

# Irish Life Health Munster Schools T&F Results

## Castleisland May 19 2018

### 100m Minor Girls

Wind : 0.0

1	Grace Rooney	St Marys Midleton	12.55
2	Ella Scott	Christ King Cork	12.81
3	Victoria Amidamen	Castletroy College	13.16
4	Lauren Shiels	Ursuline Waterford	13.29
5	Debbie Lawal	Castletroy College	13.43
6	Muireann McElligott	Presentation Listowel	13.62
7	Jennifer Adebayo	Carrigtwohill CC	14.89

### 800m Minor Girls

1	Sarah Butler	Laurel Hill Secondary School	02:17.88 Rec
2	Neasa Ni Ainifein	Gael Cholaiste an Chlar / Enni	02:19.00
3	Maria Campbell	Crescent College Comp SJ	02:27.32
4	Saoirse Tompkins	Boherbue CS	02:32.72
5	Avril Millerick	St Marys Midleton	02:36.45
6	Erin Hanrahan	Scoil Mhuire Carrick	02:36.98
7	Erin Joyce	Pobalscoil na Trionoide	02:45.97

### 75mH (76.2cm) Minor Girls

Wind : 0.0

1	Ella Scott	Christ King Cork	11.57 Rec
2	Maria Campbell	Crescent College Comp SJ	12.72
3	Jodie McGrath	St Marys Nenagh	12.73
4	Erin Hanrahan	Scoil Mhuire Carrick	12.85
5	Eabha Crowley	Bandon Grammar School	12.90
6	Roisin Kiersey	Ardscoil na Mara	13.97

### 4x100m Minor Girls

1	Bandon Grammar School	55.37
2	Presentation Listowel	55.84
3	St Marys Midleton	56.52
4	St Marys Nenagh	56.89
5	Ard Scoil na nDeise	57.06
6	Mercy Mount Hawk	57.26

### Shot Put (2.72Kg) Minor Girls

1	Kotryna Pacerinskaite	Pres Mitchelstown	11.18
2	Aine O'Shea	Mercy Mount Hawk	8.54
3	Nikita McGrath	Borrisokane CC	8.04

### Long Jump Minor Girls

1 Michelle Uwah	SMGS Blarney	4.91
2 Gabby Bowen	Kinsale CS	4.56
3 Grace Fitzgerald	St. Annes Tipp Town	4.50
4 Eabha Crowley	Bandon Grammar School	4.42
5 Muireann McElligott	Presentation Listowel	4.32
6 Edie Hall	Pobalscoil Chorca Dhuibhne	4.17
7 Allanah Dunford	Coláiste Phobal Ros Crí	4.10
8 Paula Holmes	Mercy Mount Hawk	3.72

### Overall

Christ King Cork

### 100m Minor Boys

Wind : -1.0

1 John O'Connor	St Patricks S S Castleisland	12.14
2 Timmy Wilk	Midleton CBS	12.45
3 Tom McCutcheon	St. Josephs Borrisoleigh	12.87
4 Louis O'Connell	St Michael's Listowel	13.05
5 Femi Williams	Mercy Mount Hawk	13.06
6 Dara Looney	St Brendans Killarney	13.24

### 800m Minor Boys

1 Cian Spillane	Pres Milltown	02:14.65
2 Cian Hodgins	CBS Nenagh	02:17.44
3 Tom Walsh	CBS Nenagh	02:18.71
4 Nathan Bagge	Ardscoil na Mara	02:22.66
5 Ronan Walshe	St Caimin's	02:22.68

### 75mH (76.2cm) Minor Boys

Wind : 1.3

1 Conor Callinan	Col an Chroi Naofa	11.61 Rec
2 George Alamu	Midleton CBS	12.77
3 David Igwe	De La Salle College Waterford	12.88
4 Oisin Brady Halmschlag	Coláiste Chiarain	12.94

### 4x100m Minor Boys

1 St Brendans Killarney	51.85
2 Crescent College Comp SJ	53.04
3 St. Josephs Borrisoleigh	54.19
4 Mercy Mount Hawk	54.42
5 Coláiste Chiarain	55.16

### Shot Put (3Kg) Minor Boys

1 Callum Keating	Hazelwood College	14.96 Rec
------------------	-------------------	-----------

2	Tadh Connolly	Abbey CC	13.84
3	Pdraig McCarthy	St Michael's Listowel	11.57
4	Maciej Bialoszewski	Coliste Chiarain	10.20
5	George Alamu	Midleton CBS	9.43
6	Uzo-Emmanuel Nwaeze	Midleton College	9.06
7	Reece Dumphy Jones	Waterpark	8.27

### Long Jump Minor Boys

1	Geoffrey Joy-O'Regan	John The Baptist C S	5.05
2	Ben Connolly	CBS Nenagh	4.97
3	Paddy Falvey	Tralee CBS	4.93
4	Timmy Wilk	Midleton CBS	4.87
5	Conor Davidson	St Augustines	4.84
6	Graham Dooley	Coliste Phobal Ros Cr	4.64

### Overall

Midleton CBS

### 100m Junior Girls

Wind : -0.3

1	Lucy Sleeman	Col Choilm Ballincollig	12.60
2	Emily De-Bhal	Col Choilm Ballincollig	12.69
3	Sally Dickson	Crescent College Comp SJ	13.12
4	Aoife Neville	Castletroy College	13.16
5	Jessica Jagielska	St Flannan's	13.39
6	Emma Grant	Our Ladys Templemore	13.43
7	Rosie Staunton	Borrisokane CC	14.01

