

National Indoor
A.I.T. Internati

Wom

No	Women	60m	60mh
180	Dublin City Harriers	7	13
149	Craughwell A.C	9	9
160	Leevale A.C	11	5
161	Clonliffe Harriers A.C	8	6
162	Kilkenny City Harriers A.C	13	10
164	Donore Harriers	6	2
146	Slí Cualann A.C	10	4
166	Raheny Shamrocks	4	8
159	Menapians A.C	5	11
179	Lifford Strabane A.C	2	3
163	Tallaght A.C	3	1
165	Dooneen A.C	0	7

National In
A.I.T. Inte

Me

No.	Men	60m	60mh
170	Tallaght A.C	13	13
171	Clonliffe Harriers A.C	11	
172	Galway City Harriers	9	10
174	Donore Harriers	5	11
147	Lifford Strabane A.C	4	8
177	Raheny Shamrocks	10	
169	Leevale A.C	6	
168	Menapians A.C	8	9
175	Dooneen A.C	3	
173	Kilkenny City Harriers A.C	7	
148	Slí Cualann A.C	2	

Round 1 National Indoor League 2016

Mens League 60m Result

Place	ID	Name	Club	Time	Points
1	170	Joseph Ojewumi	Tallaght A.C	7.06	13
2	171	Keith Pike	Clonliffe Harriers A.C	7.11	11
3	177	Luc Bellintani	Raheny Shamrocks	7.18	10
4	172	Jack Dempsey	Galway City Harriers	7.21	9
5	168	Michael Deady	Menapians A.C	7.30	8
6	173	Callan Byrne	Kilkenny City Harriers A.C	7.30	7
7	169	Dave Quilligan	Leevale A.C	7.32	6
8	174	Rolus Olusa	Donore Harriers	7.41	5
9	147	Thomas Mullen	Lifford Strabane A.C	7.47	4
10	175	Laju Uwatsse	Dooneen A.C	7.55	3
11	148	Noah Daly	Slí Cualann A.C	8.04	2

Mens League 60mh Result

Place	ID	Name	Club	Time	Points
1	170	Joshua Essuman	Tallaght A.C	8.87	13
2	174	Rolus Olusa	Donore Harriers	8.96	11
3	172	Simon Callaghan	Galway City Harriers	9.57	10
4	168	Conor Gaffney	Menapians A.C	9.64	9
5	147	Gary Gallagher	Lifford Strabane A.C	11.21	8

Mens League 800m Result

	ID	Name	Club	Time	Points
1	174	John Travers	Donore Harriers	1.54.11	13
2	170	Joseph Lyons	Tallaght A.C	1.58.58	11
3	169	Conor O'Driscoll	Leevale A.C	2.00.35	10
4	147	Alan McGinley	Lifford Strabane A.C	2.01.14	9
5	148	Tim Grummell	Slí Cualann A.C	2.01.78	8
6	177	Daniel Scully	Raheny Shamrocks	2.01.86	7
7	171	Josh Stubbs	Clonliffe Harriers A.C	2.02.82	6
8	168	Enda Cloake	Menapians A.C	2.04.31	5
9	175	Tony Fitzgerald	Dooneen A.C	2.11.62	4

Women League 60m Result

	ID	Name	Club	Time	Points
1	162	Eimear McMullan	Kilkenny City Harriers A.C	7.90	13
2	160	Shona Lowe	Leevale A.C	7.92	11
3	146	Claire Foley	Slí Cualann A.C	8.02	10
4	149	Sinead Treacy	Craughwell A.C	8.04	9
5	161	Snezana Bechtina	Clonliffe Harriers A.C	8.08	8
6	180	Alison Burke	Dublin City Harriers	8.20	7
7	164	Suzi O'Farrell	Donore Harriers	8.21	6
8	159	Jane Shovlin	Menapians A.C	8.71	5
9	166	Maria Murphy	Raheny Shamrocks	8.77	4
10	163	Julia Kazamierczak	Tallaght A.C	9.26	3
11	179	Mary Mullen	Lifford Strabane A.C	13.05	2

