

EMC 4 Mile Results

Jul 14 2016

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Next race: [Novartis 5k](#)
 Wed Aug 3 at 8pm

*The course was measured and marked by
 Jones Counter*

Men			Women	
1	Alan O'Shea		1	Lizzie Lee
2	Michael Corbett		2	Martina Kiely
3	Cornelius Marshall		3	Niamh Cronin
Category Winners				
			0/35	
			1	Ann Geary
			2	Margaret Hegarty
			3	Justine Looney
0/40			0/40	
1	Joe Cunningham		1	Rachael O'Callaghan
2	Finbarr O'Dwyer		2	Marie-Therese Brady
3	John O'Mahony		3	PAULINE CALLAN
0/45			0/45	
1	Trevor Woods		1	Orla Crosbie
2	John Griffin		2	Lynne Doherty
3	Fergal Quinlan		3	Eidin Christie
0/50			0/50	
1	Brian Linehan		1	Marie Gillman
2	Liam Murphy		2	Mary B. Walsh
3	KEVIN SIEVEWRIGHT		3	
0/55			0/55	
1	Mike McGrath		1	Aine Murphy
2	Mark Walsh		2	Eithne O'Brien
3	Denis Carroll		3	Betty O'Riordan
0/60			0/60	
1	Willie Hayes		1	Marion Lyons
2	Joe Murphy		2	Kathleen O'Connell
3	WILLIE O RIORDAN		3	
0/65			0/65	
1	Richard Piotrowski		1	Mary Linehan
2	Jimmy Murray		2	
3	Bernard Sisk		3	
0/70				
1	John O'Leary			
2	Ian Kohler			
3	Paddy Daly			
W/C				
1	Jerry Forde			