### 200m Junior Girls

Wind : 0.0

1	Meabh O'Neil	Dunmanway C.S	26.34
2	Nessa Towey	Our Ladys Templemore	27.00
3	Ava Cashman	Christ King Cork	27.10
4	Sally Dickson	Crescent College Comp SJ	27.80
5	Oyinkan Adedeji	Coliste Chiarain	28.50
6	Aoife Neville	Castletroy College	28.54

### 800m Junior Girls

1	Ailbhe O'Neill	St Marys Nenagh	02:21.86
2	Deirdre Kelly	Col Na Sceilge	02:24.22
3	Aniela Borkowska	St Marys Mallow	02:29.28
4	Aoife Redmond	Abbey CC	02:34.23
5	Holly Carroll	SMGS Blarney	02:34.29
6	Saoirse Allen	Mercy Waterford	02:41.05
7	Catherine Walsh	Hazelwood College	02:46.65

### 1500m Junior Girls

1	Meabh O'Neil	Dunmanway C.S	04:53.44
2	Sarah Hosey	Castletroy College	04:58.26
3	Emma Landers	Pobalscoil na Trionoide	05:02.50
4	Shauna McCarthy	Killorglin CC	05:07.56
5	Emma Murray	Pres Ballingarry	05:09.91
6	Avril Cashman	Pobalscoil na Trionoide	05:10.45
7	Aoibheann Lawton	Scoil Mhuire Ballingearry	05:25.49
8	Kate Bolton	Kilrush C S	05:49.41

### 75mH (76.2cm) Junior Girls

Wind : 0.7

1	Lucy Sleeman	Col Choilm Ballincollig	11.98
2	Paula Igwe	Ursuline Waterford	12.03
3	Oyinkan Adedeji	Col†iste Chiarain	12.52
4	Samme Ojulari	St Flannan's	14.00
5	Emily De-Bhal	Col Choilm Ballincollig	14.09
6	Katie Arthur	Col†iste Muire Ennis	15.45

### 1.2K Walk Junior Girls

1	Meadbh O'Connor	Waterpark College	06:16.32
2	Grainne O'Connor	Cashel CS	06:28.53
3	Alex Cashman	Pobalscoil na Trionoide	06:30.86
4	Aoibhnait O'Dea	St Joseph's S S Spanish Point	06:57.87
5	Aoife De-Faoite	PS Inbhearsceine Kenmare	07:07.25
6	Orla Youell	Bandon Grammar School	07:11.87
7	Niamh Lynch	St Joseph's S S Spanish Point	08:03.80
8	Daisy Novac	Mercy Mount Hawk	08:19.93

### 4x100m Junior Girls

1	Castletroy College	52.76
2	Ursuline Waterford	53.12
3	Christ King Cork	53.48
4	St Flannans	53.94
5	Our Ladys Templemore	54.53
6	St Aloysius Carrigtwohill	55.62

### Hammer (2.5Kg) Junior Girls

1	Nicola Tuthill	Col na Toirbhirte	44.35
2	Leah Parker	St Aloysius Carrigtwohill	42.19
3	Kotryna Pacerinskaite	Pres Mitchelstown	41.98
4	Katelyn Reid	Pobalscoil Chorca Dhuibhne	35.47
5	Nikita McGrath	Borrisokane CC	34.46
6	Maeve Griffin	Blackwater CS	23.09

### Shot Put (2.72Kg) Junior Girls

1	Kirby Anne Ryan	Mercy Mount Hawk	10.84
---	-----------------	------------------	-------

2	Roisin Power	St Mary's S S Newport	10.34
3	Holly Umeh	Christ King Cork	10.02
4	Sarah Heery	Waterpark College	9.91
5	Jess Carron	Loreto Clonmel	8.94
6	Helen Moynihan	Davis College	8.72

### Javelin (400g) Junior Girls

1	Katelyn Reid	Pobalscoil Chorca Dhuibhne	39.91 Rec
2	Leanne Healy	Coliste Muire Ennis	35.98
3	Amy Whelan	Col Mhuire Buttevant	35.02
4	Helen Moynihan	Davis College	34.22
5	Selena O'Riordan	Col an Phiarsaigh	27.04
6	Aisling Power	St. Declans Kilmacthomas	17.65
7	Sarah Slevin	Ard Scoil na nDeise	17.07
8	Aoife Bates	Colaiste Ide agus Iosef	7.00

### Discus (0.75Kg) Junior Girls

1	Leah Parker	St Aloysius Carrigtwohill	28.17
2	Julia Kelly	St. Pauls Waterford	23.01
3	Kirby Anne Ryan	Mercy Mount Hawk	22.16
4	Sarah Heery	Waterpark College	21.75
5	Amy Whelan	Col Mhuire Buttevant	21.40
6	Shima Lannigan	St Augustines	21.34
7	Daisy Novac	Mercy Mount Hawk	15.82

### High Jump Junior Girls

1	Katie Nolke	Ursuline Waterford	1.59
2	Jessica Lyne	Mount Mercy Cork	1.56
3	Ella Dillon	Villiers	1.53
4	Saoirse Allen	Coliste Phobal Ros Cr�	1.45
5	Grace Brennan	St Marys Nenagh	1.45
6	Grace O'Connor	Mercy Mount Hawk	1.25

### Long Jump Junior Girls

1	Laura Frawley	St Marys Midleton	5.76 Rec
2	Katie Nolke	Ursuline Waterford	5.15
3	Rebecca Falvey	Mercy Mount Hawk	5.01
4	Paula Igwe	Ursuline Waterford	4.63
5	Erin Foley	Abbey CC	4.61
6	Una Brice	Mount Mercy Cork	4.30
7	Holly Umeh	Christ King Cork	4.10