12	165	Kila Curran	Dooneen A.C	DQ	
Womens League 60mh Result					
Place	ID	Name	Club	Time	Points
1	180	Catherine McManus	Dublin City Harriers	8.65	13
2	159	Chloe Whelan	Menapians A.C	9.88	11
3	162	Sinead McDonough	Kilkenny City Harriers A.C	10.1	10
4	149	Sarah Finnegan	Craughwell A.C	10.39	9
5	166	Maeve Sheehan	Raheny Shamrocks	10.64	8
6	164	Lauren Kennedy	Donore Harriers	10.96	7
7	161	Snezana Bechtana	Clonliffe Harriers A.C	11.02	6
8	160	Lorraine Carr	Leevale A.C	11.17	5
9	146	Aoife Conroy	Slí Cualann A.C	11.26	4
10	179	Isabel Breslin	Lifford Strabane A.C	11.71	3
11	165	Louise Collins	Dooneen A.C	13.29	2
12	163	Saoirse Reihill	Tallaght A.C	20.38	1
Womens League 800m Result					
	ID	Name	Club	Time	Points
1	160	Andrea Bickerdike	Leevale A.C	2.19.35	13
2	180	Eimear O'Brien	Dublin City Harriers	2.20.94	11
3	146	Rachael Browne	Slí Cualann A.C	2.20.99	10
4	161	Eimear O'Brien	Clonliffe Harriers A.C	2.22.14	9
5	149	Sinead Gaffney	Craughwell A.C	2.25.36	8
6	159	Anne Gilshinan	Menapians A.C	2.25.55	7
7	179	Shannon Craig	Lifford Strabane A.C	2.27.49	6
8	164	Sinead Lambe	Donore Harriers	2.28.87	5
9	166	Aoibhinn McGoldrick	Raheny Shamrocks	2.29.44	4
10	163	Kayleigh Clarke	Tallaght A.C	2.37.85	3
11	165	Mary Neil	Dooneen A.C	2.45.02	2
Men Long Jump Guest					
	Name	Club		Dist	
	1938	Luc Bellintussi	Raheny Shamrock	6.86	
	1944	Daniel Callaghan Ford	Craughwell A.C.	6.04	
	1836	Conor Daly	St Abbans A.C	5.88	
	1936	Simon Callaghan	GCH	5.84	
	1946	Max Carey	Donore Harriers	5.76	
	1897	Nazeer Sherzad	Letterkenny A.C.	5.71	
	1937	Barry Quigg	Tir Chonail	5.64	
	1865	Jerry Keary	Craughwell A.C.	5.62	
	1892	Matthew McKiernan	Craughwell A.C.	5.37	
	1874	Kevin Byrne	Dundrum South Dublin A.C.	5.21	
	1940	Gary Gallagher	Lifford A.C.	5.07	
	1939	Liam Sheehan	Raheny Shamrock	4.86	

Women Long Jump Guest					
		Name	Club	Dist	
		Sarah Buggy	St. Abbans	5.46	
	1880	Laura Cunningham	Craughwell A.C.	4.70	
	1881	Laura Frey	Lagan Valley AC	4.68	
	1885	Lorraine Dey	Craughwell A.C.	4.63	
	1826	Ciana Reidy	Craughwell A.C.	4.46	
	1819	Caoilin Milton	Craughwell A.C.	4.43	
	1812	Aoife Walsh	Craughwell A.C.	4.28	
	1926	Shauna Tobin	Craughwell A.C.	3.89	
	1858	Isobel O'Grady	Sli Cualann A.C.	3.35	
	1808	Anna O'Reilly	Donore Harriers	3.18	
Men Shot Putt Guest					
		Name	Club	Dist	
	1893	Michael Breathnach	Galway City Harriers A.C.	12.43	
	1817	Brendan Staunton	Galway City Harriers A.C.	11.18	
	1829	Cliff Jennings	Galway City Harriers A.C.	9.42	
	1825	Cian Ellwood	Donore Harriers	8.48	
	1867	Joe Fry	Lagan Valley AC	8.58	(6K)
Men Pole Vault Guest					
		Name	Club	Dist	
	1912	Robert Ivers	Raheny Shamrock A.C.	3.50	
	1815	Bernard Hollands	Lusk A.C.	3.10	
	1875	Kevin Byrne	Dundrum South Dublin A.C.	2.90	
	1850	Donal Kearns	Cushinstown	2.90	
	1818	Adam McNally	Lusk A.C.	2.70	