Pos	Name	Cat	Prize	Time	Company	Team
1	Alan O'Shea		M1	00:20:27	The Flying Doctor	
2	Michael Corbett	0/40A	M2	00:21:26	Musgrave	M-A-3
3	Cornelius Marshall	0/40A	M3	00:21:31	HSE	
4	Lizzie Lee	0/35H	F1	00:21:36	Apple	
5	Mark Walsh			00:21:39	Dept of Ed	
6	Joe Cunningham	0/40A	0/40A1	00:21:41	Eli Lilly	
7	Stephen Young			00:21:57	CSO	
8	Finbarr O'Dwyer	0/40A	0/40A2	00:22:17	CPO	M-A-2
9	Trevor Woods	0/45B	0/45B1	00:22:30	UCC	M-B-3
10	John O'Mahony	0/40A	0/40A3	00:22:56	SR Technics	
11	Michael Buckley			00:23:04	Joyce Wolfe Physiotherapy	
12	Padraig O Dubhgain			00:23:20	CPI Technology	M-B-2
13	Martina Kiely		F2	00:23:29	Dept of Ed	
14	Tim Clarke			00:23:31	Waterstones	
15	Derek O'Keeffe	0/40A		00:23:39	EMC	M-A-1
16	Donal Murphy			00:23:48	CPO	M-A-2
17	Philip Carey			00:23:50	EMC	M-A-1
18	John Cronin			00:24:12	Temp Reg	
19	Kieran O'Mahony			00:24:14	Temp Reg	
20	Stephen Geoghegan	0/40A		00:24:22	EMC	M-A-1
21	Brian Linehan	0/50C	0/50C1	00:24:26	G4S Security	
22	Ken O'Mahony			00:24:34	Apple	M-C-1
23	Richard Bourke			00:24:40	Musgrave	M-A-3
24	Vincent O'Sullivan			00:24:45	Temp Reg	
25	Alan Daly	0/40A		00:24:48	Daly	
26	Stephen Hurley			00:24:51	Goldstar Telecom	
27	Dermot Hurley			00:24:53	Eli Lilly	
28	Sean O' Brien			00:24:56	Simply Suits	
29	Dara O'Sullivan			00:25:00	Temp Reg	
30	Stephen Rooney	0/40A		00:25:04	EMC	M-B-1
31	Dave Yelverton			00:25:08	Goldstar Telecom	
32	Tobias Grab			00:25:10	Apple	M-C-1
33	Jordan Beleffi			00:25:10	Temp Reg	
34	Liam Murphy	0/50C	0/50C2	00:25:11	Yves Rocher	
35	Damien O'Brien			00:25:14	Temp Reg	
36	Elton Chambers	0/40A		00:25:15	G.E. Healthcare	
37	Kieran Lynch	0/40A		00:25:15	Ervia	
38	John Griffin	0/45B	0/45B2	00:25:24	Blarney Woolen Mills	
39	Kevin O'Shea			00:25:25	Temp Reg	
40	Joe Murray			00:25:26	Solarwinds	
41	Paul Doyle	0/40A		00:25:30	Avondhu MF	
42	Donal Hannigan	0/40A		00:25:33	EMC	M-B-1
43	Niamh Cronin	0/40I	F3	00:25:33	Ronan Daly Jermyn Solicitors	
44	Mike McGrath	0/55D	0/55D1	00:25:37	CIT	
45	KEVIN SIEVEWRIGHT	0/50C	0/50C3	00:25:50	Statsol	
46	Colin Foley			00:25:52	Temp Reg	
47	Iain O'Dwyer			00:25:53	CPO	M-A-2
48	John Sheehan			00:25:54	Temp Reg	
49	Timmy Kelleher	0/40A		00:25:58	CPO	
50	Mark Walsh	0/55D	0/55D2	00:26:02	Midleton Town Council	
51	Darren Ahern			00:26:11	Stryker	
52	Mark Barry	0/40A		00:26:24	G.E. Healthcare	
53	Mark Kelliher			00:26:26	EMC	M-B-1
54	John Sheppard			00:26:40	Temp Reg	
55	John Santry			00:26:42	EMC	M-C-2
56	Mike O'Connor			00:26:44	Temp Reg	
57	Tony Cummins			00:26:45	Irish Rail	
58	Richard Piotrowski	0/65F	0/65F1	00:26:48	The Edge Sports Shop	
59	Willie Hayes	0/60E	0/60E1	00:26:51	An Post/Eir	
60	Robin O'Donoghue			00:26:56	Temp Reg	
61	Orla Crosbie	0/45J	0/45J1	00:26:59	HSE	F-B-2
62	Fergal Quinlan	0/45B	0/45B3	00:27:02	Carey Tools	
63	Martin Daly	0/40A		00:27:05	EMC	M-C-2
64	Joe Murphy	0/60E	0/60E2	00:27:06	Cork County Council	
65	Peter Broderick	0/45B		00:27:07	Army	M-C-3
66	Ken Ince			00:27:08	Temp Reg	
67	Dennis Kelleher			00:27:10	Temp Reg	
68	Martin Lynch	0/50C		00:27:11	Boston Scientific	
69	Cathy Kenneally			00:27:19	EMC	F-B-1
70	Denis Carroll	0/55D	0/55D3	00:27:21	Blarney Woolen Mills	
71	Ollie Murphy			00:27:24	CPI Technology	M-B-2
72	Michael Brennan	0/45B		00:27:25	CIT	