### Triple Jump Junior Girls

1	Marieke Hilverling	Scariff C C	8.66
2	April McNamara	Coliste Chiarain	8.65

3 Emily-Jane O'Mahony	Bandon Grammar School	8.42
4 Aobhin O'Grady	St Augustines	8.32
5 Charlotte Greene	Bandon Grammar School	8.04

### Pole Vault Junior Girls

1 Una Brice	Mount Mercy	2.40
2 Jodie McGrath	St Marys Nenagh	2.20
3 Elena Collins	Christ King	2.20
4 Ciara Neff	GC Carrigaline	1.95
4 Nicola Lehane	St Marys Nenagh	1.95
6 Onelia Whelan	St Augustines	1.80

### Overall

Ursuline Waterford

### 100m Junior Boys

Wind : -0.5

1 Glory Wenegieme	Col Muire Crosshaven	11.61
2 Armand Schoeman	Colaiste Mhuire Co-Ed Thurles	11.79
3 Tesse Lawal	Castletroy College	12.09
4 Colin Murphy	Col Muire Crosshaven	12.20
5 Dayle O'Meara	Colaiste Phobal Ros Cr�	12.23
6 Josh Leung	Colaiste Chiarain	12.97

### 200m Junior Boys

Wind : -0.4

1 Glory Wenegieme	Col Muire Crosshaven	23.68
2 Kyle Dooley	Colaiste Phobal Ros Cr�	23.83
3 David Joseph	Midleton CBS	24.42
4 Tesse Lawal	Castletroy College	24.72
5 Louis Doyle	St. Josephs Borrisoleigh	24.85
6 Michael Ntow	Colaiste Chiarain	27.18

### 800m Junior Boys

1 Kelvin O'Carroll	Ardcoil R's	02:08.44
2 Callum Hurley	Ardcoil na Mara	02:08.92
3 Aidan Bourke	De La Salle College Waterford	02:09.56
4 Diarmuid Healy	Midleton CBS	02:13.03
5 Ruairi Falvey	Bandon Grammar School	02:13.68
6 Hubert Homa	De La Salle College Waterford	02:13.93
7 Jack O'Leary	Scoil Phobail Sliabh Luachra	02:18.94

### 1500m Junior Boys

1 Dean Casey	St Flannan's	04:34.94
2 Foufou Fares	North Monastery	04:46.48
3 Dylan Casey	St Flannan's	04:50.21
4 Ben O'Connor	Col Chriost R'	04:56.33

5 Luke Purcell	CBS Nenagh	04:57.99
6 Kuba Hofft	Midleton CBS	05:00.96
7 Alex Crowley	CBS Thurles	05:04.31
8 Sean Selterfeed	Blackwater CS	05:20.58

### 80mH (76.2cm) Intermediate Girls

Wind : 0.9

1 Chisom Ugweru	St Flannan's	12.47
2 Lynn Vermeer	Scoil Mhuire Carrick	12.55
3 Sofia Mena	Ashton	14.72
4 Mary Bates	Colaiste Ide agus Iosef	15.48
5 Faye Berry	St Mary's S S Newport	16.00

### 1.2K Walk Junior Boys

1 Ciaran O'Muirhile	Gaelcholaiste Mhuire AG	05:53.04
2 Noah McConway	St Flannan's	06:16.80
3 Aaron McLaughlin	CBS Thurles	06:27.35
4 Daniel Farrell	De La Salle College Waterford	06:34.73
Timmy Hawkins	Rochestown College	DIS

### 4x100m Junior Boys

1 St. Josephs Borrisoleigh		49.43
2 Midleton CBS		50.04
3 Colaiste Chiarain		50.97

### Hammer (4Kg) Junior Boys

1 Sean Naughton	PBC Cork	42.28
2 Azuolas Varnili	Colaiste Mhuire Co-Ed Thurles	38.69
3 Sean Keane	St Michael's Listowel	32.20

### Shot Put (4Kg) Junior Boys

1 Azuolas Varnili	Colaiste Mhuire Co-Ed Thurles	11.71
2 Noah McConway	St Flannan's	10.90
3 J Bamidele	Nagle CC Mahon	10.32
4 Noel McGrath	Scariff C C	10.11
5 Joe Roche	Abbey CC	9.98

### Javelin (500g) Junior Boys

1 Jack Cullen	Hamilton HS Bandon	42.87
2 Max Hallahan	Hamilton HS Bandon	42.79
3 Ben Connolly	CBS Nenagh	36.01
4 Ruairi Harrington	St Brogans Bandon	29.57
5 David Scanlon	St. Declans Kilmacthomas	27.53
6 Darren Griffin	Tralee CBS	14.22

### Discus (1Kg) Junior Boys

1 Alex Reynolds	St. Josephs Borrisoleigh	33.73
2 Joe Roche	Abbey CC	30.79
3 Patrick Kearney	St Brendans Killarney	30.15
4 Tadgh Connolly	Abbey CC	29.64
5 Ruairi Harrington	St Brogans Bandon	27.64
6 Pdraig McCarthy	St Michael's Listowel	23.10
7 Darren Griffin	Tralee CBS	19.52
8 Brendan Harding	Hazelwood College	19.25

### High Jump Junior Boys

1 Geoffrey Joy-O'Regan	John The Baptist C S	1.80
2 Sean Kavanagh	St Colmans Midleton	1.70
3 Conor O'Leary	Pobalscoil na Trionoide	1.55
3 Owen Buenaventura	St Augustines	1.55
5 Paddy Falvey	Tralee CBS	1.55
6 David Scanlon	St. Declans Kilmacthomas	1.45
7 Heavenlie Lenga	Nagle CC Mahon	1.30