Women Pole Vault Guest					
		Name	Club	Dist	
	1917	Ruth Larragy	Le Cheile A.C.	2.70	
	1887	Maeve Flynn	Lusk A.C.	2.70	
	1920	Sarah Derham	Lusk A.C.	2.10	
Men 60m Guest					
	ID	Name	Club	Time	
	1801	Christopher Xolile Sibanda	Clonliffe Harriers A.C.	7.01	
	1847	Dean Adams	Ballymena & Antrim A.C.	7.07	
	1927	Stephen Gaffney	Rathfarnham W.S.A.F. A.C.	7.08	
	1883	Laurence O Reilly	Tullamore Harriers A.C.	7.14	
	1896	Mikey Cullen	Menapians A.C.	7.20	
	1945	Kaodi Ogbene	Leevale A.C.	7.20	
	1905	Paul Whelan	Clonliffe Harriers A.C.	7.21	
	1931	Tony Stafford	Menapians A.C.	7.25	
	1837	Conor Duggan	Craughwell A.C.	7.27	
	1934	Pierce Friel	Clonliffe Harriers A.C.	7.29	
	1860	Jack Manning	Kilkenny City Harriers A.C.	7.35	
	1941	Colm Burke	Raheny Shamrock	7.37	
	1950	Adam Halpin	Donore Harriers	7.48	
	1886	Luke O Neill	Menapians A.C.	7.50	
	1898	Neil Heffernan	Leevale A.C.	7.51	
	1838	Conor Fox	Donore Harriers	7.54	
	1878	Kalade Abiode	Donore Harriers	7.57	
	1859	Jack Hayden	Menapians A.C.	7.62	
	1914	Roland Precieux	Limerick A.C.	7.62	
	1918	Sam O Neill	Menapians A.C.	7.65	
	1939	Liam Sheehan	Raheny Shamrock	7.77	
	1833	Conor Breslin	Lifford A.C.	7.87	
	1923	Sean O Broin	Donore Harriers	7.94	
	1949	Conor Quinn	Raheny Shamrock	8.02	
	1854	Frankie Murray	Finn Valley A.C.	8.78	
	1866	Joe Frey	Lagan Valley AC	9.15	
Men 800m Guest					
	ID	Name	Club	Time	
	1876	Kevin McGrath	Bohermeen A.C.	1.53.59	
	1832	Conall Hayes	Le Cheile A.C.	1.54.61	
	1951	Luke Horgan	Leevale A.C.	1.55.45	
	1868	John Coghlan	Metro/St. Brigid's A.C.	1.55.90	
	1884	Liam Hennessy	Togher A.C.	1.56.13	
	1807	Andrew Connick	FERRYBANK A.C.	1.57.19	
	1848	Denis Coughlan	St. Finbarrs A.C.	1.57.71	