73	Dermot Gallagher			00:27:26	Novartis	
74	Ronan Healy			00:27:35	CPI Technology	M-B-2
75	WILLIE O RIORDAN	0/60E	0/60E3	00:27:38	Army	M-C-3
76	Lawrence Kenrick			00:27:40	John Healy Gates	
77	Adam Pasik			00:27:41	John Healy Gates	
78	Clodagh Galvin			00:27:44	Temp Reg	
79	John Delaney	0/50C		00:27:46	Delaney	
80	Derek Costello			00:27:49	Novartis	
81	Trevor Collins	0/40A		00:27:49	VMware	
82	Conor O'Sullivan			00:27:53	Temp Reg	
83	Benjamin Gearey	0/45B		00:27:58	UCC	M-B-3
84	John O'Doherty	0/45B		00:27:59	AIB	
85	Damien O'Riordan			00:28:00	ADI	
86	Thomas O'Regan	0/40A		00:28:00	Irish Rail	
87	Mark Wallace			00:28:01	MSD Brinny	
88	Charlie Byrd	0/50C		00:28:04	Musgrave	M-A-3
89	John O'Mahoney			00:28:06	VMware	
90	Gerard Geary			00:28:15	Fota Collection	
91	Ann Geary	0/35H	0/35H1	00:28:19	UCC	F-A-1
92	Killian Hickey			00:28:25	Temp Reg	
93	Richard Forrest	0/45B		00:28:35	Cork County Council	
94	Fraser MacGilp	0/50C		00:28:36	EMC	M-C-2
95	MARTYN UNDERHILL	0/45B		00:28:38	Army	M-C-3
96	Ciaran O'Laighin	0/40A		00:28:40	EMC	
97	David O'Riordan			00:28:40	UCC	M-B-3
98	Jerry Mc Carthy	0/60E		00:28:49	Dept of Ed	
99	Francisco Jaen			00:28:49	Temp Reg	
100	John O'Driscoll	0/60E		00:28:50	FAS	
101	Diarmuid Kenefick			00:28:55	Stryker	
102	Gary Gibbons	0/40A		00:28:56	EMC	
103	Helen Walsh			00:28:59	Temp Reg	
104	Paul Dowling			00:28:59	Temp Reg	
105	Shane McCarthy			00:29:00	Alcon	
106	Rachael O'Callaghan	0/40I	0/40I1	00:29:04	Cork Shops	
107	John O'Shaughnessy	0/50C		00:29:09	John Healy Gates	
108	Laurence Sexton	0/50C		00:29:10	EMC	
109	Ciaran Healy			00:29:11	Temp Reg	
110	Martin Walsh			00:29:13	Temp Reg	
111	Liam Aherne			00:29:14	EMC	
112	Paul Bradley	0/45B		00:29:16	EMC	
113	Pat Murphy	0/50C		00:29:28	Navy	
114	Karena Mccarthy			00:29:28	Temp Reg	
115	Rosario Molina			00:29:29	Temp Reg	
116	Mark Healy			00:29:30	Temp Reg	
117	Lynne Doherty	0/45J	0/45J2	00:29:31	Keen on Sport	
118	Marie Gillman	0/50K	0/50K1	00:29:34	Merck Millipore	
119	Marie-Therese Brady	0/40I	0/40I2	00:29:36	Pfizer	
120	Martin Neville	0/45B		00:29:39	Yves Rocher	
121	PAULINE CALLAN	0/40I	0/40I3	00:29:40	Callan Kitchens	
122	Tony Dineen			00:29:45	Temp Reg	
123	Lynda O'Gorman	0/40I		00:29:48	CBC staff	
124	Michael Dooley	0/50C		00:29:55	CPO	
125	Ned Ramsell	0/45B		00:30:00	Flexible Connectors	
126	Margaret Hegarty	0/35H	0/35H2	00:30:02	UCC	F-A-1
127	Sean O'Brien	0/50C		00:30:06	Cork County Council	
128	Conor Murphy			00:30:09	MOB DOORS	
129	Jamie Kent			00:30:26	John Healy Gates	
130	Anthony Mahoney	0/40A		00:30:27	Depuy	
131	Danielle O'Flynn			00:30:29	Happy Feet	F-A-2
132	Colin Murphy	0/40A		00:30:32	Legal IT	
133	Helen O'Callaghan			00:30:34	Temp Reg	
134	John Mccarthy			00:30:38	Temp Reg	
135	Dan O'Donovan			00:30:39	Temp Reg	
136	Lukasz Lowas			00:30:51	Kuehne & Nagle	
137	Mick Murphy	0/50C		00:30:54	MOB DOORS	
138	Paul Burke			00:30:55	Temp Reg	
139	Brendan Deane	0/50C		00:31:04	CIT	
140	Daniel Oleary			00:31:06	Temp Reg	
141	Alan Mahy			00:31:10	Kuehne & Nagle	
142	John Kiggins			00:31:13	EMC	
143	John Hayes	0/55D		00:31:14	FAS	
144	Kevin O'Donovan			00:31:15	EMC	
145	Paul Healy	0/40A		00:31:18	Simply Suits	