### Long Jump Junior Boys

1 Mark Carroll	CBS Nenagh	5.89
2 Danny Kelly	Carrigaline C.S	5.81
3 Harry Nevin	Rochestown College	5.78
4 Sean O'Mahony	St Michael's Listowel	5.66
5 Hugh Collins	Rochestown College	5.36
6 Jack Savage	Tralee CBS	4.50

### Triple Jump Junior Boys

1 Dillon Ryan	CBS Thurles	11.48
2 Ronan Pearce	Tralee CBS	10.26
3 Zinedine Ousmane	Col†iste Chiarain	9.43
4 Reggie Hogan	Col†iste Chiarain	8.30

### Pole Vault Junior Boys

1 Dillon Ryan	CBS Thurles	3.20
2 Conor Callinan	Col an Chroi Naofa	3.00
3 Owen Buenaventura	St Augustines	2.70

### Overall

Tie St Josehs Borrisoleigh/St Flannans

### 100m Intermediate Girls

Wind : 0.3

1 Lauren O'Leary	Nagle Rice Doneraile	12.54
------------------	----------------------	-------



2 Nikolka Srevonkova	Laurel Hill	12.78
3 Stephaine Baganu	Ballincollig Community School	13.50
4 Rachel Moore	Pres Thurles	13.84

### 200m Intermediate Girls

Wind : -0.4

1 Lauren McCourt	Bandon Grammar School	25.45
2 Ailbhe Doherty	St Flannan's	26.19
3 Roseanne Fitzgerald	CTI Clonmel	26.54
4 Kate Bergin	Pres Thurles	27.85
5 Lia O'Brien	Col an Phiarsaigh	27.95
6 Helene Dee	Crescent College Comp SJ	28.37
7 Cliona Pierse	Presentation Listowel	29.09

### 300m Intermediate Girls

1 Ciara Kennelly	St Brigids Killarney	41.67
2 Ailbhe Doherty	St Flannan's	41.68
3 Roseanne Fitzgerald	CTI Clonmel	42.16

### 800m Intermediate Girls

1 Aimee Hayde	St Mary's S S Newport	02:11.61	Rec
2 Lucy Holmes	Ard Scoil na nDeise	02:16.77	
3 Sarah Lane	St Anne's C C Killaloe	02:18.20	
4 çine Garry	St Flannan's	02:19.06	
5 Jane Buckley	Col na Toibhirte Bandon	02:22.05	
6 Anna Duffin	Ursuline Waterford	02:29.81	
7 Anna Fanning	Ursuline Waterford	02:34.90	
8 Anna Torras	Ashton	02:37.46	

### 1500m Intermediate Girls

1 Aimee Hayde	St Mary's S S Newport	04:46.97
2 Alyce O'Connor	PS Inbhearsceine Kenmare	04:51.94
3 Lucy Holmes	Ard Scoil na nDeise	04:54.28
4 Rachel Hosey	Castletroy College	05:02.92
5 Tara Ramasamy	Pres Waterford	05:07.06
6 çine Garry	St Flannan's	05:12.02

### 3000m Intermediate Girls

1 Niamh O'Mahony	Presentation Tralee	10:08.35
2 Laura Healy	St Flannan's	11:33.10
3 Aoife Casey	Mercy Waterford	12:15.37
4 Alanna O'Flaherty	Mount Mercy Cork	13:32.27
5 Hannah Burke	Ursuline Waterford	13:47.40

### 80mH (84cm) Junior Boys

Wind : 0.5

1 Harry Nevin	Rochestown College	11.73
2 James Sage	St. Josephs Borrisoleigh	12.00
3 Hugh Collins	Rochestown College	12.62
4 Patrick Ambrose	SMI Newcastlewest	12.63
5 Tomas Mann	SMI Newcastlewest	13.73

### 300mH (76.2cm) Intermediate Girls

1 Orla Coffey	St Angelas Cork	47.07
2 Megan Carr	Loreto Fermoy	47.93
3 Sophie Jackman	Abbey CC	49.10
4 Lynn Vermeer	Scoil Mhuire Carrick	51.04

### 1500m Steeplechase (76.2cm) Intermediate Girls

1 Aoife Allen	Mercy Waterford	05:39.48
2 Kate Hickey	Ard Scoil na nDeise	06:07.80
3 Shannon Cotter	Coachford College	06:08.74
4 Lesley Cashman	Pobalscoil na Trionoide	06:30.98
5 Ciara Neff	Gael Cholaiste Carrigaline	06:47.39

### 2K Walk Intermediate Girls

1 Claire Caufield	Ursuline Waterford	10:12.13
2 Siofra O'Dea	St Joseph's S S Spanish Point	10:18.22
3 Aoife O'Reilly	PS Inbhearsceine Kenmare	13:48.93

### 4x100m Intermediate Girls

1 St Flannans		50.98
2 Bandon Grammar School		52.77
3 Crescent College Comp SJ		53.02
4 Pres Thurles		53.60
5 Ard Scoil na nDeise		55.78
6 Coliste Chiarain		56.50

### Hammer (3Kg) Intermediate Girls

1 Tirna Ni-Chathail	Pobalscoil na Trionoide	50.34 Rec
2 Ciara Sheehy	St Marys Charleville	49.66
3 Emily Myers	Waterpark College	34.17
4 Catriona Collins	Christ King Cork	33.31
5 Orna Nic-Aoire	St Augustines	23.18