	1908	Pierre Murchan	Dublin City Harriers A.C.	1.57.94	
	1891	Matt Doherty	Derry City Track Club	1.58.88	
	1906	Paul Peppard	Monaghan Phoenix A.C.	1.59.42	
	1803	Aengus Meldon	Dundrum South Dublin A.C.	1.59.88	
	1855	Garry O'Sullivan	West Muskerry A.C.	1.59.88	
	1933	William Hughes	Thurles Crokes A.C.	1.59.88	
	1922	Sean Curran	West Waterford A.C.	2.00.58	
	1889	Mark Conway	Dundrum South Dublin A.C.	2.00.60	
	1952	Matt Murnane	Leevale A.C.	2.01.40	
	1842	Cullen Lynch	Togher A.C.	2.02.02	
	1915	Ronan Duggan	Bandon A.C.	2.02.41	
	1861	James Moore	St Abbans A.C.	2.02.72	
	1907	Peter O'Sullillvan	Craughwell A.C.	2.04.57	
	1873	Ken Archbold	St. L. O'Toole A.C.	2.04.82	
	1904	Paddy Kelly	Mullingar Harriers A.C.	2.04.89	
	1846	David Campbell	Donore Harriers	2.05.08	
	1930	Tim Shiels	Derry City Track Club	2.05.51	
	1954	Finn Burke Power	DCH	2.05.90	
	1849	Donal Farren	Letterkenny A.C.	2.06.06	
	1929	Tadhg Brennan	FERRYBANK A.C.	2.06.34	
	1903	Oisin Lyons	Craughwell A.C.	2.06.90	
	1899	Niall Elliott	Lifford A.C.	2.08.00	
	1928	Stephen Nea	Mullingar Harriers A.C.	2.08.48	
	1839	Conor Gaffney	Menapians A.C.	2.08.59	
	1822	Cathal McLaughlin	Derry City Track Club	2.08.83	
	1853	Evan McMillan	Dublin City Harriers A.C.	2.09.51	
	1840	Conor Mc Ginley	Lifford A.C.	2.09.67	
	1824	Charlie McElwaine	Lifford A.C.	2.09.80	
	1816	Brandon Connolly	Derry City Track Club	2.09.91	
	1924	Shaun Deery	Derry City Track Club	2.12.04	
	1953	James Kennedy	DCH	2.16.57	
	1911	Robert Bigger	Derry City Track Club	2.16.82	
	1910	Richard Burns	Menapians A.C.	2.20.79	
	1834	Conor McIlveen	Derry City Track Club	2.22.50	

Women 60m Guest

	ID	Name	Club	Time	
	2000	Catherine McManus	DCH	7.69	
	1830	Clíodhna Manning	Kilkenny City Harriers A.C.	7.70	
	1828	Ara Freeman	Sli Cualann A.C.	7.94	
	1909	Rachel Keane	Tullamore Harriers A.C.	7.98	
	1935	Chloe Whelan	Menapians A.C.	8.03	
	1919	Saragh Buggy	St Abbans A.C.	8.10	
	1805	Alana Ryan	Sli Cualann A.C.	8.19	
	1821	Cara Brennan	Donore Harriers	8.21	
	1895	Michelle Duggan	Craughwell A.C.	8.22	
	1888	Margaret Caldbeck	Kilkenny City Harriers A.C.	8.34	
	1871	Katie Brennan	St Abbans A.C.	8.39	
	1881	Laura Frey	Lagan Valley AC	8.53	
	1925	Shauna Daly	St Abbans A.C.	8.54	

	1882	Lauren Flaherty	Donore Harriers	8.6	
	1913	Robyn O Keffe	Donore Harriers	8.68	
	1900	Niamh Conroy	Sli Cualann A.C.	8.71	
	1863	Jane Shovlin	Menapians A.C.	8.83	

Women 60mh Guest

	ID	Name	Club	Time	
	1881	Laura Frey	Lagan Valley AC	10.05	

Women 800m Guest

	Name	Club	Time	
	1827	Ciara Mageean	U.C.D. A.C.	2.04.90
	1806	Amy Hamill	Glaslough Harriers A.C.	2.13.79
	1916	Rose Finnegan	Bohermeen A.C.	2.14.73
	1811	Aoife Ni Bhroin	Dublin City Harriers A.C.	2.24.82
	1902	Nicole O'Malley	St. Coca's A.C.	2.25.43
	1872	Katy Conroy	Sli Cualann A.C.	2.27.79
	1943	Emer Treacy	Clonliffe Harriers	2.29.82
	1820	Caoimhe MacKey	Donore Harriers	2.33.04
	1810	Aoife Conroy	Sli Cualann A.C.	2.33.24
	1955	Aoife Corr	DCH	2.34.14
	1831	Clodagh Martin	Donore Harriers	2.39.33

Men 60mh Guest

	Name	Club	Time	
	1850	Donal Kearns	Cushinstown A.C.	9.24

Women Shot Putt League

	Name	Club	Dist	
	162	Catriona Twomey	Kilkenny City Harriers A.C	9.22
	164	Mimi Agargbo	Donore Harriers	8.84
	180	Catherine Mc Manus	DCH	8.12
	149	Melissa Mulins	Craughwell A.C	8.02
	161	Denise Byrne	Clonliffe Harriers A.C	7.87
	166	Mieke Kiernan	Raheny Shamrocks	7.83
	163	Saoirse Reihill	Tallaght A.C	7.59
	179	Isable Breslin	Lifford Strabane A.C	7.30