146	Aine Murphy	0/55L	0/55L1	00:31:20	UCC	
147	Catherina Lane	0/40I		00:31:21	Musgrave	
148	Brendan Tobin			00:31:24	Temp Reg	
149	Justine Looney	0/35H	0/35H3	00:31:25	Cork Flower Studio	
150	Eidin Christie	0/45J	0/45J3	00:31:29	DEM Enterprises	
151	Gobinat Moynihan			00:31:30	Temp Reg	
152	Shelia Moran			00:31:30	Temp Reg	
153	Paul mansbridge	0/50C		00:31:30	Alcon	
154	Warren Fleury			00:31:32	Temp Reg	
155	Tony Neiland			00:31:38	Temp Reg	
156	Jimmy Murray	0/65F	0/65F2	00:31:39	HSE	
157	Andrew Geaney	0/60E		00:31:41	Apple	M-C-1
158	Donal O'Donoghue	0/45B		00:31:43	NSC	
159	Mary Coyne	0/35H		00:31:44	Eli Lilly	
160	Bryan Browne			00:31:45	Musgrave	
161	Bernard Sisk	0/65F	0/65F3	00:31:47	Sisk Builders	
162	Lorcan McVeigh			00:31:55	EMC	
163	John O'Leary	0/70G	0/70G1	00:32:00	Bookdeal	
164	James Spillane	0/40A		00:32:02	Stryker	
165	Marion Lyons	0/60M	0/60M1	00:32:09	Fit4Life	
166	Una Buckley	0/35H		00:32:13	EMC	F-B-1
167	Brian Phelan	0/45B		00:32:21	EMC	
168	Donie O'Connell	0/65F		00:32:29	Midleton Town Council	
169	Grainne Sheehan	0/35H		00:32:33	Suzuki Piano	
170	Kate Nagle	0/35H		00:32:38	EMC	F-C-1
171	Derry Keane			00:32:39	Temp Reg	
172	Gerard Rasmussen	0/55D		00:32:42	CIT	
173	Dermot Fitzgerald			00:32:45	Happy Feet	
174	Kerry Constant	0/60E		00:32:46	Constant	
175	Colette Ryan	0/45J		00:32:49	Douglas Meet and Train	
176	David Donnelly			00:32:58	Temp Reg	
177	John O'Callaghan	0/45B		00:32:59	Complete Financial	
178	Patricia O' Herlihy	0/35H		00:33:01	Brookfield Renewable	
179	Maria Cronin			00:33:14	Temp Reg	
180	Danielle Dubois			00:33:21	Temp Reg	
181	Martin Landers			00:33:26	EMC	
182	Dennis Mcauliffe			00:33:27	Temp Reg	
183	Yvonne Walsh	0/40I		00:33:29	Merck Millipore	
184	Eithne O'Brien	0/55L	0/55L2	00:33:47	Enterprise System Partners Ltd	F-C-2
185	Cathal Casey			00:33:51	Temp Reg	
186	Neil O'Sullivan	0/45B		00:33:51	PM Group	
187	Frank Linehan	0/65F		00:33:52	The Owl Printer	
188	Brian Kavanagh	0/45B		00:33:54	EMC	
189	Ciaran Cahill	0/50C		00:33:56	Happy Feet	
190	Willie Gould			00:34:03	CPO	
191	Alan Goodman			00:34:06	Temp Reg	
192	Shane Walsh	0/45B		00:34:07	Landsbridge Transport	
193	John Cagney	0/45B		00:34:08	EMC	
194	Betty O'Riordan	0/55L	0/55L3	00:34:12	JF Gould	
195	Gerard Mannix			00:34:53	UCC	
196	Brian Twomey	0/40A		00:34:55	EMC	
197	Sinead O'Donoghue			00:34:58	Temp Reg	
198	Mary Casey			00:35:02	Temp Reg	
199	Fionnuala Dineen			00:35:12	Temp Reg	
200	Amelie O'Brien	0/35H		00:35:18	Enterprise System Partners Ltd	F-C-2
201	Louise O'Connor	0/35H		00:35:24	EMC	F-C-1
202	Olga O' Sullivan	0/35H		00:35:26	EMC	
203	Liz Saville	0/35H		00:35:33	Murphys Rock	
204	Vicky Lehane	0/40I		00:35:33	Murphys Rock	
205	Pawel Switaj			00:35:34	Temp Reg	
206	Eugene McVeigh	0/55D		00:35:35	EMC	
207	Brian Martin			00:35:38	CPO	
208	Kieran Drummy			00:35:44	Temp Reg	
209	Louise Hall	0/35H		00:35:47	Happy Feet	F-A-2
210	Fergus O'Halloran	0/45B		00:35:50	Complete Financial	
211	Carmel Geaney	0/55L		00:35:52	ESB	
212	Margaret Murphy	0/45J		00:35:56	Complete Financial	
213	Mary Delaney	0/45J		00:35:57	Delaney	
214	JACK MURRAY	0/40A		00:35:58	Alcon	
215	Donal Golden			00:35:59	EMC	
216	Tommy Desmond			00:36:01	Temp Reg	
217	Paul O'Riordan			00:36:15	Temp Reg	
218	Ian Kohler	0/70G	0/70G2	00:36:27	Janssen	