### Shot Put (3Kg) Intermediate Girls

1 Ciara Sheehy	St Marys Charleville	14.35 Rec
2 Blessing Alamu	St Marys Midleton	12.46
3 Anna Ryan	Ursuline Thurles	11.34
4 Sarah Jacob	Ursuline Waterford	10.47

5 Shanice Benson	St Flannan's	10.04
6 Ihuoma Njoku	St Caimin's	8.28

### **Javelin (500g) Intermediate Girls**

1 Kate Moynihan	Davis College	41.34
2 Megan Lenihan	Hazelwood College	41.27
3 Siofra Foley	St Brigids Killarney	19.86
4 Aoife Dee	Ard Scoil na nDeise	13.26

### **Discus (1Kg) Intermediate Girls**

1 Megan Lenihan	Hazelwood College	34.55
2 Blessing Alamu	St Marys Midleton	29.05
3 Lia O'Brien	Col an Phiarsaigh	27.93
4 Sarah Jacob	Ursuline Waterford	26.45
5 Shanice Benson	St Flannan's	25.99
6 Emily Myers	Waterpark College	22.54

### **High Jump Intermediate Girls**

1 Ciara Kennelly	St Brigids Killarney	1.75 Rec
2 Aoife O'Sullivan	St Marys Mallow	1.65
3 Kylie Heinan	St. Declans Kilmacthomas	1.60
4 Elizabeth Stack	St Brigids Killarney	1.55

### **Long Jump Intermediate Girls**

1 Emily O'Mahony	St Augustines	5.36
2 Shauna Ryan	Crescent College Comp SJ	5.07
3 Stacy Komalfe	Bandon Grammar School	4.99
4 Kate Bergin	Pres Thurles	4.51
5 Matasha Myers	Killorglin CC	4.25

### **Triple Jump Intermediate Girls**

1 Emily O'Mahony	St Augustines	10.83
2 Chisom Ugweru	St Flannan's	10.80
3 Shauna Ryan	Crescent College Comp SJ	10.11
4 Jornina Gesso		9.48
5 Kerry Barrett	Pobalscoil na Trionoide	9.37
6 Ruth Courtney	St Brigids Killarney	9.29
7 Sofia Mena	Ashton	9.08

### **Pole Vault Intermediate Girls**

1 Orla Coffey	St Angelas	3.10
2 Anna Ryan	Ursuline Thurles	2.90
3 Allanah Kelly	St Augustines	2.40

4 Kate Killigrew	St Augustines	2.40
------------------	---------------	------

## Overall

St Flannan's

### 100m Intermediate Boys

Wind : 0.3

1 Cillian Griffin	Mercy Mount Hawk	11.14
2 Ryan O'Leary	Col Christ R'	11.16
3 Marc Jones	Col Muire Cobh	11.31
4 Diro Lawal	Castletroy College	11.34
5 Gabriel Kehinde	Gael Cholaiste an Chlar / Enni	11.34
6 Ayo Williams	High School Clonmel	12.04
7 Jordan Collins	Our Ladys Templemore	12.09

### 200m Intermediate Boys

Wind : 0.0

1 Mervyn Shalemba	Mercy Mount Hawk	22.57
2 Ryan O'Leary	Col Christ R'	22.97
3 Marc Jones	Col Muire Cobh	23.04
4 Luke O'Carroll	Mercy Mount Hawk	23.06
5 Diro Lawal	Castletroy College	23.10

### 400m Intermediate Boys

1 Jake Bagge	Ardscoil na Mara	52.03
2 Rory Prendeville	John The Baptist C S	53.45
3 Andrew Collins	Mount St Michael Rosscarberry	54.34
4 Basit Oyebanji	Mercy Mount Hawk	55.06
5 Brian Hirooka	Glenstal Abbey School	55.33
6 Joseph Daly	Davis College	56.92
7 Marty Varadi	Our Ladys Templemore	62.82

### 800m Intermediate Boys

1 Jake Bagge	Ardscoil na Mara	01:59.15
2 Ben Deasy	St Flannan's	01:59.70
3 Rory Prendeville	John The Baptist C S	02:02.10
4 Ted Collins	Glenstal Abbey School	02:02.97
5 Shoige O'Sullivan	Intermediate Sc Killorglin	02:07.90
6 Calum Holding	Bandon Grammar School	02:31.45

### 1500m Intermediate Boys

1 Gavin Kenny	Hamilton HS Bandon	04:31.53
2 Tommy Connolly	CBC Cork	04:35.57
3 Dylan McLaughlin	CBS Thurles	04:37.95
4 Patrick Holian	John The Baptist C S	04:40.05
5 Ben Keane	St. Declans Kilmacthomas	04:41.27
6 Joe Bosonnet	Carrigaline C.S	04:55.73

7 Fintan O'Sullivan	Ardcoil R's	05:15.10
---------------------	-------------	----------

### 3000m Intermediate Boys

1 Daire O'Sullivan	Col an Chroi Naofa	09:42.14
2 Oisin Spillane	Mercy Mount Hawk	09:47.56
3 Kevin O'Grady	Ardcoil R's	09:47.90
4 Conor O'Neill	Col an Spioraid Naomh	10:35.62

### 100mH (91.4cm) Intermediate Boys

Wind : -0.7

1 Wymin Sivakumar	Col an Spioraid Naomh	13.88
2 Justin Eguaibor	Bishopstown CS	16.02
3 Gergo Villanyi	St Augustines	16.57

