

LEEVALE AC OPEN SPORTS

Day 1 - Saturday 16th August Juvenile u8's to u16's

Day 2 – Sunday 17th August Junior and Senior Events

Register now on Entry4sports Competition #1359 or Athletes can also pay on the day. Athletic Ireland Members and Non-Members can attend. Schedule attached – please contact Events@Leevale.org with any queries.

- Entries open on Monday 29th July. Closing date is Thursday 14th at 8.00pm
- The cost is €5 per Juvenile athlete. The events on the day for
- **U8'to u11's**
- Sprint, Middle Distance, Turbo Javelin, Long Jump and Relay
- **Under 12's to Under 16's**
- Sprint, Middle Distance, Turbo Javelin, Long Jump, Hurdles, High Jump, Pole Vault, Shot Put and Relay. (Athletes can decide on the day what event they would like to compete in)
- The cost for Junior and Senior athletes is €10 per event.
- The meet will start at 11.00 am on both days.
- Sprints will comprise of heats, semi-finals and finals.
- Hurdles will run concurrent with the sprints and start with the under 16's on the collage side of the track.
- Please arrive at MTU 45 mins in advance of your event.
- Medals will be given for 1st, 2nd, and 3rd place.
- The middle distance for juveniles will be based on age.

U8's to U11's – 300 metres

12 to U13's – 500 metres

U14 to U16's – 800 metres

- Long Jump will comprise of 1 Practice Jump followed by 2 jumps which will be measured and recorded.
- If any team is short a relay, or there are athletes who do not have enough members to make a club team, the organisers will endeavour to combine teams to give as many as possible the opportunity to run a relay. Please note that the same rules about running up an age will apply.