 4	Tomas Fitzpatrick	00:10:27			
23	Club	Sligo A.C. 111	00:42:49			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Emmett Dunleavy	00:09:26	00:14:28	00:31:40	00:42:49
	Athlete 2	James Callaghan	00:05:02			
	Athlete 3	Thomas Delahunt	00:17:12			
	Athlete 4	John Paul Carty	00:11:09			
24	Club	Ennis Track A.C. (3) 49	00:43:21			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Conor Devane	00:10:38	00:16:02	00:32:27	00:43:21
	Athlete 2	Jamess Whelan	00:05:24			
	Athlete 3	Brian Murphy	00:16:25			
	Athlete 4	Stephen Maher	00:10:54			
25	Club	Clonliffe Hrs (2) 19	00:43:56			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Thomas Ward	00:10:53	00:16:04	00:34:34	00:43:56
	Athlete 2	Niall Norman	00:05:11			
	Athlete 3	Eoin Keating	00:18:30			
	Athlete 4	Alex Gibbons	00:09:22			
26	Club	Milford A.C. 77	00:45:57			
		Name	Leg 1	Leg 2	Leg 3	Leg 4
	Athlete 1	Peter O'Donnell	00:11:19	00:17:01	00:35:00	00:45:57
	Athlete 2	Brian Doherty	00:05:42			
	Athlete 3	Shaun Boyce	00:17:59			
	Athlete 4	Martin Lynch	00:10:57			

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR MEN RESULTS

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR MEN RESULTS

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR MEN RESULTS

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
SUNDAY 17TH APRIL 2016 RAHENY

SENIOR MEN RESULTS

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
17TH APRIL 2016, RAHENY

MASTER WOMEN RESULTS

AAI Road Relays

Place					
1	Club	Sli Cualann A.C. 109	00:23:19		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Suzanne Foot	00:05:45	00:17:27	00:23:19
	Athlete 2	Carol Costello	00:11:42		
	Athlete 3	Aisling Smith	00:05:52		
2	Club	Drogheda & District 41	00:23:22		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Erin McHugh	00:05:50	00:17:27	00:23:22
	Athlete 2	Mary Leech	00:11:37		
	Athlete 3	Yasmin Canning	00:05:55		
3	Club	Beechmount Hrs. 16	00:23:33		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Maria Morris	00:06:11	00:17:54	00:23:33
	Athlete 2	Gerrie Short	00:11:43		
	Athlete 3	Catherine Diver	00:05:39		
4	Club	Finn Valley (1) 53	00:23:48		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Donna Evans	00:05:54	00:17:47	00:23:48
	Athlete 2	Catriona Devine	00:11:53		
	Athlete 3	Marie Harper	00:06:01		
5	Club	Sportsworld A.C. 113	00:23:54		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Catherine Bambrick	00:05:36	00:17:52	00:23:54
	Athlete 2	Ruth Kelly	00:12:16		
	Athlete 3	Stephanie Bergin	00:06:02		
6	Club	**Raheny Shamrock (A) 139**	00:23:57		W35
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Brid Ni Chonaill	00:05:51	00:17:40	00:23:57
	Athlete 2	Annette Kealy	00:11:49		
	Athlete 3	Helen Carr	00:06:17		
7	Club	St. Josephs A.C. 117	00:24:51		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Mary Doolan	00:06:16	00:18:33	00:24:51
	Athlete 2	Maria Griffin	00:12:17		

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
17TH APRIL 2016, RAHENY

MASTER WOMEN RESULTS

	Athlete 3	Francis Mullally	00:06:18		
8	Club	Donore Harriers (1) 36	00:25:13		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Rhona Duane	00:06:14	00:19:00	00:25:13
	Athlete 2	Barbara Murray	00:12:46		
	Athlete 3	Sinead Graham	00:06:13		
9	Club	**Raheny Shamrock (B) 138**	00:25:55		**W35**
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Elaine McNulty	00:06:17	00:19:11	00:25:55
	Athlete 2	Sarah Quigley	00:12:54		
	Athlete 3	Denise Kelleher	00:06:44		
10	Club	Tallaght A.C. (1)122	00:26:00		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Sharon Tighe	00:06:25	00:19:41	00:26:00
	Athlete 2	Jacqui Boyle	00:13:16		
	Athlete 3	Anita Carruth	00:06:19		
11	Club	Crusaders A.C. 27	00:26:01		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Geraldine Clements	00:06:17	00:18:58	00:26:01
	Athlete 2	Niamh Corby	00:12:41		
	Athlete 3	Olywn Dunne	00:07:03		
12	Club	Donore Harriers (2)37	00:26:22		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Janette Strickland	00:06:36	00:19:57	00:26:22
	Athlete 2	Karen Behan	00:13:21		
	Athlete 3	Julia Hackett	00:06:25		
13	Club	Portmarnock A.C. 88	00:26:26		**W35**
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Sinead Del Bello	00:06:49	00:20:06	00:26:26
	Athlete 2	Mary Harte	00:13:17		
	Athlete 3	Louise O'Reilly	00:06:20		
14	Club	Lucan Harriers A.C.73	00:26:28		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Kathleen Trunk	00:06:44	00:20:03	00:26:28
	Athlete 2	Breda Smyth	00:13:19		
	Athlete 3	Hilary McGee	00:06:25		