### 400mH (84cm) Intermediate Boys

1 Shane Aherne	Rochestown College	58.96
2 Aaron Malik	Mercy Mount Hawk	62.01
3 Josh Egan	St Munchin's	62.26
4 Dean McCarthy	Nagle CC Mahon	63.76

### 1500m Steeplechase (91.4cm) Intermediate Boys

1 Gavin Kenny	Hamilton HS Bandon	04:52.42
2 Joseph Daly	Davis College	04:53.44
3 Ben Keane	St. Declans Kilmacthomas	05:31.50

### 4x100m Intermediate Boys

1 Mercy Mount Hawk	45.21
2 Coláiste Chiarain	45.71
3 Col Christ R'	46.73
4 Our Ladys Templemore	47.2
5 Ardcoil R's	47.9

### Hammer (5Kg) Intermediate Boys

1 Ricky Carroll	St Colmans Fermoy	41.13
2 Cormac Farrell	De La Salle College Waterford	40.33
3 Christopher Coomey	Bandon Grammar School	38.01
4 James Kirkby	Bandon Grammar School	33.97
5 Gavin Allen-Ross	St Augustines	22.46
6 Raymond Sila	Mercy Mount Hawk	14.17

### Shot Put (5Kg) Intermediate Boys

1 Dawid Siegel	Tralee CBS	14.74
2 Jack Ryan	CBS Thurles	14.10
3 Joseph Delaney	Nenagh College	11.25

4 Ryan Duggan	Col Christ R'	10.34
5 Mikolaj Rzeplinski	Glenstal Abbey School	10.30
6 Casey Tanyi	Salesian Secondary College	10.18

#### **Javelin (700g) Intermediate Boys**

1 Cathal Scanlon	St. Declans Kilmacthomas	46.00
2 Joe Ivory	Col Mhuire Buttevant	39.96
3 Stefan Caulfield Dreier	Glenstal Abbey School	28.36

#### **Discus (1.5Kg) Intermediate Boys**

1 Sean Carolan	St Mary's S S Newport	41.87
2 Aaron Malik	Mercy Mount Hawk	36.60
3 Jack Ryan	CBS Thurles	35.77
4 James Kirkby	Bandon Grammar School	34.20
5 Sean Riordan	Col an Phiarsaigh	31.81
6 Ricky Carroll	St Colmans Fermoy	30.29
7 Joshua Delaney	Nenagh College	29.76
8 Cormac Farrell	De La Salle College Waterford	28.35

#### **High Jump Intermediate Boys**

1 Daniel Greene	Kilrush C S	1.75
2 Jimmy Mullen	Our Ladys Templemore	1.75
3 Cathal Scanlon	St. Declans Kilmacthomas	1.75
4 Dean McCarthy	Nagle CC Mahon	1.70
5 Junior Ibrahim	Nagle CC Mahon	1.65
6 Liam O'Leary	Pobalscoil na Trionoide	1.60
6 Cian Coleman-Butler	Pobalscoil na Trionoide	1.60
8 Ciaran O'Sullivan	SMI Newcastlewest	1.55

#### **Long Jump Intermediate Boys**

1 Jake Costello	Comeragh College	6.38
2 Daniel Hurley	PBC Cork	6.35
3 Sean Carolan	St Mary's S S Newport	6.33
4 Luke O'Carroll	Mercy Mount Hawk	6.28
5 Adam Turner	Col Christ R'	5.92
6 Cillian Griffin	Mercy Mount Hawk	5.78
7 Thomas Blennerhassett	Bandon Grammar School	5.33

#### **Triple Jump Intermediate Boys**

1 Wymin Sivakumar	Col an Spioraid Naomh	13.50
2 Michael Long	Colaiste Ide agus Iosef	13.23
3 Adam Turner	Col Christ R'	13.18
4 Ben Sheehan	Colaiste Ide agus Iosef	11.95
5 Nathan Wright	Desmond College	11.49
6 Nick Greene	Bandon Grammar School	11.48

## Pole Vault Intermediate Boys

1 Adam O'Dwyer	CBS Thurles	3.40
2 Ryan McCraith	St Augustines	2.80

## Overall

Mercy Mount Hawk

## 100m Senior Girls

Wind : 0.4

1 Ciara Neville	Castletroy College	11.83
2 Katie Murphy	Abbey CC	12.30
3 Sarah Leahy	St Brigids Killarney	12.45
4 Orla O'Reilly	Mercy Mount Hawk	12.82

## 200m Senior Girls

Wind : 0.0

1 Ciara Neville	Castletroy College	24.39
2 Katie Murphy	Abbey CC	25.27
3 Sarah Leahy	St Brigids Killarney	26.26
4 Orla O'Reilly	Mercy Mount Hawk	26.82

## 400m Senior Girls

1 Jo Keane	St Flannan's	58.60
2 Alex O'Neill	Rice College Ennis	59.98
3 Fiona Doyle	Intermediate Sc Killorglin	60.17
4 Lorna Monahan	Waterpark College	61.98
5 Isabelle Finlay	Pres Thurles	62.16
6 Annie Russell	Castletroy College	62.29

## 800m Senior Girls

1 Jo Keane	St Flannan's	02:25.93
2 Alex O'Neill	Rice College Ennis	02:27.25
3 Nessa Wheeler	Col Daibheid Corcaigh	02:40.52
4 Laura Walsh	Pres Thurles	02:52.17
5 Jenny Irwin	Pres Thurles	03:12.29

## 1500m Senior Girls

1 Alannah Neff	Carrigaline C.S	04:52.42
2 Sorcha Moloney	Pres Thurles	05:00.62
3 Emily Cahill	Coliste Muire Ennis	05:02.24
4 Tamzin Muldowney	St Marys Midleton	05:02.25
5 Emma Bickerdike	SMGS Blarney	05:08.53