219	Ted O'Riordan			00:36:50	EMC	
220	Norma Murphy	0/55L		00:37:01	ESB	
221	Kay Birch			00:37:02	CSO	
222	Kamila Jakubowska Switay	0/35H		00:37:21	Merck Millipore	
223	Mary Linehan	0/65N	0/65N1	00:37:25	The Owl Printer	
224	Paddy Daly	0/70G	0/70G3	00:37:25	Army	
225	Ciara Dineen			00:37:32	Temp Reg	
226	Angela Tobin	0/55L		00:37:58	HSE	F-B-2
227	Batt Kearney	0/55D		00:38:15	Blarney Woolen Mills	
228	Eoin Deane			00:38:18	Temp Reg	
229	John J Cotter	0/70G		00:38:21	ESB	
230	Clare Forde	0/35H		00:38:25	Fota Collection	
231	Enda Hogan			00:38:36	Temp Reg	
232	Gavin Coleman	0/45B		00:39:19	Stryker	
233	Paul Kelleher	0/45B		00:39:22	EMC	
234	Karen Mchugh			00:39:44	Temp Reg	
235	Mary Mccarthy			00:39:44	Temp Reg	
236	Kimberley Doyle			00:39:45	Temp Reg	
237	Mary B. Walsh	0/50K	0/50K2	00:39:50	Midleton Town Council	
238	Mary O'Halloran	0/45J		00:40:00	Complete Financial	
239	Billy Caball	0/70G		00:40:32	FAS	
240	Jessica Cogan			00:41:32	Temp Reg	
241	Frank Kelleher JNR	0/40A		00:41:35	Cork City Council	
242	Maeve O'Halloran			00:42:29	Complete Financial	
243	Wouter Groenendijk			00:42:54	VMware	
244	Liam O'Brien	0/55D		00:44:27	Enterprise System Partners Ltd	
245	Proinnsias O'Keeffe			00:45:16	Temp Reg	
246	Kathleen O'Connell	0/60M	0/60M2	00:45:21	Midleton Town Council	
247	Alma Wilson			00:46:24	Temp Reg	
248	Pamela Lenihan	0/35H		00:47:01	Fota Collection	
249	Jerry Forde	0/65F		00:47:04	HSE	
250	Sharon O'Brien			00:48:08	Temp Reg	
251	Stephanie Maher			00:48:21	Temp Reg	
252	Rhona Cagney			00:48:22	Temp Reg	
253	Daniel Crowley			00:50:09	Temp Reg	
254	Brid Crowley			00:50:10	Temp Reg	
255	Bernice Glavin	0/55L		00:54:18	HSE	
256	Trish O'Mahony			00:58:58	Temp Reg	
257	Meabh O'Mahony			00:59:19	Temp Reg	
258	Ann Whyte			00:59:20	Temp Reg	
259	Jacqueline Murphy			00:59:20	Temp Reg	
260	Euan Murphy			00:59:24	Temp Reg	
261	Karen Mulcahy			00:59:29	Temp Reg	
262	Sharon Murphy			00:59:30	Temp Reg	
263	Ursula Barry			00:59:44	Temp Reg	
264	Clare Barry			00:59:50	Temp Reg	