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPIONSHIPS
17TH APRIL 2016, RAHENY

MASTER WOMEN RESULTS

15	Club	Tallaght A.C. (2)123	00:27:21		**W35**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Clare O'Brien	00:07:01	00:20:48	00:27:21
	Athlete 2	Sarah Kinsella	00:13:47		
	Athlete 3	Maria Kavanagh	00:06:33		
1	Club	Raheny Shamrock 141	00:27:30		W50
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Bernie Manley	00:07:04	00:20:05	00:27:30
	Athlete 2	Orla Gormley	00:13:01		
	Athlete 3	Helena Corcoran	00:07:25		
2	Club	Finn Valley A.C. 55	00:28:00		**W50**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Kay Byrne	00:06:52	00:20:01	00:28:00
	Athlete 2	Noreen Bonner	00:13:09		
	Athlete 3	Gloria Donaghy	00:07:59		
3	Club	Drogheda & Dist. 42	00:28:13		**W50**
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Maary McDonnell	00:06:45	00:20:59	00:28:13
	Athlete 2	Nuala Reilly	00:14:14		
	Athlete 3	Deirdre McFarren	00:07:14		

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPSIONSHIPS
17TH APRIL 2016, RAHENY

MASTER MEN RESULTS

Place					
1	Club	Donore Harriers (1) 34	00:19:34		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	John Dunne	00:04:48	00:14:48	00:19:34
	Athlete 2	Michael McMahon	00:10:00		
	Athlete 3	Emmet O'Briain	00:04:46		
2	Club	**Rathfarnham W.S.A.F. A.C. 100**	00:19:36		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Ronan Kearns	00:04:46	00:14:55	00:19:36
	Athlete 2	Barry Minnock	00:10:09		
	Athlete 3	Paul Fleming	00:04:41		
3	Club	Newbridge A.C. 79	00:19:39		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Paul Archbold	00:04:44	00:14:49	00:19:39
	Athlete 2	Brian Byrne	00:10:05		
	Athlete 3	Paul Campbell	00:04:50		
4	Club	**Sligo A.C. 110**	00:19:41		M35
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Seamus Somers	00:04:52	00:14:53	00:19:41
	Athlete 2	Richard Gorman	00:10:01		
	Athlete 3	Shane Hayes	00:04:48		
5	Club	Letterkenny A.C. 71	00:20:05		M35
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Raymond Birch	00:05:07	00:15:00	00:20:05
	Athlete 2	Ciaran Doherty	00:09:53		
	Athlete 3	Ivan Toner	00:05:05		
6	Club	Crusaders A.C. (1) 28	00:20:12		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	James Murphy	00:04:50	00:15:05	00:20:12
	Athlete 2	Robert Cross	00:10:15		
	Athlete 3	Jason Kehoe	00:05:07		
7	Club	Raheny Shamrock 193	00:20:14		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Dave Kirwin	00:04:53	00:15:10	00:20:14
	Athlete 2	Brian Leahy	00:10:17		
	Athlete 3	Wes O'Brien	00:05:04		
8	Club	Donore Harriers (2) 35	00:20:24		M35
			Leg 1	**Leg 2**	**Leg 3**
	Athlete 1	Donal Iremonger	00:05:06	00:05:27	00:20:24
	Athlete 2	Ciaran Mccarthy	00:00:21		

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPSIONSHIPS
17TH APRIL 2016, RAHENY

MASTER MEN RESULTS

	Athlete 3	Gavin Keogh	00:14:57		
9	Club	Drogheda & Dist. 40	00:20:30		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	David Walsh	00:04:50	00:15:14	00:20:30
	Athlete 2	Paul Smith	00:10:24		
	Athlete 3	Robert Maher	00:05:16		
10	Club	Finn Valley (1) 56	00:20:36		M35
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Kieran Carlin	00:04:54	00:15:29	00:20:36
	Athlete 2	Shane McNulty	00:10:35		
	Athlete 3	John McElhill	00:05:07		
11	Club	East Cork A.C. 45	00:20:57		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Conor Tierney	00:05:01	00:15:49	00:20:57
	Athlete 2	Frank Hayes	00:10:48		
	Athlete 3	Shane Harrington	00:05:08		
12	Club	Waterford A.C. 134	00:21:07		M35
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	John Dinneen	00:05:06	00:15:44	00:21:07
	Athlete 2	Brian Swaby	00:10:38		
	Athlete 3	Vinnie Codd	00:05:23		
13	Club	Raheny Shamrock 2 94	00:21:09		M35
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	David Grange	00:04:57	00:15:48	00:21:09
	Athlete 2	Damien Kehoe	00:10:51		
	Athlete 3	John Clarke	00:05:21		
14	Club	Metro St. Brigids (1) 74	00:21:17		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Sean Mac Seoin	00:05:07	00:16:04	00:21:17
	Athlete 2	Darragh Hanley	00:10:57		
	Athlete 3	Paul Farrell	00:05:13		
15	Club	Sportsworld A.C. 114	00:21:03		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 2	Phil Kilgannon	00:05:27	00:16:10	00:21:03
	Athlete 3	Damian Kelly	00:10:43		
	Athlete 1	Derrick Saville	00:04:53		
16	Club	Tallaght A.C. 1 124	00:21:35		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Padraig Griffin	00:05:40	00:16:11	00:21:35
	Athlete 2	David Fitzpatrick	00:10:31		