## 3000m Senior Girls

1 Sorcha Moloney	Pres Thurles	11:36.30
2 Molly Hutchinson	Ursuline Waterford	11:47.67
3 Emily Pierse	Colaiste Ide agus Iosef	12:54.58

### 100mH (84cm) Senior Girls

Wind : 0.8

1 Kate Taylor	Colaiste Muire Ennis	15.11
2 Aisling Cassidy	Bandon Grammar School	15.40
3 Katie Walsh	St Angelas Cork	16.42
4 Laura McDonnell	Rice College Ennis	16.77

### 400mH (76.2cm) Senior Girls

1 Miriam Daly	Scoil Mhuire Carrick	62.18
2 Katie Walsh	St Angelas Cork	64.56
3 Laura McDonnell	Rice College Ennis	75.76

### 2000mSteeplechase (76.2cm) Senior Girls

1 Alannah Neff	Carrigaline C.S	05:07.89
2 Aisling Lowe	Ursuline Waterford	05:46.99
3 Sinead O'Brien	Ard Scoil na nDeise	05:51.00
4 Jennifer Cotter	Coachford College	05:51.06

### 3K Walk Senior Girls

1 Orla O'Connor	Waterpark College	13:43.63
2 Ruth Heery	Waterpark College	16:26.95
3 Sarah Constant	St Vincents	18:44.61

### 4x100m Senior Girls

1 Castletroy College	49.90
2 Scoil Mhuire Carrick	53.77
3 Col Pobail Bantry	55.43
4 St Aloysius Carrigtwohill	56.10

### 4x300m Senior Girls

1 Mercy Mount Hawk	02:56.56 Rec
2 Bandon Grammar School	03:03.16
3 Pres Thurles	03:40.18

### Hammer (4Kg) Senior Girls

1 Leanne Cronin	Killorglin CC	32.05
2 Katie Costello	Borrisokane CC	30.08
3 Fiona Hennessy	Pres Thurles	25.56



4 Riadh Malik	Mercy Mount Hawk	24.76
---------------	------------------	-------

### Shot Put (4Kg) Senior Girls

1 Fiona Hennessy	Pres Thurles	10.07
2 Vickie Cusack	Davis College	10.04
3 Sarah O'Keffee	Davis College	8.41
4 Katie Costello	Borrisokane CC	8.29
5 Lauren O'Grady	Mercy Mount Hawk	7.85
6 Martha Quain	Col an Chroi Naofa	7.10

### Javelin (600g) Senior Girls

1 Meabh Ni-Dhalaigh	Gaelcholaiste Mhuire AG	33.98
2 Abby Fitzgerald	Col Muire Crosshaven	26.31

### Discus (1Kg) Senior Girls

1 Martha Quain	Col an Chroi Naofa	30.00
2 Lauren O'Grady	Mercy Mount Hawk	29.49
3 Siobhan Hennessy	Pres Thurles	24.35
4 Leanne Cronin	Killorglin CC	23.62

### High Jump Senior Girls

1 Fiona Doyle	Intermediate Sc Killorglin	1.60
2 Hannah Murphy	Regina Mundi	1.55
2 Christine McCarthy	PS Inbhearsceine Kenmare	1.55
4 Emily Tierney	St Marys Nenagh	1.50
5 Olivia Queally	Waterpark College	1.35

### Long Jump Senior Girls

1 Sophie Meredith	SMI Newcastlewest	5.93	-0.6
2 Rachel Bowler	Mercy Mount Hawk	5.07	-0.3
3 Vickie Cusack	Davis College	5.06	-0.7
4 Aishat Onilogbo	St Marys Midleton	4.97	-0.5
5 Elinor Dennison	PS Inbhearsceine Kenmare	4.70	-1.8

### Triple Jump Senior Girls

1 Aisling Cassidy	Bandon Grammar School	10.97
2 Lorna Monahan	Waterpark College	10.64
3 Rachel Bowler	Mercy Mount Hawk	10.53
4 Elinor Dennison	PS Inbhearsceine Kenmare	9.51

### Pole Vault Senior Girls

1 Clodagh Walsh	Davis College	3.10
-----------------	---------------	------

2 Emma Coffey	St Angelas	3.10
3 Ciara Hickey	Col Choilm	3.00
4 Aoife Lai	St Augustines	2.30

## Overall

Pres Thurles

### 100m Senior Boys

Wind : -0.5

1 Shaun Benson	St Flannan's	11.04
2 Conor Morey	PBC Cork	11.08
3 David Okoh	Col Chriost R'	11.29
4 Seán McCarthy	John The Baptist C S	11.30
5 Darragh Minitier	CBS Ennistymon	11.31
6 Lance Baylon	De La Salle College Waterford	11.90

### 200m Senior Boys

Wind : 0.0

1 Conor Morey	PBC Cork	22.32
2 Dave McInerney	Hamilton HS Bandon	22.42
3 Shaun Benson	St Flannan's	22.60
4 Seán McCarthy	John The Baptist C S	22.80
5 Dean Mulqueen	St Anne's C C Killaloe	23.87
6 James Murphy	Ardcoil na Mara	23.99

### 400m Senior Boys

1 Jack Pender	High School Clonmel	51.90
2 Darragh Lowth	Tralee CBS	52.13
3 Ciaran Nugent	Col an Chraoibhin	53.16
4 Jack Buckley	SMGS Blarney	53.21
5 Craig McAuliffe	De La Salle College Waterford	54.27
6 Cormac Downes	Hazelwood College	60.56