	159	Chloe Whelan	Menapians A.C	6.27	
	146	Aoife Conroy	Slí Cualann A.C	5.67	
	160	Una Samuels	Leevale A.C	5.37	
	165	Mary Neil	Dooneen A.C	4.85	

Men 60m Guest Race 2

	ID	Name	Club	Time	
	1801	Christopher Xolile Sibanda	Clonliffe Harriers A.C.	6.94	
	1847	Dean Adams	Ballymena & Antrim A.C.	7.02	
	170	Joseph Ojewumi	Tallaght A.C	7.07	
	1927	Stephen Gaffney	Rathfarnham W.S.A.F. A.C.	7.17	
	1896	Mikey Cullen	Menapians A.C.	7.20	
	172	Jack Dempsey	GCH	7.21	
	1959	Joshua Essuman	Tallaght A.C	7.23	
	1941	Colm Burke	Raheny Shamrock	7.34	
	1957	Michael Deady	Menapians A.C.	7.34	
	1931	Tony Stafford	Menapians A.C.	7.37	
	1934	Pierce Friel	Clonliffe Harriers A.C.	7.44	
	1886	Luke O Neill	Menapians A.C.	7.49	
	1918	Sam O Neill	Menapians A.C.	7.58	
	1859	Jack Hayden	Menapians A.C.	7.60	
	1914	Roland Precieux	Limerick A.C.	7.68	
	1999	Liam Sheehan	Raheny Shamrock	7.74	

Women 60m Race 2 Guest

	Name	Club	Club	Time	
	2000	Catherine Mc Manus	DCH	7.70	
	1935	Chloe Whelan	Menapians	8.08	
	1958	Maeve Sheehan	Raheny Shamrock	8.38	
	166	Maria Murphy	Raheny Shamrock	8.81	

Women Long Jump League				
	Name	Club	Dist	Points
161	Ausra Jerumbauskyste	Clonliffe Harriers A.C	5.50	13
149	Catriona Farrell	Craughwell A.C	4.98	11
166	Maeve Sheehan	Raheny Shamrocks	4.80	10
180	Alison Burke	Dublin City Harriers	4.70	9
146	Ara Freeman	Slí Cualann A.C	4.69	8
162	Margaret Caldbveck	Kilkenny City Harriers	4.63	7
163	Sarah Reihill	Tallaght A.C	4.61	6
164	Roisin Rynn Cahill	Donore Harriers	4.46	5
179	Shannon Craig	Lifford Strabane A.C	4.44	4
159	Jane Shovlin	Menapians A.C	4.43	3
160	Lorraine Carr	Leevale A.C	4.26	2
165	Louise Collins	Dooneen A.C	4.10	1
Men Shot Putt League				
	Name	Club	Dist	Points
172	Sean Breathnach	Galway City Harriers	16.82	13
174	Niall Allen	Donore Harriers	10.16	11
171	Michael Curley	Clonliffe Harriers A.C	10.15	10
177	Brion Hoban	Raheny Shamrocks	10.14	9
147	Mark Doherty	Lifford Strabane A.C	10,12	8
173	Jack Manning	Kilkenny City Harriers A.C	9.28	7
169	Kaodi Ogbene	Leevale A.C	8.87	6
175	Stephen Lappin	Dooneen A.C	8.18	5
170	Joseph Ojewumi	Tallaght A.C	7.79	4
168	Enda Clarke	Menapians A.C	5.83	3
Men Pole Vault League				
	Name	Club	Dist	Points
171	Ian Rogers	Clonliffe Harriers A.C	4.10	13
177	Conor Bermingham	Raheny Shamrocks	3.90	11
169	Des Kelleher	Leevale A.C	2.90	9.5
147	Thomas Mullen	Lifford Strabane A.C	2.90	9.5
170	Patrick Curran	Tallaght A.C	2.90	8
172	Cliff Jennings	Galway City Harriers	2.50	7