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPSIONSHIPS
17TH APRIL 2016, RAHENY

MASTER MEN RESULTS

	Athlete 3	Billy Loughnan	00:05:24		
17	Club	Sportsworld A.C. 2 115	00:21:51		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Michael Cunningham	00:05:09	00:16:33	00:21:51
	Athlete 2	Justin McKeever	00:11:24		
	Athlete 3	Wesley Harrison	00:05:18		
18	Club	Metro St. Brigids (2) 75	00:21:52		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Paul Spollen	00:05:10	00:16:29	00:21:52
	Athlete 2	Dave Carroll	00:11:19		
	Athlete 3	Mel Hillard	00:05:23		
19	Club	Crusaders A.C. (2) 29	00:21:53		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Niall O'Connell	00:05:18	00:16:37	00:21:53
	Athlete 2	Michael Wychereley	00:11:19		
	Athlete 3	Brian Carr	00:05:16		
20	Club	Portmarnock A.C. 87	00:21:55		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Richard Case	00:05:25	00:16:29	00:21:55
	Athlete 2	Michael McSwiggan	00:11:04		
	Athlete 3	Aideen Burke	00:05:26		
21	Club	Milford A.C. 78	00:22:06		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Anthony Doherty	00:05:22	00:16:32	00:22:06
	Athlete 2	Paul Russell	00:11:10		
	Athlete 3	Joe Gallagher	00:05:34		
22	Club	Finn Valley (2) 57	00:22:07		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Barry Gallagher	00:05:19	00:16:33	00:22:07
	Athlete 2	Seamus O'Donnell	00:11:14		
	Athlete 3	Garvan Boyce	00:05:34		
23	Club	Tallaght A.C. 2 125	00:22:33		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Barry Cullen	00:05:33	00:16:43	00:22:33
	Athlete 2	Liam Cullen	00:11:10		
	Athlete 3	David O'Brien	00:05:50		
24	Club	Metro St. Brigids (3) 76	00:22:40		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Kenny Mc Andrew	00:05:13	00:16:43	00:22:40
	Athlete 3	Vincent Brady	00:11:30		

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPSIONSHIPS
17TH APRIL 2016, RAHENY

MASTER MEN RESULTS

	Athlete 2	Mark Woodger	00:05:57		
25	Club	Tallaght A.C. 3 127	00:24:26		M35
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Andrew Lennon	00:06:07	00:18:37	00:24:26
	Athlete 2	Eddie Donegan	00:12:30		
	Athlete 3	John Stokes	00:05:49		
1	Club	Raheny Shamrock 1 91	00:20:25		M50
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Dave Woods	00:05:12	00:15:26	00:20:25
	Athlete 2	Mick Traynor	00:10:14		
	Athlete 3	Damien Martin	00:04:59		
2	Club	St.Finbarr's A.C. 116	00:20:55		M50
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Michael Murphy	00:05:23	00:15:48	00:20:55
	Athlete 2	Cathal O'Connell	00:10:25		
	Athlete 3	Ken Devine	00:05:07		
3	Club	**Tullamore Hrs A.C. 128**	00:21:58		M50
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Christopher Donegan	00:05:20	00:16:32	00:21:58
	Athlete 2	John Donegan	00:11:12		
	Athlete 3	Brendan Abbott	00:05:26		
4	Club	Tallaght A.C. (1) 126	00:23:29		M50
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Dave Meehan	00:05:45	00:17:05	00:23:29
	Athlete 2	Gerry Woods	00:11:20		
	Athlete 3	Gerry Dore	00:06:24		
5	Club	Raheny Shamrock 2 92	00:23:34		M50
		Name	**Leg 1**	**Leg 2**	**Leg 3**
	Athlete 1	Seamus Rooney	00:05:51	00:17:06	00:23:34
	Athlete 2	Brian Kelly	00:11:15		
	Athlete 3	Christy Reilly	00:06:28		
6	Club	Tallaght A.C. (2) 132	00:26:39		M50
		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Patrick Kelly	00:06:44	00:19:54	00:26:39
	Athlete 2	Joe Pepper	00:13:10		
	Athlete 3	Karl Geraghty	00:06:45		

CONGRATULATIONS TO ALL TEAMS

ATHLETICS IRELAND
ROAD RELAY CHAMPSIONSHIPS
17TH APRIL 2016, RAHENY

MASTER MEN RESULTS

		Name	Leg 1	Leg 2	Leg 3
	Athlete 1	Joe Casey	00:00:00	00:00:00	00:00:00
	Athlete 2	Paul Moran	00:00:00		
	Athlete 3	Tom Cuddy	00:00:00		

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