### 800m Senior Boys

1 Conor Ryan	Our Ladys Templemore	02:01.28
2 Kieran Moloney	CBS Thurles	02:01.58
3 Jack O'Connor	Col Chriost R'	02:02.06
4 Jack O'Shea	CBC Cork	02:02.27
5 Frank O'Brien	Midleton CBS	02:05.13
6 Bjorn Downes	Scoil Pol Kilfinane	02:05.38

### 1500m Senior Boys

1 Charlie O'Donovan	Col Chriost R'	04:05.09
2 Darragh McElhinney	Col Pobail Bantry	04:11.26
3 Conor Ryan	Our Ladys Templemore	04:17.79
4 Jake McCarthy	Pobalscoil na Trionoide	04:19.10
5 Cian O'Riordain	CBS Dungarvan	04:21.29

6 Ben Leen-Smith	Col an Spioraid Naomh	04:30.05
------------------	-----------------------	----------

### 5000m Senior Boys

1 Hugo Blair	Waterpark College	16:18.97
2 Niall Blackwell	CBS Dungarvan	16:24.76
3 Evan Keane	St. Declans Kilmacthomas	16:32.03
4 Naoise O'Flaitheartaigh	Hamilton HS Bandon	16:50.55
5 John Muckian	Hamilton HS Bandon	17:09.86
6 Denis Buckley	CBC Cork	17:26.60
7 Sean Gannon	Mercy Mount Hawk	18:06.59

### 110mH (99cm) Senior Boys

Wind : -0.6

Shane Monagle	Ardscoil na Mara	DIS
---------------	------------------	-----

### 400mH (91.4cm) Senior Boys

1 Ciaran Nugent	Col an Chraoibhin	58.07
2 Jake Vermeer	Comeragh College	58.98
3 Eoin Maher	Abbey CC	65.79
4 Eoin O'Brien	Midleton CBS	65.98

### 2000mSteeplechase (91.4cm) Senior Boys

1 Frank O'Brien	Midleton CBS	06:25.88
2 Liam Cotter	Col Pobail Bantry	06:29.34
3 Ben Leen-Smith	Col an Spioraid Naomh	06:35.91
4 Fergus O'Brien	Gaelcholiste Phort Lirge	06:45.89
5 James McGuire	St Flannan's	06:57.55

### 3K Walk Senior Boys

1 Geroid McMahon	St Caimin's	13:33.57
------------------	-------------	----------

### 4x100m Senior Boys

1 PBC Cork	45.48
2 Col Christ R'	45.83
3 St Anne's C C Killaloe	45.99
4 CBS Thurles	46.10

### 4x400m Senior Boys

1 St Flannans	03:36.12 Rec
2 Mercy Mount Hawk	03:40.18
3 Midleton CBS	03:45.10

### Hammer (6Kg) Senior Boys

1 Sean Mockler	CBS Thurles	61.88
2 Pádraig O'Callaghan	Col Christ R'	50.82
3 Dovydas Baltonis	Mercy Mount Hawk	21.22

#### Shot Put (6Kg) Senior Boys

1 Pádraig O'Callaghan	Col Christ R'	10.86
2 Dovydas Baltonis	Mercy Mount Hawk	10.69
3 Domink Kmita	Bishopstown CS	9.85
4 John Onkonko	Coliste Chiarain	8.62

#### Javelin (800g) Senior Boys

1 Joseph McEvoy	St Anne's C C Killaloe	44.80
2 Michael Hand	PBC Cork	40.13
3 Colm Galvin	Hazelwood College	39.94
4 Hassan Ali	Yeats College	33.84

#### Discus (1.75Kg) Senior Boys

1 Sean Mockler	CBS Thurles	43.91
2 Cathal Ryan	Col Christ R'	29.64
3 Hassan Ali	Yeats College	26.97
4 Adam Peevers	Bandon Grammar School	21.18

#### High Jump Senior Boys

1 Joseph McEvoy	St Anne's C C Killaloe	1.90
2 Ben Donovan	Midleton College	1.85
3 Darragh Courtney	Mercy Mount Hawk	1.85
4 Ciaran Buenaventura	St Augustines	1.75
5 Diarmuid Harty	St Augustines	1.70
6 Evan Murray	Blackwater CS	1.60

#### Long Jump Senior Boys

1 James Murphy	Ardscoil na Mara	6.41
2 Darragh Minitier	CBS Ennistymon	6.29
3 Adam Dooley	Coliste Phobal Ros Crí	6.02

#### Triple Jump Senior Boys

1 Adam Dooley	Coliste Phobal Ros Crí	12.12
2 Frank McGuire	St Brendans Killarney	11.86

#### Pole Vault Senior Boys

1 Diarmuid Harty	St Augustines	3.60
2 Sam O'Neill	St Augustines	3.50

3 Ben O'Dwyer	CBS Thurles	2.70
Patrick Fitzgerald	Guest	3.50

### Overall

Col Christ Rí

### Mile U16 Girls

1 Una O'Brien	Waterpark College	05:20.05 Rec
2 Lucy O'Keefe	St Marys Midleton	05:22.20
3 Patrice Holmes	Col Choilm Ballincollig	05:45.76
4 Muireann De-Faoite	PS Inbhearsceine Kenmare	06:37.62

### Mile U16 Boys

1 Paul Hartnett	Col an Chraoibhin	04:34.95
2 Matteo Mary	St. Declans Kilmacthomas	04:42.05
3 Mark Hanrahan	St Flannan's	04:48.62
4 Fionn Harrington	St Brogans Bandon	04:56.61